

Nahant Harbor Review

2004 ***** Celebrating Ten Years ***** 2004

A monthly publication, in service since March 1994, dedicated to strengthening the spirit of community by serving the interests of civic, religious and business organizations of Nahant, Massachusetts, USA.

Donna Lee Hanlon, Editor • PO Box 88 • Nahant, MA 01908 • donna@nahant.com

Volume 12 Issue 1

JANUARY 2005



A Good Time Was Had By All

by Daniel A. deStefano, Librarian

The Trustees and I thank Joseph Barisano (Ray Barron) for his generous gift of portrait busts of authors, to the Nahant Public Library and for the excuse to hold a really fine party!

On Sunday afternoon, November 21, 2004, under the personable direction of John Mackey, who acted as Master of Ceremonies, more than thirty people assembled in the Reading Room, to hear his illuminating opening remarks.

As John introduced each speaker, Maureen Edison recited poems of Dylan Thomas; Daniel deStefano read quotations from Virginia Woolf; Library Trustee, John Welsh, read a biography of poet Walt Whitman; and Chairman of the Library Trustees, John Dineen, commented on the life of James Joyce.

An emotional Ray concluded by expressing his appreciation to all who had attended. Ray's dearly departed wife, Marilyn, in whose memory the gift was made, smiled down upon all, from a lovely photograph.

In addition to all of the participants, I also thank Carole Brophy, Librarian's Assistant, and Gertrud Joyce, for baking; the Friends of the Nahant Public Library, most especially Robin deStefano, for preparing the other refreshments; and Joseph Klink, who acted as photographer.

The ceremony was touching, the remarks educational and entertaining, the refreshments delicious. The audience departed well-satisfied, following excellent conversation.

Walsh and Fennell File Resolution for Postage Free Mail Program for Military

The cost of sending packages to members of the Armed Forces serving overseas can be significant, and is a problem more family members and friends may be noticing, as gifts are sent to loved ones for the holidays. Two local legislators have responded to this issue by filing a resolution in the Massachusetts House of Representatives.

Following discussions with Breed Junior High School students and local Polish Legion of American Veterans member, Jim DePhilippo, at various Veterans' Day ceremonies, State Representative Steven M. Walsh, with the support of Lynn State Representative, Robert F. Fennell and 62 other legislators, drafted a resolution urging the Massachusetts Congressional Delegation to create a postage-free mail program for packages and mail sent to members of the Armed Forces.

Walsh said, "One of the best parts of our job is working with community leaders and concerned citizens and having our constituents share their creative ideas with us and allowing us to file legislation on their behalf. This program is important, both for the service men and women and for their relatives, who want to send them packages. I hope that our Congressional delegation will be able to convince the rest of Congress that this is an issue that needs to be addressed."

The current mail system requires postage to be paid for mail sent from the United States to an armed forces mail distribution center, located at various points around the globe. Once the mail is received at the distribution center, there is no postage required to forward the mail to individual service members.

The high level of support this resolution received in the House of Representatives indicates that the cost of

(Continued on page 2.)

PARKING BAN IN EFFECT

The winter Parking Ban is in effect from December 1, 2004 until April 15, 2005. No overnight parking is allowed. Ticketing and towing will be strictly enforced, especially during snow emergencies when towing will be in full effect.

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Reps File Postage Resolution

(Continued from page 1.)

shipping these items has been an issue across Massachusetts. Receiving care packages can significantly boost the morale of troops serving in combat and the high cost of shipping can sometimes be a deterrent in getting the packages to the military.

Mike Sweeney, the Director of Veterans' Services for the City of Lynn, and Veterans' Agent for Nahant, said, "In many cases, the expense of mailing them has limited the number of packages that people have sent. Our office has been able to send packages through the city and through generous donations from local businesses, like the Solimine family, but there is no doubt that it has been expensive."

Sweeney also said that any friend or relative of a Lynn or Nahant resident serving in the military, who wishes to send them a package, can call the Department of Veterans' Services, with the serviceman's or servicewoman's military mailing address. The Department of Veterans' Services is located in Room 301 of Lynn City Hall.

The resolution was passed in the Massachusetts House of Representatives on December 16th and a copy of it will be sent to each member of the Massachusetts Congressional Delegation.

Walsh concluded, "This legislation is one positive thing we can do for our servicemen and servicewomen overseas. It just makes sense."

Chamber Honors Local Businesswoman

The Lynn Area Chamber of Commerce awarded Carol Hanson, of The School of Refrigerator Door Art, with the "Commitment To Nahant" award, at the annual business awards breakfast, held Thursday, Dec. 9th, at the Porthole Restaurant. The award is given annually to member businesses that have demonstrated outstanding commitment to doing business in Nahant.

Carol has only been in business for 18 months and operates a full-service art school and personal art studio at the Nahant Community Center, in the former Valley Road School at 41 Valley Road. She has served on the Board of Directors for Periwinkle Preschool, the Lynn Band Boosters and the Nahant Country Club Board of Governors, to which she has recently been named Secretary. Carol has been on the Education Committee of the Friends of Lynn Woods and taught art and elementary education in public and private settings. She has volunteered her talents, time and space to many civic and social groups in Nahant and surrounding communities, over the years.

The native Nahanter has recently joined the Nahant Woman's Club and the Nahant Garden Club and is working with the Nahant Preservation Trust Management Committee, overseeing the set-up and promoting use of the new Multi-Purpose Room at the Nahant Community Center.

Nahant Grant Applications Available

Applications are available at Nahant Town Hall for grants to be funded by the Community Preservation Act, at the 2005 Annual Town Meeting.

Community Preservation funding will be generated by a 3% real estate tax surcharge approved by the Nahant 2004 Town Meeting and by state revenues that are collected as real estate transaction fees and used to match locally-generated funds.

The Nahant real estate tax surcharge will amount to approximately \$112,000 and will be available in the spring of 2005. The state match of approximately \$112,000 will become available in the autumn of 2005.

According to the Chairman of the Nahant Community Preservation Committee, Jeffrey Musman, the statute mandates that 10% of the total funds be allocated to each of the specific areas of affordable housing, historic preservation and open space. The remaining 70% may include such items as recreation and will be allocated at the discretion of Town Meeting as recommended by the Committee.

The Nahant Preservation Committee is developing a Community Preservation Needs Assessment for the Town. Public comment was solicited, by means of a questionnaire sent to approximately 25 committees, in early October and at a public meeting, that was held at Nahant Town Hall on October 25th.

The issues raised during the needs-assessment process include projects that focus on the Nahant Lifesaving Station, signage for the Short Beach-Bailey's Hill Trail, the gazebo at Bailey's Hill, development of a Master Planning document and the American Legion. Funding applications for other projects, such as the military housing redevelopment project, recreational projects and others are anticipated.

Grant applications must be submitted by February 12, 2005. The Nahant Community Preservation Committee will review the applications and make recommendations to the April 2005 Town Meeting. Questions may be directed to Lynne Spencer (781.598.4587) or Tom Famulari (781.599.0933).

Start Off the New Year at the Nahant Public Library

Happy New Year! There are some great new programs at the Nahant Public Library this year. Join us for a Baby and Preschool Story and Play time starting on a new day, Wednesday, January 5th, at 10:30 a.m. This new story and play time will continue every Wednesday this the month. A new, six-week story and craft program, for Kindergarten through Second Grade, will run on Thursdays at 3:00 p.m., beginning January 6th and continuing through February 10th.

Have you every wanted to write or illustrate your own story? Come and find out how it is done. On Tuesday, January 11th, at 3:00 p.m., author and illustrator, Yetti Frenkel, will share some of her own stories and the process of creating them. Children will get a chance to create a storyboard and take home a book of their own to complete. This program is suitable for children in Kindergarten and above.

In this snowy season, drop by the library and make some snow of your own. On Wednesday, January 19th, from 2:00 to 4:00 p.m., children will be able to make a snowman and then eat him up, long before he melts away. So why not drop by the library this winter and warm up with a good book

For more information, call Jill Mattina at 781-581-0306.

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Save This Date: Texas Hold ‘em Arrives in Nahant

Yes, you read this correctly. The Nahant Lions Club will host the first Texas Hold ‘Em Poker Tournament at the Nahant Country Club, on Saturday, February 5th. This is the Saturday before the Super Bowl. Get in the mood for the game by participating in this unique evening.

Entry fee is \$150 and the field is limited to 100 players, so sign up early. Each player will have the option to “re-buy” for \$75 more and they can do that the night of the game.

Registration is at 4:00 p.m., with play beginning at 5:00 p.m.

Got questions? Call Tim at 781-581-0716.

For information by mail, mail to:

Nahant Lions Club
P.O. Box 33
Nahant, MA 01908

Proceeds from the tournament will be donated to Lions Club Charities. Hope to see you there. Get in early. This will sell out!

The Nahant Lions Club thanks the Townspeople of Nahant for their continued support in our activities.

Consider joining the Lions and participating in community service, with a group that knows how to do it, while having a great time. For membership information, call Secretary Steve Switzer at 781-599-8702.



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January 7th NVC Men’s Group Breakfast

All are invited to the January 7th breakfast, hosted by the Men’s Group, at the Nahant Village Church, to hear John Cort give a talk on “Socialism and Communism in the USA and around the World.”

The free breakfast starts at 7:00 a.m.; John Cort’s presentation will start around 7:30. Men and women are invited to this breakfast. To ensure an adequate food supply, please call Cal or Marrit Hastings at 781-581-5691, or e-mail at calhast@hotmail.com.

Nahant Little League It’s a whole new ballgame!

It is time to register your child for the upcoming Nahant Little League season. Players must be 5 years old, as of July 31, 2005, in order to qualify. All female players who are age nine or older, and are interested in softball, will play in Swampscott. Information will be available on the designated Nahant registration days.

Saturday, January 8th, Noon to 3:00 p.m.

Sunday, January 9, Noon to 3:00 p.m.

Friday, January 21, 2:15 p.m. to 3:30 p.m.

Registration is held in the Johnson School lobby.

Fees: T-ball: \$65.00; Farm/Minors/Majors: \$80.00

Registration fees will increase by \$15.00 per child after January 21, 2005.

A 10% discount is available for families registering more than one child.

All checks should be made payable to Nahant Little League and be presented with your Player and/or Volunteer Application and CORI upon registration. Birth certificates must remain on file, so please secure an official copy at the Town Hall, prior to registration.

Simply complete and bring the appropriate forms, along with the Little Leaguer’s official birth certificate, to the registration on one of the above scheduled dates. If you have not received a Nahant Little League registration packet, call Kathy Ryan, at (781) 595-0957.

Nahant Public Library Hosts Local Author Tom Sheehan

Thomas Sheehan, the eclectic author from Saugus, will appear at the Nahant Public Library, at 3:00 p.m., Sunday, February 6, 2005. Admission is free and all are welcome.

Sheehan has gained many fans, by writing in at least three genres: poetry, for which he is best known; mystery, for which he is perhaps least known and now, non-fiction.

The author’s latest book, “A Collection of Friends,” is a pleasant and popular mix of biography, nostalgia and local history. Although born in Charlestown, Sheehan has lived most of his life in Saugus. A champion high school athlete and a veteran of the Korean Conflict, Sheehan weaves the memories of his life into the vivid fabric of “A Collection of Friends.” The result is a reminiscence well worth the read.

Come to the Library and meet an author who has earned his growing popularity.

Keep the “free press” alive in Nahant. Subscribe to the Nahant Harbor Review. Please see pg 17 for info.

Multi-Purpose Room Ready at Community Center

The Nahant Community Center is proud to announce the opening of the new Multi-Purpose Room, on the basement level, which is available for use by the community, as well as being the new home for several scout groups in Town.

The Parent and Toddler Group that met in the auditorium last winter, has found this to be a great new home for them, as well. This is an open group that will meet on a drop-in basis Monday, Tuesday and Friday mornings from 9:00 a.m. to noon, beginning January 3rd. There is a very small fee for this. Carolyn Osbahr, Tess McGinn and Sandra Warren will be hosting these groups. Please call for details or stop in to check it out.

The space is bright and beautiful and offers easy access from the rear entrance of the building, with plenty of room for a small gathering, or celebration and may be rented for a small fee. It is HP accessible and there is a new bathroom just across the lower lobby.

Please call Carol Hanson, at 781-599-2222, for details, or stop by and leave a note on the board in the lower lobby and she’ll call you!

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Open Enrollment for Periwinkle Preschool

If you are thinking about preschool for your child next year, September 2005, then you don't need to look any further. There is a great preschool right in your own back-yard! Mark your calendar for Thursday, January 27th at 6:30 p.m., to attend Nahant's Periwinkle Preschool Annual Open Enrollment, for all NEW parents.

In order to register, your child(ren) must be 2.9 years old by September 2005. There are a limited number of openings. Priority will be given to siblings and Nahant residents.

Periwinkle has a two, three, or five-day program. The hours are from 8:30 a.m. to 11:30 a.m., with an early drop off at 8:00 a.m. There is also an extended day program that operates to 2:00 p.m. The two-day program is held on Tuesday/Thursday, the three-day is held on Monday/Wednesday/Friday and the five-day is Monday through Friday. Periwinkle is located in the back of the Johnson Elementary School, off Flash Road.

If you have any questions, or would like to visit the school, please call the Director, Ruth Kobus, at 781-599-6200. For more information, you can also visit our website: www.periwinklepreschool.org.

For all parents who have children currently enrolled in Periwinkle and are interested in re-enrolling for the 2005 – 2006 school year, Re-enrollment Night is scheduled for Thursday, January 13th, at 6:30 p.m.

Public Meeting to Discuss the Heritage Landscapes of Nahant

The Town of Nahant is hosting a public meeting on Wednesday, January 12th, at 7:00 p.m., at the Town Hall. You are invited to join the Town Administrator and members of the Open Space Committee, Planning Board, Nahant Historical Society and Nahant Preservation Trust, to discuss the landscapes that you feel are important to the character of Nahant. A team from the Massachusetts Department of Conservation and Recreation and the Essex National Heritage Commission will provide assistance in identifying Nahant's Heritage Landscapes.

Heritage landscapes are those special places and spaces that help define the character of our community. They are the result of human interaction with the natural resources of an area, which influence the use and development of land. These geographic areas contain both natural and cultural resources, such as East Point and Tudor Wharf. They can be privately, or publicly, owned. The public meeting is being held to solicit input about other potential heritage landscapes in our community. Further steps in protection, or enhancement, will succeed the identification process.

The Department of Conservation and Recreation is providing technical assistance through a multi-disciplinary consulting team that has been hired to work with communities on the task of identification of heritage landscapes. This community-based project provides an opportunity for residents to come together and identify those landscapes that make their community unique. The goal is to increase awareness about the many different types of heritage landscapes found throughout Essex County and help communities plan for their preservation.

Community members are encouraged to attend the meeting on January 12th, to discuss the landscapes that they feel are important to the character of Nahant, with the professional consulting team that will be evaluating these landscapes and providing recommendations for their protection.

For more information about the community meeting, please call Linda Pivacek at 781-581-1114 or email lpivacek@comcast.net. Information about this program can be found in the publication "Reading the Land" at the Nahant Public Library, or at: <http://www.mass.gov/dcr/stewardship/histland/Inventoryprog.htm>

January Garden Club News

For the holiday season, the Public Library and the exteriors of public buildings, were decorated by Garden Club members with Kenneth and Marie Ford. Also, a wreath was placed at Veterans' Park. Marie is a Past President of the Nahant Garden Club and is Chairman of the Horticulture Committee.

Other "Fruits of Our Labor" during the year are: proceeds from our various fundraisers are used for scholarships, plantings of trees and shrubs in Nahant, making and providing Memorial Day wreaths and participating in the Memorial Day parade.

Help keep this community newspaper afloat! The winter months are especially tough. Please send \$15 for a "voluntary subscription" to the Nahant Harbor Review, PO Box 88, Nahant, MA 01908. Thank you very much for your continued support.

Nahant Historical Society Gives Thanks for Its Volunteers

This year the Society celebrates its 30th Anniversary. Volunteers founded this unique community organization as part of Nahant’s Bicentennial celebrations. Since its creation, it has been energetically built and run by its devoted volunteers. Many have given their precious time, necessary skills and creative talents, to build the Society into a vibrant small museum with a library reference room, an artifact storage facility and an exhibition gallery, now located in the Nahant Community Center, at 41 Valley Road. Volunteers are the Society’s greatest treasure!

Let me share with you some of the essential tasks performed by our loyal and efficient volunteers:

Creating our special programs; working to build or disassemble exhibits; researching, writing and preparing the Society’s many publications; cataloguing, labeling and putting a myriad of artifacts into environmentally friendly storage; organizing and filing in our archives; library creation and support; desktop publishing of our annual report; museum housekeeping; assisting with education; generating publicity and assembling mailings; doing essential carpentry, painting and moving; providing hospitality for programs and exhibits; documentary and event photography; manning our museum shop onsite and at special events or serving in a vital management capacity as a member of our board of directors. Imagine, all this and more, selflessly and cheerfully given by your neighbors and friends, to preserve Nahant’s unique history and share it within our community and beyond.

To all our wonderful volunteers, the Society is most grateful to you, each and every one! Best wishes to all for a happy, healthy and prosperous New Year!

Thanks for an Exciting Christmas Fair

The Nahant Village Church Christmas Fair was an enormous success, thanks to the hard work and donations of many. Local organizations that participated include: Briggs Chiropractice, Building #19, Captain’s Seaside, Dial Soap, Flinders Lane, Hatfield Lawn Care, Johnnie’s Foodmaster, Kennedy Studios, Lynn Liquor, Melinda Creations, Nahant Fish & Lobster, North Shore Animal Hospital, Seaside Variety, Shaw’s Supermarket, Studio 665 and Tides Restaurant

Sports-related contributions were made by: Black Mountain Ski Resort, Gold’s Gym (Salem), Boston Red Sox, Boston University, Jillian’s Billiard Club, Metro Bowl, National Baseball Hall of Fame, Pats Peak, Roller Palace and Wachusett Mountain.

Museums and Theatres: Cabot Street Theatre, Charles River Museum of Industry, Discovery Museums, Fruitland Museum, House of Seven Gables, John F. Kennedy Library & Museum, Museum of Science, National Amusements, New England Aquarium, North Shore Music Theatre, Peabody Essex Museum, Plimoth Plantation, Salem Witch Museum and Zoo New England.

Restaurants: Donnatelli’s, Hawthorne Hotel and Mount Vernon at the Wharf.

Others: Boston by Foot, MA Audubon and MA Bay Lines. Objects of art were a highlight of this year’s silent auction with donations made by Kennedy Studios, Richard Kirouac, Joe Klink, Joe Lamando, Norman LaLiberte, Melinda Creations, Karen Tyler, Melinda Creations, Paul Wilson and many others in the Nahant Village Church congregation.

Thanks also to the many people who came to the Ffair and helped to make this an exciting event. We greatly appreciate your community support for the Nahant Village Church.

Help keep this community newspaper afloat! Please send \$15 for a “voluntary subscription” to the Nahant Harbor Review, PO Box 88, Nahant, MA 01908. Thank you for your continued support.

New Year’s Day SALE

Saturday, January 1, 2005
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Happy 2005 from the School Department

by Cecilia M. Di Bella, Ed. D., Superintendent

The new year is a good time, both to look back and to look ahead. Let me first offer belated congratulations to the winners of the essay contest "Why We Should Honor our Veterans" sponsored by the Nahant Veterans' Memorial Park Committee. They were Shannon Barrasso, Rita Tsokanis and Eric Greene,

from grades 4, 5, and 6, respectively. Bobby Ward, one of the readers mentioned how difficult it was to select the winners because of the high quality of the entries. Great job everyone, you made us proud!

Another tip of the hat to Peter Barba. Over the past year, Peter has single-handedly replaced most of

our adult furniture, with top-of-the-line desks, chairs and conference tables, that are barely five years old. These "discards" from regional banks have been a real morale boost. For example, for the first time in my four plus years in Nahant, all the chairs in the teachers' room match! And thanks to new Nahant resident Bob

Ross, the Computer Lab has sixteen IMacs, that a Boston museum had tagged for disposal! Thank you both!

Let me also extend my appreciation to members of the Johnson School Renovation Committee, for their work over the past year. This reconstituted committee has diligently explored and examined new approaches for renovating the school, to arrive at a proposal that will seek Town Meeting approval in April. Thank you; let 2005 be "The Year of Renovation!"

And, since we are somewhat on the topic of building renovations at the Johnson School, if you watched the last School Committee meeting, you saw my "show and tell," with corroded heating pipes.

In mid-November, the Periwinkle Preschool located in the "junior high" section of the Johnson School, was forced to close, due to a leaking unit ventilator and burst pipes in the wall. After thirty-

eight hours of work by three repairmen, sections of the pipe were replaced and the heating system was restored. The workmen presented me with the service invoice and corroded sections of pipe. More distressing than signing what I knew would be an expensive repair, was his comment that "there are miles of these pipes in this area of the building."

I thought back to a meeting several years ago with school and Town officials and Paul Kennedy of P. J. Kennedy heating contractors regarding the chronic heating problems at the School. When asked about the risk of pipes bursting at the School he simply said that, "it was not a matter of if, but a matter of when." So again I say, let 2005 be "The Year of Renovation!"

Looking ahead in 2005, we begin the year with a visiting team from the Massachusetts Department of Education, who will be conducting the Coordinated Program Review. Dr. Testaverde and staff have compiled thousands of pages of documents into several huge binders for the team to review.

In addition, during their three-day visit, several parents and staff will be interviewed and student files will be closely scrutinized. At their last meeting, the School Committee approved the School

and District Curriculum Accommodation Plan, that outlines our procedures for addressing the academic needs of our students at risk. While I am confident that we will pass muster regarding our administrative and instructional practices and procedures, the Review is an exhausting and stressful process.

On January 18th, there will be no school at the Johnson School. It is the date for the second professional development day for instructional staff.

The theme of the day is instructional technology and a series of hands-on workshops has been planned. The new year also means budget development season is here. The word from Beacon Hill is not as dire as the last few years, but it is far from rosy.

A recent issue of the Massachusetts Municipal Association's monthly newsletter, "The Beacon," stressed the "structural deficit" that exists in the state's financial picture.

The Commonwealth has turned to "rainy-day funds," to offset decreases in tax revenues. As these funds have decreased, new revenue have not offset increases in fixed costs.

Further, early figures in the federal budget for FY 2006 show decreased appropriation levels for several of our federal grants.

One more time, Happy 2005 everyone!

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Winter Ice Skating Classes at the Lynn Connery Rink

submitted by Rosemary Cloran

Winter Learn to Skate classes are starting at the Lynn Connery Memorial DCR (formally MDC) ice rink. Lessons are for children, ages 4 ½ and up, and for adults. Separate skill classes are held at the beginner, intermediate and advanced levels. Skaters can wear either hockey or figure skates. Each class includes a group lesson and a supervised practice.

The Lynn Connery rink is located at 190 Shepard Street and is convenient for Nahant residents. Classes are on Sundays at 1:00 pm, for 10 weeks starting January 2.

Come join the fun at the Lynn Connery Memorial Rink, or at any of the other 13 DCR rink locations. To register for classes or for any additional information, please call the Bay State Skating School at 781-890-8480, or visit www.baystateskatingschool.org.

Art School Not Just For Kids

submitted by Carol Hanson

The School of Refrigerator Door Art offers many options for adults. Our Holiday Flower Arranging was such a hit, that the participants didn't want to stop after the four-week class. By popular demand, we are offering an Arrangement of the Month class, which will be held on the first Monday of each month, beginning January 3rd, 2005, from 6:00 to 8:00 p.m. Though interested students need not sign up for all twelve classes, advance notice is required, in order to provide plenty of materials. The first class will be "Winter Whites." Please call 781-599-2222, or visit www.refrigdoorart.com to register.

Cooking with Chef Davis, which ran in September, was a wonderful event, that has sparked an interest in other cooking classes. We are offering a Cheese-Making Workshop and a Monday night class in Indian Cooking. Call for details.

Acrylic Painting will be offered on Tuesday evenings, Papermaking on Wednesday and Sea Glass Mosaic, on Thursday evenings. All classes are for beginners and start the 2nd-week of January and continue for 6-weeks.

The ongoing Knitters Group continues to meet on Tuesdays from 6:00 to 8:00 p.m. and new knitters and crocheters are always welcome. No experience is necessary and we have plenty of supplies to get you started!

Stained Glass will be offered at the art school through North Shore Community College's non-credit classes. Register on the web at www.nsc.edu, or call them directly. This class begins Wednesday, February 9th from 9:00 a.m. till noon.

Sewing for Teens and Adults starts Thursday, January 13th, from 4:00 to 6:00 p.m. Students should bring a portable sewing machine, if they have one, and a pattern with fabric for the project they would like to work on.

Photography classes will be offered at Refrigerator Door Art, in a partnership with FMC Photography By Design in Lynn, for children and adults. They offer many class options and have a wonderful darkroom. Please call for details!

Quitterie Copeland will be holding her French Lessons again. This was such a great class and she is a wonderful teacher. Seven students either brushed up on high school French or explored the romance language for the first time. Please call if you are interested in this class.

The Jewelry Workshop, conducted by Donna Lee Hanlon, which was held in December, will be held again on Saturday, January 8th, from 2:00 to 4:00 p.m. Class size is limited to 20 students. The project will be a 3-piece sterling silver and gemstone and pearl necklace, bracelet and earring set, which students will take home. Those who have already taken the workshop, are invited back to work learn a few more complicated techniques. For more information and to signup, please call Donna at 781-581-0648 or Carol at 781-599-2222.

Art Parties can be designed for all ages. The studio space is very comfortable and can accomodate a pretty good-sized group. We can do a Girl's Night Out, one-time event, for no reason at all, or to celebrate a special event: birthday, bridal or baby shower, you name it, we can do it!

Children's art classes will run on the same schedule as the fall session and begin January 10th. Please sign up at our late registration on Wednesday, January 5th, from 1:00 to 8:00 p.m. We offer one-time or long-term classes for all ages and situations! Or, just stop by to check out an art book, bring in something you're working on for some feedback, or to see the Gallery of Work by students and Carol Hanson.

Nahant Girls Scouts News

submitted by Mary Jo Ludke

The Girl Scouts had a very busy fall. We are proud to have such a strong and vibrant program in Nahant. The annual Country Dance drew a record crowd, from the Ocean Bay Neighborhood of Nahant and Swampscott, as Moms, Dads and girls learned some new Square Dances and Reels. Many thanks to St. Thomas Aquinas Parish, for hosting our gathering in their Parish Hall.

Daisy Troop 24 leaders, Nancy Caggiano, Colleen Munnelly and Linda Barba, welcomed ten new kindergarteners into Daisy Girl Scouts, at an Investiture Ceremony in December. They are: Rebecca Caggiano, Sarah Ryan, Michelle Connor, Maisie Vasquez, Margaret DiGrande, Liliana Barba, Caroline Munnelly, Mariah Morad, Lani Stevens and Morgan Weiner.

Fourth Grade Junior Troop 57 is happily settled into its new meeting space, in the Multipurpose Room at the Valley Road School. Many thanks to all who helped prepare the room for Nahant's young people. Troop 57 recently held its annual Rededication Ceremony there, to renew its commitment to Girl Scouting. At the ceremony, returning girls welcomed new Junior Scouts, Mariah Hanson and Matty Byron to the troop. We are thrilled that all fourteen Johnson School 4th Grade girls now participate in Girl Scouting.

The troop also spent a beautiful fall afternoon at The American Textile Museum, in Lowell, learning about Girls' Fashions in the Past and Present. After a tour of the museum, they designed and created their own doll outfits from their favorite period in history.

You may have admired the beautiful plantings at the Little Nahant Playground, as you walked, or drove by, during the fall. Fifth Grade Junior

Troop 112's landscaping talents were the crowning touch on the new playground. Thank you, girls, for this wonderful community service! The girls did take some time to relax, as well. They enjoyed their annual trip to the Boston Harbor Hotel for High Tea, as well as an evening at the Rockettes Holiday Show. Later in December they were spotted at the School of Refrigerator Door Art, where Carol Hanson was

directing their talents, as they worked on their Ceramics and Clay badge.

Finally, in December, all the troops came together at Town Hall, to ring in the Christmas season with traditional carols, for the Annual Christmas-Tree-Lighting.

Keep your eyes out for your favorite Girl Scout selling Thin Mints and Caramel Delites. The annual Cookie Sale starts January 2nd.

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The NEW YEAR
by Sallee Slagle, Director, Dance Dimensions

This time of year, we reflect on what is truly important in our lives. We draw our friends and family closer to share more love and joy together. This New Year, we want to know how we can improve the quality of life for our family, friends, ourselves and even, the world. Well, it all starts here in our own home.

Our children are very influenced by our example. Health and fitness habits are often learned by this example. With childhood obesity on the rise, not only should you be a good example, but it's up to you to teach them. Make some of your fitness time, family time. I know getting to the gym, or going out for a run, may be treasured, personal time, but find a way to include the children in some fitness time, at least once week. Involve them in group sports, too, but don't

think this will teach them about fitness, as usually it's all about the game. Tell them that sports are also good for keeping the body in good health. Do exercises together and stretch together at night.

Also teach them about good nutrition. At meals and snacks talk about the food choices you have made. Let them know why. Get a copy, or poster, of the food pyramid and refer to it often. Let them know sweets and treats are allowed, but should only be a small part of their diet. Help them to make good choices. If your kids are older, keep good choices around in quantity. Make sure they are familiar with the food pyramid and remind them of it. Teens are always hungry. Try to help them avoid overloading on sugar and chemical laden soft drinks. Try juice

with seltzer, milk, or soy with vanilla, or chocolate flavor. Keep fresh fruit on hand and veggies cut-up for the whole family. Drink lots of water and have easy-to-pack sports bottles on hand, for the kids, where ever they go.

We are also influenced by our friends. Don't be afraid to talk to a friend if you are concerned about their health. Get involved together in some fitness activity. If you both need to lose a few pounds, try a diet together, or Weight Watchers, or join the same gym. Try a fitness class together. You are both more likely to keep with it, if you do it together. Also, it builds your friendship and

gives you both a sense of responsibility towards each other. You both will be more health conscious. Stay involved in sports, or classes you've always loved and introduce your friends and family to them.

If you've gotten away from the pleasures and passions of your life, now is the time to renew them. If you lost touch with a good friend and you still wonder about them, give them a call. We all influence and touch each others lives. This is the richness of friends, family and community. Sometimes it seems we never have time for friends, family and community. You have to demand time and hold it precious

and dear to you.
We are all influenced by what is going on in the world today. The world is portrayed as more dangerous to us everyday, in the media. We want to just close our doors and withdraw to keep safe. We cannot lead insular lives. We each need to do just a little more to change the way life is. Keep taking on the responsibilities that are important to you, your family and the community. Don't back away from things you know are important. Build a better life for all those you care about. Teach them to do the same. Build a better community and we build a better world.

Healthy Knees
by Dr. Keith Briggs, Briggs Chiropractic

The knees are very complex joints that can suffer from what we do, or what we don't do. There are many injuries that can occur to the tissue surrounding the area, including arthritic changes, miniscal tears, ligmentis tears and strains.
Circulation is very important. You need to move as much as you can and you should not sit longer than an hour at a time. The lack of mobility allow waste products to develop in and around the knee joints, which can have adverse affects on the tissue. Movement will increase oxygenation to the tissues.

It is also important to implement stretching and strengthening exercises into your life. This will help you maintain good balance around the knee joints in the front and the back, as opposed to just the quadriceps, which are the anterior structures. Also, by stretching the muscles of the leg, as well as the calf, it will help prevent a hard heel strike, which can result in a lot of shock to the knees. It also may promote bone spurring in the feet.

Another recommendation is not to lock the knees for any prolonged period of time, whether it is when walking, weight-lifting, exercising, or standing. Flexing the knees is important when lifting. You should maintain a wide stance, which will transfer the load differently to the knees and preserve normal curve to the lower back, as opposed to straightening the curve in the lower back or bending forward.

When sitting at work or at home, it is important to adjust the furniture or chair in which you sit, so that your feet aren't dangling. Try to prevent any compression on a desk that is too short on the legs or knees. Good footwear provides good support, are not too short or too wide, as many shoes appear to be, and is a good investment.

Finally, it is essential to be well-hydrated; a lot of aches and pains, degenerative changes or popping/clicking within the joints and knees can be partly due to the drying out of the joints. Keep in mind that the body is 70% water and all the joints have fluid within them, which is composed mainly of water. Therefore, practically half of your body weight in ounces of water should be consumed on a daily basis. Try to avoid caffeine which acts as a diarrhetic and decreases the water content within the joint structures.

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Legislation Proposes Mandates for Physical Ed in
Public Schools to Help Fight Obesity
submitted by Elana Amaral

Boston, MA - Senator Thomas M. McGee announced a legislative initiative targeting childhood obesity, by mandating time for Quality Physical Education (PE) for all grade levels in Massachusetts public schools. The bill is supported by the Massachusetts Coalition on Obesity Prevention and Education (MA COPE), the Harvard School of Public Health’s Prevention Research Center, the American Heart Association/Stroke Association and the American Cancer Society.

“We are filing this legislation to ensure that our children receive quality physical education to improve their health; physical, emotional and cognitive performance; and, address the obesity epidemic,” said Senator Thomas M. McGee. “All students in Massachusetts deserves the opportunity to benefit from quality physical education, which will provide them with the foundation to adopt healthy and physically active lifestyles.”

The proposed legislation calls for 150 minutes of time devoted to PE, in elementary schools and 225 minutes of middle and high schools, per week. Massachusetts law requires Physical Education to be taught in public schools; however, in 1996, the Board of Education repealed regulations that mandated minimum weekly hours of instruction. Since this regulation change, high school students in the MA Youth Risk Behavior Surveillance System (YRBSS) have reported a dramatic decrease in participation in weekly Physical Education class, from 80% in 1995, to 57.9% in 2003.

Staying physically active is a primary component of obesity prevention and recent studies have shown that childhood obesity is a growing problem across the country. In the past 30 years, the obesity rates in youth have tripled. In Massachusetts, approximately one-quarter of the high school students are overweight, or at risk for becoming overweight. Overweight children experience the same risk factors associated with heart disease in adults, such as high blood pressure, high cholesterol levels and type 2 diabetes, once knows as “adult onset” diabetes.

“Physical Education provides the opportunity for all students to understand and improve their physical and mental well-being. Studies show that youths attending PE class, at least once per week, were significantly more likely than their peers to have participated in regular vigorous physical activity, regular moderate physical activity, or muscle strengthening exercises. Mandating greater time for physical education in our schools will address the epidemic of childhood obesity and improve our children’s overall health,” concluded Senator Thomas M. McGee.

Home for the Holidays
by Anne M. Kennedy

I bought my small house here in Nahant a little over three years ago. Having been born and raised in Lynn, it was, though not full-blown, culture shock, quite a change. It’s felt like a comfortable fit from the start, though. A cute house with friendly neighbors, in a pleasant locale, situated in a quaint community.

Still, leaving my roots was not without some discomfort. My identification as a blue collar gal began to decline while I still resided in Lynn. College, followed by graduate school, differentiated me from many of the kids with whom I grew up. Yet, working class roots remain even when branches veer into the “middle.” This leaves me, at times, feeling like the man without a country, as the woman without a class. Maybe it is a manifestation of “you can take the girl out of the class, but you can’t take the class out of the girl” notion. Around the holidays, this feeling can be exacerbated.

Do I buy that plastic, holiday something that I eyed in WalMart (yes, there was a draw, I admit) or do I acquire the more refined, socioeconomically acceptable, simple wreath? Please don’t misunderstand me. I don’t believe that taste is solely based on economic or social class orientation. My taste was just fine, thank you, before my move. Ecclectic tasteful, but I’m no purist. I like the plastic whatevers as well as the high end objects. I enjoy devouring creme broulee, but once in a while a Ring Ding really hits the spot!

I by no means wish to perpetuate stereotypes, either. I, in large part, developed an appreciation for fine art and music, language/communication and travel, as much for education as entertainment and so on, from my mother. My mother, Alba Pallotta Kennedy was a first generation Italian American who, as a consequence of time of birth, economics and gender was not afforded the opportunities that she recognized had become available to her daughter. She encouraged me in a wonderfully persistant manner, to “study” and “get an education.” Those were among her litany of mantras. Thanks, mom.

I proudly call Nahant my home now. I also proudly say that I was born and raised in Lynn. I’ll find my place here, externally and internally, while weathering the winds of change.

My house is located on Wilson Road. You’ll recognize it. It has a simple wreath on the door and the plastic holiday something next to it.

The North Shore Fairy
GodMother Project
submitted by Catherine Lyons

The North Shore Fairy GodMother Project is a volunteer, not-for-profit organization with a simple mission. We want to grant every girls’ wish to go to the prom...despite financial circumstances. It’s part of a nation-wide group of similar organizations.

Throughout the school year, we collect prom items: prom gowns, teen shoes, purses, jewelry and accessories. In the spring, we will hold our Princess Boutique on the North Shore, to distribute these dresses, free, to area high school girls who lack the financial means to purchase their own dress for their high school prom. We give each girl an appointment ahead of time. When they arrive, one of our volunteers acts as their fairy godmother and stays with them to help them feel at “home.” The fairy godmother will help find gowns and accessories for the girl. We try to make it a very relaxing and special visit.

During the month of January, we will hold a drive for these items at the following locations:

Bank of America, 21 Paradise Road (Vinnin Square), on the Salem/Swampscott Line, or at the Rt. 114 branch in Peabody. Collections are also being taken at Wild Oats on Route 1 in Saugus.

We are always looking for girls to help. We are always open to donations of gowns or associated prom wear and gift certificates. Volunteers, to help run dress drives or assist on the day of the boutique, are always welcome.

For more information, please call 781-594-1255. Please leave a message and your call will be returned. Or, visit our website: fairygodmotherprojectofma.org

Donations can be sent to: The Fairy GodMother Project of the Northshore, P.O. Box 125, Nahant, MA 01908.

Thanks for your support!

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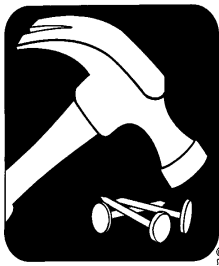
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Support Our Troops
submitted by John Osbahr

I am fortunate, proud and honored to be the President of a World War II combat unit, the 447 Bomb Group Army Air Corps with approximately 800 members. We recently learned that there is a military unit in Iraq that has a similar designation, the 447 Air Expeditionary Group and some of our members have established communications via the Internet. They thank us for our effort and are using our Logo with pride. We can reminisce about the lonely, homesick feeling away from home, particularly around the holidays, and experiencing adverse conditions, so we decided to bolster the morale of the Iraq unit. Receiving the acceptance of the Commanding Officer, we sent 200, 100 minutes each, prepaid telephone cards, so the personnel can call home during the holidays

Ray Reynolds, SFC Iowa Army National Guard 234th Signal Battalion, a medic in Iraq sent an e-mail to one of our veterans summarizing the activities and results in Iraq and asked us to convey this message as follows:

As I head off to Baghdad for the final weeks of my stay in Iraq, I wanted to say thanks to all of you who did not believe the media. They have done a very poor job of covering everything that has happened. I am sorry that I have not been able to visit all of you during my two-week leave back home. And, just so you can rest at night knowing something is happening in Iraq that is noteworthy, I though I would pass this on to you. This is the list of things that has happened in Iraq recently:

Over 400,000 kids have up-to-date immunizations. School attendance is up 80% from levels before the war. Over 1,500 schools have been renovated and rid of the weapons stored there so education can occur. The Port of Uhm Qasar was renovated so grain can be off-loaded from ships faster. The country had its first 2 billion barrel export of oil in August. Over 4.5 million people have clean drinking water for the first time ever in Iraq. The country now receives 2 times the electrical power it did before the war. 100% of the hospitals are open and fully staffed, compared to 35% before the war. Elections are taking place in every major city, and city councils are in place. Sewer and water lines are installed in every major city. Over 60,000 police are patrolling the streets. Over 100,000 Iraqi civil defense police are securing the country. Over 80,000 Iraqi soldiers are patrolling the streets side by side with US soldiers. Over 400,000 people have telephones for the first time ever. Students are taught field sanitation and hand washing techniques to prevent the spread of germs. An interim constitution has been signed. Girls are allowed to attend school. Textbooks that don't mention Saddam are in the schools for the first time in 30 years.

Don't believe for one second that these people do not want us there. I have met many, many people from Iraq that want us there and in a bad way. They say they will never see the freedoms we talk about, but they hope their children will. We are doing a good job in Iraq and challenge anyone, anywhere to dispute me on these facts. If you are like me and very disgusted with how this period of rebuilding has been portrayed, tell this to a friend and let them know there are good things happening.

Remember, we sent our military in "harm's way," so we owe it to them, their family and loved ones to actively support them.

An Open Letter to Selectman Lombard

Dear Richie,

I know that you and I have agreed (and disagreed) at times. We've joked and argued, both openly and privately, but we've always behaved in a civilized manner. I've never even threatened to throw you out of the tree house.

So, now that you've been ousted from the Nahant Democratic Town Committee, I feel that I must thank you for upholding the First Amendment to the Constitution of the United States. Maybe you did it unintentionally, but you did so nonetheless, by supporting a candidate. Perhaps this episode explains the recent election results:

At this truly local level, the NDTC have shown their club to be undemocratic, unAmerican, hypocritical, dogmatic and fanatical. Yet it was a Democrat, Tip O'Neill, who reminded us, that all politics are local.

Perhaps Democrats would behoove themselves to heed his advice and act less like those Republicans whom they revile so bitterly, yet whom they now resemble so closely.

I believe that when the Democrats become truly democratic, the forces of education will prevail over those of dogma. And they may even win a national election.

With gratitude,
Daniel A. deStefano, Nahant
Member of no political party

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Useless Information by Ray Barron

Nahanter's Thoughts About Life

Carol Munnely, of Castle Road, says, "Living in the past has one thing in its favor — it's cheaper."

Joanna Reardon, of Nautical Lane, says, "The best way to live a long life is to get somebody to do the worrying for you."

Jayne Solimine, of Fox Hill Road, says, "Life is like a mirror — we get the best results when we smile."

The electrifying Ed Poulin, of Irving Way, says, "Life has more questions than answers."

And Ed's stunning wife, Gayle, of New Orleans, says, "The best things in life are free — including the worst advice."

Welcome Annie Rooney to Nahant! The attractive and personable Annie Rooney is Gayle Poulin's mother who has left New Orleans to settle here. She surely will add a touch of class to the Town!

Jean Hosker, of Valley Road, says, "Life is what you make it, or what it makes you."

Beverly English of Little Nahant Road, says, "A New Year's resolution is a promise to stop doing everything you enjoy most."

Dearest Mother Superior, Jody LaFace, of Nahant Road, says, "Life is fragile — handle with prayer."

A reminder from Nahant Police Officer, Armand Conti, "Trying to make life easy is often what makes it so hard."

Our distinguished, long-legged Assistant Assessor, Sheila Hambleton, says, "Life is a constant struggle to make ends meet, starting with the efforts of an infant to get his toes into his mouth." Be assured, when Sheila was a baby she succeeded to get her toes into her mouth.

Nahanter's Have Perfect Bodies!

We learned, recently, the body parts most commonly altered by cosmetic surgery, vary from region to region. The West leads the nation in breast implants. The Midwest has the most buttock and thigh lifts. The South is the leader in ear corrections, cheek implants, and cellulite treatments. The East is tops in hair transplants, chemical peels, and collagen injections. So there you have it! Women in the West lead all others with larger breasts. And Midwesterners have towering buttocks!

According to Charlie Seagull, of Short Beach, a plastic surgeon would starve to death if he had to depend upon Nahanter's for business. Nahanter's are not known for sporting towering buttocks, or are in need of breast implants. Must be the salt air that helps to make Nahanter's physically attractive.

Timothy Moran, of Fox Hill Road, claims a plastic surgeon increases your face value.

Cay Cusack, of Nahant Road, says, "There is a face-lift you can perform yourself that is guaranteed to improve your appearance. It is called a smile."

Dick "Beattle" Bailey, of Sunset Road, says, "When someone says you look like a million dollars, don't swell with pride; maybe you do look overtaxed."

Nahant Maiden Names

Janet Dolan's maiden name is Owen. Winifred Kane's maiden name is McLaughlin. Irma Greenlaw's maiden name is Patten. Laura Burke's maiden name is Banta. Joyce Loguericio's maiden name is Blundell. Barbara Kairevich's maiden name is Simson.

Ruth Brownell's maiden name is Jansson. Ruth Doran's maiden name is MacDonald. Dorothy Huston's maiden name is Gunrud. Fannie LaRocque's maiden name is Colannino. Ione Mary Hansell's maiden name is Cardinal. Harriet Steeves' maiden name is Corbin. Marguerite Rizzo's maiden name is Haigh.

Bonnie Blydell's maiden name is Kane. The popular teacher, Peggy Silva's maiden name is O'Leary. Joan Kavanagh's maiden name is Baranzano, a prominent name in Philadelphia.

Betty Gooding's maiden name is Finkenaar. Christine Frauenholz' maiden name is Kendall. Lisa Doyle's maiden name is Leone. Mary Jane English's maiden name is Eagan. Diane Desmond's maiden name is Cullinane.

Joanne Laubner's maiden name is Davis. Joanna Reardon's maiden name is Speranza. Janet McIlveen's maiden name is Duggan. Marrit Hastings' maiden name is Nauta, a distinguished Dutch name. Robin de Stefano's maiden name is Roland.

Former Massachusetts' First Lady, Jennie Volpe's maiden name is Benedetto. Gayle Poulin's maiden name is Rooney. Which reminds me, Gayle is a member of the Gaelic & Garlic Society. Her mother was Italian, and her dad, Irish. Jayne Solimine's maiden name is Melican.

Our January Birthday Babies

January 1st birthday babies: Fascinating Kim Yannetty, Linda Nolan, Mike Smith, Matt Cardile, the fig tree grower Mario Pasciuto and Paul Lerman. Also born on January 1, J. Edgar Hoover, Director of the FBI and pop singer Madonna.

January 2nd: Donald Polcaro, Nancy Daras, Pam Szostakowski, Fred Morley, Billy Morrison, Jason Anguilo and singer and composer Roger Miller.

January 3rd: Francesco Macera, film actor Ray Milland, pianist and comedian Victor Borge.

January 4th: Lovely Gertrud Joyce, Jill Koldewey, Alice Forbush, Paula Smith, Susan Fintonis, Diane Gallagher, brilliant Christianne Manzano, actresses Jane Wyman and Dyan Cannon.

January 5: Muriel Castronova, Eva Cieri, Mark Harrell, Bob Rooney, Tony Alessi, actress Diane Keaton and former Vice President, Walter Mondale.

Our January 6th birthday kids: Kathy Toomey, delightful Dorothy Hagoort, Danielle Gorham, Christine Sonis, Helen Nioso, the charming Robin deStefano, Carl Sanburg, poet and actress, Loretta Young.

Our January 7th gift openers: Lovely Dorothy Johnson, sweet Mary Lou Brown, Carolyn Manley, Rose Quinn and Ron Branga.

January 8th: Lauren Lacey, Kelli Howard, Justin Gaglio, handsome Chris Billias and rockers Elvis Presley and David Bowie.

January 9: Lisa Clark, Martha Caloggero, Cathy Bartholomew, Inza Teague, Don Nogueira, Stuart Woodrow and Stojan Maksimovic, a

native of Yugoslavia, an internationally known architect who designed and constructed a modern house perched on a cliff on Lafayette Terrace here in Nahant. Stojan's attractive wife, Mirjana, is also an architect.

Our January 10th birthdays: Carol Hanson, Irma Greenlaw, Jeanne Postal, Tom Famulari, the brilliant Len Kavanagh and singers Rod Stewart and Johnny Ray.

January 11th: Tracey Ross, Ana Maria Cunha, Ed Lonergan, Dave Carter and Naomi Judd, country singer.

January 12th birthday candle blowers: Lovely Katie Hyde, Maryanne Parr, Debra Duffy, Dr. Christine Blaski, Marilyn Girard, the inspiring Greek goddess, Gina McCoy, the charming Heather Butler Cook and actress Kirstie Alley.

January 13th birthdays: Gail Guiney, Marie Bongiorno, Nancy Depinet, Ann Haskell, John Moore, Frank Botta, Joe Alessi, Dick Erikson and Sophie Tucker, singer and vaudeville star.

January 14th birthday kiddies: Marion Doyle, Marjorie Logan, Shirley Hoffman, sweet Edith Hunnewell, Maura Devereaux, Jean Sigourney, Bob Donahue, James Passanisi, Pasquale Macone, Paul Kourkoulis and actress, Faye Dunaway.

January 15th: Shirley Fessenden, Sandra Chagaris, Diane Desmond, brilliant Polly Bradley, Dave Desmond, the personable Bob Scanlan and actor Lloyd Bridges.

January 16th: Congenial Carolyn Cummings-Saxton, Susan Davis, Gwen Davis, Dot Santosuosso, Elaine O'Connor, Gloria Barbacoff, Marie Schepens, Steve Baker and Ethel Merman, singer (Continued on next page.)

Let all Nahant know about your product or service! Only \$50 for your business card! Call Suzanne, today, at 781-592-1263

Useless Information

(Continued from page 10.)

and actress.

January 17th birthdays: Michelle Locke, Andrea Norton, Maureen Palangi, gangster Al Capone and boxing champion, Muhammed Ali.

January 18th: Lovely Andrea Puleo, Kathy Baker, Liam Mahoney, Mike Tufts, John Cadigan, actors Cary Grant and Kevin Costner.

January 19th birthdays: Michelle Mueller, Christine Liscio, Sharon Coletti, Roger DiMinico, John D'Orlando, Jason Morley, John Harkins, Brian Wilson, my dearest daughter, Karen Barisano, singers Janis Joplin and Dolly Parton.

January 20th: Lovely Joan Kavanagh, Eleanor Bunker, Heather McNeill, Steve Blasdale, Bill Hatfield, Herman Floeck, tycoon Bill Boyan, actress Patricia Neal and Edwin "Buzz" Aldrin, US astronaut.

January 21 gift openers: Rosa Melanson, Darlene Landry, Nellie Drewicz, Mary Bongiorno, Bob Gilbert, Bill Waters, Ross Falzone, the dedicated public servant, Richie Lombard, the devout Gaelic, John Dineen, actor Telly Savalas and Christian Dior.

January 22nd: Tom Simpson, Bonnie Bishop, Cathy Brown, Frances Casey, Augustus Lombardi, Pete Elias and actresses, Linda Blair and Piper Laurie.

January 23rd birthday babies: Anne Kennedy, Christina Priftakis, Maria Migliaccio, Debra Baldwin, Debra Stamm, Kevin Dwan, John Mosher, Bill Julien and Caroline, princess of Monaco.

January 24: Darling Darlene Conigliaro, Cynthia Costin, Frances

Moleti, Bonnie Lamando, Kathy Hamill, Pete Sherber, Hawaiian native, David Livingston and actor, Ernest Borgnine.

January 25th: Emily Potts, lovely Grace Barile, Bob Leff, Curt Hynes and authors Robert Burns and Virginia Woolf.

January 26th birthday babies: Susan Arzillo, Maureen Sinewski, Marie Esler, Angelina Pitsas, Bill Kelley, Pete Malatesta, Ryan Cronin, John Collins, Matt Pescaia, actor Paul Newman and singer Eartha Kitt.

January 27th: Evelyn Turner, Stephanie Tuttle, Barbara Alessi and Pat Pica. Also, on this date, in 1926, the first public demonstration of television was given by John Logie Baird, at his workshop in London.

January 28th candle blowers: New Orleans native, sweet Gayle Poulin, Norma Brooks, Seta Michaud, Nancy Mirabello, Mike Gomperts, Tom McDonough, Dick Nobrega and actor Alan Alda.

January 29 birthdays: Gayle Poulin's handsome husband, the electrifying Ed, celebrates his birthday. Others celebrating their birthdays on January 29, James Munro, Michael Lucantonio, Donna Ventura, Helen Nichols, Maria Rynne, John Sarpi and actors, Tom Selleck and Victor Mature.

January 30th: Pleasant Gerald W. Butler, Ann Parkinson, Audrey Norris, Dawna Nocera, Erin Kelley, Luke Tsokanis, Wayne Papagelis, actor Gene Hackman and actresses Vanessa Redgrave and Dorothy Malone.

Finally, January 31st birthdays: The congenial Bonnie D'Orlando, the personable Dr. Colleen Collins, Margery Roback, the wondrous Susan Dineen, Joe Bongiorno,

Ed Peterson, Jim O'Connor, Stevie Bartholomew, sweet Dara Mosher and movie stars Suzanne Pleshette, Carol Channing, Eddie Cantor, Mario Lanza, Jean Simmons and author Norman Mailer.

I believe it was the noted hair stylist Shane (Cullinan) Codispoti of Nahant's popular Beachcombers Hair Salon who once said, "Few women admit their age. Few men act theirs!" How true!

On The Street Where You Live

There are 28 homes on Bass Point Road. The highest-assessed home on Bass Point Road is Gerald Christopher's home, at 125 Bass Point Road, assessed at \$1,036,500.

The second highest-assessed home belongs to Kenneth Swope. His home at 135 Bass Point Road, is assessed for \$1,006,800.

The third highest-assessed home is owned by Walter and Margaret Goode. Their home at 93 Bass Point Road, is assessed for \$1,002,100.

The fourth highest-assessed home belongs to Paul and Margaret Tobin. Their home at 183 Bass Point Road is assessed for \$916,400.

And the fifth highest-assessed home is owned by Arvard and Doris Tompkins. Their home at 115 Bass Point Road, is assessed for \$887,900.

For your information, the total number of parcels of land in Nahant is 1,415. The total Nahant land value is \$453,219,995. The yard value is \$4,708,900. Nahant's building value total is \$307,031,700, and the grand total value is \$764,960,595!

Just remember, money isn't everything, but when buying real estate, it can mean a lot. And the best part of a real estate bargain are the neighbors.

Scandalous Reading!

A new book about former President Abraham Lincoln, published by Simon & Schuster, suggests that Honest Abe was gay. In *The Intimate World of Abraham Lincoln*, author C.A. Tripp writes that Lincoln slept with men and even wrote about two men getting married. Historians are protesting. Joan Flinpach, president of Indiana's Lincoln Museum, says: "The evidence is circumstantial."

For winter reading! "Cary Grant," by Marc Eliot, published by Harmony Press. "If we must have a new and comparatively unvarnished biography" of screen legend Cary Grant, this one's at least fair, said Molly Haskell in *The Washington Post*. Born Archibald Leach, Grant worked as a gigolo, lived for years with a male "soul mate," Randolph Scott, experimented with LSD, and abused wife No.4. Hey, read the book for more juicy stuff about the illustrious Cary Grant.

For the record, Cary Grant died of a massive stroke in 1986, at the age of 82, in Davenport, Iowa. Grant was cremated.

Useless Information For Dummies

Leonardo Da Vinci invented the scissors. Babies are born without kneecaps. They don't appear until the child reaches 2 to 6 years of age. Women blink twice as much as men. Cats have over one hundred vocal sounds. Dogs only have about 10. No word in the English language rhymes with month, orange, silver, or purple. There are 293 ways to make change for a dollar. There are more chickens than people in the world. And our eyes are always the same size from birth, but our nose and ears never stop growing.

Nahant's distance from Boston is 12 miles. Nahant is the North Shore's smallest community. Last count, there are 112 individuals 85 years and over. There are 127 female householders without husbands. There are 72 unmarried couples in Nahant. Simply stated, living together. And the average family size is 2.85.



GOD BLESS AMERICA

This 2 column by one-inch space is only \$20! Place YOUR ad in the next Harbor Review. Call Suzanne Hamill, Sales Director, at 781-592-1263, today! Thank you!

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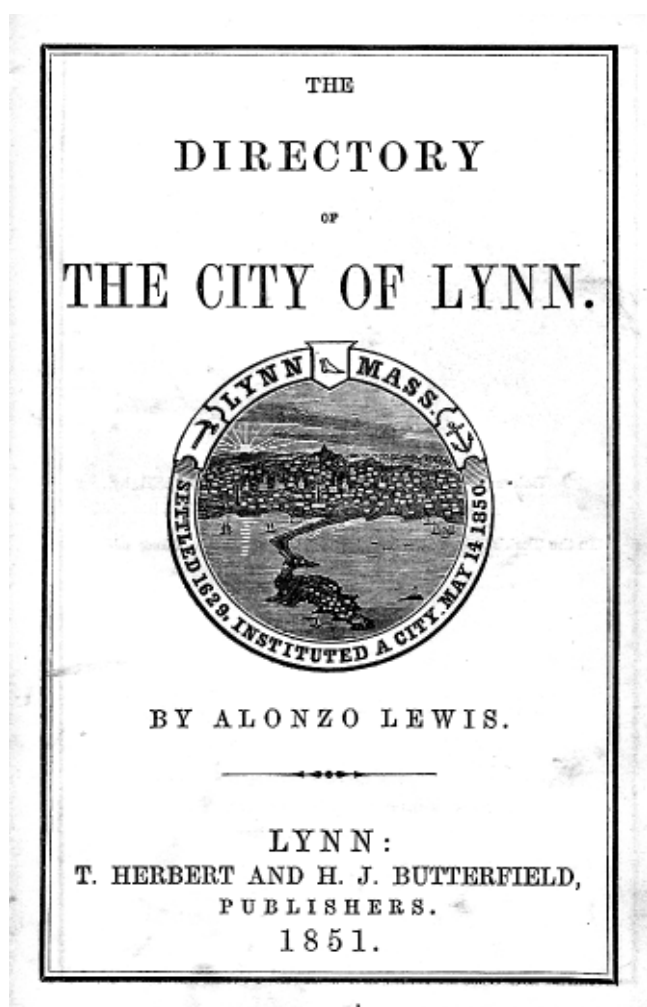
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Summer In Nahant



A collaboration of old photographs, letters and memories of those who lived and resorted on this seaside penninsula before us.



NAHANT DIRECTORY.

Amory Charles, Cross road, 65 State street, Boston.
Appleton Benjamin W., coachman, Main road.
Bisbee George W., laborer, Drew's hotel.
Bryant John jr., Mrs. Swallow's cave road.
Bulfinch Henry, teacher, Main road, boarding house.
Cabot Henry, Cross road, 10 Winthrop Place, Boston.
Cary Thomas G., School avenue, at Tremont Row, Boston.
Cary William, Main road.
Chadwick Ebenezer, Main road, 11-1/2 Tremont Row, Boston.
Colby Alonzo, laborer, Main road.
Clark Benjamin C., Coolidge avenue, 63 Commercial wharf, Boston.
Crowninshield Benj. W., Swallow's cave road, 1 Somerset st., Boston.
Covell Freeman, fisherman, Main road.
Codman Henry, Main road, 40 State street, Boston.
Curtis Thomas B., Chapel road, 63 State street, Boston.
Dunham Henry, fisherman, Coolidge avenue.
Dunham Henry T., fisherman, Coolidge avenue.
Dunham Mrs., Main road.
Drew Phineas, Nahant Hotel, East point.

Eliot Samuel A., counselor, 30 Court street, Boston.
Green Charles G., Chapel road, New Orleans.
Griffin William, laborer, Tudor's small cottage.
Gray John E. Mrs., Coolidge ave, Albion house, Tremont st., Boston
Hammond Samuel Mrs., Main road.
Hammond Ira, Carpenter, Main road.
Hammond John Q., carpenter, Main road, boarding house.
Hudson, Samuel E., fisherman; School avenue.
Hood Benjamin, fisherman, Main road, boarding house.
Hood Abba Mrs., widow, Main road.
Inches Misses E. and S., Chapel road.
Johnson Caleb, yeoman, Main road.
Johnson Charles Warren, eordwainer, Main road.
Johnson Charles Warren, fisherman, Main road.
Johnson Daniel A., cordwainer, Main road.
Johnson Daniel W., fisherman, Main road.
Johnson David, fisherman, Main road.
Johnson Edward A., fisherman, Main road.
Johnson Edward Kirk, fisherman, California.
Johnson Francis, jr., lobster dealer, Main road.
Johnson Jonathan, fisherman, Main road.
Johnson Joseph, Johnson House, Main road.
Johnson Joseph, jr., cordwainer, Main road.
Johnson Joshua Bishop, fisherman, Main road.
Johnson Washington H., lobster dealer, Main road.
Johnson Walter, cordwainer, Main road.
Johnson Welcome W., postmaster, grocery, Main road.
Johnson William, fisherman, Main road.
Johnson William Frederic, farmer, Main road.
Johnson William R., cordwainer, Main road.
Joy Abigail, School avenue, 22 Mount Vernon st., Boston.
Lee Hannah F. Mrs., Swallow's cave road.
Lodge John E., Cross road, merchant, 69 Commercial wharf, Boston.
Loring Francis C., counselor, 39 Court street, Boston.
McCormick Henry, farmer, Little Nahant.
Mifflin Charles, physician, Swallow's cave road, 80 Beacon st.
Murdock Artemas, artist, at Caleb Johnson's, Main street.
Paige, James W., merchant, Main road, 62 Summer st., Boston.
Palmer Charles H., farmer, at Mr. Tudor's, Main road.
Peabody George, merchant, Chapel road.
Perkins Thomas H., Main road, 12 Temple place, Boston.
Perkins Edward, Main road, 26 Water street, Boston.
Prescott William H., historian, Swallow's cave road.
Phillips Jonathan, Coolidge avenue, 61 Mt. Vernon st., Boston.
Phillips Sarah, heirs of, Bass neck road.
Phillips William, Coolidge avenue, 61 Mt. Vernon st., Boston.
Quincy Josiah jr, counselor, Chapel road, 4 Park st., Boston.
Rice Jesse, Rice's House, Main road.
Robbins Edward H. Mrs., Swallow's cave road, 45 Summer st., Boston.
Russell N. P. Mrs., Chapel road, 2 Allston street, Boston.
Stetson Dexter, carpenter, Main road.
Stinson Erastus H., carpenter, Main road.
Story Joseph Mrs., School avenue.
Tarbox Nelson A., Nahant express, Main road.
Tudor Frederic, ice merchant, Main rd, Tudor's Bldg, 20 Court st., Boston.
Warren John M., physician, Chapel road, 6 Park st., Boston.
Wetmore Thomas, Coolidge avenue, 9 Bussey place, Boston.
Whitney Albert, Whitney's Hotel, Main road.



If you have something you would like to share on this page, please contact the author:
Summer In Nahant
c/o Bumper Gooding
PO Box 5,
Nahant, MA 01908
Or email: sumnerkimball@aol.com



Lynn Directory 1851

One of the Oldest Towns in Massachusetts



A Complete Map of Nahant by Alonzo Lewis

As there is now a good road over Long beach, access may be had to Nahant at all hours; but the pleasantest time for a drive over the beach is at low water, or between that and half tide. The same time should be taken to visit the Swallow’s cave, as the water passes through it at high tide. The best time to view the dashings of the Spouting horn, is when the wind is eastward, and the tide coming in.

The people of Nahant, as well as visitors there, are greatly indebted to Frederic Tudor, Esq., for his care in embellishing Nahant by the construction of side walks, and setting out many thousand shade trees along the avenues, for several miles in extent. His gardens are great curiosities, and his hydraulic works, by which he raises water spontaneously to the height of more than ninety feet, for the purpose of watering them, are the admiration of all.

A complete map of Nahant has been made by Alonzo Lewis, showing every lot as it was originally laid out, with the names of the present owners, which will be found very convenient to proprietors, and to persons wishing to purchase land there. Many interesting historical particulars respecting Nahant may be found in the “History of Lynn,” which may be obtained of the author, or of Mr. Thomas Herbert.

ROADS AND PLACES AT NAHANT.

- Bass neck, the western part of Nahant.
- Bass neck road, from Main road through Bass neck. Beach road, from Beach street to Little Nahant.
- Chapel road, from Cross road to Swallow’s cave road.
- Coolidge avenue, from Cross road westward.
- Cross road, from Main road to Coolidge avenue.
- Drew’s road, from Swallow’s cave road to hotel.
- Half moon, junction of Main road and Swallow’s cave road.
- Little Nahant, between Long beach and Nahant beach.
- Main road, from Long beach, at little Nahant, to Drew’s hotel.
- Nahant beach, between Little Nahant and Great Nahant. School avenue, from Main road northward.
- Swallow’s cave road, from Main road to Swallow’s cave.
- Steamboat wharf, south side of Chapel road.
- Tndor’s western avenue, west of Tudor’s cottage.
- Tudor’s eastern avenue, east of Tudor’s cottage.

CIRCUIT OF NAHANT.

Beginning on Bass neck road, and passing eastward, showing all the principal places which the curious may wish to visit.

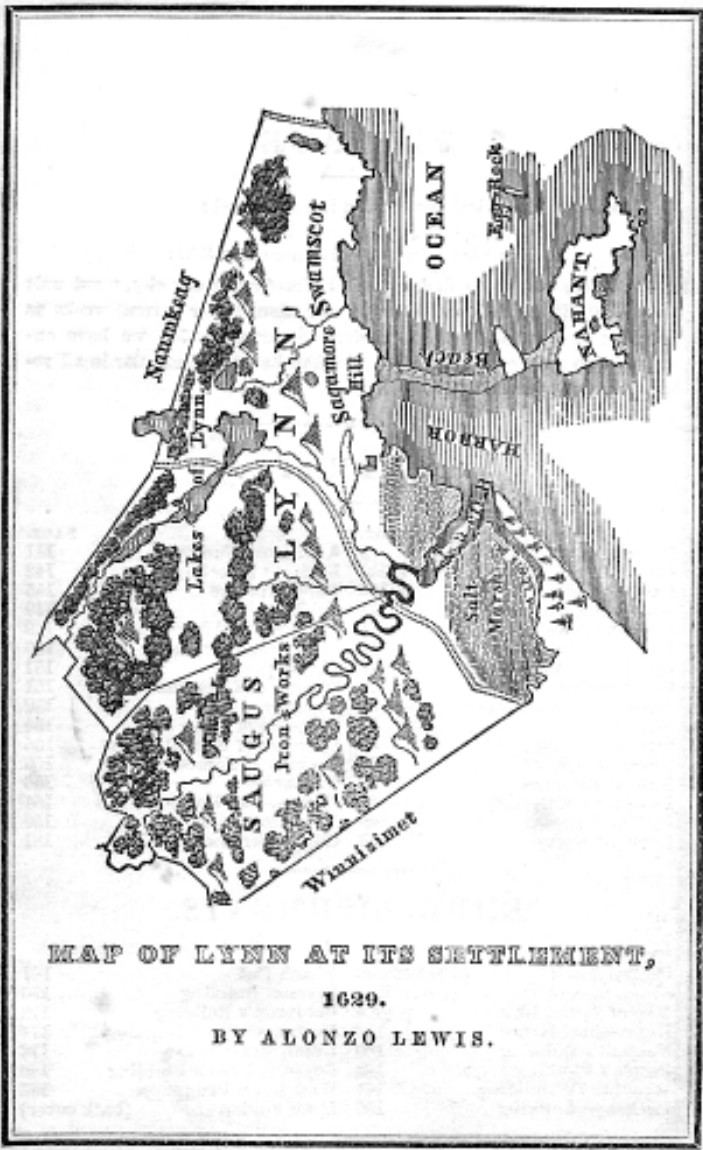
Black rock	Steamboat wharf	Bennett’s head
Johnson’s beach	Irene’s grotto	Canoe beach
West cliff	Swallow’s cave	Cedar point
Reed Cove	Cow beach	Castle rock
Bass point	Pea island	Bass beach
Lewis’ beach	Shag rocks, in sea	Hood’s poiut
Bailey’s hill	Bathing beach	Rose Fish cove
Pond beach	Great ledge	Saunders’ ledge
Dorothy’s beach	Sappho’s rock	Egg Rock, in sea
Marjam’s hill	Pulpit rock	Spouting horn
Crystal beach	Natural bridge	Dashing rock
Nipper stage	Steep cliff	Black mine
Curlew beach	Roaring cavern	Stony beach
Bass rock	Turk’s head	North spring
Joseph’s beach	East point	John’s peril

SOURCE: Directory of the City of Lynn. Alonzo Lewis. 1851. Author’s collection.



NAHANT.

On the south of Lynn, nearly surrounded by the ocean, is the peninsula of Nahant, six miles in circumference, connected to the main land by a broad isthmus beach, nearly two miles in length. Besides the permanent inhabitants, Nahant contains the summer residences of many citizens of Boston, and is one of the most agreeable watering places in the union. The Directory of Nahant precedes that of Lynn.

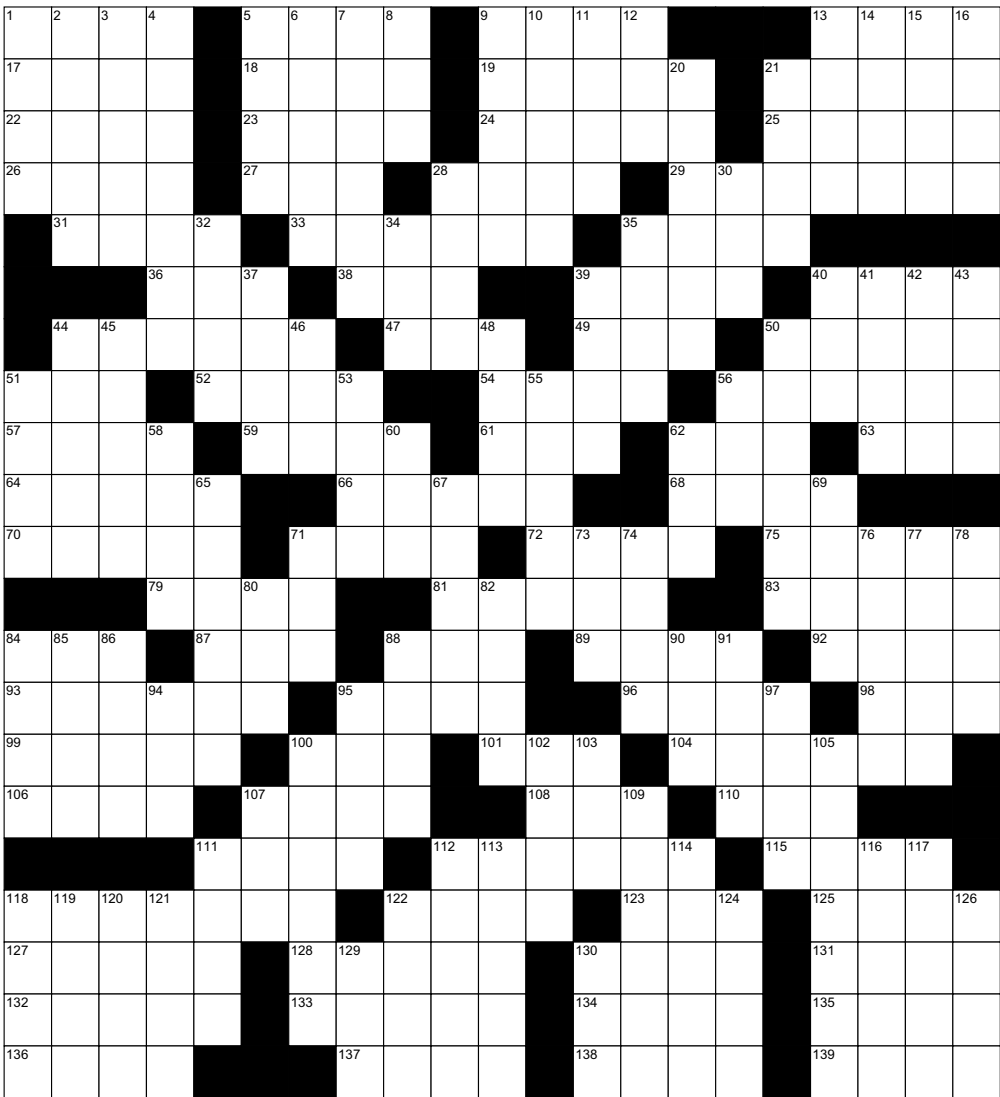


NAHANT PUZZLE PAGE

"Happy New..."
by Rick Kennedy

ACROSS

- 1 Sheaf
5 Swiss mountains
9 Mama Mia group
13 Hawkeye on MASH
17 Baker's need
18 Onion-like vegetable
19 Rice, e.g.
21 Pain reliever brand
22 Hoop
23 Not Home
24 **Buck on Gunsmoke?**
25 Greasy spoon
26 Treaty org.
27 Attack
28 **FDR's New plan?**
29 **New whaling city?**
31 Cheers regular
33 Wise
35 Recedes
36 Hair stuff
38 Shrill bark
39 Electric light
40 **New chance?**
44 Treatise
47 School group
49 Miner's goal
50 Heaped
51 Drink
52 Tel ____
54 Taboo
56 Sent a telegram
57 Own
59 Pennsylvania port
61 **New beginning?**
62 **Seinfeld's New nemesis?**
63 Tricky
64 **New PC operators?**
66 Murders
68 Off-Broadway award
70 Jeans material
71 Yiddish money
72 Object
75 Groups of workers



- 79 Cob vegetable
81 Stupefy
83 Country
84 Central daylight time
87 Con
88 Buddy
89 Au naturel
92 Frock
93 Room
95 Santa's deliveries
96 Small particle
98 Infirm
99 Pester
100 **New Price is Right prize**
101 Hearing organ
104 Enclose
106 **Time for New resolutions?**
107 Plant fiber used in ropes
108 Policeman
110 **New Jersey city?**
111 Board game

- 112 **New CT town?**
115 Fats
118 Civil War "Moses"
122 **New DNA discovery?**
123 Summer month
125 Opp. of yeses
127 Jacob's father
128 Bounds
130 Mexican money
131 Land unit
132 Whinny
133 ____ Lauder
134 Like a wing
135 **1980's New music?**
136 **New cigar dispensers?**
137 Saucy
138 Egg part
139 Beers

DOWN

- 1 **Stork's New delivery?**
2 Relating to birds
3 Slow
4 Glut
5 Alack's partner
6 **Huey who sang with The News?**
7 Cool
8 Air
9 **Nixon's VP**
10 Pita
11 Sob
12 Be ill
13 First letter of Arabic alphabet
14 Comedian Jay
15 Declare
16 Geek
20 Half a byte?
21 Totals
28 Department (abbr.)
30 Move away
32 Plateau
34 Rive
35 European monetary unit
37 Not taped
39 Lean
40 Women's ____
41 Evils
42 Sense
43 Whirl
44 Harass
45 **New college town?**
46 Mr.
48 Raggedy Ann's friend
50 Chaotic activities
51 Dull sound
53 Gripping tool
55 Fertile desert area
56 Automobile
58 Little Mermaid's love

- 60 Wing
62 **New recipient of 1D**
65 Smoky
67 Treed (2 wds.)
69 **New Time periods?**
71 Gross national product (abbr.)
73 **Sir Isaac's New name?**
74 Decorative needle case
76 **New unread messages?**
77 **Columbus' New discovery?**
78 Tack
80 Grain
82 Otherwise
84 Ali's former name
85 Terminated
86 Parcels' nickname
88 **New RI town?**
90 Deer
91 Gas burner
94 Neither's partner
95 Job
97 Hairstyle
100 **New brown ale?**
102 Teen's bane
103 Pole
105 Island near Taiwan
107 **New web user?**
109 Shaddock
111 Lush
112 Pariah
113 Beginning
114 Twangy
116 Not express
117 Dish out
118 Back
119 On the briny
120 Bug killer
121 Torn up material
122 Fence opening
124 **A-Rod's New state?**
126 Observes
129 Sixth sense
130 Remunerate

Stocks: The Building Blocks of an Investment Portfolio
submitted by Kevin Manning, Financial Advisor

The stock market can be volatile. That’s why many people feel more comfortable putting their money into lower-risk investments, like bank savings accounts. But buying a home, saving for college, or securing your retirement are big expenses. Will you be able to reach your financial goals by just putting your money into lower-risk investments?

Stocks Are Important for Growth: The case for stocks, or equities, can be summed up in one word: growth. The long-term record that stocks have created for generating higher returns than other investments is the single best reason for owning stocks over the long term. According to Ibbotson Associates of Chicago, one dollar invested at the end of 1925 would have grown to about \$18 by the end of 2003 if invested in Treasury bills and to about \$61 if invested in long-term government bonds, but that same dollar would have grown to \$2,285 if invested in the S&P 500 Index during that same time frame. Although past performance does not guarantee future results, these figures are impressive. Direct investment is not available in these indices. The data assumes reinvestment of all income and does not account for taxes or transaction costs.

Other Benefits: In addition to their performance record as one of the reasons for owning stocks, when you construct a portfolio of stocks you may also enjoy other benefits such as: You can choose stocks that will accurately reflect your personal risk profile and investment objectives. You have the opportunity to participate in potential price gains in any one stock or market sector. You retain direct control of buy and sell decisions. You have flexibility to time buys and sells for tax purposes.

How Do You Choose? With tens of thousands of stocks available, how do you select those that are best suited for your needs? Generally, there are three considerations involved in selecting stocks: Assessing your risk tolerance, diversifying and selecting quality stocks.

Building and managing a portfolio of stocks is an integral part of the long-term, wealth-building process. View it as a process that requires patience and discipline. Your Financial Advisor can help you make stock investing part of your long-term portfolio-building plan. In addition, he or she can help you review your portfolio periodically to help keep you on track toward achieving your financial objectives, whatever they may be.

Please note that while stocks offer the potential for capital appreciation, they are more volatile as their value will fluctuate with changes in market conditions. Treasury bills provide current income and are government guaranteed as to the payment of principals; long-term bonds offer income and return of principal at maturity.

Please contact Kevin Manning for more information at 978-739-9612.

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Nahant Harbor Review
PO Box 88 • Nahant, MA 01908 USA

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FEBRUARY 2005

All Community Calendar items, personal ads,
classifieds, business ads, articles and short stories.
SATURDAY, DECEMBER 15th • 5:00 P.M.
Mail Date: JANUARY 26th

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The Nahant Harbor Review is published monthly and distributed to over 2,100 homes and businesses in Nahant and beyond by Seaside Business Services, PO Box 88, Nahant, MA 01908, (781) 592-4148, Donna Lee Hanlon, Owner, Editor & Publisher.

Editor reserves sole discretion for inclusion of ads, articles, letters and other submissions.

Anonymously submitted articles and / or letters, unsigned or lacking author contact information, will not be published. Exception: although not a regular practice, a writer’s identity may be withheld by request, at the sole descretion of the editor.

Articles, Notices, Letters and Calendar Items may be submitted by: **email**, donna@nahant.com, or **fax**, (781) 581-0158, or **mail**, Editor, PO Box 88, Nahant, MA 01908, or to our **drop-off box** at the **Equitable Cooperative Bank** on Nahant Road.

The views and opinions expressed in this publication do not necessarily reflect those of the management and staff of the Nahant Harbor Review or Seaside Business Services.

Help support Nahant’s ONLY community newspaper. Become a voluntary subscriber today! Send \$15 per subscription with mailing address to: Nahant Harbor Review, PO Box 88, Nahant, MA 01908. Thank you.

What happens when you
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Call 781-592-1263 to place your ad today!

Free Stickers

Free “NHT” sticker and “HOOMPA” sticker at the Nahant Cleaners on Nahant Road. Compliments of Rob Scanlan, USMMS

Happy Holidays Solution
December 2004

Solution:

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Dr. Doug Roberts, Phd.
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JEWELRY WORKSHOP

Saturday, January 8, 2005
2:00 to 4:00 p.m.

School of Refrigerator Door Art

We will make quality gemstone and pearl jewelry: a
necklace, bracelet and earrings set which students will
take home. Workshop & materials fee is \$30.

For more information or to sign up, call
Donna: 781-581-0648 or Carol: 781-599-2222.



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Nahant Community Ad Page

**Advertise your yard sales, moving sales, car and boat sales,
apartment rentals, personal messages, birth announcements,
memoriams, holiday and birthday greetings in the
FEBRUARY 2005 issue of the Nahant Harbor Review!**

Fill out the form below and make your check payable to Seaside Business
Services and mail to: Nahant Harbor Review, PO Box 88,
Nahant, MA 01908...**OR...** Save a stamp!

Take the envelope to the Equitable Cooperative Bank on Nahant Road
and drop it in the black box on the Teller's counter.

Payment must be included with the form.

Photos will be returned if accompanied with a self-addressed, stamped
envelope. The deadline for the February issue is January 15th.

Name: _____

Telephone: _____

Photo Enclosed? _____

Ad Size: _____

Amount enclosed: _____

Print Message (or attach to form): _____

For more info., call Suzanne at
781-592-1263.

Price List

One column wide by	
1" box	\$10.00*
1.5" box	\$15.00*
2" box	\$20.00
2-1/2" box	\$25.00
3" box	\$30.00
Two columns wide by	
1" box	\$20.00*
1.5" box	\$30.00*
2" box	\$40.00

*Text Only

Community Calendar • JANUARY 2005

To have your event listed on the Nahant Community Calendar, please mail note, letter or postcard to: Community Calendar, Nahant Harbor Review, PO Box 88, Nahant, MA 01908 or email: donna@nahant.com

Winter Parking Ban: December 1, 2004 until April 15, 2005. No overnight parking is allowed. Ticketing and towing will be strictly enforced, especially during snow emergencies when towing will be in full effect.

SUN	2	10:30A	Worship Service and Sunday School at the Nahant Village Church.
FRI	7	7:00A	NVC Men's Group Breakfast. John Cort to speak.
SAT	8	Noon	Little League Registration, Johnson School Lobby
SUN	9	Noon	Little League Registration, Johnson School Lobby
SUN	9	10:30A	Worship Service and Sunday School at the Nahant Village Church.
WED	12	7:00P	Public Meeting Re: Heritage Landscapes of Nahant
SUN	16	10:30A	Worship Service and Sunday School at the Nahant Village Church.
MON	17		MARTIN LUTHER KING JR DAY
FRI	21	2:15P	Little League Registration, Johnson School Lobby
SUN	23	10:30A	Worship Service and Sunday School at the Nahant Village Church.
THU	27	6:30P	Periwinkle Preschool Annual Open Enrollment.
SAT	29	3:00P	LynnArts Art Show Opening Reception. "Works on Paper." Till 5:00 p.m.
SUN	30	10:30A	Worship Service and Sunday School at the Nahant Village Church.

FEBRUARY

SAT	5	4:00P	Texas Hold'em Poker at the Nahant Country Club to benefit the Nahant Lions.
SUN	6	3:00P	Tom Sheehan at the Nahant Public Library.

Fun at the School for Refrigerator Door Art



JEWELRY WORKSHOP

Saturday, January 8, 2005

2:00 to 4:00 p.m.

School of Refrigerator Door Art

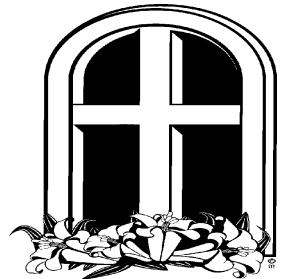
Make your own quality gemstone and pearl jewelry to take home. Workshop & materials fee is \$30.

For more information or to sign up, call

Donna: 781-581-0648 or Carol: 781-599-2222.

Nahant Village Church

Join us for Worship
Service & Sunday
School on Sundays
at 10:30 a.m.



AA Meetings

Tuesdays and Thursdays: Alcoholics Anonymous meets at 7:15 a.m. St Thomas Aquinas Church basement on Nahant Road.

Fridays: Alcoholics Anonymous meets at 7:30 a.m. Nahant Village Church Library on Cliff Street.

The Historical Society is open to the public on Wednesdays and on the first Sunday of each month, from 1:00 to 4:00 p.m.

The American Legion meets on the first Tuesday of every month, at 7:00 p.m., at the American Legion Hall, 5 Coolidge Road, in Nahant.

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