

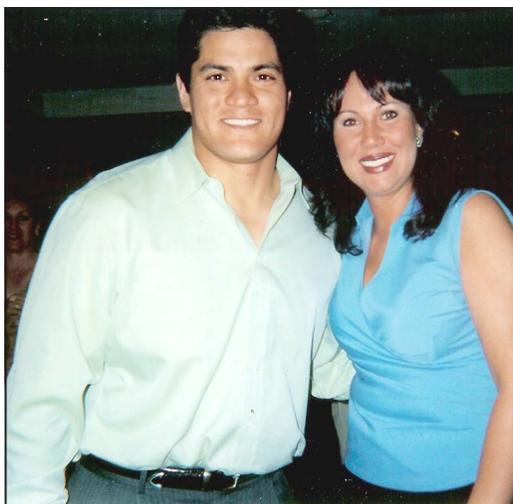
Nahant Harbor Review

A monthly publication, in service since March 1994, dedicated to strengthening the spirit of community by serving the interests of civic, religious and business organizations of Nahant, Massachusetts, USA.

Donna Lee Hanlon, Editor • PO Box 88 • Nahant, MA 01908 • donna@nahant.com

Volume 13 Issue 1

JANUARY 2006



Letter to the Editor

Please accept my voluntary subscription money. I'm happy to help. Would you consider publishing the enclosed photo along with the following caption?

"Holly Estrella, Nahant resident, was thrilled to meet the Patriot's Tedy Bruschi at a function held at Gillette Stadium. Posing for this photo was especially exciting for Miss Estrella since for years, Bruschi has been her favorite NFL player. Furthermore, she claims to be our community's #1 Patriot's fan!"

— Holly Estrella, Nahant

Most happy to oblige!

If you have a story, poem, or photo to share with your neighbors and friends in Nahant, email it to donna@nahant.com, or mail to Editor, POBox 88, Nahant, MA 01908, or drop it off at the Harbor Review Box on the Teller's Counter in the Equitable Bank on Nahant Road.

MARK YOUR CALENDARS!
JOIN THE SEA SERPENTS ON SHORT BEACH
AT NOON JANUARY 1ST. See page 2 for story.

PARKING BAN IN EFFECT

The winter Parking Ban is in effect from December 1, 2004 until April 15, 2005.

No overnight parking is allowed.

Ticketing and towing will be strictly enforced, especially during snow emergencies when towing will be in full effect.

Helping Babies in Need on the North Shore: A Mother's Wish Inc.

On January 14th, A Mother's Wish Inc. is hosting a benefit, "Wish Party" Wine-Tasting & Silent Auction, at the Bayside, in Nahant. There will be wine and appetizers served and many wonderful items to bid on, at the event. Join us from 6:00 to 9:00 p.m., and help support a wonderful cause! Tickets are \$20.00 each. This charity event will help raise money for the organization, to provide basic care items, such as diapers, clothing and car seats, to babies in need this winter.

A Mother's Wish Inc. was inspired by several local projects, helping newborns in need, over the past few years. It was clear that there was an existing need in the community and more resources were needed for mothers and babies, who were both financially challenged and without family support. Our program was later founded, to help provide such support in the North Shore area.

Based in Swampscott, MA, A Mother's Wish Inc. was born out of the understanding of the critical balance between parental support and infant wellness. It is our belief that this support helps to ensure each newborn has his, or her, needs met, both physically and emotionally, as well.

To purchase tickets, or for more information about our program, please call Patty Toomajian, or Mindy Tsonas, at (781) 842-2215, or visit www.amotherswishinc.org

Sharing the Holiday Spirit

submitted by Mary Bures, Director, Partners Home Care

In response to My Brother's Table's recent appeal for increased donations and turkeys, to meet the growing needs in the Lynn community this holiday season, the staff of Partners Home Care North's Region's office became inspired to share the holiday spirit in a special way, with those who are in need. Over the past month, they collected \$500 to support My Brother's Table's mission, to provide meals for its guests in Lynn during the holiday season. Additionally, the Outreach Committee of the Women's Friends Society of Salem joined the effort when they heard about the community's need and donated hand-knit hats, scarves and mittens, for the guests of the kitchen as well.

"Our staff's response to My Brother's Table's need is a reflection of our commitment to serving the community, both during the holidays and all through the year. We are happy to help," said Susan Beausoliel, Regional Director of the North Region of Partners Home Care. She joined Carol Ouellett of the Women's Friends Society of Salem at My Brother's Table in Lynn on Tuesday, Dec 20, 2005 when they presented their donations.

"My Brother's Table relies entirely on donations to maintain our mission of providing meals for those in need. It is exciting for us to build these types of relationships that
(Continued on page 11.)

Here's your copy of ...
Nahant Harbor Review
Post Office Box 88
Nahant, MA 01908-0088

PRESORTED
STANDARD
U.S. POSTAGE
PAID
LYNN MA
PERMIT NO. 271

Join the New Year's Day Dippers at the Nahant Country Club

On New Year's Day, some people swim at Short Beach, some at Tudor Beach. And this year, they can all warm up together, after their swim, at the Nahant Country Club.

The club is hosting a post-swim celebration, where everyone can swap "How cold was it?" stories and warm up, with a Bloody Mary, or Irish coffee, or another libation. Everyone's invited, swimmers, non-swimmers, watchers, whatever. The cost is just \$5 for country club members and \$10 for non-members. It all starts right after the swim, which is at noon, and goes on into the afternoon. So dunk, then drink at the Nahant Country Club.

Got a story, poem, or photo to share with your neighbors? Email it to donna@nahant.com, or mail to Editor, PO Box 88, Nahant, MA 01908.

oxford street grill

Lunch | Dinner | Late-night

191 Oxford Street | Lynn, MA | www.oxfordstreetgrill.com | 781-593-3111

Nahant Associates Inc.

SERVING ALL REAL ESTATE NEEDS

Trusted, tried and true for over 23 years.

Your Nahant neighbors and Nahant friends at Nahant Associates.

PH (781) 581-3644
FAX (781) 592-0146
EMAIL nahantassociates@aol.com



Jesmond Nursing and Rehabilitation

271 Nahant Road
Nahant, MA 01908

Providing Rehabilitation Services,
Long-Term Care, Respite Care
and Hospice Care.

For information and / or admission,
call: 781-581-0420 • fax: 781-596-0878

New England Aquarium Rescue and Rehab to Lecture submitted by Tracy Hajduk, Outreach Program Assistant

Connie Merigo, from the New England Aquarium Rescue and Rehab, will give an evening lecture at the Marine Science Center at Northeastern University, on East Point, on Tuesday, January 24th, at 7:00 p.m. Light refreshments are served at 6:30 p.m.

Come hear what happens in the Rescue and Rehabilitation department of the New England Aquarium. What are the animals they commonly see? What treatment do these animals get while at the Aquarium Medical Center? What causes the strange event known as a mass stranding and why are these events more common in Massachusetts? Connie was also at the front lines recently when a leatherback sea turtle stranded in Dennis, MA. This was the first time the Aquarium had a living leatherback sea turtle in 30 years!

Connie will share her experience with this amazing encounter, as well as daily procedures, mass stranding, research and data gathered by the Rescue and Rehab program and most importantly what you should do if you see a marine mammal.

This lecture is free to the public.

Nahant Public Library Has DVDs!

The Nahant Public Library thanks the Friends of the Nahant Public Library and the Nahant Cultural Council for their help in establishing a DVD collection.

The Nahant Cultural Council generously granted the Friends of the Library \$500 for this purpose, and the Library has gathered 67 DVDs, to begin the collection. The Library will collect in all areas, including movies, documentaries and children's subjects.

"We will have to begin to phase out our video tapes, to make room for the DVDs," said Library Director Daniel deStefano, "but the good side of that, is we can fit two DVDs in the same space that will accommodate one video tape. That means that we'll be able to fit twice as many items in our collection of films."

DVDs, like all other items in the Nahant Public Library, will circulate for a period of two weeks.

Swing With Me Thanks YOU... and update

submitted by Erin DiGrande

We would like to thank all of you who have participated in this year's Christmas tree sale. With your help, we raised over \$5,000 for the Johnson School playgrounds.

Thanks go out to the following hard-workers: Chuck DiGrande, John and Tiffany Connolly, Kevin and Robyn Howard, Jim and Mary Brown, Bob Caggiano, Eric Warren, Tom Osbahr, Kevin O'Brien, John Fulghum, Doug Frauenholz, Christine Kendall, Tom and Beverly Quinn, Kellie Frary, John Curtis, Kevin Maguire, Philip Kersten, Marc Carbone, Lenny Frisoli, John Martin, Gregg Callahan, Jim Caccivio, Phil Russell, Greg Klee, Mike Szczawinski, Sherrie McDermott, Kevin Nugent, Dan Munnely, Pete Barba and David Hunt.

A special thanks goes out to the following: Mark Cullinan for providing the toasty-warm trailer; Dave Doyle for hooking up the electricity to keep the trailer toasty-warm and John Connolly and ATS Equipment for providing the light stands and keeping us fueled and tuned up.

The lottery calendars are in the process of being collected and tallied. Thanks to the Johnson School families for selling them and purchasing them. Keep your eyes on the Mass Daily Lottery, during the months of January and February, for your lucky number.

One last thanks goes out to the Nahant Knights of Columbus for their generous \$300 donation.

Every bit counts! It appears that both school playgrounds, including a basketball court, will cost close to \$45,000. We've got a ways to go . . .

Your tax-deductible donation can be made to: Swing With Me Association, C/o Erin DiGrande, 47 Willow Road, Nahant, MA 01908.

Letter To The Editor

I wish to thank the Nahant Public Library, the Nahant Cultural Council and Daniel deStefano for sponsoring the highly entertaining and inspirational two member cast of Lynne Moulton and Jape Payette in "The Trail Of Susannah Martin and Scary Stories of Salem Witch Trials."

Congratulations to the gifted performers. The capacity audience received them well.

The Nahant Public Library has once again proven itself to be THE crown jewel of the Town of Nahant.

— Gina McCoy, Nahant

Dance Dimensions Celebrates 20 Years!

submitted by Salle Slagle, Director

All of us at Dance Dimensions want to thank Nahant and the surrounding communities for allowing us to serve you for 20 wonderful years. Our goal at Dance Dimensions is to contribute to the enrichment of the community, through the exposure and education of our students, to the arts of dance, fitness and performance. We hope we have increased the understanding of these arts, over the years, as well as the recognition of their cultural value in our community.

I am planning a 20th Anniversary party for January 8th and wish to invite all my students, past, present and future. It will be held at our studio in the Nahant American Legion Hall, at 5 Coolidge Road, from 1:00 to 3:30 p.m., with a performance by our students at 2:00 p.m. All are welcome. Please come and enjoy.

Editor's Note: Congratulations to you, Salle Slagle, and to all your students, past, present and future, for enriching many of the Nahant community's special events with public performances, over the years. May you enjoy much good health and blessings in all your future performances. Thank you.

Nahant Garden Club

submitted by Carmella L. Cormier, publicity chairman

Thank you residents, visitors, club members and the five families that opened their homes, to help make our Dec. 11th House Tour a great success. It was a pleasure for us to see all of you having a nice tour, on a crisp sunny day. Proceeds from our events are for our scholarship fund and civic beautification. The lucky winner of our lovely Garden Basket was Mia Corinha, who will make good use of it.

Ken and Marie Ford, with Helen Clements, hung large Holiday wreaths supplied by the Garden Club, at our Town Public buildings.

In a different direction, we would like you to HELP OUR ENVIRONMENT. The Nahant Garden Club is starting a recycling program with old Cell Phones and empty computer ink cartridges. Please start saving your discarded ones. We will have more information on who and when they can be picked up in February.

Happy New Year!

Treasured Memories and Gratitude from the Nahant Historical Society

As you probably know, the Society is quartered here in the Nahant Community Center, the former Valley Road School, which is over 100 years old. We would appreciate receiving any memories of Nahant given by people who attended school here; as we believe strongly that these are important to collect, both now and into the future. Please send your memories in any form: handwritten, typed, taped, or on CD, or DVD, or emailed to us. Recent visitors have told us many stories of students and teachers in everyday life, both serious and amusing. Please send us what you remember! We are grateful for them all, as we strive to preserve and share Nahant's heritage with generations to come. Thank you very much!

The Society extends its heartfelt gratitude to our devoted volunteers and supportive membership to get the work done to preserve and share Nahant's precious heritage both now and for the future. Best wishes to all for a happy and healthy New Year!

Nahant Historical Society, 41 Valley Road, Nahant, MA 01908 or info@nahanthistory.org

Nahant Cub Scouts Visit Dungeon Rock



In October, while the Nahant Cub Scouts were visiting Lynn Woods, it started to snow. Here is the pack with Cubmaster Kevin Nugent, in yellow jacket, at Dungeon Rock.

More photos are included in this issue.

Pastor Roger Lier to Speak at Free Breakfast

The featured speaker at the breakfast on Friday, January 6th, will be Pastor Roger Lier, our dynamic Interim Minister at the Nahant Village Church. Pastor Lier has worked extensively with refugees; he and his wife took 200 refugees into their home, between 1980 and 1986. He also helped to resettle about 800 additional refugees throughout New England, between 1979 and 1986, as the Associate Pastor of First Congregational Church in Revere and Director of the New England Office of the World Relief Refugee Resettlement Services.

The free breakfast is served at 8:00 a.m., with the presentation beginning at 8:30. All are invited and are urged to bring one or more friends. The breakfasts are held in Swansburg Hall at the Nahant Village Church.

Please patronize our advertisers. Thank you.

Rob Scanlan, CMS/MMS/ACMS

Accredited & Certified Senior Marine Surveyor
Registered Marine Expert Witness Litigation
U.S.S.A. Master Marine Surveyor
yachts ~ ships ~ tugs ~ barges ~ schooners

781-595-6225 (office) 781-593-2711 (fax)
Serving Coastal New England, Cape Cod & the Islands
websites: www.mastermarinesurveyOR.COM and
www.yachtsandships.com

Captain Wolf Limo & Executive Car



Special Rates to Logan Airports

We are available 24 / 7
for your convenience.

Executive Car and Limousine for all occasions

\$100 OFF 6-Hrs or More Trip

- Foxwood • Concerts • Birthdays • Weddings
- JP for Weddings • Sports Events • Clowns
- Karaoke • DJs • Catering by Ryalside Caterers, 978-922-1158 • with this ad

Cell: 1-978-828-5750 • Local: 781-477-2722

JOSEPH P. MANLEY INVESTIGATIVE SERVICES

Civil & Criminal Investigations
Pre-Trial • Background Checks • Accident • Insurance
Domestic • Missing Persons • Surveillance • Protection
Corporate Security Consulting • School Safety
Crisis Management

STRICT CONFIDENTIALITY • LICENSED & BONDED
Consultations Free of Charge

42 Phillips Road, Nahant, MA 01908
Tel: 781-581-1569 / 781-581-2668
e-mail: jpminvestiserv@aol.com

MA-LPD: P-940

MA-LCSW: 204037

Chief Joseph P. Manley, Ret.

The **Anchorage**
Luxury
Apartments
Nahant • 781-581-8888

Nahant is unique, which is one of the reasons why you chose to live here. We love it, too. Let our experience work for you. Call us for a complimentary market analysis.

Current Listings:	Recently Sold:
43 Colby Way, \$415,000	29 Maple Ave, \$432,500
8 Sea View Ave, \$229,000	11 Locust Way, \$625,000
4 Nautical Lane \$2,549,000	175 Wilson Road \$537,500
	132 Wilson Road, \$585,000
Recently Sold:	2 Hillcrest Ave, \$485,000
4 Howe Road	49 Castle Road, \$552,000

**Call Marcie Gingle, 781-479-4576 or
Roberta Lerman, 781-479-4583**
COLDWELL BANKER RESIDENTIAL BROKERAGE

Christine M. Menzies Donald W. Menzies, CPF
Owner Owner



DO SOME WINTER FRAMING

HOURS: Wed, Thur, Fri: 3:30 - 7:30 p.m.
Sat: 10:00 a.m. to 5:30 p.m. Sunday: noon to 4:00 p.m.
402 Humphrey Street, Swampscott, MA 01907
781-592-1033

Please patronize our advertisers. Thank you.

Nahant Residents

CAR SERVICE

24-Hour Taxi Service
From Nahant and surrounding areas,
to Logan and back



24-hours, 7 days/week
Taxi Service
to Logan Airport
Only \$41
with 24-hour notice.

Flat rate to downtown Boston.
Call for information.

781-284-5300

Supermarket • Hospital / Clinics • Mall
Airport Services • Scheduled Pick-Ups

A Wondrous Journey to Manhattan

By Ray Barron

It was rumored Nahant's Barbara D'Amico, Sheila Hambleton and Annie Rooney were summoned to Manhattan to audition as members of the Rockettes. So off they went to Manhattan via the LimoLiner, wearing their dancing shoes! Well, not really. Read on!

Thanks to three brilliant and attractive women, Barbara D'Amico, Sheila Hambleton and Annie Rooney, we learned more about the highly-praised LimoLiner, the prestigious way to commute to and from Boston and New York City. So what follows is some arresting information about the LimoLiner, and more!

Barbara D'Amico, a senior executive of Russo Imports, Inc., in Boston, commuted to New York by plane, train, and buses and finally she discovered a hassle-free way to get there. What D'Amico joyously discovered, was the LimoLiner, a luxury, 28 seat cruiser, featuring roomy, comfortable leather seats and more!

In Barbara D'Amico's own words: "It is definitely the way to go, when traveling to and from New York City! The LimoLiner is so comfortable and the host on board is so accommodating. Highly recommended to everyone, business or pleasure."

Annie Rooney, says, "The LimoLiner treats its prized passengers with a variety of conveniences and services, such as high-speed, free, unlimited Internet access, video screens, complimentary newspapers and magazines, clear cell phone reception, a powder room, overhead storage and much more."

As you comfortably make your way to New York, or return to Boston, headphones are available, so that you can watch a movie, or live TV. Of course, you can read, or simply doze off. The LimoLiner steward will provide you, at no charge, with a pillow and blanket.

The fabulous LimoLiner was founded in Massachusetts in 2003 by Fergus McCann, a highly-successful businessman, who made his first fortune in the international travel industry. McCann realized there was a need to provide a first-class traveling experience for business and leisure passengers, in a well-appointed 28-passenger vehicle. And so he gave birth to the LimoLiner! What a blessing for travelers!

The LimoLiner departs from Boston's Hilton Back Bay, across from the Prudential Center. LimoLiner boards in front of the Boodles Restaurant entrance. Passengers can wait in the hotel lobby, until the attendant calls you to board. There is also a quick pick-up at the Sheraton Tara Hotel, in Framingham.

The LimoLiner departs from New York to Boston, from the Hilton New York, located on the Avenue of the Americas, at 53rd Street. Passengers board the LimoLiner at the Etrusca Restaurant. Boarding commences 10 minutes before departure in Boston and New York.

Sheila Hambleton, says, "If it will take you about four hours to go from Boston to New

York City. Why burden yourself with lines and security at the airport, train station, or bus terminal? Simply enjoy your ride on the LimoLiner. Take it from someone who has tried the trip every which way and at every hour of the day. You can sit back and relax, strike up a conversation, or plug away on your laptop. I had the opportunity to enjoy a pleasant round-trip ride in eight hours with plenty of time to shop, meet friends for a wonderful lunch, cheer a friend running the NYC marathon, and visit the "Top of the Rock." I used my time wisely and caught a catnap on the journey home. What better way to get to and from New York City. The LimoLiner service is my travel recom-

mendation to and from NYC because of costs and hassle free travel time. Try it the next time you plan a trip to "The Big Apple - NYC."

For information and reservations, simply call 1-888-546-5469. You can also download more interesting LimoLiner data, by visiting their website at www.LimoLiner.com.

I asked the potential Rockettes, Barbara D'Amico, Sheila Hambleton and Annie Rooney to sum up their experience of journeying to New York and back via the LimoLiner. In unison, they joyously exclaimed, "It's the way to go!" And then danced off! For the record, I wish to thank Sheila Hambleton, Barbara D'Amico and Annie Rooney (top photo above) for allowing me to journey with them to Manhattan. Photo above left: Actress Laura D'Amico, a Nahant native, welcomes her mother, Barbara, Sheila and Annie Rooney to Manhattan. Wheeling Laura, Ray Barron.



Oxford Street Grill Offers Truffle Tasting Menu
submitted by Sandra Goldfarb

Earthy, aromatic and intensely-flavored truffles are playing a starring role at the Oxford Street Grill through December. Chef David Fitzgerald's three-course Truffle-Tasting Menu, which changes each week, might include: truffle-crisped Gyoza skins with truffle mashed potatoes and spinach; grilled petit lamb sausages with warm wild mushroom potato salad and shaved Burgundy truffles; or cast-iron seared pheasant breast en croute served with celeriac-truffle puree.

The Oxford Street Grill has just recently expanded and enhanced its Truffle-Tasting Menu, due to customer demand. Chef David Fitzgerald's special tasting menu will now vary. Here is an example of the Chef's Truffle Tasting Dinner. The First Course, wild mushroom chowder with caramelized Vermont leeks and white truffle essence. Trimbach Pinot Blanc. The Second Course, organic arugula salad with grilled Porcini and blue foot mushrooms and shaved Appenzeller cheese. Zusslin Reisling "Bollenberg." The Third Course, miniature potato knish with bubbly hot Topsfield "New Meadows" brie-style cheese. Alex Gambal Pinot Noir. The Fourth Course turkey, stuffed with Burgundy truffles and all-natural chicken mousse, wrapped in house bacon, with truffle mashed potatoes. Pierre Frick Grand Cru Riesling "Steinert." The Fifth Course, fall nut tartlet served with warm whipped cream. KWV Tawny Port.

Complimentary dessert completes the meal. The price of the Truffle Tasting Menu ranges from \$60 to \$90, with an additional \$25 to \$40, when paired with a selection of fine wines.. For information and reservations call Oxford Street Grill at 781/593.3111, or log on to www.oxfordstrgrill.com.

About Oxford Street Grill: Located at 191 Oxford Street in Lynn, Oxford Street Grill offers contemporary American fare with a Central and Eastern European twist in a warm, welcoming, and stylish urban environment. The menu features organic, seasonal produce, all natural meats, poultry and seafood, hand-crafted cheeses, desserts made on the premises, and an extensive list of fine wines, beers, and spirits.

Mondays at Red Rock's Bar Feel Just Right
It's \$1-day at the bar every Monday!
Oysters on the half shell (lots of varieties) \$1
Sliders \$1
2 Large Shrimp on the Barbie \$1
Corndogs \$1
from open 'till close
come on down and join in the fun
RED ROCK BISTRO & BAR
141 Humphrey Street, Swampscott, MA
Reservations/Information: 781-595-1414
www.RedRockBistro.com

Thai Thani Restaurant
in Swampscott-by-the-Sea
Authentic Thai Cuisine
Lunch • Dinner • Take-Out • Full Liquor License
Try Goldie's Delicious Mai Thai cocktails

Functions Available	Hours: Tues-Fri
We can cater your next party.	Lunch: 11:30 - 3 p.m.
Gift Certificates Available	Dinner: 3 - 10 p.m.
Closed Mondays.	Saturday: 4 - 10 p.m.
	Sunday: 4 - 9 p.m.

408 Humphrey Street, Swampscott, MA 01907
781-596-1820

Help keep the free press alive in Nahant by patronizing our advertisers and becoming a Voluntary Subscriber. See page 18 for more info. Thank you!

More Nahant Cub Scouts



The late October trip to the Lynn Woods was a great success. Everyone had a great time, even though it snowed. Above is the pack with Cubmaster Kevin Nugent, in yellow jacket and Ranger Dan, leading the group, in the background. At left, is Arthur Kautz, aka the intrepid spelunker.



"I'd Like To Rent You A Nahant Safe Deposit Box"

I'm Lori Appolloni, Assistant Manager of Equitable Bank's Nahant Office. I'd like you to know that we have a variety of small, medium and large size safe deposit boxes available for rent, starting as low as \$35 a year.

For further information, or to reserve your personal Safe Deposit Box, please call me at 781-595-1990.



28 Nahant Road, Nahant
www.equitablebank.com

For Your Betterment

Singing Lessons
Donald Wilkinson, baritone
Classical, Opera, & Musical Theater
Teens to Adults welcome
781-593-4936 www.donaldwilkinson.com



The School of Refrigerator Door Art Art Instruction for Children & Adults



- Private and Group Lessons
- Birthday Parties
- Exhibits and Gallery Space

Nahant Community Center
41 Valley Road, Nahant, MA 01908

Carol Hanson • 781-599-2222 • refrigdoorart@aol.com
www.theschoolofrefrigeratordoorart.com

ICE SKATING CLASSES

CHILDREN (4-1/2 & up) & ADULTS

Bay State Skating School

LYNN CONNERY RINK

SUNDAYS 1:40 p.m.

Beginning January 8th

Call **781-890-8480**

www.baystateskatingschool.org



Pathways Yoga Classes

@ Nahant Community Center

Mondays 10:30 a.m. to 12:00 noon

Thursdays 6:30 p.m. to 8:00 p.m.

PathwaysYogaNahant@comcast.net

781.842.3862



Got a story, poem, or photo to share with your neighbors? Email it to donna@nahant.com, or mail to Editor, PO Box 88, Nahant, MA 01908. As space allows, it will be published. If you want photos back, please send a SASE with your submission.

Beachcombers Salon

Under New Ownership!

We offer full Hair & Nail Care Services.

Featuring Nails by Robin

Owned & Operated by
BETH RIGOL

147 Nahant Rd
781-581-1137

Nahant Schools

by Denise Littlefield, Superintendent/Principal

HAPPY NEW YEAR! It was very easy to get into the holiday spirit in Nahant, as the ground was covered in white after the snowstorm of December 9, 2005. But actually, when you work in a school, all you have to do is see the faces of excitement and the energy of anticipation in the students, to know that Christmas was around the corner. I hope you and your family enjoyed the past few weeks.

Once again, the Student Council, under the guidance of Mrs. Peg Silva, sponsored the Toys-For-Children drive. Our students donated over 100 toys. As always, I am very proud of the efforts in community service, that are put forth by the Johnson School.

And for those of you who may have attended the Johnson School in years gone by, Mrs. Hennessey, once again, sponsored her "cake contest." Students practice their measurements, which result in cake-baking and decorating. This year's first-place winner was Thomas Beaulieu. He was followed by Rita Tsokanis and Allie Chasse. The award for best-decorated cake went to Abigail Caggiano and Merry Ball tied with Jimmy Lowe.

Now we are back to the serious business of education and the building renovation project. As spring approaches, schools know that the Department of Education statewide testing program, MCAS, is also approaching. While most people are familiar with MCAS, the extensiveness of this program may be less well-known. Each year the program has expanded and more students, at more grade levels, with additional subject test, are involved. This spring, Nahant students in grades 4,5,6,7,8, and 10 will participate in the English Language and Literature Test, as well as the Math Test. Additionally, grade 3 will participate in a reading assessment, grades 5,7,9,10 will participate in a science/technology assessment and grades 5, 7 and 10 will participate in history/social science. Nahant students' have performed well in the past and we anticipate holding on to that same level of success.

The bids from contractors, interested in working on the Johnson School renovation project, were due on Dec. 28th, 2005. By this time, the Town would have opened and awarded the bid. To say the excitement is contagious, is an understatement. The "idea" of a renovated building has been with us for the past few years and now it will be a reality. So stay tuned...construction will begin very soon. If all goes according to schedule, the new wing will be completed by the summer and the classrooms due for renovation will be worked on, as soon as the students are dismissed for summer vacation.

We need the weather to cooperate but asking for NO SNOW in New England in January and February is not feasible. At the very least, we are keeping our fingers crossed, hoping we will not have to cancel school for inclement weather this year. The earlier the school year ends for the Johnson School, the more time for summer renovation work. I am certain that, very shortly, you will see the physical evidence of the Johnson School renovation project. And by the next New Year, the New Johnson School will be fully operational!

Learn to Skate at Connery Ice Rink

New Winter Learn-To-Skate classes for adults and children, ages 4½ and up, start January 8th, at the Lynn Connery Ice Rink on Sheppard Street, right off the Lynnway.

Classes are held on Sundays at 1:40 p.m. Skate with hockey or figure skates. Beginner, intermediate and advanced classes are taught. For information and to register, call Bay State Skating School at 781-890-8480, or visit us online at www.baystateskatingschool.org.

Thanks for a Fantastic Christmas Parade!

Many thanks to Stacey Kasper for this photo of a float of an old toy train. The Annual Santa Parade, held on December 17th, was an overwhelming success!

Congratulations to organizers, Roz Puelo and Lieutenant Tom Hutton and all their friends and contributors! Can't wait till next year!



Pathways Yoga Systems Ltd Teacher Certification submitted by Patricia McCallum

Pathways Yoga Systems Ltd. is pleased to announce that, on December 10th, at a ceremony held at Katstretch Yoga Studio in Hampton Falls, NH, achievement certificates were presented to 12 yoga teachers.

One of five Level I / 100 hour certificates, which require a minimum of one year of study to complete, was presented to new teacher Patricia McCallum of Nahant.

Six Level II / 200 hour certificates, which require a minimum of two years of study to complete, were also presented.

A Level III / 500 hour advanced certificate, which requires several years of study to complete, was presented to Joe Augustini of North Hampton, NH

Pictured above are Pathways Yoga Teachers in attendance at the awards ceremony. Left to right: First row: Linda Preston L2, Angela Wasson faculty, Kate Kretschmer L1, Virginia Cramer L1, Maggie Morgan L2. Second row: Kathleen Ullrich L2, Susan Krantz faculty. Third row: Patricia McCallum L1, Nahant, MA, Michele Clock-feeney L1, Phillis Stewart L1, Beverly Cressu L1, Pat Bruno founder/director. Fourth row: Joe Augustini L3 faculty, Helene O'Brien L1, Mary VanAbs L3, Jasma Edwards L2, Sharon Watson L2, Gail Borden L2, Lessard L2. Not pictured: Esther Agnew L2.



Pathways Yoga Systems Ltd is a Yoga Alliance nationally registered Yoga school with a 500 hour certification award. Those wishing to find out more about Pathways Yoga, its teachers or the Teacher Training Course can access its web-site at www.PathwaysYoga.com or call 603-475-7770.

Review of "Planning the Catholic Funeral," by Terence P. Curley, D. Min. by Daniel A. deStefano

The stated purpose of this little book of forty-four pages is to help "those who are planning a funeral on short notice and for those who want to plan a funeral far in advance of death." The workbook format of this booklet makes this task an easy one.

Father Terence P. Curley is truly qualified to accomplish his goal of helping Catholics to plan a funeral that will convey a sense of hope and comfort. The author of six books, a video tape, and an audio cassette, which all deal with bereavement and the human response to the death of loved ones, Father Curley is a licensed mental health counsellor, who has spent more than twenty years ministering to the grieving.

A member of the Prayer Committee of the National Catholic Ministry to the Bereaved, and an adjunct member of the staff of the Archdiocese of Boston's Family Life Office, Father Curley also serves a pastor of Saint Thomas Aquinas Church in Nahant, Massachusetts.

In its essence, Planning the Catholic Funeral is a fill-in-the-blanks to-do list, an approach that serves to gather all of the confusing details that surround the funeral service into an easily-comprehensible plan, during a time fraught with difficult emotions.

This booklet lists questions to be answered by those responsible for planning the funeral service; one by one, these planners answer the questions. By the end of the list, those responsible have made all of the decisions necessary, to hold a service that offers solace and runs smoothly.

Comprehensively detailed, the booklet covers all aspects of the service: from the expected topics of prayers, music, and readings, to matters often left to the last minute: pallbearers, placement of Christian symbols, and even details of the luncheon. The booklet even features a nine-page appendix that may be used as a fill-in summary, that may be torn out, to be consulted conveniently.

This booklet is appropriate, not only for families who are grieving, but also for anyone involved in bereavement ministry, funeral directors, and even someone planning his own funeral. This small book should fill a great need.

Please keep the free press alive in Nahant and the Nahant Harbor Review coming to your door in 2006. Become a Voluntary Subscriber. Thanks.

Q & A by North Shore Physical Therapy

North Shore Physical Therapy (NSPT) is pleased to offer a monthly Question and Answer (Q & A) column about musculoskeletal problems. We propose that you submit physical therapy questions to us in writing and send them to NSPT, 1 Widger Road, Marblehead, MA 01945, c/o Nancy DeMuth. We will make every effort to address any questions within our area of expertise. Questions might include types of exercises for a specific condition, or disease, how to better manage pain, or an explanation of your orthopedic diagnosis and available non-surgical options. All you need to do is ask us!

Below is a Q & A on a question we commonly hear from those with arthritis.

Q. I have recently been diagnosed with arthritis in my left knee and I have heard that glucosamine is something I should start taking. What is it, how much should I take and is it safe?

A. According to the Arthritis Foundation, glucosamine and chondroitin sulfate are substances which naturally occur in the body. They are presently being sold as dietary supplements. Glucosamine is an amino sugar, believed to aid in the formation and repair of cartilage. Chondroitin sulfate is a protein substance, thought to promote cartilage elasticity. Because osteoarthritis is a condition in which cartilage is damaged, supporting cartilage health, through these supplements, may aid in pain relief for those with mild or moderate osteoarthritis. Although research to date suggests positive effects on pain, there is still much controversy about the effects of these supplements, as well as the suggested dosages.

If you are considering taking either of them, first consult your physician, regarding whether it is safe for you to take them. For example, it is questionable whether these products are safe for people who are diabetic, who take blood thinners, or who are allergic to shellfish. Regarding dosages, the amount used in most studies on glucosamine, was 1500 mg/day, and for chondroitin sulfate 1200 mg/day. At this dosage, the supplements may cost between \$1 and \$3 per day, depending on brand. Glucosamine and chondroitin sulfate may take longer to promote pain relief than nonsteroidal anti-inflammatory medications, such as ibuprofen, so it is often recommended to take them along with your normal medications for at least 6-8 weeks.

National Institutes of Health will be releasing results of an in-depth clinical trial on these products in 2005. We look forward to knowing more about these potentially beneficial supplements.

If you are thinking about taking glucosamine or chondroitin sulfate to aid in cartilage health and pain related to arthritis, FIRST TALK TO YOUR DOCTOR! You may also want to check the Arthritis Foundation website for more information. www.arthritis.org

Paintings of people and places in Nahant



by
Carolyn
Jundzilo Comer

For Info:
781-581-9689
jundzilo@mit.edu

<http://www.argosygallery.com/> • <http://web.mit.edu/jundzilo/www>

**NAHANT HARBOR REVIEW
IS ON THE WEB!**

Now you can read the Nahant Harbor Review online. Check it out today at www.nahant.com



MARY KAY

Suzanne Hamill
Independent Beauty Consultant

86 Little Nahant Rd
Nahant, MA 01908-1027
(781) 592-1263

shamill@marykay.com
www.marykay.com/shamill

CENTER OF THOUGHT

Professional Hypnotherapy • Nahant, MA



Schedule your New Year's resolution now.

www.CenterOfThought.com
Juliette@CenterOfThought.com

Juliette Lackey, CH
Certified Hypnotherapist
Certified, Complementary
Medical Hypnotism

Call for a Free Consultation:
781-593-4222

• Stop Smoking • Lose Weight • and much more •

Another New Year!

by Sallee Slagle, Director, Dance Dimensions

Another New Year, more resolutions to make and break. Why bother? If you're like most of us, you have made many New Year's resolutions, that you were not successful at keeping. This makes the whole process discouraging. Well, look at it this way, did you become successful at anything overnight? How do you achieve success with anything? If it is something you want to achieve strongly enough and is meaningful enough to you, you would probably devote a certain amount of time and energy each day. If you feel it would be a positive change in your life, it is always worth trying again, even if you are frustrated with the possibility of not keeping your resolution.

First, there are different types of resolutions we make. Some are short-term, to be accomplished within the upcoming year, like to save enough money to take the kids to Disneyworld this fall, or to plan and complete the new addition to the house by next December. Other resolutions are lifestyle changes, or personal changes. These are often less specific, like, be nicer to people, eat healthier, lose weight, exercise more, criticize less, be romantic, or whatever changes you feel are desirable. These types of resolutions are most likely to be broken and you may consider you've failed, since they are too broad and not specific. So make sure you make a specific goal for the year and make sure that it is attainable. "Exercise more" becomes "Exercise everyday" which may not be realistic, so define it more clearly. If you exercise 1x per week try 2x. That seems easy enough, but don't be tempted to go to what is too challenging, like 4x a week and set yourself up for failure. Once you have achieved your goal of "Exercise more, 2x a week" you can add on and try for 3x a week, if that is your goal. Be realistic, and gain your ultimate goal gradually. Like any investment it grows over time.

I saw that new statistics show that 60% of us are inactive. We need to get moving! Some exercise everyday is truly good lifestyle and will help us live longer, stay healthy, young, fit and even happier. Yes, the mental and emotional benefits of exercise are well documented. Some studies show that using exercise in place of antidepressant drugs has better long term benefits for patients without all the side effects. Some exercise everyday is ideal and is best achieved by taking specific steps to put this into your life; A walk every morning, go to the gym with Sue on Saturdays, join a toning class, swim at the Y on Tuesdays, Tai Chi or Yoga for gentler fitness at any level. On a tightly scheduled day, try a 10 minute fitness break 3x throughout the day. All are like a good investment. You will reap the returns.

We all want a well balanced life. A balance between work and play, home and away. It is important for our well being to include all parts of a whole person; body, mind and spirit. Be sure to include some time for each in your lifestyle and try to work to balance what may already be dominant in your life. If you have a mentally-challenging day, a physical workout can be very refreshing and help calm the mental stresses and pressures. If your work is physically demanding, try some mental challenges, like reading about some interesting science, or history. Try a puzzle, any kind, jigsaw, word etc. Engage in a stimulating conversation with a friend or colleague. Read more. Join a book club. There are many ways to involve your mind. Keep it challenged, too. There is growing evidence that such activities will keep us sharper and more mentally alert, as we grow older.

Above all, as we get through our day juggling and trying to balance the physical and mental, let us not neglect the spirit. What is the spiritual part of your life? A spiritual time includes time to connect with yourself, to reflect on your beliefs, ideas and feelings. It should renew your sense of wholeness. This can be done in many ways. If you are religious, it may be an involvement within your church, or religious community. Simple, quiet time alone can bring about a renewed sense of self. Artistic projects can be very personally-rewarding and fulfilling. Volunteer time, time to share some of yourself with others. Do something different, or renew what you already do, by connecting with it more personally. Often, what we do daily or weekly becomes routine, or habit, and we do it almost mindlessly. Be more mindful in all you do. Connect with your life in new ways. Enjoy it. Fill it with balance. The greatest gift we all can give ourselves, our friends and family, is the gift of our own good health and well-being.

A happy, healthy New Year to you all.

DANCE DIMENSIONS
NAHANT & SWAMPSCOTT

REGISTRATION
Jan. 2nd • 4-6 p.m.

Children 2-teens
Creative, Ballet, Modern, Jazz, HipHop, Tap, Stretch & Tone, Gymnastics, Irish Step

ADULTS
Ballet, Modern Jazz, Tap, Stretch & Tone, Ask about Pilates

sallee@dancedimensions.org **(781) 599-1476**

• Wedding Prep • Private Lessons • Personal Training •

**Now Offering
PERSONAL TRAINING!**

**North Shore Physical
Therapy Associates, Inc.**

*Quality physical therapy with highly-trained
senior clinicians.*

Swampscott

Humphrey Plaza
642 Humphrey Street
(781) 592-2773

Marblehead

Marblehead Medical Bldg
1 Widger Road
(781) 631-8250

**North Shore
Physical Therapy**

Swampscott • 781-592-2773
Marblehead • 781-631-8250

Back & Neck Pain
Sport Injuries
Dance, Musician, Yoga Injuries
Overuse Problems
Dizziness or Balance
Post-Operative Rehabilitation
Auto and Industrial Accidents

Serving the Marblehead & Swampscott communities for over 23 years.
Owned and operated by David J. Roberts, MSPT

**Nahant Christmas
Parade 2006**

Santa's Float

Photo by Stacey Kasper



Traditional Chinese Medicine Meets Western Medicine in the Area of Infertility

by Tess McGinn Bois, Lic.Ac. and Coreen Walsh, Lic.Ac.

Acupuncturists practicing traditional Chinese medicine (TCM) in the 21st century are fortunate, because we can draw from our own understanding of infertility, while employing the diagnostic and treatment tools of Western technology.

Treatment according to TCM principles is generally aimed at increasing blood flow to the reproductive organs; enhancing endocrine function; improving the quality of eggs and sperm; regulating menstrual flow; thickening the lining of the uterus; releasing endorphins and serotonin for relaxation and stabilizing the womb, once pregnancy is achieved. Acupuncturists consider all the issues of infertility (conception, miscarriage, history of ectopic pregnancy, male infertility, emotional set backs, interpersonal relationships and gynecological diseases). We also take into consideration whether a patient is considering, or already using, Western drug interventions, or other types of assisted reproduction techniques, like *in vitro* fertilization (IVF), intra uterine intervention (IUI), donor egg, donor sperm and/or assisted hatching to achieve pregnancy.

In TCM, infertility is the domain of the kidney energetic system. Kidney is responsible for our innate constitutions (what we inherit genetically, how we develop *in utero*, the vitality of our bones, teeth and hair color and our ability to reproduce). In women, the primary way in which we assess its functioning, is to consider the quality of blood during menstruation, the duration of menstruation, the presence, or absence, of pain and when it occurs, and the number of days in the entire cycle. All of these figure largely in our system of diagnosis and treatment. Ovulation kits (used to determine when ovulation has taken place) and basal body temperature (BBT) charts can provide a great deal of information useful to an acupuncturist. Menstrual history, pregnancy history, fertility treatment history, general medical history, how a person nourishes him/herself, and diagnostic tests (blood tests, ultrasound, laparoscopy etc.) are all as useful to acupuncturists as they are to your gynecologist, or fertility specialist. We also examine a person's pulse, tongue and skin, to help determine what course of action to recommend.

It is important to note—particularly for patients with a personal, or family, history of miscarriages, that the success does not end with conception. We most often recommend that such patients refrain from trying to get pregnant for at least 3-6 months, while under the care of a TCM practitioner, in order to improve the health of the individual for maintaining a pregnancy.

Male infertility can be a concern to some couples. In most cases, TCM treatment for male infertility is relatively straightforward, as the disease patterns are rarely as complex as those of women. The overall health of the man is important, in that the quality of sperm will not only determine if a woman's egg will get fertilized, but will also play a role in determining the quality of a child's health throughout its life.

Many people in the United States have consulted acupuncturists for infertility, because it may be recommended by their physician, or they may have a friend, who was successfully treated; or they may have run out of options and are willing to "try anything." Whatever the case may be, you may want to do a little reading on the topic of Chinese medicine and fertility. Jane Lyttleton's "Treatment of Infertility with Chinese Medicine" is an excellent text, though it is geared towards acupuncturists, so it may be more complex than needed. "The Infertility Cure: The Ancient Chinese Wellness Program for Getting Pregnant and Having Healthy Babies" by Randine Lewis, has proved to be informative for some.

Great News from Marblehead

submitted by Linda Pivacek

Thought you would like to hear some good news! I'm delighted to let you know that on December 7, 2005, the Town of Marblehead, Board of Health, continued in its ground-breaking work to protect our community from unnecessary pesticide exposure, when they voted to make the 2001 Organic Pest Management policy into an actual health regulation. This move to regulate the prohibition of pesticides on all Marblehead town land, including athletic playing fields, strengthens and safeguards the Board's commitment to organic turf and landscape management into the future.

We commend their work and their commitment to pesticides as a public health issue. We also commend the work of our Recreation, Parks and Forestry Department, the ones responsible for implementing the regulation. It is great news we hope others can use to further their work to reduce and eliminate pesticide exposure in their communities as well.

— Pat Beckett, Co-Chair, MPAC and the Living Lawn Project
— www.livinglawn.org — info@livinglawn.org

Lisa Scourtas to Join Cynthia Pierce Associates

Cynthia Pierce Associates is pleased to announce the addition of Lisa Scourtas to our staff. After twenty years experience as a successful business woman in a service-oriented industry, she has decided to pursue her passion in the real estate field. A well-known and respected Nahant resident for twenty-two years, she brings to our firm her personal experience, people and technical skills that will serve her well, as a real estate professional. Her objective is to exceed her clients' expectations in a professional, honorable, timely, ethical and informed way.

Cynthia Pierce Associates is an established real estate firm that has serviced Nahant buyers and sellers for twenty-eight years with a spotless reputation for integrity and professionalism.

Please help keep the free press alive and coming to your door in Nahant. Send a "voluntary" subscription of \$15 to NHR, PO Box 88, Nahant, MA 01908, to help cover the mailing costs for twelve issues in 2006. Thank you.

Nahant Acupuncture

41 Valley Road • 2nd Floor • Nahant, MA

OPEN HOUSE

Tues., Jan. 3, 7 p.m. & Tues., Feb. 7, 7 p.m.

Gift Certificates Available

781-599-2711

Cory Walsh, Licensed Acupuncturist
Teresa McGinn Bois, Licensed Acupuncturist

STEP INTO A
BETTER BODY

OUR HANDS AREN'T THE
ONLY THING THAT CAN
MAKE YOU BETTER
CALL US AT 781-581-7300

NEGATIVE
HEEL INITIATES
GENTLY
ROLLING
MOTION



PIVOT SOLE
PROMOTES
UPRIGHT POSTURE

SOFT HEEL SENSOR ACTIVATES MUSCLES,
RELIEVING STRESS TO JOINTS AND
INCREASING CIRCULATION

NEW LOCATION:
70 New Ocean St., Swampscott

TAKE A TEST DRIVE
MBT



Vinnin Square
505 Paradise Road
Swampscott, MA
781-586-0550
www.PeakPerformancePT.com

Early morning and evening hours available

Helping you
to get back to
your best

Jimmy Kantor, PT, OCS, ATC
Owner/Director, Board Certified Specialist
in Orthopedic PT, & Athletic Trainer

Robert Kaulbach, PT
Physical Therapist

Jonathan Raymond, PT
Physical Therapist

Kathleen "K.C." Butt, PT, ATC
Physical Therapist & Athletic Trainer

Official provider of athletic training services to Swampscott High School Big Blue

HOME IMPROVEMENT SERVICES



WILSON BROS. CONSTRUCTION
can improve your present home or
build your dream house with
quality work at a fair price.

Your Fine Home Deserves the Best!

581-1359

Fully Licensed and Insured • Mass. H.I.C. #104593

RICK CAPOZZI Master License #10302

free estimates
emergency service

Residential and Commercial
Plumbing, Heating & Gas-Fitting



PO Box 141 • Nahant, MA 01908 • 781-599-0460



HEARTHSIDE
Carpentry & Remodeling

Kitchen & Bath
Detail Work & General Construction

(781) 593-3116

Insured
License #047224

Lloyd Green
Registration #110261



Harold "Bumper" Gooding

P.O. Box 1389 • Saugus, MA 01906
781-233-3700 • Cell: 978-979-3049

Owned and Operated by Mayer Tree Service

Kitchen and Bath Remodeling
Replacement Windows, Doors, Gutters.
Complete home repairs and refinishing.

GALAXY CONTRACTING, INC.

Custom Painting • Wallpapering • Decorating
• Tile • Carpet • Floor Refinishing
NAHANT FREE ESTIMATES
781-595-0511
• HIC#117591 • CSL#086453 • Fully Insured

Protect yourself and your home.
Hire a registered and insured Home Improvement Contractor.



**Edward
Poulin**

POULIN ELECTRIC CO. INC.

Stand-by Generator Installation • Electrical Construction
Residential • Industrial • Commercial • Marine
Voice — Cable TV — Computer

Master Electricians
License # A11221

Irving Way, Nahant, MA
Tel/Fax 781-581-1186

ROOFS • SIDING FULLY LICENSED
KITCHENS • BATHS AND INSURED



M.S. CONSTRUCTION

Quality Building & Remodeling
Residential & Commercial

MARIO SPINUCCI 12 Sunset Road
(781) 581-6266 Off. Nahant, MA 01908

**HAPPY
NEW YEAR!**

Robert Berry
21 Elm Place
Swampscott, MA 01907
781-477-0601

**Berry
TREE
SERVICE**

Removal • Pruning • Cabling
Planting • Fertilizing
Stump Grinding
Firewood
Land Clearing

Fully Insured Tree Care Specialist



ARCHITECTURE • INTERIOR DESIGN
86 Pleasant Street, Marblehead, MA 01945
Michael McCloskey • 781-631-3233
michael@michaelmccloskey.com
RESIDENTIAL DESIGN AND CONSTRUCTION
Visit us on the web: www.michaelmccloskey.com

HANDYMAN
"No Job Too Small"

Steve Lerman



Nahant, MA
781-592-3223

At the Helm on Donated Boats, Yachts and Ships
by Rob Scanlan, CMS/MMS/ACMS

In response to some questions on a charter/purchase program, from a 501c-3 foundation for donated yachts and boats:

Because the boat was donated to a non-profit foundation, the nonprofit needs to hold the title in its name, for two years. If the nonprofit were to sell the boat within the first two years, then the sale has to be reported and the donor can only deduct the amount the foundation sells the boat for (usually less than the appraised value). It is very important that the party donating the boat or yacht, receives a written statement from the foundation, that the foundation will keep the vessel for two years.

However, if the nonprofit foundation sells the boat after the two year period, the sale doesn't have to be reported and the donor can deduct the appraised value (usually more than the fair market value). So, a 501c-3 nonprofit foundation can charter the boat to you, for that two year period. Then, at the end of the two years, you have the option to buy the boat.

The charter/purchase agreement between that 501c-3 foundation and the charter/buyer guarantees you the option to purchase the boat, at the end of the two year period.

The party donating the yacht or boat, has the security of the foundation, stating in writing to them, that it will keep the boat, or yacht, for the full two years.

Let's say you bid \$20,000 and win at \$20,000. By the wording of your charter, you must pay 75% of the selling price (\$15,000) and the 501c-3 foundation holds the title for 2 years. For those 2 years, the boat is officially, 'Chartered' to you.

During which time you can operate, repair, or restore the boat, at your own expense. At the end of 2 years, you can pay the remaining \$5,000 and the boat will be yours.

In 2005, I have appraised 309 yachts and boats, including two ships, donated to various foundations throughout New England.

Rob Scanlan is an Accredited & Certified Marine Surveyor, serving Coastal New England, Cape Cod & the Islands. Visit www.yachtsandships.com and www.mastermarinesurveyor.com.

Sharing the Holiday Spirit...

support our efforts," said Ilia Stacy, Executive Director of My Brother's Table. "It shows that people know there are others out there in need."

Partners Home Care is dedicated to providing high-quality, cost-effective home health care services in over 140 towns of eastern, MA, including Lynn, MA. The agency is committed to serving adults and children, including those who might not otherwise receive that care. As a member of Partners HealthCare System, Partners Home Care is affiliated with Union Hospital and the North Shore Medical Center. For more information, go to www.partnershomecare.org.

In the heart of Lynn, Massachusetts, My Brother's Table is a model of philanthropy in action. Founded in 1982, 2500 volunteers a year assist a small staff, in serving a hot, nutritious meal, 365 days a year. An average of 200 hungry, homeless, or lonely people are our dinner guests each day. For more information, go to www.mybrotherstable.org.

Established in 1897 in Salem, MA, The Women's Friends Society is dedicated to supporting women and families in the community. The organization was a pioneer in making visits to the sick in the community, a charitable effort that later became the Salem Visiting Nurse Association, that is today a founding member of Partners Home Care.



In the photo at left are (l to r): Carol Ouellett of the Women's Friends Society of Salem, Ilia Stacy, Executive Director of My Brother's Table, Susan Beausoliel, Regional Director of the North Region of Partners Home Care, Joanne Bryanos of Nahant, MA, Manager of Home Health Aides, Partners Home Care and (back) Alan Towne, Account Manager, Partners Home Care.

Please keep the free press alive in Nahant and the Nahant Harbor Review coming to your door in 2006. Become a Voluntary Subscriber. Thanks.

Please patronize our advertisers.
Thank you!

ENZO'S
NAHANT GARAGE
NAHANT FAMILY OWNED AND OPERATED



**Automotive Repair
Foreign & Domestic**

LICENSED USED CARS AVAILABLE
21 Spring Road • 781-581-0011

FLOOD & FIRE
FOX
**RESTORATION
CARPET CLEANING**

781-592-0552
781-631-9669
800-369-4121

FLOODED?
CALL FOX 24 / 7
1-800-369-4121



*We dry & restore carpets, walls, ceilings, floors & contents. Mold / Fungus Removal / Odor Elimination
Fire / Smoke / Soot / Puffbacks
Carpet & Upholstery Cleaning
The Best Furniture Cleaner since 1977
Oriental, Braided & Area rugs
Serving the cleaning needs of the North Shore for 25 years.*

Dick Fox ASCR Certified Restorer • IICRC Master Cleaning Technician
Impressive List of Satisfied Clientele

Honda. Built To Last.



HS724WA

- Honda 6.5hp OHV Engine
- Self-Propelled Wheel Drive
- Infinitely Variable Speed Control / Hydrostatic Drive Train
- 24" Clearing Width, 20" Clearing Height
- Ice Removal Tool Included

BUILT TO LAST



EU2000i

- 2000 Watts (16.3 A) of Honda Inverter 120V AC Power
- Super Quiet - 53 to 59 dB(A)
- Lightweight (less than 47 lbs.)
- Parallel with Other EU2000i for Additional Power
- Power for Microwave, Refrigerators, Hair Dryers and Small AC Units

STOCK NOW

PARKWAY CYCLE
1865 Rt 16
Everett, Ma 02149

**FREE DELIVERY FOR
JANUARY 2006**

ROSA CHRISTIE
rosa@parkwaycycle.com
617-389-7000 X125

**HONDA
Power
Equipment**

See your participating dealer for details. Connection of a generator to house power requires a transfer device to avoid possible steps to power company personnel. Consult a qualified electrician. For optimum performance and safety, we recommend you read the owner's manual before operating your Honda Power Equipment. © 2006 American Honda Motor Co., Inc.



Useless Information

by Ray Barron

Profile of Weatherman Dick Albert

Come winter, we rely on our TV meteorologists for daily weather predictions. Well, whether the weather is stormy or clear, WCVB-TV's principal meteorologist, Dick Albert, always greets his NewsCenter 5 audience with a sunny smile. Albert, who has been with Channel 5 since 1978, says, "I really get a kick out of talking about the weather." It shows!

Before joining WCVB-TV, Albert was the principal meteorologist at KCNC-TV in Denver, for two years and served one year at KRON-TV, San Francisco, where he described the weather as "boring," as compared to New England's "fickle" climate. He also served as a forecaster for the U.S. Air Force, before taking his first broadcasting job with KOB-TV in Albuquerque, New Mexico.

Dick Albert earned his bachelor's and master's degrees at the University of Michigan. He was rated the second most popular weathercaster in the nation, according to a poll by Television/Radio Age magazine.

Dick Albert, a native of Newton, continues to reside there, with his wife Mary Ann and two sons, Marc and Matt.

As Michael Manning of Fenno Way will attest, the weatherman is always right about one thing: there's some kind of weather every day. Michael's charming, brilliant wife, Cynthia, says, "A weatherman is so called because you never know whether he is right or wrong."

We are truly blessed to have a Public Works Department made up of individuals who brave snowstorms! They are out there around-the-clock, plowing, plowing, plowing!

Nahant's Future Citizens?

The U.S. birth rate dropped to a low of 1.7 children in 1976, and then started inching back up to its current mark of 2.1. When the numbers are broken down by race and region, in 2002, the birth rate for white women was 1.83 babies. Birth rates among blacks (2.2) and Hispanics (3.0). Since 2000, Hispanics have accounted for half the growth in the U.S. population. The U.S. Census Bureau projects that whites will become the minority in the U.S., at some point between 2040 and 2050.

Births recorded in Nahant in the year 2004: 24; 11 males, 13 females. The only month without a child birth was November.

To think, between 2040 and 2050, the town of Nahant may become known as "Nahantino." Ah, the muchacha and muchacho will enjoy strolling along Shorta Beach.

The attractive and brilliant Mary Dill of Cary Street, says, "A baby is a crawling infant, whose mother never knows what his mouth is going to eat next."

Mary's husband, Dan Dill, claims a baby is the only person in the house who can leave a ringing telephone alone.

The illustrious Gina McCoy of Nahant Road, says, "There's nothing new under the sun, except a new baby."

The poetic Maura Devereaux, quotes Carl Sandburg, who once said: "A baby is God's opinion that the world should go on."

Nahant's January Birthday Babies!

January 1 birthday babies: Fascinating Kim Yannetty, Linda Nolan, Mike Smith, Matt Cardile, the fig tree grower, Mario Pasciuto and Paul Lerman. Also born on January 1, J. Edgar Hoover, director of the FBI and pop singer, Madonna.

January 2: Donald Polcaro, Nancy Daras, Pam Szostakowski, Fred Morley, Billy Morrison, Jason Anguilo and singer and composer, Roger Miller.

January 3: Francesco Macera, film actor Ray Milland, pianist and comedian Victor Borge.

January 4: Lovely Gertrud Joyce, Jill Koldewey, Alice Forbush, Paula Smith, Susan Fintonis, brilliant Christian Manzano, actresses Jane Wyman and Dyan Cannon.

January 5: Janice Blair, Muriel Castronova, Eva Cieri, Mark Harrell, Bob Rooney, Tony Alessi, actress Diane Keaton and former Vice-President, Walter Mondale.

Our January 6 birthday kids: Kathy Toomey, delightful Dorothy Hagoort, Danielle Gorham, Christine Sonis, Helen Niosi, the charming Robin deStefano, Carl Sanburg, poet and actress, Loretta Young.

Our January 7 gift openers: Lovely Dorothy Johnson, sweet Mary Lou Brown, Carolyn Manley, Rose Quinn and Ron Branga.

January 8: Lauren Lacey, Kelli Howard, Justin Gaglio, handsome Chris Billias and rockers, Elvis Presley and David Bowie.

January 9: Lisa Clark, Martha Caloggero, Cathy Bartholomew, Inza Teague, Don Nogueira, Stuart Woodrow and Stojan Maksimovic, a native of Yugoslavia, an internationally-known architect, who designed and constructed a modern house, perched on a cliff on Lafayette Terrace, here in Nahant. Stojan's attractive wife Mirjana is also an architect.

Our January 10 birthdays: Carol Hanson, Irma Greenlaw, Amy Barberie, Aldona Palmer, Jeanne Postal, Tom Famulari, the brilliant Len Kavanagh and singers, Rod Stewart and Johnny Ray.

January 11: Lovely Fran Ahern, Tracey Ross, Ana Maria Cunha, Ed Lonergan, Dave Carter and Naomi Judd, country singer.

January 12 birthday candle blowers: Lovely Katie Hyde, Maryanne Parr, Debra Duffy, Dr. Christine Blaski, Marilyn Girard, the inspiring Greek goddess, Gina McCoy, the charming Heather Butler Cook and actress, Kirstie Alley.

January 13 birthdays: Gail Guiney, Marie Bongiorno, Nancy Depinet, Ann Haskell, John Moore, Frank Botta, Joe Alessi, Dick Erikson and Sophie Tucker, singer and vaudeville star.

January 14 birthday kiddies: Marion Doyle, Marjorie Logan, Shirley Hoffman, sweet Edith Hunnewell, Maura Devereaux, Jean Sigourney, Bob Donahue, James Passanisi, Pasquale Macone, Paul Kourkoulis and actress, Faye Dunaway.

January 15: Shirley Fessenden, Sandra Chagaris, Diane Desmond, brilliant Polly Bradley, Dave Desmond, the personable Bob Scanlan and actor Lloyd Bridges.

January 16: Congenial Carolyn Cummings-Saxton, Susan Davis, Gwen Davis, Dot Santosuosso, Gloria Barbacoff, Marie Schepens, Steve Baker, lovely Jennifer Carbone and Ethel Merman, singer and actress.

January 17 birthdays: Andrea Norton, Maureen Palangi, Jimmy Carr, gangster, Al Capone and boxing champion, Muhammed Ali.

January 18: Lovely Andrea Puleo, Kathy Baker, Liam Mahoney, Mike Tufts, John Cadigan, actors Cary Grant and Kevin Costner.

January 19 birthdays: Michelle Mueller, Christine Johnson-Liscio, Sharon Coletti, Roger DiMinico, John D'Orlando, Jason Morley, John Harkins, Brian Wilson, my dearest daughter, Karen Barisano and singers, Janis Joplin and Dolly Parton.

January 20: Lovely Joan Kavanagh, Heather McNeill, Steve Blasdale, Bill Hatfield, Herman Floeck, tycoon Bill Boyan, actress, Patricia Neal and Edwin "Buzz" Aldrin, US astronaut.

January 21 gift-openers: Rosa Melanson, Nancy Roy, Darlene Landry, Nellie Drewicz, Mary Bongiorno, Bob Gilbert, Bill Waters, Ross Falzone, the dedicated public servant, Richie Lombard, the devout Gaelic, John Dineen, actor Telly Savalas and Christian Dior.

January 22: Bonnie Bishop, Cathy Brown, Frances Casey, Augustus Lombardi, Pete Elias and actresses, Linda Blair and Piper Laurie.

January 23 birthday babies: Anne Kennedy, Christina Priftakis, Maria Migliaccio, Debra Baldwin, Debra Stamm, Kevin Dwan, John Mosher, Bill Julien and Caroline, princess of Monaco.

(Continued on next page.)

January 24: Darling Darlene Conigliaro, Gladys Flynn, Cynthia Costin, Frances Moleti, Bonnie Lamando, Kathy Hamill, and Pete Sherber.

January 25: Emily Potts, lovely Grace Barile, Bob Leff, Curt Hynes and authors, Robert Burns and Virginia Woolf.

January 26 birthday babies: Susan Arzillo, Maureen Sinewski, Marie Esler, Angelina Pitsas, Bill Kelley, Pete Malatesta, Ryan Cronin, John Collins, Matt Pescaia, actor Paul Newman and singer, Eartha Kitt.

January 27: Evelyn Turner, Stephanie Tuttle, Barbara Alessi and Pat Pica. Also, on this date, in 1926, the first public demonstration of television was given by John Logie Baird, at his workshop in London.

January 28 candle-blowers: New Orleans native, sweet Gayle Poulin, Norma Brooks, Seta Michaud, Nancy Mirabello, Mike Gomperts, Tom McDonough, Dick Nobrega and actor, Alan Alda.

January 29 birthdays: Gayle Poulin's handsome husband, the electrifying Ed, celebrates his birthday. Others celebrating their birthdays on January 29, sweet Eileen Alessi, James Munro, Michael Lucantonio, Donna Ventura, Helen Nichols, Maria Rynne, John Sarpi and actors, Tom Selleck and Victor Mature.

January 30: Pleasant Gerald W. Butler, Ann Parkinson, Audrey Norris, Dawna Nocera, Erin Kelley, Luke Tsokanis, Wayne Papagelis, lovely Julie Smith, actor Gene Hackman, actresses Vanessa Redgrave and Dorothy Malone.

Finally, January 31 birthdays: The congenial Bonnie D'Orlando, the personable Dr. Colleen Collins, Margery Roback, the wondrous Susan Dineen, Joe Bongiorno, Ed Peterson, Jim O'Connor, Stevie Bartholomew, sweet Dara Mosher and movie stars, Suzanne Pleshette, Carol Channing, Eddie Cantor, Mario Lanza, Jean Simmons and author, Norman Mailer.

Nahanter's Thoughts About Aging

Carol Munnelly, of Castle Road, says, "Growing old has one advantage: you'll never have to do it over again."

Joanna Reardon, of Nautical Lane, says, "A woman's age is her own business, and she certainly knows how to mind her own business."

Jayne Solimine, of Fox Hill Road, says, "Growing old isn't so bad, especially when you think of the alternative."

The electrifying Ed Poulin, of Irving Ways, says, "Before some women age a lot, they age a lot of men."

And Ed's stunning wife, Gayle, of New Orleans, says, "As a man grows older, he either talks more and says less, or talks less and says more."

Gayle's mother, Annie Rooney, says, "The best way to tell a woman's age is not to."

Jean Hosker, of Valley Road, says, "Age gives people away: it tells on them."

Beverly English, of Little Nahant Road, says, "Age doesn't really matter — unless you're a cheese."

Nahant Police Officer, Armand Conti, says, "The three ages of men are underage, overage and average."

Our distinguished, long-legged Assistant Nahant Town Assessor Sheila Hambleton, says, "Don't worry about your age: remember, every time you grow a year older, so do all your friends."

For the record, Sheila Hambleton is proud of being gifted with shapely, long legs. In fact, when she was working in Italy, she was contracted to model a new collection of designer's shoes.

Forward March!

There has been much discussion about the future of Nahant's American Legion Post. In brief, there is talk about selling the property at Coolidge Road and moving the Post and its memorabilia to another location. Where? The Valley Road School, Knights of Columbus, Johnson School, or even Town Hall.

The Legion's distinguished Adjutant, Peter E. Przybycien, stated in a recent letter to the 49 members of the Post:

"I do not believe that these 14 gatherings require us to maintain the huge cost of a 365 day-a-year residency, at any one location," stated Adjutant Przybycien.

He reminded the members of their true space needs. For example, they meet 12 times a year with an attendance of 6-15 members and guests. The Legion holds two gatherings a year, Veteran's and Memorial Day.

The American Legion Post is owned by The Nahant Veteran's Association, Inc. According to the Nahant Assessor's office, the land value is \$375,000; yard, \$800; building, \$170,000. Total value of the property is \$546,400. Of course, the sale of the property would fetch beaucoup money!



**God Bless
Our Troops
at
Home
and
Abroad**

Dog Marriages In Nahant?

Strictly for the dogs! Two dogs were married in a lavish church ceremony in Michigan, in front of 70 guests. The dogs, Bobby and Gracie, became inseparable, after moving next door to each other, so their owners decided to make it legal. "We are gathered here today," said Rev. Joseph DeRose of Evangel Christian Church in Roseville, "to celebrate the joining of the paws of Bobby and Gracie, on this beautiful Sunday." Bobby was dressed in a black tuxedo, with a top hat and red bow tie, while the bride trotted down the aisle in a puffy white gown. During the reception, as their guests danced, the newlyweds sank their teeth into a cake shaped like a bone. So where did they honeymoon? In a dog house!

We asked the compassionate Harriet Steeves, former Justice of the Peace, if she would have married loving dogs if asked. Her response, "You're barking up the wrong tree."

Speaking of dogs, Cal Hastings, of Nahant Road, claims the noblest of all dogs is the hot dog; it feeds the hand that bites it.

Cal's attractive and brilliant wife, Marrit, says, "A dog can express more with his tail in minutes, than his owner can express with his tongue, in hours."

Henry Hanagan, Hastings neighbor, says, "The only two who can live as cheaply as one are a dog and a flea."

Henry's gorgeous brilliant wife Peg, says, "When a dog wags his tail and barks at the same time, how do you know which end to believe?"

**Thank you, Nahant, for keeping the free press alive!
If you haven't done so already, please subscribe to
the "Review" to keep the issues coming to your door!**



Dog At Play

dog walking service
based in Nahant
insured and bonded

toirm miller
781.581.5236
dogatplay@gmail.com

Wild Birds Unlimited

Feed the Backyard Birds this Winter!



**Visit our
store!**

We have seed
blends and
rendered suets
for all your
backyard birds!

Wild Birds Unlimited
Center St. Village, Rte 1 S between Rtes 62 & 114
Danvers, MA • (978) 774-9819
Open 7 Days: Mon-Sat: 10-6 • Sun: Noon-4
Visit our website at www.wbu.com



Summer In Nahant

A collaboration of old photographs, letters and memories of those who lived and resorted on this seaside peninsula before us.



The Johnson Family



Christmas photo 1884. Eva M. Johnson.

The third family living on Nahant, in or before 1770, was of Jonathan Johnson. He was a son of Jonathan Johnson who came to Lynn in 1706, and married Sarah Mansfield in 1710. They had two sons and four daughters. One of the sons, Edward, born in 1721, has numerous descendants now living in Boston and Lynn, with some becoming summer residents of Nahant. He was a private in Captain Farrington's company at the battle of Lexington. The other son, Jonathan, born in 1723, was the original Johnson on Nahant. He enlisted in a cavalry regiment under Major Graves for the French and Indian Wars, and thus gained the common title of Trooper Johnson. On his return he lived in Marblehead. He first married Katherine Brummage in 1745; second, Susanna Farrington in 1753; and third, Ann Alley, widow of Thomas Williams and daughter of Benjamin B. Alley, who was a son of Hugh Alley, Jr., mentioned elsewhere as one of Nahant's earliest settlers. Thus the well-known family of Nahant Johnsons trace descent from the beginning of the town. He bought out Jeremiah Gray in 1758, and some time later, perhaps soon after this later marriage, he moved to Nahant, where three sons were born, — Benjamin, 1771; Joseph, 1776; and Caleb, 1778. He was farmer, fisherman and chair maker. His experience proved his metal, and he lived out an interesting, hard-working life until his death in 1799 while living with his son Caleb in the same house that he had bought about forty years before.

These three sons of Jonathan learned the shoemaker's trade with a half brother, Thomas Williams; serving an ap-prenticeship of seven years. Benjamin married Betsey Batchelder in 1795 and lived in Lynn. In 1798 Caleb married Olive Hartwell, daughter of Jacob Hartwell, who with his family used to visit Nahant. In 1814 Ward Hartwell, a brother of Olive, perished in attempting to cross Long Beach in a storm and after dark. He lost his bearings and drove into the surf. The children of Caleb and Olive Johnson were Mary, 1800; Welcome William, 1803; George L., 1806; Clara, 1808; Edward Augustus, 1810; Caleb Hervey, 1812; Daniel W., 1815; Olive Cornelia, 1817; William Frederick, 1819; and Charles Warren, 1823. Caleb was a fisherman, owning an interest in one or more of the fleet sailing from Nahant. He went fishing for over fifty years, and served as captain on the "Dolphin," the "Jefferson" and the "Lafayette." After his retirement from active life he continued to own a share in one or more of the little fleet which had furnished his life occupation. He died in 1867.

The third Nahant son of Jonathan Johnson was Joseph, who was born in 1776 and died in 1854. He married first, in 1797, Mary Cox from a Salem family; and second, in 1819, Betsey Graves from a Reading family. For a few years after his first marriage he lived in Lynn, but soon returned to Nahant and built his house there. The children were Joseph, 1798; Jonathan, 1800; Francis, 1802; Eliza, 1806; Pamela, 1808; Washington Harlow, 1811; Dolly Madison, 1813; Walter, 1816; Daniel Alfred, 1820; Edward Kirke, 1822; Frederick Henry, 1825; Franklin Everett, 1827; Mary Graves, 1830; and Edmund Buxton, 1832.

Joseph Johnson was part farmer and part fisherman, while a little sign marked "J. Johnson" on a corner of his house signified it as one of the early small inns of the town. It was built soon after 1800, and was removed long since. The land was used by C. Hervey Johnson, a son of Caleb, on which to build two houses now standing on Nahant Road next westerly from the post office block, and on the same side. The old Johnson house was nearer the street than these and stood about midway of the present lot. A painting and an early photograph of his homestead are in the Nahant Public Library. In 1872 or 1873 it was moved back to Central Street and altered, so that it does not resemble the old Joseph Johnson house. It was the home of Welcome J. Johnson for many years and is now owned by James A. Coles. The homestead of Caleb Johnson, after so many years' service as the "cradle of the Johnson family," was torn down in 1896 to make room for the Henry Sigourney house now across the street from the post office block. The house stood a little easterly from the Sigourney house. Many photographs of it are extant, and there is a painting in the Public Library. This house was standing so recently that many people not very old can well remember it.



Mrs. Annie Johnson and her daughter, Mrs. Caroline Foye. 1909.



Caleb Johnson



Olive Johnson

Original Townies

Part 4 of a 4 part series.

The Third Family In Nahant

The Johnsons In Town Service

Since Nahant was legally a part of Lynn until 1853, town offices start from that year. Johnsons have served the community as follows: nineteen were town moderators; six were town clerks, one, Alfred Johnson, serving 33 years from 1857 to 1890; three were town treasurers, Welcome W. Johnson, 1853-1879; Edmund B. Johnson, 1880-1898 and Charles Cabot Johnson, 1903-1949.

Johnsons also served 39 terms as selectmen, 41 terms on the school committee and five terms as library trustee.

Caleb Johnson and his brother Joseph Johnson, were two of six signers of a letter dated April 15, 1819, accepting a gift of books which served as the nucleus of the present Nahant Public Library.

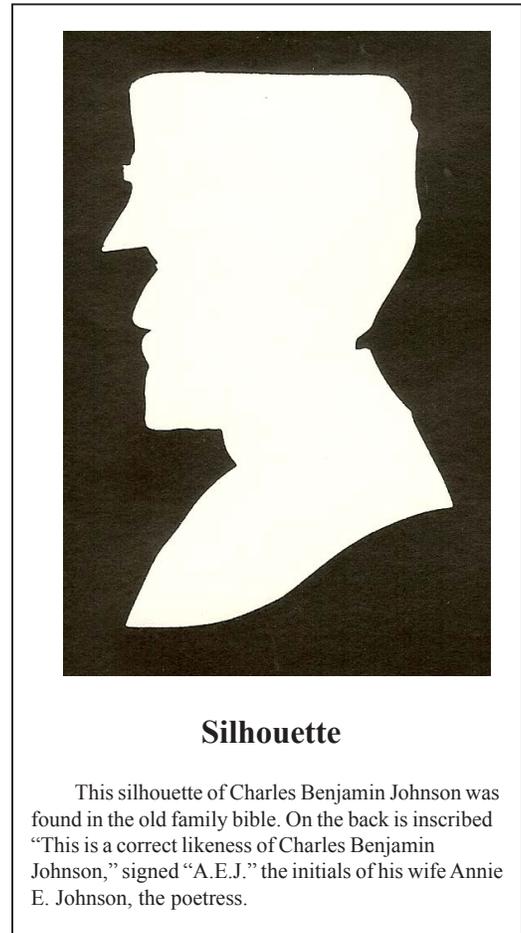
Helped Build Church

Caleb Johnson gave the land on which the Nahant Village Church stands (original Nahant Road location). Among others, he and his brother Joseph contributed financially toward its building. Caleb Johnson and his wife, Olive (Hartwell) Johnson also gave to nine of their 10 children land in Nahant where they built houses, four of which are still standing. One is the Oxnard house at the southeast corner of Summer Street and Nahant Road; the second at the southwest former of Summer Street and Nahant Road is still owned by the George Johnson heirs; a third is the middle section of Edge Hill In on Nahant Road and the fourth is known as the Bulfinch house at the southwest corner of Ocean Street and Nahant Road. Caleb's son, Caleb Hervey Johnson, born in 1812, gave five of his six children land in Nahant and three of their homes still stand.

War Service

The Johnsons served in the various wars in which the country has been engaged. Jonathan Johnson served in the French and Indian War. In the civil War, of the 39 men enlisting from Nahant, 10 were Johnsons. World War I saw three Johnsons in service. In World War II, Thomas Johnson, son of Cabot and Esther Johnson, was killed in action. Also serving in that conflict were Walter Johnson, Allen D. Johnson and Royal Colby Wilson and Briard Johnson.

The Johnsons have also extended their public service beyond Nahant offices. William Frederick Johnson was mayor of Lynn in 1858 and a state senator in 1862-63. Charles Cabot Johnson, a town treasurer, also served in the Massachusetts Senate. Luther Johnson, who lived on Ocean Street, Lynn, descendant of Joseph Johnson, was for many years president of Lynn Hospital and a prominent shoe manufacturer. Charles Cabot Johnson, Nahant town treasurer for 46 years, also served in the Massachusetts Senate.



Silhouette

This silhouette of Charles Benjamin Johnson was found in the old family bible. On the back is inscribed "This is a correct likeness of Charles Benjamin Johnson," signed "A.E.J." the initials of his wife Annie E. Johnson, the poetress.



Johnson Homestead on Nahant Road before it was torn down. Called the "Cradle of the Johnson Family."

**Make a New Year's Resolution
to support the
Nahant Historical Society.**

SOURCES: All text on this page and photos on both pages were provided by the Nahant Historical Society.



If you have something you would like to share on this page, please contact the author:
Summer In Nahant
c/o Bumper Gooding
PO Box 5, Nahant, MA 01908
Or email: sumnerkimball@aol.com

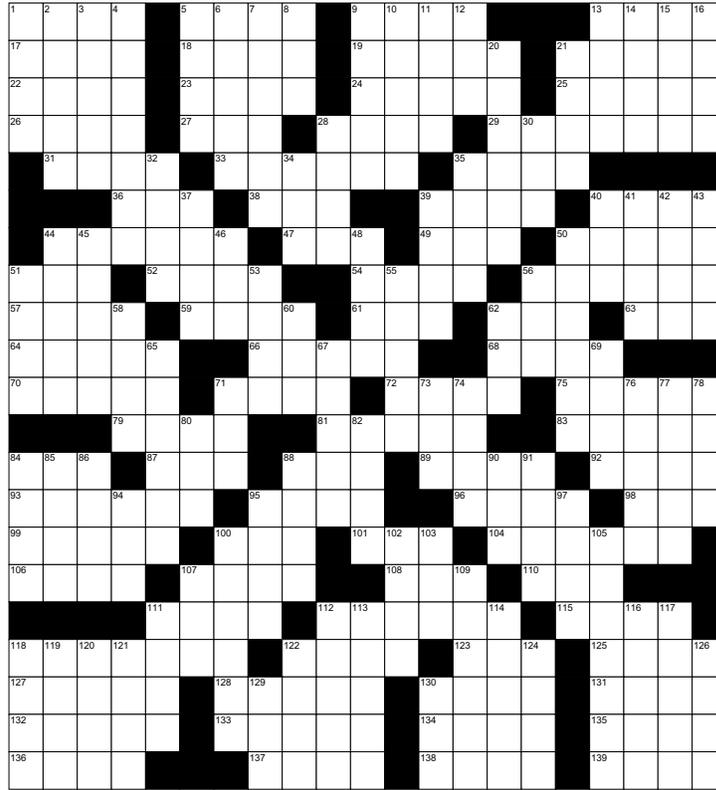
NAHANT PUZZLE PAGE

"Happy New..."

by Rick Kennedy

ACROSS

- 1 Sheaf
- 5 Swiss mountains
- 9 Mama Mia group
- 13 Hawkeye on MASH
- 17 Baker's need
- 18 Onion-like vegetable
- 19 Rice, e.g.
- 21 Pain reliever brand
- 22 Hoop
- 23 Not Home
- 24 **Buck on Gunsmoke?**
- 25 Greasy spoon
- 26 Treaty org.
- 27 Attack
- 28 **FDR's New plan?**
- 29 **New whaling city?**
- 31 Cheers regular
- 33 Wise
- 35 Recedes
- 36 Hair stuff
- 38 Shrink bark
- 39 Electric light
- 40 **New chance?**
- 44 Treatise
- 47 School group
- 49 Miner's goal
- 50 Heaped
- 51 Drink
- 52 Tel ___
- 54 Taboo
- 56 Sent a telegram
- 57 Own
- 59 Pennsylvania port
- 61 **New beginning?**
- 62 **Seinfeld's New nemesis?**
- 63 Tricky
- 64 **New PC operators?**
- 66 Murders
- 68 Off-Broadway award
- 70 Jeans material
- 71 Yiddish money
- 72 Object
- 75 Groups of workers



- 79 Cob vegetable
- 81 Stupefy
- 83 Country
- 84 Central daylight time
- 87 Con
- 88 Buddy
- 89 Au naturel
- 92 Frock
- 93 Room
- 95 Santa's deliveries
- 96 Small particle
- 98 Infirm
- 99 Pester
- 100 **New Price is Right prize**
- 101 Hearing organ
- 104 Enclose
- 106 **Time for New resolutions?**
- 107 Plant fiber used in ropes
- 108 Policeman
- 110 **New Jersey city?**
- 111 Board game
- 112 **New CT town?**
- 115 Fats
- 118 Civil War "Moses"
- 122 **New DNA discovery?**
- 123 Summer month
- 125 Opp. of yeses
- 127 Jacob's father
- 128 Bounds
- 130 Mexican money
- 131 Land unit
- 132 Whinny
- 133 ___ Lauder
- 134 Like a wing
- 135 **1980's New music?**
- 136 **New cigar dispensers?**
- 137 Saucy
- 138 Egg part
- 139 Beers
- DOWN**
- 30 Move away
- 32 Plateau
- 34 Rive
- 35 European monetary unit
- 37 Not taped
- 39 Lean
- 40 Women's ___
- 41 Evils
- 42 Sense
- 43 Whirl
- 44 Harass
- 45 **New college town?**
- 46 Mr.
- 48 Raggedy Ann's friend
- 50 Chaotic activities
- 51 Dull sound
- 53 Gripping tool
- 55 Fertile desert area
- 56 Automobile
- 58 Little Mermaid's love
- 60 Wing
- 62 **New recipient of 1D**
- 65 Smoky
- 67 Treed (2 wds.)
- 69 **New Time periods?**
- 71 Gross national product (abbr.)
- 73 **Sir Isaac's New name?**
- 74 Decorative needle case
- 76 **New unread messages?**
- 77 **Columbus' New discovery?**
- 78 Tack
- 80 Grain
- 82 Otherwise
- 84 Ali's former name
- 85 Terminated
- 86 Parcell's nickname
- 88 **New RI town?**
- 90 Deer
- 91 Gas burner
- 94 Neither's partner
- 95 Job
- 97 Hairstyle
- 100 **New brown ale?**
- 102 Teen's bane
- 103 Pole
- 105 Island near Taiwan
- 107 **New web user?**
- 109 Shaddock
- 111 Lush
- 112 Pariah
- 113 Beginning
- 114 Twangy
- 116 Not express
- 117 Dish out
- 118 Back
- 119 On the briny
- 120 Bug killer
- 121 Torn up material
- 122 Fence opening
- 124 **A-Rod's New state?**
- 126 Observes
- 129 Sixth sense
- 130 Remunerate

Thank You to 2006 Subscribers!

Thank you for all the cards and letters of encouragement that you sent in with your subscriptions. Here is the list to date. If you find that you are not on this list, and did send in a subscription, please let me know and I will update the list in the February issue. If you wish to remain anonymous, please indicate so with your subscription gift.

Many "Thanks!" are extended to The Alexander Family, Robert Anderson, Joe Balsama, The Benson Family, Marie Burns (gift C.Burns), Paul Cairra, Priscilla Carter (gift R.Barisano), Frances Casey, Malcom Chamberlain, The Cormier Family, Carolyn Cummings-Saxton, Catherine Demi, The deStefano Family, Paul D'Amico, John Durnam, The Edwards Family, Julia Ellassaad (gift M.E.Valeri), The Estrella Family, David Fitzpatrick, Carol Glennon, Denver Goodell, Lucy Grimm, Scott Hanson (gift C.Hanson), The Hendrickson Family, Betsy Hickey, Jean E. Hosker, M/M J. Richard Jackson (gift M.C.Martin), Kevin Kay, Suzanne (Kay) Cox and Michael Michaud (gifts S.Hendrickson), Marion Lester, Lea Lewis, Dana Lewis, Jeffrey Lewis and Alan Lewis (gifts L.Lewis), Robert Lewis, Virginia Livingston, John Lowell, Ralph Lowell, Shawn McCormack and Donald McCormack (gift B.Quinn), Kevin Maguire, Peter Malatesta, Richard Malatesta (gift P.Malatesta), Marie Martin, Ruth Maurer, The Moccia Family, Pam Motley, Elizabeth Olson, John Osbahr, Deborah O'Shea, The Oxtan Family (gift A.Hatfield), Tom Price, The Quinn Family, Dr. Robert Rafuse, Joanna Reardon, Elizabeth Sherlock (gift A.E.Smith), Alma Smith, Tom Smith and Gladys Edwards (gifts S.Edwards), Ellen Steeves, Jennie Volpe and Nancy Wilson.

The master mailing list is being updated for the January issue. Subscribers will have their name, or family name, printed on the address label. If you have subscribed and did not receive the January issue, please let me know. Just drop a note in the Harbor Review box at the Equitable Bank on Nahant Road, or mail it to the Harbor Review, POB 88, Nahant, MA 01908, or send an email to donna@nahant.com. Many, many THANKS!

DECEMBER 2005 PUZZLE WINNER

There was no winner in December. Come on, Nahant, I know that there are puzzlers out there. You can win FREE breakfast for two. Just complete the crossword puzzle, bring it to Captain Seaside Restaurant on Nahant Road and put it in the PUZZLE BOX on the counter. For more information, see Chris at Seaside Breakfast.

Good Eats by Rick Kennedy

Solution:

P	I	P	S		S	T	O	W		K	O	L	N		J	O	H	N		
T	O	U	T		W	I	S	E		A	N	I	O	N		R	A	D	I	O
A	T	T	Y		A	D	H	D		H	I	N	D	U		I	D	O	L	S
S	A	I	L		B	E	E		S	L	O	T		B	E	V	E	R	L	Y
	S	N	I	T		S	A	L	O	O	N		A	B	L	E				
		S	O	S		S	O	L		T	A	L	K		E	V	I	L		
	H	O	T	F	A	T		T	E	A		W	R	Y		A	M	I	N	O
S	E	C		U	T	A	H			S	H	O	P		F	L	U	N	K	S
T	R	E	E		O	R	E	O		E	O	S		B	U	S		E	S	E
O	V	A	L	S		R	A	D	A	R			I	R	A	N				
P	E	N	A	L		C	A	F	E		S	A	N	G		C	U	R	B	S
		N	A	D	A		P	I	E	C	E		E	T	H	Y	L			
O	W	E		T	O	P		D	O	C		S	O	M	A		S	I	L	O
P	E	G	L	E	G		N	A	T	O		N	O	S	E		N	A	G	
A	R	I	E	S		B	A	Y		N	E	T		W	I	L	L	O	W	
L	E	S	T		O	R	B	S		D	E	L		A	L	A				
		I	R	I	S		C	O	G	N	A	C		E	N	D	S			
P	I	C	K	L	E	D		H	O	L	E		C	O	W		D	U	C	K
E	N	R	O	L		G	U	A	R	D		T	H	A	I		I	R	O	N
S	C	A	N	S		E	S	T	E	E		L	O	L	L		N	E	R	O
T	A	N	G		A	S	S	N		C	Y	S	T		G	R	E	W		

Nahant Harbor Review

PO Box 88 • Nahant, MA 01908 USA

DEADLINE INFORMATION for FEBRUARY 2006

All Community Calendar items, personal ads, classifieds, business ads, articles and short stories.

Sunday, January 15th • 5:00 P.M.

Mail Date: Tuesday, January 31st

STAFF

Owner/Editor: Donna Lee Hanlon 592-4148
Sales Director: Suzanne Hamill 592-1263
Assistant: Mary Lowe
Proofreader: Harriet Steeves

The Nahant Harbor Review is published monthly and distributed to over 2,300 homes and businesses in Nahant and beyond by Seaside Business Services, PO Box 88, Nahant, MA 01908, (781) 592-4148, Donna Lee Hanlon, Owner, Editor & Publisher.

Editor reserves sole discretion for inclusion of ads, articles, letters and other submissions.

Anonymously submitted articles and / or letters, unsigned or lacking author contact information, will not be published. Exception: although not a regular practice, a writer's identity may be withheld by request, at the sole discretion of the editor.

Articles, Notices, Letters and Calendar Items may be submitted by: **email**, donna@nahant.com, or **fax**, (781) 581-0158, or **mail**, Editor, PO Box 88, Nahant, MA 01908, or to our **drop-off box** at the **Equitable Cooperative Bank** on Nahant Road.

The views and opinions expressed in this publication do not necessarily reflect those of the management and staff of the Nahant Harbor Review or Seaside Business Services.

All articles are voluntarily submitted to the Nahant Harbor Review without compensation.

Help support Nahant's ONLY community newspaper. Become a voluntary subscriber today! Send \$15 per subscription with mailing address to: Nahant Harbor Review, PO Box 88, Nahant, MA 01908. Thank you.

Breakfast at the Seaside
from 6:30 to 11:00 AM

149 Nahant Road • Nahant • 581-9994

**OUR WARMEST WISHES
FOR THE
NEW YEAR!**

Chris & Crew by the Sea!

NAHANT CLASSIFIEDS • BUY • SELL • WANTED • NAHANT CLASSIFIEDS



Nahant Resident

Proven Successful Background, #1 Top Producer of Century 21 North Shore Specializing in All Aspects of Real Estate: Land, New Construction, Commercial and Investment Properties with 1031 Exchange Experience Fluent in Italian. I Will Get You Top Dollar for Your Property.

Call me, Maria Gagliardi-Sullivan at 781 367-5700



Local Office Space

Female professional seeks to share furnished office space with same. 20+ hrs a wk. Well maintained, Swampscott location. Utilities, internet, phone, fax included. \$300/mth, 1st & last month required. Immediate occupancy. 781-254-8823

FOR RENT

12 Bay View Ave
TOWNHOUSE

Deck, water views, garage, 3-bedrooms, 2-1/2 baths, loft with deck, laundry room.

Call for more info...

781-718-8719

AVANCHA Factory Outlet
24 Broadway Lynnfield at the Ship next to the christmas tree shop
Lowest Prices Anywhere because.....
"We Are The Manufacturer"
Buy Direct from The Factory and Save
50%-70% Off Retail
Save \$5 Off with purchase \$30 or more Expires 1-15 06
Store Hours Mon - Sat 10-6 Sun 10-6
"we put out new items every day"

Adults & Childrens
Robes Vests, Tops
Hats Jackets Blankets
Gloves Scarfs



God Bless Our Troops at Home and Abroad

Marine Lumber & Plywood

including teak, mahogany, white oak, cedar, cypress, locust and ash. Also large quantities of domestic & imported lumber.

Goosebay Lumber • 603-798-5135

web: goosebaylumber.com

WINTER FUN

You can Host a Jewelry Party and earn FREE Jewelry. New Designs for the Spring Season. Have fun with family and friends. For appointment, call Donna at 781-581-0648.

A Yarn Over Marblehead

KNITTING CLASSES AVAILABLE

KNITTING NEEDLES, BOOKS & NEEDLEPOINT KITS

Jean Tierney

59 ATLANTIC AVE. MARBLEHEAD, MA

781-639-YARN (9276)

Help Support Your Community Newspaper

Happy New Year to you all! Many thanks to those of you who had opportunity to send in a subscription last month. The Thank You list is on page 17.

If you haven't already done so, there is still time to renew your voluntary subscription to the Nahant Harbor Review, or to begin a new subscription, for the year 2006. Although the Nahant Harbor Review is FREE to all Nahanters, your voluntary subscription check for \$15 will help defray the cost of mailing to your door. Send name(s), mailing address(es) and \$15 for each subscription of 12 monthly issues, beginning with the January 2006 issue, to: Nahant Harbor Review, PO Box 88, Nahant, MA 01908. Or, save a stamp! Drop an envelope with your subscription info and check in the black box on the Teller's Counter in Equitable Bank on Nahant Road.

Nahant Community Classified Ads Page

Advertise your yard sales, moving sales, car and boat sales, apartment rentals, personal messages, birth announcements, memoriams, holiday and birthday greetings in the FEBRUARY 2006 issue of the Nahant Harbor Review!

Fill out the form below, cut out and mail to: Nahant Harbor Review, PO Box 88, Nahant, MA 01908.....OR..... Save a stamp! Take the envelope to the Equitable Cooperative Bank on Nahant Road and drop it in the black box on the Teller's counter. Payment must be included with the form and made payable to Seaside Business Services.

Photos will be returned if accompanied with a self-addressed, stamped envelope.

Deadline for the FEBRUARY issue is SATURDAY, JANUARY 14th.

Name: _____
Telephone: _____
Photo Enclosed? _____
Ad Size: _____
Amount enclosed: _____
Print Message (or attach to form): _____

Price List	
One column wide by	
1" box	\$12.00*
1.5" box	\$18.00*
2" box	\$24.00
2-1/2" box	\$30.00
3" box	\$36.00
Two columns wide by	
1" box	\$24.00*
1.5" box	\$36.00*
2" box	\$48.00
*Text Only	

For more info., call Suzanne at 781-592-1263.

For Nahant Residents Only

"Firewood makes a great Christmas Gift."

**JANUARY 2005
Firewood Sale**

Truckload **\$100** 1/2 cord **\$160**

Ask about cash price. All Types of Hardwood. Stacking Optional.

Full Cord **\$250**



Call Frank in Nahant
781-858-6318

Community Calendar • JANUARY 2006

To have your event listed on the Nahant Community Calendar, please mail note, letter or postcard to: Community Calendar, Nahant Harbor Review, PO Box 88, Nahant, MA 01908 or email: donna@nahant.com

SUN	1		New Year's Day... HAPPY NEW YEAR, NAHANT!
SUN	1	10:30A	Worship Service & Sunday School. Village Church
SUN	1	NOON	4th Annual New Year's Day Dip with the Sea Serpents.
FRI	6	8:00A	FREE BREAKFAST at Village Church. Speaker Pastor Roger Lier, re: Refugee Work. All are welcome!
SUN	8	1:00P	Dance Dimensions Celebrates 20 Years! American Legion Hall on Coolidge Road till 3:30 p.m. Dancers at 2:00 p.m.
SUN	8	1:40P	Bay State Learn to Skate at Connery Ice Rink Classes Begin
SAT	14	6:00P	A Mother's Wish Benefit Silent Auction & Wine Tasting. Bayside, Relay Yard, till 9:00 p.m.
SUN	15	10:30A	Worship Service & Sunday School. Village Church
SUN	15	5:00P	DEADLINE FEBRUARY HARBOR REVIEW
MON	16		MARTIN LUTHER KING, JR. DAY
SUN	22	10:30A	Worship Service & Sunday School. Village Church
TUE	24	7:00P	Marine Science Lab Lecture: New England Aquarium Rescue and Rehab to speak.
SUN	29	10:30A	Worship Service & Sunday School. Village Church

School Committee meetings are held on the 2nd and 4th Tuesdays of each month. Meetings start at 7:00 p.m. and are held at the Town Hall.
School Council Meetings are held on the 3rd Tuesday of each month. Meetings start at 6:30 p.m. and are held at the Johnson School.

Starting in 2007, the United States will have new dates for Daylight Saving Time: Daylight Saving Time will begin on the second Sunday in March (2007), at 2:00 a.m., local time. We will return to standard time on the first Sunday in November (2007), at 2:00 a.m., local time.

NHT and HOOMPA Stickers are available FREE at the Nahant Cleaners. Compliments of Rob Scanlan.

The **Nahant Historical Society** is open to the public on Wednesdays, Thursdays and on the first Sunday of each month, from 1:00 to 4:00 p.m. (except holidays).

The **American Legion** meets on the first Tuesday of every month, at 7:00 p.m., at the American Legion Hall, 5 Coolidge Road, in Nahant.

Public Library Hours
Mon. thru Thurs.
10:00 a.m. to Noon. & 2:00 to 8:00 p.m.
Fridays: 10:00 a.m. to Noon & 2:00 to 5:00 p.m.
Saturdays and Sundays: 2:00 to 5:00 p.m.
781-581-0306

Thank You!

It has been an honor to represent Nahant in 2005. I hope you and your family have a happy and healthy New Year and I look forward to working with you again in 2006.

Steve Walsh
State Representative

Thanks to the Knights of Columbus by Bonnie Budrick

The Johnson School Gymnasts thank the Knights of Columbus for their generous contribution. The \$500 donation financed the purchase of a critically needed crash mat. The instructors and students appreciate the kindness and support of the Knights of Columbus.

* Reprinted due to omission of author's name.

For Your Information

The DEADLINE for ad, article, etc., submissions is always the 15th of the month prior to the publication month.

Hello, Nahant!

Got a story, poem, or photo to share with your neighbors?

**Send it to Editor,
PO Box 88, Nahant, MA 01908.
As space allows, items will be published.
If you want photos back, send a SASE with your submission.**

Nahant Village Church

Join us for Worship Service & Sunday School on Sundays at 10:30 a.m.



Team Nahant



... specializing in Nahant Home Sales

Team Nahant is focused on Nahant and appreciates all the beauty the community has to offer.

If you would like to know more about Nahant real estate, or for a complimentary, Market Analysis of your home or condominium, call **Team Nahant** at 781-479-4030, or e-mail us at homes@team-nahant.com

Valerie Richardson 781-479-4017
Jody Watts 781-479-4596
Maddy Davis 781-479-4030



STEPHEN L. SMITH
ATTORNEY AT LAW

- Estate Planning & Administration
- Elder Law • Medicaid Planning

EVENING / WEEKEND APPOINTMENTS

781-595-3456 • ssmithlaw@comcast.net
85 Exchange Street (The Edison) • Suite 226
Lynn, MA 01901

This space available to rent!
Only \$30. (1.5" x 2 column)

Call Sales Director, Suzanne Hamill, at
781-592-1263,

for more information and the deadline schedule.
Thank you for your consideration and support.



*We buy & sell
antiques.*

NEW Hours: 10:00 a.m. to 5:00 p.m.
Wednesday thru Sunday

R&B Imports Ltd. RBimp14149@aol.com
276 Lynnway
Lynn, MA 01902 **781-592-2124**



Affordable Foreign & Domestic Cars
Luxury high-line inventory • Competitive financing.
We finance everyone. Nahant family owned and operated.



GOD BLESS AMERICA!

LET US NEVER
FORGET TO SUPPORT
OUR TROOPS
AND VETERANS

Oliva Cleaning
Service

Happy New Year!



Residential • Commercial

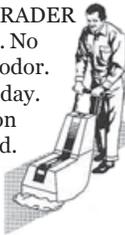
- Basic Cleaning
- Floor Cleaning
- Carpet Cleaning

(781) 632-0144

Call Us For A Free Estimate

**Beautiful
Cleaning in
your home
or business**

Complete cleaning for
your carpets and
upholstered furniture
using famous
VON SCHRADER
extractors. No
muss. No odor.
Use same day.
Satisfaction
guaranteed.
Call for
free
estimate



**Fabricare
Paul Dubuque
978-535-3133**

**We watch over and protect
you 24 hours a day...**
HAPPY NEW YEAR!!!



Since 1962, providing all your insurance needs.

AUTO • HOME • FLOOD • COMMERCIAL

Call or fax us for all the details:

QUINN OF LYNN
Insurance
(781) 581-6300
Fax: 581-9070



This space available to rent!

Call Sales Director, Suzanne Hamill, at
781-592-1263,

for more information and the deadline schedule.
Thank you for your consideration and support.

Help keep this community newspaper afloat!
Advertise your product or service in the next issue of
the Nahant Harbor Review.

**New Year's Day
SALE !**

Amazingly Awesome!

Sunday, Jan. 1st, 2006 • 10AM-4PM

Preview on Saturday, Dec. 31, 2005

10AM-4PM

SNOW DATE: NEXT WEEKEND

Tasty Tidbits, Too!



**MARBLEHEAD
ANTIQUES™**

118 Pleasant Street • Marblehead
All Credit Cards Accepted

**LYNNWAY
AUTO**



SALES • SERVICE

295 Lynnway
Lynn, MA 01901

581-5160

www.lynnwayauto.com