

Nahant Harbor Review

A monthly publication, in service since March 1994, dedicated to strengthening the spirit of community by serving the interests of civic, religious and business organizations of Nahant, Massachusetts, USA.

Donna Lee Hanlon, Editor • PO Box 88 • Nahant, MA 01908 • donna@nahant.com

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MAY 2005

Nahant's Dunbar Livingston Appointed Associate Justice Salem District Court



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On March 16, 2005, D. Dunbar Livingston was sworn in by Governor Mitt Romney, as an Associate Justice of the Salem District Court, as his family and colleagues looked on. The swearing-in ceremony took place in the governor's executive suite, at the State House in Boston. Livingston will take the seat vacated when Justice Samuel Zoll retired.

Livingston is a veteran prosecutor, who has spent 22 years in the Essex County District Attorney's Office, serving both in the administration of current District Attorney Jonathan Blodgett and former District Attorney Kevin M. Burke. For the past 18 years, he has served as a Trial Attorney in the Superior Court Felony Trial Unit, most recently as a Supervisor of that Unit. During this time he tried numerous major felony cases in Superior

Continued on page 13.

Memorial Day Parade and Services Monday May 30th

by James F. Cashman Colonel USAF (ret), Chief Marshal

I, James F. Cashman, having been appointed Chief Marshal of the Memorial Day Parade scheduled for Monday, 30 May 2005, announce the following parade orders:

Nahant Police Vehicle, Color Guard, Swampscott Police Department, Nahant Police Detail, Color Guard, Marine Corps League, American Legion, Mortimer G. Robbins Post #215, Nahant, MA, Color Guard, Grand Marshal, Chief Marshal and Staff, Nahant Veterans, Town Officials and Invited Guests, The Bridgewater Antiphonal Brass Society, Ancient and Honorable Artillery Company of Massachusetts, United States Coast Guard Color Guard, Salem Light Infantry, Color Guard, C Battery First Battalion, 102nd Field Artillery, National Guard Vehicles, Lynn English H. S. USMC Junior ROTC Color Guard and Drill Team, Swampscott High School Band, 2005 Graduating Class of Johnson School, Nahant Eagle Scouts, Nahant Boy Scouts, Nahant Cub Scouts, Nahant Girl Scouts, Nahant Brownies Southerland Pipe Band, Coast Guard Restoration Committee Float, Smokey the Bear, Nahant Fire Department Vehicles, Ed Poulin Truck w/music.

The parade will promptly step off at 0930 hours, Assembly at 0900.

Units and organizations are requested to report to parade marshals Clayton Gates, Elaine and Christine Titus and Brendan Ward, stationed at the junction of Nahant Road and Cliff Street, no later than 0900. Fall in when assembly sounds.

A distance of ten (10) paces will be maintained between marching units.

The parade will proceed to Greenlawn Cemetery. Motorized vehicles will pull to the right of Nahant Road. Marching Units will be formed in a line on the lawn east of the chapel facing the speaker's stand. Parade formation will be at the direction of marshals Jay Collins, Richard Kirouac, Fred Murphy and John Nichols. The combined choirs of the Nahant Village Church and St. Thomas Aquinas Church will be positioned at the steps joining the upper and lower cemetery.

Three (3) trumpeters from the Swampscott Band will be in position prepared to play taps at the Salute to the Dead. The firing squad from Herman A. Spear Post #331, will be positioned and prepared to Salute the Dead with three (3) volleys on the high ground above the parade assembly. An invocation will be given by the Reverend Terrence Curley, Pastor of Saint Thomas Aquinas Church; Nahant Police Officer Michael Karavich will sing an inspirational hymn; Nahant Police Sergeant Thomas Gallery, representing the American Legion, will speak; and a student from the Johnson School will recite the Gettysburg address. This will be followed by a Salute to the Dead. The ceremony will conclude with benediction by the Reverend Sharon Goss, Pastor of the Nahant Village Church and the combined choirs of the Nahant Village and Saint Thomas Aquinas Churches singing a hymn. (Continued on page 5)

Memorial Day Weekend Calendar at a Glance

Friday, May 27th: Don't Cook Friday

Saturday, May 28th: Nahant Arts at the Community Center & Plopalooza Nahant Recreation Fundraiser at the Wharf

Sunday, May 29th:

Monday, May 30th: Memorial Day Parade

Here's your copy of ...

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Grand Marshal Named

The Nahant Memorial Day Committee is pleased to announce that Sergeant Major Robert F. Cormier has been requested to serve as the Grand Marshal for this year’s Memorial Day Parade. Sergeant Major Cormier, the son of Robert and Carmella Cormier of Nahant, is the recipient of two Bronze Star Medals for combat operations in Iraq. Overall, he has served 15 months in Iraq with the 1st Battalion, 36th Infantry 1st Brigade,

1st Armored Division participating in action in Baghdad, Sadar City and Karbala. For actions in Iraq, units that Cormier served with received a total of three Presidential Unit Citations and a valorous Unit Citation. Sergeant Major Cormier is currently living in Freiburg, Germany with his wife, the former Nicole Waszak of Swampscott, and their two daughters, Ashley and Emily.

Park League Help Wanted
by Jennifer McCarthy

The Recreation Commission is now accepting letters of interest from teens, who are looking to work at the park program this year. Interested people should send a letter to Jen McCarthy, 19 Range Road, Nahant, or an email to Nahantrec@aol.com. All letters must be received by May 15, 2005. Interested applicants will be contacted for an interview.

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Nahant Garden Club News
Submitted by Carmella L. Cormier

The Nahant Garden Club will have the following activities in May:
“Bonus Workshop” at the home of Nancy Whitman, 190 Nahant Rd. on May 19th at 6:30 p.m. The project will be “Garden Containers.” Reservations to Marie Ford, 781-581-0736, must be in by May 6th. Cost \$20.00. All material provided.

The “Think Spring” Plant Sale, is being held at the Nahant Life-Saving Station on Nahant Road on Saturday, May 21st, beginning at 9:30 a.m. to 11:30 a.m. Join us for an informative and fun morning.

Residents and visitors will have a chance to buy annuals and perennials from our gardens, as well as our wonderful geraniums to start your spring garden plantings. Chairman, Linda Jenkins

May 26th is “Our Appreciation Evening,” which will be held at 6:30 p.m., at the Nahant Village Church. Hostesses are Pam Motley and Martha Keller. The program will honor our Past Presidents. The Rosemary Bacheller Award will be given to a deserving member. Our speaker for this wonderful program is Kenn Stephens. “Just Beautiful Things” will be his subject. Kenn is noted for his different interpretations, with fresh and dried flowers, in unusual containers. What a delightful evening for all to enjoy. Guests are welcome-Fee \$3.00.

CONGRATULATIONS!!! Past Nahant Garden Club President, Marie Ford, won another Blue Ribbon at “The Garden Club Federation of MA” flower show, in March. Marie’s design was an interpretation of Gertrude Jekyll (1843-1932), who designed gardens in England and Europe.

Nahant 2005 Junior Invitational
Tennis Tournament

The annual Junior Invitational Tennis tournament will be held at the Nahant Country Club on Monday, Tuesday and Wednesday, June 27, 28 and 29. The Tournament is sponsored by the Tennis Committee of the Nahant Country Club and it is open to all Nahant residents and junior member of North Shore Tennis Clubs. This is the first tournament of the summer season, of all the North Shore Clubs, so it is a great opportunity for juniors to tune up their game!

The events are 10, 12 and 14 & under - boys and girls, singles and doubles. There will be two events for mixed doubles - 12 and under and 14 and under.

Nahant’s right to the distinction of “Birthplace of American Tennis” is inscribed on all of the trophies. The first game of tennis in America was played right here in Nahant, in 1874. The tournament is now in its fifth year, which is a milestone.

The tournament has been very successful. We consistently host over 40 players. The courts are busy for all three days, from 8:00 a.m. to 5:30 p.m.

The entry fee is \$12 per event. The singles draw is limited to a maximum of 32 players and the doubles draw to a maximum of 16 teams. Tennis whites and tennis shoes, suitable for clay courts, are required.

For an application and tournament rules, check the Nahant Country Club bulletin board, or call Dunbar and Mary Livingston, Tournament Directors, at 781-599-5515.

The deadline for signing up is 5:00 p.m., Thursday, June 23rd.

Legion Clean-up
Call for
Volunteers

submitted by Peter
Przybycien Adjutant

To prepare the Legion Hall Grounds for the Memorial Day Parade, we invite all members of the community to join us for our annual clean-up. The clean-up will take place from 8-12, on Saturday, May 28th, with a rain date of Sunday, the 29th.

Refreshments will be served for all volunteers.

Understanding it is a holiday weekend, your presence will be truly appreciated. If you can join, please bring your own set of garden tools, rakes, brooms, weed whackers, etc. Also, if you have a clean trash barrel, please bring it along. They come in handy for hauling the yard waste to the compost area.

We are starting off with the grounds in fairly good shape; with a little more work, we can get the property ship-shape and inspection-ready.

COA Blood
Pressure Clinic

Thursday, May 19th,
Blood Pressure Clinic, 9:00 to 10:00 a.m., at the Tiffany Room

2005 Fireworks
T-Shirts On Sale

To purchase your 2005 Fireworks T-shirt, please call Jen, at 781-592-5272 or Robyn, at 781-581-1373.

We will also be down at the Little League Field on Saturday, May 7th and Saturday, May 14th from 9:00 till 11:00 a.m.

You can also purchase your cow plop tickets by calling the same people, or coming down to the Little League Field.

**Start Memorial Day Weekend
with Don't Cook Friday**
submitted by Jim Walsh

Memorial Day weekend will be here before you know it. For many of us, that means a weekend of entertaining, cooking and cleaning up. So plan now to start the weekend with lots of fun and NO cooking or cleaning up.

Join your friends for another "Don't Cook Friday" at the Nahant Country Club on May 27th, at 7:00 p.m.

Enjoy a casual supper and cash bar, while you kick off the weekend with a relaxing evening. Members and non-members are welcome. Just call Kellie Frary at 581-1453, to make reservations.

The first Don't Cook Friday drew a big crowd, who really enjoyed themselves. So call Kellie today.

And while you're at it, why not call Carol Hanson at 581-1271 and join the Country Club? The Club welcomes everyone and membership fees are very low. You'll enjoy tennis, platform tennis and an ever-expanding roster of social activities. Join Nahant's Country Club today.

Concert Singers in Concert
April 19 and May 1st

The Concert Singers of Greater Lynn are celebrating their 25th Year with two presentations of Johannes Brahms' "Liebeslieder Waltzer" (Lovesong Waltzes) for Chorus, 4-hand piano and narrator, and "All the Old Songs," featuring the Moose Mountain Jazz Band.

Two Concerts will be held, the first on Friday, April 29th at 8:00 p.m., at the Unitarian-Universalist Church on Forest Ave in Swampscott and the second on Sunday, May 1st, at 2:30 p.m. at the First Baptist Church on the Common in Lynn. All concerts are free and open to the public. For more information, call: 781-599-0215 or 978-744-4787 or visit us online at http://www.geocities.com/concert_singers/

Perambulation Day May 14th
Submitted by Carolyn Cummings-Saxton

It is that time of year, when a hearty band has a grand time walking the Rights-of-Way, in order to maintain Public Access to the shore, etc., for the rest of us and those yet to come.

Please join us Saturday, May 14, at 10:00 a.m., at the parking lot across from Short Beach, at the entrance off Ward Road. We suggest long pants, sun lotion and hats, and leaving "Fido" at home. We encourage youngsters in back packs. Let's get them used to contributing to their community!

Sponsored by the Planning Board and the Nahant Woman's Club, your Planning Board provides cameras for documentation and guides for each of five walks. We cross both public and private properties (always courteously).

The Senior Center in the Tiffany Room at the Town Hall, welcomes us to report in, while the Woman's Club serves us refreshments. For those unable to walk, we'd like to encourage your participation in the celebration afterwards, at the Tiffany Room.

It is very satisfying to know you've followed in the footsteps of Townsfolk for over a hundred years, to access the beauty of Nahant and keep these ways open to all, for generations to come.

**Breakfast with
the Town
Administrator**

All are invited to the May 6th breakfast of the Nahant Village Church Men's Group, to be addressed by Town Administrator, Mark Cullinan.

Mark will give a presentation on town-wide issues and answer questions. This is the third year in a row that Mark is addressing the Men's Group.

The free breakfast is served at 7:00 a.m., with the presentation at 7:30 to 8 a.m. Both men and women are invited to attend.

To ensure an adequate food supply, please RSVP to Cal or Marrit Hastings at 781-581-5691 or calhast@hotmail.com.

**Council on Aging
May Activities**
submitted by
Carmella L. Cormier

TRIPS:

Boston Pops, May 14th; and Stoneham Theatre June 11th, 2 tickets available on each. Call 781-581-1969

ACTIVITIES:

Lunch served Monday through Friday in the Tiffany Room at 11:30 a.m.

Mondays: Low Impact Exercises at 1:00 p.m. at the Nahant Community Center at the Valley Road School

Tuesdays: Quilting at 9:00 a.m., in the Tiffany Room

Cribbage at 1:00 p.m. at the Nahant community Center at the Valley Road School

Wednesday: Watercolor painting at 9:15 to 11:15 a.m., in the Tiffany Room, beginning April 20th to June 20th .

Gentle Yoga at 10:30 a.m., at the Nahant Community Center at the Valley Road School

Shopping: Leave Town Hall at 12:30 p.m.

Poker Fundraiser for Periwinkle

Are you a poker playah?? Poker is hot these days, as anyone who's watched ESPN knows, so why not join us for a game? Sit next to your neighbor, have some fun and maybe even win some money, all for a great cause, to support Periwinkle Preschool.

Our Texas Hold 'Em tournament will take place at the Knight's of Columbus on Saturday, May 21st, at 6:30 p.m. The entry fee (donation) is \$100 per person; we are looking for 60 people maximum, please pre-register to guarantee a seat. This will be a Nahant resident (or friends of) only tournament. It will not be advertised outside of Town. You must be at least 21 years of age to play.

To pre-register, please call Christine Kendall, or Doug Frauenholz, at 595-4142.

Kindergarten Pre-Registration

Johnson Elementary School Pre-Registration for 2005-2006 Kindergarten. Children must be 5-years-old prior to September 1, 2005. Registration will be held on Wednesday, May 11th, at 6:00 p.m., in the Johnson School Cafetorium.

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Chief Joseph P. Manley, Ret.

Start Your Holiday Early
by Jennifer McCarthy

On Thursday, May 26, 2005, the Fireworks Committee will be holding a fundraising event at the Tides Restaurant. Ten percent of all sales will go towards the fireworks. It will be on this night, beginning at 6:00 p.m., that we will start drawing the numbers and filling in the grid for the first ever Plopapalooza Festival, featuring a cow plop contest. So start your holiday weekend early, have some great food and find out where your square number will be on the cow plop grid.

Did You Know?

The beautifully renovated Nahant Community Center has lots to offer. The building, which is home to the Nahant Historical Society and the Council on Aging, as well as an art school, a photography studio and several other small businesses, also has a choice of rooms which are perfect for small- to medium-sized celebrations.

The Serenity Room, located on the second floor, with sweeping ocean views, lovely hardwood floors, and a raised stage area, can accommodate a larger group. The multi-purpose room on the lower level is great for small events, of up to 30 people.

Both are available for viewing by calling Carol Hanson at 781-599-2222.



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Plopapalooza is Coming! Guaranteed to be “Loads of Fun!” and “Udderly Exciting”
by Jennifer McCarthy

The fireworks committee is organizing a large fundraiser for this summer's fireworks. We are planning a huge fair on May 28, 2005, at the Town Wharf, from 11:00 to 3:00 p.m. The highlight of the fair will be a cow plopping event. While we are waiting for the cow to “do her business,” we will be selling food, listening to a band and playing games, to help raise additional funds for the fireworks. There will also be many raffles donated by many generous people in our town. So here are the details of the cow plop:

WHAT IS COW PLOP BINGO?

Cow Plop Bingo is a game that pits your luck against the gastronomical actions of a cow. In a marked area, containing a free-roaming cow, you can purchase a square on the ground. If the cow plops in your square, you win \$1,000! Proceeds from the game will be used to fund this summer's fireworks display.

PRIZE

The winner of Cow Plop Bingo wins \$1,000. The winner does not need to be present to win.

DATE AND TIME

The game will begin at 11:00 a.m., on Saturday, May 28, 2005, at Plopapalooza and will end when the cow's “deed” is done or 3:00 p.m., whichever comes first.

ENTRY DONATION

Each Cow Plop Bingo square costs \$10 for one square, \$20 for three squares.

HOW TO PURCHASE YOUR TICKET

There will be a table set up at the Town Hall on April 30, 2005, from 9:00 a.m. to 2:00 p.m. You may also call Robyn Howard at 781-581-1373, or Jen McCarthy at 781-592-5272. Checks can be made payable to: Nahant Fireworks Fund

All tickets must be purchase by 5:45 p.m. on Thursday, May 26, 2005.

Now, believe it or not, there are rules to the cow plop. So here they are:

RULES

- * Each Cow Plop Bingo square represents 1 foot x 1 foot on the playing field. The playing field will be located at Marjorium Park, measuring 29 feet by 29 feet, for a maximum of 841 squares on the playing field.
- * Cow Plop Bingo tickets will be sold, that are numbered from 001 to 841. On Thursday, May 26th, at 6:00 p.m., at Tides Restaurant, each number will be randomly drawn from a box and assigned a square on the grid, starting with the first number drawn going in the first square in the top left hand corner, filling in the bingo grid horizontally, then going back to the first square in the second row and continuing horizontally. We will continue filling the grid in this same manner.
- * Tickets will be sold until 5:45 p.m. on Thursday, May 26, 2005.
- * At 11:00 a.m. on May 28, 2005, the cow and her calf will be released into the playing field, at a spot chosen by the impartial judge.
- * When the cow, or her calf, plops, the impartial judge will determine which square contains the majority of the plop and announce the number of the winning square. The owner of the square will be declared the winner and will receive one thousand dollars.
- * If the plop falls across a line and goes into two squares, the impartial judge shall weigh the amount of plop from each square. The square with the greatest weight shall be declared the winner by the judge and will receive the prize money. The judge's decision is final.
- * If the plop falls on an unsold square, we will move up one square from the unsold square and clockwise, in an ever- widening circle, to find the winning square. If a plop falls out of bounds, the judge will draw one ticket, which will be drawn from a barrel, or similar object, that contains all sold tickets. The owner of that number will be declared the winner.
- * In the event a plop is not recorded by 3:00 p.m. on May 28, 2005, one ticket will be drawn from a barrel, or similar object, that contains all sold tickets. The owner of the ticket drawn will be declared the winner by the judge and receive the prize money.
- * The decision of the judge is final. Under no circumstances will any refunds be given.

We hope to see many of you at the Plopapalooza festival. It really should be “Udderly Exciting” and we guarantee you “Loads of Fun!”

Please patronize our advertisers. Their advertising dollars keep the Nahant Harbor Review coming to you!

Thank you!

by Dan deStefano, Director

The Nahant Public Library will participate in the Summer Reading Program, called *Going Places at Your Library*, sponsored by the Massachusetts Regional Library System, the Massachusetts Board of Library Commissioners, and supported by the Museum of Fine Arts, Boston.

Sign-up sheets for subsequent activities will be available in the Children's Room on the same day.

Mad Science Week will continue Monday, July 18th, through Friday, July 22nd, at 10:30 a.m., in the Reading Room. This program is open to children entering Grade 3 through Grade 6. Mad Science limits classes to 30 children.

Travel through the time machine of art to see Nahant's past at the very special exhibit Nahant's Painted Shores, 2:00 p.m., Thursday, July 28th, at the Nahant Historical Society. This exhibit, with many paintings from private collections, will only stand during the month of July, for three weeks, so be sure not to miss it.

Davis Bates, with songs and stories, will close Summer Reading at 2:00 p.m., Wednesday, August 17th, at the Library.

by Deborah Vanderslice

As many Nahanters know, our picturesque town has been the subject of artists, since its early days as a resort community. Some of you may recall that the Lynn Historical Society hosted an exhibit a few years back, “The Lynn Beach Painters,” in which paintings whose subject matter included Nahant, were on display. Many of you might have seen Nahant paintings among other artifacts in the Historical Society’s award-winning exhibit, “Nahant On The Rocks.” And still others among you, may have noticed the art on display at the Nahant Public Library. However, the July exhibit marks the first time that historic works of art, focused exclusively on the town’s shores, painted by North Shore and other esteemed artists, are being exhibited as one collection. This is an exhibit that you will not want to miss!

Stay tuned for more details in next month's edition of "The Harbor Review." In the meantime, you may direct questions about the exhibit, reserve an advance copy of the catalogue, or sign-up for the gala, by calling Dan DeStefano (781-596-1767) or Debby Vanderslice (781-599-4006). Should you have a painting you would like the organizing committee to consider for the exhibition (that meets the criteria of having been painted sometime between 1800 and 1950 and features the Nahant shore), please call Rick Arzillo (781-581-9466). Should you wish to volunteer at the exhibition, or become a member of the Nahant Historical Society, please call Nahant Historical Society Assistant Curator, Bonnie Ayers D'Orlando at 781-581-2727.

The Nahant Historical Society hopes that you can join us for “Nahant: The Painted Shores,” our history-in-the-making exhibit.

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School Department News and Notes

by Cecilia M. Di Bella, Ed. D., Superintendent

Spring is a busy time in the public schools and Nahant is no exception. The first round of MCAS tests was administered in late March, with more testing to follow in May. The mechanics and amount of time involved in preparing, administering and returning the tests are very time consuming, particularly for small schools. The Department of Education (DOE) has very strict protocols for packaging and returning the tests. Often, test instructions are unclear, misleading or simply incorrect. This year, for example, the instruction booklet for principals was incorrect, requiring the DOE to FedEx corrections to every one of the thousands of elementary schools in the Commonwealth. Nonetheless, our students completed their tests over the days allotted. Teachers and students returned to the

normal schedule.

Preparations for the next school year have also begun and will proceed, as soon as the FY 2006 budget is passed at Town Meeting. In the meantime, kindergarten registration will be held on Wednesday, May 11th, at 6:00 p.m., in the cafeteria. And while we plan for our incoming students, our thoughts and plans are moving forward for our graduating class. On Monday, June 20th, at 6:30 p.m., our sixth-graders will continue their journey "across the Causeway" and graduate from the Johnson School.

Plans for the end of the school year are also proceeding. Unless Mother Nature drops a surprise snowstorm, or the North Shore experiences another power outage, the last day of school for the 2004-05 school year will be Wednesday, June 22nd.

Like most Massachusetts school systems, Nahant was closed for several snow storms, plus the North Shore power outage.

The annual Johnson School Field Day, which I call the "Terry Clark Classic," is scheduled for Wednesday, June 15th, with rain dates of Thursday or Friday. Terry has planned out all the events and secured volunteers and sponsors for this awesome event. Everyone in the school is looking forward to it.

For the fifth year, Mrs. Deines is conducting the Summer Enrichment Program. It will be held from July 5th to August 12th, from 8:00 a.m. to 1:00 p.m. each day. Staff members Lissa Brownlie, Julie Tarmy, Gayle Billias and Terry Clark will join Barbara. With the approval of the Renovation Project at Town Meeting, there will be work in the building during the summer. The Enrichment Program is prepared to adapt program activities, in accordance with the contractor's work schedule. For more information call Barbara at the school.

At the April 12th School Committee meeting, I gave special recognition to this year's Student Council, for its many wonderful philanthropic and volunteer activities. Their work this year, truly demonstrates that children can, and do, make a difference! Under the leadership of their adviser Peg Silva, the students conducted several major fundraising activities during the school year, in response to local, national and international needs. They raised \$840 for the Tsunami Relief Fund, through classroom coin collections, by sponsoring Hat Day and by giving up their ice cream treats.

Closer to home, the students conducted the annual "Save the Station" raffle and raised \$242. for this Nahant priority. In March the students raised \$1,034. for the American

Cancer Society's "Daffodil Days." In addition, the Council conducted the annual Lions Club eyeglass collection, the Thanksgiving food drive and the Toys for Local Children campaign. I congratulate and offer special thanks to President Alex Billias, Vice-President Maggie Osbahr, Secretary Gabriella Wooten, Treasurer Nicole McDermott and representatives Mario Forgione, Christopher Mason, Shiloh Clark, Trachita Wheeler, Heather Doyle, Peter Klee, Alexa Steriti, Steven Scaglione, Anna Greene and Derek Osbahr. Many thanks, also, to Peg Silva for her dedication and hard work on behalf of the community and the children.

For the past fifteen years, Mrs. Hennessey has coordinated the Math-a-ton, to raise funds for St. Jude's Children's Hospital in Nashville, Tennessee. Our fifth- and sixth-grade students obtained sponsors for their Math-a-thon booklet. This year, students raised \$2,200. for this world-renowned cause. Congratulations and thanks to everyone, including Mrs. Hennessey, who sponsored students and worked so hard on this campaign.

At the April 12th School Committee meeting, I also made a special announcement and tendered my resignation as Nahant's Superintendent. In March, I was offered, and recently accepted, the position of full-time superintendent of the Sutton Public Schools. My five years here have been very busy. I am pleased that the financial management of the district has stabilized, despite several difficult years of decreased state aid. Under Dr. Testaverde's guidance, she and the SPED staff have developed services and programs that allow our students to remain in the school. As a result she, and her predecessor Dr. Towne have substantially reduced our special education costs,

moving more funds to the instructional program in the Johnson School. I am pleased that the new Swampscott contract will guarantee an excellent educational experience for Nahant's students. I am very pleased that under Dr. Littlefield's guidance, the academic and instructional program of the Johnson School has progressed, as demonstrated by advancements in national and test results and the involvement of our teachers in curriculum work in the school and in other districts.

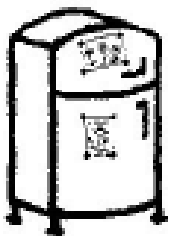
I am also very pleased that, despite limited funding, the administrative and instructional technology capacity of the Johnson School has progressed so well, particularly the last several years under Diane Pierce's leadership. There are so many other aspects of the Johnson School today that were not in place when I became your superintendent, such as the two full professional-development days for teachers, the Extended Day Program, the Lunch Program and the fledgling Before School Day Program. And while I take scant credit for these, I am pleased by the progress.

And before I risk neglecting to mention the day-to-day work of our excellent teachers and the support of our parents, let me stop here with more to follow next month.

I close this month with an additional word about the Renovation Project article on the April 30th Town Meeting warrant. Please review the materials, listen to the presentation at the Meeting, ask your questions and consider the need. The new Project addresses all the concerns raised at last year's Town Meeting. The state's new funding mechanism will ensure receipt of all funds at an accelerated rate. Let me remember 2005 as the Year of the Renovation.

See you at Town Meeting.

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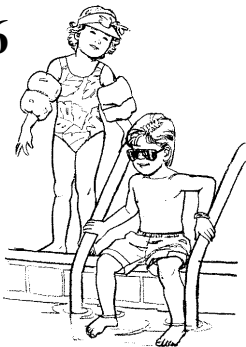
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Brickhouse Sponsors Board Week and Skate Park World Tour
by Jamie Hosker

For three years, Brickhouse, the North Shore's only full service surf, skate and snow board shop, located in Marblehead, has been running a very successful surf camp for the youth of the North Shore. Last year, over 100 students spent the summer learning how to surf. The Brickhouse Board Week includes five days of supervised surf and board sport training, transportation to and from some of New England's best surfing beaches and a wetsuit for each camper to keep.

Beaches that are surfed by the campers include: Jenness and Hampton Beach in New Hampshire, Phillips Beach in Swampscott and Short Beach in Nahant.

This year, in addition to Board Week, Brickhouse is rolling out The Skate Park World Tour. The Skate Park World Tour will take North Shore skaters to some of New England's premier indoor and outdoor skate parks. Skaters will be joined by Brickhouse team riders and will receive personalized instruction, to

improve their skating skills. In addition, each skater will receive a Brickhouse skate deck and a Skate Park World Tour T-shirt. Every skate session will be videotaped and the day's footage will be analyzed, to help improve both technique and style. At the end of the week, a video montage will be created from all the highlights of that week.

Each session of The Skate Park World Tour lasts five days, begins at 10:00 a.m. and lasts until 3:00 p.m. The World Tour

begins July 5th and runs until September 1st. The camp is designed for all levels of skaters, from beginners to advanced.

Jamie Hosker, owner of Brickhouse, said "The World Tour, much like Board Week, allows our students to enjoy the summer, doing the thing they most enjoy, being kids. They have fun hanging with friends, skating, learning new skills and most importantly, they get to visit skate parks they might not otherwise ever have the opportunity to

skate." Skate parks that are on the tour include: Peabody, Danvers, Newburyport, Rye Airfield, Nashua, Andover, Fitchburg and Skaters Edge, in Taunton. Space is limited to twelve campers per session. Last year, five weeks of surf camp were sold out and space for The World Tour is bound to fill up fast.

For more information you can call Brickhouse, at 781-639-4531 or check them out online at www.brickhouseboards.com

Photos submitted by Jamie Hosker, Brickhouse.



Brickhouse



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(781) 639-4531

Brickhouse Board Week 2005

- 5 day mobile surf camp
- Every camper gets a wetsuit
- Beaches surfed: Hampton, Jenness, Phillips, Devereaux, Long and Short Beach
- Last year 100 surfers attended the camp and everyone rode a wave

Brickhouse Skate Park World Tour

- 5 day mobile skate camp
- Parks to be skated include: Peabody, Lynn, Newburyport, Nashua, Andover, Fitchburg, Rye Airfield and many more
- Every skater gets a skatedeck and world tour tee

Camps run from July 5 to Sept. 2

www.brickhouseboards.com

It Is The Soldier

by Fa. Denis Edward O'Brien, USMC

It is the soldier, not the reporter,
Who has given us freedom of the press.

It is the soldier, not the poet,
Who has given us freedom of speech.

It is the soldier, not the campus organizer,
Who has given us freedom to demonstrate.

It is the soldier,
Who salutes the flag,
Who serves beneath the flag,
And whose coffin is draped by the flag,
Who allows the protester to burn the flag.

Keep the "free press" in Nahant. Subscribe to the Nahant Harbor Review. Please see page 21 for info.

Are You A Knitwit? submitted by Susan Caccivio

I am looking for new members to join our organization "Knitting for Angels."

I am a Nahant Mom of two small children, 3 and 5, who were adopted from Belarus and Russia. I started this organization several years ago, to make handmade items for all the children waiting in orphanages and hospitals in Belarus and Russia, who may never have a handmade blankie to snuggle, or a handmade hat and mittens, to keep them warm.

Recently, we expanded to include a shipment, which went to orphanages for older children in Afghanistan, who were orphaned due to the war. Our group started with just two members (myself and my mother in-law Gloria) and has quickly grown to well over 40 members. Most of our most active members are fellow Moms from Nahant, whom I met through Carol Hanson and the knitting group, which meets every Tuesday, from 6:00 to 8:00 p.m., at The School of Refrigerator Door Art on Valley Road.

Through word-of-mouth, we now have members throughout metro Boston, as well as New York, and a group up in Maine, that has been busy knitting all winter!

We have recently formed an alliance with Chernobyl Children Project, U.S.A. Inc., which is based out of Dedham, Mass., and who host 120 youths for six weeks in the summer. These youths are ages 8 thru 15 and travel from the Chernobyl region to Boston, where they spend six weeks with their host families, getting significant medical screenings and treatments at local Boston hospitals, not to mention the fun they have at many sponsored events and the huge medical benefit they get from fresh air, healthy food and water that is not tainted by this disaster.

Knitting for Angels has committed to sending all these 120+ visiting children home with a scarf, hat, or mittens for themselves. Additionally, The Chernobyl Children Project provides us with limitless

ability to deliver our handmade treasures to children of all ages in hospitals and orphanages throughout Russia, Belarus and Ukraine.

How can you help? You can join our organization as a fellow crafter, making handmade items in your own home and/or join our weekly knitting group. You can use your own yarn or call me for supplies and/or patterns, if needed. You could also make a financial donation which we use to buy yarn, or donate any unwanted yarn stash, if you are a retired knitter.

You could also pass the word to other knitwits you may know, who would like to join our organization.

Please feel free to call me with any questions about Knitting for Angels, or the Chernobyl Children Project USA, Inc., or look for more info on our website www.knittingforangels.org which should be up and running shortly!

Susan Caccivio 781-592-2868 email sccaccivio@comcast.net

Graduation Congratulations

Mary and Joe Sherber announce the graduation of their son, Trooper Peter Sherber, from the Massachusetts State Police 77th Recruit Training Troop, held at the State Police Academy in New Braintree, MA.

Peter is a life-long Nahant resident and served in the U. S. Coast Guard, after graduation from Swampscott High School. Peter received a Bachelor's Degree, *magna cum laude*, from the University of Massachusetts, Boston. Peter also earned a Masters Degree from Anna Maria College in Paxton, MA.

Before being selected to attend the State Police Academy in November 2004, Peter served in the Nahant Police Department for four years. A graduation party honoring Peter was recently held at the Nahant Knights of Columbus Hall, of which Peter is a member.

Peter is engaged to Katherine Kmeic of Lynn. A 2006 wedding is planned.

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Get Motivated and Stay Motivated!
by Sallee Slagle, Director, Dance Dimensions

Do you find it hard to stick to an exercise regime, or diet plan, for any length of time? Are bad habits hard to break? Do you lose motivation easily? You're not alone. Many people have difficulty staying motivated. I have read what many exercise professionals have written about this and here are some things to consider, to help you stay motivated.

First of all, you need to be aware of the opposition. Where do the barriers

come from? You may find that others pose the problems, a spouse, who wants you home, a child, who won't let go, but I believe that when you are confident and secure in your own motivation, you can and will handle these barriers much easier. It is much more difficult when the external barriers agree with and allow you to give in to your own internal barriers. So your own barriers are the most important to overcome.

Getting started may be difficult. There is always some anxiety about doing something new. Decide what activity, or activities, you will get moving with. Getting to that class, or sport, or activity you've wanted to do, can really motivate you. There is often excitement in knowing you are doing something for yourself. Try to concentrate on these things. Find a situation you can be comfortable in. Don't let the negative thoughts about your skill, lack of confidence in your abilities, or appearance, intimidate, or embarrass you. You don't have to start by playing tennis or golf with your friend, who's played for years. You don't have to go to that high-powered class everyone is into, or that popular gym, with all the equipment and outfits. These can be intimidating. If you want, these goals can be set for the future, once you have brought these activities into your lifestyle and are comfortable undertaking them. Remember, it is fine to be a beginner at something. Ask questions, do research, set up schedules with others, get new equipment, or pull out the old stuff and get excited! The main thing is just get started!

Dieting or breaking a bad habit may be more difficult to start, or restart, if you've tried before. Take a good look at why you want this, it may help. To

lose weight, to look and feel better, may be enough motivation, but look deeper if you can. Find reasons that involve you and those around you. Your diet is your health and your health involves others directly, or indirectly. You don't have to do the diet everyone else is. Too many choices may actually be overwhelming and so nothing gets started. Make your choice and make your rules and plans clear to yourself. Monitor your own progress daily, or weekly. Get into preparing: Do some research, read books or articles, subscribe to a magazine, watch a video, take a class. The more you know about something, the more confident you will become.

You may get off to a good start, only to find the momentum wearing out. Sticking to your exercise plan, or diet, can be difficult, too. Think of your new activity, or diet, as a lifestyle change, not just temporary, even though a diet may be stricter, at first, or a sport seasonal. Find ways to keep the gains going all the time. Seek help to keep you going. A friend, a support group, a personal trainer or lifestyle coach. We all need help to stay on track. Try a personal mission statement and give yourself short-term, attainable goals, as well as long-term goals. Set goals or targets each time you play, or participate, daily or weekly. Keep these

in mind and post them, to keep you on track. Modify them as needed. Changing a goal is not a failure to meet the old goal, but the realization that the goal needs to be changed. Set new targets often.

Boredom and plateaus can be discouraging. Get help. Try something new. Challenge yourself to strive for new levels. There is nothing like getting a new toy to add excitement. Take up a new sport. Find someone, or something, to motivate you. Remember, the best diet, or the best exercise, is the one that you will DO. Create a rewards game and treat yourself to something, after reaching a goal. You will often find that the slump, or plateau, won't last, if you work creatively to get through it.

Integrate the positive things into your life and don't let them out. Keep reintroducing them, if you must, but DON'T GIVE UP! Every day that you are exercising, dieting, or changing a bad habit, is one day more of the positive lifestyle you are working towards. Continue to work at these goals, one day at a time. There are many benefits, both physical and mental, to eating healthy and exercising regularly. Reap the rewards, a better and healthier life for you to enjoy and all those around you will enjoy you more, too. Good thing, because you may just be adding years to your life!

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Weight Loss with Hypnotherapy? by Juliette Lackey, Certified Hypnotherapist

Every time I hear the word, “diet,” I want to scream. The minute people go on a diet, they immediately lose their healthy relationship with food. Diets are restrictive and temporary. 95% of the people gain weight back within a year. Diets set you up for failure by focusing on your difficulties, instead of your inner resources.

We have to LOVE food. Enjoying, savoring every single bite of it. Admiring the colors, feeling the textures and appreciating the flavors. Sure, there are certain foods you should not eat after 2:00 p.m.—but how hard is that to cope with? It’s not like you have to eliminate them completely. Okay. There’s one exception. If you are addicted to a particular food—for example, a client of mine could not go to sleep without eating a half-gallon of vanilla ice cream and half a salami (I’m not joking) before going to sleep. In that particular case, we work with aversions, to make sure the client will never eat ice cream or salami again.

We’ve been programmed, early on, to “reward” ourselves with “bad” foods. “If you finish your dinner, you’ll get dessert.” Or, “poor baby, you got a boo-boo—here, have a cookie.” Or, “Wow, look at your report card! You definitely get some candy for that!” Now as adults, we’ve shifted that “reward-thinking” slightly. Now we think: “I’ve had a hell of a day. I worked really hard. I deserve a steak, a baked potato and half a tub of ice cream!”

Then, there’s the emotional eating. Have you ever finished dinner, you’re sitting in front of the TV (or reading) and just simply have to have something sweet, or salty and crunchy? You’re not hungry at all—but for some goofy reason, you start thinking about what’s in your kitchen, and of all the items in there, what sounds the best right now? And then you go for it. You’re not hungry. You’re bored, lonely, sad, angry, or frustrated. Or maybe you eat simply because it’s there. Why?

Carrying excess weight is not just the result of eating the wrong foods; it’s comprised of a whole gaggle of issues: confidence, self-image, stress, fears, attitude, portion control, eating awareness, making the right choices, snacking and exercising. Diets don’t address these fundamental characteristics and personality traits. They tell you to eat half a radish on a lettuce leaf and you better have the willpower and the determination to make it through the program. You might. And when the program is over, all hell is going to break loose.

You’ve been there, you’ve done that. Wouldn’t it be much simpler to not have to use your willpower? To not struggle ever again? To never be hungry again and to never crave the “bad” foods that cause you to gain weight in the first place?

Did you know that:

- * Most women would rather look good than feel good.
- * 1/3 of obese women would give up three years of their lives to be thin
- * 95% of American women are overweight due to stress, anxiety and having to multi-task.

- * Obesity is now America’s number one epidemic, knocking tobacco to 2nd place
- * Weight loss is a \$40 billion industry.

Next time you eat mindlessly, without being hungry, ask yourself: What am I thinking about? What am I feeling? What is it that I really need or want to do? Ask yourself: What kind of hunger am I feeding? Is it my tummy, my mouth, my heart, or my mind? If it’s not your tummy, why are you eating? What are you avoiding?

Eating healthy foods is not depravation – it’s truly rewarding your body, by making the right choices. Giving your muscles, organs, tissues, veins, arteries and each and every single cell what they need, crave and desire.

So how do you successfully lose weight? By changing your eating habits permanently. Here are a few weight loss / healthy eating habit tips:

- * Don’t eat starchy carbohydrates (potatoes, pasta, bread, rice and corn after lunch) or anytime, together with meat.
- * For dinner, have a salad, veggies and lean meats, or fish or shellfish. Or a veggie chili. Or a salad, with grilled chicken, fish or shrimp.
- * Stay away from all sodas!

My 4-week weight loss program includes the development of your confidence, self-image, stress management, positive attitude, general well-being, slowing down your eating, portion control, healthy eating habits, goal achievement visualizations, exercise motivation, aversions, elimination of specific foods, eating awareness, positive choices, desire for good food and water, taking a trip inside your body, and much more.

It’s almost Summer! Don’t you want to feel healthy and look good on the beach, at work, at home, playing golf and socializing?

Stop making excuses. Stop procrastinating. Start taking control.

Make health and well-being your priority. If you don’t take care of your body, where will you live?

Mothers & Babies New Playgroup submitted by Kit Jenkins

Spring brings the parade of blooming babies in Nahant, stroller by stroller. There will be an informal playdate / gathering on Saturday, May 7th, starting at 2:30 p.m., at the home of Liam and Patrick (and their mom, Kit) on Spring Road, for babies in the “have turned / turning one” generation—babies turning one this spring, summer or fall.

Let’s meet each other! Please call with questions or RSVP to Kit (781) 599-4351, or kitjenkin@aol.com.



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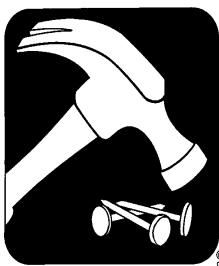


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Nahant's Dunbar Livingston Appointed Associate Justice at Salem District Court

Continued from page 1.

Court, including murder, rape, arson, robbery, home invasion, drug trafficking and corruption of public officials.

Livingston joined the Essex County District Attorney's Office in 1983. From 1983 to 1984, he was assigned to the Lynn District Court bench session, as a Trial Attorney, then to the Amesbury District Court, as a Supervisor. Livingston then became Supervisor of the Haverhill District Court bench session. From 1985 to 1987, he was assigned to the Salem District Court jury session as a Trial Attorney and then became a Supervisor. He tried approximately 100 jury trials while assigned to the District Court, before being promoted to the Superior Court Trial Unit in 1987.

Last year, Livingston received professional accolades for his work with firefighters and arson investigators. The State Police presented Livingston with a career achievement award, for his contributions to the field of arson prosecutions and for training arson investigators. On a regular basis, for the last several years, he has lectured at advanced arson investigation trainings, conducted by The Department of Justice - Bureau of Alcohol, Tobacco, Firearms and Explosives (ATF), the State Fire Marshal's Office, and the Metropolitan Arson Investigators Association.

He recently co-authored Chapter 22 of MCLE's Massachusetts Superior Court Criminal Practice Manual, entitled "Sentencing/Alternative Disposition."

His nomination was unanimously confirmed by the Governor's Council. At a packed confirmation hearing before that body, at the State House, on February 9, 2005, for more than an hour, Livingston's friends, colleagues, and neighbors described him as an attorney with a good sense of ethics and integrity. "He has the highest sense of ethical and professional responsibility," said Susan Okre, a defense attorney, with the Committee on Public Counsel Services. "That quality is what has so distinguished him in the courts of Essex County." Attorney Edward O'Reilly, a criminal defense attorney in Gloucester, cut short a trip to Florida for his father's birthday, to testify on Livingston's behalf. "I have been doing criminal defense work for 17 years," he told councilors. "I have been in more than 60 courts, had cases against thousands of district attorneys, in front of hundreds of judges, and when I heard Dunbar had applied for this job, I thought, 'What an excellent choice for judge.' He is a very, very decent human being."

Livingston's nomination was supported by members of the North Shore legislative delegation, including Rep. Thomas McGee (D-Lynn), Rep. Michael Costello (D-Newburyport) and Rep. John Keenan (D-Salem), who all testified on his behalf at the hearing. U.S. Congressman John F. Tierney (D-Salem) also lent his support, as did Lynn Mayor Edward J. "Chip" Clancy. District Attorney, Jonathan Blodgett and former District Attorney, Kevin M. Burke, both testified on his behalf.

In addition to his work in the criminal justice system, Livingston is active in his community, an attribute councilors said made him a favorable choice for a District Court judgeship. "Anyone that gives back to the community and has a passion for the law, that means a lot to me," said Councilor Carole Fiola (D-Fall River). "It's important to have a pulse on the communities we serve."

Livingston is an avid sailor and tennis player, having founded the Nahant Junior Invitational Tennis Tournament in 2000, with his wife, Mary, an attorney. He currently serves on the operational board of the Nahant Sailing Program. He has also served on the Nahant Conservation Commission and was a Nahant youth soccer coach for both boys and girls, U-10 through U-12.

He is active in the Nahant Village Church, where he currently serves as Chairman of the Board of Trustees. He is also a member of the Search Committee. He and his wife have taught Sunday School at the church for a number of years.

Livingston, a Nahant native, earned his Bachelor's Degree from Trinity College and his law degree from Suffolk University Law School. He is a graduate of St. George's School in Newport, Rhode Island. He resides at 60 Wharf Street with his wife Mary, their daughter Schuyler, a student at St. George's School and their son Sam, a student at Tower School in Marblehead. Livingston is the son of David and Virginia Creigh Livingston, long-time Nahant residents.

April at LynnArts

The New England Sculptors Association and Sculptors, Inc. present "MicroMonumentals" in the Time Warner Gallery, now till June 10, 2005. Gallery talk: Saturday, May 14, 2 - 4 p.m.

Animated Social Narrative. New work by Gabrielle Rossmer, in the Community Gallery, now until June 10, 2005. For more info., call Susan Halter at 781-598-5244.

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Diamonds Are a Girl’s Best Friend

by Carol Hanson

That may, or may not, be true, but I bet many girls would be just as happy winning the four dugout seats, to see the World Series winning Red Sox play this summer! Or maybe they would prefer the antique flag brooch, made up of diamonds, rubies and sapphires, generously donated by Ellen and “Papa” Joe Klink, just in time to be worn on our nation’s birthday!

Many other individuals in Town have already stepped up to the plate and offered donations for the raffle that will be drawn on the day of the Friends of Earl One-Pitch softball tournament, which will be held on Sat. July 2 from 9 - 4 at the Flash Road field. The top prize of four World Series-winning Red Sox dugout seats, is just the tip of the iceberg! We have a few other sets of Red Sox tickets, thanks to Bill O’Connor of Art Shipping International, (whose dog, Paddy, was lucky enough to win a limo ride from last year’s tournament, courtesy of Captain Wolf Limo)! We have a beautiful wine basket from Joanne Bryanos, a shadowbox of Curt Schilling autographed sports memorabilia and a cash prize, as well. Raffle tickets will be available by mid-May. Please call Carol Hanson, 781-581-1271, or Robin Byron, 781-596-1484, for info on donations or bumper stickers.

The Friends of Earl committee is pleased to announce the arrival of the “I’m a Friend of Earl” Bumper stickers. They ask for support in finding a cure for ALS, or Lou Gehrig’s disease, which affects a victim’s ability to eat, breathe and move, but not one’s ability to think and understand. Gary “Earl” Hanson has been living this way for about 8 years and does so, due to the unwavering love and care given to him by his wife, Cindi. She is truly an angel who makes his life as normal as possible, under the extremely cruel effects of this disease. To survive beyond 5 years is rare enough, but Earl has survived for about 12 years! This is also due to the great amount of compassion from our little seaside town and from others outside our community, who have given their time and talents, as well as financial support. It is a good feeling to be able to give. It’s a better feeling to see the effects of that giving in the smile on Earl’s face.

The Nahant Preservation Trust, Inc.

Preserving the beauty of Nahant for all...forever.

The sea...the sky...some greenery...and for good measure...some history. These are just some of the benefits of membership.

The Nahant Preservation Trust invites all Nahant Residents to join with us in preserving and enriching the unique characteristics of our beautiful Town when we kick off our annual membership drive at the Annual Town Meeting on Saturday, April 30th.

Please join with us by becoming a member at \$25, or better yet, a Patron at \$100 or Sponsor at \$250. The sky is the limit... but so are the benefits.

We had another great year in 2004 and look forward with even greater enthusiasm to the challenges of 2005 and beyond:

We take great pride in the Preservation Award-winning Nahant Community Center at Valley Road School, which re-opened in 2003; and reflective pride in the Nahant Historical Society’s American award-winning , museum-quality exhibit Nahant on the Rocks on display in the Community Center;

We are pleased to see the beautifully restored Richardson Serenity Auditorium used regularly for classes, lectures, dances and meetings, and the colorful Multipurpose Room used for creative endeavors of all sorts by “children” of all ages;

We worked hard in the successful effort by the Town to become the 62nd Community in Massachusetts to adopt the Community Preservation Act;

By accepting a gift of a parcel of undeveloped land near the Thicket, we joined with the Massachusetts Audubon Society in saving that area near Wharf Street as open, conservation land for the enjoyment of everyone.

There is more to do:

We will continue to support the efforts to preserve the Life Savings Station;

We will continue to work with the Nahant Open Space Committee in their plan to develop a walking path from Short Beach to Tudor Beach;

We will continue to be vigilant and active in the protection of the Nahant Country Club property in our role as one of the largest shareholders in the for-profit corporation property owner;

We will continue to work with other groups to develop land use planning tools and educational programs.

The Nahant Preservation Trust is pleased to be able to contribute in a small way to the quality of life in Nahant. We can do so much more together. Please join with us. Our goal is lofty... We’d like all Nahant residents to become members.

See you at Town Hall.

TRIAD

Submitted by Mary R. Sherber, Council on Aging Vice-Chair and TRIAD member

TRIAD is a new organization in Nahant that is an affiliation of seniors and law enforcement, together, discussing issues of concern for seniors.

In the past year, Nahant's TRIAD Council has planned and sponsored programs to benefit Nahant's senior population.

Programs now include: senior identification cards, that provide seniors with identification cards, for use as primary identification: the file-of-life, which is a refrigerator magnet pouch, that holds a senior's vital medical information, for use by first responders: the Yellow-Dot Program, which is a window sticker, placed on a senior's car rear window (the Yellow-Dot) alerting EMS personnel that a medical information packet will be found inside the vehicle's glove box. All these programs are at NO cost to seniors.

The Nahant Police also have a R-U-Ok Program, which is a computerized telephone program, that provides daily telephone wellness checks automatically, also at no cost to seniors.

If you would like information about becoming a TRIAD Council member, or would like more information on any of the TRIAD Programs, please call Marguerite Rizzo, at the Nahant Council on Aging, at 781-581-7557.

HOOMPA Sightings



The Gang: Couples left to right: Cynthia Pierce and Wayne Manning, Nancy and Kosta Daras and Diane and Marc Gaucher, all from Nahant, celebrating the release from winter on Marco Island. (We also met up with Vin and Judy Izzi, formerly from Nahant, but not pictured.) Photo submitted by Diane and Marc Gaucher.

Nahant Girl Scout Happenings

Nahant's Girl Scouts kept very busy during the l-o-n-g winter months. In March, they enjoyed the Ocean Bay Neighborhood's annual Tea Party, held in Swampscott this year. Girl's dressed in their "Sunday Best" and shared tea, cocoa and confections, with old friends and new. Many thanks to Nahant's 6th-grade troop for securing the venue and Troop 112 's Abigail C., Taylor E., and Holly N., for presenting a fabulous Girl Scout ceremony. Bowling, another annual favorite, was a big hit again this year. Many thanks to ALL Nahanters who supported our Food Drive for local food pantries and, of course, our Cookie Sale.

5th Grade Junior Troop 112 has been busy for the past few months. The girls have been working on earning their leadership award, which involves much time, energy and cooperation on the part of many. They would like to thank the staff of the Johnson School, who have been working with them. The girls have also been busy earning badges. They even got the chance to share what they learned about "Ceramics and Clay" with Daisy Troop 24. They are currently working on earning the "Pet Care" badge. Nahant's Animal Control Officer will be teaching them about his job and how it relates to pet care. The girls spent an overnight at the New England Aquarium in March. They got the chance to learn about penguins and sea creatures—they even got a little sleep!! A highlight of their study of pets was a field trip to Pet Express in Lynn.

4th-Grade Junior Troop 57 has had its most active year yet! As part of their Junior Aide Award requirements they helped 2nd-Grade Brownies earn their Games Around the World Try-It. In addition, they've been honing their fashion skills by earning the "Art to Wear" badge and participating in Limited, Too's Fashion Adventures program. But it doesn't stop there. They also used the long winter to earn their "First Aid," "Girl Scouting in My Future," and "Cyber Girl Scout" badges and some of them used all the snow to complete "Frosty Fun." For community service, Troop 57 participated in the Helping Hands project, to benefit Girl Scouts worldwide, as well as helping with planting and maintenance in the Nahant Community Center's gardens. They are looking forward to the Spar and Spindle Council's 25th Anniversary Silver Sensations encampment later this month.

The kindergarten girls of Daisy Troop 24 have been busy learning about the Girl Scout Promise and Law. They welcomed newcomer Amanda S., rounding out the troop to an even "Daisy dozen." They enjoyed being "decorators," by using their artistic talents to decorate bunny hutches, just in time for spring. They all agree they are ready for some outside activities this spring.

All the Girl Scouts wish you a Happy Spring!



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Useless Information

by Ray Barron

The Poetic John Lowell

In 1976, John Lowell, of Vernon Street, submitted a poem for publication in “Written Words by Nahanters,” a small book. The publication was sponsored by the Nahant Arts Association, organized and edited by Carolyn Dineen and Flora Sigourney. Here, then, is Lowell’s arresting poem, “Nahant Bay.”

Bright morning sun on shimmeering sea
Chasing the clouds away,
White sails drying in the breeze,
Tide rippling on its way.

Blustery winds from southwest shore
Humming a steady tune,
Small vessels tacking to and fro
In early afternoon.

Placid bay at eventide
With the ships come home to rest,
Calm setting of the dying sun
In the purple of the west.

Silver moon riding the eastern sky,
Crickets sing their song,
Harbor lights flicker in the night,
Life quietly moves along.

Ah, John Lowell, the son of the legendary Ralph Lowell, a philanthropist and the founding father of WGBH-FM and WGBH-TV. Yes, thanks to Mr. Lowell, we have WGBH-TV, Channel 2, America’s leading Public Broadcasting Station.

John Lowell recently informed me of a sudden inspirational thought he had. “Never look back in anger. Always look forward with hope.” Thanks, John.

On Being Compatible

The electrifying Ed Poulin, of Irving Way, says, “A compatible marriage is usually one in which the husband and wife have many faults in common.”

Ed’s stunning wife Gayle, says,” The art of getting along with a woman is understanding what she doesn’t say.”

Dick Bailey, of Sunset Road, says, “A compatible marriage is one where the man makes the living and the woman makes the living worthwhile.”

Lynne Spencer, of Trimountain Road, reminds us, the problem is not whether you can see the handwriting on the wall, but whether you can read it.

Thoughts On Aging

This just in! The average life expectancy in the U.S. continues to climb. Women, on average, lived to 80.1 years in 2003, according to the Centers for Disease Control and Prevention. Men averaged 74.8 years. What’s more, there are at least 61 people in the world, who are certified to be at least 110 years old.

Gee, we heard the life expectancy of women living in Nahant is 102, and for men, 99.

The ageless Frank Cusack, of Nahant Road, says, “Growing old is only a state of mind—brought on by gray hairs, false teeth, wrinkles, a pot belly and an overall feeling of being totally pooped.”

Frank’s attractive wife, Cay, says, “It’s wonderful to grow old, if you can remember to stay young while you’re doing it.”

The radiant “Miss Tiffany,” Marguerite Haigh Rizzo, says, “Most women not only respect old age—they approach it with caution.”

Reminder, you have arrived at old age when all you can put your teeth into is a glass.

Weather Reports!

Read carefully! The mayor of Moscow proposed fining the city’s Weather Bureau every time it got a forecast wrong. “We would like to receive a quality product,” Mayor Yuri Luzhkov told meteorologists, “Instead of that, you giving us s---.”

Cal Hastings, of Nahant Road, says, “The Weather Bureau is a department of the government that issues unreliable forecasts which everyone relies on.”

Cal’s alluring wife, Marrit, says, “Every now and then the weatherman makes a mistake—and guesses right.”

Cal’s neighbor, Henry Hanagan, reminds us, this is a free country: if you don’t like the weather where you live, you can go elsewhere and not like the weather there also.

Sheila Hambleton, of Kenney Avenue, the noted intellectual, reminds us, that it was Mark Twain who wrote, “In New England, in the spring, I have counted 136 different kinds of weather inside of twenty-four hours.” How true.

Nahant Women’s Views On Anniversaries

Jean Hosker, of Valley Road, says,”The most welcome surprise you can give your wife on your anniversary is to remember it.”

Carol Munnely, of Castle Road, says, “An anniversary is the yesterday you forgot to buy your wife a gift.”

Joanna Reardon, of Nautical Lane, asks, “Why is it married couples celebrate their wedding anniversaries, while divorced couples don’t celebrate their divorce anniversaries?”

Jayne Solimine, of Fox Hill Road, says, “Golden wedding anniversaries are joyous occasions, because the happy couple is usually out of debt by then.”

Beverly English, of Little Nahant Road, says, “A movie star celebrates her fifth wedding anniversary after she has been married five years-or five times.”

For the record, we enjoy putting words in other people’s mouths!

May Birthdays of Friends and Nosey Neighbors

May 1st: Anita Smiddy, the personable mixologist Ken Merlino and the wonderous Joe Muzzioli. Also born on May 1, Jack Paar, former TV talkshow host.

May 2: Sweet Kellie Frary, Joanne Dunn, Constantin Pezaris and singer Bing Crosby.

May 3: Nancy Cochran, Mary Luszc, lovely Dale Cullinan, Haven Wynne, Sheila Zamejtis, Bob Proulx, Phil Laubner, Arvard Tompkins, Bill O’Keefe and Wynonna Judd, country singer.

May 4 birthday babies: Judi Casper, Cindi Hanson, Neelam Kumari, Mayann Corinha, Robyn Howard, Scott Hess and Randy

Travis, country singer.

May 5: Karen Costello, Deb Kasper, Stacey Schlafman, Jonathan Smith, Ed Clark, Dan Hamill, Mal Hill, Denver Goodell, Karl Marx, German philosopher and singer Tammy Wynette.

May 6: Jackie Cifuni, Maureen Legault, Lisa D’Augusta, Ed Mihovan and Rudolph Valentino famed as the screen’s “Greatest Lover.”

May 7 birthday kids: Jackie Connolly, Gayle Billias, Faith Paterson, Barbara Magner, the creative Carter Smith, Arnold Rodner and Gary Cooper, film actor.

May 8: Maura’s loving husband, Bob Scalise, Steve Brackett, Herbert Motley and Harry S. Truman, 33rd US president.

May 9: Biba Rozenbaum, Frances Spinelli, Coreen Sullivan, Pete Conley, Jim McCurdy, good sport, Attorney Jeff Musman and also celebrating a birthday on May 9, Candice Bergen and Billy Joel.

May 10: Constantino Evos, Donna Hayward, Edith and Sarah Richardson, Betty Clinton, Peg Mahoney, Jessica Lerman, personable Flo Dragonetti, Karen Falat, Bruce Cooper, real estate tycoon Don Baker and Fred Astaire, actor and dancer.

Gee, John Moleti is the only individual who is celebrating a birthday on May 11. Also born on May 11, artist Salvador Dali and comic Phil Silvers.

Mother’s Day, May 12 birthday kiddies: Lovely Karen Hill, personable Nikki Polcaro, Cornelia Coffey, Tara Butler, Joanne Fucile, Jennifer Edwards, Martha Connor, Jade Mahoney, Bob Kennedy, Dick Moleti, Richard Melanson and composer Burt Bacharach.

May 13: Thelma Ross, Art Barreda, Stefan Polnicki and singer Stevie Wonder.

May 14: Judy Loose,

(Continued on next page.)

Useless Information

(Continued from page 12.)

Kerry Ward, Marilyn Snyder, Enric Munooz, Olaf Beck, the swinger, Frank Cusack and singer Bobby Darin.

May 15 birthday kids: Gretchen Charbonneau, Joan DePalma, Deb Emery, Stephanie MacIsaac, John Barry, Dr. John Gergely and singer Janet Jackson, Frank L. Baum, author of *The Wizard of Oz*.

May 16 birthdays: Alice Potter, Lisa Magarace, Frances McClain, actor Henry Fonda and bandleader, Woody Herman.

May 17: Dot Collins, Paul Sullivan, John Hawko, Francis Mahoney, Art Anders, Austin Antrim and actor, Dennis Hopper and actress, Maureen O’Sullivan.

May 18: Personable Gail Hyde, Laurie Proulx, Mary Donovan, Lorraine Locke, Jennifer Hamill, Dick Baldini, Frankie Pappalardo, the hunk, George DeCastro and singer Perry Como.

Lots of May 19 birthdays! Suzy Wigglesworth, lovely Maureen Walsh, Betty Chittick, Mary Irene Dickenson, Marilyn James, Pam Spinney, Jill Cullinan, Alice Morse, George Griffin, Ed Walsh and Malcolm X, black civil rights leader. I knew Malcolm X, when he was Malcolm Little and living in Boston. My views of him are included in the CBS film, “The Real Malcolm X.”

May 20 birthday candle blowers: The brilliant and personable, Teacher’s Aid, Teresa “Terry” Clark, Kate Taylor, Anne Farr, Bill Andrews, Steve Switzer and singer Cher. May 21: Lovely Arlyn Hubbell, Mike Kenneally and Billy Andrews .

May 21: Debby Aliff and actor, Raymond Burr.

May 22 birthdays: Charming Linda Christoforidis, May Red-

der, Karen Barberie, Janet Roemmel, Peggy Alexander, Dave Kenepp and actor Laurence Olivier .

May 23: Colleen Kigin, Jodie Langevain, Peter Barba, Jim Howarth and singer Rosemary Clooney, Joan Collins, English-born Hollywood actress.

May 24 birthday gift openers: Lea Lewis, lovely Jean Lucantonio, Ruthanne Switzer, Kathy Forbush, sweet Marie Muzzioli and singers Bob Dylan and Rosanne Cash.

May 25: Meidele Bernice Degen, Eileen Famulari, Jim Lennox, Strates Frangules and poet Ralph Waldo Emerson.

May 26: Candance Thornton, the serene Linda Jenkins, John Martin and actor John Wayne, singer Peggy Lee and Sally Ride, America’s first woman astronaut.

May 27: Gorgeous Nancy Risch, Erin DiGrande, Francis Farr, the noted plumbologist Phil Baldwin, Hubert Humphrey and Henry Kissinger.

May 28 birthdays: Ann Sirois, Marie Martin, Deidre Elias, charming Carmel Burrell, Dana Goodell, Giuseppe Desmond, Matt Hatfield, singer Gladys Knight and Ian Fleming, novelist who created James Bond.

May 29: Sax player Sarah Anderson, Mary Fox, Priscilla Clarke, John F. Kennedy, 35th US president and comedian Bob Hope.

May 30 birthdays: Ellen Morse, Louise Gillis, Patricia Podrug, lovely Antonette Spinucci, Ken Turino, Joe Giardella and Mel Blanc, voice-over artist who was the voice of Bugs Bunny and Daffy Duck.

The knowledgeable Sheila Hambleton, Nahant’s Assistant Assessor, reminds us May 30, Memorial Day, or Decoration Day, was inaugurated in 1868 by General John A. Logan, for the purpose of decorating graves of Civil War veterans and since became a day on which all

dead are commemorated.

May 31, wish a happy birthday to Mary Messina, Eva Markos, Erin Poth, Dot O’Connor, personable Al White, Gad Geiger and lovely Taylor Elizabeth Reeh.

And remember to send birthday cards and gifts (no books) to the personable Dan deStefano. Comes August, Dan will be celebrating his 14th anniversary as Nahant’s Librarian. Also born on May 31, actress Brooke Shields and Clint Eastwood.

Truth About Mother’s Day

The charming Janet Benkert, of Maolis Road, reminds us of the origin of Mother’s Day. In brief, it originated in 1907 in Grafton, West Virginia. Through the efforts of Miss Anna M. Jarvis, she arranged a special church service marking the second anniversary of her mother’s death in 1905. She requested that those attending the service wear white carnations, which she supplied. The first formal observances of Mother’s Day were held in Grafton and in Philadelphia, on May 10, 1908. The custom spread rapidly until, by 1911, every state in the Union was participating in Mother’s Day exercises, held on the second Sunday in May.

Friends of the Library Anniversary

This month marks the 34th anniversary of the founding of the Friends of the Nahant Library. Proudly stated, I was responsible for originating and organizing the Friends of the Library. In brief, with the assistance of The American Library Association and advice from Marcia Wiswell, of the Lynnfield Public Library, I recruited Polly Carter and Winnie Hodges, to help in organizing the Friends.

In brief, the Friends of

the Library was founded, to raise funds to provide the library with equipment and programs that would benefit the community, but are not covered by the library budget.

It was on the evening of Friday, May 11, 1971, the Friends of the Nahant Library was officially organized and launched.

The original officers and members of the Friends of the Library, I served as President, Winnie Hodges, Vice President, Phyllis Wooden, Secretary, Barbara Kostick, Treasurer and Jean Smith, Membership Chairman. The individuals who attended that historic meeting, to help establish The Friends of the Library: Marilyn Barisano, Anne Bertorelli, Barbara

Brownlie, Ruth Brownell, Carmel Burell, Edith Bruce, Polly Carter, Claire Collins, Anne Cote, Mary and Horatio Cowan, Edna Doran, Barbara Duggan, Mary Ann Evaul, Conover Fitch, Patricia Fitzgerald, Peggy Hinrichs, Carmel Langin, Sarah Larson, Harriet Magro, Bernice McLaughlin, Sarah McLaughlin, Mary Morgan, Annie Murphy, Trinity Pappas, Margaret Snell and James Wong. And that’s the way it was! Next year, we plan to hold a 35th anniversary party at the Nahant Public Library.

We have the diligent Robin deStefano to thank for keeping the Friends of the Library alive and active. Bless her!

Nahant Arts opens Iced Coffee House

Nahant Arts will sponsor an Iced Coffee House on the last Friday of each month at the Nahant Community Center, 41 Valley Road.

The first such open mic night will be held Friday, June 24th, from 6:00 to 9:00 p.m. in the multi-purpose room, lower level of the Community Center. The room is handicapped accessible.

Hosted by Carol and Jeff Hanson, the evenings will include poetry readings and small exhibits of art. Admission is \$5 per person (free for performers).

Call 781-599-2222 for info. and watch next month’s Harbor Review for more details.

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Summer In Nahant

A collaboration of old photographs, letters and memories of those who lived and resorted on this seaside peninsula before us.



BICENTENNIAL MEMORIAL DAY PARADE MAY 31, 1976

Pictures by THOMAS HOSKER,
official photographer of the
Nahant Bicentennial Committee

In Memory of RICKY HOSKER 1951-1971



Above: Foreground: Calantha Sears

Below: Rear: Harriet Steeves, Robert Steeves and Gerald Giarla. Front: Parade Marshall Frank Cusack.

Left top: Front row, 1 to r: Richard O'Connor, Bill White, Rick Savage, Myles Leavitt, Harry Edwards and unknown. 2nd row, 1 to r: Unknown, Andre Sigourney, John Lowell, Unknown, Arthur Croft, John Durnam, John McLaughlin, unknown, unknown and Henry Kelly. 3rd row, 1 to r: Dick Darius, Philip McLaughlin, unknown and Dr. John Keller

Left bottom: Garden Club Float: The Town Seal covered in flowers, 1 to r: Bob Ward, Jim and Jean Hosker, in chair Julie Ward





Memorial Day Parade

Bicentennial Celebration May 31, 1976



Above: Selectman Robert Steeves looks on as Father Stocklosa of St. Thomas Aquinas Church speaks during exercises at the Cemetery.

Below: Horse and carriage on Spring Road



Above: Boy Scouts Troop 50

Below: Hoompa Girls, l to r: Heather Murphy, Lisa Brown, Cathy Joyce, Judy Valeri, Robin Murphy, Julie Trenholm and Lisa Joyce.

Bottom: Back row, l to r: Tom Walch, Brian Douillette, Richard Comeau, Dennis Furbush (Tom Farmelari). Front row, l to r: John Hatfield, Paul Wilson, Bob Lehman, Jack Daugherty, Ray Robidoux and Chief John Quinn.



SOURCES

Bicentennial Memorial Day Parade Photo Album by Thomas Hosker, May 31, 1976. From the collection of the Nahant Historical Society.

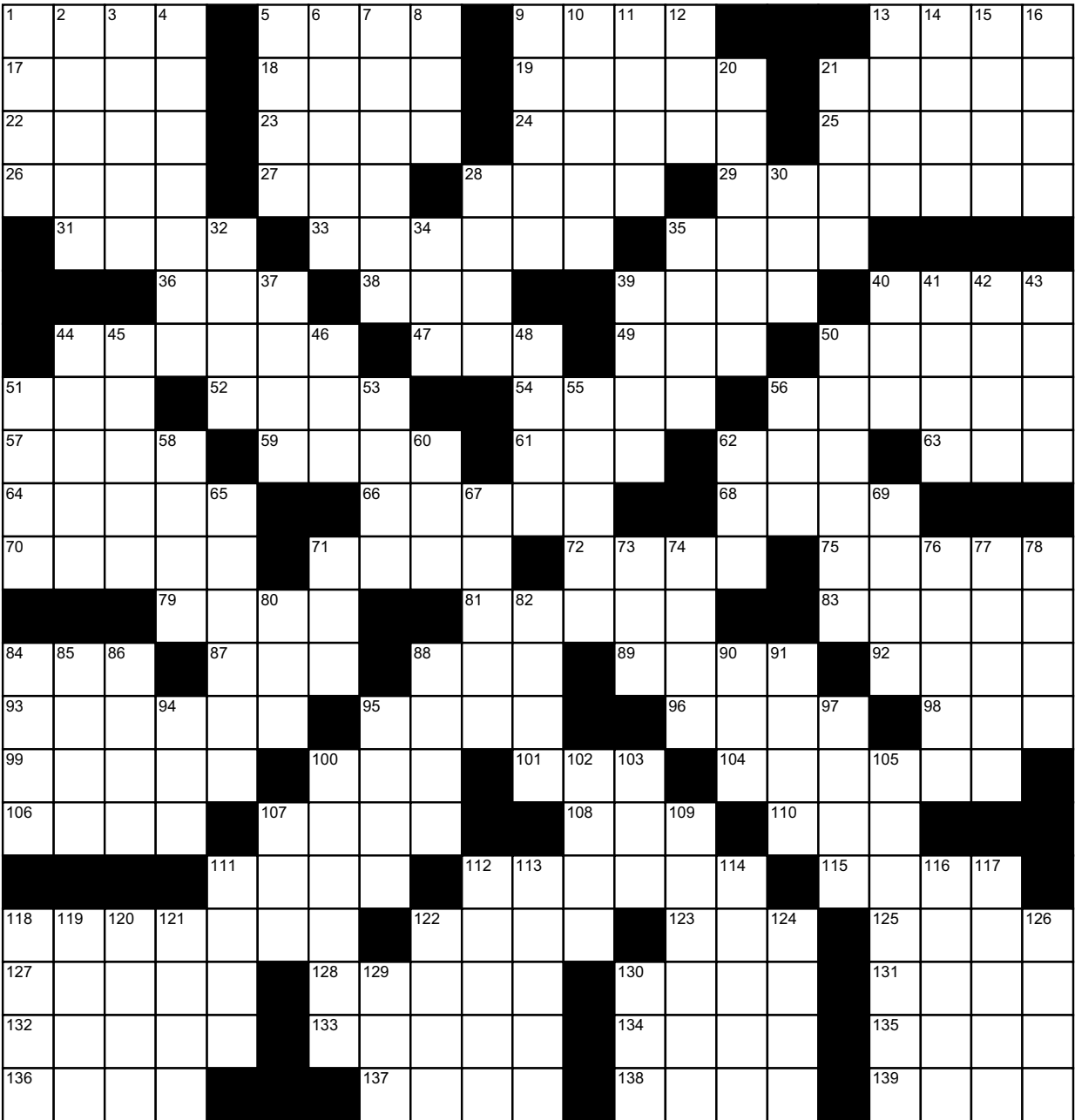
PLEASE SUPPORT THE NAHANT HISTORICAL SOCIETY.



If you have something you would like to share on this page, please contact the author:
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c/o Bumper Gooding
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Or email: sumnerkimball@aol.com

NAHANT PUZZLE PAGE

"Wait 'til Last Year"
by Rick Kennedy



ACROSS

- 1 Artist Chagall
5 Among
9 Chewy candies
13 Danish physicist
17 Sandwich cookie
18 Style
19 Tapestry
21 Spokes
22 Cain's brother
23 Baker's need
24 **Sea Dogs' locale**
25 End
26 De ___ (anew)
27 Sportage maker
28 Oz dog
29 **With 34D, PawSox pitcher**
31 **"The ___ Report"**
33 "Seinfeld" character
35 Lotion ingredient
36 Dance
38 Soc. of Broadcast

- Engrs.
39 **Didn't get the save**
40 Formal dance
44 Snarls
47 Sea eagle
49 Really cool
50 Show
51 Luau dish
52 Hurdle
54 **"6, 2, and ___" - Joe Morgan**
56 Type of scholar
57 **"___ up", called out on strikes**
59 **Hanley's water**
61 **Fenway turf**
62 **Larry Lucchino, e.g.**
63 **Schilling's stat.**
64 **SS Renteria**
66 GWTW's Butler
68 Convexity
70 Outdated
71 Part of the "KKK"
72 Border

- 75 Adornment
79 **"Big ___"**
81 **Captain Varitek**
83 Lavin series
84 Inclined
87 **Sons of ___ Horn**
88 Prow
89 Dozes
92 Village People hit
93 **It was up to Millar**
95 Condiment
96 **Knuckler's nickname**
98 **Boot a grounder**
99 Unnaturalized
100 **Pine ___**
101 Long-term memory
104 Morning cocktail
106 **"Bleepin' Bucky"**
107 Goofs
108 ___ A Small World...
110 Title of respect

- 111 Humble
112 Baltic State
115 Despot
118 Chapstick, e.g.
122 Pale sherry
123 African antelope
125 Teen hero
127 Inanimate
128 Great ape
130 Tails
131 Not taped
132 Swagger
133 **Umpire's concerns**
134 "Mad as a March ___"
135 Dregs
136 Mope
137 Plant fiber
138 Ran
139 Expel

DOWN

- 1 Groan
2 Shelter under

- branches
3 Superman actor
4 Capital of Sri Lanka
5 Frenzied
6 **"Fever Pitch", e.g.**
7 Utopian ideas
8 Fox hole
9 **Hirsute outfielder**
10 Speak
11 **Theo & the ___**
12 ___ Antonio
13 Baby's "bottle"
14 Smell
15 Employ
16 **Manny's pad**
20 Caulked
21 Gush
28 **Fenway row**
30 Hushed
32 Shout
34 **See 29 Across**
35 **Reliever Embree**
37 Type of bargain

- 39 Raised
40 Not against
41 Traveled by horse
42 Above
43 Pirate pitcher Jose
44 Type of cheese
45 **2004 season rewards**
46 Droop
48 Bird's home
50 Irrational fear
51 St. John's ___
53 Knitting stitch
55 Election counts
56 Sleep stage
58 Puff
60 "Take On Me" band
62 Reminder
65 Motive
67 Like
69 Sole
71 **B.K. or Wendell**
73 **With 105D, Sox announcer**
74 Nibble
76 Corona enhancers
77 Capital of Ghana
78 Chinese dog or rat
80 Earnings
82 MP's quarry
84 University (abbr.)
85 **Pesky ___**
86 **Ortiz formerly**
88 **Boston Beer Works et al**
90 Highest trump in some loo
91 Water ___
94 Gamble
95 ___ **Bellhorn**
97 Discharge
100 Quiver
102 **Manager's nickname**
103 "I want my ___"
105 **See 73 Down**
107 Snake-like fish
109 Imply
111 ___ **Mantei**
112 **1st and 3rd base ___**
113 Anxiety
114 **90's outfielder Dawson**
116 Adios
117 Ranges
118 Talk like Sylvester
119 Towards
120 South American nation
121 Very dry wine
122 FDR's pooch
124 Old
126 For fear that
129 Chafe
130 Extremely high freq (abbr.)

Memorial Day Parade and Services

Continued from page 1.

After a brief intermission, a trumpeter will sound assembly and the parade will reassemble in the order identified above and proceed to Tudor Wharf for a service to honor our departed naval comrades.

As the parade approaches Tudor Wharf, units will give way to the right at the direction of marshals Michael and Chris Billias. The Chief Marshal and his staff, Nahant Veterans and Town Officials, along with the Herman Spear Post firing squad, will proceed to the end of the wharf facing Marjoram Park.

At the wharf, Molly Conlin, the Memorial Day Committee Chairperson and a USN veteran, will offer a prayer and toss a wreath into the water, followed by three (3) volleys from the Herman Spear Post firing squad. Answering howitzer volleys from the C Battery First Battalion, 102nd Field Artillery and taps by a trumpeter from the Swampscott High School Band, both stationed at Marjoram Park will follow this.

After a brief interlude, the parade will reassemble and proceed to the Town Hall. The Chief Marshal and his staff, along with Town Officials, will review the parade from in front of the Nahant Library.

The Swampscott High School Band will be positioned in front of the Town Hall to play the “Star Spangled Banner” to conclude the parade.

A chowder luncheon will be served in the Town Hall to parade participants. The Brownies and Cub Scouts will be served ice cream at the rear of the Town Hall.

Any changes in orders will be announced prior to the start of the parade.

Happy Birthday May 30th to Leslie Hardy, Super Sub at the Johnson School from Donald Hardy

APRIL 2005 PUZZLE WINNER: JIM O’BRIEN

Win a FREE breakfast for two. Just complete the crossword puzzle, bring it to Captain Seaside Restaurant on Nahant Road and put it in the PUZZLE BOX on the counter.

SEE CHRIS AT SEASIDE BREAKFAST FOR DETAILS.

“TEE TIME” Solution - April 2005

by Rick Kennedy

Solution:

S	O	L		O	P	E	R	A		A	R	A	B	S			T	E	E	
E	P	I	C		C	H	E	E	P		L	O	G	A	N		M	A	Y	O
A	E	R	O		T	I	G	E	R		G	E	E	S	E		O	P	E	N
	C	A	N	C	E	L		F	O	R	E			H	A	L	O	E	S	
			C	U	T			N	O	B	L	E		D	O	L				
S	O	P	U	P		S	A	D		D	R	I	V	E		B	A	M	B	I
T	S	A	R		R	E	N	E	W		A	B	I	D	E		H	E	R	R
A	C	S		J	U	R	Y	M	A	N			N	I	L			L	O	O
M	A	T		E	L	F		E	T	A		A	C	T	S		B	O	O	N
P	R	E	S	S	E	S			S	P	I	K	E	S		L	I	N	K	S
			C	U	R		U	F	O		B	A	D		C	A	R			
A	N	G	U	S		F	R	I	N	G	E			P	A	D	R	A	I	G
C	O	E	D		F	A	C	T		A	R	C		O	N	E		U	T	E
C	D	T			A	S	H			L	I	A	I	S	O	N		D	E	N
R	O	A	D		S	T	I	L	E		A	R	N	I	E		T	I	M	E
A	Z	T	E	C		S	N	I	D	E		T	N	T		G	R	O	S	S
			A	D	S		S	E	I	N	E				L	E	O			
	A	D	D	S	U	P			F	E	U	D		P	A	L	M	E	R	
W	I	R	E		P	E	P	S	I		L	A	K	E	S		P	R	O	M
I	R	O	N		E	R	A	S	E		E	L	I	T	E		S	I	L	O
E	S	P			R	U	L	E	S		R	Y	D	E	R			C	O	D

Nahant Harbor Review

PO Box 88 • Nahant, MA 01908 USA

DEADLINE INFORMATION for

JUNE 2005

All Community Calendar items, personal ads, classifieds, business ads, articles and short stories.

MONDAY, MAY 16th • 5:00 P.M.

Mail Date: WEDNESDAY, MAY 25th

STAFF

Owner/Editor:	Donna Lee Hanlon	592-4148
Sales Director:	Suzanne Hamill	592-1263
Assistant:	Mary Lowe	
Proofreader:	Harriet Steeves	

The Nahant Harbor Review is published monthly and distributed to over 2,100 homes and businesses in Nahant and beyond by Seaside Business Services, PO Box 88, Nahant, MA 01908, (781) 592-4148, Donna Lee Hanlon, Owner, Editor & Publisher.

Editor reserves sole discretion for inclusion of ads, articles, letters and other submissions.

Anonymously submitted articles and / or letters, unsigned or lacking author contact information, will not be published. Exception: although not a regular practice, a writer’s identity may be withheld by request, at the sole descretion of the editor.

Articles, Notices, Letters and Calendar Items may be submitted by: **email**, donna@nahant.com, or **fax**, (781) 581-0158, or **mail**, Editor, PO Box 88, Nahant, MA 01908, or to our **drop-off box** at the **Equitable Cooperative Bank** on Nahant Road.

The views and opinions expressed in this publication do not necessarily reflect those of the management and staff of the Nahant Harbor Review or Seaside Business Services.

All articles are voluntarily submitted to the Nahant Harbor Review without compensation.

Help support Nahant’s ONLY community newspaper. Become a voluntary subscriber today! Send \$15 per subscription with mailing address to: Nahant Harbor Review, PO Box 88, Nahant, MA 01908. Thank you.

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from 6:30 to 11:00 AM

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781-858-6318**

Nahant Community Ad Page
**Advertise your yard sales, moving sales, car and boat sales,
apartment rentals, personal messages, birth announcements,
memoriams, holiday and birthday greetings in the
JUNE 2005 issue of the Nahant Harbor Review!**

Fill out the form below, cut out and mail to: Nahant Harbor Review,
PO Box 88, Nahant, MA 01908.....OR..... Save a stamp!
Take the envelope to the Equitable Cooperative Bank on Nahant Road
and drop it in the black box on the Teller's counter.
Payment must be included with the form. Make your check payable to
Seaside Business Services. Photos will be returned if accompanied with a
self-addressed, stamped envelope.
The deadline for the JUNE issue is MAY 16th.

Name: _____
Telephone: _____
Photo Enclosed? _____
Ad Size: _____
Amount enclosed: _____
Print Message (or attach to form): _____

**For more info., call Suzanne at
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1.5" box \$30.00*
2" box \$40.00
*Text Only

Community Calendar • MAY 2005

To have your event listed on the Nahant Community Calendar, please mail note, letter or postcard to: Community Calendar, Nahant Harbor Review, PO Box 88, Nahant, MA 01908 or email: donna@nahant.com

MAY

SUN	1	10:00A	New England Gem & Mineral Show. Topsfield Fairgrounds. Till 4:00 p.m.
SUN	1	7:00A	Walk For Hunger. FMI 617-723-5000
THU	5		HOLOCAUST REMEMBRANCE DAY
FRI	6	7:00A	NVC Men’s Group Breakfast with the Town Administrtor
SAT	7	9:00A	Fireworks T-shirts on sale at Little League Field till 11:00
SUN	8		MOTHER’S DAY
WED	11	6:00P	Kindergarten Pre-Registration at the Johnson School
SAT	14	9:00A	Fireworks T-shirts on sale at Little League Field till 11:00
		10:00A	Perambulation Day. Meet at Short Beach Parking Lot.
SUN	15		DEADLINE FOR JOBS NAHANT REC. COM.
MON	16	5:00P	DEADLINE JUNE HARBOR REVIEW
THU	19	9:00A	Blood Pressure Clinic. Tiffany Room
SAT	21		ARMED FORCES DAY
SAT	21	9:30A	Think Spring Plant Sale at the Life-Saving Station
SAT	21	6:30P	Texas Hold ‘Em Tourny at Knights of Columbus. Pre-register at 595-4142
THU	26	6:00P	Fireworks Fundraiser at the Tides
FRI	27	7:00P	Don’t Cook Friday at the Nahant Country Club. Call 781-581-1453 to sign up!
SAT	28	8:00A	Cleanup Day at the American Legion. Volunteers needed.
SAT	28	9:00A	Nahant Arts at the Nahant Community Center till 2:00P
SAT	28	11:00A	Plopalooza at the Town Wharf till 3:00P
MON	30		MEMORIAL DAY
MON	30	9:30A	MEMORIAL DAY PARADE BEGINS

Nahant Field Trip - 4/16/05

At last, the NE winds died down on Saturday and the seas were calm for a lovely day of birding in Nahant, on a field trip co-sponsored by the Brookline Bird Club and the Nahant Open Space Committee on April 16th.

Sightings included: N. Gannet (4), Black-crowned Night Heron, Brant (124), Black Duck (6), Mallard (5), Harlequin Duck (1) (seen by yours truly after trip ended), Surf Scoter (6), White-winged Scoter (18), Red-breasted Merganser (12), American Kestrel (1), Purple Sandpiper (32), Bonaparte’s Gull (200+), Ring-billed Gull +, Herring Gull +, Great Black-backed Gull +, Mourning Dove (14), Downy Woodpecker (2), N. Flicker (6), Blue Jay (2), A. Crow (10), Tree Swallow (1), Black-capped Chickadee (4), White-breasted Nuthatch (1), Carolina Wren (1), Winter Wren (1) (seen by Linda Ferraresso before trip began), Ruby-crowned Kinglet (2), Hermit Thrush (1), A. Robin (14+), N. Mockingbird (2), Field Sparrow (2), Fox Sparrow (1), Song Sparrow (8), Swamp Sparrow (2), White-throated Sparrow (4), Junco (1), Cardinal (7), Red-winged Blackbird (8), Grackle (16+), Brown-headed Cowbird (13), House Finch (6), Goldfinch (14).

Submitted by Linda Pivacek, Nahant.

Friends of the Nahant Library Book Sale
Saturday, April 23rd through May 1st.
Questions? Call 781-581-0306

Nahant Village Church

Join us for Worship
Service & Sunday
School on Sundays
at 10:30 a.m.



Nahant Public Library Hours

Mondays through Thursdays:
10:00 a.m. to Noon. and 2:00 to 8:00 p.m.
Fridays: 10:00 a.m. to Noon and 2:00 to 5:00 p.m.
Saturdays and Sundays: 2:00 to 5:00 p.m.
Nahant Public Library: 781-581-0306


AA Meetings

Tuesdays and Thursdays: Alcoholics Anonymous meets at 7:15 a.m. St Thomas Aquinas Church basement on Nahant Road.

Fridays: Alcoholics Anonymous meets at 7:30 a.m. Nahant Village Church Library on Cliff Street.

The Nahant Historical Society is open to the public on Wednesdays, Thursdays and on the first Sunday of each month, from 1:00 to 4:00 p.m. (except holidays).	The American Legion meets on the first Tuesday of every month, at 7:00 p.m., at the American Legion Hall, 5 Coolidge Road, in Nahant.
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Or, SAVE A STAMP!

Send by e-mail to, donna@nahant.com, or place in the **DROP-BOX** on the **Teller's Counter** inside the **Equitable Cooperative Bank**, on Nahant Road.

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