



Nahant Harbor Review

A monthly publication, in service since March 1994, dedicated to strengthening the spirit of community by serving the interests of civic, religious and business organizations of Nahant, Massachusetts, USA.

Volume 15 Issue 12

DECEMBER 2008



Holiday events in Nahant

Saturday, November 29th: Christmas Trees go on sale at the Lowlands Parking Lot, Wednesday through Friday from 6-9 p.m.; Saturdays from 9-9; and on Sundays from 9-6.

Saturday, November 29th: Town Hall Holiday Fair, 9 to 3, Nahant Town Hall, Nahant Road. Featuring high quality and unique gift items, baked goods, food, handcrafted items, jewelry, etc., from local artists and craftsmen.

December 6, 9 to 3, Nahant Village Christmas Fair, Saturday, Nahant Village Church, Cliff Street. Featuring Snack Bar, Lobster Rolls to-go, Silent Auction, Homemade Baked Goods, \$5 Cookie Table, Raffles, Handcrafted Gifts, Knit and Crochet Table, Jewelry, Holiday Greenery, Pictures with Santa and more.

Saturday, December 6, 9-3, St. Thomas Christmas Bazaar, St. Thomas Aquinas Church, Nahant Road. Featuring Snack Bar, Raffle Baskets and handcrafted items.

Sunday, December 7, 4:00 p.m., Nahant Christmas Tree Lighting and Carol Sing, Nahant Town Hall

Saturday, December 13, 6:00 p.m., Christmas Parade Fundraiser, Tides Restaurant, Nahant Road. For more info, call Lt. Hutton or Roz at 581-1212.

Saturday, December 20, Santa's Christmas Parade of Lights. Formation of Floats at 5:15 p.m. Parade begins at 6:00 p.m. at Causeway. Parade Party at the Tides following Parade.

Wednesday, December 24, 7:00 p.m., Christmas Eve Candlelight Service, Nahant Village Church.

FOR MORE EVENTS, SEE COMMUNITY CALENDAR ON PAGE 23.



Nahant Celebrates Holiday Season 2008

Many plan to stay in Town and "Shop Nahant" this year in support of Nahant's artists, craftsmen and business community.

After all the depressing news of a failing world-wide economy, it's time to break out a little joy. Remember, no matter what, as long as we have food in our pantries, clothes on our backs, heat in our houses and friends, we are blessed. We must try to combat all the negativity with positive thoughts and prayers and, most important, draw closer to our families, friends, neighbors and community. As Nahant celebrates this holiday season, take it upon yourself to become an ambassador of goodwill and spread some joy in Town. Celebrate with your fellow Nahanters through the Advent and Christmas Worship Services, the Christmas Tree Lighting and Carol Sing, the Christmas Parade and Parade Fundraiser, the Holiday Fair at the Town Hall, the St. Thomas Christmas Bazaar and the Nahant Village Church Christmas Fair. There are numerous book-signings (books make great gifts!) and special holiday events and parties. Let's set the pace for others to follow, through this fantastic opportunity for all Nahanters, old or new, kids, teens, men and women, to enjoy an old-fashioned, home-town Christmas, like only Nahant can provide!

Nahant is blessed with many talented artists, craftsmen, designers, writers, tradesmen and other creative business professionals. Why leave Nahant to shop for your Christmas and holiday gifts? Everything you could possibly want (well, almost everything) may be acquired at the many Fairs, or through the shops or directly from the artists, designers and crafters, right here in Nahant. So, save a few carbon emissions, plus time, energy and frayed nerves. Avoid the long lines, endless searching and mass-produced stuff from "China." Support your fellow Nahanters this holiday season. Most offer gift certificates.

Within this Christmas edition are many of your local business professionals who support this newspaper, please support them. Let's all Shop Nahant!

May God richly bless you all during this holy time and in the New Year, too!

Winter Parking Ban

Per Town Meeting vote, the winter parking ban for all residents will be in effect December 21, 2008, through March 20, 2009, from midnight to 6:00 a.m. No on-street parking will be allowed.

Residents may apply in person for an on-street parking waiver at the Nahant police station. The fee is \$30 and is non-refundable, if the police deny the waiver.

In the event of a snow emergency, all cars must be removed from the street, including those with a parking waiver, or they will be ticketed and towed at the owner's expense. Submitted by Kathy Famulari

Bob Cat Sighting in Nahant

A bob cat was spotted on Hilcrest Ave, on Saturday, Nov. 8th, at 5:30 a.m. The bob cat was described as having a size of about three times the size of a regular cat and had rounded ears.

Residents may want to keep their pets indoors at night and during the early morning hours of the day for a while.

Indoor Soccer for K-3

by Susan Rosa

Swampscott Recreation is offering an eight-week indoor soccer program, starting Jan. 8th. The program will be at the high school, from 4:30 to 5:30 p.m. The cost is \$60. If you are interested, there is more information at www.swampscottrec.com



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Christmas Trees On Sale

Once again Nahant will be selling Christmas trees and wreaths at the Lowlands parking lot, with all money going to the Johnson School PTO, which funds the children's field trips. The trees will be delivered on November 29th and sold through December 14th (or until we sell out). We will be open for business Wednesday thru Friday, 6:00 to 9:00 p.m.; Saturdays, 9:00 a.m. to 9:00 p.m. and Sundays, 9:00 a.m. to 6:00 p.m.

The trees come from Nova Scotia and are always top quality, beautiful trees. You can't beat our prices either, \$35 for the 6-8' trees and \$40 for the 7-9' trees. We also will be selling 12" wreaths with bows for \$12 and without bows for \$10.

We have a great group of Johnson School parents who volunteer their time to help out with this fundraiser, which allows us to offer FREE delivery anywhere inside Nahant. Please remember that we order a limited number of trees every year and when they are gone, it ends, so don't wait too long to pick out yours!

Nahant Woman's Club Celebrates on December 2nd

The Nahant Woman's Club will hold its annual Winter Solstice Celebration on December 2nd, in the Johnson School cafeteria. Hostesses will be Maureen Locke and Trudy Joyce. There will be a delicious, catered lunch. The festivities will begin at 11:30 a.m. To help those in need, members are asked to bring hats, gloves, mittens and scarves, which will be donated to keep others warm this winter.

The club will also take up a collection for the Lynn Daily Item Santa Fund. Please make checks payable to the Daily Item Santa Fund, or the Nahant Woman's Club.

Club members are also urged to write to local people serving in the military, in an effort to keep up their morale. Names and addresses will be available from Deborah Gates at 781-639-1435.

The November 11th meeting featured Nahant native and owner of the Navy Yard Bistro and Wine Bar, John Moore. John gave members a fascinating inside look at the restaurant business. The Winter Solstice Celebration is sure to be equally rewarding.

Christmas Movie, Caroling and Tree Lighting Sunday, December 7th at Town Hall

If you are a registered Girl Scout, please join us on Sunday, December 7th, for a Christmas movie at 2:00 p.m., at the Nahant Town Hall.

At 4:00 p.m., we will gather out front for caroling and the annual tree lighting. All of Nahant is invited to come and join us with the carol-sing and the lighting of the Town Hall Christmas Tree. If you have any questions, please call Sue Rosa at (781)842-2448.

Garden Club's Holiday Events

The Nahant Garden Club has a busy month in store for December. On Dec. 1st, Club members are asked to join Marie Ford and her committee at a Greens Workshop. This event will be held at Nancy Whitman's home, 190 Nahant Road, at 10 a.m. This annual workshop is the time when Garden Club members create items for the December Greens Boutique. Submitted by Suzanne Hamill

The Boutique will be held in conjunction with the Club's "Bring and Sing" Celebration, Thursday, Dec. 18th, at 6:00 p.m., at the Nahant Knights of Columbus Hall. The sale of fabulous greenery will be held at the same time as a social hour, from 6:00 to 7:30 p.m. Light refreshments will be served.

Following the sale and social, there will be a sing-along, from 7:30 to 8:30. Those attending are asked to bring an unwrapped gift for Toys for Tots (infant to teens).

A Holiday Gift for a Special Person Submitted by Robin deStefano

Allison Twiss-O'Neill, Library Assistant and jewelry designer from Nahant, has designed a beautiful multicolored tourmaline and Vermeil necklace, on an 18" gold-filled chain, with matching earrings, approximately 1-5/8" long, which she has donated to the library. The value of this hand-crafted piece is \$200.

The Friends will be selling raffle tickets for this set, during the month of December, to raise money for Children's programming. The winning draw will be held December 24th, at 4:00 p.m., at the library. Tickets will be \$1.00 each and 6 for \$5.00.

Please come to the library to see the set and buy your raffle tickets. If you have any questions, please call Robin deStefano 781-596-1767. The Raffle is sponsored by Friends of the Nahant Public Library. Thank you for your support for our library.

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Celebrate Christmas with Neighbors and Friends

Come join with neighbors and friends for the Christmas Eve Candlelight Service at 7:00 p.m., December 24th, at the Nahant Village Church, 27 Cliff Street.

It's a beautiful and meaningful tradition here, with scripture, anthems by Choir and Handbells, favorite Carols and the lighting of candles. Children and young people, returning from college, are part of the service. And, at the end of the service, families, neighbors and friends greet each other outside, under moon and stars, with candlelight reflecting on each other's faces. It's another sacred moment in the Christmas Season!

Advent Services at the Village Church

Advent begins this year on November 30th. Your friends and neighbors at The Nahant Village Church are sending you a special invitation to worship with them, at 10:30 a.m., for those four Sundays preceding Christmas.

If you'd like to join the choir, there's a gathering time at 9:00 a.m., in the loft, when you can meet others, share coffee and practice the morning's hymns and anthems.

The candles of Hope, Peace, Joy and Love will be lit each successive Sunday. Each worship is followed by a time of fellowship, where you can share coffee and homemade cookies, while making new friends in Nahant.

For more information, please call the Church Office at 781-581-1202, or check our website at www.nahantvillagechurch.org.

Narnia: the Musical Opens December 6th

The Theatre of Light will be presenting "Narnia...the Musical" in December. Performances will be held on December 6, 7, 13, and 14; Saturdays at 7:00 pm and Sundays at 3:00 pm in the auditorium at St. Peter's Episcopal Church in Salem. Tickets are now on sale and can be reserved, by calling 978-210-9818. The suggested ticket donation is \$15 for adults, \$10 for students and seniors, and \$5 for children, ages 5 and under.

The cast of "Narnia...the Musical" includes 37 actors, ages 6 to 17, from the North Shore communities of Marblehead, Swampscott, Salem, Beverly, Peabody and Nahant, including one professional adult actor, Jape Payette, from Gloucester, who is portraying the role of "Aslan".

Nahant residents, Caroline Devereaux, Liam Foss, Rebecca Gray and Alexandra Gray, will be appearing in the play. Caroline will play the role of Mrs. Macready; Liam Foss will be playing the Skunk; Rebecca Gray will portray Fenris; and Alexandra Gray is the Rabbit. "Narnia...the Musical" is based on the well-known story of "The Lion, the Witch, and the Wardrobe," by C. S. Lewis. The book of the play is written by Jules Tasca, with lyrics by Ted Drachman and music by Thomas Tierney.

Barbara Eyges, Producing Director of the Theatre of Light, has instructed children's acting classes for over 25 years, and was the creator of the Children's Theatre Workshop, Children's Academy of Performing Arts, and the Youngest Theatre Company. She has worked for three decades as a professional actress, director, and producer, and also co-authored and directed the rock musical, DESTINY, which was featured at the United Nations in New York City.

For more information, please call the Theater of Light at 781-631-8175.

Indoor Play Area at Nahant Community Center Submitted by Carolyn Osbahr

There is an indoor play area available for parents/caregivers and children, 5 years old and younger, in the multi-purpose room, at the Nahant Community Center, on Valley Road. The general hours for the play area are Monday through Friday, from 9:00 a.m. to noon.

Pre-registration is not required and the room is available on a drop-in basis, for a fee of \$2 per family, per visit. Baby and preschool toys and books are available. New play mats have recently been purchased and are available for children to sit on while playing.

If you are interested in a great place to play on cold and rainy days, please stop by soon with your children and enjoy this great room. The entrance is in the basement at the back of the building and parents are required to sign in, each time they attend. A parent volunteer is needed to coordinate and promote the use of the play area. If you are interested in volunteering, please email Carolyn Osbahr at ctosbahr@comcast.net, or call 781-596-1044.

Caesar Urany

1994-2008



Always happy to greet his friends at Doggie Beach.
(We are not responsible for any balls he stole and wouldn't give back.) The Urany Family

Quilt Found

Found: a beautiful hand-made quilt, in good condition, in the playground by the Nahant Public Library. I've rescued it from rain and storm, washed it and am eager to return it to its owner. Please call Polly, 781-581-0075.

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Daring to Look: December 14th at Nahant Public Library

The Friends of the Nahant Public Library and the Nahant Cultural Council invite all Nahanters, book lovers, history buffs, aficionados of landscape and documentary photography, to a reception celebrating the new book, *Daring to Look: Dorothea Lange's Photographs and Reports from the Field* by Nahant author Anne Whiston Spirn. The reception and book-signing, for the benefit of the library, will be on Sunday, December 14th, from 2:00 to 4:00 p.m., at 36 Maolis Road in Nahant.

Dorothea Lange (1895-1965), was the photographer of *Migrant Mother*—among the most famous photographs ever taken—and a great American artist. Near the end of her career, Lange lamented, “No country has ever closely scrutinized itself visually ... I know what we could make of it if people only thought we could dare look at ourselves.” Lange, however, did look, unflinchingly. Most famously, she turned her lens on the despair and disruption of the Great Depression, the solidarity and spirit of the American people and the government programs designed to rescue a society in crisis. Her photographs are the defining images of that time.

Yet those iconic images, alone, cannot tell the whole story. Lange viewed her photographs as part of sequenced narratives, enriched by descriptive captions. Without the text, Lange explained, “half the value of fieldwork is lost.” *Daring to Look* presents beautiful renditions of more than 150 never-before-published photos and stories from Lange’s fieldwork in California, the Pacific Northwest, and North Carolina, during 1939. Lange’s images of squatter camps, heroic farmers and laborers, and stark landscapes are stunning. Her captions—which range from simple explanations of settings to historical notes and biographical sketches—add unexpected depth, bringing her subjects and their struggles unforgettably to life, often in their own words.

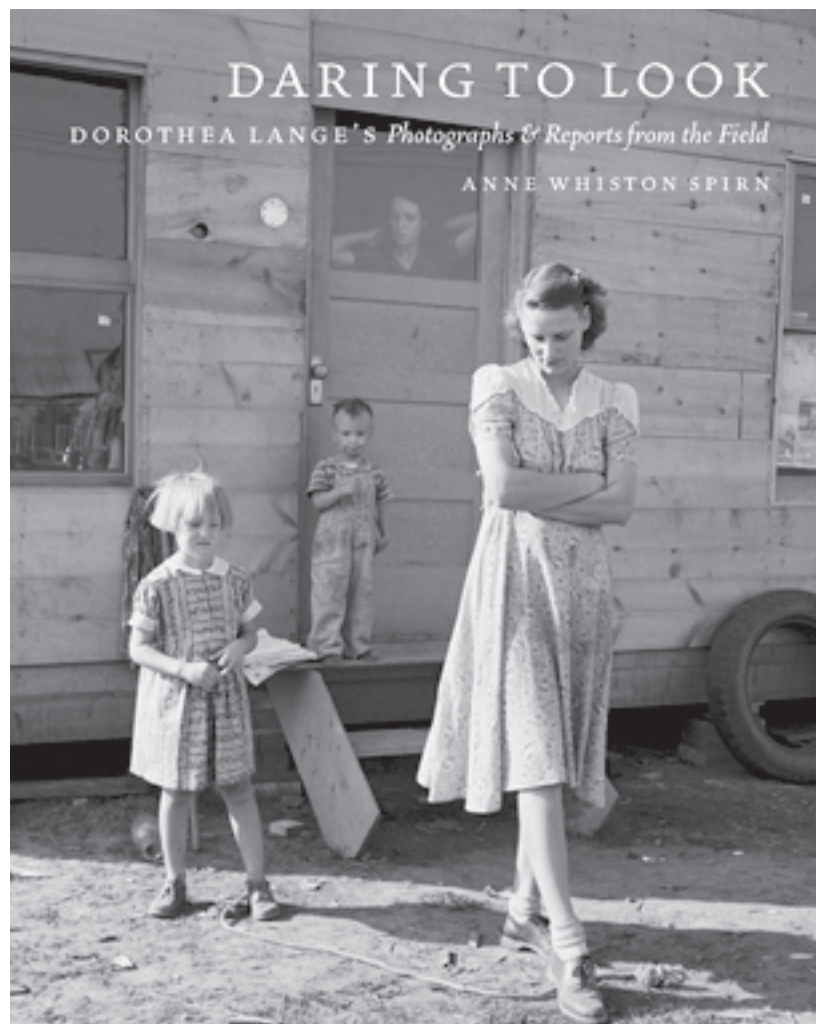
After Lange’s dismissal from her job, at the end of 1939, these photos and field notes were consigned to languish in rarely-seen archives. In *Daring to Look*, Anne Whiston Spirn returns them to the public eye and sets them in the context of Lange’s pioneering work and struggle for critical recognition—rightfully placing Lange at the forefront of American arts and letters.

Since 2005, Anne Spirn has revisited all the locales Lange portrayed in 1939, in order to discover what happened to those people and places. At the end of the book, Spirn recounts these stories, illustrated by her own captivating photos.

A photographer and a professor of landscape architecture and planning at MIT, Spirn will discuss the book and sign copies. Books will be offered for sale at the list price of \$40. All profits from the sale of books (\$15 dollars per book) will be donated to the Friends of the Nahant Public Library.

Featured this summer on NPR’s “All Things Considered,” the interview and more information can be found on the NPR Web site (<http://www.annewhistonspirn.com/author/press.html>).

This book will make a wonderful holiday gift for anyone who lived through the Great Depression and for all those who want to learn more about how Americans confronted an earlier episode of foment, reformation and financial catastrophe.



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Classical Guitarist Robert Squires to perform at Nahant Public Library

Virtuoso classical guitarist and recording artist, Robert Squires, an engaging musician, who is well-known in the Boston area as the former lead guitarist of the Beatles Tribute Band, Beatle Juice, will present a concert of pieces inspired by works of art, at the Nahant Public Library on Sunday, November 23, 2008, at 3:00 p.m., in the Reading Room.

The concert is sponsored by the Friends of the Nahant Public Library and is free to the public. Refreshments will be served and all are welcome.

Mr. Squires, an adjunct member of the faculty at Phillips Exeter Academy, has also played solo concerts internationally and has earned medals at the prestigious Toronto International Competition, at Guitar '81 and at the Carmel (California) Classical Guitar Festival. He has also recorded with the Slovak Radio Symphony Orchestra, the North Shore Philharmonic Orchestra and the Cape Ann Chamber Ensemble. He has performed at the Nahant Public Library in the past, delighting his listeners.

All of the pieces in this performance have been arranged by Mr. Squires and will include his selected transcriptions from Modeste Mussorgsky's Pictures at an Exhibition, as well as a few surprises.

Nahant Dory Club

During the past summer, several Town organizations utilized the Dory Club's newly-renovated clubhouse for various functions. Among those using the facility were the Nahant American Legion Post, Nahant Lions Club, Nahant Sailing Program and the US Coast Guard Auxiliary.

The Sailing Program used the Club for its classroom programs, during inclement weather, the Legion used it for meetings after the sale of their clubhouse and the Coast Guard Auxiliary taught a safe boating course at the Club, with half of the proceeds donated to the Sailing Program, to purchase safety equipment. The Lions Club, Sailing Program and Coast Guard Auxiliary held their annual summer cookouts at the Club.

As part of its continuing commitment to the Town's civic-minded organizations, the Dory Club will generally approve requests from Nahant organizations, to use the clubhouse for occasional functions. Requests to hold boating-related activities are considered on a case-by-case basis. Requests for public and commercial, social and recreational activities, usually are not granted; while use of the Club for a political activity will not be granted. The Dory Club does not charge rent for using its facility. Additional information is on the Club's website:

<http://www.doryclub.org/>

Village Church Roof Restored

The roof restoration project, initiated in 2006, recently was brought to successful completion. The entire roof restoration project was made possible through the generous contributions of members and friends of our church and a \$50,000 matching grant from the Town of Nahant Community Preservation Act (CPA). A heartfelt thank you to all who participated in and supported this major restoration project.

Submitted by Nahant Village Church Board of Trustees

Brief Cases, Short Spans by Tom Sheehan at Nahant Public Library

Submitted by Dan deStefano, Library Director

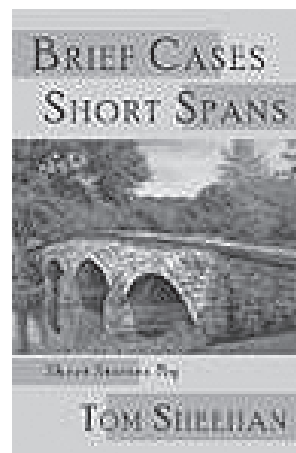
Tom Sheehan will read from his story collection Brief Cases, Short Spans, at the Nahant Public Library at 3:00 p.m., Sunday, December 7th, in the Reading Room. Sponsored by the Friends of the Nahant Public Library, all are welcome and refreshments will be served. Like all Library programs, there is no fee to attend.

Sheehan, 80, a native of Saugus, Massachusetts, is a prolific writer, with a passion for words that has been fostered in him since birth. His work transcends genres, as he is an accomplished poet and nonfiction essayist, as well as storyteller. He has received nine Pushcart Prize nominations for his short fiction, and his previous work, Epic Cures, received the 2006 IPPY Award.

Sheehan describes Brief Cases, Short Spans as a collection of 80 years of memories, "about the remarkable people I have met in my span here and the place that I have spent most of my life."

The stories in Brief Cases, Short Spans cover a range of time and places, from the fields of France in World War II, to mid-century small town New England life. Their common link is the human element, for Tom Sheehan is a master at creating compelling and real characters. Above all else, the stories in Brief Cases, Short Spans are stories of love: young love, mature love, the love between families, and the love between comrades-in-arms. Sheehan's characters leap off the page, until it feels as if you've known them forever, and you'll want to come back and visit them, time and time again.

Copies will also be available for purchase and signing by the author.



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Nahant Phone Book Art Contest Winners

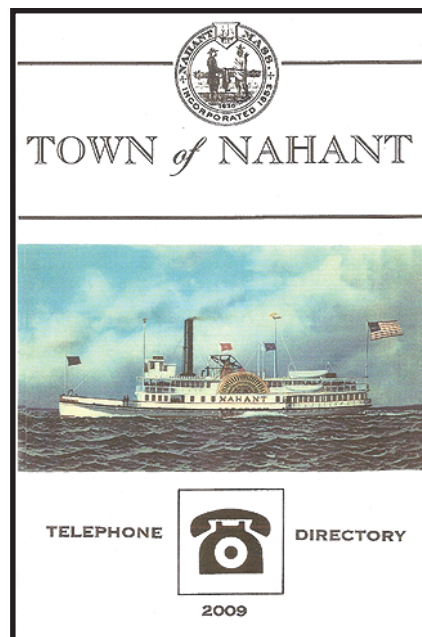
Over 200 people entered a favorite photograph, drawing or painting of Nahant scenery into the art contest for the 2009 Nahant Phone Book. Most entries came from students at the Johnson Elementary School, who were encouraged to participate by their art teacher Susan Beebe. Three well-known Nahant artists, Carolyn Jundzilo Comer, Norman Laliberte and Pete Rogers, generously agreed to judge the entries and selected 12 winners for inclusion in the phone book. The winners are: **Adults:** Lucy H. Doane's Road Art, in collaboration with Joe Lamando. Paula Pascucci, Children's Sailing Classes. Christine Stevens, Winter Wharf and Sun-up. Paul Wilson, Coast Guard Station in Winter.

Children: Sarah Cook, 6th Grade, Tides. Eliza Denham, 2nd Grade, Witch House. Olivia Fulghum, 2nd Grade, Sailing. Lauren Kersten, 2nd Grade, Tudor Beach. Cadence McNair-Labrecque, 2nd Grade, The Wharf. Ariella Nardizzi, 4th Grade, The Wharf at Sunset. Kevin Quinlan, 4th Grade, Discovering Nahant.

Thanks to all who participated and congratulations to the winners! Original art submissions will be returned to the artist.

The art is on display at the Nahant Village Church and is printed in the 2009 Edition of the Nahant Phone Book. The Boston-to-Nahant Steamboat, attributed to Antonio Jacobson, ca. 1881, is featured on the front cover of the Nahant Phone Book, courtesy of The Peabody Essex Museum of Salem. The cover was designed by Norman Laliberte.

Phone books can be purchased for \$10 each, at the coffee station of the Nahant Holiday Fair, on Saturday, November 29th, or at the Nahant Village Church Christmas Fair, on Saturday, December 6th. The phone book makes a great Christmas gift.



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Nahant Community Preservation Committee Announces Public Meeting on Monday, December 15th

Nahant's Community Preservation Committee is sponsoring a public meeting on Monday, December 15th, at 7:30 p.m., at Town Hall, to share information about Community Preservation funding opportunities in Nahant and explore ideas from Nahant citizens and organizations for CPC grant projects. Grants for the 2009 cycle will be due January 31, 2009, reviewed by Nahant's Community Preservation Committee, with presentation to the Town Meeting in April.

Funds collected under the Community Preservation Act can only be spent for four community preservation areas: open space, historic preservation, affordable housing, and certain specific recreational uses. At least 10% of the funds received in any fiscal year, must be spent, or set aside, for each of the first three of those areas (open space, historic preservation, affordable housing). The remaining 70% of each year's funds can be spent in any of the four areas, as determined by the needs of the community. Funding may include acquisitions of ownership interests in real estate, acquisitions of easements and rights of way, acquisitions of land use restrictions (affordable housing, historic preservation and conservation), leases, studies (architectural, engineering, environmental, legal and other technical assistance). Funds also may be appropriated for the creation, or support, of affordable housing, or for preservation, or restoration purposes; however, CPA funds cannot be spent on maintenance (i.e. non-capital expenditures for ongoing upkeep of building or landscapes.). Up to 5% of annual Community Preservation revenues can be spent on administrative and operating expenses of the Community Preservation Committee.

To prime the pump of creative thinking, let us review a few CPC-funded projects in the recent past. Over the summer, we saw masons on lifts busy at work on the Ellingwood Chapel and Town Hall, with masonry restoration and exterior painting. Folks enjoying Short Beach were able to use the new restrooms in the recently-restored garage at the Lifesaving Station. Residents at Spindrift experienced improved handicapped access mobility. The planning for the restoration and improvements to the Town Wharf started this past summer, with construction slated for the coming year, offering Nahanters safe and attractive waterfront facilities.

Based on the information gathered from all of these sources, the CPC each year develops an assessment of Nahant's goals and needs, in each of the community preservation areas. The process itself is a valuable one, as it allows the CPC and the Town to balance priorities and plan, not only for current projects and needs, but for years ahead.

Nahant Artist Lucy H. Doane Honored

The 2009 Edition of the Nahant Phone Book has been dedicated to Nahant artist and lifelong resident, Lucy H. Doane. (As this newspaper is being published, she approaches her 100th birthday and is the oldest person living in Nahant.)

One of the winning entries in the art contest is a painting entitled "Lucy Doane's Road Art." Lucy's many art works are on display in public places and homes in Nahant and elsewhere. Her paintings range from coastal scenes to country landscapes. She illustrated twelve children's books and is responsible for one of her own. She exhibited her work in many one-man and group shows and received numerous awards.

In 1991, she became a Fellow of the Vermont Academy of Arts and Sciences, in recognition of "her outstanding contribution to the cultural resources of the state."

For the Town of Nahant's bicentennial celebrations, she created the beautiful and interesting map of Nahant, pointing out noteworthy historical places. A reduced version of the map is included in the phone

book; the full-scale map can be purchased for \$5 from the Nahant Historical Society.

Congratulations, Lucy, on your winning entry to the art contest and "Happy 100th Birthday!" from us all.



BARBARA

by Diane Desmond

It is with sadness that we write today. This is because of the death of the Council On Aging's, Barbara Kairevich. Barbara has been a volunteer at the COA dining room (Tiffany Room), four hours a day, five days a week, for close to 20 years. She brought knowledge, a wonderful sense of humor, friendship to all and a complete dedication to her job. Barbara personified the word volunteer.

We at the Council On Aging wish to extend our sympathy to Barbara's family. She will always be missed by our other volunteers, our Board and a myriad of friends.

HOOMPA Spotting



Mary Ann La Falce Putnam, with HOOMPA, in Sant'Alessio, Sicily.

According to Mary Ann, her father, Charlie La Falce, who was born in Sicily, settled in Nahant, because it reminded him of his hometown in Sant'Alessio.

Memories of Jack Griffin

by Patricia Kennedy

On Sunday, October 25th, my husband, Eddie and I attended Jack Griffin's "Celebration of Life," at the Nahant Country Club. I really don't know where to begin, but let me start at the beginning. We bought Jack and Rosemary's first condo from them, in Boynton Beach, about a year and a half ago, when they had the opportunity to purchase a larger one. When I heard they were from Boston and that Jack loved the Red Sox, I said "Oh boy, this could be trouble" (We are from New York and Yankee fans!).

Well, our first meeting was amazing. They are two of the nicest, most wonderful, helpful people we have ever met! It was so nice having them right downstairs and we always managed to go to dinner and hang out with them at the beach, whenever we were down south. Jack always made sure that our air conditioner was on and he repaired and painted things for us. He and Rosemary even killed about 50,000 ants that invaded our place!

So when Eddie got the phone call that Jack had passed, we were devastated and just so upset for Rosemary and John, Matt and their girlfriends. In less than two years, we had developed a really wonderful friendship.

Now let me write about Rosemary's and Jack's wonderful family. Jack's niece, who gave the eulogy, brought everybody to tears. His brother, who also spoke, brought on more tears. Rosemary's sister, Ruth and Jack's sister, Kathy, really went out of their way to make sure we were not forgotten, in the midst of their grief. John danced with his mom to the Marshall Tucker Band song, that made us smile and cry at the same time. Nahant Country Club did a wonderful job and it was so nice to meet all of the family and friends to whom Jack meant so much.

We will miss him very much, but we are better people for having known him, even though it was for such a short time.

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Holiday Time, Already?
by Sallee Slagle, Director, Dance Dimensions

I don't know if it's the weather, the election, or something else, but December just seemed to sneak up on me this year! Holiday time already? I am asking, and you should be asking yourself, "Am I prepared?" This is a time for us to enjoy family, friends and celebrate. But don't leave it up to chance. Make a plan, have a strategy.

This is meant to be a joyful time, a spiritual time, a loving time, a giving and sharing time. Many of us may look forward to this time with dread instead of excitement. It's the stress we all feel with the added events, activities and shopping. It's more stress than pleasure. The demands of our time and energy may already be at our max and holiday demands tip the scales over the edge. It's just too much for many of us. Don't let it be all stress and anxiety. So STOP! Before you fall apart, trying to do everything and meet everyone's demands, take the time to review YOUR philosophy. What does this time mean to you?

With that in mind, set out to create for yourself, an ideal season. Wouldn't it be wonderful to truly experience the season without the stress? Pace yourself. Decide which activities and traditions truly express your philosophy. Create a holiday events calendar so the whole family knows what is coming up and looks forward to it together. It also makes it easier to limit other activities, as they may arise last minute. Of course, feel free to act on a whim if it seems right, but if it adds more stress than joy, I would suggest you skip it. Be willing to say no and not feel guilty.

There maybe some things you want to do which do stress you out. For these activities, realize that stress is partly how we view something. Try changing your view from stress to a new challenge that has a purpose. Don't waste time, or energy, complaining, or dreading it. Like when we were kids dragging our feet to go to something we didn't want to, but once we got there, we often enjoyed ourselves. Just look at the challenge, remember the purpose and get creative.


It may be preparing a meal, or a party you always do, that is the most stressful. First look at the purpose, the result that you are creating, that makes it worthwhile. It's bringing friends and family together and sharing the cheer of the season. Now get creative and find ways to reduce the stress. Plan ahead. Cook items and freeze them. Get prepared foods. Ask others to bring a dish. Involve the kids.

It may be the shopping and financial stress of this time, that seems the most overwhelming to you. Remember your philosophy. We can create very special times and thoughtful gifts, without great expense. Skip the malls this year and use catalogs and the internet to lower shopping stress. (Gift certificates from Nahant businesses is best.)

What about the physical reactions we may feel from the stress. Try to eat lots of fresh foods, fruits and vegetables and not over indulge in the sweets of the season. Enjoy some holiday goodies, but be sure you don't use them to replace a healthy meal! Exercise can help you deal with the stress and can shift your mood, allowing you to feel more relaxed. Be sure to get enough sleep, too. These factors can influence your anxiety levels and irritability more than you may realize.

Need more help? Breathe deeply. Try deep breathing techniques to help recharge when a hectic schedule takes its toll. If you know breathing techniques from yoga, use them, or try breathing in fully (let your belly out), through your nose, for 4 counts hold for 2 counts and exhale through your mouth for 8 counts. Repeat 5x's. Try to include it once a day minimum. Deep breathing stimulates circulation and helps regulate your body's systems. This is a good stress reliever and relaxation aid that doesn't take long. Use it anytime, even before bed, to help you sleep. BREATHE!

Take the time to consciously enjoy your favorite traditions. Maybe even make some new ones. Keep YOUR holiday philosophy in mind to create the best season yet! Now approach the holidays with a renewed spirit and your holidays will be filled with much laughter and many smiles.



Recently, Alex Moccia was invited to sing at a private birthday party. Steven Tyler, of the legendary rock band, Aerosmith, was seated front and center for Alex's performance. As Alex came off stage, she was congratulated with a big kiss from Tyler, making the occasion a night to remember! The Boston legend gave Alex some great advice about the music industry. Alex currently is working on a demo and working in New York City with a producer from the United Kingdom. Submitted by Suzanne Hamill

Massage Can Make A Difference

by Susan Cadigan, LMT, NCTMB,
Nahant Therapeutic Massage

Massage is especially beneficial in winter. Activity, circulation and metabolism seem to slow down due to weather and other inconveniences the season brings. Acting as a “mechanical cleanser,” massage moves lymphatic fluids to help with the elimination of wastes and toxic debris, that build up in the body. This in turn maximizes energy level and your immune function. The improvement in blood and lymph circulation, help your body gain strength. Massage can assist to open and clear the pathways to better health and well-being.

Stiffness, joint and muscle pain seem to worsen in winter weather. Most of us tense up with the cold. This, in turn, can compress the vascular system, which allows less blood and lymph flow, creating aches, pain and stiffness. In cold weather, the body may circulate less blood to the peripheral areas (limbs), as a way of conserving warm blood for organs and the heart. Some believe the barometric change in the environment is involved in joint stiffness and pain. As a result of the decrease in circulation, coupled with external temperature factors, the skin gets colder in the winter. When the skin is colder, pain sensors work more. A good therapeutic massage will warm and nourish dry skin, loosen and heat up muscles and bones with enhanced blood flow, which will, in turn, alleviate some of the aches, pain and discomfort, that winter seems to magnify.

The myofascial release/mobilization techniques that I use can help resolve the longstanding discomfort one may have, but, most important, is the balance of length and strength. Some pain and discomfort we have may be the result of too much length and not enough strength, or an area that may be weakened by overload. This is important to attend to and often takes “team work” to re-establish balance. Massage and bodywork can be very beneficial, but any sudden onset of pain, swelling, or discomfort needs to be addressed by your primary care physician immediately. Your health and well-being are paramount. The same goes for pain that you have had for a long time, that does not resolve or change. We can then address your comfort and chronic pain in the most appropriate manner for your unique situation.

I would like to thank you again, for blessing me with your visits and support. Thank you for sharing your experience at Nahant Therapeutic Massage with family and friends. Have a warm and joyful holiday and a wonderful New Year.

Susan Cadigan is licensed and nationally certified in therapeutic massage and bodywork. She holds a 750 hour Advanced Massage Therapy Diploma, with many hours of ongoing training/certification. She is the proprietor of Nahant Therapeutic Massage, at 41 Valley Road, The Nahant Community Center. For more information, please visit www.nahantmassage.com. Ms. Cadigan can be reached by phone: 617-240-4252.

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Introducing The Green Smoothie Project

by Dr. Deborah Feinbloom, Nahant Natural Healing

You are invited to *The Green Smoothie Project*, getting families to eat more greens in the most delicious way.

Do you worry that your kids aren't getting proper nutrition?

Are you and your children picky-eaters and green vegetables rarely visit your table?

Have you tried to sneak vegetables into your kids' meals, but they always catch you and refuse to eat it?

Do you find that you, or your kids, often get sick with a cold, flu and bronchitis?

Do you wake up tired, or feel sleepy, around 3:00 in the afternoon?

Do you suffer from sugar cravings?

Have you struggled to lose weight, but it doesn't seem to come off?

If you answered “yes” to any of these questions, *The Green Smoothie Project*, is for you. Dr. Deborah Feinbloom, chiropractor and green smoothie expert, from Nahant Natural Healing, created *The Green Smoothie Project* to help families increase their health, vitality, and energy in a fun way. Dr. Deborah invites you and your family to experience the benefits of green smoothies, by sampling several delicious and nutritious green smoothie drinks - drinks that kids will love. Discover which smoothies you like best. Dr. Deborah will be joined by members of the Food Project* to teach kids about the local food system. Also, each child will plant greens and take them home in a pot. Everyone will receive recipe cards. * (www.thefoodproject.org),

The Green Smoothie Project event will be held Sunday, December 14th, at Nahant Natural Healing, 41 Valley Road, Nahant, from noon to 1:15 p.m. The cost is \$5.00/adult and \$3.00/kids. Families are \$12. Please R.S.V.P. so we know how much to prepare.

Call Dr. Deborah Feinbloom to save your place, 781-592-5500, or email drdevorah@yahoo.com. Visit our website, www.drdevorahfeinbloom.com

A Little Soul Food for Breakfast?

I don't know about you, but given the headlines of late, a little “soul food” for breakfast can get my day off to a better start. As Johann Wolfgang von Goethe said: “A man should hear a little music, read a little poetry, and see a fine picture every day of his life, in order that worldly cares may not obliterate the sense of the beautiful, which God has implanted in the human soul.”

I have been an avid photographer for more than a decade, and have combined this avocation with my love of travel, to produce a line of books designed to inspire and uplift. Each features my photographs from locales around the globe, captioned by motivational and thought-provoking quotes from sages of the ages, ranging from Ovid to Oprah. The line includes a 365-day book, entitled, “A Vision for Today,” and four themed books: “Visions for the Journey,” with images and thoughts on life's path; “Visions for Becoming,” which focuses on self-acceptance and self-actualization; “Visions for Faith” and “Visions for Serenity,” to inspire being in the moment.

The books' photographs were taken in various locales the world over and include images from our lovely Town of Nahant and other parts of New England, as well as of British Columbia and Nova Scotia, in Canada; the Caribbean; the Czech Republic; Denmark; England; France; Greece; Ireland; Italy; Mexico; Portugal; Spain; and Alaska, Arizona, Louisiana, South Carolina, and Virginia. The pictures depict settings that convey the beauty of the world we live in, and universal aspects of the human condition. Those quoted represent a breadth of cultures and spiritual movements, and include insights from philosophers, political leaders, writers, comedians, musicians, poets, artists, and others, from the B.C. era to today.

The “Visions” books will be available Nov. 26th, via www.blurb.com and range in price from \$29.95 and up. Click on “Bookstore,” and type in one of the titles in the search box. The site allows you to look at the first 15 pages of each book. Perhaps there is someone on your holiday list, who would like an uplifting “Vision!”

From: margaret pier [nahantmeg@gmail.com]



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Johnson School Update

Submitted by Jim Devereaux

MCAS Improvement Efforts

Following the encouraging results of the recently-released MCAS test scores, the Johnson School staff has begun to work on various methods to drive further improvements in future testing. Specific types of homework assignments, thorough review of individual testing results, and attention to those categories of questions that have challenged Nahant students in past tests, are just a few of the improvement methods utilized.

FY 2010 Budget

The School Committee is requesting a FY 2010 budget, that takes into account the present fiscal conditions in the town and state, while ensuring the ongoing improvement efforts are sustained. The FY 2010 budget requests an increase of slightly more than 4% above the FY 2009 budget, but is only 2% above the actual expenses from FY 2008. It is less than a percentage point above the actual expenses of FY 2007. This flat-spending has occurred despite rising wages, energy costs, etc. Some of the planned programs for FY 2010 remain unfunded, in order to submit a responsible budget, that considers the current fiscal environment and the Towns' continued support for the school, most notably the renovation project, including the recently-completed parking and drop-off area construction.

Superintendents 2008-2009 Goals

The School Committee has approved the goals of the Superintendent for the current school year, to further reinforce the priorities set for this year. The following six categories have specific action items, to be utilized during the 2008-2009 review of our Superintendent, Dr. Lisi: Student assessment (includes aggressive MCAS targets), Curriculum (closer alignment with Swampscott), Technology (more integration of technology throughout the school), Communications (improved communication channels), Finance (FY2010 & longer term planning) and Personnel Management (continued improvement efforts).

News From the Johnson School

by Diane D. Mulcahy, Principal

The first-graders at the Johnson School conducted their own Election Day on November 4th. With the help of several first-grade parents, the corridor was transformed into a voting area, where Johnson School students came to cast their votes for President. First-grade students served as poll workers and counted every vote. The results were very similar to the rest of the country. Two hundred, forty-two votes were cast. Barack Obama won with 149 and John McCain received 91.

The highlight of the month was the Veterans' Day Assembly and Luncheon, held on Monday, November 10th. The students had practiced their choral selections, poems and choral readings. Mr. DalPozzal and the North Shore Songsters added a wonderful dimension to the proceedings. The Assembly went off without a hitch and the Johnson School students certainly performed very well. Many Veterans attended the celebration. We are very appreciative of the parents who decorated the cafeteria and provided the delicious lunch for our invited guests.

The Johnson School is very happy to accept the generous gift to our Library from the Nahant Historical Society. The Historical Society donated one copy of each of the museum shop publications to our school library. Students studying Nahant will use them as valuable resources. We greatly appreciate the opportunity to expand our Nahant book collection.

Instrumental music lessons continue to run smoothly. Mr. D'Ambrosio will have some of his students performing at the Winter Concert. The students are very eager and there will be a parent demonstration on December 15th, at 1:30 p.m., at the Johnson School cafeteria. Any parent interested in signing up their student for lessons, is invited to do so.

The Student Council Election Results!

President: Shea Nugent, Vice-President: Ryan McDermott, Secretary: Jackson Allard, Treasurer: Olivia Cooke, Fifth-Grade Representative: Corey Bleau, Sixth-Grade Representative: Jake Whitlock, Fourth-Grade Representatives, from Mr. Brady's class: Rebecca Caggiano and Anthony Troiani, Forth-Grade Representatives, from Mrs. Shanahan's class: Harrison Hosker and Nicky Kersten.

The Student Council launched its Thanksgiving Food Drive during November. The students brought in canned goods, which were donated to My Brother's Table. The Student Council also planned the first Movie Night for the year, for the Johnson School students. Movie Night was held on Friday evening November 21st from 6:00 to 8:00 p.m. The Student Council is also planning a Pajama Day to be held in December.

Legos Wanted for Legos Club

Parents are interested in having a Legos Club, as one of our after school activities. Anyone one who has Legos that their child has out grown and no longer uses, please consider donating to the school for this activity. If you have Legos, please call the school. We would be very interested in giving them a new home.

Christmas for A Dollar

I, like many of you reading, adore the Christmas season. I start my Christmas shopping right around the beginning of November. You can never start too early.

These days though, a bit of a damper seems to exist over my once overly-generous Christmas budget. This year, as fate would have it, I find myself unemployed and in one of the worst economies since the depression. What's a girl to do?

People, do not become discouraged, or lose hope. I think not. Where there is a Christmas spirit, there's a way.

I have two words for everyone "Dollar Store"! For those of us used to the soft department store lights that make their overpriced merchandise appear to be, well, priceless. For those of us used to being lured into the store's holiday sales, through a coupon's promise of 20% off. Do not turn up your nose to this gem of a secret, or underestimate the magnitude of this shopping haven.

I recently re-discovered the delights of this delicious little dollar wonder, two months into my unemployed bliss. I had blindly wandered into this dollar-world-Mecca for a birthday card. Was I in for a shock! Not only were there cards galore, but there were chotchke's as far as the eye could see. Decorations, trinkets, stemware, party favors and gifts in every shape, size and color. You will be amazed at what \$13.71 can buy you at this little piece of heaven.

As I walked out of my local "Dollar Of Wonders" on the Lynnway, I heaved a sigh of relief. True, many of my friends, family and loved ones would be receiving "just" a card from me this year. However, when you're on a budget, isn't it nice to have options?

Submitted by Georgia Arnold

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TAZ the BENGAL CAT

We, Mary and Thom Donahue, wish to extend our heartfelt thanks to everyone who shares our loss of this most amazing creature. We've been comforted by all the flowers, cards, calls, emails, hugs, kisses and kind words, from so many old and new friends. We're also deeply touched by donations to Northeast Animal Shelter. A cage in the feline wing has been named for Taz the Bengal Cat, from Family and Friends.

Bengal cats are a new breed, only recognized by cat associations since the year 2000. They are hybrids of a wild and domestic lines, bred since the mid-1980s. Taz was a rescue cat we adopted, when he was just over two years old. It was a blessing to have had him in our lives for the past six and a half years. He was a beautiful cat with a great personality, high intelligence and high maintenance! He liked people, kids and dogs; had great curiosity about his environment; was very vocal and understood many commands, as well as the names of several dogs and cats he'd met. Taz never stopped learning new behaviors.

Every single day, Taz was excited and ready to go! He eagerly accompanied us everywhere: breakfast at Seaside, pet-sitting with Mary, lunch or dinner at Tides, errands around town, roaming Nahant's open spaces and beaches, shopping trips to Vinnin Square, the car wash, strolls around Marblehead, Salem and the malls in Peabody and Danvers, sightseeing jaunts about Essex County, trips to the Cape, Ogunquit, Camden. Taz loved it all and delighted thousands of people he met.

For a web site with photo and narrative about Taz: <http://www.flickr.com/photos/nikonjim/2648549676/> ... This web site has Taz's obituary on page 5: <http://www.nahant.com/harbor/NOVEMBER2008.pdf> ... For donations: <http://www.northeastanimalshelter.org>



Marine Science Center Open House

Submitted by Tracy Hajduk

The Marine Science Center hosted its Annual Open House on Saturday September 20th. Almost 800 visitors were able to enjoy the perfect weather, meet with scientists, peer into microscopes, tour research labs, and learn about the Center.

When visitors arrived, they were directed to displays, exhibits, activities, and research posters set up throughout the Center, where they could meet scientists, students, staff, and volunteers. Children, who received a Marine Science Center Passport upon arrival, eagerly traveled from exhibit to exhibit, to talk with researchers and learn about marine science. Once they completed the activities at the station, they would receive a stamp on their passport, which could be turned in at the end of their visit, to receive a Marine Biology Explorers Certificate and gift.

In addition, guided tours took visitors back in history, to learn about the Murphy Bunker's use during WWII and even further back, to learn about the geology of Nahant, that dates to 500 million years ago. Visitors were able to get a close-up view at the sun by looking through the telescope in the solar observatory, they visited the Center for Vertebrate Studies and toured the biodiversity and genetics labs.

Safer Waters in Massachusetts also staffed an exhibit informing visitors about local conservation issues.

Out on the beach, visitors could assist with a beach clean-up, test the quality of the ocean water, or visit a crime scene, to determine which predators were at work on some local rocky beach organisms.

The Marine Science Center is grateful to the Eastern Bank Charitable Foundation, for their support of this day. The Center will be open to the public during the fall and spring, once a month, for the evening lecture series.

Photo: Northeastern faculty, Dr. Matthew Bracken, shows children the importance of biodiversity during the Marine Science Center Open House.



Local Student Performs

Ruth Carter, an Earlham College sophomore and daughter of David and Katharine Carter of Nahant, MA, performed during Earlham's Homecoming and Reunion Concert on October 18.

Carter is a member of the Earlham's Concert Choir.

Earlham is a selective, liberal arts college in Richmond, Indiana. Engaging students with a changing world, Earlham is dedicated to the development of effective ways to integrate international perspectives in education. The College offers 40 majors in the sciences, humanities, and social sciences. More than 75 percent of Earlham's graduates pursue postgraduate study; many will go on to earn doctoral degrees. Earlham is a National Collegiate Athletic Association Division III school.

Submitted by Denise Purcell, Public Affairs Assistant

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Warmest greetings of the season and every good wish for the coming year.



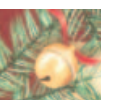
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SWIM Votes to Join Mass. Ocean Partnership

by Polly Bradley

Safer Waters in Massachusetts (SWIM) voted unanimously, at its November meeting, to join the Massachusetts Ocean Partnership. The Partnership is a collaborative of public and private groups dedicated to working for ecosystem-based management of the Commonwealth's ocean waters. Joining the Partnership will enable SWIM to work for a state ocean plan that will protect the environment, including fisheries and local communities, while allowing safe and useful projects in Massachusetts waters.

At the November SWIM meeting, Prassede Vella, an Ocean Management Specialist from the Massachusetts Office of Coastal Zone Management, gave an overview of the Massachusetts Oceans Act of 2008 and how SWIM can become involved in ocean planning. The area to be covered by the plan is 1/3 mile from shore, to 3 miles from shore (the three-mile limit of state jurisdiction). From three miles, out to twelve miles, is under federal control. The Oceans Act is a framework and as such, will require ongoing vigilance to see whose interests are being served at any given time.

The Oceans Act requires the Massachusetts Executive Office of Energy and Environmental Affairs to develop and launch a Massachusetts Ocean Plan by December 31, 2009. A draft plan must be written by July, in order to allow time for legislative review and public comment. This means that SWIM has a six-month window of opportunity, to have some influence on what happens in Nahant waters and beyond.

SWIM members have attended three meetings in Salem and Boston, to learn about the plan and participate in the discussion. Among the points emphasized by SWIM:

- * Local communities, Conservation Commissions and ocean sanctuaries should not lose their protections.

- * Mitigation money should not take the place of protecting the environment. Funding for implementation of the Oceans Plan seems to depend too much on mitigation money, a potential conflict of interest.

- * A major goal of the Massachusetts Ocean Plan should be to restore maximum, sustainable yield for fisheries, while maintaining a vibrant fishing community.

- * The burden of proof should be on the proponents of a project to show reasonable evidence, that it will not harm the environment, not on the state, to prove that a proposal will cause environmental damage.

The Partnership's Science Advisory Council will meet on December 8th, and its Ocean Advisory Commission will meet on December 11th. A meeting of the full Partnership membership will be held on January 29th, 2009. Times and locations are to be announced. For more information, see <http://www.masscoastpartnership.org>. For SWIM information on the Partnership, or to carpool to Partnership meetings, call Polly Bradley, 781-581-0075; nahantswim@verizon.net.

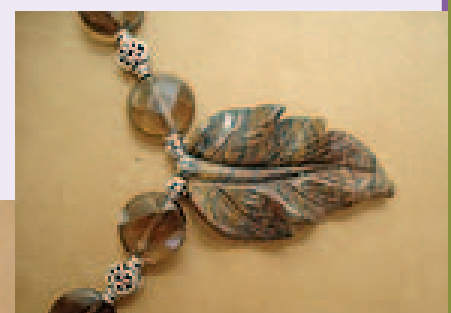
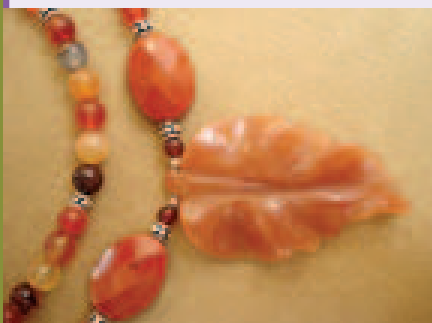
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Rock the Rock (And who ARE those guys?)

It's December, "Happy Holidays" to all the islanders who call our little ocean rock of Nahant, "home"! After the holiday season is over, our islanders tend to get into a bit of a funk until spring. Well, not this year! The Tudor Cocktail Ice Co. has come up with another slightly over-the-top fundraiser, "Rock the Rock", which will be held at the Nahant Country Club, Saturday, February 7th at 8:00 p.m. (doors open at 6:30 p.m.).

"From the mid-1960s, to the mid-1970s, while our spoiled-rotten sister, Ophelia Payne, spent time and dad's money flunking out of one European finishing school after another, Duddie and I would "borrow" papa Fred's petty cash, to hit rock concerts:

The Fillmore West 1969, San Francisco, to see The Grateful Dead, Manning Bowl 1965, Lynn, to see the first American appearance of the moans and groans of the Rolling Stones, the old Boston "Gahdin" to see Crosby, Stills and Nash, with a walk-on performance by some guy named Neil Young." And, let's not forget the summer of love in 1969, when the Ice Twins hooked up the ice wagon, loaded with Dad's hard apple cider and set out for Woodstock.

From my vivid recollection, I remember sitting on a blanket with my Bro' and the hard cider, then Joe Cocker starts wailing "With a little help from my friends." I look left and the cider and Duddie are gone. He is MIA for three days. I meet him back in Nahant and to this day, he doesn't know how he got home (true story).

For better or worse, we want to share those days with you for one night!

We are transforming the Tudor family homestead, aka the Nahant Country Club, into the Boston "Gahdin," circa 1972, leavin' plenty of room for rockin' out. How about the original Woodstock concert video, a Psychedelic light show, by Flower Power Productions, (their resume includes gigs for Jimi Hendrix, Otis Redding and Carly Simon, (to name a few) and 2 kickin' headline rock bands, the Brian Maes Band and Razen Kayne, plus gifts and surprises, all for \$25 (CHEAP). Call 781.581.1559, or 781.581.1338, for tickets.

The proceeds benefit the Nahant Education Foundation.

To win free tickets to "Rock the Rock," name all or as many of the Nahant rock stars as you can. Entry forms are at the Equitable Bank and the Tides Restaurant, or check out the outrageous commercial we've put on the Nahant cable station. This event could take "over-the-top" to a new level.

By the way, many of you have mentioned you would love to meet Ophelia Payne. Why? We have no idea, but she will be featured on the Tudor Cocktail Ice Co. float, at the annual Nahant Christmas Parade.

And while we hope your bellies are full of Nahant Thanksgiving turkeys, we present to you, a guest columnist, our long-lost distant cousin, Thomas Dexter Tudor. We hadn't heard from Thomas since we stopped lending him money, several years ago. He writes in response to last month's column:

Dear Duddie and Ponsie,

Your scheme to turn Nahant Turkeys (*goosus Canadianus*) into pâté, is your best idea yet. I know that isn't saying much, but it really is a good idea. I, however, have been thinking it over and have brought it to the next level. It is now a Brilliant Idea!

First, how will Nahant become the pâté capitol of the world? Where will we produce all that pâté? I have the solution. What are the pleasant, tree-shaded streets of Nahant lined with? Right – unsold houses. We will turn each unsold house into a mini-pâté factory! The owners will have a way to keep busy and earn some cash, while they wait for a buyer. Soon, Nahant will be producing pâté by the ton. Even better, everyone knows that pâté is consumed by the rich. And the rich, no matter how bad the economy gets, somehow always stay rich. So we'll be able to jack up the price of our pâté all we want. They'll pay it. The rich can't get enough pâté! They think it's one of the four basic food groups! In no time at all, Nahant will be economically self-sufficient, to say the least.

Now, another problem – We know what we're going to do with the insides of the geese. But what about the outside? In other words, all those feathers.

We'll be awash in feathers! Here's the answer in three words: goose down comforters. We'll keep the talented seamstresses among Nahant's senior citizens busy in the Tiffany Room turning out goose down comforters. The rich will pay outrageous prices for those, especially when we label them, "Hand-sewn by traditional New England craftswomen in quaint, sea-girt Nahant, Mass."

The final problem – packaging. We need a label so upscale, so snobbish that the rich will be cashing in their trust funds, to buy cases of our pâté. Where will it come from? From the talented artists of Nahant! Norman, Pete, Mary, get busy! Your town needs you! And be sure to include these magic words on your label: "Authentic artisan pâté de foie gras, from organic free-range geese, made by hand from a generations-old recipe, by skilled artisans in centuries-old, ocean-lapped, sun-dappled Nahant, Mass." The rich can't get enough of that kind of claptrap.

Well, Duddie and Ponsie, there you are. At a stroke, three problems solved. But don't thank me. I'm always happy to help my favorite town, even though Chief Waters told me to stay out of it or else.

And boys, I haven't forgotten that I owe you money. I will soon send you a check. An enclosure will advise you when it will be safe to cash the check. If ever.

Yours Truly,
Dex

Submitted by Ponsie Tudor

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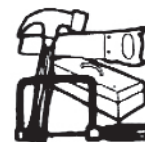
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Useless Information

by Ray Barron

December Birthday Babies

Time to bore you with some names of your friends and spying neighbors, who have birthdays in December.

December 1: Cathy Delaney, Errol Baker, George Richardson and the noted Massachusetts General Hospital cardiac surgeon, Dr. David Torchiana. Thanks to Dr. Torchiana, I became a member of the Zipper Society.

December 2: Patricia White, Bernadette Gaynor, Peggy Musmon, Helen Mayo, Paul Belliveau, Dylín Billias, Tom McDevitt, Francis Valenti, Charlie DiGrande, Bob Doe and actress, Julie Harris.

December 3: Bob Wilson and singer, Andy Williams.

December 4: Lovely Helen Brownlie, Kathy Canty, Don Savino and the personable Bob Gaudet, will be celebrating his birthday at the Porthole Restaurant & Pub and you're all invited!

December 5: Margaret Meagher, Regina McArdle, Christine Lazzaro, Dave Migliaccio, Coast Guard veteran, Maurice Poulin, John Walton, Bob Frary and Little Richard, rock 'n' Roll pioneer.

December 6: Nicoletta Silveri, Mike Dunn, Jay Cronin, Roger Paine, Cara Lyn Cadigan and Dave Brubeck, jazz musician.

December 7: The alluring and sweet Maryanne Lermond, Pete Flaherty and Ellen Burstyn, actress.

December 8: Susan Kane, Joyce Maroney, Dave Brahm, Dave Parr, Greg Klee, Jim Morrison, singer and Kim Basinger, actress. Also born on this date, John A. Volpe.

December 9: Lovely Lissa Keane, Karen Carmody, Nastascia Nocera, Joyce Morganstern, Costantinos Bryanos, Kyla VanMaanen and Martin Keenan.

December 10: Charming Virginia Fiske, Pauline Farrell, Sara Rooney, Brendan Davis, John Collins, handsome Gordon Hall and poet, Emily Dickinson.

December 11: Lovely Alma Smith, nice guy Cornelius Foley, Chris Whitlock, Ashley Doucette, Bill Kasperowicz and country singer, Brenda Lee.

December 12: The compassionate Sister Barbara Ann Molloy, Linda Macone, sweet Rose Tirrell, Michael Cairra, Greg Hawko, baby Grace Murray, Johnny Scovell, Joe Durgin, Tim Barry, Doug Sherber, Timothy Goodwin and Tony Staffier. Other notables born on December 12: Frank Sinatra, Connie Francis and Dionne Warwick.

December 13: Johanne Paula, Peg Casey, Joanne Colwell, Joanne Marie, Jim Palumbo, Bob VanCampen, Marine Corps veteran, Frank Culver and comic actor, Dick Van Dyke.

December 14: Marie Hyde, Jean Ball, John Gavin, Rich D'Orlando, David Moore, Ashley Palangi, the brilliant Jim Dolan, Jr., and actress, Patty Duke.

December 15: John Curtis, Tim vonAschwege and John Crowley, IV.

December 16: Kathy Mahoney, Melanie Opacki, Mike Goode, Mark Scaglione, Charlie Jessome, Elizabeth Cullinan, Henry Hall and composer, Ludwig van Beethoven.

December 17: Alice Houlihan, Nora Gergely, Jesse Flynn, the lovely Mary Jane English, sweet Alison O'Brien, Mary Crowley, Gene Howard and Herb Bruce.

December 18: Mary Ellen Alessi Goodwin, Chris

December Birthday's (Cont.)

Turner, Jason Mantzoukas and Eric Koehler. Also born on this date, Betty Grable and film director, Steven Spielberg.

December 19: Megann Cassidy, Judy Flynn, Judi Marie Moccia, Beth Lehman, Ellen Antrim, Christopher Jarroll, Frank Novello and one of my favorite singers, Edith Piaf.

December 20: Janice Hall, Joyce Loguercio, Kathy Mackin, Betty Steriti, dearest Maureen Sanphy and rock 'n' roll pioneer, Bo Diddley.

December 21: The attractive Noel Spinney-Costin and actress, Jane Fonda.

December 22: The illustrious Robert Casey, Barbara Devens, Laura Michaud, the "Mother Moses" of Nahant, Lucy Doane, John Wynne, Jim Caloggero and Giacomo Puccini, Italian composer.

December 23: Harriet Magro, Dick Doucette and Joseph Smith, founder of the Mormon Church.

December 24: The stunning Beverly English, Frances Flynn, Nicole Passanisi, Dante Palombo, Michele Bleau and lovely Mary Lowe.

Christmas Day birthdays: Tom Coffey, John Mason, Eric vonAschwege and actor, Humphrey Bogart, actress, Sissy Spacek and jazz musician, Cab Calloway.

December 26: Christina Roberto, Brigitta Gere, Janice Bowering, Adelaide Frisoli, Edna Coakley, Muriel Webster, Maureen DeCenzo, Paul Power and actor, Richard Widmark.

December 27: Bernie Bishop, Warren Parks, Dan O'Connor, lovely Penny Billias, and singer and actress, Marlene Dietrich.

December 28: Joel Durgin, Karen and Emily Lospennato, Lisa Arena, Gifford Wigglesworth, the noted psychologist, Edward Manzano and Woodrow Wilson, 28th US president.

December 29: Cathy Scaglione, Susan DeBenedetto, Joan Nobrega, Christine Alexander, the noted auto executive Gene Canty and Andrew Jackson, 17th US president.

December 30: Brilliant Ryan Hambleton, Michael Gray, Nancy Wilson, Colleen Quinn Sainato, Carolyn Osbahr, Ivan Zhuykov, Mildred McLaughlin, sweet Denise Nicketakakis, Pete Fitzpatrick, Sam Spirn and author, Rudyard Kipling.

December 31: Handsome Brendon Hambleton, Rachel Oliver, French painter, Henri Matisse, folk singer, John Denver and actor, Val Kilmer. It was on this date, December 31, 1943, Frank Sinatra started a singing engagement, at New York's Paramount Theater and became the idol of the nation's "bobby soxers."

Nahant Women Who Add Warmth To Winter

Peggy Hanagan, Sheila Hambleton, Peggy Barile, Barbara D'Amico, Mary Dill, Linda Hall, Judi Moccia, Nancy Gallo, Kathryn Famulari, Mary Messina, Diane Desmond, Jeanne Adamo, Suzanne Bailey, Gayle Poulin, Annie Rooney, Dorothy Vitale, Kathleen Baldwin, Mary Barletta, Marsha Billias, Peggy Silva, Angela Bonin, Marie Muzzioli, Dorothy Hagoort, Polly Bradley, Martha Brown, Helen and Kathleen Brownlie, Barbara Brownlie, Susan Caccivio, Susan Cadigan, Anne-Marie Grady, Barbara, Debora, Martha and Sofie Caloggero, Nancy Cantelmo, Marion Capano, Gayle Billias, Karen Carmody, Deborah Cashman, Cynthia Christ, Catherine Duffy, Nancy Cochran, Molly Cohen, Claire Collins, Carrie Comito, Molly Conlin, Brenda Cook, Carmella Cormier, Noel Spinney-Costin, Anne Cote, Patricia Cronin, Mary Cullinan, Priscilla Culver, Catherine Cusack, Beverly Dawson, Robin deStefano, Maura Devereaux, Linda DiBenedetto, Beverly English, Barbara Lombard-Anguilo, Virginia Fiske, Julie Forgione, Kellie Frary, Marcia Gaudet, Dorothy Gawlocki, Heather Irvine, Marybeth Godwin, Nancy Wilson, Elizabeth Gooding, Kerry Gordinas, Gail Guiney, Lisa Scourtas, Janet Dolan, and of course, Courtney Dolan.

Santa's little helpers! Donna Hanlon, Carol Hays, Kathleen Hatfield, Donna Hayward, Laura Hollingsworth, Marie Hosker, Jean Hosker, Christine Howard, Edith Hunnewell, Judith VanLoom, Emily Potts, Margaret Dragon, Katherine Irvine, Linda Jenkins, Christine Johnson-Liscio, Gertrud Joyce, Martha Keller, Laurel Laliberte, Bonnie Lamando, Linda Lehman, Jane Lombard, Diane Porcaro, Carol Wasserman, Mary Walsh, Allison Twiss-O'Neill, Sarita Valenti, Rose and Loreen Tirrell, Carol Szczawinski, Joy Spinelli, Julie Smith, Calantha Sears, Karen Barisano, Robyn Waters, Barbara Sereda, Susan Snow, Marilyn Snyder, Maria Speridaakos, Helen Staffier, Antonette Spinucci, and Angela Lowell. Gee, ladies, I feel cold! Help! Help!

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What is required is the use of you memory.

What is your earliest memory?
Your most memorable experiences?
Write them down.
Short or long sentences
Do not worry about punctuation!

What was a journey that somehow
changed your life?
What you cherished the most

What inspires you?
Sunsets? Sunrises?
Flowers?
Oceans?
Music?
Children?

Now, sit and write!
Try using four or five lines

Yes, you are poetic!

Remember, do not fear death
Fear being forgotten!
Your poem will be cherished!

Feel free to ask me questions, or to share your
poem with me.
— Ray

Remembering The Veterans

The Veterans' Day tribute on Monday, November 10th featuring the 5th and 6th Grade Students of the Johnson School was a stirring and memorable event! In short, the combined classes honored the men and women veterans of Nahant with patriotic songs and recitations. What's more, the students created essays honoring the veterans. Add to this, their parents created a delicious luncheon for the veterans. It was a day to remember, especially for the World War II veterans, since many of them are passing away at the rate of a thousand a day. We have Peggy O'Leary-Silva to thank for originating the annual tribute to veterans.

Another inspiring feature of the event was the noted Musicologist Victor DalPozzal and his North Shore Songsters performing a medley of songs.

Thanks to the children, and the Johnson School faculty for honoring the men and women whose military service has kept our nation safe and strong, whose sacrifices have helped preserve the freedoms Americans enjoy today. Happy Holidays!



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LynnArts Fabulous Holiday Show & Sale

Submitted by Susan Halter

LynnArts, Inc. is once again sponsoring a holiday exhibition and sale, featuring fine arts and crafts. The galleries will be filled with a selection of beautiful and affordable paintings, photographs, pottery, sculpture, cards and more, with many pieces priced under \$100.

The exhibition and sale continues from November 22nd through January 5th. Gallery hours are Monday, Tuesday, Wednesday and Friday, 10:00 a.m. to 5:00 p.m., Thursday, 10:00 a.m. to 7:00 p.m. and Saturday, 11:00 a.m. to 4:00 p.m.

The opening reception will take place on Saturday, November 22nd, from 2:00 to 4:00 p.m. and is open to the public. Artists who are interested in participating in the sale can download information and forms from the LynnArts website, www.lynnarts.org, or call 781-598-5244, for more information. The drop-off dates for work are November 15th, 10:00 a.m. to 4:00 p.m. and November 17-18, 9:00 a.m. to 5:00 p.m.

Follow Hymn Choir hosts a Coffee House and An Evening of Music

On Sunday evening, December 7th, the Follow Hymn Music, Inc., will present a Coffee House, an evening of Gospel, Jazz and Blues, at the Lynn Arts Center, on 26 Exchange Street, in Lynn. During the Coffee House, there will be a performance of the Follow Hymn Choir. The Choir is made up of men and women from a diverse set of religions and ethnicity that join together in song. Members come from Lynn, Swampscott, Marblehead, Salem, Chelsea and Danvers. Also included in the program that evening will be Tony Gallo, Lawrence Sortiwell, vocalists; John Hyde, keyboard; Fabio Pirrozolo, drums; Camille Melton-Brown, professional dancer and other local performing artists.

The program begins at 6:00 p.m. and ends at 9:00 p.m. Coffee and homemade-baked goods will be available to purchase. There are a limited number of tickets available. The cost of each ticket is \$12. For reservations, or more information, call Ginny Makkers at 781-962-0022, or Doreen Murray at 781-953-1849.

The Follow Hymn Music, Inc. is a multicultural performance arts organization, committed to spiritual, uplifting and community experience, utilizing inspirational music as a means of multicultural education. It is also committed to using the power of music through song, movement and spoken word, as a tool to bridge cultural gaps and provide greater understanding and awareness of all people.

Follow Hymn Music, Inc., was started by Doreen Murray, who is its artistic director. Doreen was recently named North of Boston Woman of the Year for Civic/Non-Profit organizations.

Submitted by Alvah Parker, Practice Advisor and Career Coach, Parker Associates, 781-598-0388, www.asparker.com

Mass Theatrica Presents The Special K's on 2008

Mass Theatrica proudly presents contemporary folk ensemble THE SPECIAL K's on 2008, Sunday, December 14th, 4:00 p.m., at LynnArts, in the Neal Rantoul Vault Theatre, 25 Exchange Street, Lynn.

THE SPECIAL K's, Karen Lennox and Kevin Braney, began performing together over three years ago, as members of the Contemporary Christian group Eagles' Wings. The group performs at functions throughout the New England area. Karen and Kevin can also be seen and heard at Worcester's Webster House's weekly Folk'n A, as well as other local restaurants.

Their repertoire includes easy listening songs from the 50s, 60s and 70s and Irish tunes. They will be performing some of their favorite Holiday Music, joined by two of their good friends, Jackie and Judy Graham. These two ladies sing wonderful harmonies and add a full rich sound to any song.

Admission is \$15, \$13 seniors and students. For more information about the program, please call Mass Theatrica, 508-757-8515, or email: masstheatrica@yahoo.com, or visit the website www.masstheatrica.org. For directions to LynnArts, visit website at www.lynnarts.org. Get into a folky coffeehouse state of mind and come chill out with us during the hectic holiday season!

Submitted by Meredith Lavine, Mass Theatrica

***Happy Holidays, Nahant!
Love, Peace & Joy to all this Holiday Season.***



Summer In Nahant

A collaboration of old photographs, letters and memories of those who lived and resorted on this seaside peninsula before us.



Longfellow or Cobblers Beach

NAHANT Real Estate Transfer

Titles for the transfer of two parcels of land in Nahant was recorded at the Registry of Deeds in Salem, Saturday. One title is for the transfer of land and buildings on Willow Road, 113 x 103.85 feet, formerly owned by Lillian D., wife of William F. Beals, to Thomas J. Roland. In turn, Mr. Roland conveys a parcel of land on the same road, 35 x 50 feet, to the Humane Society of Massachusetts.

The Humane Society has acquired this piece of land for its volunteer life-saving station. The station has formerly stood on the side of the road just opposite the new land acquired by the Society. As the Society was forced to vacate the land, it decided to acquire the new land. The volunteer life-saving station is now standing on its new site. This station is used for storing boats of the Society and is cared for by a volunteer life-saving crew.

SOURCE: Newspaper clipping. Daily Evening Item, January 30, 1911. Nahant Historical Society archives.



Humane Society Boat and Crew (before Coast Guard) Charles E. Gove, Capt. (standing), Hall Robertson, Roger Eckles, Win Hodges, Charlie Fox, Buster Taylor, William Luscomb, Frank A. Gove, Sam Covell, Frank Taylor and Bert Otis.

MASS HUMANE SOCIETY Coins provocative phrase with device invented to restore life to victims of drowning.

Implements of restoration from drowning.

This illustration is reproduced from "Willich's Domestic Encyclopedia," Vol. 2 (London, 1802).

Figures 1, 3, and 4 represent, respectively, bellows to inflate and extract air from the lungs; a bier made of wicker-work, that water may easily run off; and a warming machine of block tin or copper, with double walls to continue hot water.

Figure 2 shows the "fumigator," thus described in Willich; "A machine for injecting the smoke by way of cluster, in those desparate cases which require the application of this remedy. It consists of a pair of bellows, to the muzzle of which is fitted a metal box, (a), provided with a ring in the middle of which may be unscrewed, and again closed, after being filled with tobacco and set on fire. The pipe (c) which, by mistake, is represented with a sharp point in our illustration, but should be perfectly round and blunt at the top. Of the flexible tube (b), is introduced into the fundement; and thus, by means of the bellow (d), the smoke is forced into the rectum."

Thus the phrase, "Don't blow smoke up my ass," was officially coined!

Figure 1

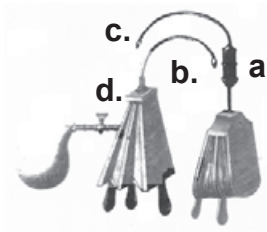


Figure 2

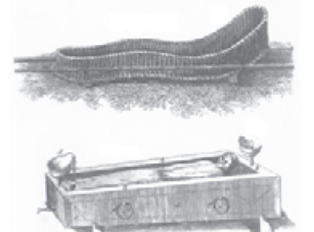
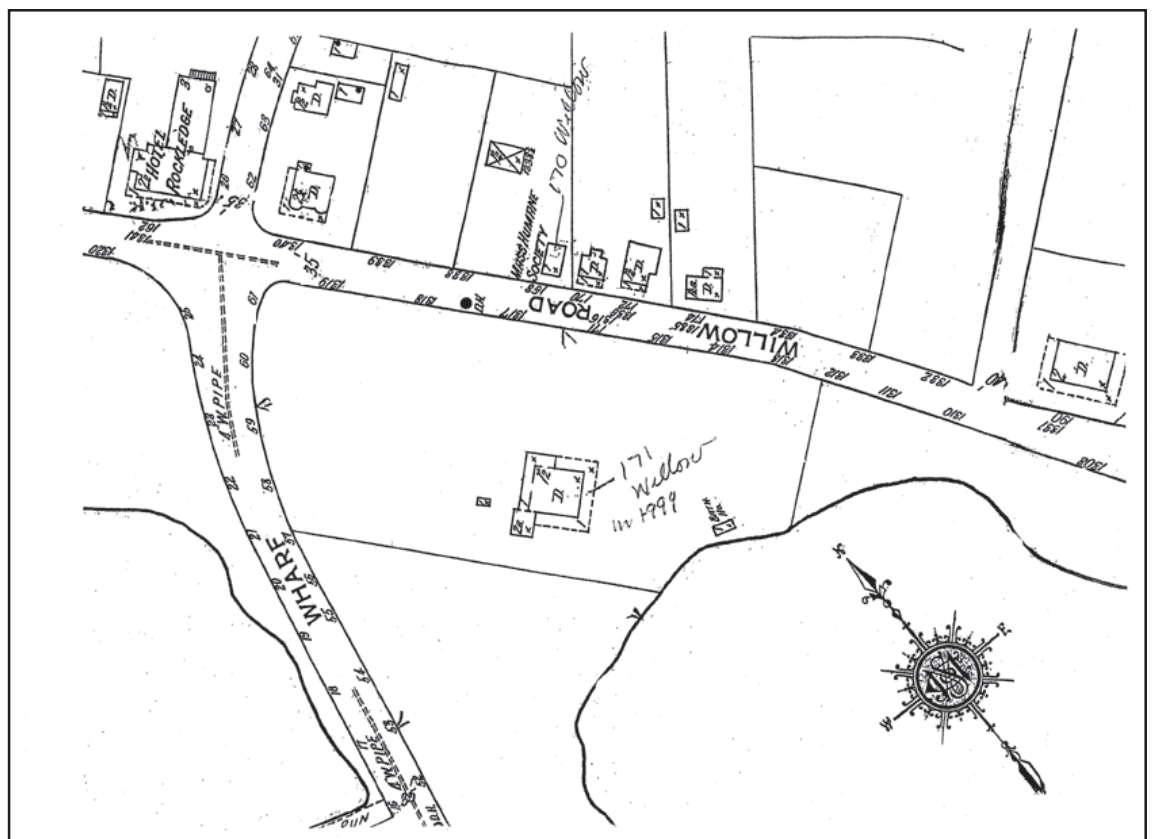


Figure 3

Implements of Restoration from Drowning



Humane Society

Station No. 12 at Nahant, Massachusetts

THE LIFE-SAVING STATIONS for the refuge of Shipwrecked Mariners

From three in 1787, the number of these huts on the Massachusetts coast grew to seventeen in 1806. It was in the following year, 1807, that the first life-boat in America was established by the Society at Cohasset, where it remained until 1813. Through all these years, and through those that followed, up to 1840, when the Society turned much of its energies to the life-saving interest, we have seen how its effort was devoted to such good ends as the Boston hospitals.

From 1840 to 1871, when the United States established its Life- Saving Service, and thereby fixed the date which inevitably gave a signal for retrenchment in the Society's work of life-saving, that work may be said to have passed through its golden age. The beginnings of it in 1840 were still matters of recent occurrence when the History (1845) was published. Not only in its quotation of documents, but in its brief passages of narration, it is virtually a contemporary record, and may be given here as such.

After an allusion to the early life-boats of England, it proceeds: At different periods of our own Society, since that already referred to, measures have been adopted in reference to this object. Particularly at the meeting of the Board in January, 1840, a committee was appointed to carry it into execution. But the funds of the Society not admitting of a large expenditure for this single, however desirable, purpose, it was with high satisfaction that at the meeting of April, in the same year, the Trustees received an official communication of a Resolve, passed by the Legislature of the State, of which the following is a copy:

“COMMONWEALTH OF MASSACHUSETTS “

In the year one thousand eight hundred and forty.

“Resolved, That there be allowed and paid out of the Treasury of the Commonwealth, to the President and Trustees of the Massachusetts Humane Society, the sum of five thousand dollars, for the purpose of furnishing Life Boats, to be stationed at the most exposed parts of the seacoast within this Commonwealth, and that a warrant be drawn therefor.

And that the said Society be requested to report to the Governor and Council their expenditure of the funds appropriated by this Resolve, together with the number and stations of the boats.

“House of Representatives, March, 21, 1840, Passed.

“ROBERT C. WINTHROP, Speaker.

“In the Senate, March 21, 1840, Approved,

“DANIEL P. KING, President.

“Reference to this object. Particularly at the meeting of the Board in January, 1840, a committee was appointed to carry it into execution. But the funds of the Society not admitting of a large expenditure for this single, however desirable, purpose, it was with high satisfaction that at the meeting of April, in the same year, the Trustees received an official communication of a Resolve, passed by the Legislature of the State, MARCUS MORTON.”



Massachusetts Humane Society - Nahant Division - Given up in 1898.

L to R: Standing, George Coles, Earl Dow, Herbert Coles, Arthur Robertson and Jo Deveney. Seated: Elmer (?) Coles, Herbert Wilson, Saul Alley, Alfred Johnson and Charles Vary. The boat was housed on Curlew Beach. (Not a Nahant scene or photo.)

With this liberal and effective aid, altogether worthy of an enlightened commonwealth, the Society was at once enabled to accomplish its desired purpose. And under the superintendence of the President, B. Rich, Esq., and of the late lamented Henry Oxnard, eleven boats, together with one provided from the Society's own fund were completed, and an official Report, of which the following is a copy, was at the ensuing session of the Legislature, agreeably to the terms of the Resolve, presented to the Governor and Council.

“Boston, Jan. 4, 1841.

“To his Excellency John Davis, and to the Honorable Council:

“The Trustees of the Humane Society of Massachusetts beg leave to present to your Excellency, and to the Honorable Council, the following Report, as submitted to their own body by a committee chosen from themselves to carry into effect the above- mentioned Resolve.

“The committee, in addition to a Life Boat provided by the Humane Society, have built eleven, which are stationed in the following places :

One boat at Nantucket, one at Martha's Vineyard, three at Cape Cod, which are arranged by John Atkins, Esq., with the approbation of the Selectmen; one at Cohasset, one at Nantasket Beach, one at Lynn, one at Gloucester, one at Sandy Bay, one at Plumb Island, under the care of the Humane Society at Newburyport; with one on Scituate Beach, which will be paid for by the Massachusetts Humane Society.

“Take a moment over this Holiday Season to share and record past Nahant memories with your family. Then, feel free to share them with us. Happy Holiday!” — Bumper

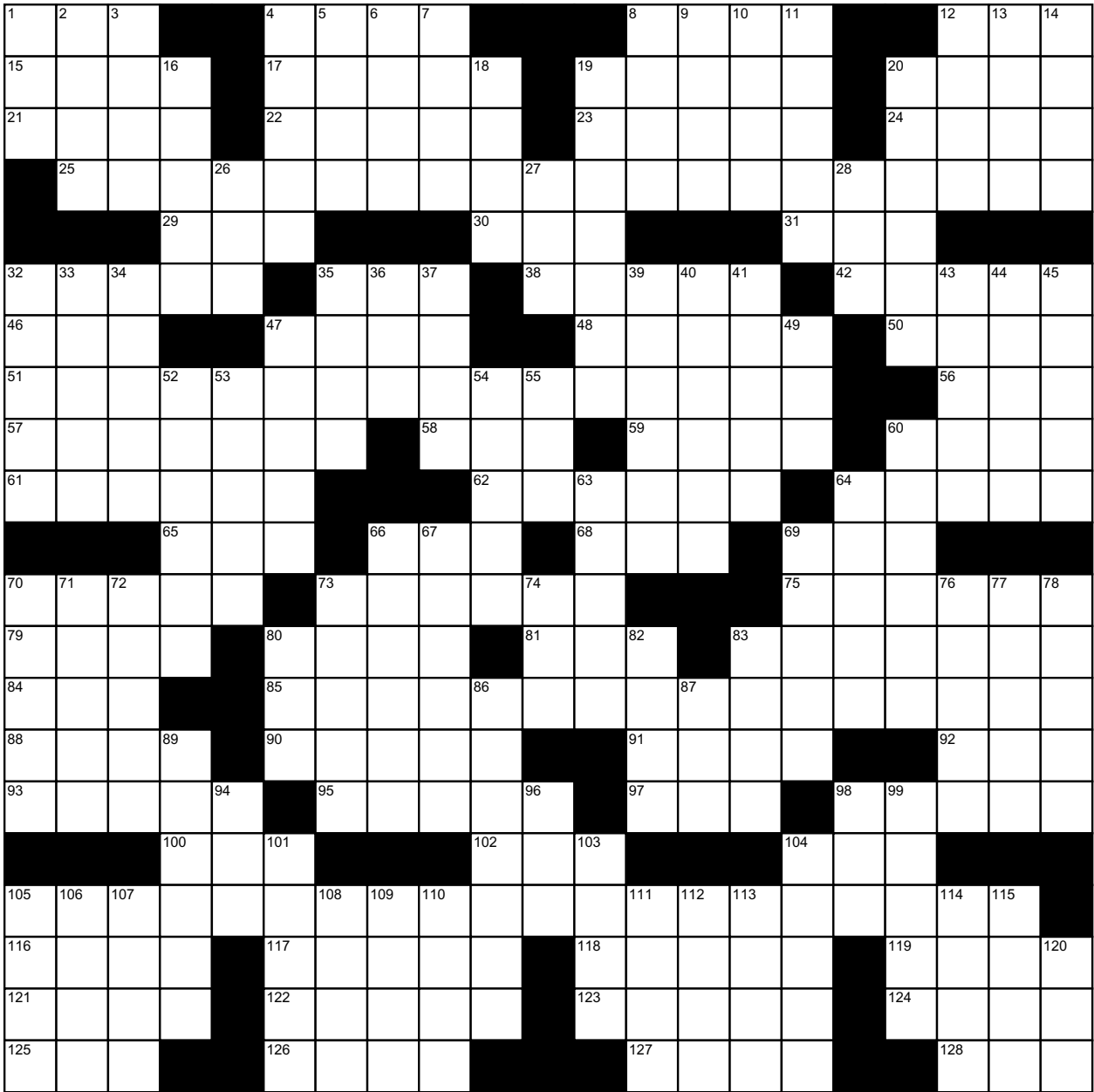


SOURCE: All text and photos provided by the Nahant Historical Society.

If you have something you would like to share, or an idea for this page, please email the author, Bumper Gooding, at h.gooding2008@gmail.com

NAHANT PUZZLE PAGE

Presents of Mind
by Rick Kennedy



- 39 ____ salt
40 Hydrocarbon
41 Start a hole
43 Violinist's need
44 Imitating
45 Female deer
47 Dull old fellow
49 Linguistic
 suffix
52 Deduce
53 Pleasure boat
54 Passageway
55 GPS bearing
60 Seoul native
63 Chopper part
64 From that time
66 "Memoirs of a
 ____"
67 Raises the
 spirits
69 Letter styles
70 Choir
 members
71 Sudsy
72 Cuban, for
 example
73 Rush
74 Cote call
76 Jacob's father
77 Thick
78 Confuse
80 Gorilla
82 Mythical giant
83 Bunsen burner
86 Stewed
87 Extinguished
89 Clear
94 Spring mo.
96 Title of respect
98 Vane dir.
99 Deserve
101 ____ fund
103 Muscle grp.
104 Complies
105 Stack
106 Desire
107 Took to court
108 Spirit
109 Sponsorship
 (var.)
110 Egyptian river
111 Ponder, with
 "over"
112 One of
 HOMES
113 Silent actor
114 Black
115 Eat
120 Condensation

ACROSS

- 1 Recede
4 Taunt
8 Time periods
12 Towel word
15 Expression of
 sorrow
17 Devour (2
 wds.)
19 Male bee
20 Pelt
21 College grp.
22 Concerning
23 Chew the
 scenery
24 Gawk
25 Start of a
 Phyllis Diller
 quote
29 Expert
30 Elmer to Bugs
31 Sward
32 Extent
35 Licked

- 38 Nude
42 Alaska
 governor Palin
46 Type of dance
47 Bona ____
48 "____ Dame"
50 Pueblo people
51 Part 2 of quote
56 Transgression
57 Ancestry
58 Container
59 Own
60 Ilk
61 French region
62 Tranquil
64 iPod
 collections
65 Bashful
66 Harden
68 Mined-over
 matter
69 Evergreen tree
70 Scarf
73 Pick
75 New York

- Indian
79 Cut of beef
80 Samoan
 capital
81 Tic tac toe
 winner
83 Closed
84 Label
85 Part 3 of quote
88 Gemstone
90 Anesthetic
91 Dashes
92 Visual lang. of
 the deaf
93 Middle East
 nation
95 Slackens
97 Terminal abbr.
98 Host
100 Rate of speed
 (abbr.)
102 Summit
104 Single
105 End of quote
116 Decorative

- needle case
117 Calf
118 Radioactivity
 unit
119 As previously
 cited
121 Served
 perfectly
122 Society
123 Slippery
124 Color
125 Doctoral deg.
126 Otherwise
127 Dregs
128 Novel

DOWN

- 1 Serving of corn
2 Axis
3 Maine town
4 Badger
5 Yearn
6 Object
7 Canned meat

- 8 Writer
 Bombeck
9 Cheer
10 Opposed
11 Appears
12 Lofty
13 Run in neutral
14 Regarded
16 Junk
18 Severe anxiety
 condition
 (abbr.)
19 Counterpoint
 melody
20 Elephant seat
26 Frost
27 Saturn model
28 Dawn goddess
32 Inscribed pillar
33 Find fault
34 Golf
 tournaments
35 Beverage
36 Lyric poem
37 Amphibian

HOOMPA WITH THE MARINE CORPS



November 7th, 2008. Sgt. Patrick Behen and HOOMPA, attended the MALS 11 Marine Corps Birthday Ball. Sgt. Behen is stationed at 3d MAW MALS-11 on MCAS Miramar, San Diego, CA. Patrick grew up in Nahant and is the son of Town Hall employee, Susan Behen.

Nahant Harbor Review

PO Box 88 • Nahant, MA 01908 USA

DEADLINE INFORMATION
JANUARY 2009

All Community Calendar items, personal ads, classifieds, business ads, articles and short stories.
MONDAY, DECEMBER 15th • 5:00 P.M.
Home Delivery: Saturday, December 20th.

Staff, Volunteers & Contributors

Owner/Editor &		
Publisher:	Donna Lee Hanlon	781-592-4148
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Proofreader:	Harriet Steeves	781-581-0715
Birthday Greetings:	Ray Barron	781-581-0809
The Puzzle Guy:	Rick Kennedy	781-592-8616
Delivery/Dist.:	Donna Lee Hanlon	781-592-4148

The **Nahant Harbor Review**, is published monthly and distributed to over 2,300 homes and businesses in Nahant and beyond, by Seaside Business Services, PO Box 88, Nahant, MA 01908, (781) 592-4148. Nahant resident, Donna Lee Hanlon, is owner, Editor and Publisher.

The Editor reserves sole discretion for inclusion of ads, articles, letters and other submissions.

Anonymously submitted articles and / or letters, unsigned or lacking author contact information, will not be published. Exception: although not a regular practice, a writer’s identity may be withheld, by request, at the sole descretion of the editor.

Articles, Notices, Letters and Calendar Items may be submitted by: **email**, donna@nahant.com, or **mail**, Editor, PO Box 88, Nahant, MA 01908, or to our **drop box** at the **Equitable Cooperative Bank** on Nahant Road. For ad rates and dates, call 781-592-4148.

All articles are voluntarily submitted to the Nahant Harbor Review without compensation.

The views and opinions expressed in this publication do not necessarily reflect those of the management and staff of the Nahant Harbor Review, or Seaside Business Services.

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Thank you.

Got something to share...

with your neighbors and friends? Jot it down, put it in an envelope and drop it in the Nahant Harbor Review Drop Box at the Equitable Cooperative Bank. As space allows, items will be published. If you want photos back, please send a SASE with them.

Forget About It!

By Rick Kennedy

Dan and Rob deStefano were the winners of last month’s puzzle contest. They have won a “breakfast for two” at Seaside Breakfast. You, too, can win a breakfast for two. To be eligible to enter the drawing to win breakfast for two, just complete the crossword puzzle, bring it to Captain Seaside’s Restaurant, on Nahant Road and put it in the PUZZLE BOX on the counter. One winner is selected each month. See Chris, before 11:00 a.m., for more details.

C	A	L	M			W	A	C	S			E	W	E			S	T	A	Y			
A	D	A	P	T			A	L	O	E	S		T	O	M			A	L	U	L	A	
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E	R	E		P	O	E			T	A	N	G	Y			A	W	L		L	U	G	
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S	C	U	L	L		Y	E	L	P			E	P	E	E			I	N	S	E	T	
			Y	E	S					L	A	V	E			K	A	R	E	E	M		
	C	L	O	A	K	S				T	U	D	O	R			S	H	O	A	L	S	
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P	O	L	I	T	I	C	S	A	S	A				B	L	O	C			F	L	E	X
			T	U	N	A				U	M	P				G	L	E	E				
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O	U	T	D	O			M	I	D			S	H	O	R	T	M	E	M	O	R	Y	
O	C	E	A	N			C	I	A			H	E	L	O	T			R	A	T	E	S
N	E	R	D				A	I	R				D	E	W	Y				P	E	R	T

COA Notebook

December and holiday times are here again. December 4th takes the Council On Aging to North Shore Technical High School, in Middleton, for a luncheon prepared by their students and served in their lovely restaurant. Transportation provided – must call for a reservation.

The North Shore Songsters and the Johnson School 6th Grade students will perform on Thursday afternoon, Dec.11th, at 1:30 p.m., in the Nahant Community Center. Refreshments will be served and all are welcome.

Plans are being considered for a Christmas event at a time and date to be announced. Please call for information 781-581-5775. Submitted by Diane Desmond

Nahant Housing Authority

The Nahant Housing Authority Board of Directors, staff and tenants at The Spindrift want to send a sincere thank you to the Nahant Garden Club. The Club members have spent a great deal of time planting flowers and shrubs in front of the Spindrift at 194 Nahant Road. We are so glad that they choose the front of the Spindrift as their next beautification project. We are looking forward to working closely with the Garden Club over the next few years as the plants bloom and grow. The Garden Club has provided the Spindrift with a great community service of which the benefits will be reaped for years to come. All of us at the Nahant Housing Authority are truly grateful for the efforts and thoughtfulness of the Nahant Garden Club.

Submitted by Maureen Hickey, Executive Director, NHA

Nahant Flu Clinic A Success

Nahant Flu Clinic was a success thanks to all the individuals who volunteered their time in order to make it work. We delivered 280 shots to nahant Residents. Individuals who should be recognized are Betty Quinn, Shannon Barrasso, Bernie Yardoff, Bob Cormier, Susan Behen and Katie Costin. All these individuals work hard behind the scenes to make the clinic flow smoothly and timely. If you see them around town please give a big Thanks to them. A big thanks to the nurses who volunteered. These people decreased the wait with their expertise and efficiency. Thaks to Patsy Emberly, Gretchen Charboneau, Mary Ann Quinlin and Barbara Malloy

Submitted by Jingwen Chen

Council On Aging Calendar – December 2008

Mon	1	12:00P	Blood Pressure and Glucose Clinic – Tiffany Room
Thu	4	11:00A	Luncheon, North Shore Technical High School, Middleton
Fri	5	10:00A	TRIAD – Swampscott – COA Center
Thu	11	1:30P	Christmas Concert – North Shore Songsters
Fri	12	1:00P	Movie — Community Center Theatre
Wed	17	12:00P	December. Birthdays - Birthday cake by Roz - Tiffany Room
Thu	25		MERRY CHRISTMAS - DINING ROOM CLOSED

TBA Special Holiday Event

Monday thru Friday, Lunch, Tiffany Room, 11:30 a.m.

Mondays	8:30A	Yoga- Community Center
Mondays	10:15A	Senior Exercise – Community Center
Tuesdays	9:00A	Quilting Class –Community Center
Tuesdays	1:00P	Cribbage, cards, games, puzzles – Community Center
Wednesdays	12:30P	Shopping Trip from Tiffany Room or call for pick-up
Thursdays	10:15A	Senior Exercise – Community Center
Thursdays	6:00P	Knitting – call for information

HOME EVALUATIONS FOR SENIOR SAFETY CONTINUE.. This program includes – helping to prevent falls in the home, helping with medications, suggestions for making the home a safer environment for seniors. Please call for information about this important program, 781-581-0482.

INFORMATION AND CALENDAR SUBJECT TO CHANGE. PLEASE CALL for updates on other September programs, trips and events at 781-581-7557, or E-mail us at ddesmond@nahant.org.

CHRISTMAS EVE
A poem by ROZI THEOHARI

As 2005 comes to an end
Saturday, 24 December, 12:00 Noon
In a broad daylight
Two jet planes in the Atlantic sky
Laying down the white puffy contrails
One, straight North-South
The other jet— East to West
Through Boston Bay and beyond its shores
Create a big bright, silver, vaporized cross
Fixed in the middle by a dazzling Apollo-Sungod!
The presence of the eye of the Universe...
“O COME, O COME EMMANUEL!”
A melody echoing of angels songs
Surrounding Boston from
Horizon to horizon.
Higher and higher the trail’s prophecy cross
Stretches its wings
From Massachusetts—the free Commonwealth
To the World.
A messenger of grace for the planet:
Truth, Hope, and heavenly Peace on Earth.

A Mother’s Appreciation for
Son’s Caring Bride
A Poem by Meral Gunduz

She has two sons but has no daughter
to share the innermost feelings of a mother.
Richly blest as she was with two great sons
that were loving,
She did her best, to beat the odds, and try new ways
to keep going.
Through some great Highs and cruel Blows
- while striving for survival -
there was no time to look around and answer other calls.
It took too many years to rebuild a life
that was stolen,
To find new tools, to meet life’s needs, for those
that were broken.

Now as she looks into the eyes of her son’s bride
who is caring,
And sees the soft look of sympathy and
understanding.
It warms the heart of this grateful mother
who no longer feels she has no daughter.



VOTING
DAY

The Rev. Dr. Kathryn Titus, with Bearded Collies, Zoe and Sydney, check out ballot choices on Voting Day. Zoe and Sydney were hoping to cast votes for their favorite Animal Control Officer, Mike Kairevich.

Community Calendar • DECEMBER 2008

To have your event listed on the Nahant Community Calendar, please mail note, letter or postcard to: Community Calendar, Nahant Harbor Review, PO Box 88, Nahant, MA 01908 or email: donna@nahant.com

NOVEMBER

SAT	22		DECEMBER HARBOR REVIEW DELIVERY
SAT	22	9:00A	Turkey Shoot at Nahant DPW
SUN	23	10:30A	Worship Service & Sunday School, Village Church
SUN	23	3:00P	Guitarist Robert Squires at Public Library
MON	24	7:00P	Ecumenical Thanksgiving Service at Village Church
THU	27		THANKSGIVING
SAT	29	9:00A	Annual Holiday Gifts & Crafts Fair, Town Hall
SAT	29	9:00A	Christmas Trees go on sale at Lowlands Parking Lot.
SUN	30	9:00A	Village Church Choir Rehearsal. New Singers Welcome!
SUN	30	10:30A	Advent Worship Svc & Sunday School, Village Church

DECEMBER

MON	1	10:00A	Garden Club's Annual Greenery Workshop at Nancy Whitman's home.
TUE	2	11:30A	Woman's Club celebrates Winter Solstice at Johnson School Cafeteria
SAT	6	9:00A	Annual Christmas Fair at Village Church. Till 3:00 p.m.
SAT	6	9:00A	St. Thomas Christmas Bazaar at St. Thomas Aquinas
SAT	6	7:00P	NEF presents UTE GFRERER at Ellingwood Chapel
SUN	7		PEARL HARBOR REMEMBRANCE DAY
SUN	7	9:00A	Village Church Choir Rehearsal. New Singers Welcome!
SUN	7	10:30A	Advent Worship Svc & Sunday School, Village Church
SUN	7	2:00P	Girl Scouts Movie at Town Hall
SUN	7	4:00P	Christmas Tree Lighting & Carol Sing at Town Hall
SAT	13	6:00P	Christmas Parade Fundraiser at Tides
SUN	14	9:00A	Village Church Choir Rehearsal. New Singers Welcome!
SUN	14	10:30A	Advent Worship Svc & Sunday School, Village Church
MON	15	5:00P	JANUARY HARBOR REVIEW DEADLINE
MON	15	7:30P	Community Preservation Cme Public Mtg at Town Hall.
THU	18	6:00P	Garden Club's December Greens Boutique at the K of C
SAT	20		JANUARY HARBOR REVIEW DELIVERY
SAT	20	6:00P	Santa's Christmas Parade of Lights. Formation at 5:15.
SUN	21		HANUKKAH BEGINS AT SUNDOWN
SUN	21	9:00A	Village Church Choir Rehearsal. New Singers Welcome!
SUN	21	10:30A	Advent Worship Svc & Sunday School, Village Church
WED	24	7:00P	Christmas Eve Candlelight Service at Village Church
THU	25		CHRISTMAS
FRI	26		KWANZAA BEGINS
SUN	28	9:00A	Village Church Choir Rehearsal. New Singers Welcome!
SUN	28	10:30A	Worship Service & Sunday School, Village Church
WED	31		NEW YEAR'S EVE

Public Library Hours • 781-581-0306
Mon. thru Thurs. 10:00 a.m. to Noon. & 2:00 to 8:00 p.m.
Fridays: 10:00 a.m. to Noon & 2:00 to 5:00 p.m.
Saturdays and Sundays: 2:00 to 5:00 p.m.

SCHOOL ORGANIZATIONS MEETING DATES
School Committee Meetings • 2nd and 4th Tuesdays • 7:00 p.m. • Town Hall.
School Council Meetings • 3rd Tuesday • 6:30 p.m. • Johnson School.
PTO • first Monday • 7:00 p.m. • Johnson School

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Gail Dombrowski, Prop.

2 Castle Rd • Nahant • OLDTowneMPB@verizon.net

Nahant Village Church

Worship Service

begins at 10:30 a.m.

"For Worship, a warm welcome and a hot coffee or tea, join us, Sundays, at 10:30 a.m. All are welcome."



EMERGENCY MANAGEMENT

Visit the **Emergency Management** page at www.nahant.org/ for an updated Preparedness Guide from the North Shore - Cape Ann Emergency Preparedness Coalition. This document covers a wide range of safety tips that will be of interest to every household. Here is the link to the Town of Nahant's website:
<http://www.nahant.org/services/ems.shtml> From there you can access the Emergency Managment page ande print out a Preparedness Guide.

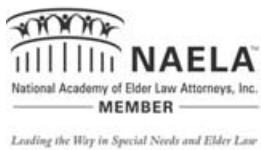
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The Nahant Historical Society is open to the public on Wednesdays, Thursdays and on the first Sunday of each month, from 1:00 to 4:00 p.m. (except holidays).

American Legion Post #215 and the Nahant Veterans Association meets on the first Tuesday of every month, at 7:00 p.m., at the Nahant Town Hall.

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