

Nahant Harbor Review

A monthly publication, in service since March 1994, dedicated to strengthening the spirit of community by serving the interests of civic, religious and business organizations of Nahant, Massachusetts, USA.

Donna Lee Hanlon, Editor • PO Box 88 • Nahant, MA 01908 • donna@nahant.com

Volume 12 Issue 4

APRIL 2005

From the Town Hall

Annual Town Meeting & Election Saturday, April 30th

The last day to register to vote in the Annual Town Meeting & Election will be Saturday, April 9th, from 9:00 a.m. to 8:00 p.m., in the Town Clerk's office at the Town Hall. If you are already registered to vote in Nahant, no other registration is necessary.

Town Meeting & Election are on Saturday, April 30th. Polls are open from 7:00 a.m. to 8:00 p.m. Town Meeting starts at 12:30 p.m.

Annual Town Election Saturday, April 30, 2005

Moderator (for one year)

David G. Conlin, 171 Willow Road vote for one candidate for re-election

Selectman (for three years)

Richard J. Lombard, 83 Willow Road vote for one candidate for re-election

Town Clerk (for one year)

Harriet C. Steeves, 51 Fox Hill Road vote for one candidate for re-election

Assessor (for three years)

Perry C. Barrasso, 257 Nahant Road vote for one candidate for re-election

Public Library Trustee (for three years)

John K. Dineen, 40 Pleasant Street vote for one candidate for re-election

Constable (for one year)

Paul S. English, Sr., 74 Pond Street vote for one candidate for re-election

School Committee (for three years)

Peter F. Barba, 22 Emerald Road
Ellen M. Christy, 43 Pond Street
Brian Denham, 106 Willow Road
Peter A. Przybycien, 9 Harbor View Rd

Planning Board (for five years)

Sheila K. Hambleton, 17 Kenney Ave vote for one candidate for re-election

Housing Authority (for five years)

Jane D. Wilson, 31 Emerald Rd vote for one candidate for re-election

Congratulations to Nahant's Colleen Meagher



Gymnast Colleen Meagher (center), of Nahant, finished 5th All-Around with a first place finish on the Balance Beam, at the USA Gymnastics Level 5, Starlight Invitational Meet, held at MIT in early March. A member of the Yellow Jackets Gymnastics Club of Middleton, the Johnson School 5th grader has been competing since age 5. She is surrounded by teammates Angela Lombardo (right) of Reading, 1st Place All-Around, and Katie Kerrigan (left) of North Reading, 4th place All-Around. In a field of over 60 gymnasts, ranging from ages 6 to 13, the three 10-year-olds helped power Yellow Jackets to a First Place team trophy. Photo submitted by her proud father, Kevin Meagher.

Here's your copy of ...

Nahant Harbor Review

Post Office Box 88
Nahant, MA 01908-0088

PRESORTED
STANDARD
U.S. POSTAGE
PAID
LYNN MA
PERMIT NO. 271

**PARKING BAN IN EFFECT
UNTIL APRIL 15TH.**

Artist Revives Nahant Arts

Nahant Arts 2005 is in the planning stages and local artist, Carol Hanson, director of The School of Refrigerator Door Art, invites all Nahant artists, artisans and crafters to participate in the event. Table and exhibit space are now available and need to be reserved in advance. Nahant Arts 2005 will be held on Saturday, May 28th, from 9:00 a.m. until 2:00 p.m., at the Nahant Community Center.

A logo contest for school-aged residents is now continuing. The winning design will be printed on T-shirts and will be available at the event. All entries will be on display, the day of the event. Entry forms will be distributed through the Johnson School and will also be available at the School of Refrigerator Door Art. Deadline for submissions is Friday, April 8th at 5:00 p.m. Artwork must be done by the child and submitted on white paper, no larger than 9" x 12". All entries must be hand-drawn. No computer generated designs will be accepted.

We are also planning live entertainment and performances that will take place in the Serenity Room. Please call Carol Hanson at 781-581-1271 or 781-599-2222 for further info or to reserve table or gallery space.

Volunteers are welcomed and appreciated! Watch for a more information in the May issue of the Nahant Harbor Review. Mark your calendars now and plan to celebrate the arts and your community center!

Nahant Legion Winter Projects a Success

by Peter Przybycien, Adjutant, Post #215

The Legion body has been quite active over this winter season and some thanks are in order. First on the list is Carolyn Cummings-Saxton. Carolyn took the charter for the Women's Auxiliary and had it remounted in its original frame. The remounting came out beautifully. It not only enhances the appearance, but will serve to protect this historic document. The charter dates back to the 1930s and lists many old town names as founding members. The newly-refurbished document will serve as a centerpiece of our collection of Nahant memorabilia. We wish Carolyn well in her drive to reestablish the Nahant American Legion Auxiliary and thank her for her contribution.

A bravo zulu to Mike Kairevich, for his outstanding job as building manager. The interior of the building has not been in better shape in the past 10 years. Mike's tireless efforts, maintaining the interior, exterior and grounds, have been key to the recent increase in building usage. Keep up the good work!

Other projects under way include a Nahant Legion website. The website will include historic information about the post, links to other veteran organizations and information on veteran benefits. The site is currently under construction and will be rolled out in the near future. Our fundraising committees are hard at work planning events for warmer weather and a flag retirement ceremony is in the works for June.

In other news, the Legion has accepted the resignation of John Osbar as 2nd vice-commander. The resignation was accepted only under the condition that John accepts the title of Honorary Vice Commander. John, we wish you a speedy recovery. You have always been there for the Legion and now your Post stands with you, ready to help and support. You are an inspiration to us all. You truly embody what it means to be a Legionnaire.

Nahant Lions Honor Schepens, Steeves

submitted by Steve Switzer

On Wednesday, April 6th, the Nahant Lions will celebrate the contributions of two great Nahanters. The Charles Schepens Lifetime Achievement Award will be presented to Robert (Bob) Steeves. This award is given to a District 33N Lion who has demonstrated a commitment to community service and to Lion activities. Bob has been a Lion for 46 years and is personally responsible for impacting the lives of many individuals in Nahant and the greater Lion district.

The Nahant Lions will also celebrate Dr. Schepens's birthday. He is truly a Nahant treasure and has been a Lion alongside Bob for most of those 46 years. The Schepens Eye Institute in Boston is one of the foremost eye research centers in the world. The Nahant Lions are dedicated to raising money for eye research and Nahant is blessed with his presence.

Please join us on April 6th. Tickets are \$25 per person and may be purchased at the door at the Nahant Country Club. Social hour begins at 6:30 p.m., with dinner served at 7:30 p.m. For information, please call Steve Switzer, at 781-599-8702, or email: sswitzer@wans.net. Hope to see you there.

Please patronize our advertisers and tell them you saw their ad in the Nahant Harbor Review. Thanks!

PH (781) 581-3644
FAX (781) 592-0146
EMAIL nahantassociates@aol.com



Nahant Associates Inc.
SERVING ALL REAL ESTATE NEEDS

KAREN A. CANTY	GAIL GUINEY
BETTY MACARELLI	EDNA M. DORAN
WAY SWAIM	MARION CAPANO
KATIE DORAN WALTON	NIAMH CALLAHAN
LISA ARENA	BEV BELLIVEAU, SEC.

Jesmond Nursing and Rehabilitation

271 Nahant Road
Nahant, MA 01908

Providing Rehabilitation Services,
Long-Term Care, Respite Care
and Hospice Care.

For information and / or admission,
call: 781-581-0420 • fax: 781-596-0878

One Pitch Softball Tournament Benefits Local Family by Carol Hanson

The committee of the One-Pitch Tournament is pleased to announce that the fundraising bumper stickers are now on sale at several locations in town and from several individuals. The sticker says, "I'm a Friend of Earl. Support a cure for ALS." They can be affixed to anything, really, so if you don't have a car and want to support this great local cause, for a great local family afflicted by this devastating disease, you can put it on your bike, your mailbox, front door, or a window of your house. If you're a kid, you can put it on your notebook, or on a wall in your room (just ask permission first!), in your treehouse, or fort. It's really fun and it helps out a family that benefits so much from the great people in this community.

We are busy collecting raffle items and planning the event, to help out Gary "Earl" Hanson, who has survived, against great odds, to live over a decade with Lou Gehrig's Disease, and his family. If you would like to join the generous folks who've already called in a pledge to give, or have given a raffle item, please call Carol Hanson at 781-581-1271, or drop it off at 17 Harbor View Road. Tickets will be on sale soon.

We also welcome volunteers to help before, during and after the event. The next meeting will be held at 17 Harbor View Rd., on Friday, April 8th, at 7:30 p.m. Thanks again for making this event such a success. Earl, Cindi and Mariah really appreciate it!

Around Town

Can & Bottle Drive

The Recreation Sailing Program Can & Bottle Drive will be held on Saturday, April 16th, from 9:00 a.m. to 11:30 a.m., at the Lifesaving Station.

Softball Anyone?

A Nahant slow-pitch softball team is looking for a few experienced players to join the team this summer. For more information, please call Jen at 781-592-5272

Movie Night

The Nahant Recreation Commission will be sponsoring a Movie Night, for kids, during the week of April vacation. More information will be sent home with the kids from school. So, keep an eye out, and in, those back-packs!

Call Robyn Howard at 781-581-1373, or Jen McCarthy at 781-592-5272, for more details.

Garden Club News

The Nahant Garden Club will celebrate "Spring In Its Splendor," for Arbor Day, April 28th, at the Nahant Village Church, at noon. Hostesses and Program Chairmen are Calantha Sears and Carmella Cormier. Every year, the Arbor Day program honors one of our cherished members. Our honored recipient this year is Catherine A. Cusack. Congratulations, "Cay"!

Summer Job

The Nahant Recreation Commission is looking for a responsible college-age person, or local parent, to fill the supervisor position for this upcoming park league season. The person must be available from July 5, 2005 through August 19, 2005. Responsibilities include ordering supplies, helping to hire staff, overseeing the parks each day, payroll and planning special events throughout the summer. Interested people should send a letter of interest to Jennifer McCarthy, 19 Range Road, Nahant, MA 01908, or send an email to Nahantrec@aol.com

April NVC Men's Group on Eminent Domain

The Men's Group breakfast on April 1st, will focus on eminent domain, the taking of property rights by government agencies, including federal, state and municipal—cities and towns and public utilities. Cal Hastings will lead an open discussion on what eminent domain is, types of damages, who has rights, and how one can assess those damages. Cal Hastings is a real estate appraiser and President of Horne & Hastings Associates, Inc. in Princeton, MA. He has served as an expert witness on real estate damages in many courts in Massachusetts, for the past 25 years.

The free breakfast starts at 7:00 a.m., with the presentation from 7:30 to 8:00 a.m. and is held at the Nahant Village Church. Both men and women are welcome to come and are encouraged to bring a friend. To ensure an adequate food supply, please RSVP to Cal or Marrit Hastings at 781-581-5691, or email: calhast@hotmail.com.

The presentation on real estate assessment valuation, by Assistant Assessor Sheila Hambleton originally planned for April 1st, will be rescheduled at a later date.

Northeastern Marine Science Center Evening Lecture "Embryos in the Sea"

On Tuesday, April 12th, Dr Charlie Ellis, an Associate Professor of Biology, at Northeastern University, will talk about embryo and larval development of marine invertebrates. Dr. Ellis teaches developmental biology and will give an insight into the growth patterns of marine embryos.

This lecture is free to the public. Light refreshments are served at 6:30 p.m. The lecture begins at 7:00 and is roughly an hour long. The Marine Science Center is wheelchair accessible.

Friends of the Nahant Library Book Sale

The Friends of the Nahant Public Library will hold their next book sale beginning Saturday, April 23rd. The sale will continue for two weeks, the last day being Sunday, May 1st. The book sale will be open during normal library operating hours: Monday through Thursday, 10:00 a.m. to 12:00 n. and 2:00 to 8:00 p.m.; Friday, 10:00 a.m. to 12:00 n. and 2:00 to 5:00 p.m.; and Saturday and Sunday, 2:00 to 5:00 p.m.

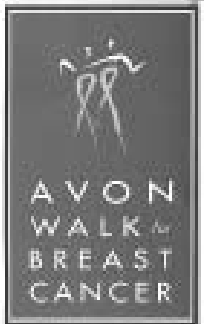
Call the Nahant Public Library at 781-581-0306 with related questions.

Avon Walk for Breast Cancer Fundraiser at Knight of Columbus Relay Yard, Nahant Friday, April 15th, 7:00 p.m. to midnight

Three Nahant women, Betty Gooding, Lori Nugent and Tricia Morad, will be walking 40 miles on May 14th and 15th, as part of the AVON Walk for Breast Cancer. They have each committed to raising \$1,800 for the fight against breast cancer (\$5,400 total).

To kick off their fundraising, they will be holding a party at the newly-renovated Knights of Columbus Hall in Nahant. All ticket-sale proceeds, as well as money collected through raffles, will go towards breast cancer awareness, education, screening, diagnosis and scientific research.

Ticket prices are \$20 per person which includes appetizers, DJ, 50/50 Raffle and other Raffles. If you have any questions, please call Tricia, at 581-1773, Lori at 595-5644, or Betty at 599-6145.



ENZO'S NAHANT GARAGE

NAHANT FAMILY OWNED AND OPERATED



Automotive Repair
Foreign & Domestic

LICENSED USED CARS AVAILABLE

21 Spring Road • 781-581-0011

Captain Wolf Limo & Executive Car



Special Rates to the Airports,
Logan and Manchester, NH

**\$100 OFF 6-HOUR TRIP
(OR MORE) WITH THIS AD**

We are available 24 / 7 for your convenience.
Executive Car and Limousine for all occasions

Toll Free: 1-866-278-9653 • Local: 781-477-2722

JOSEPH P. MANLEY INVESTIGATIVE SERVICES

*Civil & Criminal Investigations
Pre-Trial • Background Checks • Accident • Insurance
Domestic • Missing Persons • Surveillance • Protection
Corporate Security Consulting • School Safety
Crisis Management*

STRICT CONFIDENTIALITY • LICENSED & BONDED
Consultations Free of Charge

42 Phillips Road, Nahant, MA 01908

Tel: 781-581-1569 / 781-581-2668

e-mail: jpminvestiserv@aol.com

MA-LPD: P-940

MA-LCSW: 204037

Chief Joseph P. Manley, Ret.

Don't Cook Friday Returns in May

The Nahant Country Club is offering another Don't Cook Friday for members and non-members alike. The casual dinner and social event is planned for Friday, May 27 at 7 pm. The weekend is sure to be a busy one with cookouts, company and community events like the Nahant Arts 2005 on Sat. and the Memorial Day Parade on Monday. Why not start the weekend with a stress-free, Don't Cook Friday with neighbors and friends at the Nahant Country Club? The cost is just \$15 per person and is open to adults in and around town. We hosted about 70 people at our first Don't Cook Friday in February. It really was a great time. Advance reservations are requested and folks should call Kellie Frary at 781-581-1453 to reserve your spot.

Birth Announcement

Born on March 2, 2005, a daughter, Molly Theresa Cronin, to proud parents John and Kaitlyn Cronin. Molly has a sister Kiara, 5-years-old and a brother, Darragh, 3-years-old. Grandparents are Mary and Jim Cronin of County Cork, Ireland and Jim and Jean Hosker of Nahant.

Sal's Car Care

Give Mom a Clean Car for Mother's Day!

- \$20 OFF any complete cleaning (in and out / wax and shampoo)
- \$10 OFF any exterior wax
- \$10 OFF any interior cleaning

Satisfaction Guaranteed!
Gift Certificates Available

Call for an appointment now!
Remember, we come to you!

Sal's Car Care (781) 595-2277

Experts in IT solutions that help Financial Services Companies manage data migration and integration issues resulting from acquisitions.

Prominent financial services customers include Thomson Financial and CitiGroup.

www.codelabtech.com
info@codelabtech.com
p 781.213.6917 f 781.213.6908

Thank you for Have A Heart Benefit held March 10, 2005

by Maureen Edison

A heartfelt (no pun intended) thank you to everyone who assisted in the beautiful party held at the Nahant Country Club recently. Tony Gallo's Group played magical music while guests enjoyed a fabulous buffet and guests bid on a stunning array of jewelry. Still others enjoyed some of the finest desserts available anywhere.

While we did not achieve the financial goal I'd hoped for, I am convinced from those who attended and helped to put the event together, that an annual ecumenical social evening is something we ought to do again. Besides, we have a wealth of excellent dancers, including some professionals, kind enough to share their talents with us. Special thanks to all of the entertainers, the jewelry auction participants, the dessert chefs, the raffle prize donors, the volunteers and everyone who attended.

(Personal thanks to our youngest assistant, Samantha Claire Andrews.)

Readers, if you have ideas for next year's event, or wish to help, please email me at medison824@comcast.net, or call 781-592-0029. Slainte!

Summer In Nahant Fireworks 2005

by Jennifer McCarthy for the Fireworks Committee

Hello Fellow Nahanters!

After the winter we've had, we are guessing that our annual fireworks letter finds you thinking and waiting for summer. Well, it will be here before we know it! And to help us get ready for a great summer, we are beginning our fundraising effort now for the summer of 2005.

We have set a goal to raise \$15,000 for this year's show. As usual, it will be great. But we need your help. We are asking the citizens of Nahant to make a donation to the fireworks through this article and our annual mailing, which will be arriving soon in your mailbox. Even the smallest donation helps and is greatly appreciated.

We have other fundraising events coming as well. T-shirts will be on sale on April 30th, at the Town Meeting. This year, shirts will be on sale for \$15 each, but if you purchase three or more the price will drop to \$12 each. We will have all sizes from toddlers to 3 XL adults. We also have a few other fundraising ideas in mind, that we are putting together.

If you would like to make a donation, please fill out the form below and send it to one of the addresses below. We thank you in advance for your donations. We look forward to putting on the best show possible for you and your family. Have a safe and happy summer. See you on July 4th!

FIREWORKS 2005

Please accept my donation for the 2005 fireworks. Please make checks payable to Nahant Fireworks Fund.

Name: _____

Address: _____

Donation amount: \$ _____

If you would like a shirt delivered to you for your donation, please indicate the size(s) and we will deliver. (min. \$15 donation for a shirt). Remember, if you order three or more shirts, the price drops to \$12 each.

Qty: _____

Shirt size: _____

Qty: _____

Shirt size: _____

Qty: _____

Shirt size: _____

Total Enclosed: \$ _____

Mail form to either:

Robyn Howard
4 Flash Road
Nahant, MA 01908
781-581-1373

Jennifer McCarthy
19 Range Road
Nahant, MA 01908
781-592-5272

Wind Measuring Meteorology Tower and Article 13

submitted by Josh Antrim on behalf of the Nahant Alternate Energy Committee

At Town Meeting in April, voters will choose whether or not to approve a zoning law change, that would permit a meteorology (met) tower. The proposed zoning law change would allow a met tower of up to 140' in height, for a period of up to 15 months, or less.

This article (Article 13) was submitted by the Planning Board, at the request of the Nahant Alternate Energy Committee (NAEC). NAEC was formed to study alternate energy sources, fuels and conservation methods, that could be used to benefit the town.

The purpose of the met tower is to measure the wind velocity in Nahant, to determine whether wind is an economically attractive source of energy, or income, for the Town of Nahant. Article 13 allows only a temporary tower for the purposes of a study. A wind turbine is not allowed by Article 13. There is no expense to the Town for the tower.

If Article 13 is approved, the Town would erect the tower at the compost area off Spring Road. The tower would be 132' tall, with a diameter of approximately 6" and be supported by guy wires, that extend outward to a diameter of 165 feet, with the tower at the center of this diameter. On top of the tower would be a small wind speed and directional device (approximately 1' in diameter).

There are no permanent footings required. The foot of the tower is placed on a steel plate that lies on the ground. Guy wires are attached to screw anchors, similar to telephone pole guy anchors, that are screwed into the ground. As a point of reference, the meteorology equipment, tower diameter and guy wires would be dimensionally similar to a 35' sailboat's mast, except that the height would be three times as tall and the guy wires are more widely distributed, as noted above.

Any questions about the met tower may be e-mailed to: alternativeenergy@nahant.org.

Why the Heck Not?

by Carol Hanson

In a short conversation with a guest at the amazingly fun and successful Blues Night, at the Nahant Country Club last month, the question of what one "gets" for being a member of the club came up. I answered, by paraphrasing from Kevin Costner's film "Field of Dreams," saying, "If they come, we will build it."

What it comes down to, is the fact, that as we get more members, interest in increasing what we get for being members, will build and new things will happen. I have written a list of the top ten reasons why it would be great to be a member:

1. You get to say "I'm a member of the Nahant Country Club."
2. You get to attend the (delicious) annual dinner at no extra charge.
3. It's a great way to spend \$25 (\$50 for a family membership).
4. You're then eligible to get a Tennis or Platorm Tennis membership.
5. You get discounts to club-sponsored events, like:
 - a. The Blues Night in March
 - b. The Visions of Nahant Art Show and Wine Tasting in November.
6. You get to help keep this beautiful building running.
7. You get to help preserve open space along Nahant's main road.
8. Why the heck not?
9. Why the heck not?
10. Really, why the heck not?

Call Carol Hanson for more information on becoming a member and to have an application sent to you. Why the heck not?

"Family Owned & Operated" Since 1985



HILLCREST
CHEVROLET
of Salem

Rob and Laura See our website: www.hillcrestchevy.com

\$6⁰⁰
OFF
OIL, LUBE, FILTER

With this coupon. Expires 4-30-05



AN AMERICAN R=EVOLUTION

We Service All Makes And Models No Appointment Necessary

Over 100 Certified Used Vehicles As Low As \$4,995

Full Body Shop & Collision Center

"Always Over 20 Corvettes In Stock."

\$20⁰⁰
OFF
COOLANT SPECIAL

With this coupon. Expires 4-30-05

207 Highland Ave., Rte 107 Historic Salem, MA, Near Salem Hospital 1-800-540-0403




LETTER TO THE EDITOR


Hello Donna,

My name is Joseph O'Connor and I am a long time resident of Nahant. I grew up on Colby Way. My father is Richard O'Connor. I live out in Arizona now. I really like to keep up with things back home. The website that you have created is such a great opportunity for me to see what is going on back home. I got married last year and my wife just recently gave birth to our first daughter. Her name is Cassidi Sung Hui O'Connor. She was born at Banner Hospital in Mesa, AZ, on Oct 11, 2004.




I would like to have an announcement put up on your site. Please let me know what I need to do. If at all possible, I would like to enclose a picture. I hope all is well. Thanks,

— Joe O'Connor




Your home equity

Prime Rate* for life of the loan.
Borrow against the equity of your home to fix up the house, pay college tuition or any other major expense. No legal fees or points.
Call us for details.



Community Minded.
Just like you



Equitable
The Cooperative Bank

28 Nahant Road, Nahant
781-595-1990
www.EquitableBank.com

*Prime Rate as published on the last business day of the month in the Wall Street Journal.

School News and Notes

by Cecilia M. Di Bella, Ed. D., Superintendent

Congratulations and special recognition are in order for Johnson School students, Anthony Silva and Misha Zhykov. With his Johnson School victory, fifth-grader, Anthony Silva, has qualified for the state-level National Geography competition, on April 1st, at Clark University in Worcester. Fourth-grader, Misha Zhykov, won the School's annual Spelling Bee and will compete in the citywide spelling bee at Lynn City Hall. And thank you Peg Silva, Diana Hennessey, Dianne Dunion, David Brady and Meredith Salt for your extra effort organizing the "Bee!"

Let me also extend my appreciation and special recognition to five students,

for their contributions to the betterment of the School. While their classmates were enjoying their February break, Alex Billias, Elijah and Shiloh Clark, Lincoln Collins and Eric Greene tackled the task of painting and sprucing up the dreary boys bathroom in the "junior high" wing. Their work exemplified school spirit at its best. And the results are awesome! Thanks also to their "supervisors" Gayle Billias and Terry Clark. Donna Paige, this year's coordinator for Read Across America Day, on March 2nd, had a great group of guest readers, including several newcomers to the School. Students had the opportunity to see

some familiar faces in new roles reading one of Dr. Seuss's classics.

The newcomers included: Officer Keith O'Brien, a recent addition to the Nahant Police Department; realtor, Gail Guiney of Nahant Associates; gymnastics teacher, Bonnie Budryk; and karate instructor, Victoria DeMarco. Mark Cullinan, Roz Puleo, Calantha Sears, Bobby Ward, Sue Beebe and Jeff Blydell also lent their talents to the spirited renditions of Dr. Seuss's many tall tales. Thanks to one and all, including Donna Paige.

I always feel that turning the calendar to April is a huge step away from a long and dreary winter to the promise and newness of Spring. It is also a very important month for most Massachusetts schools and communities. Our sixth-graders begin their academic transition to Middle School, with a visit to the School on April 1st. April is also the month for many field trips and special events. And thanks to the support of our PTO, Johnson School students will travel to several cultural events.

April is also the month for most Annual Town Meetings and Elections, including Nahant's. This year's School Committee election is important, as the Committee decreases from six members to five. The new Committee must address several critical issues in the coming month. I urge parents and citizens to ask the candidates what their positions, views and goals are for the school system, for the next several years. And, equally important, how will they support a stronger school system? In addition to our FY '06 budget, the School Department has its eye on another important article in the Town warrant, the new plan

for the renovation of the Johnson School. With respect to the FY '06 budget, it is another fiscally-responsible, bare-bones budget, that addresses the academic and program needs of all Nahant students within the framework of the Town's financial realities. The current DRAFT budget totals \$3, 079, 811, an increase of \$22,007 or .007 % above the current FY '05 budget. Yes, you read that correctly, less than 1%! Major reductions in out-of-district special education tuition and transportation, and the reduction of one classroom teacher, due to a substantially smaller incoming kindergarten class, offset the increased tuition to Swampscott. Once the School Committee approves the budget, in its final form, in late March, it will be posted on our web site for community review, prior to the Annual Town Meeting on April 30th. Please direct any questions or comments to me, at cdibella@johnsonschool.org.

Over the past several months, I have acknowledged the excellent work of the reorganized Renovation Committee. Under the able leadership of Laura Michaud, the Committee has diligently explored, examined and considered the many concerns about the earlier proposal, that were raised by voters at the last Town Meeting.

By the way, the Town recently received written confirmation, that the new plan would receive the original state reimbursement of \$1,880,350. Under the new funding mechanism, these funds would be available much sooner than the previous process. Architect Frank Siraco, of the Mt. Vernon Group, has squeezed and tweaked every inch of the design, to reduce square footage and keep the cost estimate

within the Town's budget. The new Plan, which will be presented to Nahant's voters on April 30th, responds to the quest for a compact, more efficient building, that matches the School's program needs and enrollment and the Town's fiscal reality. The Plan is indeed a "plain vanilla" design, with no bells, whistles, computer equipment, furniture, fancy designs, or playground equipment. The School Department has been very involved in the discussions and deliberations with the Committee and we are comfortable that the design meets our educational specifications.

I urge Nahant voters to read the materials prepared by the Committee, or attend public forums by the Committee, to learn about the new Plan and ask whatever questions you may have about this important project. I also ask Town Meeting members to reflect on the words of one of your neighbors, at a recent Town meeting. To paraphrase his eloquent words, he asked his fellow citizens to keep Nahant a community for children and families, by voting to approve the renovation of the Johnson School. From my perspective, without a viable school, would young families settle in Nahant? Imagine playgrounds or soccer fields without enough children for a team; or a Girl or Boy Scout program, without a sufficient number of youngsters for a troop or pack. It's time to address the many mechanical and safety problems of this fifty-plus building. Let 2005 be the year of the renovation! See you at Town Meeting.





INSURANCE
INVESTMENTS
LONG TERM CARE INSURANCE
FINANCIAL NEEDS ANALYSIS

John Hancock

WORLDWIDE SERVICE

For more information,
call (978) 689-6936 or
Toll-free (800) 257-4357 Ext 6936
email: alattizzori@jhnetwork.com

Anthony J. Lattizzori
Sales Manager

Christine M. Menzies Donald W. Menzies, CPF
Owner Owner




Wed thru Fri: 3:30 - 7:30 p.m. - Sat: 10:00 a.m. to 5:30 p.m.
Sunday: noon to 4:00 p.m.

402 Humphrey Street, Swampscott, MA 01907
781-592-1033

The School of Refrigerator Door Art
Art Instruction for Children & Adults



- Private and Group Lessons
- Birthday Parties
- Exhibits and Gallery Space

Nahant Community Center
41 Valley Road, Nahant, MA 01908

Carol Hanson • 781-599-2222 • refrigdoorart@aol.com
www.theschoolofrefrigeratordoorart.com

Johnson School Student Council News
submitted by Robert A. Silva

The Student Council started off the beginning of the school year with the Lions Club eyeglass collection, the Thanksgiving food collection, and the Toys for Local Children collection. We, as a school, are dedicated to helping people in our town, our neighboring communities, the state and the world around us. Children can make a difference!

The officers and representatives of the Johnson School Student Council have now been hard at work since the New Year of 2005 began! The devastation, brought by the tsunami, moved the Johnson School students to action, as soon as they returned from Christmas vacation. The students had coin collection cans in every classroom. They gave up their Friday ice cream and donated 50 cents, instead of their usual treat. On Hat Day, January 21st, the students made a voluntary contribution of 50 cents, to wear a special hat. The result was that the children in grades Kindergarten through Grade 6 are making a donation of \$840.50 to the Tsunami Relief Fund.

The month of February was our annual "Save the Station" raffle to help out our town with the Lifesaving Station. We are ready to give the committee \$242.75 for this project. During the month of February we also contributed warm hats, gloves, mittens, and scarves to My Brother's Table.

In March, we joined the Spinelli family in the annual "Daffodil Days" drive, for the American Cancer Society. Hopefully, a cure may be found in our lifetime and we can help with the research. The Johnson School students raised a total of \$1,034 to aid this important effort.

The Student Council will continue, through the rest of the school year, with more projects and special events, or special "days," at the school. One special day might have to be a "Red Sox Day" on opening day in April!

The officers and representatives of the Student Council are: President: Alex Billias, Vice-President: Maggie Osbahr, Secretary: Gabriella Wootten, Treasurer: Nicole McDermott, Representatives: Mario Forgione, Christopher Mason, Shiloh Clark, Trachita Wheeler, Heather Doyle, Peter Klee, Alexa Steriti, Steven Scaglione, Anna Greene and Derek Osbahr (Advisor-Peggy Silva).

**Art School Announces
Summer Art Program**

C.A.M.P. Camp is a children's art program, that is being offered this summer, at the School of Refrigerator Door Art, located in the Nahant Community Center, at 41 Valley Road.

C.A.M.P. means Creative Arts, Movement and Play. That means your child will be stimulated visually, auditorally and physically. Registrations are now being accepted. Some slots are nearly full already, so call very soon, if this is something you are interested in for your child this summer!

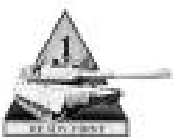
The director, Carol Hanson, brings a wealth of educational and artistic experience into her programming and the kids just love it! Children as young as two, have the capability to create with some direction and it's a wonderful introduction for them into social skills and following directions. Parents have come back and told me how easy the transition to preschool was for their child, after attending this program.

The school offers classes and private events, such as birthday parties for all ages. The space is bright and inviting. It's a great place to be. Check out our web site: www.refrigdoorart.com for scheduling and class offerings. There is something for everyone!

HAPPY BIRTHDAY, MAGGIE!

Birthday Greetings to beautiful Maggie Murray, of Prospect Street. She turns 11 on March 31st.
Love, Hugs & Kisses from your Dad

LETTER TO THE EDITOR



DEPARTMENT OF THE ARMY
Headquarters, 1st Battalion 36th Infantry
CMR 453
APO AE 09074



AETV-THW-OPS SGM

15 March 2005

Dear Fellow Nahanters,

I would like to thank you for the gifts you made and gathered for my soldiers and me, while we were deployed to Iraq. I received your gifts from collections that were held at the Town Library, given to various groups in town, or given directly to my parents, Mr. and Mrs. Robert F. Cormier of 11 High St Ext. Every item I received was used by either the soldiers of my battalion, soldiers in the New Iraqi Army, or given to the poor in the Rusafa and Sadr City districts of Baghdad. Again thank you for your kindness and generosity.

My unit spent 16 straight months in combat, fighting in areas of Baghdad, Sadr City and Kabala. We finished up securing the infamous Airport Road. We are currently back in Germany, recovering our equipment and preparing to return to Baghdad, early in 2006, for another year-plus rotation. The best feeling in the world for a soldier is to receive mail. The morale boost we received from your gifts helped us through many a bad day, or ensured a nice shower, to clean off the grime of the city.

I am proud to say, that I am from a small, caring community and used the kindness shown to me, to teach the people of Iraqi about getting along and helping one another, no matter what their views or beliefs were.

Again, thank you so very much for your kindness, thoughtfulness and support while I was deployed.

Sincerely,
SGM Robert Cormier
HHC 1-36 INF

Thai Thani Restaurant
in Swampscott-by-the-Sea

Authentic Thai Cuisine
Lunch • Dinner • Take-Out • Full Liquor License
Try Goldie's Delicious Mai Thai cocktails

Functions Available We can cater your next party. Gift Certificates Available Closed Mondays till 5/2005	Hours: Tues-Sat: Lunch: 11:30 - 3 p.m. Dinner: 3 - 10 p.m. Sunday 4 - 9 p.m.
---	--

408 Humphrey Street, Swampscott, MA 01907
781-596-1820

MORTGAGE FINANCIAL
55 Ferncroft Road
Danvers, MA 01923

Your Lifetime Lender™

- Free pre-approval
- 100% financing
- Refinancing
- Wide range of purchase programs
- Low credit history
- Reverse Mortgages

 **KIM A. MELLO**
Mortgage Consultant
Phone: (866) 739-9599 x128
Cell: (781) 710-0118
Fax: (978) 762-8588
kimmello@mfsloan.com
www.mfsinc.com/kmello
MC0167



**Candidate for Nahant School Committee
Peter Przybycien**

Since arriving in Nahant in 1997, with my wife Deirdre and our first son, Auggie, I have worked to ingrain myself in our wonderful seaside community. From coach at the soccer field, to adjutant of the American Legion, I have worked hard to be a good citizen of Nahant. I have followed the school committee closely, over the past two years, and I believe I can bring a voice of common sense and common courtesy to the committee.

I have a vested interest, as both a parent, with children in the school system and as a taxpayer. I want to ensure that the quality of education at the Johnson School is maintained at a high level, in these fiscally challenging times. As the impact of the Swampscott tuition contract begins to be felt, I want to be involved in the decisions that will shape the structure of the Johnson school, to ensure that the Johnson School students receive the most for the educational dollar.

Through innovative thinking, fiscal responsibility and use of an active parental base, I believe we can provide our teachers with the tools necessary to increase the Johnson Schools MCAS scores across the board. A key to that goal, is to maintain the student to teacher ratio as low as practical. I will also work hard to improve the lines of communication among Town officials, taxpayers and the school committee.

I look forward to meeting you out on the campaign trail and listening to your thoughts and expectations for the Johnson School. Finally, I would like to take this opportunity to ask for one of your two votes on April 30th.

Valentine's Day Nahant Life-Saving Station Successful

The Nahant Life-Saving Station Management Advisory Committee and "Friends" thanks the Tides hosting a February fundraiser to help restore Nahant's historic Life-Saving Station. We also extend a special "thank you" to the many Nahanters who came out on a snowy evening, to show their support by purchasing the NLSS Harbor Sweets Signature Chocolates; buying the

Red Sox and Patriots hearts; taking raffle chances and bidding on the silent auction items.

The Tides Restaurant also donated a percentage of their profits for the evening to the restoration of the Station.

"We were delighted that we sold so much of our Valentine candy at the Tides fundraiser, so we have re-ordered more of the Life-Saving Station chocolates for the upcoming holidays, including Mother's Day," stated Roz Puleo. (To order, call Roz at 581-1034 or Mary Magner at 581-1272 or order via the Nahant Web site.)

Thank you to the following Nahanters for their generous contributions to the Silent Auction and Raffle: Elaine Mavros and Jambu, Nahant Fish and Lobster Company, Susan O'Neill,

Marie Ford, the Nahant Garden Club, Donna Hanlon and Donna's Treasures, Linda Jenkins, Bumper Gooding, Linda Tanfani, Carol Hanson and the School of Refrigerator Art, Joe Lermond, Bonnie Budryk, Mary Magner, Roz Puleo, Roger Peterson, Esther Johnson, Patty Toomajian, Deb Aliff, Maureen Ward and Maryann Lermond.

Also thank you to volunteers: Robert Wilson, Susan Branga, Linda Lehman, Jeanne Adamo, Cathy Bartholomew and family, Kathy Ryan and family, Esther Johnson, Paula Devereaux, Bumper Gooding, Deb Murphy, Roger Peterson and Roz Puleo, for making the evening such a success.

And a very special thank you goes out to the Morse family for their generosity.

E-x-p-a-n-d-i-n-g

We are looking for both old & new
"Trash to Treasures"

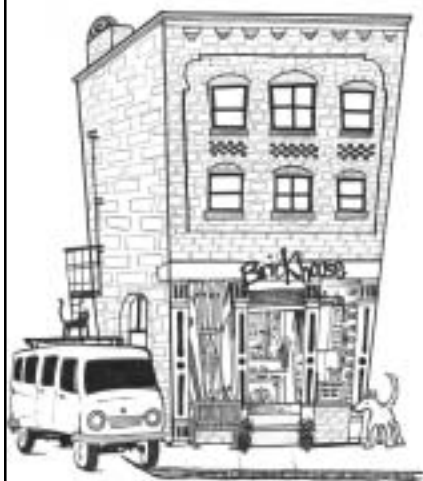
Our expertise & experience will maximize your money
We consult, consign and buy

Please call 781-631-9791 • Much Thanks!



118 Pleasant Street • Marblehead MA 01945

Brickhouse



14 School St
Marblehead MA
(781) 639-4531

Brickhouse Board Week 2005

- 5 day mobile surf camp
- Every camper gets a wetsuit
- Beaches surfed: Hampton, Jenness, Phillips, Devereaux, Long and Short Beach
- Last year 100 surfers attended the camp and everyone rode a wave

Brickhouse Skate Park World Tour

- 5 day mobile skate camp
- Parks to be skated include: Peabody, Lynn, Newburyport, Nashua, Andover, Fitchburg, Rye Airfield and many more
- Every skater gets a skatedeck and world tour tee

Camps run from July 5 to Sept. 2

Remember: Brickhouse ski and snowboard tunes only \$20
www.brickhouseboards.com

Keep the "free press" in Nahant. Subscribe to the Nahant Harbor Review. Please see page 21 for info.

Fully Licensed
& Insured

Residential
& Commercial

G&M Construction

- Asphalt Shingles • Chimney Repairs
- Rubber Roofs • Roof Repairs
- Skylights • Gutters



Free Estimates

978-767-3415

**Candidate for Nahant School Committee
Peter F. Barba**

My name is Peter Barba and I am a candidate for the Nahant School Committee. If elected, I will focus on providing the best education for our children and to achieve that in the most cost-effective way. I will not cut costs to sell education short, but will look at getting the most for our tax dollars. I am a taxpayer in Nahant and like you, I dread paying higher taxes. Currently, I see two main aspects of the school committee's work, education and the condition of the school building. One way to increase the educational experience of our children is to provide a safe and comfortable school. After being on the Renovation Committee for three years and touring the school building in depth, I feel that there is much improvement that can be accomplished in the way of preventive maintenance and capital planning. At the April Town Meeting, Nahant will be asked to approve a large-scale renovation. Whether this project is approved, or not, a preventive maintenance and long-term capital plan should be in place, to provide the best learning environment for our children and to protect the taxpayers investment. My work experience as a property manager, provides me with the skills to prepare and implement such a plan.

As a parent with two children who attend the Johnson School and one who attends Swampscott Middle School, I experience first-hand the same concerns that you have about your children's education. I look forward to working with the teachers, administration and other school committee members, to provide the best education for all the children of Nahant. I would appreciate your consideration when casting your ballot.



**Nahant Garden Club Annual Scholarship
submitted by Linda Landry**

In keeping with our lengthy tradition, the Nahant Garden Club will again offer a \$750 academic scholarship to a 2005 high school graduate who has been accepted to an accredited institution of higher learning.

The application must be a current resident of Nahant and have been a resident for at least 5 years. Preference will be given to academically accomplished students who have participated in community service. Their course of study should be related to environmental issues, including, but not limited to botany, ecology, environmental engineering, conservation, landscape architecture, or horticulture. In the absence of applicants majoring in such fields, the scholarship will be awarded to an outstanding student who has demonstrated a significant contribution to civic and community organizations.

Applications must include: a transcript of grades, an autobiographical letter describing the applicant's accomplishments, a letter of acceptance to an accredited institution of higher learning, and a letter of recommendation from a teacher or community leader.

Please submit all requirements by May 23, 2005, to Ms. Linda Landry, 26 Carolyn Circle, Nahant, MA 01908.

From the Internet

Why I Love New England

It's winter in New England
And the gentle breezes blow,
Seventy miles an hour,
at fifty-two below.
Oh, how I love New England
When the snow's up to your butt.
You take a breath of winter air
and your nose, it freezes shut.
Yes, the weather here is wonderful,
So I guess I'll hang around.
I could never leave New England
'Cause I'm frozen to the ground.



Donna's Treasures Jewelry

Sterling Silver Designer Jewelry at Ridiculously Low Prices

Available only at Seaside Variety

All jewelry made in Nahant USA and proud of it!



Custom Designer Jewelry

...By Appointment Only...

Provide a sample of the material from your special outfit and unique jewelry will be designed just for you! Make your appointment today to select your beads and designer style. If you have special beads to include in your design, bring them.

Please allow one week for delivery.

Call 781-592-4148 to make an appointment.

SPRING SPECIAL

At Seaside Variety Only

**Sterling Silver & Imported Glass
Earrings in beautiful spring pastel
colors...ONLY \$7.95 at Seaside Variety.**

**Bring this coupon in & get \$1 OFF
any pair of earrings!**

Prom • After 5 • Gifts • Wedding • Graduation

Enjoy Optimal Health Through Nutrition

by Sallee Slagle, Director, Dance Dimensions

Health is an issue for all of us, but as we see the statistics climb steadily, in children overweight and obese, many of us, especially parents, want to change this trend. Budgets have caused many schools to cut back programs and activities for students. TV and computer games are a very popular form of entertainment. Computer interaction and email communication are a big hit with adolescents. Our convenient lifestyles, with

instant results, are influencing how children are growing up, in more ways than one. Tests are showing that overweight children have a greater chance of becoming overweight adults, which leads to increased risk for such things as diabetes and other conditions.

Nutrition and activity are and should be, the focus with children. It is not healthy for growing children to be focused on their weight, or on restrictive

diets. The emphasis should be on a healthy lifestyle and nutritional choices. So, as you know, kids learn by example and imitate those around them, so we also must pay attention to what we are teaching them. Kids develop their eating habits during childhood and we want them to be good habits. So here are some suggestions of how to help them:

Eat together, if possible, and set a good example with your food choices. Educate your children on what you know about nutrition and the food choices you have made. Involve them in menu planning. Give them some healthy options, get their ideas and include their healthy choices when possible. If you don't include a choice, explain why. If it's a good choice try to include it at another meal.

First of all, breakfast is the most important meal of the day and with the morning rush, can often be overlooked. A growing child needs nourishing after fasting for 8 or more hours. Breakfast will get everything started for the day and should supply a quarter of the day's calories and nutrients. It is important for proper function, physically and mentally. If breakfast is skipped, they may be undernourished for the rest of the day. This can affect their ability to learn. Proper nutrition plays a big part in cognitive ability and academic performance.

OK, so you know why it's so important, but how do you get children and especially, adolescents, to eat breakfast? Be a role model yourself. Plan the night before. Always give choices, where possible, and involve children in these choices. This empowers them so they feel part of the process. Make it fun and allow children to participate. Even younger children can pour cereal, or help set the table. If traditional breakfast is too

much, plan healthy options like fruit, granola, yogurt, bagels, cream cheese, peanut butter, etc. Avoid too much sugar, as this will often leave your child hungry before lunch. Balance protein, carbohydrates and fat. If you need to, pack a breakfast, but avoid the fast-food drive-thru.

Kids who don't eat vegetables, or drink milk, may be lacking essential nutrients like vitamins A and D, as well as calcium. A child's daily vitamin tablet may help some, but it won't be replace whole foods for nutrition. Children need 3-4 servings of low-fat dairy daily, to get enough calcium. If lactose-intolerant, there are many lactose-free products and calcium-fortified juices, or cereals, available today.

Getting a child to eat veggies may be more difficult, so get creative. Introduce vegetables at an early age and don't give up on a vegetable if it is rejected at first. Keep trying. It may take a while for a child to accept a vegetable. Again, lead by example and eat your vegetables!

Kids need to get their "5 a day" servings of vegetables and fruit. Help them by having fruit and veggies handy. Prepare cut celery and carrots. Have apples and oranges sliced, or fruit skewers alone, or to dip in yogurt, or peanut butter. Fill celery with peanut butter, or cream cheese for a healthy snack. Grape tomatoes, cucumber and carrot sticks drizzled with dressing, or dipped in hummus. Have fruit with cereal. Try sandwiches with peanut butter and banana, or apple slices. Fruit smoothies are also popular.

What about protein? Growing children need 2-3 servings of protein a day. Get these from a variety of sources, including meat, poultry, eggs, beans and

nuts, as well as grains and veggies. Even vegetarians can get enough protein, with careful planning. Ideally, protein consumption should be spread throughout the day.

Categorize fruits and vegetables by color and have your kids list the ones they like in each. Teach them that they should eat many colors at one meal, as each color has different vitamins, minerals and nutrients. Yellow and orange improve the immune system, vision and heart health. Red, blue and purple help with urinary tract function and memory. Green helps bones, teeth, and vision.

All children need to stay hydrated, as well. Provide them with water bottles to sip on throughout the day and another for all their activities. To substitute for sugar filled soda (a 12 oz. can is 150 calories and 10 tps.. of sugar!), try making your own soda with juice and seltzer. Also, be sure they are not training on an empty stomach as this can impair their performance. Provide healthy snacks with protein and carbohydrates before athletic activity.

Convenient fast food is often loaded with saturated fats, sodium, sugar and empty calories. They provide little nutrition. Many of the fast food chains are also offering some healthier choices, so check your options. Avoid supersize options. Instead of fast food take-out, make healthier, fast-food at home, like soup and sandwiches.

If they are concerned about weight or you are, teach them that sugar, not fat, makes you fat and that a healthy diet includes protein, carbohydrates and fat. Plan meals together. Be a good role model. What's good for them is also good for you. Build positive eating habits in your children and you will build healthy habits for a lifetime.

DANCE
Dimensions
NAHANT
& SWAMPSCOTT
ADULTS
Stretch & Tone,
Ballet, Modern,
NEWJazz/HipHop
Ask About Yoga.
sallee@dancedimensions.org

**GET FIT!
JOIN NOW**

**Children's
Classes
Ongoing**

(781) 599-1476



Personal Training • Private Lessons • Wedding Prep

City Fitness, Inc.
Family Fitness at its best!



181A UNION STREET • LYNN, MA • 781-595-5220

- Open Daily: M-F, 5:30 am to 10 pm • Sat/Sun, 8 am to 6 pm
- Over 100 State-of-the-Art Fitness Machines
- Largest selection of Cardio Equipment in the area
- Free Weights • Tanning • State-of-the-Art Sound System
- Private "Women Only" workout area

Pre-Opening Offer: \$50 Off Membership and more. First 500 Members join FLORIDA VACATION sweepstakes. Call for details.

**Now Offering
PERSONAL TRAINING!**

**North Shore Physical
Therapy Associates, Inc.**

*Quality physical therapy with highly-trained
senior clinicians.*

<p>Swampscott Humphrey Plaza 642 Humphrey Street (781) 592-2773</p>	<p>Marblehead Marblehead Medical Bldg 1 Widger Road (781) 631-8250</p>
--	---

**North Shore
Physical Therapy**

Swampscott • 781-592-2773
Marblehead • 781-631-8250

Back & Neck Pain
Sport Injuries
Dance, Musician, Yoga Injuries
Overuse Problems
Dizziness or Balance
Post-Operative Rehabilitation
Auto and Industrial Accidents

Serving the Marblehead & Swampscott communities for over 22 years.
Owned and operated by David J. Roberts, MSPT

Senator McGee and Representative Fennell Co-Sponsor Colon Cancer Awareness Legislative Briefing at the State House

Boston – March marks the nation's sixth annual National Colorectal Cancer Awareness Month and both Senator McGee and Representative Fennell joined the American Cancer Society on Tuesday, March 8th, to emphasize the importance of early screening, as well as restoring funding, for the Colorectal Cancer Awareness Program.

According to the American Cancer Society, colon cancer is over 90% curable, when found early. Left undetected, survival

rates can plummet to 9%. It is estimated that this year, nearly 150,000 Americans will be diagnosed with colon cancer and approximately 56,000 will die of the disease. In Massachusetts, it is estimated that 3,700 people will be diagnosed with colon cancer in 2005 and 1,400 will lose their battle with the disease this year.

The American Cancer Society strongly recommends screening for all adults over the age of 50. Yet, in spite of the compel-

ling evidence that testing can save lives, many Americans are still not getting screened.

"Many people in Massachusetts are unaware of the serious risks associated with colon cancer. It's important that people understand the benefits of screening. The best way to reach these people is by restoring necessary funds to the state's Colorectal Cancer Awareness Program," said Senator McGee.

Representative Fennell, whose father died

in 2002 from colon rectal cancer, discussed the importance of overcoming the many misconceptions associated with colon cancer screening.

"Since the death of my father, I have made it a point to get tested on a regular basis. It is not at all an uncomfortable procedure and well worth the peace of mind. Unfortunately, screening rates for colon cancer are inexcusably low. In order to combat the alarming death rate in Massachusetts, it is

imperative that we have an open dialogue with the public, about the importance of getting screened early."

Other legislators, to co-sponsor the event, were Senate President Robert Travaglini, Senator Edward Augustus and Representative James Leary.

A joint resolution was also signed by both the Senate and House, officially recognizing March as Colorectal Cancer Awareness Month, in the State of Massachusetts.

Walsh Proposes Cell Phone Bill of Rights

Cell phone users could start seeing an end to dropped calls, confusing contracts and excessive overage charges under a newly-proposed piece of legislation. The Cell Phone Users Bill of Rights, filed by State Representative Steven Walsh (D-Lynn) and State Senator Jarrett Barrios (D-Cambridge), would establish various guidelines in an industry that has previously gone unregulated.

The home phone has been replaced by the cell phone, for many Massachusetts households, as their only means of communication. With 170 million people now using cell phones in America, this legislation would hold cell phone industries accountable.

Walsh hopes the legislation will address some of the major problems consumers have with their cell phone providers. "We should all be uncomfortable with the fact that we have an industry that provides poor service, a poor product, charges us for it and then if we try to leave their service, they charge us even more."

The bill would require cell phone providers to disclose contract terms in a standardized form, that would make it easier for customers to compare service providers and understand charges.

Carriers would also be required to limit their contracts to one year and would be prohibited from releasing a customer's phone number, without written permission. Customers would also get 30 days to cancel their service, without facing charges, state regulators would monitor service quality, collect data and make it available, so consumers can compare signal strength, dropped call counts and dead zones.

Dan Collis-Puro, of Lynn, said he received a bill for \$850, due to errors made by his cell phone provider. "At one point, we had \$850 in overage charges on our phones," he said. "They had shut off our phone service, probably half a dozen times. At one point, a support technician was telling me, 'it's going to be three weeks until we issue the next bill, before we can turn your phones on again.' I was dumbfounded."

According to the report, the number of cell phone users has skyrocketed, in the last decade, from 24 million subscribers in 1994, to 170 million today. An increase in problems has followed, said Deirdre Cummings, MASSPIRG's Consumer Program Director and the report's author. According to the report, the Federal Communications Commission received more than 21,000 complaints about wireless service in 2003, the last year for which data is available.

"We should all be uncomfortable with the fact that we have an industry that provides poor service, provides a poor product, charges us anyway and then if we try to leave their service, they charge us even more," Walsh said.

If the legislation passes, Massachusetts customers would be the first in the nation to have a comprehensive consumer protection system for cell phones. The California Legislature passed a Telecommunications Consumer Bill of Rights last year, but the California Public Utilities Commission suspended it in January, saying it was too restrictive on the industry.

The proposed legislation expands a 32-state agreement, reached last July, that required Verizon Wireless, Sprint and Cingular Wireless, to make significant customer service changes. Recent studies have shown that mobile carriers were the number two industry for complaints to the Better Business Bureau, as well as being the second lowest in consumer satisfaction. "If it is a race to the bottom, the cell phone industry is winning," Walsh added, "and it is time to change that."

Help keep this community newspaper afloat! Please send \$15 for a "voluntary subscription" to the Nahant Harbor Review, PO Box 88, Nahant, MA 01908. Thank you for your continued support.

CENTER OF THOUGHT Professional Hypnotherapy • Nahant, MA



Juliette Lackey
Certified Hypnotherapist

- Stop Smoking
- Lose Weight
- and much more.

www.CentOfThought.com
Juliette@CenterOfThought.com

Call for a Free Consultation:
781-593-4222

VINNIN SQUARE

Think... Back

Mark D. Friedman

990 PARADISE ROAD SUITE LL-A, SWAMPSCOTT

TEL: 781-581-7300

CHIROPRACTIC



Vinnin Square
505 Paradise Road
Swampscott, MA
781-586-0550

www.PeakPerformancePT.com

Early morning and evening hours available

Official provider of athletic training services to Swampscott High School Big Blue

Helping you
to get back to
your best

Jimmy Kantor, PT, OCS, ATC
Owner/Director, Board Certified Specialist
in Orthopedic PT, & Athletic Trainer

Robert Kaulbach, PT
Physical Therapist

Jonathan Raymond, PT
Physical Therapist

Kathleen "K.C." Butt, PT, ATC
Physical Therapist & Athletic Trainer

HOME IMPROVEMENT SERVICES

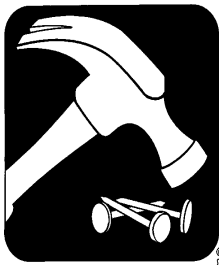


WILSON BROS. CONSTRUCTION
can improve your present home or
build your dream house with
quality work at a fair price.

Your Fine Home Deserves the Best!

581-1359

Fully Licensed and Insured • Mass. H.I.C. #104593



HEARTHSIDE
Carpentry & Remodeling

Kitchen & Bath
Detail Work & General Construction

(781) 593-3116

Insured
License #047224

Lloyd Green
Registration #110261

RICK CAPOZZI Master License #10302

free estimates
emergency service

Residential and Commercial
Plumbing, Heating & Gas-Fitting



PO Box 141 • Nahant, MA 01908 • 781-599-0460

CHIMNEYS by BROWNIE
Inspection • Restoration • Protection • Wood Stoves



ARE YOUR CHIMNEYS READY?

10% OFF

Single Flue Sweep

RETAIL SALES

15 Broadway • Salem

Limited Time Offer

Providing quality service for over a decade.

Visit our website:

www.beyondthehearth.com

Call today!

(781) 631-0900

Kitchen and Bath Remodeling
Replacement Windows, Doors, Gutters.
Complete home repairs and refinishing.

GALAXY CONTRACTING, INC.

Custom Painting • Wallpapering • Decorating
• Tile • Carpet • Floor Refinishing
NAHANT FREE ESTIMATES

781-595-0511

• HIC#117591 • CSL#086453 • Fully Insured

Protect yourself and your home.
Hire a registered and insured Home Improvement Contractor.



Edward
Poulin

POULIN ELECTRIC CO. INC.

Stand-by Generator Installation • Electrical Construction
Residential • Industrial • Commercial • Marine
Voice — Cable TV — Computer

Master Electricians
License # A11221

Irving Way, Nahant, MA
Tel/Fax 781-581-1186

ROOFS • SIDING
KITCHENS • BATHS

FULLY LICENSED
AND INSURED

M.S. CONSTRUCTION

Quality Building & Remodeling
Residential & Commercial

MARIO SPINUCCI
(781) 581-6266 Off.

12 Sunset Road
Nahant, MA 01908

Robert Berry
21 Elm Place
Swampscott, MA 01907
781-477-0601

Berry
TREE
SERVICE

Removal • Pruning • Cabling
Planting • Fertilizing
Stump Grinding
Firewood
Land Clearing

Fully Insured Tree Care Specialist

M
MICHAEL MCCLOSKEY
DESIGN GROUP

ARCHITECTURE • INTERIOR DESIGN
86 Pleasant Street, Marblehead, MA 01945

Michael McCloskey • 781-631-3233

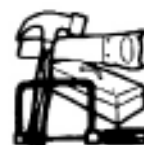
michael@michaelmccloskey.com

RESIDENTIAL DESIGN AND CONSTRUCTION

Visit us on the web: www.michaelmccloskey.com

HANDYMAN
"No Job Too Small"

Steve Lerman



Nahant, MA
781-592-3223

The Key to Ship Modeling by Cal Hastings

“HAVE FUN, DON’T HURRY, AND HAVE A GOOD TIME” are the keys to a satisfying and successful hobby in ship-model building, according to Frank Clements, who was the featured presenter at the February breakfast of the Nahant Village Church Men’s Group. Frank, who started ship modeling some 50 years ago, is considered an expert in the field and has several ship models on display in various museums. The three 1492 Christopher Columbus vessels, that were modeled by Frank in 2002, continue to be on display at the Nahant Public Library. His model of the Swedish Vasa warship was displayed at the VASA Museum in Stockholm, Sweden in 1997-98. Frank’s specialty is the Revolutionary War.

Some upfront decisions are necessary, before starting a ship-modeling hobby—the era to focus on and the type of ship model. To demonstrate how to build a ship model, Frank showed a couple of ship model kits, as well as his extensive set of tools of the trade—chisels, pin-vise pliers, clothes pins for clamps, a jeweler’s vise, magnifiers and several reference books, which are essential.

There are essentially two ways to build a ship model—buy a kit, or build from scratch. There is a large selection of ship model kits that contain every thing that will be needed to build the model. These kits can be pricey. Building a ship-model without a kit, is far more ambitious and requires a lot of research. The third one that Frank built from scratch was a model of the whaling ship the Wanderer, together with four whale boats, with harpoons and oars. It took Frank two years to build this model and it won second prize in the master category in the 23rd annual USS Constitution Model Shipwright Exhibit last year.

Frank’s advice to beginners, is to start with an easy model, such as a pilot boat and then gradually increase the scope of ship modeling. There are numerous resources that ship model builders can tap into. A source list for ship modelers, published in 2005, by the USS Constitution Model Shipwright Guild, was made available to attendees; anyone who has questions may call Frank at 781-581-1345.

Altogether, Frank has built some 40 ship models and claims that he learns something new on every ship. He has won numerous prizes for his ship models.

Some of Frank’s ship models were displayed at the annual exhibit by the USS Constitution Model Shipwright’s Guild, that closed on March 5th, at the USS Constitution Museum, at the Charlestown Navy Yard. In 1969, Frank co-founded this Guild and volunteers three days a week at the Constitution Museum. Frank’s model of the Nahant Ferry Boat was donated to the Nahant Historical Society, where it is on display.

His current project is the battleship the S.S. Massachusetts, the first modern warship model that he has ever built.

LETTER TO THE EDITOR

HOOMPA

Thanks for the great paper and thanks for putting in the article about me in Iraq. It meant a lot to my parents and friends. I was reading the February paper, (my parents send them to me here in Germany) and saw the question of where did the word HOOMPA come from. This is the story I have always known and was around when the word came about in the 1970’s. It is from the DPW. Duddy Tombino used to be the foreman of the DPW. Duddy had a very strong work ethic and did not play games. He especially did not play games with the summer help. The summer help, used to call him the “hump breaker.” (I really believe they called him something more non-politically correct). The workers, being all teenagers, would warn their buddies, taking a nap, when Duddy came by in his dodge truck, by yelling out “the hump breaker is here” so they called out a one word signal that only they would know and that was HOOMPA, short for hump breaker. As anyone who knew Duddy would know, he checked the workers a lot, so the term was heard a lot. The term also grew into a DPW greeting for the summer help, as they would call it out as they passed another DPW truck. One of the workers made bumper stickers and it was off and running, peaking with the HOOMPA Nickel race sponsored by the American Legion.

HOOMPA was not the only word that came out of Nahant that summer. The infamous “DKY,” or DO KNOW YA, was also heard a lot. This was a term used to call someone’s bluff. The following summer came the term “CHICK BOW.” I do not know what it meant, but we all said it. Its origins are from the intersection of Sunset Rd. and High St. Ext. Someone spray painted it on the road there and we all said it.

I hope this interests you.

—Robert Cormier, 11 High St EXT

What Does HOOMPA Mean

Many people tell and share secrets. Most of the time these secrets are harmless, even silly. Sometimes secrets can hurt people and even be dangerous. It’s important to be able to differentiate between secrets that are okay to keep, and secrets that should not be kept. I tell my children there is a simple rule about keeping secrets:

* If a secret can’t hurt someone or something, it’s okay to keep it.

* If a secret can hurt someone or something, don’t keep it.

* If you’re not sure, don’t keep it.

Well, not divulging the meaning of HOOMPA does not hurt anyone or anything, so those of us who know the meaning (origins) of HOOMPA have decided to KEEP IT secret. For those of you, who don’t know the meaning, make up one, and for those who think they know, well, that’s okay, too. If any of those who know the meaning, bump into Billy Bow, tell him to keep his mouth shut.

Huntz Ner

Mark Cullinan

FLOOD & FIRE  RESTORATION CARPET CLEANING	FLOODED? CALL FOX 24/7 1-800-369-4121  <i>We dry & restore carpets, walls, ceilings, floors & contents. Mold/Fungus Removal/Odor Elimination Fire / Smoke / Soot / Puffbacks Carpet & Upholstery Cleaning The Best Furniture Cleaner since 1977 Oriental, Braided & Area rugs</i> <i>Serving the cleaning needs of the North Shore for 25 years.</i>
Dick Fox ASCR Certified Restorer • IICRC Master Cleaning Technician Impressive List of Satisfied Clientele	

	Free Estimate
<h2>A Touch of Class</h2> <h3>Cleaning Services</h3> <p>Homes, Apts, Offices</p>	
Bus 781-367-3010 DEBORAH L. HUNTER Pager 781-409-0147	

Professional Measuring Free Installation
<h1>Budget Blinds</h1>
Receive a FREE 2005 Design Guide at www.budgetblinds.com
Call for a free in-home consultation. 978-535-9095 • 978-927-9095

Ellingwood Concert Series Resumes

The Ellingwood Chapel Concert Series will resume Saturday, April 17th, at 7:00 p.m., at the Ellingwood Chapel. It will feature an international group of musicians, led by Nahanter, Dr. Christoph Wald. The concert is entitled, "I Wish It So," a musical journey through centuries of human longing for a better life and a better world."

Four young artists, from both sides of the Atlantic, will come together for this truly special concert. Pianist Tanja Blaich and cellist Benjamin Schwartz were born in the USA, but trained and met in Vienna, Austria, before moving on to the New England Conservatory, in Boston, a few years ago.

Accomplished soprano Ute Gfrerer was born in Austria, but studied music in Los Angeles. She has been living in Vienna for 11 years, where she met the German recorder player and Nahant resident, Christoph Wald who trained in Europe and the US and has been living in Nahant and practicing medicine at the Lahey Clinic, for the past eight years.

Given these backgrounds, it is no surprise that the program features music from both sides of the Atlantic, ranging from the early Baroque period to Broadway, all of which share, in one way or another, the theme of human longing for a better life and a better world.

"I Wish It So," a song of Broadway composer, Marc Blitzstein, best summarizes the motto of the evening: whether a wish for peace, the longing for a loved one, reminiscing memories of innocent childhood, free of worries, which most of us wish to return to, every now and then. What better way to capture these feelings we all carry in our hearts, than in the musical language of composers like J.S.Bach, Felix Mendelssohn, Johannes Brahms, or the Bohemian composer, Francesco Tosti?

In the second half of the concert, attention will turn to more contemporary renditions of the theme, through chansons by Edith Piaf and music by Bernstein, Rogers and others. The musicians will guide the audience through the evening with reflections on the words of the songs, as well as sharing interesting tidbits of history, related to individual works of the program.

Doors open at 7:30 p.m., with the concert beginning at 8:00. Admission is \$15 for adults, \$10 for senior and high school students.

This is the first of four concerts to be presented by the Ellingwood Series, which began last Fall with a gala celebration in honor of Harriet Steeves.

The second concert will feature Nahant soprano, Shea Mavros, and will be given on May 21st and May 22nd at the Ellingwood Chapel. Ms. Mavros will perform the music of Scarlatti, Debussy, Rodrigo, music theater and Irish folk tunes.

The third concert, called "Bold and Brassy," will take place at the Nahant Village Church on Saturday, June 4th, and will feature organist Thomas Bold and the Huntington Brass Quintet. The Huntington Brass has become a perennial favorite, but the combination of brass and organ is unique to the series. This also will be a new venue for the Ellingwood Series. Most concerts have been given at the Ellingwood Chapel, but the series has also sponsored performances at Town Hall and the Community Center at the Valley Road School.

The final concert of the 2004-2005 season will feature Donald Wilkinson, also a Nahant resident, and an internationally respected bass baritone. He will be accompanied by John Finney, Associate Conductor of the Handel and Hayden Society and others, in a program that will highlight the Baroque. Mr. Wilkinson will be featured in Mozart's opera, "The Magic Flute," presented by Boston-based Emmanuel Music, next season. Watch for details in future issues of the *Nahant Harbor Review*.

Ellingwood Concerts At-A-Glance

Save Those Dates

April 17, 2005: Christoph Wald and Company

Ellingwood Chapel: "Wish It Were So" - Chamber music on the act of wishing, through the centuries. Featuring Ute Gfrerer, soprano; Tanja Blaich, keyboard instruments; Benjamin Schwartz, violoncello and Christoph Wald, recorders.

May 21 and 22, 2005: Shea Mavros, soprano

Ellingwood Chapel: "A Breadth of Fresh Voice" - Music of Scarlatti, Debussy, Rodrigo, music theater and Irish folk tunes.

June 18th, 2005 (tentative): "Bold and Brassy"

Nahant Village Church: Huntington Brass Quintet and Thomas Bold, organ

July 16th, 2005: Donald Wilkenson, baritone

Ellingwood Chapel: Music of Purcell, Bach, Handel and Bernstein. John Finney, Harpsichord, Cello, Violin

Girls Inc of Lynn Luncheon

Spring is right around the corner and so is Girls Incorporated of Lynn's 17th Annual Celebration Luncheon. The annual event takes place at the Danversport Yacht Club on Wed., April 6th, from noon to 2:00 p.m.

"We are very excited about our Celebration Luncheon and our women honorees," said Patricia A. Driscoll, Executive Director of Girls Inc. "Each woman has made remarkable strides in her career."

The Keynote speaker will be Wendy Nix, Channel 7 weekend Sports Anchor and Sports Reporter during the week. Wendi became interested in television at a very early age. As a young girl, she enjoyed writing and discovered she liked public speaking. Growing up, sports were a big part of her life; her father was a football coach and her mother an avid fan. Wendi ran track and played golf in high school and college. She graduated from Wofford College in Spartanburg, S.C., and earned her Masters in Sports Management at UMASS-Amherst. She joined 7SPORTS in August of 2003.

Addie Swartz is the CEO of B*tween Productions, Inc. She is also the creator of the "Beacon Street Girls," a book series for girls aged 9-13. The stories are a fun, funky lifestyle brand for girls who have outgrown toys and dolls but are not ready for the mature, often highly sexualized messages directed towards older teens. Addie graduated from Stanford University and earned her MBA from Northwestern's Kellogg School. Both women will receive the Strong, Smart and Bold Award.

Girl Hero Awards will be presented to Girls Inc. members Azilde Tavaréz and Maimuna Abubakar. Both teens have faced many challenges and are proud of their success as they prepare for college.

Girls Incorporated of Lynn would like to thank the following sponsors for their support of the Celebration Luncheon: Garelick Farms, Comcast, GE, CIT Small Business, The Bostonian Group, Johnnie's FoodMaster, R&L Associates, KPMG LLP, Deschamps Printing, Daily Item, Paul N. Williams Advertising Inc., Corbett & Lalli, KeySpan Energy, American Trust Mortgage, Inc. and Eastern Bank. Proceeds from the Celebration Luncheon will benefit the programs for girls aged 6-18. Reservations are \$50 each and may be made by calling 781-592-9744 ext 258.

Girls Incorporated of Lynn, formerly known as Girls Club of Lynn, is a local affiliate of a national non-profit organization, Girls Inc., dedicated to inspiring all girls to be strong, smart and bold. For 62 years Girls Inc. of Lynn has responded to the changing needs of girls and their families through educational and innovative programs and advocacy that empowers girls to reach their full potential. Visit us on the web at www.girlsinclynn.org.

About Project Bread

Project Bread is a nonprofit organization dedicated to alleviating, preventing and ultimately ending, hunger in Massachusetts. Project Bread sponsors the annual Walk for Hunger, operates the only statewide hotline for hungry people, funds 400 emergency food programs each year, and develops hunger prevention programs that feed hungry children where they live, learn, and play. Project Bread provides grants for school breakfast programs, after-school snack programs, summer meals and health centers. The Walk for Hunger's flagship sponsor is Blue Cross Blue Shield of Massachusetts, participating sponsors include Raytheon, Stop & Shop Supermarket Company, and Tyco Healthcare. For more information, visit www.projectbread.org.

The Nature of Nahant: Mad Max The Manic Mocker

by Linda Pivacek

Most would agree that we've had enough "nature" this winter. But enough about the winter weather already, let's talk about robins.

Several Nahanters were surprised to see robins this winter. After all, a robin is a sign of spring and it sure didn't look like spring. In fact, the American robin's scientific name, *Turdus migratorius*, clearly suggests the robin migrates south for the winter. Although most of the locally breeding robins do migrate south to the Carolinas and the Gulf, there are Robins that breed farther north and a few of these birds may spend the winter here along the coast, depending on weather conditions and food supply. Here in Nahant, the first true migrants begin to arrive during the first week of March, looking for bare patches on otherwise snow-covered lawns. This is the time when most people notice them and think, "Spring." For me, it is always a delight to see these new arrivals. Interestingly, most robins return to nest within 25 miles of their birthplaces.

This winter, a flock of about twelve robins frequented the sunny slopes at Bailey's Hill. Bernie Yadoff, a closet birdwatcher, saw a robin in February on the grounds of the Bass Point Apartments. The wintering robins likely were attracted to the prolific fruit trees at Bailey's Hill and Bass Point, especially the crabapple trees, a favorite of many bird species. I'm not sure who planted the first crabapples at Bailey's, but they are thriving and spreading. The birds and I are most grateful, thank you.

Unlike the robin, which does tend to migrate south in winter, some of our wintering birds are "resident species," those birds that do not migrate,

like the pheasant, house finch, English sparrow, chickadee, goldfinch, cardinal, mourning dove, Carolina wren and mockingbird. We see many of these species at our feeders and in severe winters, they may depend on those feeders for survival. At my house this winter we hosted "Mad Max the Manic Mocker."

I have been attempting to hand-feed the local mockingbirds, for a couple of years. I have not succeeded, but the birds have trained me well. This winter, a mockingbird readily enjoyed the apple pieces that I dutifully placed on a feeding tray each morning. I figured, here is a bird with definite hand-feeding potential. I tried standing motionless by his favorite perch, with apple bits in my outstretched hand. Often in bitter cold, I might add. But, alas, he would not take the apple from my hand, in spite of the fact that I whistled my best Mockingbird-attracting tune. (Wonder what the neighbors think.) I did get a great deal of satisfaction, however, watching Max pick up the apple just a few feet away, after I gave up and placed it in his feeding tray. Yes, Max trained me well.

Things began to get interesting, as Max became quite possessive of the feeding tray. Understandably, he claimed the chokeberry and the inkberry bushes, "normal" mockingbird food. First, it was only the starlings he chased off. I thought this was a pretty interesting and amusing. Bird-bias on my part, I guess, but I figured, those omnivores could easily find food elsewhere. Max livened up some pretty cold, snowy days, as we enjoyed watching his antics from the breakfast table. Good fun that aerial combat. Then Max's behavior went over the edge. His

territory continued to expand and he claimed the suet and the two seed feeders, although mockingbirds don't actually eat seeds from a feeder. Constantly on the move, Mad Max chased anything with feathers, dive-bombing doves and strafing the ground, scattering the song sparrows, juncos and house finches. This was no longer amusing. The pair of downy woodpeckers stopped visiting the suet and the song sparrows would only make furtive attempts to leave the safety of the bushes. Max was acting in every way like a "Manic Mocker." One day, I even heard him scolding the postman. We could only hope that spring would turn Max's attention to other pursuits. Although I have been referring to Max as a "he," it would be impossible to determine Max's gender in the field, since male and female mockingbirds look alike. But his behavior was definitely "guy-like."

In spite of my anthropomorphizing (it's fun), Max's behavior is actually hard-wired and typical of the species. Mockingbirds do establish a winter territory, which they monitor from a conspicuous perch, but in this case Max's behavior was a bit extreme.

What to look for in April

The bright yellow splash of forsythia, the tiny white flowers of the shadbush and bulbs in bloom. Mourning cloak butterflies. Wonderful earthy smells following a spring rain, warm winds and the song of spring peepers, the tiny tree frogs. The return of the tree swallows, barn swallows, chimney swifts, towhees, house wrens, red-winged blackbirds and brown thrashers. On the ocean, Common Loons will be in breeding plumage and

we may even hear their haunting call. Gannets will be "fishing" off of East Point and Egg Rock. These are oceanic birds with a wingspan of 6 feet that "plunge dive" for fish from heights of 50 feet or more.

Last April, we were charmed by the pair of carolina wrens that built a nest in our mailbox. "Our"

tree swallows returned from wintering in the tropics and raised five young in their nest box! We'll be watching for them.

The annual spring gathering of another species, *Homo sapiens*, at the Town Meeting. In fact, there we may even witness the human form of "Manic Mocker" behavior.

Walk for Hunger May 1st More Bay State Families in Need of Food

More families than ever before, are turning for help to emergency food programs, funded by Project Bread's Walk for Hunger. To respond, Project Bread is asking concerned citizens to make a vigorous effort to recruit teammates and donors for the 2005 Walk for Hunger.

"This year's Walk for Hunger needs your support more than ever before," said Ellen Parker, Executive Director. "We are ringing the alarm, to say that hunger is causing a health and learning crisis, right here in Massachusetts. People used to think that emergency food went to support homeless people, and to some extent it does and should, but the sad reality is that the majority of those asking for food are working families with children. Programs, never designed to serve the general population, are now setting additional tables for families, for teenagers and for the elderly. The need is off the charts."

"There has definitely been an increase in the demand for assistance with food, rent, and heat costs," said Virginia Doocy, director at the north facility of Catholic Charities in Lynn. "We see a majority of working families who do have jobs, but with the higher costs of everything right now, sometimes people cannot afford food. We use the grant from The Walk for Hunger for our food vouchers throughout the year. If we didn't have the Project Bread funds, we would have so much less — it really ensures that our program continues."

For 36 years, The Walk for Hunger has provided critical resources for hungry people in Massachusetts. This year, 40,000 people are expected to take part in this popular event, walking with friends, family, or as part of a team. Participants can walk all or part of the scenic 20-mile route, which weaves through Boston, Brookline, Newton, Watertown, and Cambridge.

Registration for The Walk for Hunger will take place on Sunday, May 1st, from 7:00 to 9:00 a.m. at the Boston Common. The MBTA will offer free rides to Walkers with registration forms between 6:00 and 9:00 a.m., on any subway, bus, or commuter train. To learn how you can participate in The Walk for Hunger, contact Project Bread at 617-723-5000 or visit www.projectbread.org. You can make a difference and help alleviate hunger in Mass.

"Because the Walk always falls on the first Sunday in May, it will be held on May 1st this year," said Ms. Parker. "This means that from a fundraising perspective, we lose that first week in May during which we normally get thousands of donations. In response, we are asking people to mark their calendars and, more important, bring in at least of \$100 to help hungry people. Raise a minimum of \$500 and you become a member of our Heart & Sole Circle."



Useless Information

by Ray Barron

What's Cooking On Maolis Road?

Peter Davis, the award-winning chef, who resides on Maolis Road, was featured in the January/February issue of the widely-read Yankee Magazine. In brief, Peter offered advice and recipes for cold-weather cooking. At Henrietta's Table, at The Charles Hotel in Cambridge, Peter specializes in hearty comfort foods, like grits and hotcakes for breakfast, roasted duck with pears for lunch and braised meats on the bone, for dinner. "Old-style cooking," he calls it, "without shortcuts."

Peter Davis, 48, the son of Richard Davis and the late Elsie Davis, attended the prestigious Culinary Institute of America, has shown his culinary feats in Hong Kong, Singapore, Indonesia, and at the Beverly Hills' Peninsular Hotel.

The personable Peter Davis, his wife Peggy O'Neill, and their two children, Sean, 18 and Jackie, 15, are avid skiers. The family enjoys roughing it up in northern New Hampshire, camping in a yurt—a canvas tent on a wooden platform. The tent has a wood stove for heat, no running water, with only a propane-fueled camp stove to cook on. Well, back home on Maolis Road, the family enjoys dining together and feasting on Peter's bread pudding. Gee, I haven't had bread putting for a long time. Hint!

It has been said, mankind is divided into two classes: those who are looking for food and those who are looking for an appetite.

Mother Superior Jody LaFace, of Nahant Road, quotes Gandhi, who stated, "To a man with an empty stomach, food is God."

Nahant's Billionaires

Abigail Johnson, 42, a native of Nahant, was listed by Forbes Magazine, as one of the world's wealthiest billionaires. Abigail Johnson, President of Fidelity, ranked number 25, with an income of \$12 billion! What's more, Fortune Magazine reported Abigail is one of the most powerful women in business.

As for Abigail's Dad, Edward "Ned" Johnson, Chairman of Fidelity, he was ranked number 72, by Forbes, as one of the wealthiest billionaires. Poor Ned, his take-home pay is only \$6 billion. How well we remember when Ned made the cover of Time Magazine, on September 30, 1996. Wow! A native Nahanter on the cover of Time Magazine!

In brief, the Johnson family has never, never flaunted their wealth! They have always been a low-key family and known as charitable. How well we remember Abigail when she was growing up in Nahant. Abigail's mom is a Hodges, who is known as Lillie. Lillie is truly a friendly individual who has never forgotten her roots. Abigail's uncle is the personable Don Hodges, who helped to establish the Nahant Historical Society.

Good News For Fidgety Nahanters

Being fidgety may be good for your health. The difference between being thin and being fat may come

down to how much you fidget. Researchers at the Mayo Clinic found that fidgeting and other small movements can burn about 350 calories a day—enough to produce a weight loss of 30 to 40 pounds in one year. In brief, obese people, the researchers found, spent at least two hours more each day, sitting still, than the lean people, who tend to pace, fidget, and stand up more often.

Cal Hastings, of Nahant Road, reminds us, figures don't lie, unless they are women's.

Cal's attractive and brilliant wife, Marrit, says, "The best place for your bathroom scale is in front of the refrigerator."

Good advice!

Cal's neighbor, Henry Hanagan, says, "When a woman meets a man who looks her straight in the eyes, she'd better do something about her figure." Of course, this doesn't apply to his shapely and attractive wife, Peggy.

Questions People Ask

Frank Cusack, of Nahant Road, wants to know which is the world's most frequently visited city. According to the French Embassy, Paris remains the world's most frequently visited city in 2004. Paris had 25 million tourists, of which 1,410,000 were Americans, 1,380,000 British, 790,000 Italians and 400,000 Chinese. Paris also hosted 272 conferences, more than their competitors, Vienna and Geneva.

Marguerite Haigh Rizzo, says, "Paris is where the American tourist speaks French and then explains it in English."

Believe it was the fashionable Janet Dolan who said, "French fashion and American capital makes Paris the fashion capital of the world."

Cay Cusack, of Nahant Road, says, "Tourists are all alike: they want to go places where there are no tourists."

As the noted traveller, Carmella Cormier, of High Street Ext., will tell you, "The most interesting thing to a tourist, thousands of miles from home, is another tourist." How true.

April Birthday Babies

Some of our friends and neighbors who will be celebrating or mourning their birthdays in April.

April 1st birthdays: April Fools Day! The lovely, brilliant, compassionate Julia Switzer, Cathy Rhodes, Mary Swaim, lovely Mary Pisano, Janice Migliaccio and such other notables as actresses Jane Powell and Debbie Reynolds.

April 2 birthdays: Lovely and personable Joanna Reardon, Chesley Taylor, Andy Erikson, Justin Deberardinis, Jim Houlhan and Emmylou Harris, the country and pop singer.

April 3 birthdays: The glamorous Linda Kane, lovely Jean Mazzafero, Peggy O'Neill, Laura Gaudet, Barbara Brewer and the late actor, Marlon Brando.

April 4 birthdays: Pam Morse, Mary Welch, Tim Lowe, Mark Taylor, Scott McCarthy, Kevin Bailey and actor Anthony Perkins.

April 5: Beverly Carr, the illustrious Dunbar Livingston, actor Gregory Peck and our former Secretary of State, Colin Powell.

Our April 6 birthday kiddies: Kim Polcaro, Nancy Messina, Marilea Munoz, Kathy Marini, Mayann Quinlan, Claudia McClain, Judy Robidoux, Tom McLaughlin, Bill Letourneau, handsome Bill Lowell and Merle Haggard, country singer.

April 7 birthdays: Sally Worthen, Joe Dantona, Sal Migliaccio and film director, Francis Ford Coppola.

April 8 birthdays: the brilliant Attorney Paulette Marie, Georgie Tsatsis, Valerie Sofronaas and the famous actress, Mary Pickford.

April 9 birthdays: Julie Cadigan, Beatrice Rogers, Michelle Desmarais, Jim Hill, George Fintonis, Joe "The Eye" Manley and actor Dennis Quaid.

April 10 birthdays: Dan Taylor, lovely June Hansell, Ione Hansell, Linda Landry, Jim Peterson, sweet Kerry Gordinas and actor Omar Sharif.

April 11 birthdays: Mary Jane Mitchell, Susan Cadigan, and actor/singer, Joel Grey.

April 12: Hannah Peterson, Donna Langevain, Veronica Cooke, the dedicated public servant, Gene Regnante and talkshow host, David Letterman.

April 13: The noted nurse Gretchen Szczechowicz, Susan Golden, Edith Gray, Donna English, Dan Dill, Tony Baracewicz, John Dolhun, Gene Burrell and Thomas Jefferson, 3rd US president.

April 14: Garret Jones celebrates his birthday with country singer, Loretta Lynn and comic, Steve Martin.

April 15 birthday kids: Blanche Bushnell, Antoinette Roffler, Lynn McKnight, Amy Famulari, Patricia Lockhart, Clara Tyler, Susan O'Neill, David Lass, the noted journalist David Liscio and on this day in 1912, the passenger liner "TITANIC" sank, after colliding with an iceberg on its first voyage.

April 16 birthdays, Pasha Petric, Carolyn Griffin, Bill Cadigan, Jeff Hooper, Bob Branga and the late Henry Mancini, film-score composer.

April 17 birthday kids,

(Continued on next page.)

Useless Information
(Continued from page 12.)

the personable Margie Goode, Cathy White, Kathy Welch, Dot Morley, Paul Bertrand, Eric Peterson and Peggy Silva's loving husband, Bob and Thornton Wilder, playwright and novelist.

April 18 birthdays: Barbara Kairevich, Dimitrios Christoforidis, John Donahue and Leopold Stokowski, conductor and composer.

April 19: Our lovely and personable neighbor, Suzanne Tarlov, Dennis Ball, easy-going Bob Munnely and the late Dudley Moore, English-born comedy film actor.

April 20 birthdays: Nice guy Phil Oesterlin, Nick Fiore, Bob Tabor and actor Ryan O'Neal.

April 21 birthdays: Francis McCarthy, George Szabo and the late actor, Anthony Quinn.

April 22 birthday cake eaters, Edith Payette, Mary Livingston, Larry Smith, Joe Caloggero, singer Glen Campbell and actor Jack Nicholson.

April 23 birthdays: Theresa Kane, Ellen Kutcher, Theresa Peterson, Rebekah Richardson, Jim Mahan, Vic Charboneau and actress, Sandra Dee.

April 24 birthdays: Lovely Allison Twiss-O'Neill, the personable Joy Spinelli, Mary Ellen Morris, Charlie Cronis, Chris Denune, the wondrous Joe Moccia, the handsome Carl Jenkins and singer, Barbra Streisand.

April 25 birthdays: Cassie Picone, Kathy Hymoff, Patricia MacDonald, Manami Shishido, the stately Tom Hambleton and actor Al Pacino.

April 26 birthdays: Jeanette Roderick, Linda Bellofatto, Mary Sanborn, Betty Gooding, Jeff Goodell and Marcus Aurelius, Roman emperor.

April 27 birthdays: Lynne White, Bob Alexander and also born on this day, Ulysses S. Grant,

general and 18th US president.

April 28 birthday gift-openers: Brian Keohan, Kavita Kumari, Lorraine O'Keefe, Maral Gunduz, Karen Rogers, Matt Hatfield, Sofia Caloggero and the vibrant actress, Ann-Margret.

April 29: Lovely Barbara McDonald, sweet Kathy Famulari, Patricia Morad, Kevin Calnan, Mark Coakley, Frank Cardile, Charlie Randolph, comedienne Carol Burnett and actress, Michelle Pfeiffer.

April 30: Michele Kirkman, Linda Lehman, Alisa DeDominicis, Effie Schmidt, Jeff Pelley, Henry Brett, Bob Doyle and the illustrious Mark Pillsbury. Less we forget, on this day in 1789, George Washington became the first president of the US. Yes, on April 30!

Nahanter's Opinions

The electrifying Ed Poulin, of Irving Way, says, "If you don't get everything you want, think of the things you don't get, that you don't want."

And Ed's stunning wife, Gayle, of New Orleans, says, "Many of us spend half our time wishing for things we could have, if we didn't spend half our time wishing."

Beverly English, of Little Nahant Road, says, "Success is getting what you want; happiness is wanting what you get."

Jayne Solimine, of Fox Hill Road, says, "If a man could have half his wishes, he would double his troubles."

Jean Hosker, of Valley Road, says, "There's nothing that cures people from wanting things, like being able to afford them."

Nahant Ancestries

Nahanters with Irish ancestries represent 32% of the town's population of 3,984. Nahanters with Italian ancestries, represent 15.8% of the population.

The Nahanters with English ancestries represent 15.7% of the population.

Nahanters with German ancestries represent 9.9% of the population.

Nahanters with Greek ancestries represent 6.1% of the population and Nahanters with French ancestries represent 4.6 % of the population.

As you can readily note, Nahant is dominated by the Irish, Italians and the English. What's more, 96.5% of the population is white, non-Hispanic. Nahant Hispanics represent but 1.1% of the population. And two or more races represent 0.8% of the population.

Latest Poop!

The latest poop is about elephants! Weary trainers at a Thai animal preserve have taught seven elephants to poop in a giant toilet. The elephants not only sit on the loo—they use their trunks to pull a cord that flushes it. The preserve's staff loves the new invention: Each elephant eats 100 pounds of food a day. Which reminds me, elephants are the only animals that can't jump.

The knowledgeable Sheila Hambleton, of Kenney Avenue, informs us the Pentagon, in Arlington, Virginia, has twice as many bathrooms as is necessary. When it was built in the 1940s, the state of Virginia still had segregation laws requiring separate toilet facilities for blacks and whites.

Nahant Police Need Not Apply

The Philippine government handed out free dentures to 200 police officers, who were missing many of their teeth. The government said nicer smiles would boost the police force's public image. Fortunately, our dedicated smiling Nahant police are noted for their gleaming white teeth. Well, this certainly puts teeth into the law!

Richard J. Lombard
Nahant's Dedicated Public Servant

What follows is a brief profile of Richard J. Lombard of Willow Road.

To date, Lombard has devoted over 25 years of his life as a member of Nahant's Board of Selectmen. What's more, through the years, Lombard has served on the Advisory & Finance Committee, the Greenlawn Study Committee, served as Chairman of the Nahant Memorial Day Committee, served as Commander of Nahant's American Legion Post, served as Nahant Little League Coach, and for ten years he served as Chairman of the Fourth of July Committee and for 25 years he served as a member of the Nahant Democratic Committee.

As we stated, this is truly a brief profile of the highly-respected public servant, Richard J. Lombard.

For 34 years, our highly respected public servant has served The Dial Corporation as the Division Vice President of Sales. He is noted for his skills in analysis/problem solving, and his ability to handle multiple assignments simultaneously.

Richard J. Lombard, who attended Rutgers College and Boston College, served his country in Vietnam as a U.S. Marine, where he was awarded a Meritorious Combat Promotion and nine other awards and medals.

Without doubt, Richard J. Lombard's continuous source of inspiration is his wife, Bonnie, his daughter Carolyn, and his grandson, Thomas. Bonnie has always "stood by her man." She is truly a wondrous woman.



DANIEL M. BELLO
MORTGAGE CONSULTANT

781-245-4694 OFFICE
888-993-5111 TOLL FREE
781-245-7810 FAX
781-738-6899 CELL
dbello@nymc.com
www.mymoneyinc.com

ONE PLEASURE ISLAND ROAD
WAKEFIELD, MA 01880

Imagine. Achieve.™

Help keep this community newspaper afloat! Please send \$15 for a "voluntary subscription" to the Nahant Harbor Review, PO Box 88, Nahant, MA 01908. Thank you for your continued support.



Attract more birds to your backyard this spring!

- Custom Seed Blends & Suet • Covered Feeders
- Nesting and Roosting Boxes • Heated Birdbaths

Wild Birds Unlimited
Your Backyard Birdfeeding Specialist™

Center Street Village
110 Newbury Street • Route 1 South
Danvers, MA 01923 • (978) 774-9819

Wild Birds Unlimited



Summer In Nahant



A collaboration of old photographs, letters and memories of those who lived and resorted on this seaside peninsula before us.



ABOVE: Trimountain House at Bass Point. Master King's school boy's outing. Donated to Nahant Historical Society by F. W. Gove.



Trimountain House at Bailey's Hill, circa 1903.

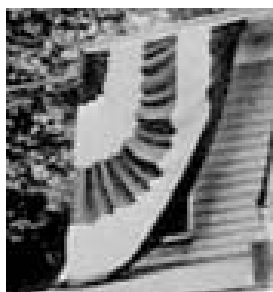
The Trimountain House was built by the Tudors at the present entrance to Bailey's Hill. Best-known manager was Sylvester Brown who was there from 1874 until the Federal Government bought the land for the fort in 1901. By special arrangement, Mr. Brown was allowed to remain there until his death in 1919, at 85 years. The building was taken down in 1922.

Open as a hotel from 1874 until 1906, Trimountain House was the second hotel to be built on Bass Point, was described in the local press as "famous for its tasteful and delicious fish dinners, which it served to thousands of delighted diners, for one dollar each." It was further reported that, for an additional fifty cents, Sylvester Brown, proprietor, would provide "a toothsome beef steak and chicken dinner." Brown loved birds and kept a gaggle of geese, as well as a collection of stuffed birds.

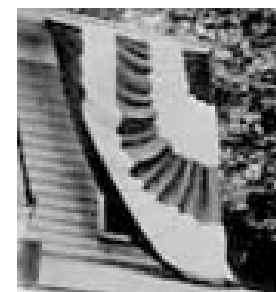
The second oldest hotel on Bass Point was called the Trimountain House, named because a good view of the three hills in the immediate area could be seen from its porches. Only an optimistic proprietor could imagine they were mountains. This enterprising fellow was Sylvester Brown, born in Lynn in 1834, the proprietor of the Trimountain House from 1876 to 1906, the best known and liked of all Nahant's hotel keepers. He had worked in the Lynn shoe factories until 1850, then went to Ipswich and worked his way up in the hotel business until he was a manager. He moved to Nahant in 1876 to strike out on his own and leased the house Mrs. Tudor had erected at the foot of Bailey's Hill.

For all the pretensions of its name, the Trimountain House was a modest establishment. Its seating capacity was just over a hundred, about a quarter of the size of Brann's place. Brown loved birds and kept geese, which he could often be found feeding. Another feature of the house was his collection of minerals and stuffed birds. To accommodate more patrons, Brown used land opposite the hotel for a tent village where families who could not afford to build or rent summer cottages could camp out in rustic charm. All necessary comforts were just across the road for a price. "Camp Starlight" was the apt name for one of these twenty-four tent colonies that started in the summer of 1883. Others were "Camp No Name," and "Camp Bass Point." People were as unimaginative then as now when it came to naming summer camps.

The Trimountain House continued its quiet way until the federal government took over Bailey's Hill for a fort in 1900. With the outbreak of the Spanish-American War, the military had realized that the entire east coast lay undefended. The War Department (later the Defense Department) began construction of fortifications up and down the coast. Bailey's Hill was selected to defend Boston Harbor. The government also took most of the land nearby—about a third of Bass Point was gobbled up. The Trimountain House was included in the purchase but since there were no immediate plans to build anything on the site, yet Brown was given a lease to continue his operations for a further five years at the annual rent of \$1,000.



Trimountain House



“A View of three hills could be seen from its porches.”

NAHANT

Sylvester Brown, 84 tomorrow, tells how he keeps warm in cold weather.

“How do we keep warm? Drift wood makes the best kind of a fire.” Sylvester Brown explained to an Item representative yesterday how he is managing to Hooverize over in the Trimountain house, where he has lived more than 40 years, and where he will celebrate his 84th birthday tomorrow.

The Trimountain house is on government property, but through special permission Mr. Brown continues to make his home there. “When I see the soldier boys hurrying back and forth, it’s easy enough to close my eyes and go back in memory to the days of ‘61,” and the old gentleman smiled reminiscently. “You think things cost a lot now? I remember paying \$100 for two tons of hay, and \$23 a barrel of flour. Of course,” and his eyes twinkled, “if a man had gold he could cut those prices right in two.

Showing the reporter the wonderful view of the ocean from the window where he sits these wintry days, Mr. Brown said, “See those chunks of ice? Never within my memory has there been so much ice near the shore, such intense cold and—,” regretfully, “so little sunshine.”

Mr. Brown went from Lynn to the Trimountain house in 1876. “There were about six houses over here then,” and this veteran displayed with some pride an old-fashioned picture of the little house taken at that time and compared it with a picture taken only a few years ago, when the house was at the topnotch of its popularity as an eating house.

Mrs. Mary A. Dow keeps house for Nahant’s oldest citizen, and she agrees with Mr. Brown that it would be difficult to find a more beautiful spot than the little pinnacle where their home is.

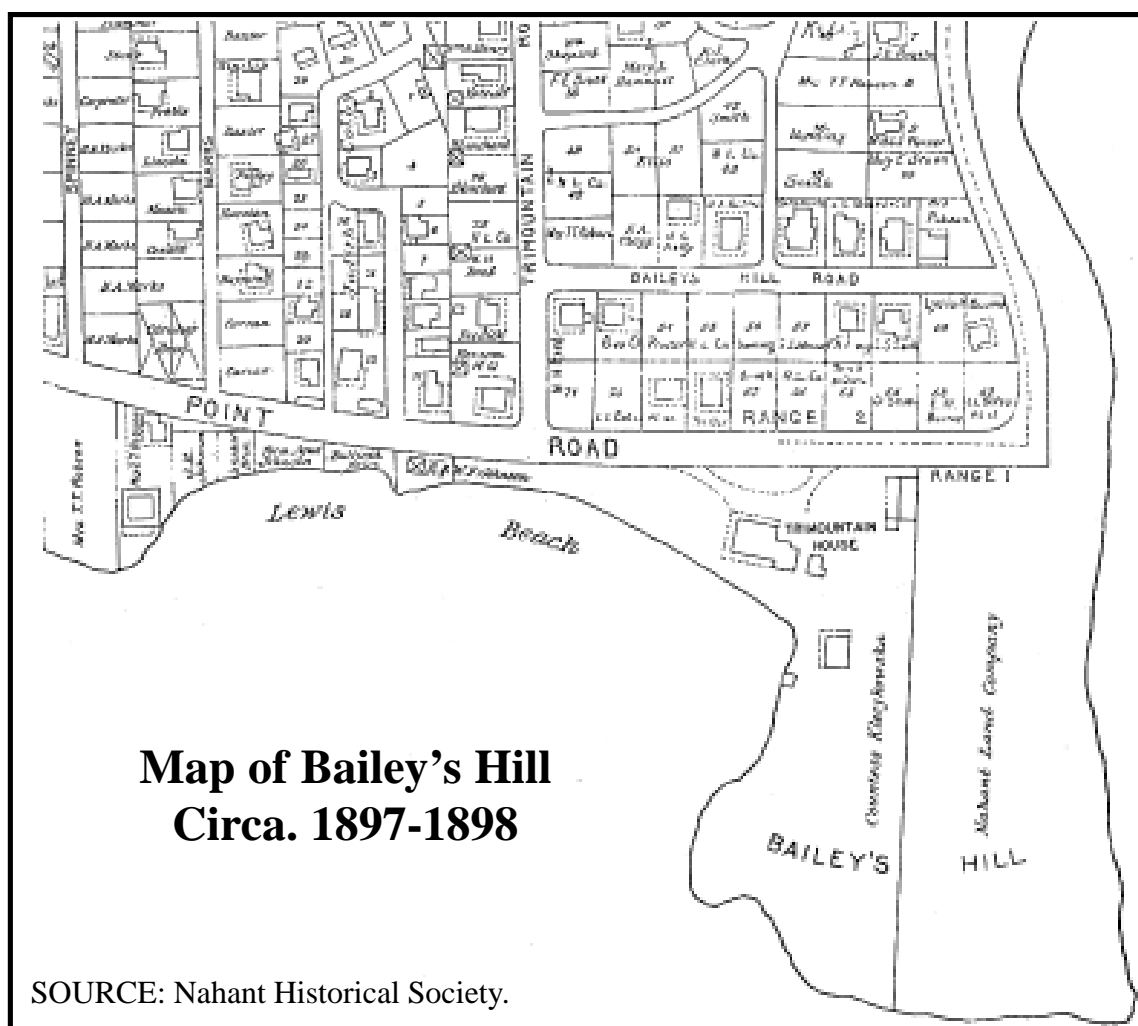
Added Mr. Brown, “Come and see us in summer, some day when the sun is setting, and you’ll remember the most beautiful picture in the world.”



The cost of acquiring Bailey’s Hill and its 1,161,554 square feet of land came to \$162,689. Most of this went to Frederic Tudor’s daughter who had inherited the hill. Summer residents on the left side of Trimountain Road could look from their piazzas across to the 71 cottages slated for removal and thank their lucky stars that they had not bought nearer the water. Once the war emergency passed, the military development of Bailey’s Hill did not seem so urgent and the process of demolition dragged on until 1904.

\$500 REWARD

to the person or persons who can identify and prove the origin of the name “Bailey’s Hill.” For more details, call the author of this page.



**Map of Bailey’s Hill
Circa. 1897-1898**

SOURCE: Nahant Historical Society.

SOURCES

Newspaper article. Lynn Item. 1918. All other articles are from Nahant Historical Society’s collection.

Photos: Nahant Historical Society

PLEASE SUPPORT THE NAHANT HISTORICAL SOCIETY.



If you have something you would like to share on this page, please contact the author:
 Summer In Nahant
 c/o Bumper Gooding
 PO Box 5,
 Nahant, MA 01908
 Or email: sumnerkimball@aol.com

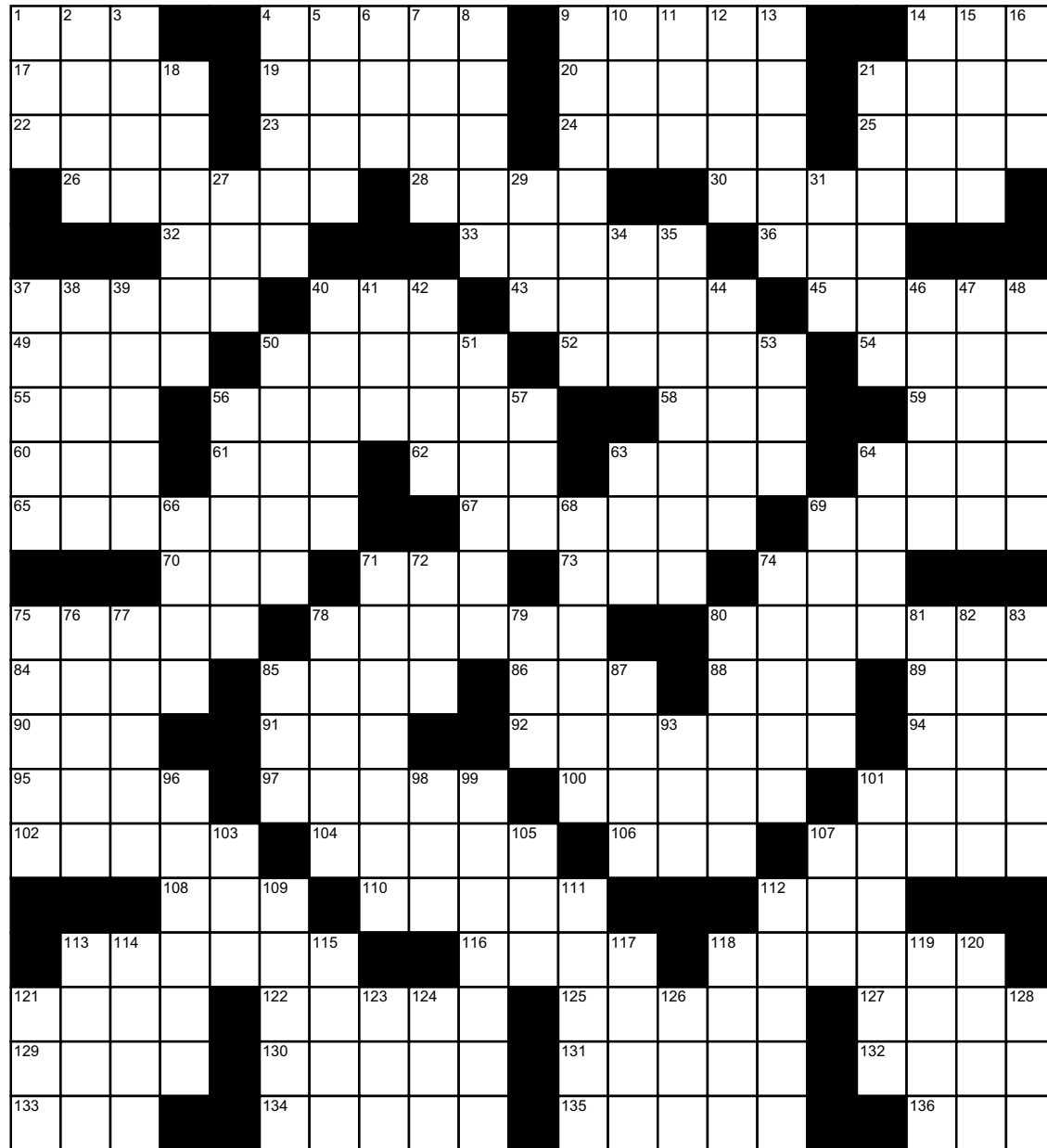
NAHANT PUZZLE PAGE

Tee Time

by Rick Kennedy

ACROSS

- 1 Our Sun's name
- 4 Musical production
- 9 Mid-Eastern dwellers
- 14 *Where it all begins*
- 17 Great
- 19 Baby chick's noise
- 20 Boston's Airport
- 21 Condiment
- 22 Air (prefix)
- 23 *Golfing Woods*
- 24 *Course nuisances*
- 25 *US or British* ____
- 26 Stop
- 28 *Golfer's cry*
- 30 Angels' rings
- 32 *Pro golfers hope to make this*
- 33 Aristocratic
- 36 Geo. Wash's. bill
- 37 Blot (2 wds.)
- 40 Melancholy
- 43 *14A action*
- 45 Disney Deer
- 49 Russian ruler
- 50 Refresh
- 52 Tolerate
- 54 Frau's husband
- 55 Amer. Cancer Soc. (abbr)
- 56 Male verdict decider
- 58 Zilch
- 59 Head of Britain
- 60 *Driving range item*
- 61 Sprite
- 62 Est. time of arrival (abbr)
- 63 Doings
- 64 Windfall
- 65 Irons
- 67 *Green grabbers*
- 69 *Dunes courses*
- 70 Mutt
- 71 ET's craft
- 73 *With 98D, golfers' bane*
- 74 *Common prize for 88A*
- 75 Beef type
- 78 *Green area*
- 80 *Mr. Harrington*
- 84 Dorm dweller
- 85 Information
- 86 Curve
- 88 *Hole-in-____*
- 89 Shoshonean
- 90 Central daylight time
- 91 Green or white tree
- 92 Connection
- 94 Fox hole
- 95 *St. Andrews*



- "17th Hole"*
- 97 Steps over a fence
- 100 *Nickname of 118A*
- 101 Big Ben's information
- 102 *"____ Golf Courses" (NM)*
- 104 Sarcastic
- 106 Trinitrotoluene
- 107 *Aggregate golf score*
- 108 Classified ____
- 110 Paris river
- 112 Zodiac sign
- 113 *Scorecard necessity (2 wds)*
- 116 Clan fight
- 118 *Golfer with an "Army"*
- 121 Telegram
- 122 Cola company
- 125 *"Heron ____" Golf Course (OR)*
- 127 Formal dance
- 129 *Mashie-Niblick, e.g.*
- 130 Expunge

- 131 Privileged
 - 132 Nike missile ____
 - 133 Clairvoyance
 - 134 *"The ____ of Golf"*
 - 135 *With 27D, US vs Europe matches*
 - 136 Massachusetts Cape
- DOWN**
- 1 Red or Black
 - 2 Oil cartel
 - 3 Italian money
 - 4 Eight
 - 5 *"Lefty" Mickelson*
 - 6 Electroencephalograph (abbr.)
 - 7 Shallow area
 - 8 *Another name for 78A*
 - 9 School subject
 - 10 Fish eggs
 - 11 Candle count
 - 12 Hit
 - 13 *"Slammin" Sammy*
 - 14 Record

- 15 Sight organs
- 16 Long time
- 18 Agree
- 21 Dough
- 27 *See 135A*
- 29 Pole
- 31 *Wedge type*
- 34 Women's ____
- 35 Demonstrated
- 37 Emboss
- 38 Sesame Street grouch
- 39 Type of glue
- 40 Vassals
- 41 Whichever
- 42 Interbreeding population
- 44 Blue-pencil's
- 46 Vine fruit
- 47 Small stream
- 48 *Some golf clubs*
- 50 Monarch
- 51 *5-time British Open winner*
- 53 *"Big Easy" Ernie*
- 56 Christ
- 57 Catch some Z's
- 63 Also known as (abbr.)

- 64 Ethiopian currency
- 66 Type of missile
- 68 *Seve and Sergio's peninsula*
- 69 Weighed down
- 71 Street or sea denizens
- 72 Adjust
- 74 Long boat
- 75 Capital of Ghana
- 76 Caffeine pill brand
- 77 Access (2 wds.)
- 78 Abstains from food
- 79 "For Me and My ____"
- 80 Postulate
- 81 Sound
- 82 Objects
- 83 *Belonging to Mr. Sarazen*
- 85 Foreign Agricultural Service
- 87 *Golfer's transport*
- 93 Lodge

- 96 Stifle
- 98 *See 73A*
- 99 Enlightens
- 101 Trudges
- 103 Disks
- 105 Compass pt.
- 107 Solidify
- 109 Excellent
- 111 Swiss mathematician
- 112 Light beam
- 113 Put on ____
- 114 *Hazard penalty*
- 115 South American nation
- 117 *"Grip It & Rip It" golfer*
- 118 *Course designer Dye*
- 119 Little Mermaid's love
- 120 Rolled chocolate candy brand
- 121 *Young phenom Michelle*
- 123 Buddy
- 124 Compass pt.
- 126 Young goat
- 128 *"____ Squad"*

Flag Etiquette

submitted by Carolyn Cummings-Saxton

Nahant has always been a truly patriotic town. Over the years, Greenlawn Cemetery's display has evidenced the military service of a sizable percentage of our forebearers. Recent conflicts in the Gulf, have further motivated many of us to display our patriotism more visably. Since many of us are proudly flying our country's emblem, I've noted a few rules we need to remember, from the United States Code, Title 4, Chapter 1, as amended October 25, 1999.

"When a patriotic effect is desired, the flag may be displayed 24 hours a day if properly illuminated during the hours of darkness." Section 6 (a). This means a porch light for those on our decks, etc.

We all remember from elementary school: "The flag should never touch anything beneath it, such as the ground..." Section 8 (b). Such a flag cannot be used again and should be properly laid to rest.

Finally, referring to the destruction of worn flags, etc.: "The flag, when it is in such a condition that it is no longer a fitting emblem for display, should be destroyed in a dignified way, preferably by burning. Section 8 (k).

Some of us have saved tattered flags, not knowing how to dispose of them, yet not wanting to put them out with the trash. Your 4th of July flags, radio antennae ornaments and those which have blown in the wind these past two years, whose stitching did not hold up, will find a repository this summer. This summer, the American Legion will conduct a ceremony to lay to rest our nation's symbol, at a date to be determined.

The American Legion, Mortimer Robbins Post, invites all to join in a public ceremony to dispose of our flags that have become soiled, torn, or otherwise in disrepair. The exact date for the service is still to be determined. For those who will not be in town at that time, the Legion will gladly receive them in advance.

American Legion membership is open to those who have officially served their country and gladly welcomes others to join their auxiliary, of which I'm a proud member. Please join us in revitalizing this important part of our community.

Nahant Harbor Review

PO Box 88 • Nahant, MA 01908 USA

DEADLINE INFORMATION for MAY 2005

All Community Calendar items, personal ads, classifieds, business ads, articles and short stories.

FRIDAY, APRIL 15th • 5:00 P.M.

Mail Date: APRIL 27th

STAFF

Owner/Editor:	Donna Lee Hanlon	592-4148
Sales Director:	Suzanne Hamill	592-1263
Assistant:	Mary Lowe	
Proofreader:	Harriet Steeves	

The Nahant Harbor Review is published monthly and distributed to over 2,100 homes and businesses in Nahant and beyond by Seaside Business Services, PO Box 88, Nahant, MA 01908, (781) 592-4148, Donna Lee Hanlon, Owner, Editor & Publisher.

Editor reserves sole discretion for inclusion of ads, articles, letters and other submissions.

Anonymously submitted articles and / or letters, unsigned or lacking author contact information, will not be published. Exception: although not a regular practice, a writer's identity may be withheld by request, at the sole discretion of the editor.

Articles, Notices, Letters and Calendar Items may be submitted by: **email**, donna@nahant.com, or **fax**, (781) 581-0158, or **mail**, Editor, PO Box 88, Nahant, MA 01908, or to our **drop-off box** at the **Equitable Cooperative Bank** on Nahant Road.

The views and opinions expressed in this publication do not necessarily reflect those of the management and staff of the Nahant Harbor Review or Seaside Business Services.

All articles are voluntarily submitted to the Nahant Harbor Review without compensation.

Help support Nahant's ONLY community newspaper. Become a voluntary subscriber today! Send \$15 per subscription with mailing address to: Nahant Harbor Review, PO Box 88, Nahant, MA 01908. Thank you.

**COMPLETE THE CROSSWORD PUZZLE AND WIN A
FREE BREAKFAST FOR TWO.
SEE CHRIS AT SEASIDE BREAKFAST FOR DETAILS.**

"Erin Go Braugh!" Solution - March 2005 by Rick Kennedy (a "Parrothead")

	A	B	C	S		D	A	B		P	A	L		A	T	E		K	N	I	T				
A	L	E	U	T		O	L	E		E	S	E		O	W	N		I	N	D	U	S			
C	L	A	R	E		O	I	L		A	K	A		R	I	D		C	E	L	L	O			
T	E	N		W	A	L	K	O	U	T		P	A	T	R	I	C	K		E	L	F			
S	N	O	B		V	I	E	W	S					S	A	L	V	O		I	D	E	A		
				E	C	O	N			F	E	T	E	S			E	B	B	S					
T	A	L	L	O	W		K	I	L	L	A	R	N	E	Y		H	E	L	E	N	A			
S	W	I	F	T		S	I	N		M	I	N		R	A	T		N	A	V	A	L			
P	L	E	A	T		H	A	S	T					T	I	K	I		I	N	E	P	T		
				S	A	G	A			T	O	M		S	H	E		P	O	N	D				
M	E	E	T		E	M	U			P	O	P	P	Y		U	P	S		S	N	I	P		
C	O	P			E	R	R			H	U	E			S	E	A			O	W	E			
G	N	A	T		S	O	N			R	E	B	E	L		A	R	K		S	T	O	P		
				O	P	E	C			M	A	R		D	I	R		A	A	R	P				
A	C	H	O	O		K	L	A	N					D	O	E	R		I	R	O	N	S		
P	O	E	T	S		S	A	Y		L	P	N		A	N	Y		V	I	D	E	O			
T	O	W	H	E	E		W	A	T	E	R	F	O	R	D		R	E	N	E	W	S			
				E	R	I	N			R	E	E	L	S		D	I	R	T						
B	A	L	D		R	A	D	I	I					L	I	C	I	T		S	W	A	P		
U	F	O			M	E	R	I	N	O	S			B	O	N	A	N	Z	A		A	L	I	
F	I	C	H	U		R	A	D		A	D	O		F	M	G		R	A	D	O	N			
F	R	A	I	L		O	N	E		I	O	N		E	E	L		A	G	E	N	T			
				E	L	S	E			W	A	X		L	E	O		R	O	E		N	O	D	E

Breakfast at the Seaside
from 6:30 to 11:00 AM

149 Nahant Road • Nahant • 581-9994

Happy SPRING!!!
ENTER THE PUZZLE CONTEST TO
WIN a FREE Breakfast for TWO.
See Chris for details!
Chris & Crew by the Sea!

NAHANT CLASSIFIEDS • BUY • SELL • WANTED • NAHANT CLASSIFIEDS

Marine Lumber & Plywood including teak, mahogany, white oak, cedar, cypress, locust and ash. Also large quantities of domestic & imported lumber. Goosebay Lumber
603-798-5135
 web: goosebaylumber.com

A NEW YEAR
 Make it a happy one! Need pampering after the holidays and the winter storms? Make an appointment for a **Reflexology Session \$50 per hour**
 Cynthia Lynch
781-724-2605
 Foot parties always available.

Firewood
 1/2 cord green hardwood: \$110
 1/2 cord seasoned hardwood: \$160 (limited quantity)
 Delivered to Lynn / Nahant area.
Ask for Carl.
Call 603-798-5135



COMMERCE Real Estate MLS

GEORGE MEIMETEAS
 Broker

51 Market Street
 Lynn, MA 01901
www.commercere.com

Office: 781-592-0075
 FAX: 781-592-0115
 Cell: 978-764-7504



CHRISTA MATHESON
 Your Neighbor...Your Realtor

Thought about selling your house lately?
781-581-9930
www.christamatheson.com

A Yarn Over Marblehead

KNITTING CLASSES AVAILABLE

KNITTING NEEDLES, BOOKS & NEEDLEPOINT KITS

Jean Tierney

21 ESSEX STREET,
 MARBLEHEAD, MA
781-639-YARN (9276)



GOD BLESS AMERICA!

LET US NEVER FORGET TO SUPPORT OUR TROOPS AND VETERANS

NAHANT HARBOR REVIEW IS ON THE WEB!
 Now you can view the Nahant Harbor Review online. Check it out today at www.nahant.com

Nahant Village Church

Join us for Worship Service & Sunday School on Sundays at 10:30 a.m.



King Size, "Heavenly Bed," Simmons Beautyrest Mattress. Extra plush pillow-top. Fairly new. Meticulous condition \$475.00. Call 781-581-0281

Please patronize our advertisers. Their advertising dollars keep the Harbor Review coming to you!
 Thank you!

For Nahant Residents Only

APRIL 2005 Firewood Sale

Consists of a Full-Size Pick-up Load. Includes Delivery.

Stacking Optional: \$45 additional.

All Types of Hardwood. Mainly Ash.

ONLY \$100



Call Frank in Nahant 781-858-6318

Nahant Community Ad Page

Advertise your yard sales, moving sales, car and boat sales, apartment rentals, personal messages, birth announcements, memoriams, holiday and birthday greetings in the MAY 2005 issue of the Nahant Harbor Review!

Fill out the form below, cut out and mail to: Nahant Harbor Review, PO Box 88, Nahant, MA 01908...OR... Save a stamp! Take the envelope to the Equitable Cooperative Bank on Nahant Road and drop it in the black box on the Teller's counter. Payment must be included with the form. Make your check payable to Seaside Business Services. Photos will be returned if accompanied with a self-addressed, stamped envelope. The deadline for the MAY issue is APRIL 15th.

Name: _____
 Telephone: _____
 Photo Enclosed? _____
 Ad Size: _____
 Amount enclosed: _____
 Print Message (or attach to form): _____

For more info., call Suzanne at 781-592-1263.

Price List	
One column wide by	
1" box	\$10.00*
1.5" box	\$15.00*
2" box	\$20.00
2-1/2" box	\$25.00
3" box	\$30.00
Two columns wide by	
1" box	\$20.00*
1.5" box	\$30.00*
2" box	\$40.00
*Text Only	

Community Calendar • APRIL 2005

To have your event listed on the Nahant Community Calendar, please mail note, letter or postcard to: Community Calendar, Nahant Harbor Review, PO Box 88, Nahant, MA 01908 or email: donna@nahant.com

Winter Parking Ban: December 1, 2004 until April 15, 2005. No overnight parking is allowed. Ticketing and towing will be strictly enforced, especially during snow emergencies when towing will be in full effect.

APRIL

FRI	1		APRIL FOOL'S DAY
FRI	1	7:00A	NVC Men's Breakfast. All Welcome. Village Church. Call to reserve 781-581-5691
FRI	1	7:00P	Friday Night Laugh Club at LynnArts. Till 9:00 p.m. For ticket info call 781-598-5244.
SAT	2	8:00P	Periwinkles Spring Fling. FMI / Tickets 595-4142
SUN	3		DAYLIGHT SAVING TIME BEGINS
SUN	3	5:00P	North Shore Caribbean Assoc. & LynnArts: Crystal PanJanners Youth Steel Orchestra Benefit Concert at LynnArts, 25 Exchange St, Lynn. 781-598-5244
WED	6	Noon	17th Annual Girls Inc. Celebration Luncheon at Danversport Yacht Club.
WED	6	6:30P	Nahant Lions Award Dinner at the Nahant Country Club
FRI	8	5:00P	Logo Contest Ends. School of Refrigerator Door Art.
FRI	8	7:30P	Friends of Earl Meeting. FMI 781-581-1271
SAT	9	9:00A	Last day to register to vote for Town Elections.
TUE	12	6:30P	Northeastern Evening Lecture. Marine Science Center
TUE	12		Woman's Club Meeting. North Shore Music Theater.
FRI	15	5:00P	DEADLINE FOR MAY ISSUE OF HARBOR REVIEW
FRI	15	7:00P	Fundraiser for Avon Walk. Knights of Columbus.
SAT	16	9:00A	Morning Field Trip. Nahant Open Space & Brookline Bird Club. FMI 781-581-1114
SAT	16	9:00A	Rec. Sailing Can & Bottle Drive. Life-Saving Station
SUN	17	7:00P	Christoph Wald & Co. Concert. Ellingwood Chapel.
WED	20	9:15A	Watercolor with Deb Gates at Tiffany Room
SAT	23	Sundown	PASSOVER BEGINS
SUN	24		PASSOVER
WED	27		ADMINISTRATIVE PROFESSIONALS DAY
THU	28	Noon	Garden Club Celebrate Arbor Day. Village Church.
SAT	30	7:00A	Polls open. Town Meet and Election Day.
SAT	30	9:00A	New England Gem & Mineral Show. Topsfield Fairgrounds. Till 5:00 p.m.
SAT	30	12:30P	Town Meeting begins.
SAT	30	8:00P	Polls close.

MAY

SUN	1	10:00A	New England Gem & Mineral Show. Topsfield Fairgrounds. Till 4:00 p.m.
SUN	1	7:00A	Walk For Hunger. FMI 617-723-5000
THU	5		HOLOCAUST REMEMBRANCE DAY
SUN	8		MOTHER'S DAY
SAT	21		ARMED FORCES DAY
SAT	21	6:30P	Texas Hold 'Em Tourny at Knights of Columbus. Pre-register at 595-4142
FRI	27	7:00P	Don't Cook Friday at the Nahant Country Club. Call 781-581-1453 to sign up!
SAT	28	9:00A	Nahant Arts at the Nahant Community Center
MON	30		MEMORIAL DAY

Friends of the Nahant Library Book Sale
Saturday, April 23rd through May 1st.
Questions? Call 781-581-0306

April 16th • 9:00 AM • Morning Field Trip
 Co-sponsored by the Nahant Open Space Committee and the Brookline Bird Club. Main focus is birds, but buds, bugs and beginning birders will be a boon. Meet at the MDC boat ramp near the Rotary, Lynn Harbor side of the Causeway. FMI: Linda Pivacek at 781-581-1114, or Nahant.org website.

Nahant Public Library Hours

Mondays through Thursdays:
 10:00 a.m. to 12:00 n. and 2:00 to 8:00 p.m.
 Fridays:
 10:00 a.m. to 12:00 n and 2:00 to 5:00 p.m.
 Saturdays and Sundays:
 2:00 to 5:00 p.m.
 Nahant Public Library: 781-581-0306

AA Meetings

Tuesdays and Thursdays: Alcoholics Anonymous meets at 7:15 a.m. St Thomas Aquinas Church basement on Nahant Road.
 Fridays: Alcoholics Anonymous meets at 7:30 a.m. Nahant Village Church Library on Cliff Street.

The Nahant Historical Society is open to the public on Wednesdays, Thursdays and on the first Sunday of each month, from 1:00 to 4:00 p.m. (except holidays).

The American Legion meets on the first Tuesday of every month, at 7:00 p.m., at the American Legion Hall, 5 Coolidge Road, in Nahant.

Singing Lessons

Donald Wilkinson, baritone
 Classical, Opera, & Musical Theater
 Teens to Adults welcome
 781-593-4936 www.donaldwilkinson.com



DEBT CONSOLIDATION
100% Purchase Financing
Meridian Mortgage Corp.
(978) 335-1111
 Ask for Lissa Keane, Nahant Resident
 Complete Confidentiality



MB 1299

What happens when you
don't advertise?
NOTHING

Call 781-592-1263 to place your ad today!

GREAT FUN FOR THE ENTIRE FAMILY

Children under 12 always admitted **FREE**
New England Gem and Mineral Show
at the Topsfield Fairgrounds.
FREE Parking! Clip Coupon and Save!

• MINERALS • GEMS • FOSSILS • LAPIDARY SUPPLIES •

REFRESHMENTS • DEMONSTRATIONS • MINERALS • FOSSILS • BEADS • CRYSTALS

NORTH SHORE ROCK AND MINERAL CLUB
42nd ANNUAL **NEW ENGLAND**



GEM & MINERAL SHOW

CRYSTALS • GEMS • EXHIBITS • GEM IDENTIFICATION • FOSSILS • MINERALS • JEWELRY

Saturday, APRIL 30, 2005 • 9 am - 5 pm
Sunday, MAY 1, 2005 • 10 pm - 4 pm

TOPSFIELD FAIRGROUNDS
ROUTE 1 NORTH, TOPSFIELD, MASS.

Directions to Topsfield Fairgrounds
Coolidge Hall & Trade Building
From South: Interstate 95 North, Exit 50 to Rt. 1 North. Go two miles. Fairgrounds is on the right.
From North: 95 South, Exit 53 to Rt. 97. Go to Rt. 1, going thru Topsfield. Take a right at the lights at Rt. 1. Go 1/4 mile. Fairgrounds is on the left.
Enter at Rivergate Entrance

GENERAL ADMISSION \$4.00 PER PERSON
With this ad, \$3.00 (2 discount admissions only)
Senior Citizens \$3.00 — Children under 12 FREE

For more information and discount flyers,
e-mail donna@nahant.com
Visit our website: www.nahant.com/nsrmc/

GEODES • HOURLY DOOR PRIZES • SPIN-O-GEM • EXHIBITS

Graphic design

- Newsletters
- Books
- Marketing collateral
- Editing/Proofreading

Deborah Barnes
781/598 1127
debnahant@comcast.net

Oliva Cleaning Service

Happy Passover!



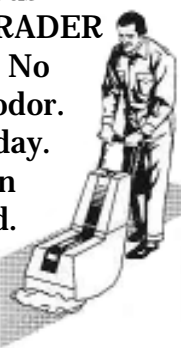
Residential • Commercial

- Basic Cleaning
 - Floor Cleaning
 - Carpet Cleaning
- (781) 632-0144
(781) 289-6263

Call Us For A Free Estimate

Beautiful Cleaning in your home or business

Complete cleaning for your carpets and upholstered furniture using famous VON SCHRADER extractors. No muss. No odor. Use same day. Satisfaction guaranteed. Call for free estimate



Fabricare
Paul Dubuque
978-535-3133

We watch over and protect you 24 hours a day...



Since 1962, providing all your insurance needs.

AUTO • HOME • FLOOD • COMMERCIAL

Call or fax us for all the details:



QUINN OF LYNN

Insurance

(781) 581-6300

Fax: 581-9070



Richland Convenience Store

332 Nahant Road • (781) 593-9018

Welcome Spring !!!

FREE LIGHTER

with the purchase of 1 pack of cigarettes.
Must present coupon. Expires 4-30-05

CALLING CARDS NOW AVAILABLE

We accept most major credit cards

*****> STORE HOURS <*****

Open 7 days from 6:00 a.m. to 9:30 p.m.

Photocopies • FAX Service • ATM
Lottery • Scratch Tickets • Newspapers
Cigarettes • Milk • Dairy Products • Bread
Juice • Soda • Snacks • Groceries

Got Something to Share with the Nahant Community?

Send your letters to the editor, memoriams, birth announcements, articles, poems, photos and short stories by mail to:

Nahant Harbor Review
PO Box 88
Nahant, MA 01908.

Or, SAVE A STAMP!

Send by e-mail to donna@nahant.com, or place in the **DROP-BOX** on the **Teller's Counter** inside the **Equitable Cooperative Bank**, on Nahant Road.

Photos will be returned, if accompanied with a Self-Addressed, Stamped Envelope.
Thank you.



We buy & sell
antiques.

Store Hours:
10:00 a.m. to 5:00 p.m.
Tuesday thru Sunday

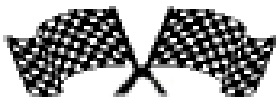
email:

R&B Imports Ltd. RBimp14149@aol.com
276 Lynnway
Lynn, MA 01902 **781-592-2124**



Affordable Foreign & Domestic Cars
Luxury high-line inventory • Competitive financing.
We finance everyone. Nahant family owned and operated.

LYNNWAY
AUTO



SALES • SERVICE

295 Lynnway
Lynn, MA 01901

581-5160

www.lynnwayauto.com