



# Nahant Harbor Review

*A monthly publication, in service since March 1994, dedicated to strengthening the spirit of community by serving the interests of the people thru the civic, religious and business organizations of Nahant, Massachusetts, USA.*

Volume 18 Issue 5

**SPRING IS HERE!**

MAY 2011

## MEMORIAL DAY PARADE 2011

The Nahant Memorial Day Committee is proud to announce their current plans for this year's parade honoring those who gave their lives in defense of our great country. The parade will be held on Monday, May 30th. In addition to the usual outstanding compliment of Nahant veterans, elected officials, town representatives and emergency personnel, the parade will also feature four bands and numerous civic and scouting organizations. The committee's Chairperson, Molly Conlin, reports that expectations are high that the Army National Guard will be represented again this year, after a four year absence due to Iraq and Afghanistan commitments. Prior to their involvement in the Persian Gulf, their howitzer battery had added significant emphasis to the Memorial Service at Tudor Wharf.



The parade will follow its traditional format, stepping off at 9:30 a.m., from the junction of Nahant Road and Cliff Street, under the direction of Doctor Edwin E. A. Manzano, an Army Vietnam Veteran and Commander of Nahant's Mortimer G. Robbins American Legion Post #215. From Cliff Street, it will proceed directly to Greenlawn Cemetery for a brief memorial service. Again this year, this service will feature the Nahant Village and St Thomas Aquinas Church Choirs; appropriate prayers by the pastors of these congregations; and, the annual Memorial Day message by a representative of Nahant's Mortimer G. Robbins American Legion Post #215 along with a rifle salute and taps. As always, the high point of this service will be the recitation of the Gettysburg Address by a student competitively selected from the Johnson School's sixth grade class.

From the cemetery, the parade will proceed to Tudor Wharf for a brief service to honor departed naval personnel. Chairperson Conlin, a Vietnam era Navy veteran, will offer a prayer and toss a wreath onto the water. Three volleys will follow by the Herman Spear Post Firing Squad and the Army National Guard howitzer Battery, along with taps played by a Swampscott High School Band trumpeter. From Tudor Wharf, the parade will proceed to the Town Hall where the parade will conclude with the Swampscott Band playing the National Anthem at the base of the Town Hall flagpole.

As has been the tradition in recent years, a chowder luncheon will be served in the Town Hall to parade participants. Ice cream will be served to participating scouting units at the rear of the building.

## Re-Dedication Ceremony of the Nahant Life-Saving Station May 1st

Submitted by Jeffrey Musman, [JMusman@seyfarth.com](mailto:JMusman@seyfarth.com)

Please join us on May 1st to re-dedicate the Nahant Life-Saving Station to its new phase of life. You'll want to bring along friends and family members to the Re-Dedication so that they all will have a chance to:

Get a "Piece of the Station" with their name on it, by sponsoring a door or window; Win a pie contest; Eat a piece of a winning entry; Reserve a date for a private party at the Station; Get one of the limited number of Life-Saving Station hats, or other special items; and Get a ticket to this year's Barefoot Black Tie, on July 30th.

People who are in favor of pie should have a look at [www.nahantpreservationtrust.org](http://www.nahantpreservationtrust.org) to get the details on entering the pie contest. Or, to start getting their taste buds in shape.

Continued on page 23.



2nd Grade Wolfs making St. Patrick's Day cards for the guests at My Brother's Table in Lynn. The boys learned the value and importance of community service and did a great job! (left to right) Sam Reenstierna, Maxwell McDonough, Dylan Matthews, Alexander McDonough and Bradley McDonough

Photo submitted by Marie Reenstierna, Den Leader, 2nd Grade Scouts (Wolf Cubs).

### ALL ARE WELCOME TO THE 48th Annual 2011 New England Gem & Mineral Show

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Sunday, May 1<sup>st</sup>, 10:00- 4:00

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## Nahant Poets Invited to Library

**Submitted by Dan deStefano, Director, Nahant Public Library**

In honor of Library Trustee George Richardson's ninetieth birthday, and in celebration of the arrival of spring (about time, too!), the Nahant Public Library invites all Nahant poets to bring a poem to read at 3:00 p.m., on Sunday, May 1st, in the Reading Room.

George was generous enough to donate a copy of his own book of poems to the Library, and when I asked him to read for us, he immediately wanted the afternoon opened to anyone else who may want to read his own work. Those who desire merely to listen and be entertained are also welcome.

This program is sponsored by the Friends of the Nahant Public Library. Refreshments will be served.

## To Sing, To Play, To Enjoy at Nahant Public Library

The concert postponed from last November had been rescheduled for 3:00 p.m., Sunday, May 15th, at the Nahant Town Hall Auditorium.

Featuring local musicians Allison Twiss-O'Neill, Victor Dal Pozzal and Joseph Stoddard, the program will emphasize vocal and keyboard favorites of these three accomplished artists.

Sponsored by the Friends of the Nahant Public Library, admission is free, and refreshments will be served. All are welcome to celebrate everyone's favorite time of year by enjoying the worthy efforts of those who play and sing!

Submitted by Daniel deStefano, Director, Nahant Public Library

## Flight tracks

**Submitted by Bob D'Amico**

As many of you know, FAA has been conducting a study at Logan Airport with the purpose of changing flight tracks to improve noise impacts within effected communities. At one point in the study, a flight track was proposed by certain CAC representatives that would have placed departures from Runway 4R very close to Nahant. It was called Alternative FR.

After several years of hard work, I am pleased to say the flight track was rejected by FAA. The flight-track that will be used from 4R Departures will be as follows:

- 1) Aircraft departing 4R will fly straight to what is called a waypoint.
- 2) Once the aircraft reaches this waypoint, it will turn right to another waypoint located beyond the causeway.

This will result in a more accurate flight track that avoids Nahant. In order to accomplish this, the aircraft must be equipped with GPS electronics, which most newer aircraft are, and the pilot must be certified to fly an aircraft with this advanced technology. It is important to note, that many of the older aircraft are being retro-fitted with this new equipment and most pilots will be qualified to use it, since FAA is converting its air traffic system to a primarily GPS oriented system. All new aircraft will have this new technology.

The only caveat is there will still be a few older aircraft in service without this equipment, as well as non-certified pilots, for awhile. However, since GPS is the wave of the future, it won't be long when all pilots will be certified and aircraft equipped with this new technology. And, there is an additional benefit to the airline, since GPS will improve fuel costs by resulting in more accurate flight tracks to any given destination.

Finally, most aircraft are not equipped with GPS, or a non-certified pilot should still avoid Nahant by simply following current procedures, which involves flying straight for four miles and then turning right over the causeway.

## Comedy Night on May 13

**Submitted by Christine Kendall**

Don't miss Comedy Night at the Country Club on Friday night, May 13th, at 7:00 p.m.!! Paul Nardizzi, from Boston's Comedy Connection, and Graig Murphy from WEEI radio, will be performing, all to benefit the Nahant Education Foundation. New this year to Comedy Night, is a Reverse Raffle with a 1 in 100 chance of winning \$2,500, tickets are only \$50!! There will also be an extensive silent auction with Red Sox/Yankee tickets, Chef for the night with Peter Davis, Private Seal Training at the New England Aquarium, Big Blue Football Coach for the Day, Sunset Sail around Boston Harbor, Restaurant gift certificates, Principal for the Day at the

Johnson School, and much, much more! Comedy Night tickets are only \$25. Please call Liz Carlson, for more information, at 842-3670.



## **Village Church Breakfast May 13th Nahant Life-Saving Station**

Come to the May 13th breakfast at the Nahant Village Church and learn more about the Nahant Life-Saving Station renovation project; where it stands, how we came to have the Station and what kinds of things we might be able to do with it. The presentation will be given by Mike Rauworth, President of the Nahant Preservation Trust, which previously did an historic renovation of the former Valley Road School. Mike currently works as an admiralty lawyer in Boston, but in earlier days, went to sea for a living. He maintains a worldwide-unlimited-tonnage license as master of sailing ships and powered vessels. He also teaches marine insurance at Mass. Maritime. Mike first went to sea as the navigator of a polar ice-breaker, in the arctic and Antarctic. He retired from the Coast Guard Reserve with the rank of captain. He met his wife, Nancy Cantelmo, when he was chief mate of a four-masted square-rigger. Today, he also serves as the President of the American Sail Training Association, which represents the sailing ship fleet of the US, and franchises Tall Ships events, such as Sail Boston, around the coastal waters of North America.

Please note that this breakfast is held on the 2nd (not first) Friday of May. The free breakfast is served at 8:00 a.m., with the presentation taking place from 8:30 to about 9:00 a.m. All are welcome, so please come and bring one, or more friends, for a hearty breakfast, wonderful camaraderie and an informative presentation.

Also, mark your calendars for the next breakfast on June 3rd, with a presentation by Doug Frauenholz, about his recent sailing journey to Bermuda and Antigua.

## **Nahant Lions Mother's Day Pancake Breakfast May 8th at Country Club Submitted by Mark Reenstierna, 781-599-3716**

Don't miss out on Nahant's annual Spring tradition: the Nahant Lions Club will hold its annual Mother's Day Pancake Breakfast on May 8th, at the Nahant Country Club, from 9:00 a.m. to Noon. "The price is right, \$5 dollars for adults and \$3 for children, and there are seconds for those with a hearty appetite," said Mark Reenstierna, President, Nahant Lions Club. He continues, "Juice, sausages, bacon and coffee, will be served along with all the pancakes you can eat." This is a great time to enjoy with family and friends. Members of the Nahant Lions will be on hand to cook and serve breakfast. "We look forward to seeing you there! If you have never attended, please introduce yourselves, we'd like to welcome you!" added Reenstierna.

### **Lions Mission Statement**

To empower volunteers to serve their communities, meet humanitarian needs, encourage peace and promote international understanding through Lions clubs. For information about the Nahant Lions Club click here: <http://www.nahantlions.org/>

## **St Thomas Spring Social May 19th**

The Saint Thomas Aquinas Parish community is hosting our second annual spring social event, beginning at 6:30 p.m., on Thursday, May 19th, at the Nahant Country Club.

Like last year's spring, "Meet the New Pastor" night, the evening promises to bring great community, conversation, food, drink and cheer. There will be exciting raffles, a silent auction and a cash bar. Tickets are \$30 per person, and include wonderful appetizers. Tickets will be available after masses in the weeks prior to the event, or may be obtained from event committee members, or at the rectory. Tickets should also be available at the door, but we encourage you to obtain them sooner, as we may sell out.

All are welcome whether from St. Thomas, St. Johns, or the community. If you have any questions, please call John Mackey, Committee Chair, at 617-387-4900, or email [jmakeyesq@aol.com](mailto:jmakeyesq@aol.com). Thanks!

## **Running4Change**

**Submitted by Dan Forster, [Dan.Forster@FMR.COM](mailto:Dan.Forster@FMR.COM)**

A 3.5 mile walk/run is planned for Sunday, May 22nd, at the Nahant Life-Saving Station. The event is called Running4Change. Mia Forster and Ellie Wright, 6th graders at the Marblehead Charter School, have started a non-profit organization called Change4Uganda. The organization donates all of its proceeds to the Armani Baby Cottage located in Jinja, Uganda. This cottage is home to children up to the age of 5, who have been orphaned through abandonment, AIDS, violence and poverty.

Registration is from 9:00 to 11:00 a.m., on Sunday, May 22nd. Please see the website for more details. [Change4Uganda.org](http://Change4Uganda.org) or email [daniel.forster@yahoo.com](mailto:daniel.forster@yahoo.com)

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## Nahant Police Department Remember Fallen Officers

In 1962, President Kennedy proclaimed May 15th, as National Peace Officers Memorial Day. This day is a solemn day of remembrance for all Officers who fell in the Line of duty. In Washington D.C., a candlelight vigil is held honoring those Officers. The Nahant Police will be remembering two Officers who have paid that ultimate sacrifice, Police Officer Peter J. Tierney and Police Sergeant John J. O'Connor.

On August 23, 1934, Ofc. Tierney sustained a fractured skull while attempting to subdue a man who was involved in a fight. The man was a professional boxer and rendered Ofc. Tierney unconscious. Ofc. Tierney came to and with the aid of his partner, they were able to take the man into custody. Ofc. Tierney was later admitted to Mass General Hospital, after becoming ill. He passed away while under going emergency surgery to alleviate a blood clot in his brain. Ofc. Tierney died on September 4, 1934.

On July 27, 1961, Sgt. O'Connor suffered a fatal heart attack while on duty. Sgt. O'Connor had just arrested a drunken driver, after he had crashed his car into a pole. The arrested subject then put up a struggle while Sgt. O'Connor was escorting the man into the booking area of the Police Station. Sgt. O'Connor then left the prisoner with another Officer and walked upstairs to answer the phone. Sgt. O'Connor suffered a heart attack and was found by his fellow Officers, unresponsive on the floor. Sgt. O'Connor was pronounced dead at a local hospital, later that evening.

Ofc. Tierney's name is already engraved in the National Law Enforcement Memorial (NLEM) in Washington D.C. Sgt. O'Connor's name and information has recently been submitted for review to the NLEM Board of Directors, as the details of his death were recently discovered. Hopefully, his name and honor will be engraved this May 15th, along with the 160 Officers' names that were killed in the line of duty, for the year of 2010.

## \$200 Million Chapter 90 Transportation Bond Bill Passed in State Legislature

**Submitted by Amanda Richard, 617.722.1350**

Senator Thomas M. McGee and Representative Steven Walsh would like to announce that the \$200 million Chapter 90 Transportation Bond Bill for repairs of roads and bridges has been sent to Governor Patrick to be signed.

An Act providing for the municipal road and bridge maintenance needs of the Commonwealth is a \$200 million, one year spending bill for fiscal year 2012, a \$45 million increase from fiscal year 2011. Each municipality will be able to choose which projects receive the funding, and submit the information to the state for reimbursement. The Town of Nahant will be receiving \$93,572, a 25.43% increase from the current fiscal year.

"It is important that this \$200 million investment for repairs of local roads and bridges has passed. You only have to go a few blocks to see what this winter has meant for local roads. There is a clear need for funding, and this sensible spending addresses those needs. Investing in repair and maintenance not only protects the public, it preserves our infrastructure, creates jobs, and spurs economic activity," said Senator McGee.

"This legislation makes it possible for municipalities to not only fund necessary maintenance projects, but to determine on a local level which projects to undertake," said Representative Steven Walsh. "Ensuring the safety of our roads and bridges through infrastructure investment is critical, especially after such a rough winter."

## School Yard Sale - May 21st

The Johnson School Summer Day Program is hosting a yard sale on Saturday May 21st, from 9:00 a.m. to 1:00 p.m. Rain or Shine. We are plan to set up in the parking lot closest to Flash Road. If it rains, we will set up in the school cafeteria. Cost for a table is \$20. This fee goes to help fund the activities for the Summer Program, which begins on Monday, June 27th and runs through Friday, August 19th. The Program is open to students who will be eligible for kindergarten in the fall of 2011 through 6th grade.

We offer four, two-week, themed, sessions full of fun, academics, socializing and outdoor activities. We rely on our fundraisers and donations to purchase supplies for our theme-related activities. If you are

not interested in being an active participant in selling items, we hope you will stop by and do a bit of shopping. Refreshments will be sold as well. For more information, or to reserve a table, please call 781-581-1600 x 129 and leave a message. We will get back to you ASAP. Thank you for your support.

Submitted by Julie Tarmy



## 2011 Nahant Triathlon

On Saturday, June 11th, Nahant will be hosting the first annual Nahant Triathlon. Proceeds from the event will benefit the Nahant Recreation Department and the Greater New England Multiple Sclerosis Society.

The Triathlon will be encompassing the Town of Nahant and there will be some road closures. The start time is 7:00 a.m. We anticipate the race to last two hours. The traffic impact should be minimal. For more information and course routes please refer to the event website [www.nahanttriathlon.com](http://www.nahanttriathlon.com).

Volunteers are needed. If you are interested please email [info@nahanttriathlon.com](mailto:info@nahanttriathlon.com). We are looking for bike course marshals, swim course lifeguards, kayakers, paddle boarders and finish line help.

## Liz Carlson Recognized for Superior Real Estate Sales

Coldwell Banker Residential Brokerage in New England is pleased to announce that Nahant resident Liz Carlson, sales associate with the Coldwell Banker Residential Brokerage office in Marblehead, was recognized as a leading sales associate nationally. Carlson was among NRT's top 1,000 sales associates in the fourth quarter of 2010. NRT is the parent company of Coldwell Banker Residential Brokerage.

To put this achievement in perspective, the top 1,000 NRT sales associates represent the top 2 percent of performers among NRT's 45,000 sales associates across the country. Liz actually placed in the top 1%, ranked number 335 out of 45,000 for the quarter.

"Liz's achievement demonstrates her commitment to providing superior service to homebuyers and sellers in any type of market," said Rick Loughlin, president of Coldwell Banker Residential Brokerage in New England. "We are very proud to have Liz as part of the Coldwell Banker Residential Brokerage team and know that she will continue to be successful."

In addition to her credentials as a REALTOR®, Carlson is an accomplished interior designer. Her love for real estate led her to a practice in sales. As a buyer's agent, Liz is invaluable, utilizing her eye for design to help clients envision a marketed property as their potential dream home. Using her knowledge of the real estate market and design techniques for clients wishing to sell, she tweaks their homes for ultimate presentation, function and comfort to reap top dollar in the market. Liz has designed the homes of her clients since 1998. Her skills have landed her jobs across the U.S. in both residential and commercial markets. Some of her designs have been featured in editions of the Boston Sunday Globe Magazine, Design New England, Southern New England Homes, and Coastal Living. When not selling and designing real estate, Carlson is an avid fitness enthusiast; you might just find her leading one of your favorite spin, boot camp or "burn and firm" classes—or, in an effort to combat childhood obesity, volunteering her time to teach fitness classes to local elementary school children.

Coldwell Banker Residential Brokerage is the largest residential real estate brokerage company in New England. With approximately 4,000 sales associates and staff in approximately 90 office locations, the organization serves consumers in Massachusetts, Rhode Island, New Hampshire and Maine. Coldwell Banker Residential Brokerage is part of NRT LLC, the nation's largest residential real estate brokerage company. NRT, a subsidiary of Realogy Corporation, operates Realogy's company-owned real estate brokerage offices. For more information please visit [www.NewEnglandMoves.com](http://www.NewEnglandMoves.com).

## Nahant's Adopt-A-Beach Program Off To Great Start

Teams of local residents have been gathering monthly to help monitor our town's beaches. These "beachkeepers" are surveying Nahant's shoreline, looking for signs of erosion, collecting water samples and providing reports on beach conditions after major storms.

Becoming a beachkeeper gives people the opportunity to have a hands-on role in protecting our environment, and meet new people who share the same interests.

If you missed previous sessions of the Nahant Adopt-A-Beach Program, there is still an opportunity to participate. Volunteers are always available to train new team members.

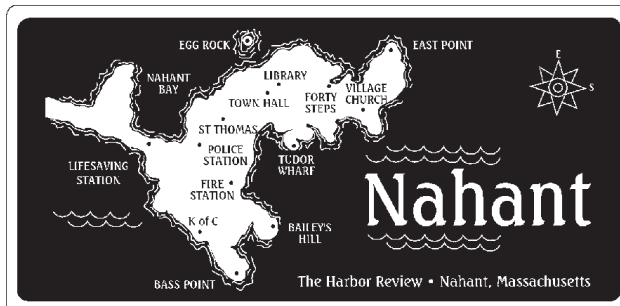
Anyone who would like to participate is encouraged to attend our next beach cleanup on Saturday, May 14th. Volunteers can meet at 172 Willow Street at 2:00 p.m. There, volunteers will head off to their respective beaches—just in time for low tide (3:05 p.m.).

The Nahant Adopt-A-Beach Program is co-sponsored by the Northeastern University Marine Science Center, Safer Waters in Massachusetts (SWIM) and in conjunction with Salem Sound Coastwatch.

If you have any questions, please email [swimnahant@verizon.net](mailto:swimnahant@verizon.net).

The next meeting of SWIM will be on Wednesday evening, May 4th, at 7:00 p.m., at the Northeastern University Marine Science Center.

Photo Caption: Nahant's Beachkeepers at work on Canoe Beach.



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## Nahant Resident Attends Garden Lecture at NEHGS



Nahant resident Edie Hunnewell and Thomas Thaler (of Beacon Hill), attending the “An American Garden Abroad” lecture, that was presented by Carolyn Lynch recently at the New England Historic Genealogical Society (NEHGS). Submitted by Roger Farrington

## ACR To Hold Breakfast at Bass Point Club House on May 3rd

On Tuesday, May 3rd, All Care Resources (ACR), a Private Pay Home Care provider, will be sponsoring an informative breakfast, free of charge, at the Bass Point Club House, at 12 Sea Breeze Lane, beginning at 8:00 a.m.

Roger Kolakowski, Community Liaison for All Care Resources and Barbara Cavanaugh, Community Health Nurse for All Care and a resident of Nahant, will cover the following: “Eating for a Healthy Heart” which will not only contain an informative talk about healthy eating, but also include delicious “Heart Healthy” muffins, baked by Barbara.

Other subjects include: “How to access your home Medicare Benefits without a Hospital or Rehab visit” and “How to stay at Home and avoid the Nursing Home.”

All are welcome to attend. To reserve a spot, there will be a sign-up sheet in the Club House, or for more information call Roger at 1-781-586-1610 x 108, or email: Rkolakowski@allcare.org.

Submitted by Roger Kolakowski, Community Liaison, All Care Resources / All Care VNA, 16 City Hall Square, Lynn, MA 01901. Cell: 339-440-0953

## Spring Fever? Come Dig in Our Nahant Community Garden

Submitted by Diana Brandi, d\_brandi@verizon.net

News on the progress of our second year in the Community Garden: A meeting was held April 4th, at Town Hall, with Bobby Ward and Paul Caira presenting and moderating the lively discussion. While Paul will be supervising the garden on a half-time basis, his counterpart, Bobby Ward, will be available the other half. So we are covered five days a week.

Between the two, the garden has been doubled in size and the outside perimeter has been extended for the planting of flowers. They also reported briefly on the Tree Nursery that companions the garden. Plenty of activity is going on in this area behind the Johnson School.

If you haven’t been by, perhaps a stroll on the Heritage trail would be a chance to check out the garden, the wildlife and the tree nursery. Remember this is our garden and it offers us an opportunity to participate and share our ideas. It is community participation and experiences gained from past endeavors, that will guarantee a sustainable and successful project.

So, how to get involved?

For now you can email Paul, info@saca.com, or call 781-581-0015.

Volunteers will be developing and updating the website, as well as establishing a blog where you can discuss concerns, best practices, find activities including work and distribution schedules, share ideas for programs connecting the garden to the greater life of our community. If you would like to be updated on what is happening, there are several venues: 1. The garden website through the Town Hall; 2. Contact Paul to get listed on email updates; 3. Drop by and talk with Paul or Bobby.

As there was a great deal of discussion at the meeting, some highlights may give you an impetus to share your own ideas. An important aspect of our garden is that it is organic and we will use best practices – no pesticides and no hormone growth fertilizers. We are developing environmentally sound practices, including water conservation and companion planting to ensure best results.

If you like to dig in the dirt, perhaps you would like to participate in planting immediately and harvesting later. If you are artistic and like designing, you might offer your talents to design a bulletin board with assignments, or information on plants. If you are adept at developing policies (activities that will help to sustain our garden), or fundraising (looking for avenues for different forms of revenue that will keep the garden growing), there is a place for you. You may have ideas for programming, education is a key component of every community garden. (Programs for all age groups - intergenerational, as well as class specific.) Whatever your talents, please consider sharing them at the community garden.

Paul and Bobby have accumulated a vast array of seeds and seedlings; have built hot-houses that are awaiting our efforts, so DON’T BE A STRANGER, SEE YOU AT THE GARDEN.

## Updated Abandoned Property List Contains Nahant Individuals and Businesses

Submitted by Meaghen Hamill, 617-722-1350

Senator Tom McGee (D-Lynn) and Representative Steve Walsh (D-Lynn), are urging constituents to review the abandoned property list recently released by Treasurer Steve Grossman’s office. The new list contains over 40,000 individuals and businesses, including over \$20 million in new unclaimed accounts. The abandoned property list is intended to ensure that citizens are made aware of any property that becomes unclaimed under the Massachusetts Abandoned Property Act.

Abandoned property includes any financial asset with no activity by its owner for an extended period of time. This includes savings accounts, checking accounts, unpaid wages or commissions, stocks, underlying shares, uncashed dividends, customer deposits or overpayments, certificates of deposit, credit balances, refunds, money orders, paid-up life insurance policies, safe deposit boxes, uncashed benefit checks and gift certificates.

Thousands of names from the North Shore alone appear on the most recent list. The only way to claim this property is by calling Treasurer Grossman’s office at (617) 367-0400, or visiting his website devoted to abandoned property claims at <http://abpweb.tre.state.ma.us/abp/abp.htm>.

Senator McGee and Representative Walsh are committed to ensuring that residents are able to claim any property that is rightfully theirs. If a resident needs further assistance they may call Treasurer Grossman’s office at (617) 367-0400.

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## Garden Club News

Remember that Sunday, May 1, 2011, the town-wide May Doorways participants will be judged by Maria Welsh and Mary Ellen Schumann, starting at noon. All those who plan to enter must get in touch with Maria or Mary Ellen. Prizes will be awarded to those who participate. You must use natural plant material and flowers to decorate your doorways. We encourage you to enter in the fun!

Our next program at the Nahant Village Church will be Thursday, May 12, 2011 at 6 p.m. It will be our awards night, announcing the Arbor Day and Bacheller Tray awards. Our speaker is Sharon Stichter and her program will be "Flowers that Fly, Gardening for Butterflies in the Northeast." Sharon has been observing butterflies for many years and maintains a large garden in Newbury, MA. She is editor of the journal Massachusetts Butterflies.

We are so thrilled that Molly Conlin has donated a lovely floral quilt to our raffle to be drawn at noon on Saturday, May 28, 2011, at our annual Plant Sale at the Nahant Life Saving Station, starting at 9 a.m. Raffle tickets are \$4 each or 3 for \$10 and may be purchased from members of our Board. Call Edie Hunnewell, President at 785-581-0559 or Pam Motley, Treasurer at 781-593-8919 for information regarding the purchase of raffle tickets.

Linda Jenkins, Chairman of the Plant Sale is looking for donations for our annual fundraiser to be delivered by 9 a.m. Donations can be perennials, vegetable seedlings, houseplants, etc. We will be selling lovely geraniums, spring annuals of all kinds, and many unusual plants. We are looking for members of the Garden club to volunteer. Our quilt will be on display. Please call Linda at 781-581-0660 for questions.

Chairman Madelyn Davis needs volunteers for making Memorial Day wreaths. She will be working along side the Plant Sale at the NLSS.

Submitted by Edie Hunnewell, President, Nahant Garden Club

## Crossword Duo Strikes Again



Harbor Review "Puzzle Guy" Rick Kennedy and Selectman Michael Manning teamed up again to compete in the Pairs Division of the 3rd Annual Boston Crossword Puzzle Tournament held at Harvard University on April 23th, 2011. The duo improved upon their 5th place showing in 2010 with a 2nd place finish this year.

The competition is sponsored by the Harvard College Crossword Society and Cruciverbalists of Boston. Will Shortz, puzzle editor for the New York Times and NPR puzzlemaster, emceed the event.

## A Benefit for Ellen and the LAM Foundation at Kelley Greens on May 21st

Ellen was in her 30s when she began noticing something was wrong; symptoms of fatigue, shortness of breath, productive cough and benign tumor growth. Ellen was constantly being misdiagnosed either with emphysema or lymphoma. Doctors were and still are unfamiliar with her disease.



In 2008, a lung biopsy was performed leading to a correct diagnosis of Lymphangioleiomyomatosis (LAM). Due to continual respiratory conditions and hospitalizations, Ellen has been unable to work. Rapid progression makes Ellen dependent on oxygen and she is currently being evaluated for a double lung transplant.

LAM is a progressive disease that slowly destroys the lungs, resulting in the need for supplemental oxygen. Since LAM occurs almost exclusively in women, the disease is thought to be hormonally-related. Healthy lung tissue is destroyed by cyst formation and abnormal growth of smooth muscle cells. Currently, there is no treatment or cure for LAM.

Ellen Buck Alfonsi lived in Nahant on and off with her sister and brother-in-law, Bonnie and Joe Lamando, of Ocean Street.

A Benefit for Ellen and the LAM Foundation will be held on May 21, 2011, at Kelley Greens in Nahant, from 5:00 to 10:00 p.m. There will be live music by David Simmons and Friends, as well as raffles and pizza.

Tickets are \$20 and can be purchased by calling Stephen (ATN) Collins at 781-598-3848.



## Stingrays

By Christine and Doug Frauenholz

The Swampscott (and Nahant) BluRays U-10 Girls Soccer team finished in second place in the playoffs, held at Soccer, Etc., on Saturday April 2nd. The fifth-seed BluRays (in the eight team league) beat the fourth-seeded Saugus Sharks in the first round, surviving a late tying goal by Saugus and won in penalty kicks. Next, the BluRays faced Salem, the #1 seed, in the semifinals. Salem beat the BluRays 10-0 one week earlier, as the BluRays team was depleted by a Girl Scout overnight.

This playoff match was very evenly fought, although Salem did take a 2-0 lead. The BluRays didn't quit. They became more aggressive on offense and managed to tie up the game to the delight of the Swampscott fans and others who were rooting for the underdogs. The game came down to penalty kicks with Faye Parker standing tall in goal and shooters Haley Burnhardt, Olivia Fulghum, and Molly Frauenholz with the winning goal, earning the victory for the BluRays. The BluRays lost the final game, 5-1, to an inspired Beverly Thunder squad who were the sixth seed and won the title to cap their own exciting day.

The BluRays thrilling trip to the finals was great experience as all of the girls prepare to open their outdoor soccer seasons. Nahant BluRay players in photo are: Colleen Osbahr, Chessie Alberti, Olivia Fulghum, Olivia Reiser, and Molly Frauenholz.



## Creativity Workout

By Sallee Slagle, Director, Dance Dimensions

Special note: Sallee Slagle has been traveling abroad and heads to Australia soon to deliver her workshop, "Increasing Creativity through Movement." She will be offering this special workshop in Nahant, June 25-26. For more info, see [www.dlorien.com/creativity](http://www.dlorien.com/creativity).

Creativity, what is it? The dictionary defines it as "the use of imagination or new ideas especially in the production of an artistic work." Isn't the production of any artistic work creative? I guess you could create a work of art that lacked imagination. Imagination is defined as "the ability of the mind to form new ideas images or concepts; to be creative or resourceful." These two words are interdependent. You really can't have one without the other.

Creativity is all about choices. How creative can you be if you are not given choices? Not very is right! Okay, how many choices can you have if you don't use imagination? Right again, not many. Being creative is a skill that is needed in our lives. Artists are not the only ones with this skill. We have all known creative people. Even admired them as unique. But everyone needs this skill. It makes you a better thinker, problem solver, worker, manager, teacher, parent, friend as well as artist.

Many of us don't include producing an artistic work in our day-to-day lives. But we do so many things that require our creativity. Planning events, preparing a meal, writing an agenda, planting a garden. Creativity can help keep the mundane from becoming boring. Why not get creative everyday? Find new ways and make choices that make things more fun, more involving for everyone. Find ways to be artistic and put more "art" into your day.

Why not create an artistic work yourself? Maybe you would say, but I'm not an artist. We all have a creative side. You may just need some guidance to find it. Take a creative class in art, dance, singing, writing. Try something new or do something you have always wanted to try. Exercise your imagination. Flex your creative muscle.

Another way to put some more art in your life is to get involved and inspired by the art of others. There is nothing better than a great concert (music or dance) or an art gallery opening or even a visit to your favorite museum. Bring your children and teach them about different arts with experience! Who knows you may both be inspired in ways no one could have guessed. The quality of our lives and our culture depend on art. And the future of art truly depends on your involvement. Performing arts always need an audience. Visual art must be viewed. All art needs to be experienced by others, by you, your family and friends. Why not take an art outing once a month!

Imagine a day with out music. What if nothing was created with aesthetics in mind but only function. It would be a very drab world without great architecture, paintings, photographs, films, books or music. It would be depressing. We need art in our lives. Help our future to have more art. Educate our children to choose to express themselves with art. Create art as a family. Play music together, dance, sing. Art in our day helps lift us up.

Art is therapeutic. If you are feeling depressed, drab or even stressed art can help change that. Finding an artistic outlet in your life can truly serve you in so many ways. Even if done with a group, it gives you time to just be you. Time to be expressive. You can express your own ideas, images and emotions and share them through your art. An artistic outlet has all the benefits of therapy and only good side effects!

Art is an investment in yourself but the benefits are greater. Your job, your home, your relationships will all benefit from your artistic workout. You may experience more mental clarity, a greater sense of accomplishment, a joy of expression, a feeling of calm and a pride in your art. Art is a human thing created without function in mind but I don't see how the world can function with out it. Take time for it. Create your own and admire others.

## Nahant's very own Weight Loss Challenge

Inspired by TV's "The Biggest Loser"

You are invited to a 12-week non-profit course that offers tips on nutrition and exercise, along with the flair of competition. The goal is for people to "feel good and look great" and maintain a healthier lifestyle. The cost to join is \$35.00 for the 12-week program. All money will be paid out in cash and prizes to the winners. Specific rules and weekly prize drawings will be in place to keep everyone consistent.

All participants can use any weight-loss program they'd like. Participants will weigh in each week and be measured regularly. The three with the highest percentage of weight loss at the end of the program, will split the monies collected. At the end of a recent challenge, the winners split \$350. Our Goal is to encourage people to lose weight and inches by teaching the benefits of good nutrition and exercise. The Nahant Area Weight Loss Challenge begins in May! For Information, or to Pre-Registration, call Nancy at 781-654-0088. See their ad on page 19.

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## CPR and Automated External Defibrillator (AED) Training

By Susan Cadigan, LMT, CNMT/MM, NCTMB, Nahant Therapeutic Massage

Recently, I read an article in a newspaper about two individuals who had heart attacks-one fortunate and the other less fortunate. The factor between the two different outcomes was as simple as 1-2-3, CPR and AED. CPR is short for cardio pulmonary resuscitation which most recently focuses on chest compressions. The AED is an automated external defibrillator. It is a portable device that is used to provide a stimulating shock to the heart to correct the heart rhythm or re establish the heart beat. With the first cardiac situation people jumped into action immediately someone called 911 and others applied chest compressions and AED pads were administered to the chest. The machine detected that a shock was needed, verbal instructions were given, a button was pushed and the heart rhythm was re-established. He was then whisked to the hospital and lived. The unfortunate cardiac incident occurred when the man was working out at a gym and had dropped to the ground in cardiac arrest. Gym members and crew ran over, called 911 and then waited for the emergency response team to come. Although emergency help arrived in about six minutes it was too late. The compressions need to be started immediately to provide oxygen to his brain and the AED if applied would have detected that it was vital the man receive a shock from the defibrillator. The heart device was available but no one knew how to use it. They were afraid to try. As intimidating as it may seems this device is quite simple to use. There are diagrams on the machine that shows you where to put the sticky pads on the victim's chest. The AED will analyze and detect if the victim needs a shock or not. Simple and firm instructions are verbally given by the machine. Some even queue you to continue chest compressions. Although one does not need to be certified to use the device to save someone, it is a huge benefit to be familiar, have confidence and not freeze up in fright from the intensity of the situation. In both instances the lifesaving device (AED) was available. In one it was used and he is alive. In the other it was not and the outcome was devastating. The CPR/AED can save a life. The key is it must be used. Get familiar, get certified. You may need to lead and hand someday. Nahant Therapeutic Massage will hold ongoing classes in CPR/AED with American Heart Association Certified Instructor, Joan Wilkins. Please call the office (781-780-3733) and leave a message or email [susan@nahantmassage.com](mailto:susan@nahantmassage.com) for more information.

Susan Cadigan is the massage therapist/owner of Nahant Therapeutic Massage. She is licensed and Nationally Certified in Therapeutic Massage & Bodywork. Ms. Cadigan holds an advanced massage therapy diploma, is certified in advanced deep tissue techniques-Neuro-muscular Therapy and Myofascial Mobilization. Nahant Therapeutic Massage is located within the Nahant Community Center; 41 Valley Road. Ms. Cadigan can be reached by cell phone: 617-240-4252, office: 781-780-3733 or email: [susan@nahantmassage.com](mailto:susan@nahantmassage.com). For more information please visit [www.nahantmassage.com](http://www.nahantmassage.com)

## North Shore Physical Therapy Q&A

Q. I am an 83 year old woman. It seems that every time I try to exercise, I end up hurting myself. I am beginning to wonder if I am "just too old for this." Do you have any suggestions?

A. You are absolutely not too old to exercise, nor too old to get stronger. Seniors can obtain important health and fitness benefits, just as younger people can, with the proper fitness training. Research has indicated that resistance exercises can help improve strength, flexibility, bone density, balance and blood pressure among seniors. Many of these studies included subjects well into their eighties and even into their nineties.

It is important to check with your physician before beginning a new exercise program. Your doctor can rule out any underlying medical conditions which might affect your capacity to exercise safely. You may find it helpful to begin exercising under the supervision of a personal trainer or qualified instructor. Choose someone who is certified and has expertise in working with seniors. A personal trainer can develop a program to meet your individual needs. If you prefer to exercise in a group rather than individually, you may want to try one of the many classes offered at your local senior center or Council on Aging.

When starting an exercise routine, it is essential to begin slowly and progress gradually, especially with resistance training. Injuries often occur when trying to do too much, too quickly. Whether exercising with a trainer, on your own, or in a class, never do something which causes pain. "No pain, no gain" is an outdated and potentially harmful motto!

Whatever you choose, remember to have fun, go slowly, and keep moving. Exercise benefits people of all ages.

If you have questions regarding meeting your strength and fitness goals, either individually, or in a group, feel free to call Julie Valenti at 978-910-0486. Julie is a licensed physical therapy assistant and a certified personal trainer with expertise in working with seniors. She has been teaching senior exercise classes in the area for the past five years.

Susan Finigan is a licensed physical therapy assistant and a certified personal trainer and a certified aquatic therapist. She works in the Marblehead office and teaches a senior exercise class at the COA on Wednesday mornings. If you have questions, please call her at 781-631-8250. Our Salem and Marblehead offices conduct free injury screens by appointment. Give our offices a call and receive free expert advice for your orthopedic concerns.

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## Nahant Soccer Summer Camp

Nahant Youth soccer will be hosting its annual summer camp, the week of June 27th-30th. Coach Nick Padovani will be coaching the camp. The camp will focus on technical, tactical and fitness training, to develop skills and confidence in the game of soccer. We will offer a mini camp which will run 9:00 to 10:30 a.m. and cost \$65 for ages 4-7. We will offer a Junior half-day which will run 9:00 to noon and cost \$125 for ages 6-7. And finally, we will have a full day camp 9:00 to 3:00 p.m., for ages 8-14 and the cost is \$180 for the week. If your child wants to stay longer than what is offered for their age group, we can work that out. Please email Sue Rosa at, [susancrosa@hotmail.com](mailto:susancrosa@hotmail.com) to pre-register. If you have any questions, please call Sue at 781-842-2448.

## Thank You, Thank You, Thank You, Thank You!!!!!!

Nahant Youth Soccer would like to thank everyone who came out to support the chili challenge. A big thanks to all our sponsors, Kayem Foods, Doyle Electric, Knights of Columbus, Tides, Kelly Greens, Captain Seaside, Traditional Bread, MT Vernon, Porthole, Raffaele Construction, ATS Equipment, Northshore Animal Hospital, Christies Restaurant, Don Savino and Sons, Dunkin Dounuts, Equitable Bank, Quinn of Lynn, The Hall Company, EZ Landscaping and Uno's. A big thanks to Ralph Colson, Jeanne Fiore, Molly Conlin, Deb Murphy, Skip Frary and Dave Conlin for judging all the chili entries. And finally, thanks to all the participants who entered chili. The judges and people's choice went to James Godwin for a second year in a row. Second place went to the Fulghum Family and the third place people's choice went to Ellen Goldberg. Thanks to all the members on the Nahant Soccer Board for lending a hand and making this such a successful event.

## Nahant Soccer Spring Registration

Spring Soccer starts on May 7th. It will run for seven weeks from 8:30-9:30 a.m., at the Flash Road soccer field. Please register at [Nahantsoccer.org](http://Nahantsoccer.org) You must be 4-years-old by April 1st, in order to participate. If you have any questions, please email Sue Rosa at, [susancrosa@hotmail.com](mailto:susancrosa@hotmail.com)

## Make Your Community No Place for Hate

Is any child in your school being picked on, or left out? Have you heard any offensive jokes, name-calling, or biased remarks in your community? Is your community becoming more diverse? If so, you can help make your community and your school a place of respect, unity and character through No Place for Hate®, an exciting nation-wide campaign.

Standing up to bullies and against bigotry is never easy – particularly for young people. This is why No Place for Hate® initiative empowers the whole school and your community – teachers and students, administrators and parents – to tackle prejudice, bullying and intergroup conflict. Please join us for the 4th Annual Community Walk for Respect, Sunday, May 22nd, Rain or Shine. Prior to 2:00 p.m., the official start time, gather at the Nahant Rotary for the walk to the Clarke Elementary School, on Middlesex Ave., off Paradise Road, in Swampscott; 2.2 miles one way.

The fee is \$8.00 per participant, (\$24.00 family max.). Children 3 and under free. No one will be turned away due to inability to pay. The first 200 entrants will receive a T-shirt. Water will be provided. All proceeds go to anti-bias programs in the community

FOR MORE INFORMATION: Please call Lisa Scourtas at 617-538-2400, email [lscourtas@gmail.com](mailto:lscourtas@gmail.com), or Jessica O'Gorman at 781-696-5031, [gjogorman@comcast.net](mailto:gjogorman@comcast.net), or Paula Bonazzoli at 781-593-8515, [pbonazzoli@comcast.net](mailto:pbonazzoli@comcast.net)

## Resolution of Respect

I pledge from this day forward to do my best to combat prejudice and to stop those who, because of hate or ignorance, would hurt anyone, or violate their civil rights. I will try at all times to be aware of my own biases and seek to gain understanding of those who I perceive as being different from myself. I will speak out against all forms of prejudice and discrimination. I will reach out to support those who are targets of hate. I will think about specific ways my community members can promote respect for people and create a prejudice-free zone. I firmly believe that one person can make a difference and that no person can be an "innocent" bystander when it comes to opposing hate. I recognize that respecting individual dignity, achieving equality and promoting intergroup harmony are the responsibilities of all people. By signing this pledge, I commit myself to creating a community that is No Place for Hate™.

Signed: YOU: a concerned Nahant resident interested in making a difference.  
Submitted by Lisa Scourtas, Nahant Resident.



## Legacies: Greenlawn Cemetery Sunday, May 29th

A Slide Talk by Calantha Sears, 2:00 p.m. and a Walking Tour, at 3:00 p.m. and refreshments.

A place of mourning, a place of reflection, of beauty, even of music and art – all these come to mind when thinking of Greenlawn Cemetery. But what you may not consider is the history of the place, its associations with interesting events and people, its capacity to renew the spirit.

When the town fathers appointed the Cemetery Study Committee in 1857 as part of the response of the formal separation of Nahant from its parent town of Lynn, little did anyone envision the growth of its year-round population of 300 to the 3300 today. Nor did they anticipate the dolorous effects of the Civil War, or the world wars of the 20th century. Maritime life was still largely wind-powered along this coast and treacherous storms resulted in tragedies like the wreck of the Charles Briggs, in 1898, when seven men lost their lives and are buried in Greenlawn.

When the Committee made their report to the Town Meeting in 1858, they laid out the cemetery where Greenlawn is located today: at the rise of the hill by what was then known as Irishtown. They called for trees to be planted, knowing they would not see the mature growth, but others would enjoy the legacy of their foresight. Change being the only thing we can count on, the ensuing one hundred and fifty years have brought many changes. The original trees are now gone, replaced with other trees and plantings; the original lot is now greatly expanded, surrounded by stone walls; the handsome entrance gate and Ellingwood Chapel are themselves legacies of generous donors.

Today, the Cemetery Committee continues to plan and build with foresight, to create beauty, to share that vision with the people of Nahant. Join us for an illustrated slide talk by Calantha Sears, with masterful assistance by Robert Wilson, in the beautiful Ellingwood Chapel, followed by walking tour of the Cemetery. Mark Cullinan will address future expansion of the Cemetery, discussing the plans drawn up for the former quarry site. At key stations, you will hear the interesting stories and enjoy the cemetery, which will be particularly lovely, in anticipation of the Memorial Day observes of the next day, Monday May 30th. And of course, refreshments will be served, graciously organized by Julie Tarmy.

Jointly sponsored by the Cemetery Committee and Historical Society, the event committee consists of Frank Barile, Mark Cullinan, Robert Cormier, Mary Jane English, Christopher Meyer, Calantha Sears, Susan Snow, Lynne Spencer, Robert Steeves, Elaine Titus and Nancy Wilson.

So please, plan on a step back into time with a view to the future by coming to Legacies: Greenlawn Cemetery, on Sunday, May 29th, starting at 2:00 p.m. Parking is limited so please park at St. Thomas's and take the Council of Aging shuttle to the Cemetery. Or, if able, walk or ride your bicycle.

## Spring Platform Tennis Tournament

Nahant Country Club Platform Tennis sponsored a doubles tournament, end of season cookout and open house, on the weekend of March 18th-20th. A diverse collection of 16 players, men and women, spanning rookies who were playing for their first time, to long time paddle veterans with more than 25 years of experience, were mixed and balanced in the 8 team draw.

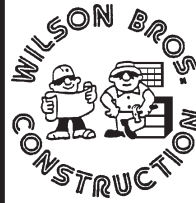
Over thirty adults and children assembled courtside for the finals and end of season Barbecue on Sunday the 20th. The spectators were treated to a final, featuring the pairs of Gary Deines-Pam Motley vs. Chuck DiGrande-Randy Hudson. The DiGrande-Hudson duo pushed the wise veterans to three sets and the team with the rookie (Hudson) claimed an underdog victory. A tremendous amount of fun was had on the deck by all the families, kids, spectators, players.

Thanks to everyone who came to the court that weekend, to join in the fun and share the great time at the Nahant Country Club. The event exemplified the value of the sports facility at the NCC and demonstrated that young families with kids are enthusiastic about preserving the viability of this town asset. We look forward to the continued enthusiasm for next winter's season of paddle in the "Cage" and welcome all interested newcomers.

The fun at the court will continue with the coming tennis season on the clay courts. Look for details on the upcoming June open house in next month's Harbor Review and for details about the Kids' Tennis Clinic to be held in July. The Nahant Country Club features 4 well maintained clay tennis courts, night lighting, very reasonable fees and cool ocean breezes. Visit nahanttennis.org for more information. Submitted by John Fulghum

**The Nahant Harbor Review is the only newspaper dedicated to building the spirit of community in the Town of Nahant, MA, USA. Please support our efforts by subscribing, or advertising. Thank you.**

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## Update from the Northeastern University Marine Science Center

Submitted by Carole McCauley, [C.McCauley@neu.edu](mailto:C.McCauley@neu.edu)

Please join us for Summer Cinema by the Sea, this second annual summer film series:

Events last for 1 to 1.5 hours, including Q&A with the film's producer or expert on the topic. Lectures are held in the Murphy Bunker at the MSC (430 Nahant Road, Nahant, MA), which is ADA accessible. Light refreshments are served half an hour before the program begins. No RSVP is required.

**Tuesday, May 10, 2011 at 7:00 p.m. : FROM THE BOW SEAT**

A documentary exploring fundamental issues impacting the Gulf of Maine, including depletion of cod stocks, puffin seabird restoration, and sustainable lobstering. Filmed by a family with teenagers, this documentary is geared towards educating and inspiring the younger generation to active stewardship.

**Tuesday, June 14, 2011 at 7:00 p.m. : TAPPED**

An unflinching examination of the big business of bottled water. Is access to clean drinking water a basic human right or a commodity that should be bought and sold like any other article of commerce? This behind-the-scenes look into the world of bottled water includes powerful portraits of the lives affected by this industry.

**Tuesday, July 12, 2011 at 7:00 p.m. : SWIM FOR THE RIVER**

Braving whitewater, sewage, snapping turtles, hydroelectric dams, homeland security patrols, Christopher Swain became the first person to swim the entire length of the Hudson River from the Adirondacks to New York City, highlighting how ordinary citizens can and do make a difference with regard to their environment.

## COMMUNITY SERVICE OPPORTUNITIES AT THE MSC

**Massachusetts Program Fellowship: BEACH SISTER FELLOW**

A one-year Americorps position based at the MSC, the Fellow will be responsible for coordinating a new education program with over 200 participants from Girls Inc. of Lynn. These will include after-school and summer vacation programs, as well as career-related programs. Details and application instructions can be found at [www.northeastern.edu/marinescience/images/ameri-corps.jpg](http://www.northeastern.edu/marinescience/images/ameri-corps.jpg).

**Massachusetts Service Alliance: COMMONWEALTH CORPS MEMBERS with the BEACH SISTER PROGRAM**

Three positions are available for 3-month summer service experiences based at the MSC and Girls Inc. of Lynn. Corps members will develop and implement a 6-week summer program and community service project with 25 middle school girls. Program details can be accessed at [www.northeastern.edu/marinescience/pdf/commcorpsdescription.pdf](http://www.northeastern.edu/marinescience/pdf/commcorpsdescription.pdf), and the application form is available [www.northeastern.edu/marinescience/pdf/commcorpsapp.pdf](http://www.northeastern.edu/marinescience/pdf/commcorpsapp.pdf).

## COASTAL OCEAN SCIENCE ACADEMY

Registration is now open for the Marine Science Center's Coastal Ocean Science Academy (COSA) for students entering 9th through 12th grade. This year's program runs from August 8th to 20th. Nahant residents receive 50% off the tuition for MSC programs.

For more information about program logistics, please visit [www.northeastern.edu/marinescience/outreach/summer.html](http://www.northeastern.edu/marinescience/outreach/summer.html)

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## The Robin Sings Spring is Here!



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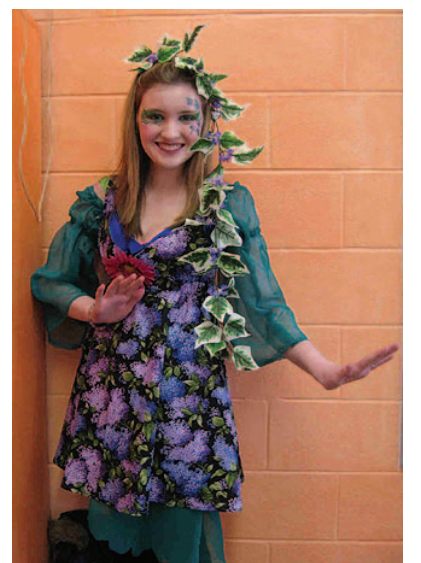
## Nahant Teen Stars in "SNOW WHITE"

Caroline Devereaux of Nahant plays the lead role of Mother Nature, in the Theatre of Light's upcoming production of "MIRROR, MIRROR," a comedy based on the well-known story of "Snow White and the Seven Dwarfs."

Performances will be on Sundays, May 8th and 15th, at 1:00 and 4:00 p.m., in the auditorium at Temple B'nai Abraham, 200 East Lothrop Street, Beverly, MA. Ticket donations are \$5 for children ages 5 and under; \$10 for Students and Seniors; \$15 for Adults. For more information, or to reserve tickets, call 978-210-9818, or email [theatreoflight@comcast.net](mailto:theatreoflight@comcast.net).

"MIRROR, MIRROR" is suitable for audiences of all ages including adults and seniors. This original adaptation includes a variety of slap-stick comedy and has an uplifting theme: "With faith and trust, anything is possible."

Submitted by Barbara Eyges, 781-631-8175





## Ethically Recycle Used Electronics at Johnson Elementary School

Ethically recycle your used electronics at the Johnson Elementary School, on Saturday, May 21st, 9:00 a.m. to 12:30 p.m., RAIN OR SHINE!

Come to the Johnson Elementary School, Flagpole Entrance, at 290 Castle Road. All are welcome (you do not need to be a Nahant resident)!

Please DO bring: TVs, Computers, Monitors, Phones, Keyboards, Drives, Cables, Cords, Peripherals, Copiers, Printers, Fax Machines, Scanners, Laptops, Stereo Equipment, Speakers, CD & DVD Players, VCR's, Projectors, Cameras, PDAs, Radios, Answering Machines, Camcorders, Electric Typewriters, Video Game Systems, Pagers, Microwaves, Toasters, Air Conditioners, Small "Dorm-Room" Style Refrigerators, Ink & Toner Cartridges, USB Media, and Magnetic Media like Zip Disks, Cassettes, and Floppy Diskettes. Filing cabinets, chairs, and other portable office furnishings are OK, too.

Please DON'T bring: Washers, dryers and other large appliances.

The cost is \$1 per pound of electronics, payable by cash, or check. Net proceeds benefit Johnson Elementary School PTO. Those recycling their materials at the event will be treated to free coffee and donuts.

If you've got an old TV, or copier, or other heavy item that's too difficult to bring to the event, call us at 617-233-4120. We may be able to pick it up!

This event is in full compliance with the Electronic Waste Code of Ethics™—the highest set of electronics lifecycle standards on the planet. Nothing we collect will be tipped into landfills, incinerated as solid waste, or dumped in developing countries!

QUESTIONS? Call Christopher Swain, at 617-233-4120 or email [healthyworldworkshop@gmail.com](mailto:healthyworldworkshop@gmail.com).

## Save the Harbor Makes a Big Splash Raising over \$20,000 for Free Beach Programs

Submitted by Michelle Palermino [[Palermino@savetheharbor.org](mailto:Palermino@savetheharbor.org)]

On Saturday, April 2nd, Save the Harbor/ Save the Bay hosted its First Splash of Spring (aka the "Cupid Splash") a cold-water plunge and pledge fundraiser to kick-off their 25th Anniversary year.

More than 150 participants simultaneously splashed into the icy Atlantic waters on 8 public beaches from Nahant to Nantasket, raising a total of over \$20,700 to support free events and programs on our region's public beaches.

At noon "Splashers" of all ages gathered on the beach for some hot Summer Shack chowder, temporary tattoos, and the chance to compete for round trip tickets on Jet Blue Airways before plunging into the 39-degree water. The Splash was followed by a "Warm-Up" Party at The Tides, sponsored by Harpoon Brewery, for participants to thaw out and celebrate the First Splash of Spring.

"What a great way to spend a sunny Saturday," said Senator Thomas McGee. "We want to thank everyone who took the plunge and everyone who made a pledge."

Lisa Connolly was the biggest fundraiser in Lynn and Nahant, winning a pair of Jet Blue Airways round-trip tickets!

"Thanks to our partners in the beachfront communities and waterfront neighborhoods this year's Splash was a great success", said Save the Harbor spokesman Bruce Berman. "We can't wait for next spring to do it again."

About Save the Harbor/Save the Bay Save the Harbor/Save the Bay is a non-profit, public interest, environmental advocacy organization, which has been making waves on Boston Harbor for 25 years. Their mission is to restore and protect Boston Harbor, Massachusetts Bay, and the marine environment and share them with the public for everyone to enjoy. For more information please visit [www.savetheharbor.org](http://www.savetheharbor.org)

For more information about the Splash, please call Bruce Berman at (617) 293-6243



## Congratulations! Officer Noah Clark

Officer Noah Clark recently completed his training and is now back at his desk, working hard to keep us safe. Welcome to the Nahant Police Department.



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## **News From the Johnson School**

**By Diane D. Mulcahy, Principal**

Many community members were able to attend the outstanding performance of Annie, which was held on February 18th, in the Johnson School cafeteria. Family members and friends were able to attend the sixth grade production and enjoyed the musical very much. If you weren't lucky enough to attend, you haven't missed the opportunity to see the production on Nahant Cable T.V. Swampscott High School student and Nahant resident, Alex Billias, taped the performance. Please tune in for a very special performance by these talented sixth graders.

The instrumental music program has been partially funded this year by a STARS Grant from the Massachusetts Cultural Council. The STARS Grant provides funds of \$500-\$5,000 to schools for residencies of 3 days or more with teaching artists, scientists, scholars, or cultural organizations. These grants support creative learning residencies in schools in the arts, sciences, and humanities. STARS Residencies recognize the vital role that creative learning in the arts, sciences, and humanities plays in the successful education of young people. The Johnson School was fortunate to be awarded \$2,600 to fund Mr. Russ Gershon as artist in residence. Mr. Gershon taught instrumental music and directed the Johnson School Band.

The Johnson School is planning a Spring Concert on Friday, May 13th for students Kindergarten – Grade 2 at 9:00 a.m., in the school cafeteria. This will also launch our spring Art Show displaying the art from all Johnson School students.

The Spring Concert was held on Wednesday evening, April 13th at 7:00 p.m., in Town Hall. The program was a Spring Choral Concert, "An Evening of Broadway." Students in grades 3-6 entertained the audience with their renditions of selections from numerous Broadway musicals. There was also an impressive performance by students in our instrumental music program.

The next round of after school enrichment activities is ready to start right after April vacation. There is quite an array of different activities for students this spring. A Little Science/ A Little Math-Maureen DeCenzo, Rainstick Making-Marsha White, Basic Drawing-Tracy Curtis & Nicole Sanphy, Gardening-Susan Beebe, Tennis-Gene Hollenbach and Yoga-Stacie Nardizzi. The Johnson School is very lucky to be able to offer these activities to our students and we are grateful to the volunteers who make them possible. The spring session will run until the end of May.

Mrs. Sue Beebe, our art teacher extraordinaire has received word that the Mass EPA will honor thirty-seven students from the Johnson School at the State House in June at the Paul Keough Earth Artist Award Ceremony conducted each year. The Johnson School has always had quite a representation of talent recognized at this annual event which promotes environmental issues such as clean water, clean air and anti pollution themes but this year we have out done ourselves. Congratulations to Mrs. Beebe and the team of talented students. The winners this year are: Serenity Disla, Ethan Angersbach, Sophie DiGrande, Max Gadon, Patrick Jenkins, Megan O'Brien, Alexa Szczawinski, Aidan Graciale, Lily Bennett, Dylan Matthews, Liam Dunfee, Nick Reiser, Courtney Quinn Julia Carbone, Grace DiGrande, Matthew Connolly, Olivia Reiser, Ryan Graciale, Jack Maguire, Arthur Michaud, Liam Sanphy, Olivia Fulghum, Jackie Frisoli, Dean Warren, Laura Long, Gina Hollenbach, Joseph Warren, Julia Kornerup, Karina Kagramanov, Maggie DiGrande, Rebecca Caggiano, Sarah Ryan, Michelle Connor, Chris Moleti, Devin Denham, Max Carbone and Ryan Dignan.

We are about to complete MCAS for the year. The Math and Science portions of the exam will be administered May 10-24. We were very fortunate to have 100% attendance for the English Language Arts exam and we are hoping for the same great attendance in May. We are in the planning stages for our spring and year end activities. The projected last day of school to date is Friday, June 17th.

## **Nahant students earn 2nd quarter honor roll at St. John's Prep**

St. John's Prep School recently announced the names of students who earned academic honors for the second quarter of the 2010-2011 school year. Students who qualified for the Headmaster's List earned grades of A- or above in all courses; students who qualified for the Principal's List earned grades of B+ or above in all courses; and students who qualified for the Honor Roll earned grades of B or above in all courses.

The following students were named to the Honor Roll for the 2nd Quarter 2010-2011: Athanasi Kourkoulis '14, Derek Osbahr '13 and Matthew Scalise '11.

Submitted by Denise DeChristoforo, ddechristoforo@stjohnsprep.org

**The Nahant Harbor Review is the only newspaper dedicated to building the spirit of community in the Town of Nahant, MA, USA. Please support our efforts by subscribing, or advertising. Thank you.**

## **Summer Park Employees Needed**

The Nahant Recreation Commission is hiring local teens to run the summer park program. If you would like to be considered for the job, please send a letter of interest to Jen McCarthy at 19 Range Road, Nahant, or you can send it by email to [nahantrec@hotmail.com](mailto:nahantrec@hotmail.com)

Letters must be received by May 15, 2011. Please be sure your letter includes your name, address, phone number and email address. For more information, please call Jen McCarthy at 781-592-5272

## **Tot-Lot Program Needs Games**

We would like to have a variety of card and board games available for the children this summer at the park program. If you have any gently used board games, that are not being used anymore and taking up space in your closet, we would like to ask you to consider donating it to the park program for the children. In addition to board games, we would like to have some card games such as Uno, Phase 10 and even regular decks of playing cards, as well as Bingo. To donate a game, or cards, please call Jen McCarthy at 781-592-5272, or Sue Rosa at 781-842-2448. You can also send an email to [nahantrec@hotmail.com](mailto:nahantrec@hotmail.com)

Thank you!

## **Field Usage Permits Available**

In order for groups to use any of Nahant's fields (baseball, softball, soccer and parks) they must fill out a field usage permit. Permits can be obtained from a recreation member, Jen McCarthy at 781-592-5272, or Kellie Frary at 781-581-1453. You can also send an email to [nahantrec@hotmail.com](mailto:nahantrec@hotmail.com)

## **Firework T-Shirts Now On Sale**

Fundraising for this year's fireworks show is underway. We will once again be selling t-shirts to help us reach our goal. Please call Jen McCarthy at 781-592-5272, or Robyn Howard at 781-581-1373, to purchase your shirts.

## **Swampscott Youth Soccer Association Scholarship Submitted by Susan Rosa**

Swampscott Youth Soccer Association (SYSA), is currently considering separate \$1,000 scholarships for a female and male graduate, of the class of 2011.

The scholarship is open to current Swampscott and Nahant residents. To be eligible for this scholarship, the student athlete must have been associated with Swampscott Youth Soccer and a soccer program at the secondary school level. The scholarship committee will consider multiple factors, including (but not limited to): community service, athletic achievement and length/tenure, in the Swampscott Youth Soccer Program.

For more details and to obtain an application for the scholarship, go to our website, <http://swampscottsoccer.com/>. The application deadline is May 5th. Details for submission are included on the application. You can email, [atlarge6.sysa@gmail.com](mailto:atlarge6.sysa@gmail.com) with any questions (or if you have trouble downloading the application from our website).

## **Nahant Woman's Club Scholarship**

The Nahant Woman's Club announces it's annual scholarship award. One \$1,000.00 award will be made to a member of the high school class of 2011 who will be continuing his, or her, education, at an accredited two-or-four year college. Applicants must have graduated from the Johnson School. The award is based on academic record, financial need, community service and extra curricular activities. Interested seniors should send a letter of application, along with a high school transcript and evidence of acceptance to college to:

Nahant Woman's Club Scholarship: c/o Ruth Ann Switzer; 18 Harbor View Road; Nahant, Mass. 01908. Completed applications are to be received no later than Friday, May 20th. The recipient will be announced at the Johnson School Graduation Ceremony in June, and the award will be made directly to the applicant at the beginning of the second semester in college. Information sheets are available at the Swampscott High School Guidance Office and at the Nahant Public Library.

## **Nahant Garden Club Annual Scholarship 2011**

The Nahant Garden Club once again is pleased to announce our offer of a \$2,000 academic scholarship to a 2011 high school graduate who has been accepted to an accredited institution of high learning.

The applicant must be a current resident of Nahant and have been a resident for at least 3 years. Your course of study should be related to ecology, environmental engineering, conservation, landscape architecture, botany or horticulture. In the absence of applicants majoring in the above fields, the scholarship will be awarded to an outstanding student. Preference will be given to a student who has demonstrated significant contributions to civic and community service organizations.

Applicants must include: A transcript of grades; An autobiographical letter describing the applicant's accomplishments; A copy of acceptance to an accredited institution of higher learning; and A letter of recommendation from a teacher or community leader.

Please submit all requirements by May 19th, 2011 to: Maureen H. Ward, 114 Willow Road, Nahant, MA 01908

For more information, please call 781-581-0138.

## **Rona Brodsky Scholarship**

**Submitted by Dianne Dunion, Cmte Member**

Rona Brodsky was a beloved first grade teacher at the Johnson School, for almost thirty years. Sadly, the Johnson School community lost her much too soon. Fortunately, Miss B.'s family had the vision to keep her memory alive and well by creating a scholarship in her name. Since 1998, a \$500 scholarship has been awarded, each year, to a deserving high school senior, who attended the Johnson School, and has now been accepted to further one's education in an accredited two or four year college or university, leading to a degree. Applications are available at the Guidance Office at Swampscott High School, as well as at the office at the Johnson School. All past Johnson School students are encouraged to apply. For full consideration, all completed applications must be submitted to the Johnson School by May 16, 2011.

## **Nahant Lions Club Scholastic Award 2011**

The Nahant Lions Club will award \$500.00 to a Nahant student who meets the following criteria: Current Nahant resident, Graduating from an accredited secondary school and Acceptance to an accredited institution of higher learning.

The award is based on citizenship, scholarship, extracurricular activities and need. Interested applicants should submit a letter detailing how he, or she, meets the citizenship criteria, a transcript through the third quarter of the senior year and a letter of acceptance from the institution of higher learning that the applicant plans to attend.

All documentation must be submitted to: Mr. Mark S. Reenstierna, P.O. Box 212, Nahant, MA 01908 The deadline is May 23, 2011.

## **The Songs of Sondheim LynnArts!** **Submitted by Meredith Lavine, 617-721-8261**

Mass Theatrica presents the Songs of Sondheim on Saturday, May 21st, 7:00 p.m., at LynnArts, The Neal Rantoul Vault Theater, 25 Exchange Street, in Lynn.

Join us for a celebration of one of the great legends of American Musical Theater – Academy Award and Tony Award winning composer and lyricist Stephen Sondheim! With hits from "A Funny Thing Happened on the Way to the Forum," "Sweeney Todd," "A Little Night Music," "Merrily We Roll Along," "Company" and "Into the Woods," and a new show "Assassins," there is definitely "Something for Everyone," (as Mr. Sondheim once penned).

Featuring the vocal talents of Thomas René Brennan, Susan Craft, Lindsay Conrad, Lydian DeVere, Craig Howard, Stephanie Mann, Jennifer Rizzo, Joseph Rondeau, Tom Weber, Jacque Wilson, Todd Yard and Jenny Tang, piano.

Admission is \$15, \$13 seniors and students. For more information about the program, please call: 508-757-8515, email: [masstheatrica@yahoo.com](mailto:masstheatrica@yahoo.com) or website [www.masstheatrica.org](http://www.masstheatrica.org).

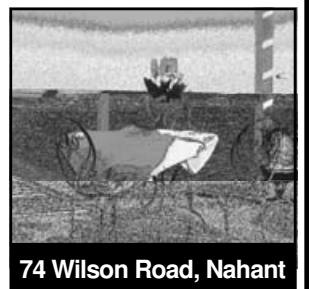
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MAY - 2011

TIFFANY ROOM ACTIVITIES

Lunch served every day at 11:30

Tuesday	10:45 a.m.	Chair Exercise
Wednesday	12:30 p.m.	Shopping from the Tiffany Room, call for pick-up
Thursday	12:30 – 2:30 p.m.	BINGO
Friday	10:45 a.m.	Walking club

TIFFANY ROOM SPECIAL EVENTS

Monday 2ND	12:00 p.m.	Blood Pressure & Glucose
Monday 9th	12:30 p.m.	Shopping “North Shore Shopping Center”
Thursday 12th	12:00 p.m.	Older Americans Month Celebration
Wednesday 25th	1:00 p.m.	Stoneham Theatre “42nd Street”
Thursday 26th	12:30 p.m.	May Birthdays, featuring our 3rd guest chef

COMMUNITY CENTER ACTIVITIES

Monday	9:00 a.m.	Yoga
Monday	10:15 a.m.	Total Body Exercise
Tuesday	9:00 a.m.	Quilting
Tuesday	1:00 p.m.	Cribbage, cards, puzzles
Tuesday	5:00 p.m.	Total Body Exercise
Wednesday	9:00 a.m.	Total Body Exercise
Thursday	9:00 a.m.	Yoga
Thursday	5:00 p.m.	Total Body Exercise
Friday	1:00 p.m.	Movies
	May 13th	“Under the Tuscan Sun”
	May 27th	“Singing in the Rain”

COMMUNITY CENTER SPECIAL EVENTS

Wednesday 4th	7:00 p.m.	Medicare/Medicaid discussion with SHINE
Tuesday 17th	1:00 p.m.	Concert in Serenity Room, Singing Trooper

Van transportation is available for CoA activities and trips, call 781 581-7557.  
Information and calendar are subject to change.  
Please call, check the cable TV station, the Nahant web site or email me  
lpeterson@nahant.org for updates on other programs, trips and events.

COA Chatter

Did you know that May is “Older Americans Month”? A little history, in 1963 about 1/3 of the population over 65 lived in poverty, prompting then President John F Kennedy, together with the National Council of Senior Citizens, to designate May “Senior Citizens Month”. In 1980, Jimmy Carter changed the name “Older Americans Month”. Older Americans Month is celebrated across the country through ceremonies, events, fairs and other such activities. In keeping with the tradition, we are going to celebrate the Older Americans in Nahant with a party in their honor on May 12th, at the Tiffany Room. Look for the flyers posted around town. Other events to celebrate this month will be posted on the calendar.

I have been on this job for 5 months and one of the hardest things to do is to get information out about events. I ask myself, is it because some of the younger seniors don’t want to be associated with an organization that has the word “SENIORS” in it? Or is it because everyone reads emails now and they don’t look at the cable TV station or the local places in Nahant where events are posted? Maybe both!!!! With that said, I would like to do 2 things, 1) have a contest to change, or add to the existing title, Nahant Council on Aging. For example, Nahant CoA Baby Boomers. 2) I will be building an email distribution list to get information out quickly to a large number of Nahanters. So please, if you want on the list send me an email to lpeterson@nahant.org, and tell me your idea for a new name. I will be awarding a prize to the winning name, which will be selected by the CoA Board members.

I want to thank all of you who sent back the survey that was included in the Nahant CoA brochure mailed last month. I got a lot of good ideas, some easy to implement and some will take a little time. One idea will be put in place during the month of May. We are going to add a shopping trip to a mall or store every other week on Mondays. The first trip will be held on May 9th. Since these trips will be on Monday, BINGO is changing and will be held on Thursday for 2 hours, from 12:30 – 2:30.

Another idea from the survey that could be implemented soon is Bridge. I have a person who will teach it to beginners. The teacher and I will develop the program. Please let me know if you are interested. Contact me via email or call the Tiffany Room.

I want to reach out to the people in town that might want to play cribbage but don’t know about our cribbage games which are held at the Community Center on Tuesdays. If you are interested contact me.

The Commonwealth of Mass is holding their annual “Keep Moving Program” for seniors with regional spring walks across the state. The Nahant CoA Friday walking club has formed a team to participate in the Rockport walk on Wednesday June 1st. If you are interested in joining us, let me know.

One more thing, the Nahant CoA is sponsoring a 9-hole golf league to be played at Kelley Greens on Thursday mornings at 9AM. Please check the board at the golf course for details. The league will begin on May 26th. Applications can be pick up at the golf course, the Tiffany Room or by calling me 781 581-7557.

-- Linda Peterson, Executive Director

Nahant Life Saving Station Rededication May 1st  
(Continued from page one.)

This Re-Dedication will take place the day after the 2011 Town Meeting. At this year’s Town Meeting, we hope the voters will approve an appropriation of Community Preservation Act funds to perform an integrated overhaul of a very large part of Short Beach and its dunes, including parts of the Station’s Grounds.

This work is in the spirit of the prototype plantings of beach grass that you may have noticed in the portion of the dune near the intersection with Spring Road.

So, we respectfully urge you to come out to Town Meeting on Saturday, April 30th to vote in favor of the CPA article.

This event is to begin at 1:00 p.m., and extend to 5:00 p.m. We expect to start the “ceremonial” aspects at about 1:45, with the expectation that they’ll wrap up by about 2:15 or 2:30. At 2:30, the judging of the pie contest will be announced, to be followed by the eating of the entries.

Among the invitees will be: Senator Tom McGee, Repr. Steve Walsh, Nahant’s Selectmen, CAPT John Healy USCG, Commanding Officer of USCG Sector Boston, LCDR Richard Ryder USN (ret.), representing the US Life-Saving Service Heritage Assn.

We’re looking forward to a great time, and hope you will be able to join us.

Best regards, Mike Rauworth, On Behalf of the Nahant Preservation Trust, Inc.



## Useless Information...By Ray Barron

# Nahant's May Birthday Babies

May 1 - Inga Deluca, Devon Harrell, Zachary Lowe, Kenneth Merlino, Christopher Papagelis, Ann Schiffenhaus, Naveen Sydney,

May 2 - George Burke, Joanne Dunn, Kellie Frary, Marybeth Goodwin, Diana Meyer, Michael O'Callaghan, Constantin Pezaris, Peter Vernam,

May 3 - Nancy Cochran, Dale Cullinan, Kenneth Li, Mary Luszc, Owen Maguire, Mary McGranahan, William O'Keefe, Robert Proulx, Joel Sanphy, Arvard Tompkins, Sheila Zameitis,

May 4 - Marylou Canty, Warren Chaille, Mary Ann Corinha, Elizabeth DeMaggio, Paul Fiore, Cindi Hanson, Robyn Howard, Neelam Kumari, Joseph Marini, John McSweeney, James Whitlock, Donald Wyse,

May 5 - Richard Aswad, Grace DiGrande, Kim Georges, Frederick Haggerty, Daniel Hamill, Malcolm Hill, Joseph McCarthy, Karen Mosher, Alexandra Savino, John Taxiarchos, Marissa Waite, Elizabeth Whitbeck,

May 6 - Jacob Desmarais, David Fitzpatrick, Daniel Gauvain, Linda Hall, James Mellen, Ed Mihovan, Antonio Roffi, Albert Wallach,

May 7 - Tucker Allard, Gayle Billias, Candace Cahill, Warren Chaille, Jacquelyn Connolly-Dufour, Arnold Rodner, Carter Smith, Kenneth Swope, Jennifer Vecchia,

May 8 - Jason Caloggero, Denise Fields-Hitch, Tim Hosker, Herbert Motley, Jr., Heather O'Brien, Robert Scalise, Alexa Steriti,

May 9 - Jack Byron, Anthony Conigliaro, Peter Conley, Hannah Kornerup, Edward Maroney, James McCurdy, Jeffrey Musman,

Biba Rozenbaum, Frances Spinelli, Coreen Susan Sullivan,

May 10 - Donald Baker, Liliana Barba, Anna Barbaro, Linda Eveleigh, Constantino Evos, Karen Falat, Mia Forster, Donna Hayward, Andrea Lane, Jessica Lerman, Margaret Mahoney, Edith Richardson, Barbara Rizzo, Samantha White, Michelle Zides,

May 11 - Charles Arena, Jr., John Moleti, Daniel O'Brien,

May 12 - Margaret DiGrande, Kendrick Doyle, Sean Dunn, Octavio Galvao, Karen Hill, Robert Kennedy, Jennifer McCarthy, Nicole McDermott, Richard Melanson, George Mihovan, Richard Moleti, John Nardizzi, Lori Palladino, Constantine Pitsas, Amy Simons,

May 13 - Arthur Barreda, Linda Brassard, Drew Breithaupt, Robert Fannon, Mariah Hanson, Michael Kaplan, Jillian Middleton, Stefan Polnicki,

May 14 - Carmen Ballantine, Matthew Champigny, Suzanna Cusack, Louis Makris, Caitlin Miele, Enrique Munoz, Courtney Quinn, Caron Sanphy, Michael Schena, Marilyn Snyder, Lani Stevens, Kerry Ward, Donald Wilkinson,

May 15 - John Barry, Gretchen Charbonneau, Joan DePalma, Judith Dumont, Patricia Forster, John Gergely, Deborah Hornig, Joe Locke, John Love, Stephanie MacIsaac, Karen O'Callaghan, Kathryn Sherber,

May 16 - Maximillian Carbone, Sivamathy Coffey, Margaret Hanagan, Emily James, Francis McClain, Sandra Lee MacMillan, Edwin Peterson, Judi Weiner,

May 17 - Arthur Anders, Austin Antrim, Elinor Cronin, Eleanor Englel, Ellen Goldberg, Eric Greene, John

Hawko, Dorothy Kiley, Francis Mahoney, Mariah Morad, Margaret Smith, Emma St. Jean,

May 18 - Richard Baldini, Loretta Cecil, John Crowley III, Mary DiTullio, Mary Donovan, Strates Frangules, Jason Hetherington, Kristian Hosker, Gail Hyde, Philip Kersten, Arabella Liuba, John Mackey, Jr., Auguste Michaud, Thomas Murray, Kevin Nugent, James Passanisi, Laurie Proulx, Nicole Rosa, Anders VonAschwege,

May 19 - William Cronin, Mary Irene Dickenson, Jamie Flynn, Melissa Gallery, Abigail Hooper, Marilyn James, Muriel O'Neill, Catherine Walton,

May 20 - William Andrews, Teresa Clark, Anne Farr, Ryan Graciale, Kate Mahoney, Steven Switzer,

May 21 - Deborah Aliff, Melissa Barile, Richard Barnes, Adam Eschner, Julie Hawley, Aryln Hubbell, Michael Kenneally, Geoffrey

Loynd, James Malone, Jr., Jeffrey Price, Linda Turcotte, Joe Waldron,

May 22 - Linda Christoforidis, Matthew Duca, Abigail Frary, Zachary Hodgdon, David Kenepp, Julia Kornerup, Barbara Morrison, May Redder,

May 23 - Peter Barba, Charles Dean, James Howarth, Samantha Jessome, Jose Lamas, Eric Marie, Janelle Mazzaferro, Jenna Mazzaferro, Michaela O'Donnell, Wallace Riddle III, Jennifer Sweeney,

May 24 - Kathleen Forbush, Lea Lewis, Jean Lucantonio, Arthur Michaud, Marie Muzzioli, Collean O'Leary, Paul Singer, Ruthanne Switzer,

May 25 - James Brown, Kathleen Brownlie, Strates Frangules, Kevin MacKenna, James Walsh,

May 26 - Roger Berkowitz, Aidan Graciale, Linda Jenkins, John Martin, Johnathan Silva, Candace Thornton, Rebecca Tynning, Johnny Zimmerman-Ward,

May 27 - Phillip Baldwin, Doug Breithaupt,

Mary Brown, Onil Cote, Denise DiCarlo, Erin DiGrande, Francis Farr, James O'Connor, Panos Voukydis,

May 28 - Douglas Comfort, Louise Cox, Joseph Desmond, Jr., Ryan Dignan, Serena Galvao, Virginia Greenlaw, Marie Martin, Maria Stanley,

May 29 - Sarah Anderson, Carmel Burrell, Priscilla Clark, Daniel Fiore, James A. Hosker, Christopher Mason, Peter A. Przybycien, Kevin Pruzinsky, Alicia Yannety,

May 30 - Carmella Cormier, Joseph Giardella, Leslie Hardy, Joy Loguercio, Patricia Podrug, Peter E. Przybycien, Sherrill Reed, Kimberly Ann Smakal, Antonette Spinucci, Kenneth Turino,

May 31 - Mary Cuddy-Cormier, Frances Delaney, Daniel deStefano, Gad Geiger, James E. Hosker, Martha Koscielecki, Eva Markos, Anna McNicholas, Mary Messina, Ellen Morse, Peter Przybycien, Taylor Reeh, Jessica Simons, Susan Tracy, Andres Uzcategui, Alfred White.



The Johnson School 6th grade musical "Annie", which took place at the school in February, starring the entire 6th grade class....they all did an incredible job! Big thanks to the show directors, Cheri Spencer, Diane Dunion and Meredith Tibbo! Submitted by Doug Frauenholz



## The Nature of Nahant: Charming Company

By Linda Pivacek



The Carolina Wren has become a familiar and welcome resident in New England, having expanded its range from the south in the past three decades or so. However, they are still challenged in harsh winters and some do not survive. They have rich rust-colored plumage with a white eyebrow and a cocked tail. They have a tendency to nest around homes in the strangest places like old baskets, pails and pitchers. One built a nest on our porch in an old fishing creel. Their perky behavior and loud melodious songs are endearing.

Last fall at our home in Little Nahant we enjoyed a pair of Carolina Wrens who often came for a drink at our little garden pool and a bite of suet at the feeder. By the beginning of winter only one wren visited and since it was the more richly colored one I assumed it was the male of the pair.

A big snowstorm howled in on the day after Christmas. I wondered what effect this would have on “our” wren. Carolina Wrens rely on insects and spiders in leaf litter and tree bark for their food. How could the wren forage with all the snow cover? Then I watched it fly onto a tree trunk where there was a space between the trunk and the snow. It disappeared into the “snow tunnel”. Then suddenly old leaves were flying out of the hole. The wren was tossing the leaves out and must have been foraging for insects! So he had a method of foraging even with snow cover. Impressive, but he would have to find many more such foraging areas to survive. I didn’t think the suet and the occasional gleanings from the ground under the feeder would sustain him so I purchased a supply of live mealworms for our charming winter guest.

I put a few of the tiny worms in a small open container on our sheltered porch and hoped the wren would find them before nightfall. It did not take him long to locate and gobble up the worms. The snow, sleet and freezing rain continued and the “snow tunnels” disappeared. Temperatures were frequently dropping into the teens and I wondered if this little wren could survive. When I saw him each morning I breathed a sigh of relief. In a few days the wren was waiting for me each morning when I put the meal worms out. Soon he landed on my hand and snatched a worm before I could put

them into the feeder! That was it. This little guy needed a name and so “Carrie” became a member of the family.

With the continued snow cover and cold, Carrie was clearly desperate for food. He began to seek me out! In late afternoons I often worked at my computer, which is located beside a window overlooking the garden. One day I was startled by a noise at the window. It was Carrie. He was holding onto the outside sill and fluttering against the window! He moved a few inches away onto a bush, peered in at me, and then flew toward the feeder by the door. Could he be asking for food? Somewhat amazed, I got up from the chair, got the container of worms and went to the back door. I opened the door to find Carrie waiting on the feeder. Again he snatched a worm from my hand as I put them into the feeder. Guess you could say I was well trained! On some mornings I was gone before morning light and he missed a meal, but upon my return I would whistle and the wren would zoom in for a meal. And so the winter routine developed.

It’s been fun and instructive. In early March Carrie began singing his loud melodies to declare his territory and entice a mate. I no longer worry whether he will survive the winter. I see him busily foraging for food. However, when the weather is wet and cold he hangs out on a basket in the sheltered porch. After he dries off and snoozes for a while, he stops by my window to get my attention and, of course, a snack. It has been a delight to have such charming company.

## What to look for in May

My favorite month can be overwhelming – where to look first? Gardens will be in bloom and a spring walk may turn up wildflowers, like Trout Lilies, Trillium and Columbine. The fragrance of lilac will be in the air. Mourning Cloak and little Spring Azure butterflies will be about on sunny days. There are spots like the lowlands and the Audubon Thicket where you can still hear Spring Peepers, tree frogs, singing at night. Garter Snakes come out of hiding and warm themselves in the sun.

Mid-May is the peak of warbler migration. You can usually hear these songsters before seeing them. Shorebird migration peaks about the end of the month. Tree Swallows will be nesting at Lodge Park and Barn Swallows return to their large colonies at near East Point and Flash Road. The “glamour birds” like Baltimore Orioles, Scarlet Tanagers and Rose-breasted Grosbeaks will return. Short Beach and Long Beach are vital resting and feeding areas for shorebirds and great spots to see them in breeding plumage.

Nahanterers will be working in their gardens and talking over the fence. At the Memorial Day Parade, I’ll see folks that I haven’t seen since last Memorial Day!



## The Gannet Show

By Linda Pivacek

Why were so many Nahanterers lined up along Marginal Road on Sunday, April 17th? For the Gannet Show!

Northern Gannets are handsome birds of the open sea with a wingspan of 6 feet. They are known for their spectacular dives into the sea from heights of 50 feet to catch fish. In mid to late April, they follow the schools of fish moving along the coast. Here in Nahant there can be a spectacular show as hundreds of Gannets can be seen flying and diving near Nahant shores, usually from big Nahant, around Egg Rock, Little Nahant and north. Marginal Road offers fine views of these beautiful ocean wanderers.





## Nahanter Publishes Book

McMillan Press released a biography the week of April 11th, the 50th Anniversary of the Bay of Pigs, the book, written by Bob Risch, of Nahant and his co-author, Jim Hunt of Cincinnati, is the story of Frank Sturgis – best known as one of the Watergate burglars – who completed many missions for the CIA. The book, titled “Warrior,” carries the subtitle “Frank Sturgis: The CIA’s #1 Assassin-Spy, who nearly killed Castro but was ambushed by Watergate.” The cover notes include these paragraphs:

Frank Sturgis – using more than thirty aliases and code names-trained guerilla armies in twelve countries, on three continents and spearheaded assassination plots to overthrow governments, including those of Cuba, Panama, Guatemala, the Dominican Republic and Haiti.

Warrior follows the shocking, often unbelievable adventures of Sturgis, brought to life by his nephew, Jim Hunt and his co-writer, Bob Risch. Included are never-before-seen personal photos of Sturgis and his compatriots.

David Hagberg, New York Times bestselling author of The Cabal, says, “Reads like a top-shelf action adventure novel, only this story is the real deal.”

The New York media called Sturgis, a “real life James Bond” and Fidel Castro called him “the most dangerous CIA agent.”

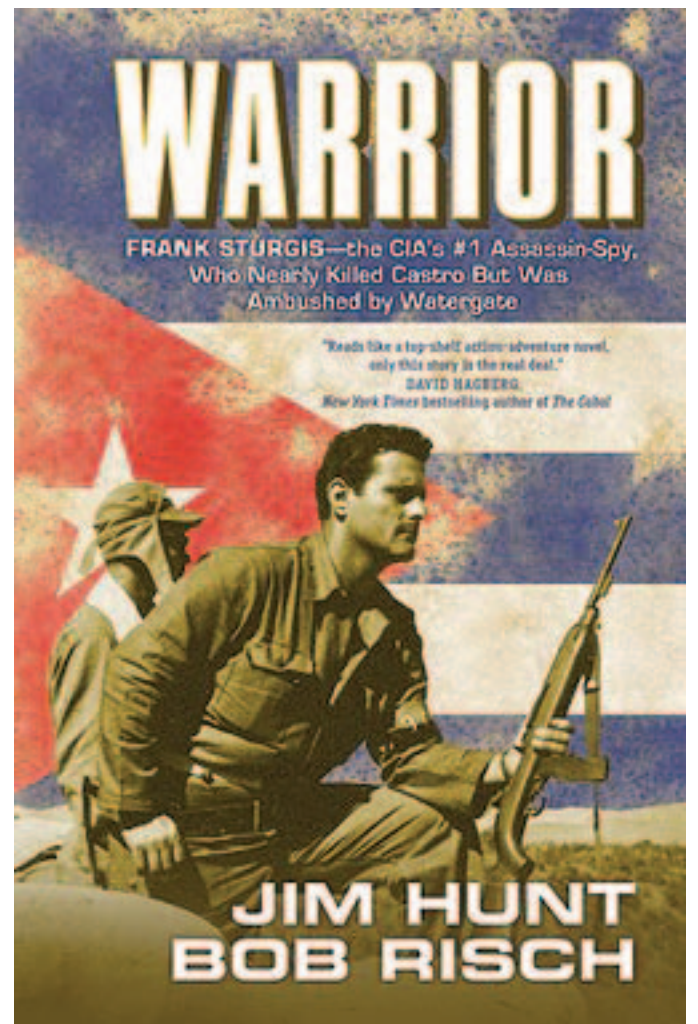
Bill Martin, another New York Times bestselling author (City of Dreams and Annapolis) says, “If you like action-packed adventure here it is. It’s as if John le Carre meets Brad Thor, in this fast moving story about good guys and bad guys, gray areas and green jungles and the whole amazing sweep of America’s Cold War history. And – get this – it’s not a novel. . . it’s all true. You won’t believe what you’re reading and you won’t be able to stop either”.

Sturgis was a member of the famed Edson’s Raiders carved from the Marines in 1942. When he should have been at this high school prom, he was carrying on guerrilla warfare behind enemy lines at Guadalcanal. He eventually served in all branches of the US military before joining Castro in the mountains of Cuba in an effort to oust the dictator Batista.

He was a captain in the Cuban revolutionary army and Chief of Air Force security, for which he temporarily lost his US Citizenship. Frank befriended Fidel and Che Guevara and was instrumental in the revolution’s success, passing on his guerilla warriors’ expertise to Che. Castro put Frank in charge of Cuba’s casinos, a job that introduced him to many underworld figures, but the promised freedoms didn’t materialize and Frank began spying for the CIA, eventually exfiltrating back to the US and carrying on an off-the-radar war against Castro.

Frank trained many of the brigade that invaded Cuba at the Bay of Pigs. He sat in his plane waiting to join the battle when JFK issued the stand down order, a decision for which Frank never forgave him and which eventually led to the FBI’s investigation of Frank, relative to the assassination of the President.

The authors have interviewed many historical figures and present what might be the most definitive piece on Watergate to date. The chapter on the assassination is, as one might guess, captivating and controversial. The book will be available at bookstores and online.



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## Having A Graduation Party?

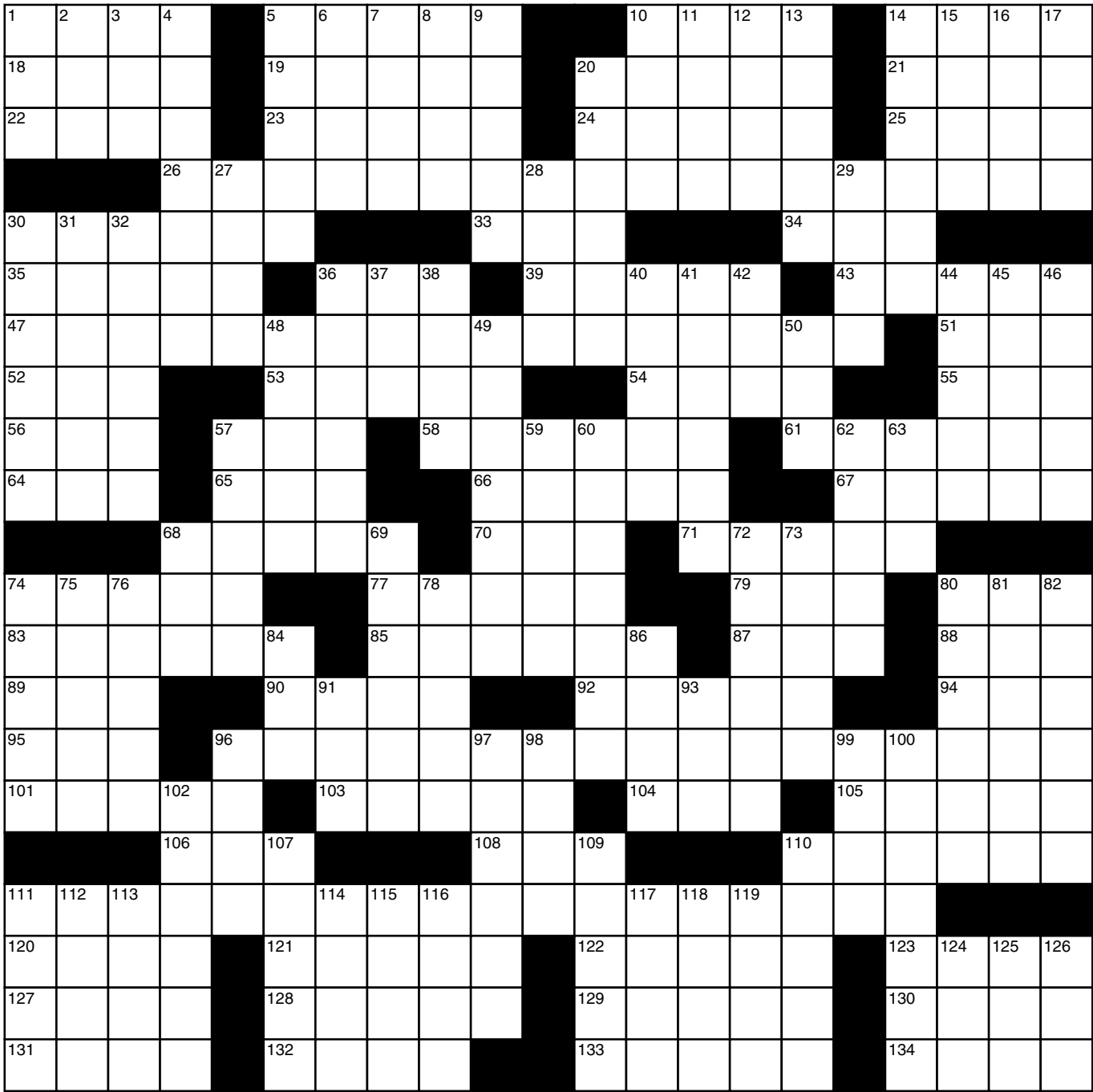


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NAHANT PUZZLE PAGE

Happy Days  
by Rick Kennedy



- zebra  
36 Rice, for many  
37 TV writer/host Serling  
38 "M\*A\*S\*H" co-star  
40 "...woman who lived in \_\_\_\_"  
41 The Good Witch of the North  
42 Yang's partner  
44 Bulgaria's capital  
45 With regard to  
46 Shelf  
48 Came up  
49 Candy bar fillings  
50 Consumer protection agcy.  
57 Dom DeLuise comedy  
59 Insertion mark  
60 Germ-free  
62 Vietnamese or Thai  
63 Biathlon need  
68 B'way sellout sign  
69 Mock  
72 Homeless animals  
73 Unmannered  
74 Where the Styx flows  
75 Way too heavy  
76 Stomach malady  
78 Poisonous plant  
80 Render harmless, in a way  
81 Fly  
82 Nautical measures  
84 Speed: Abbr.  
86 Windy City team  
91 Flushed  
93 Director's cry  
96 High \_\_\_\_  
97 Millionaires' "toys"  
98 Ballyhoo  
99 Start to freeze?  
100 Starting up a PC  
102 Stockpile  
107 Strange  
109 Fancy neckwear  
110 Analyze, as ore  
111 Imitated  
112 Connecting point  
113 Former Venetian magistrate  
114 See  
115 Genesis victim  
116 Sweet potatoes  
117 Writer Bombeck  
118 Legal claim to property  
119 Stamina  
124 "\_\_\_\_ Dieu!"  
125 School grp.  
126 Solidify

ACROSS

- 1 Christmas carol  
5 Minute  
10 North Atlantic sighting  
14 Early education  
18 Run in place  
19 Vietnam's capital  
20 Doctor  
21 Cherry \_\_\_\_  
22 Ill-gotten gains  
23 Put up  
24 Sports venue  
25 Perched on  
26 **Start of a quote to which the "Puzzle Guy" can attest**  
30 \_\_\_\_ Horse  
33 Guinness Book suffix  
34 Luau dish  
35 Kidney-related  
36 Yearbook div.  
39 Songwriter

- Carmichael  
43 Like Bob Dylan's voice  
47 **Part 2 of quote**  
51 Single  
52 Entreat  
53 Sirius or XM medium  
54 Help for the puzzled  
55 G-man  
56 Meadow mother  
57 Dandy  
58 University of Arizona site  
61 Checking out, as a joint  
64 Lithuania or Estonia, once: Abbr.  
65 Hand communication: Abbr.  
66 Like some communities

- 67 Play for the Bruins, say  
68 War horse  
70 **Part 3 of quote**  
71 PC character set  
74 Work time  
77 Perfume ingredient  
79 \_\_\_\_-la-la  
80 Pop  
83 Flowering  
85 Countryish  
87 Managed  
88 Garden lady  
89 Winter mo.  
90 Strait-laced  
92 "Star Wars" creator  
94 With it  
95 Legal conclusion?  
96 **Part 4 of quote**  
101 Suit material  
103 Rot  
104 Bourbon and others: Abbr.

- 105 Iran-contra name  
106 Hold 'em bullet  
108 E-file preparer  
110 Makes amends  
111 **End of quote**  
120 Noted honey eater  
121 Morocco's capital  
122 Shouts  
123 Pixies  
127 Boundary  
128 Objects  
129 Alpha's opposite  
130 Musical symbol  
131 A couple of bucks?  
132 Snaky fish  
133 Plant with yellow flowers  
134 Pesky flier

DOWN

- 1 Tuck's partner  
2 Poem of praise  
3 Building addition

- 4 Delivery that may floor you  
5 Luster  
6 Shopping locale  
7 From the top  
8 Bonkers  
9 Flexible  
10 Pat on the back?  
11 "Able was I \_\_\_\_ saw Elba"  
12 Actress Russo  
13 Comprehend  
14 Maine's \_\_\_\_ National Park  
15 Spanish wine bag  
16 Sate  
17 Gullible sorts  
20 Hostage holder  
27 Headlight?  
28 1975 Wimbledon winner  
29 Dial \_\_\_\_  
30 Chief concerns?  
31 Extends  
32 Relative of the

It Takes A Genius

By Rick Kennedy

April’s puzzle winners were Melissa and Sean Valenti of Spouting Horn Road. Congratulations! They have won a free “breakfast for two” at Seaside Breakfast. You, too, can win a breakfast for two. To be eligible to enter the drawing to win breakfast for two, just complete the crossword puzzle, bring it to Captain Seaside’s Restaurant, on Nahant Road, then put it in the PUZZLE BOX on the counter. One winner is selected each month. See Chris, before 11:00 a.m., for more details.

A	B	C	S			G	R	A	D			A	S	A	P		A	X	E	D	
B	E	L	T			L	U	N	A	R		A	L	I	N	E		N	E	R	O
B	L	U	E			U	L	T	R	A		M	I	N	O	R		T	R	I	P
A	L	B	E	R	T	E	I	N	S	T	E	I	N			I	D	I	O	C	Y
				D	I	S				H	O	N				L	E	G			
B	A	S	S	O		S	P	Y		A	D	I	O	S			L	E	A	P	
U	S	A			T	H	E	H	A	R	D	E	S	T	T	H	I	N	G	I	N
F	I	B			A	N	D	R	E			E	I	N	E			A	L	I	
F	D	R			M	R	S			N	B	A		R	O	S	E		K	I	L
S	E	E			O	R	E			A	C	M	E	S			D	E	N	S	E
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S	P	I	C	Y				T	W	E	E	T			E	A	R		C	S	T
T	E	N	T			I	B	A	R		S	E	A		U	T	E		A	H	A
E	S	E				T	O	T	O			O	P	E	R	A			R	E	M
W	O	R	L	D	T	O	U	N	D	E	R	S	T	A	N	D			L	I	P
		S	T	I	R			N	E	G	E	V		E	A	T		O	S	A	K
				N	Y	C				F	A	A				P	O	I			
A	F	R	E	S	H			I	S	T	H	E	I	N	C	O	M	E	T	A	X
L	O	O	M			A	P	R	I	L			O	D	O	R	S		S	O	U
P	A	P	A			F	A	I	R	Y			N	O	V	A	S		T	U	N
O	M	E	N			E	L	S	E					L	O	N	E		A	R	T

About the Nahant Harbor Review

Since March 1994, the Nahant Harbor Review, a monthly publication, dedicated to strengthening the spirit of community by serving the interests of civic, religious and business organizations of Nahant, Massachusetts, USA. The **Nahant Harbor Review**, is published monthly and distributed to over 2,300 homes and businesses in Nahant and beyond, by Seaside Business Services, PO Box 88, Nahant, MA 01908, (781) 592-4148.

Nahant resident, Donna Lee Hanlon, is owner, Editor and Publisher. The Editor reserves sole discretion for inclusion of ads, articles, letters and other submissions.

All articles are voluntarily submitted to the Nahant Harbor Review without compensation. Articles and / or letters, submitted anonymously, or unsigned, or lacking author contact information, will not be published. Exception: although not a regular practice, a writer’s identity may be withheld, by request, at the sole discretion of the editor.

Articles, Notices, Letters and Calendar Items may be submitted by: **email**, donna@nahant.com, or **mail**, Donna Lee Hanlon, Editor, Nahant Harbor Review, PO Box 88, Nahant, MA 01908, or to the **Nahant Harbor Review Drop Box on the Teller’s Counter**, at the **Equitable Cooperative Bank on Nahant Road**. For ad rates, discount programs and deadlines, call 781-592-4148.

The views and opinions expressed in this publication do not necessarily reflect those of the management and staff of the Nahant Harbor Review, or Seaside Business Services.

The Nahant Harbor Review is the only newspaper dedicated to building the spirit of community in the Town of Nahant, MA, USA. Please support our efforts by subscribing, or advertising. Thank you.



Nahant Harbor Review

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DEADLINE INFORMATION

JUNE 2011

All Community Calendar items, personal ads, classifieds, business ads, articles and short stories.

SUNDAY, MAY 15th • midnight

Home Delivery: SATURDAY, May 28th.

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<b>Elijah Clark</b>	<b>781-581-0027</b>
Route 4: SW Big Nahant & Willow Road	
<b>Michael Coffey</b>	<b>781-586-9232</b>
Route 5: Castle, Flash, Fox Hill, Range, Relay Yd, etc.	
<b>Ryan McDermott</b>	<b>781-584-4077</b>
Route 6: Bass Point Rectangle	
<b>Shea Nugent</b>	<b>781-595-5644</b>
Route 7: SE Big Nahant	
<b>Donna &amp; Ron Hanlon</b>	<b>781-581-0648</b>
Route 8: Bass Point Apts	

Harbor Review Distribution

Papers for Home Delivery):	1,724
Papers OOT Subscribers & Advertisers:	212
Papers to Nahant stores & public places:	364*
<b>Total Papers Distributed:</b>	<b>2,300*</b>

\*Every month, there are a few hundred more newspapers (printer’s over-run), which are distributed to stores and public places in Lynn and Swampscott.

Harbor Review Subscription Information

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A Memorial service for John Durnam will be held on Saturday, May 14th, at 11:30 a.m., in the Ellingwood Chapel, in Greenlawn Cemetery, followed by a reception at the Nahant Village Church. Submitted by Debbie Craig



**Joseph “Joe” Fiore, Sr.**

Relax oh weary Sailor  
O’er restless sea we’ll sail in life.  
Stear towards the nearest lighthouse,  
An there you will find the  
“Light of Life”

In Loving Memory - Mary Albano

**Sister Joan Louise Melanson, MPF**

Sister Joan Louise Melanson, MPF, 74, died Thursday, March 10, 2011, at the St. Joseph Hall, Villa Walsh and Morristown, New Jersey.

Born in Lynn, Massachusetts, Sister Joan entered the Religious Teachers Filippini on May 30, 1959. She received the habit on August 28, 1960, and made her religious profession on August 22, 1964.

Sister Joan was awarded a BS degree from Notre Dame College, Manchester, NH, in elementary education. She also received pre-primary credentials from the Northeast Montessori Institute.

Sister Joan began her teaching ministry in 1961 and she taught at Our Lady of the Assumption, Bayonne and at St. James, Trenton, NJ. She was instrumental in establishing Montessori school, and the training of teachers to further establish schools of this nature.

In 2004, Sister Joan retired from active ministry to Joseph Hall, Morristown, NJ. She recently was presented with a Julibee Dinner in honor of her dedicated teaching service and her pleasing personality, as quoted to the other Sisters.

Sister Joan is survived by Joseph Melanson, Buzzards Bay and his wife, Mary, also Richard Melanson and his wife, Rosa. There are several grandchildren.

She is predeceased by Alice and George Ryan, who was stationed at the Nahant Coast Guard Station (now the Nahant Life-Saving Station), during the Korean War.

Sister Joan was also predeceased by her parents Joseph Melanson, former police chief of Nahant, and his wife, Ettamark Melanson, Bobby Melanson and Margaret Hussey.

Burial will be at the private cemetery at Filipinos Villa Walsh, Morristown, NJ.

**James Lennox of Nahant**

James Lennox, a resident of Nahant for over 40 years, died February 25, 2011, at his home in Englewood, Florida. He was surrounded by his loving family. “Jimmy” was born on May 25, 1925, in Providence, RI, to James W. and Frances (Porter) Lennox. He served in the US Navy during WWII. In addition to being in the construction business for many years he was also a regional sales manager for BF Goodrich. Jimmy moved to Englewood 13 years ago from Nahant. He was a communicant of St. Francis of Assisi Catholic Church in Grove City, FL and was a lifetime member of the VFW Post 10178 Englewood. He was an avid collector of, and repaired antique clocks, enjoyed restoring antique cars, golfing, gardening and karaoke. Jim was a regular jack-of-all-trades.



He is survived by his wife and best friend of 42 years; Eleanor Bunker Lennox; and four children (all formerly of Nahant) Stephen Bunker and Cynthia Beshara of Englewood, FL, Maureen (Bunker) and her husband Kevin Carr of Salem, Dianne (Bunker) and her husband Victor Candelaria of Englewood, FL and Julie (Bunker) and her husband Kel Schevis of Danvers. He also leaves two sisters; Eleanor and her husband William Anderson, and Bertha Kilkenny: eight grandchildren, one great grandson and several nieces and nephews. He is predeceased by his siblings; Rita Glue, William Lennox, Eileen LaCroix and Shirley Clark.

**A memorial mass will be held on Friday, May 20th, 2011, at 11:00 a.m., in St. Thomas Aquinas Church, Nahant.** Burial will follow in Greenlawn Cemetery, Nahant. A celebration of his life will be held at the Nahant Country Club immediately following the services. In lieu of flowers, the family requests memorial contributions in Mr. Lennox’s name to: Tidewell Hospice, Inc. 5955 Rand Blvd. Sarasota, FL 34238. Arrangements by the SOLIMINE, LANDERGAN AND RICHARDSON FUNERAL HOME, 67 Ocean St. (Rt 1A), Lynn.

**ELEANOR G. LEBLANC**

BORN: March 5, 1930 • DIED: April 3, 2011  
LOCATION: Nahant, MA

**ERNEST SOLIMINE**

BORN: May 22, 1929 • DIED: April 5, 2011  
LOCATION: Nahant, MA

**MADELINE F. DORAN**

BORN: October 25, 1922 • DIED: March 31, 2011  
LOCATION: Nahant, MA

**ROBERT A. BOB DOYLE**

BORN: April 30, 1928 • DIED: March 29, 2011  
LOCATION: Nahant, MA

**GEORGE A. HALL**

BORN: November 12, 1925 • DIED: March 24, 2011  
LOCATION: Nahant, MA



Community Calendar • MAY 2011

SUN	1	3:00P	Poem Reading at the Library.
SUN	1		May Doorways Contest judging starts at noon.
SUN	1	10:00A	New England Gem & Mineral Show. Topsfield Fairgrounds. Till 4:00 p.m.
SUN	1	9:00	Choir Rehearsal. Village Church
SUN	1	10:30A	Sunday Worship Service. Village Church
SUN	1	11:30A	After Service Refreshment and Fellowship. Village Church
TUE	3	8:00A	Breakfast at Bass Point House, 781-586-1610 x108
WED	4	7:00P	Safer Waters in Massachusetts (SWIM). Northeastern University Marine Science Center. All welcome.
SAT	7	8:30A	Spring Soccer Begins
SUN	8	9:00A	Lions Pancake Breakfast at the Country Club. Till noon.
SUN	8	9:00	Choir Rehearsal. Village Church
SUN	8	10:30A	Sunday Worship Service. Village Church
SUN	8	11:30A	After Service Refreshment and Fellowship. Village Church
TUE	10	7:00P	Lecture: From the Bow Seat. Marine Science Lab
THU	12	6:00P	Garden Club at Village Church
FRI	13	8:00A	Breakfast at Village Church. Mike Rauworth presents the Nahant Life-Saving Station.
FRI	13	7:00P	Comedy Night at the Country Club.
SAT	14	2:00P	SWIM Adopt-A-Beach Shoreline Survey. Meet at 172 Willow Road. All welcome.
SUN	15	9:00	Choir Rehearsal. Village Church
SUN	15	10:30A	Sunday Worship Service. Village Church
SUN	15	11:30A	After Service Refreshment and Fellowship. Village Church
SUN	15	3:00P	Concert at Public Library. Allison Twiss-O'Neill, Victor DalPozzal and Joseph Stoddard.
THU	19	6:30P	St. Thomas Spring Social. FMI 617-387-4900
SAT	21	9:00A	Yard Sale at Johnson School. Till 1:00 p.m.
SAT	21	9:00A	Recycle Electronics at Johnson School. Till 12:30 p.m.
SAT	21	5:00P	Ellen & LAM Benefit. Kelley Greens. Till 10:00 p.m.
SUN	22	9:00	Running4Change road race. Nahant Life-Saving Station
SUN	22	9:00	Choir Rehearsal. Village Church
SUN	22	10:30A	Sunday Worship Service. Village Church
SUN	22	11:30A	After Service Refreshment and Fellowship. Swansburg Hall. Village Church
SUN	22	2:00P	Walk for Respect. Nahant Rotary
SAT	28	9:00A	Garden Club Plant Sale. Nahant Life-Saving Station. Till plants are gone.
SUN	29	9:00	Choir Rehearsal. Village Church
SUN	29	10:30A	Sunday Worship Service. Village Church
SUN	29	11:30A	After Service Refreshment and Fellowship. Village Church
SUN	29	2:00P	Legacies: Walking Tour. Greenlawn Cemetery
MON	30	9:30A	NAHANT'S MEMORIAL DAY PARADE BEGINS

Nahant Village Church  
27 Cliff Street, Nahant

Sunday Worship Service  
at 10:30 a.m.  
Social Hour at 11:30 a.m.



All Faiths Welcome!

An Invitation

Are you new in Nahant? Seeking a new church home? Or, are you lonely? Bored? Want to give back to the community? Then the Nahant Village Church is the place for you! The members of the Nahant Village Church represents a Union of all Protestant church groups in Nahant. We invite you to share in our fellowship and worship, to make this your church home and to call upon us for service.

Please visit the Village Church's web site at [www.nahantvillagechurch.org](http://www.nahantvillagechurch.org), or call 781-581-1202, for more information.

The Nahant Village is affiliated with the United Church of Christ, a progressive Protestant denomination with roots in the founding of our country.

Public Library Hours • 781-581-0306

Mon. thru Thurs. 10:00 a.m. to Noon.  
& 2:00 to 8:00 p.m.

Fridays: 10:00 a.m. to Noon & 2:00 to 5:00 p.m.  
Saturdays and Sundays: 2:00 to 5:00 p.m.

SCHOOL ORGANIZATIONS  
MEETING DATES

School Committee Meetings • 2nd and 4th Tuesdays  
• 7:00 p.m. • Town Hall

School Council Meetings • 3rd Tuesday  
• 6:30 p.m. • Johnson School.

PTO • first Tuesday • 6:00 p.m. • Johnson School

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The Nahant Historical Society is open to the public on Wednesdays, Thursdays and on the first Sunday of each month, from 1:00 to 4:00 p.m. (except holidays).

American Legion Post #215 and the Nahant Veterans Association meets on the first Tuesday of every month, at 7:00 p.m., at the Nahant Town Hall.

This month we continue with Home Delivery Subscription Renewal time. Please help keep the Harbor Review coming to your door! Don't forget your Harbor Review Delivery Crew member this holiday season. Your subscriptions help pay for their service. Become a Home Delivery Subscriber today! Only \$20 to be "in the know!" Thank you...



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# Poems By Dalan Luzaj

Translated from Albanian by  
Rozi Theohari

**Come At Twilight**

Come at twilight to the  
Spring Waterfall.  
When the sun somehow  
changes its path and splits its  
rays  
Between the rocks.  
Come with me to watch the  
spilling lava—  
The most spectacular view  
in the world—  
The burning sky—like an  
embroidery—is falling  
Covering the guardian olive  
trees.

Come, the lava heaves the  
blue and the azure;  
The lava spreads the water's  
wave—  
Under the olive trees for  
sleeping.  
Fingers touch the moon—  
sparkling hair  
We try to find one another  
inside us.

**Looking at an Idyll**

He sucked the blood from  
Medusa's lips  
With his teeth he bit and  
chewed them.  
A hostage, she wriggles like  
A live fish cooking on the  
hot coals.  
Like a pendulum voices  
moving toward us—a heavy  
interjection.

She saw—the girls swallow  
the apple down their throats  
The boys—still today it is  
stuck there.  
The building shivers from the  
light  
I don't know if the apple's  
petals or ashes  
Fell to earth.



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