



# Nahant Harbor Review

*A monthly publication, in service since March 1994, dedicated to strengthening the spirit of community by serving the interests of the people thru the civic, religious and business organizations of Nahant, Massachusetts, USA.*

Volume 18 Issue 12

**Happy Holidays Nahant!**

DECEMBER 2011

## Congratulations!



In November, four lacrosse players from Nahant traveled to New Haven, CT to compete in the *Yale Bulldog Classic* at Yale University. Ryan Dignan, Jason Dignan, Richard Cadigan and Ryan McDermott all played lacrosse for Swampscott Nahant Youth Lacrosse and are now teammates on the *Young Gulls*; an elite team of lacrosse players from Elite Lacrosse, Beverly, MA. Teams from New England, New York and New Jersey participated in the single day competition. Pictured left to right: Ryan Dignan, Richard Cadigan, Ryan McDermott and Jason Dignan. Submitted by Julie Cadigan.

## John Lowell

News has come to us that a long-time friend and Nahant resident, John Lowell, died on Tuesday, November 22nd, at his winter home in Juno Beach, Florida. Among his many interests and contributions to the Nahant community over the years, Mr. Lowell had been Town Moderator, a member of Nahant's American Legion Post 215, the Grand Marshall of the Memorial Day Parade, an avid sailor and member of the Dory Club, and deeply involved with the Nahant Village Church from his childhood days. A complete obituary will be available later and a memorial service will be held, in the Spring, at the Nahant Village Church.

## Winter Parking Ban

The winter parking ban for all residents will be in effect December 22, 2011, through March 20, 2012, from midnight to 6:00 a.m. No on-street parking will be allowed.

Residents may apply in person for an on-street parking waiver at the Nahant police station. The fee is \$30 and is non-refundable, if the police deny the waiver.

In the event of a snow emergency, all cars must be removed from the street, including those with a parking waiver, or they will be ticketed and towed at the owner's expense.

## Christmas In Nahant 2011

Hi All! It's that time of year! Holidays here! Parade is near! The parade is on December 17th, same time, same place!! The Fundraiser is Saturday, December 10th, 6:00 to 9:00 p.m. Bermuda Cruise tickets are available now. We have another very special item this year. Our own Maurice Poulin has built and donated a replica of his Coast Guard training Ship "Eagle" which is on display at the Smithsonian Institute in Washington, D.C. Tickets for this item are also available now. Cruise: \$10.00 each, Ship: \$5.00 each. The parade is still in need of cash donations which are to be made out to the Nahant Santa Parade and sent to the Nahant Equitable Bank @ 28 Nahant Rd. Items for the raffle are also welcome and needed. All proceeds from the event go to local charities and scholarships.

### The Miracle of Christmas Fair at Village Church Saturday, December 3rd

**Santa Arrives at 11:00 a.m for Photos Till 2:00 p.m.**

The doors for the Village Church's annual Christmas Fair, The Miracle of Christmas, will be opened at 9:00 a.m. Featuring Lobster Rolls at the snack bar, gorgeous holiday greenery, the famous Silent Auction in the Chapel, Raffle items, Books, CDs, Jewelry, baked goods, specialty foods and arts and crafts.

Santa will arrive at 11:00 a.m. to 2:00 p.m. So save gas...don't go to the mall. Bring the kids to Santa's Grotto, right here in Nahant. Bring your camera for that special "Kodak" moment photo. Santa's Grotto will offer games and activities and will be stocked with wonderful gifts for the kids to buy.

### Christmas Trees to Benefit Johnson School's PTO

Fresh, Nova Scotia pine, Christmas Trees will be sold at the Lowlands parking lot, beginning Wednesday, November 30th through December 11th, or until the trees sell out. The hours will be: Wednesdays, Thursdays and Fridays, 6:00 to 9:00 p.m., Saturdays, 9:00 a.m. to 9:00 p.m. and Sundays, 9:00 a.m. to 6:00 p.m.

Prices are the same as last year, \$35 for the six- to eight-foot trees and \$40 for the seven to nine foot trees. It's hard to beat those prices! Once again, we will again offer free delivery service, within Nahant, for any trees purchased. All money raised goes to Johnson Elementary School's PTO fund. Thank you for your support!

### An Invitation from the Nahant Village Church at 27 Cliff Street Celebrate Christmas with Neighbors and Friends!

In preparation for Christmas, join with us for Worship during the season of Advent, at 10:30 a.m., on Sunday mornings.

On Sunday, December 18th, we light the candle of Joy and participate in a Christmas Pageant, prepared by the Christian Education classes. During the Pageant, people are invited to come forward to be their favorite character in the Christmas story and become part of the living Pageant. Shawls, shepherd staffs, crowns and halos will be available. You will enjoy a unique worship experience.

On Christmas Eve, join us for a traditional Christmas Eve Candlelight Service, at 7:00 p.m., in the Sanctuary of the Nahant Village Church. The Christmas Story will be told through scripture, anthems by the Choir, favorite Carols and conclude with the lighting of candles while singing Silent Night.

You are also welcome to join us on Christmas Day, at 10:30 a.m., to hear the Christmas Story and sing favorite carols, and on New Year's Day, to start the New Year with a message of hope and Good News.

For more information, please call the Church Office at 781-581-1202, or check our website: [www.nahantvillagechurch.org](http://www.nahantvillagechurch.org);

*Please patronize our advertisers. If it were not for them, there would be no Nahant Harbor Review. Thanks!*



**(781) 581-2797**

*Melissa Gallery, DMD*

**Seaport Dental  
at Seaport Landing**  
152 Lynnway, 3-C  
Lynn, MA 01902

**New Patients Welcome**

**Nahant Residents**

**CAR SERVICE**

**24-Hour Taxi Service**

From Nahant and surrounding areas,  
to Logan and back



24-hours, 7 days/week

**Taxi Service  
to Logan Airport  
Only \$45**

with 24-hour notice.

Flat rate to downtown Boston. Corporate  
Accounts Welcome. Call for information.

**781-284-5300**

Supermarket • Hospital / Clinics • Mall  
Airport Services • Scheduled Pick-Ups

## **Jesmond Nursing and Rehabilitation**

**271 Nahant Road  
Nahant, MA 01908**

**Providing Rehabilitation Services,  
Long-Term Care, Respite Care  
and Hospice Care.**

**For information and / or admission,  
call: 781-581-0420 • fax: 781-596-0878**

## **Nahant League Little Registration**

Nahant Little League will begin online registration for the 2012 season on January 9th. Little League is open to all Nahant boys and girls, ages 5-12. For more information and to register, please visit [www.nahantll.org](http://www.nahantll.org). Please email [terrimaguire@verizon.net](mailto:terrimaguire@verizon.net) if you have questions.

Submitted by Terri Maguire, Nahant Little League Registrar

## **John and Abigail Adams Scholarship Winners**

Swampscott High School recently released the names of this year's John and Abigail Adams Scholarship recipients. This scholarship is awarded to students with a high level of achievement on the MCAS examinations. The scholarship provides free tuition for students who are accepted to participating Massachusetts Universities and Colleges. Forty-seven Swampscott High students received the award this year. Eleven are Nahant residents.

The Nahant students qualifying for the scholarship are: Elijah Clark, Shiloh Clark, Kristen Connor, Heather Doyle, Taylor Eaton, Peter Klee, Lindsay Marini, Madeline McKie, Alexandra Moccia, Anthony Silva and Emily Walls.

Congratulations to all of you!

## **SHHH!!! It's a Surprise, Maybe?**

You are invited to a SURPRISE retirement party for Dan deStefano, Library Director, on Sunday, December 11th, from 2:00 to 5:00 p.m., at the Nahant Public Library, to wish him well on his new adventure-retirement.

Please email to Janet Dolan by November 30th, if you are coming; so we can plan on the number of guests for the reception (to have enough food for everyone) at [janet.dolan5@gmail.com](mailto:janet.dolan5@gmail.com).

If you would like to make a financial or food contribution, please contact Maria Welsh @ [mariawelsh@ymail.com](mailto:mariawelsh@ymail.com). Any contributions would be gratefully accepted.

Lastly, please take a few minutes to pass this on to all your Nahant friends.

Thank you and hope to see you on December 11th.

Submitted by Robin deStefano

## **Public Access Computers Come to Nahant Library**

Thanks to a generous donation from Mrs. Lucy Lowell Grimm, the library now has two laptop computers and a wireless printer for public access in the reading room. Also, thank you to Will LeTourneau and Kat & Robin deStefano who assisted in the ordering, installation and set up of the two computers and the wireless printer.

Available for use only in the reading room, the computers may only be used by those over 17 years of age. Users will have to read and sign a copy of the written policy and surrender their driver's licenses to the staff, while using the computers. To sign up to use the computers, ask at the front desk.

The Library Trustees (Janet Dolan, Christine Stevens and John Welsh) welcome and encourage the people of Nahant to take advantage of this new service.

Submitted by Robin deStefano

## **Nahant Public Library To Host Story Hour and Magic Show in December**

The popular story and song series "Cuddle Up and Read With Francie" will offer a program on Wednesday, December 7th, at 10:30 a.m., in the Reading Room for children aged from birth to eight. This program is given by the Lynn Public Schools, as part of their outreach to neighboring communities. All are welcome to this educational and fun introduction to reading and songs.

Magician Jim Rainho will present his "Happy Holidays Magic Show" in the Reading Room of the Nahant Public Library at 3:00 p.m. on Thursday, December 15th. Jim's very special performances have entertained Nahant's children and parents for many years, and his audience always want more. The Library receives many requests for his return, and so we are happy to invite him and you to this special, magical offering.

This program is funded by the Friends of the Nahant Public Library, and all are welcome.

Submitted by Kim Hosker, Children's Librarian



## 6TH Grade Johnson School Fundraisers Great Success

A big “THANK YOU” to the 6th grade class and parents who helped with the October car wash, movie night and bake sale fundraisers. Thanks to your hardwork, these events were a success. Also, a special thanks to Keith from the DPW for volunteering his time to help man the hoses at the carwash.

A big “THANK YOU” also goes out to the many folks who supported these events. Your patronage was greatly appreciated.

The next fundraising event starts this month. The 6th grade class will be selling bumper stickers and bracelets, with Nahant slogans created especially by the 6th graders. Be sure to add these items to your holiday shopping list.

Money raised from these fundraisers will help offset the cost of 6th grade activities, such as the year book and graduation festivities.

## Nahant Community Garden – A Note of Thanks

With the closing of the Garden on the 2011 season, Bobby and I would like to thank those of you who came by to offer your time and expertise in nurturing the vegetables from seeds to harvest, and for extending words of encouragement. In addition, we cannot thank Mary Jo Mitchell enough for all the work she did in developing and updating our community garden blog with text and photographs by Karen and Elaine. Photos that ranged from bees & butterflies to garden insects & pests to garden & marketplace visitors. If you haven’t already visited the blog – and guaranteed, when you do you’ll recognize many of the people in the photos – you can get there by going to Nahant’s website ([www.nahant.org](http://www.nahant.org)) and click on Community Garden.

Next, our sincere thanks to Tano and his crew at Nahant Fish & Lobster for providing a marketplace for our vegetables. Tano’s cooperation enabled us to offer our fresh produce on a daily basis, and the stand’s location contributed in a big way to the awareness of the garden by the community.

Last but in no way least, we owe a huge debt of gratitude to our retiring town manager, Mark Cullinan, whose concept and unyielding support of Nahant’s community garden was central to its success. From the first meeting on a shivering February day two years ago, to the bountiful harvesting of fresh vegetables these past two summers, we need to know that without Mark it would not have happened.

Thank you! Bob Ward/Paul Caira

(Editor’s Note: The people of Nahant owe a huge “Thank you!” to Mark Cullinan, Bob Ward and Paul Caira, for their vision, hard work, dedication and commitment to this project. As one who visited whenever time allowed, I’ve seen this Garden grow. I am truly amazed by what can be accomplished with positive thinking, hard work and commitment. This is a fantastic project that will become part of the fabric of Nahant for a long time. What’s next? Nahant spring water? Thanks!)

## Nahant Garden Club News

There will be a new annual event, a Christmas Tea, to celebrate the holiday season. The Tea will take place on December 8th, at 2:30 to 4:00 p.m., at the Knights of Columbus Hall. The program will include a Yankee Plant Swap. In addition, members are asked to bring a toy for the Annual Toys for Tots donation.

## Nahanter Christopher Marino Recognized as a Super Lawyer Rising Star by Law and Politics Magazine

Davis, Malm & D’Agostine, P.C. is pleased to announce that Nahant resident, Christopher J. Marino, was selected as one of 2011 Massachusetts “Super Lawyers Rising Stars,” for his outstanding skills in the Business Litigation practice area.

Super Lawyers and Rising Stars are selected from a poll of Massachusetts attorneys conducted by Law and Politics Magazine. A total of 22 Davis Malm attorneys were named as “Super Lawyers” and “Super Lawyers Rising Stars” and are featured in the November issues of Boston Magazine and Law & Politics Magazine.

“Super Lawyers” are nominated by their peers and evaluated by a blue ribbon panel. Only 5% of the eligible attorneys in Massachusetts are selected. Rising Star candidates must be either 40-years-old, or younger, or in practice for ten years, or less. No more than 2.5% of lawyers in Massachusetts are named to the list of Rising Stars.

At the time of the selection, Davis Malm had a total of 40 lawyers.

Submitted by Elizabeth Donnelly, (617) 589-3896

### Rob Scanlan, CMS/MMS/ACMS

Accredited & Certified Marine Surveyor  
United States, Canada, Australia & Europe/United Kingdom

Computer Diagnostic & Compression Testing  
Marine Engines

**781-595-6225 (office) • 781-593-2711 (fax)**

Serving Coastal New England, Cape Cod & the Islands

Email: [yacht1ship@aol.com](mailto:yacht1ship@aol.com)

Website: [www.mastermarinesurveyor.com](http://www.mastermarinesurveyor.com)

VOTED TOP TWENTY MARINE SURVEYOR WEBSITES ON GOOGLE.COM

## Nahant Fish & Lobster Co.

“Now Open Noon to 6 p.m. Everyday!”

**LEO BARLETTA**

Phone (781) 581-3545

FAX (781) 581-6996

[www.BuyALobster.com](http://www.BuyALobster.com)



157 Nahant Rd • PO Box 38 • Nahant, MA 01908

*Keep our local economy strong...patronize our  
advertisers when you can. Thanks!*

## LYNN LUMBER COMPANY ARCHITECTURAL DETAILS

*“Boston’s leading purveyor of architectural millwork.”*

Hardware • Building Materials • Restoration Materials

Easy Delivery Service

**781-592-0400**

[www.lynnlumber.com](http://www.lynnlumber.com)

180 Commercial Street

[Rich@lynnlumber.com](mailto:Rich@lynnlumber.com)

Lynn, MA 01905

*Family owned since 1945.*

## RESIDENTIAL & COMMERCIAL REMOVAL

**We Take & Dispose Anything From:**

Cellars • Attics • Also Demolition

Garages • Yards • Stores Etc.

• Reasonable Rates

Residential & Commercial • Dump Truck

**ERIC Z**

DISPOSAL & DEMOLITION



ROLL OFF CONTAINERS

DUMPSTER SERVICE

**781-593-5308**

**781-598-0646**

[www.ericzdisposal.com](http://www.ericzdisposal.com)

**781-321-2499**

Lynn, MA

**Fast & Dependable Service**





### Guitar and Bass Lessons

**Lou Wallach**, Nahant resident, Berklee trained guitarist and working musician in the Mojo Slim Band is offering lessons for students interested in **electric, or acoustic guitar, or bass**. Beginners, intermediates and advanced players welcome. Private lessons are \$30/half hour, or \$45/45 minutes. Semi-private, or groups, are \$40/30 minutes, or \$55/45 minutes. Please call **781-592-5195**, or e-mail [grvdaddy@comcast.net](mailto:grvdaddy@comcast.net) for more information

### MC Productions Disc Jockey Service

**Matt Crowley**  
Nahant, MA

978-578-3250  
[mcprodj@comcast.net](mailto:mcprodj@comcast.net)  
<http://mcprodj.com>



Weddings - Reunions - Corporate Parties  
All Functions



### NAHANT ASSOCIATES REAL ESTATE

169 NAHANT ROAD • NAHANT, MA 01908

Join me at Nahant Town Hall for  
the Holiday Fair !!!  
Saturday, Nov. 26th, 9:00 to 3:00

**LINDA J. JENKINS, RN, ABR**

When not much is free these days,  
I have a lot to offer my clients. *Free proposals* on how  
I will sell your property. *Free comparative market  
analyses* to help you decide where to position your  
property to sell. *Free inventory lists* of homes, condos  
and properties for sale. *Free advice on when* is the  
best time to buy or sell. *Free advice on how* to struc-  
ture an offer if you want to buy.

Call me for a confidential consultation.

Cell: 617-257-1661 • Office: 781-581-3644

Please patronize our advertisers. If it were not  
for them, there would be no Nahant Harbor  
Review. Thanks!

## The Spirit of Christmas Past: Four Centuries of Christmas in New England

Submitted by **Bonnie D'Orlando** <[badorlando@nahanthistory.org](mailto:badorlando@nahanthistory.org)>

The Nahant Historical Society cordially invites you to celebrate the season by attending the Paterson Lecture - The Spirit of Christmas Past: Four Centuries of Christmas in New England by Kenneth C. Turino, Manager of Community Engagement and Exhibitions at Historic New England on Sunday, December 4th at 2:00 pm in the Serenity Room at the Nahant Community Center at 41 Valley Road.

Come and enjoy this well-illustrated presentation that traces the development of the celebration of Christmas from the time it was outlawed in 17th century New England into the 20th century, showing how the trappings of modern Christmas came into being. Learn how Christmas was transformed from a rowdy celebration to a family centered holiday, for many the most important of the year. Nahant, as has many communities, developed its unique traditions.

The Paterson Lecture is a yearly event in memory of the Society's late president, historian and author Stanley C. Paterson.

Our 2011 guest lecturer is Kenneth C. Turino, Manager of Community Engagement and Exhibitions at Historic New England, the oldest, largest and most comprehensive regional heritage organization in the country. Turino has overseen Historic New England's centennial celebrations in 2010, plus a steady and inspired expansion of its events and courses overall. Among them is the annual Program in New England Studies, an intensive one week study of New England material culture. He is also responsible for Historic New England's traveling exhibitions program. Previously Turino was Executive Director of the Lynn Museum and Historical Society. He has worked at many historic houses including the Paul Revere House in Boston and is currently a Trustee of the Fogg Rollins House in Exeter, New Hampshire. Moreover, Turino is Chairman of the American Association for State and Local History's Leadership in History Awards Program and a member of its' Historic House Committee. He holds a Masters of Arts in Teaching and Museum Education from George Washington University and is an adjunct professor in the Tufts University Museum Studies Program where he teaches courses in exhibition planning and historic house museums.

The Society has twice collaborated with Turino and his graduate students on major exhibitions: Enlisting a Nation (2004) and Drawn to Nahant (2008). In addition, this multi-talented Nahanter has published several articles on the history of Christmas and co-authored Nahant in the Arcadia Publishing series Images of America with Society board member Christopher Mathias.

This program is free and open to the public. As parking is limited at the Community Center, a shuttle van service will be available from St. Thomas Aquinas church parking lot at 248 Nahant Road between 1:30 and 4:30 pm. Light refreshments will be served.

## Q & A with North Shore Physical Therapy

**Q.** I get nervous when walking on outdoor surfaces and this prevents me from going different places, because I feel unsafe and I am afraid that I might fall.

**A.** You may be having a problem with balance while walking and this has made you fearful of walking on uneven surfaces. Several factors could affect your balance. If you take different medications that may alter how you feel, you should discuss this with your physician. You could have decreased sensation in your feet from diabetes. You could have leg tightness or weakness of the hips, knees, or calves which make you walk differently and make you feel unsteady on your feet. Just the fear of falling down may also be a factor which prevents you from having enough confidence to venture onto different types of surfaces. North Shore Physical Therapy Associates offers free balance screens to anyone in the community. During the balance screen an assessment of your strength, flexibility, balance and walking speed will determine if you would benefit from home exercises, supervised physical therapy or just using a cane to assist your balance. By calling our offices you may be seen by a physical therapist for a free falls risk assessment. Please call our offices Marblehead/Swampscott (781-631-82500, Salem (978-910-0486) to schedule an appointment or talk with a physical therapist that will help you determine if you need physical therapy.

Please feel free to submit questions about musculoskeletal problems to us in writing, either at the Council on Aging front desk or send them to NSPT, 1Widger Road, Marblehead, MA, 01945, c/o Susan Finigan.

Please patronize our advertisers. If it were not for them,  
there would be no Nahant Harbor Review. Thanks!

It's That Time Again!  
christmas shopping DONT MISS OUT!

**AVALANCHE OUTLET**  
20 Wheeler Street 3rd Floor  
in the J.B. Blood Building  
Lynn MA-Next to the YMCA

NEW  
ITEMS HAVE ARRIVED  
WE SELL OUT FAST  
SO COME SOON!  
GREAT ITEMS  
GREAT PRICES

**50% OFF RETAIL**

OPENED  
WED, THUR, FRI, SAT, 11-4  
AND NOW OPENED ON SUNDAY 11-4

## Johnson School Principal's Report

By Diane D. Mulcahy

The highlight of the month was the annual Veterans' Day Assembly and luncheon held on Thursday, November 10th. The students had practiced their choral selections, poems and choral readings under the direction of Mrs. Dianne Dunion. Mr. DalPozzal and the North Shore Songsters added a wonderful dimension to the proceedings. The fifth and sixth graders practiced for the assembly. Sixth-graders wrote invitations to Nahant veterans to invite them to the luncheon. We are very appreciative of the parents who decorated the cafeteria and provided the delicious lunch for our invited guests. Thank you to the Warren family who donated a wreath again this year. It was presented to the Nahant Veterans and displayed at the Veterans' Memorial in Town. Students observed Veteran's Day with an all school assembly on Wednesday, November 9th.

Student Council elections were held at the Johnson School on Wednesday, November 3, 2011. Maddie Curtis was elected President, Vice President, Steven Toomajian, Secretary, Olivia Fulghum and Treasurer, Owen Nugent. The Student Council got right to work and had their first meeting on November 8th, during the lunch period. Mrs. Jude Shanahan is the Student Council Advisor for this year. The Student Council held a Food Drive from November 14th-18th to benefit My Brothers' Table in Lynn.

The Johnson School has been awarded a STARS grant again this year. The grant awarded from the Massachusetts Cultural Council is for an artist in residence. Mr. Russ Gershon will again teach instrumental music and conduct a band program. He will be in the building on Tuesdays. On Monday, November 21st, Mr. Gershon had an introductory assembly for students and held the first band practice.

On Tuesday, November 15th, we will start our third year of after-school activities. Mrs. Carolyn Osbahr is conducting a computer class and Mrs. Diane Dunfee is conducting a basketball clinic. This year, art is a separate program led by our former art teacher, Mrs. Beebe.

Marks will close for the first trimester on Friday, November 18th. Report Cards are being issued to students on December 2nd. Parent Conferences will be held on December 6th and 7th. Each teacher has selected one evening that will be available for parent conferences.

Students in grades 3-6 are looking forward to a field trip to the North Shore Music Theatre to see a performance of A Christmas Carol. We are very happy to have the support of the Johnson School PTO and the Nahant Cultural Council for this field trip.

**FREE Nahant Dory Club Decal  
for your Cars.  
Call Rob Scanlan, 781-595-6225.**



**Shown by Appointment only.  
donna@nahant.com • 781-581-0648**

## Thank You Mr. Ray Barron

Many thanks are due to Ray Barron, keeper of the Birthday List, published in the Nahant Harbor Review, for many years. Many of our readers enjoyed the column. The Birthday column was discontinued a few months ago, due to space conflicts.

Thank you, Ray, for the many years of hard work and the dedication you gave to this little community newspaper. It was much appreciated.

**Before you trade-in or sell your  
car...Nahant resident is seeking a  
good / reliable car.  
Call 781-592-3881**



QUALITY MODULAR HOMES

## Advanced Building Concepts

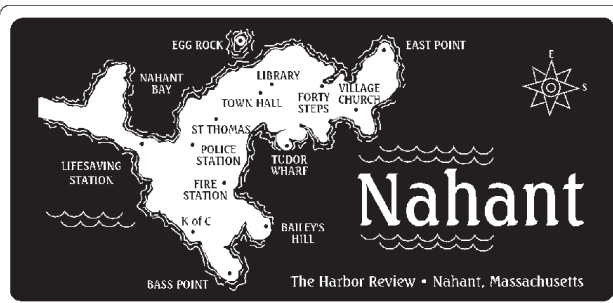
Joseph Moccia

73 Little Nahant Road

Nahant, Massachusetts 01908

(781) 581-8888 / FAX (781) 581-8800

ADVANCED.BUILDING.CONCEPTS@COMCAST.NET



## Nahant Vanity Plate Only \$20

**Makes a great gift!**

*Nahant Harbor Review Edition*

**Embossed aluminum for long life.**

**A lasting memento of our beloved Nahant. Use on car, or mount  
in a license plate frame and hang on your wall.**

**Only at Richland Convenience Store, Nahant Road**



## EQUITABLE BANK

Today's **Lending** with Personalized Service.



## Save Energy & Money!

*by making smart investments in the  
efficiency of your home.*

- ✧ Weatherization improvements
- ✧ High efficiency heating systems
- ✧ High efficiency domestic hot water systems
- ✧ Solar hot water systems
- ✧ ENERGY STAR® qualified replacement windows

**We offer The Mass Save®  
HEAT Loan Program!**

## 0% APR Financing

For more information please call or visit our website.

**www.equitablebank.com**

**781-599-5600**

Member FDIC  
Member SIF

400 Broadway, Lynn & 28 Nahant Rd., Nahant





Give the gift of comfort and warmth with  
**Nahant Therapeutic Massage**  
**Gift Certificates**

Treat your friends, family & colleagues.  
Available in any denomination.  
617-240-4252 / [www.nahantmassage.com](http://www.nahantmassage.com)

## For Better Health



**DON'T WAIT! JOIN NOW!**  
**GET A JUMP ON YOUR**  
**RESOLUTION.**

**CHILDREN** (Boys/Girls 3 yrs-Teens): Creative,  
Ballet, Tap, Jazz/Hip Hop, Modern, Gymnastics

**ADULT:** Modern, Tap, Ballet, Stretch & Tone,  
ZUMBA, Couples Ballroom

781-599-1476 • [sallee@dancedimensions.org](mailto:sallee@dancedimensions.org)  
[www.dancedimensions.org](http://www.dancedimensions.org)



Wedding Prep • Private Lessons & Personal Training

## CENTER OF THOUGHT

*Professional Hypnotherapy • Nahant, MA*

• **Stop Smoking • Lose Weight • and much more •**



Juliette Guidara

Call for a Free Consultation:

**781-593-4222**

[www.CenterOfThought.com](http://www.CenterOfThought.com)

[Juliette@CenterOfThought.com](mailto:Juliette@CenterOfThought.com)

Certified Clinical Hypnotherapist  
Certified, Removing Imprints  
Complementary Medical Hypnotism

## Nahant Therapeutic Massage

41 Valley Road • The Nahant Community Center

*relax, breathe, feel better*

Combining state of the art Deep Tissue, Swedish and other popular  
massage techniques to create a treatment for your unique needs.

**SUSAN CADIGAN • LMT • CNMT/MM • NCTMB**

Licensed and Nationally Certified in Therapeutic Massage & Bodywork

617.240.4252 / [www.nahantmassage.com](http://www.nahantmassage.com)

## MOVE FORWARD WITH NORTH SHORE PHYSICAL THERAPY

Are you getting quality physical therapy?

Seeing the same therapist?

Receiving hands-on treatment?

Therapist treating just you  
(not several others at one time)?

**EXPERIENCE THE DIFFERENCE**

**North Shore Physical Therapy**

**CALL NOW!**

**Marblehead**

781-631-8250

**Salem**

978-910-0486

[www.northshorept.com](http://www.northshorept.com)

North  
Shore  
Physical  
Therapy

## Keep the Joy...

By Sallee Slagle, Director, Dance Dimensions

Wow the holidays are here again already! Wasn't it just summer? For many of us the holidays are a hectic time with additional commitments and we feel the stress and anxiety that goes along with it. Want to enjoy them more? Take the time now to review what you feel is important for you during the holidays. Include your favorite events and traditions. Look over all the things to be done too. Which ones are most stressful? See if there is a less stressful way to handle it or could you eliminate or delegate it? Don't forget most importantly the philosophy you believe makes the holidays so special. For me it's a spiritual time, a joyful time, a giving time and a family time.

Remember stress is all a matter of how you view something. It is a response to something. If we keep in mind our philosophy as above it may bring an activity more into focus as to the true reason behind it and make the task at hand more enjoyable. View extra commitments as a challenge and only take on the ones that help you fulfill your philosophy. Be willing to say no and pace out your plans starting now.

Besides extra activities we have the added challenge nutritionally during the holidays. Many of us may over indulge especially as a release for our stress. This actually adds to our physical and mental stress. Managing what you eat over this time can help keep your moods more festive, your stress levels more manageable as well as help your immune system stay high and avoid the flu. Here are some tips.

There is always a lot of sweets around and I say enjoy your favorite treats but be sure to eat all the food groups. Too often we may fill up on a sweet treat and then skip a meal to make up for it. This only adds to the sweet cravings, sugar highs and lows we experience. Be sure to get all your 5 servings of fruits and vegetables especially fresh and raw where the vitamins, minerals and other nutrients are most available. Cooking destroys many of these essential factors so snack on a piece of fruit, head for the veggies and dip and make a meal of a salad. Also eat smaller amounts of food and more often. This can help to keep your blood sugar levels even and help keep you from desperately craving that sugar lift. Small amounts of sweets are fine and are a special part of holidays. Enjoy. Don't feel guilty. If you over indulge one day just eat better more nutrient rich foods the next day and relax.

Also alcohol is often part of our holiday cheer. Remember alcohol turns to sugar in our bodies so with sweets it's a double jolt. Try drinking a glass of water also whenever you drink alcohol. Have a large glass of water before each meal. Sugar and alcohol dehydrate you, so drink extra water. Water can also satisfy other cravings too. Thirst can be misread as hunger so have a glass of water and then see if you still feel hunger. High fat sweets trigger endorphins that make us feel good. This same chemical is released when exercising.

So don't let the sweets replace your exercise routine. The routine may go out the window but keep in some exercise each day. Try to make it a separate activity but if you can't, park farther away from the shops, walk briskly and take the stairs to help keep exercise part of everyday.

Most of all don't forget YOU! Take time for yourself so you can be fresh and vibrant. Try a massage or even a simple manicure or haircut should be a relaxing time. Acknowledge yourself for all you are doing and be gracious to others who may also be experiencing the stress. Take time to bring joy to your family and remember others. It takes only a moment to bring a smile to a stranger. Show your best side, be a good example and involve the kids. I remember the bumper sticker "Practice random acts of kindness" doesn't that fit your holiday philosophy?

If you're feeling so stressed you don't know which way to run first, take a moment, even though you think you can't spare one, take a moment and BREATHE. Review mentally your holiday philosophy, decide what's next and take on the challenge NOT the stress of it all. Here's hoping you all enjoy this wonderful season with renewed spirit.

Happy Holidays!

## Snow Shoveling for Seniors

Turner Christie, from Nahant, a nice young man and a member of the Nahant Harbor Review Delivery Crew, has volunteered to shovel snow for Nahant seniors, this winter.

Please give him a call at 781-593-4728, 781-244-9608, before the snow flies, to introduce yourself and your location.

**The Nahant Harbor Review is the only newspaper  
dedicated to building the spirit of community in the  
Town of Nahant, MA, USA. Thank you.**

## Listening and Seeing with the Mind

By Susan Cadigan, LMT, CNMT/MM, NCTMB, Nahant Therapeutic Massage

Recently I received an email from a friend of mine that displayed a photo of a flyer on a store door, and enclosed the store's name and address. The email was attached to a number of emails that had forwarded it and encouraged everyone to contact the store, spread the word and boycott the business! The uproar was seemingly about a certain Middle Eastern religion celebrating a holy day that was named after a man whose name happened to be the same as one of the terrorists responsible for the 9/11 ordeal. The email expressed disbelief, insult and anger that a store is closed for the day to celebrate the terrorists that committed some of the dastardly acts that harmed so many. Many reacted immediately. The assumptions encouraged actions that were destructive. Boycott! Hate! Destroy! Tell all your friends! Let's bring them down! But wait a minute. Step back. There must be more to this. It is too blatant, too obvious. Looking closer, I noticed the flyer was a few years old, and there were initials behind the name of the presumed terrorist. I looked up the name and initials and found this to be a good holy man. He preached the opposite behavior of terrorism and encouraged followers to be good people. This reaction can be placed in our everyday lives. A simple reaction that leads to the land grudges and of "I don't like them, because and don't you like them too, because..." A child comes home all upset that the man down the street yelled at him. The parent reacts fast. How dare he! And he stomps over to the neighbor that "yelled" at his kid to give him a piece of his mind, screams at the neighbor, then shares the "facts" with friends and family creating a chain of dislike for the unassuming neighbor. Listening and seeing with the mind would allow one to figure out or translate the real events. Wait a minute. It is after 9pm. Wait a second. What did he say? He asked us to please stop ringing his door bell every night; his wife is sick and needs rest. How did he say it? What kind of voice did he use? Regular, he just talked. Why were you in his yard? Yes. Who were you with? A bunch of kids. Hmm, there is more to the story. Instead of reacting, think and question and observe. Step back to see more clearly. It is then the truth is revealed. If one takes a moment to decipher the events you may find another story. When we assume and react without thinking the situation out it is like throwing gasoline on a fire, the fire can travel up the stream and result is you being burned as well. Lashing out would only be in the same mode of behavior as those who dislike and want to destroy America/Americans. How you think is an important part of thinking. Listen and see with more than your ears and eyes. It will help us to stand out as better people.

I bring this approach to the massage and bodywork I practice. This allows me to focus and give 100% of my energy, mind and ability to help the situation at hand. Thank you very much for entrusting me with your selves and loved ones. I am humbled and honored by your visits. A special thank you to Donna Hanlon who has connected us and helped put you in my hands by way of the Nahant Harbor Review. Please support Donna and the new Nahant Harbor E-view when she goes from paper copy to online. I will be updating my website to include the schedules to the basic Tai Chi gatherings, Acupuncture, CPR/AED and more. Please visit my website [www.nahantmassage.com](http://www.nahantmassage.com) and the Harbor E-View for updates and specials. I wish you and yours a warm, happy and thoughtful holiday and New Year.

Susan Cadigan is the owner and therapist of Nahant Therapeutic Massage. She is licensed and nationally certified in massage and bodywork. Ms. Cadigan holds an advanced massage therapy diploma and specialty certifications in advanced deep tissue techniques, Neuromuscular Therapy and Myofascial Mobilization. She also is certified in massage for cancer and oncology. She is presently working on certification in scar tissue release. Nahant Therapeutic Massage is located at the Nahant Community Center, 41 Valley Road. For more information please visit [www.nahantmassage.com](http://www.nahantmassage.com). You can reach Susan on her cell: 617-240-4252 or leave a message on her office phone: 781-780-3733.

## Facts To Stay Fit

ADHD (attention deficit hyperactivity disorder), sometimes called ADD (attention deficit disorder), is linked with hyperactivity, impulsive behavior and attention problems, in both children and adults. It's estimated that up to 12 percent of school-aged children and 6 percent of adults have ADHD, making it harder for them to focus on tasks, manage their time, control their behavior, or even sit still.

There is no single test to diagnose ADD/ADHD. To reach a diagnosis, a doctor, or specialist, may do a physical exam to rule out any physical problems, as well as ask questions about behavior in certain situations.

Treatment is often a combination of medication and behavioral therapy. The goals of treatment are to help the person control impulsive behaviors, do better in school, or work and improve social relationships. Be well.

Submitted by Stephen Price <[Stephen.Price@3vermethod.com](mailto:Stephen.Price@3vermethod.com)>

## BUYERS DESIRES



### Buyer Clients Seeking to Buy a Nahant Home

#1 - Looking for 3+ bedroom home, either waterfront or unobstructed views, preferably with a 10,000+ square foot lot.

#2 - Looking for a Nahant property with at least 2 bedrooms, 1.5 baths under \$500,000

PLEASE CALL LISA SCOURTAS, your neighbor

**(617) 538-2400**

## David P. Hunt Attorney at Law

General Law • Social Security Disability Law

18 High Street • Nahant, MA 01908

Phone: (978) 852-1131 • Fax: (866) 238-8033

Email: [dhunt18@verizon.net](mailto:dhunt18@verizon.net)

## Andy Karl

Quality Painting & Home Repair  
Interior / Exterior

781-632-2846  
Nahant

## HATFIELD LAWN CARE & MAINTENANCE, INC.

Lawn care Services • Walkways • Walls  
Any and all of your landscaping needs!  
Call us today for a FREE estimate.

**781-389-8985**

Visit: [www.HatfieldLawnCare.com](http://www.HatfieldLawnCare.com)  
Based in Nahant over 15 years. Fully Insured.

Donald *Savino* and Sons

Masonry/Landscape Contractors

Walls • Patios • Walkways • Driveways • Drains • Plantings

Family owned & operated since 1947 • Licensed & Insured

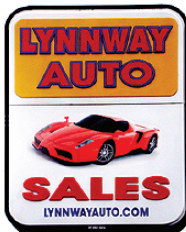
**781-581-0289**



**Affordable • Foreign & Domestic Cars**



**Nahant family owned and operated.  
We finance everyone.**



**LYNNWAY AUTO**  
**581-5160**

**295 Lynnway • Lynn, MA  
01901 www.lynnwayauto.com**



**Brian Davidson**  
**General Contractor**  
**781-844-9779**



**Over 20-years of providing customers with great  
service, outstanding quality and dependability,  
to complete the job right!**



**Carpentry, Gutters, Kitchens, Basement Sump Pumps, Baths,  
Garages, Decks, Additions, Farmer's Porches, 2nd Story Additions,  
Roofing, Siding, Attic Renovations, Basement Remodels**

**Licensed & Insured CSL: 057251**



**Captain Wolf's CD**  
is now available thru  
Donna Hanlon for  
only \$9.00.  
To order, call  
781-581-0648,  
or email  
donna@nahant.com

**FREE delivery in  
Nahant.**

## Yes for Nahant

by Polly Bradley

Here's a little song, "Yes for Nahant," which was debuted last summer by soprano Ute Gfrerer and the children of Nahant. Although originally written because of the controversy over school funding, the song is not political: it is simply a plea for working together and making education of our children a priority. Nahant is like a microcosm of the world, rich and poor, left and right, saints and nuts, continually lively and interesting. Now as new challenges arise, let's try to unify, seeking what's best for the Town, for each other, and especially for the children, our hostages to the future.

I've written a new book of poems and songs, *Seaward Skyward*, scheduled to be printed in early December, which includes music and words to "Yes for Nahant," "Song for Calantha," and a hymn "Still Small Song." Joseph W. Stoddard, Jr., former organist at the Nahant Village Church, wrote the music and I wrote the lyrics to the songs. Special thanks to Ute, who also first sang the hymn "Still Small Song" along with the Nahant Village Church choir with Joe Stoddard at the organ. "Song for Calantha" was first sung at Calantha Sears' birthday party by Amy Dow, with piano accompaniment by Victor DalPozzal.

We wish Joe Stoddard success in his new position as Director of Music Ministries at the United Church of Christ in Burlington. He is missed already in Nahant. I especially thank Joe for composing the music to my songs.

Jackie Diehl Singer, a talented graphic artist who lives in Nahant, created the cover design and illustrations for *Seaward Skyward*. Jackie maintains a studio in the Lydia Pinkham Studios in Lynn. I greatly appreciate the beauty Jackie has added to the book, making it a work of art as well as a work of words.

In addition to the songs with Nahant themes, many of the poems in *Seaward Skyward* are inspired by Nahant's beauty, or dedicated to Nahant citizens. One of my favorites is "Mother Lode," dedicated to Donna Hanlon. And this article gives me the opportunity to thank Donna for her many years editing the Nahant Harbor Review, which has contributed so much to this town. As the "hard copy" paper evolves into the online Nahant Harbor E-View, let's all continue to give Donna our support.

The new book, *Seaward Skyward*, will be available at the Harvard Book Store in Cambridge, [www.harvard.com](http://www.harvard.com). The book and songs are copyrighted, but Nahanters may use and sing the songs as long as it's not for profit. If you'd like a copy of both lyrics and music for "Yes for Nahant," please send an email to Polly Bradley, at [polly@post.harvard.edu](mailto:polly@post.harvard.edu).

## WHERE'S HOOMPA!



Lucky HOOMPA traveled to Barcelona, Spain, with the Baldwin Family in July 2011. Submitted by Deb Baldwin.

**[www.townofnahant.com](http://www.townofnahant.com)**

Now you can post all your picks, pans, guff,  
gripes and complaints on Nahant's only unedited  
and uncensored website.



## Northeastern University Marine Science Center Lecture Series 2011-12

Submitted by Carole McCauley <C.McCauley@neu.edu>

All lectures take place in the Murphy Bunker at the Marine Science Center. Light refreshments will be served half-an-hour before the start of the program. Most lectures last for 1-1.5 hours. The MSC is ADA-accessible. No reservations are required.

Tuesday, November 15, 2011 at 7:00 p.m. - Animals in Seagrass Beds. Dr. James Douglass, Post-Doctoral Researcher, MS Center, Northeastern University.

Tuesday, January 17, 2011 at 7:00 p.m. - Conservation Research in the Stellwagen Bank National Marine Sanctuary. Dr. David Wiley, Research Coord., Stellwagen Bank National Marine Sanctuary.

Tuesday, February 7, 2011 at 7:00 p.m. - Geologic History and Evolution of Boston Harbor. Dr. Peter Rosen, Association Professor, Department of Earth and Environmental Science, Northeastern University.

Tuesday, March 13, 2011 at 7:00 p.m. - Three Seas Program: The Next Generation of Marine Biologists. Dr. Sal Genovese, Program Director, MSC, Northeastern Univ.

ANNUAL RISER LECTURE - Friday, April 27, 2012 at 4:00 p.m., Dr. Nancy Knowlton, Sant Chair for Marine Biology, Smithsonian Institution, National Museum of Natural History

To be added to our mailing list for future events, please email c.mccauley@neu.edu.

## WHERE'S HOOMPA!



HOOMPA Drives to the top of Mt. Washington. At the end of August, HOOMPA drove to the top of Mt. Washington with Scott, Jen and Rachel McCarthy, and their friend, Courtney Quinn.

## Letter of Thanks from Anchorage Tenant

I want to thank all of those who have been supportive of us from the Anchorage. It was a great help to receive the donated funds and heart-warming to see how many people cared and have helped.

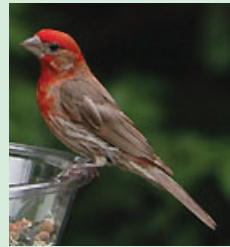
The people of Nahant have really been special and the outpouring of assistance and the support from total strangers has been amazing. The fire was horrible in all aspects and not a day goes by that I do not think about it and the actions of all those who lent a hand.

I am slowing trying to rebuild my belongings and get comfortable again, after such a short time living there. It has been slow, but is coming along and the generosity shown to me has contributed greatly

I am very appreciative of all those involved and cannot fully express my gratitude.

Thank you! Daniel LeMoine

## The Ubiquitous House Finch Those Year Round Little Red-Heads.



Messy Birdfeeder? Visit us for seed out of the hull, such as Wild Birds Unlimited No-Mess Blend. Hulled foods leave much less mess and debris below feeders and are well-suited for use around patios and decks.

Read more about the little red-headed House Finch at: [http://www.wbu.com/botm/botm\\_1111.html](http://www.wbu.com/botm/botm_1111.html)

## Wild Birds Unlimited

301 Newbury St., Rte 1 N • Come see our new store!  
Danvers, MA • (978) 774-9819 • [www.wbu.com](http://www.wbu.com)  
Open 7 Days: Mon-Sat: 10-6 • Sun: Noon-4



## Hatch Hearing Aid Center

Gary S. Moody, B.S./BC-HIS  
Certified Hearing Instrument Specialist

### EarQ Hearing Solutions

EarQ devices feature the latest in digital hearing technology.

- Enhanced Speech--Enjoy clear hearing
- Wireless Technology--No plugs or cords
- Rechargeable Devices--Eco-friendly
- Invisible Solutions--Discreet, easy to use
- Feedback Cancellation--Clear sound
- Water Resistant--Protection from water, humidity and perspiration

Ear Q Warranty Covers Repairs for 4-years

152 Lynnway, Ste 1A, Seaport Landing • Lynn  
(781) 599-1902 • 1 (888) 432-7483  
[www.HatchHearing.com](http://www.HatchHearing.com)

## Home Improvement



Special...Electric service  
upgrade 10% off

Edward  
Poulin

**POULIN ELECTRIC CO. INC.**

Stand-by Generator Installation • Electrical Construction  
Residential • Industrial • Commercial • Marine  
Voice — Cable TV — Computer

Master Electricians  
License # A11221  
www.poulinelectriccoinc.com

Irving Way, Nahant, MA  
Tel/Fax 781-581-1186

**J.P. CONSTRUCTION CO.**  
*Serving The North Shore Since 1980*

**GENERAL CONTRACTOR**  
*Quality Building & Remodeling*  
Kitchens • Baths • Additions  
• Decks • Roofing

LYNN  
NAHANT

**781-581-7077**  
**www.jpconco.com**

LICENSED  
& INSURED

MA CONSTRUCTION SUPERVISOR LIC. #049833 • MA HOME IMPROVE. CONTR. REG. #107527

## HANDYMAN

*"No Job Too Small"*

Steve Lerman



Nahant, MA  
781-592-3223

## MICHAEL RUSSO, JR.

PLUMBING & HEATING CO., INC.

COMMERCIAL/RESIDENTIAL, FIRE SPRINKLER WORK

*"Serving the Nahant community."*

www.michaelrussoplumbing.com

TELEPHONE (781) 595-2732 • FAX (781) 596-2330

MICHAEL RUSSO, JR.  
PRESIDENT

MASTER PLUMBER LIC. #8027  
MASTER PIPE FITTER #24479  
SPRINKLER CONT. LIC. #4462



CONSTRUCTION & REMODELING, INC.

IMPROVING  
people's life

781-521-9404 781-521-9327  
www.nova-cr.com

fully licenced and insured

## The Nahant Dory Club News

On October 27th, the Dory Club held its annual meeting to present awards and elect officers and council members, for the next season. Commodore Dan McMackin opened the annual meeting by reviewing the 2011 racing season, noting especially the young members who had placed well at various regattas around the Northeast.

In recognition of their success in 2011, the young sailors were presented with Dory Club burgees embroidered with "NDC Opti Racing 2011."

(Pictured from left to right in picture one are, Max Carbone, Nick Kersten, Lydia Antrim, Ryan

Frauenholz, Lauren Kersten, Julia Carbone, Molly Frauenholz, and Olivia Fulghum.)

In addition to recognizing all the young Dory Club sailors, Commodore McMackin presented Nick Kersten with a model of the Optimist, bearing his sail number, as the Dory Club's young sailor of the year. Nick has been chosen to compete for a place on the 2012 U.S. National Team. All of the Club members wish Nick good luck in his quest to make the team.

Commodore McMackin then introduced Philip Kersten as the 2011 undefeated Laser skipper. Phil Russell was second and NSP instructor Marco Bauder, third.

McMackin next introduced the 2011 Town Class Champion Nick Strange. In addition to winning the overall Championship, he also won the Fourth of July Race Wilson Tibbo Cup and the Labor Day Race Clarence Tibbo Cup. Those special races are held to honor late, long-time Dory Club members and sailors, Wilson and Clarence Tibbo.

Bob Cusack announced the winners of the 2011 PHRF races. Jody Graul won the vast majority, taking first in the Frost Bite, Chowder Race Class A, Summer Series, Centennial Cup and By George Race. The Chowder Race Class B was won by Peter Foukal. The Class A Egg Rock Race was won by Chuck Reynolds. The Class B Egg Rock was won by Mark Carbone. The Sadie Hawkins race was won by Mary Jane Cusack.

The annual reports by the Commodore and Treasurer were read and accepted by the membership. In closing his report, Commodore McMackin thanked the officers and members of the 2011 Council for their service, especially Patty Gregory, Ed Pettipas, Bill Brown and Larry Connolly, who were stepping down at the end of the year.

Finally, the election of 2012 officers and council members was held. Elected as council members were Ed Manzano, Charles Schepens, John Fulghum and the 2012 Social Committee Chair. Officers for 2012 are Treasurer, John Miranda, Secretary, Mark Patek, Rear Commodore, Nick Strange, Vice Commodore, Rob Scanlan and Commodore, Bob Cusack. McMackin will continue on the Council, as he is the Immediate Past Commodore.

Over the winter, various committees will meet once, or twice, to plan for the 2012 racing and social events. Of special interest is the King of Clubs Regatta, which the Dory Club will host, as it was the winner in 2011. Out of the six regattas, the Dory Club has won four.

The Club would like to thank Donna Hanlon for her untiring efforts in publishing the Nahant Harbor Review. Donna: Bravo Zulu-well done.



The Nahant Dory Club, both young and old, would like to thank Donna Hanlon and her dedicated staff for their years of service to the Town.

The Nahant Harbor Review has been a great source of information to the town's people. Best wishes for the on-line edition, the Nahant Harbor E-View.

Your friends at the Dory Club.





## From My Perspective . . .

By Michael P. Manning, Selectman

Once upon a time there was an enterprising, parent-fostered, pre-kindergarten, day-care organization that thrived in a corner of the Johnson School called Periwinkle Preschool Inc. The organization was born from the aspirations of parents and enabled by the thoughtful discussions and affirmative Town vote of an entire community. The parents aspired for a nurturing day-care environment where their children could learn, stimulate each others' imagination and interact in a dynamic, supervised social setting. The parents were willing, not only to chip in the money to cover compensation for staff, supplies and scholarships for needy students, but also looking forward to being active, participating volunteers in the operation and to schedule their personal time commitments and were looking for appropriate space to get started. They incorporated a non-profit collaborative to move forward. The Town had extra space in a wing of the Johnson School that contained two classrooms that were designed for middle, or high school shop operations, but unused and in disrepair. The Town, after wide-ranging discussion at Town Meeting, about all aspects of having such an organization under the roof of its elementary school, voted a sum of money to rehab the raw space to allow such an enterprise to move in. The School Committee was left to make a satisfactory arrangement to provide the space to the parent-run and directed enterprise. The non-profit further improved the raw classroom space at their own expense. The operation flourished for many years, educating a total of 50 full and part-time pre-K students a year, as an independent, self-sustaining organization. They also provided \$20,000 in revenue to the school, in lieu of rent, for providing heat, lights and space. Many of us are grateful parents and grandparents and citizen sponsors and our children are alumni of this community inspired enterprise.



The renovation of the Johnson School saw many improvements to enable the building to serve into the future. While there was a reduction in the total floor space in the school, as was appropriate for the current and future enrollment, the renovation committee had wisely included space sufficient to maintain the preschool operation. There were numerous changes in the management personnel of the school during the same period in the School Committee, as well as the Superintendent and the Principal. At one point the school administration decided to change the status quo and to take over the entire preschool operation. The parents were thanked for their prior involvement, teachers and staff were hired, and the renovated Johnson School moved on without much notice. There was no discussion at Town Meeting; there was no budget discussion about how this transition would be funded.

At the last Town Meeting, as we discussed the need for an override to fund school operations, a former director of Periwinkle Preschool Inc. asked the Superintendent if the current preschool operation was still providing a net benefit to the school operation of \$20,000, or more. The Superintendent had not experienced the prior operation and only offered that the "present payments from the parents covered the costs of the staff." A rather simple programmatic look at the transitions would indicate that the Town should feel diminished for several reasons:

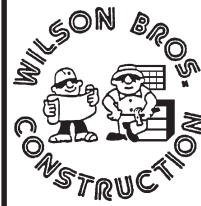
No one is paying the Schools \$20,000 for the privilege of inspiring our pre-K students. A volunteer organization of interested parents has been lost.

Overall costs have risen as parent volunteerism decreased and charitable donations and sweat equity have been lost.

Is the current status quo the best operating organization for our overall educational enterprise? Will this be a result of a community discussion?

Copyright © Michael P. Manning 2011. Reproduction permission granted to Harbor Review only as of 17 Dec 2011.

## Home Improvement



**WILSON BROS. CONSTRUCTION**  
can improve your present home or  
build your dream house with  
quality work at a fair price.

**Your Fine Home Deserves the Best!**

**581-1359**

Fully Licensed and Insured • Mass. H.I.C. #104593

INSURANCE REPLACEMENTS • MIRRORS • TABLE TOPS  
GLASS FOR EVERY PURPOSE • SCREEN REPLACEMENT  
INSULATED UNITS & REPLACEMENT WINDOWS  
GLASS FOR SHOWER AND TUB ENCLOSURES

## McCarthy Glass Co., Inc.

AUTO GLASS • STORE FRONT CONSTRUCTION  
PLEXIGLASS™ and LEXAN™

752 WESTERN AVE.  
W. LYNN, MA 01905

(781) 598-5610  
FAX (781) 598-6080

**OVER 50 YEARS IN BUSINESS**

HIC#152808 • CSL#086453 • EPA Certified RRP Lead-Safe Remodeling



Kitchens & Baths  
Decorating  
Remodeling  
Dormers • Decks  
Additions

**"ONE CALL DOES IT ALL"**

FAX (781) 598-9215 • CELL (781) 888-1111  
stephen@galaxycontractors.com • www.galaxycontractors.com

*Happy Holidays!*

Roofs • Siding  
Kitchens • Baths

Fully Licensed  
and Insured

**M.S. CONSTRUCTION**

*Quality Building & Remodeling  
Residential & Commercial*

MARIO SPINUCCI  
(781) 581-6266 Off.

12 Sunset Road  
Nahant, MA 01908  
www.msconstructiongc.com

## SNOWBLOWER TUNE-UPS

### BE READY WHEN THE SNOW FLIES

Includes new spark plug, oil change, lube all gears, fittings, etc.,  
check belts, tires, friction wheel and make minor adjustments.

Additional parts (if needed) extra.

**\$125.00 Free pick up and delivery.**

**Call Paul in Nahant • 781-581-1229**

## Bruce Tarney Landscaping

Lawn Maintenance • Masonry Repairs  
Stone Walls • Paver Walkways

**Best Rates in Town!**

*Over 18-years in Nahant.*

**781-596-1347**

## **The New Nahant Harbor E-View Goes Online December 31st**

The time has come to make a decision I've been avoiding for many months. There is no nice way to put it. The Nahant Harbor Review will cease printing this community newspaper, as of this issue. Unfortunately, the "recession" has claimed another victim. There are not enough subscribers and advertisers, committed for the new year, to carry the costs of publishing. The Harbor Review is funded solely by subscriptions and advertisement sales and my time and labor.

**BUT, GOOD NEWS!**

The Nahant Harbor E-View is being born ONLINE on New Year's Eve at [www.nahant.com](http://www.nahant.com). There will be many wonderful features including more of your photos, more articles, local and regional news, a community calendar which will be updated every day. Also, business links and connections will make it easy for Nahanters to order products and services without leaving their home or picking up the telephone. And, the web site will grow every day! Check out [www.nahant.com](http://www.nahant.com) on New Year's Day...it will soon become Nahant's Online Mall for socializing, shopping and more.

If you would like to see the New Nahant Harbor E-View appear automatically in your email each month, or weekly, send your email addy to [donna@nahant.com](mailto:donna@nahant.com). I will put you on a blitz list so you won't miss any news or updates.

Hopefully, many of the paper's advertisers will join in this new endeavor by signing up to have a business link at the Nahant Harbor E-View. Just send an email to [donna@nahant.com](mailto:donna@nahant.com) today, for options and more information, or wait for me to call or email you with the details.

I sincerely want to thank the paper's most loyal advertisers: Joe Moccia, ABC Building Concepts and Anchorage Apartments, Steve Kasper, Galaxy Painters, Juliette Guidara, Center of Thought, Sallee Slagle, Dance Dimensions, Equitable Bank, Maura Costin, Jesmond Nursing, JP Construction, Leland Hussey, McCarthy Glass, Michael Russo Plumbing, MS Construction, Susan Cadigan, Nahant Therapeutic Massage, North Shore Physical Therapy, Ed Poulin Electric, Quinn of Lynn, Ride Right Transportation, Seaport Dental, Steve Lerman, Nahant Handyman, Henry Bruce, Wild Birds Unlimited and Greg Wilson, Wilson Brothers. For many years, these people continually advertised every month. Thank you very much. You were the core, few in number, yet you got the job done.

Thanks, also, to the month to month advertisers, who supplemented the core: Daras Framing, Eriz Z Disposal, Joe Mack, Judi Moccia, Lisa Scourtas, Lynn Lumber, Lynnway Auto, Nahant Associates, Nahant Fish & Lobster, NOVA Construction, Oceanview B&B, Caroline Gardiner-O'Connor, Audrey Linsky, Savino Construction, Atty. Stephen Smith, Bruce Tarney Landscaping, Atty. David Hunt, Hatch Hearing, Adam Hatfield Lawncare and Brian Davidson, who through these seriously tough times for the hard-working middle class, continued to advertise. Thank you, all!

I sincerely want to thank those who sent in a subscription and those who sent in much more. It is to them that we all owe a big THANK YOU! (Continued on page 14.)

### **Late Fall in a New England Harbor**

**By Rob Scanlan**

At the old wharves and docks, there are  
no great landings to speak of. Old draggers and  
lobster boats and barges list and blister shackled  
to the docks, outmoded, gaudy and appear indestructible  
as the sea pulses under a skin of fish oil.

A harbor seagull holds his pose on a tired old dock piling.  
riding the tide of the wind, steady and formal  
with all the harbor activities anchored in the  
round of his wide yellow eye button.

A few well seasoned local fishermen, all prospects  
of an old antique painting, unloading a days  
catch on a tired old pier with strained pilings, a  
pier to tired of the mighty harbor's pace.

And with them the weather beaten old edifice of  
warehouses, derricks, lobsterboats and draggers.  
In the harbor distance and still all around my truck  
the tide slips, whispers and gossips in its loose  
vernacular, carrying the smell of baitfish and fuel.

Farther out into the harbor, waves will soon be  
tasting ice cakes and soon to come the cold bitter  
months, to cold for lovers and park-napping elders  
who would want to see the sun come up but  
instead, are met by ice-ribbed hulls and rigging.

The lobsterboats and draggers soon to be  
winter-bearded and blown looking like an  
albatross of frost, all relics of tough weather with  
every winch and shroud to be encased in a glassy shroud.

The sun will diminish it soon and each wave tip will again  
glitter like a knife in the spring tide. But now I prepare my  
winter gear and equipment ready for another winters' work  
inspecting these vessels that set out and harvest the sea.

### **The Mansions at Newport**

**By Rozi Theohari**

Lucky Newport! Three poems for you, never-silent town,  
Were dedicated by Longfellow.

Merry Christmas!—Newport of Rhode Island  
Queen of America by "The Gilded Age" of your land,  
Step by step along the spectacular Newport Bay  
The very best living accommodations, "summer cottages"  
That money could buy...  
You are born for a Christmas Festival—Newport  
Inviting the ice sculptors from the Maine snow  
And people dining in elegance aboard a luxury rail car  
Celebrating evening Christmas at the Mansions—everyone  
Visiting the summering place for America's wealthiest  
Of the "Golden Age"... A dramatic powerful impression!  
History you can touch: Italian marble castles, richly colored and decorated  
Louis XIV and Renaissance style, early American colonial architecture,  
the gilded bronze chairs and chandeliers, the mahogany cabinets, the carpets,  
The image of butlers, parlor maids, footmen, gardeners...  
But...owners? What about rococo-dressed rich men and women?  
Oh, they were not all happy!  
While visiting the marble mansions  
You as a tourist can listen through earphones  
To the secrets of the family generations:  
"The lady of the house, who did dress her monkey  
In a Tuxedo...Insisted and pressed her daughter  
To marry with a Duke against her will..."

So, my dears  
Their money couldn't buy everything!

**The Nahant Harbor Review is the only newspaper  
dedicated to building the spirit of community in  
the Town of Nahant, MA, USA. Thank you.**



Puzzle Solution: A Real Turkey Dinner

By Rick Kennedy

November’s puzzle winner was Noel and Mary Lou McGinn of Summer St. Court. Congratulations! You have won a free “breakfast for two” at Seaside Breakfast. You, too, can win a breakfast for two. To be eligible to enter the drawing to win breakfast for two, just complete the crossword puzzle, bring it to Captain Seaside’s Restaurant, on Nahant Road, then put it in the PUZZLE BOX on the counter. One winner is selected each month. See Chris, before 11:00 a.m., for more details.

Due to space constraints and a technical glitch in the .pdf file, the December puzzle has been posted online at [www.nahant.com](http://www.nahant.com).



About the Nahant Harbor Review

Since March 1994, the Nahant Harbor Review, a monthly publication, has been dedicated to strengthening the spirit of community by serving the interests of civic, religious and business organizations of Nahant, Massachusetts, USA. The **Nahant Harbor Review**, is published monthly and distributed to over 2,300 homes and businesses in Nahant and beyond, by Seaside Business Services, PO Box 88, Nahant, MA 01908, (781) 592-4148.

Nahant resident, Donna Lee Hanlon, is owner, Editor and Publisher. The Editor reserves sole discretion for inclusion of ads, articles, letters and other submissions.

All articles are voluntarily submitted to the Nahant Harbor Review without compensation. Articles and / or letters, submitted anonymously, or unsigned, or lacking author contact information, will not be published. Exception: although not a regular practice, a writer’s identity may be withheld, by request, at the sole discretion of the editor.

Articles, Notices, Letters and Calendar Items may be submitted by: **email**, [donna@nahant.com](mailto:donna@nahant.com), or **mail**, Donna Lee Hanlon, Editor, Nahant Harbor Review, PO Box 88, Nahant, MA 01908, or to the **Nahant Harbor Review Drop Box on the Teller’s Counter**, at the **Equitable Cooperative Bank on Nahant Road**. For ad rates, discount programs and deadlines, call 781-592-4148.

The views and opinions expressed in this publication do not necessarily reflect those of the management and staff of the Nahant Harbor Review, or Seaside Business Services.

**The Nahant Harbor Review is the only newspaper dedicated to building the spirit of community in the Town of Nahant, MA, USA. Please support our efforts by subscribing, or advertising. Thank you.**



Nahant Harbor Review

PO Box 88 • Nahant, MA 01908 USA  
[donna@nahant.com](mailto:donna@nahant.com) • [www.nahant.com](http://www.nahant.com)

DEADLINE INFORMATION  
JANUARY 2012

All Community Calendar items, personal ads, classifieds, business ads, articles and short stories.  
**TUESDAY, December 15th • 5:00 p.m.**  
ONLINE December 31, 2011

Staff, Volunteers & Contributors

Owner/Editor/Sales & Publisher: Donna Lee Hanlon 781-592-4148  
Sales Manager: Clinton Norton 781-592-4148  
A/R Manager: Barbara Thistle 781-592-4148  
The Puzzle Guy: Rick Kennedy 781-592-8616  
Delivery/Dist.: Donna Lee Hanlon 781-592-4148

Harbor Review Delivery Crew

**Tyler Peterson** 781-596-0505  
Route 1 & 2: 1/2 Little Nahant & North Big Nahant  
**Matt Ryan** 781-595-0957  
Route 1 & 3: 1/2 Little Nahant & Nahant Road  
**Elijah Clark** 781-581-0027  
Route 4: SW Big Nahant & Willow Road  
**Danny Marini** 781-593-0964  
Route 5: Castle, Flash, Fox Hill, Range, Relay Yd, etc.  
**Turner Christie** 781-593-4728  
Route 6: Bass Point Rectangle  
**Shea Nugent** 781-595-5644  
Route 7: SE Big Nahant  
**Donna & Ron Hanlon** 781-581-0648  
Route 8: Bass Point Apts

Harbor Review Distribution

Papers for Home Delivery): 1,724  
Papers OOT Subscribers & Advertisers: 212  
Papers to Nahant stores & public places: 364\*  
**Total Papers Distributed: 2,300\***  
\*Every month, there are a few hundred more newspapers (printer’s over-run), which are distributed to stores and public places in Lynn and Swampscott.

Harbor Review Subscription Information

Help support Nahant’s ONLY independent, community newspaper. Become a **Home Delivery Subscriber** to have the news delivered right to your door!  
Send \$20 for home delivery, or \$30 for an Out-of-Town Subscription, with delivery address, to:  
Nahant Harbor Review, PO Box 88, Nahant, MA 01908.  
Thank you for your support!

Got something to share...

with your neighbors and friends?  
Jot it down, put it in an envelope and drop it in the Nahant Harbor Review Drop Box at the Equitable Cooperative Bank. Located on the Teller’s Counter, save the stamp. Pickup is daily. Submitted photos and other items will be returned, if accompanied with a Self-Addressed, Stamped-Envelope.

# Council on Aging • December 2011

## COA CHATTER

DECEMBER all ready! This month, I want to share with you, some information about safety, health and well-being, and of course, what the COA has planned for this Christmas season.

When it comes to safety for seniors, the Essex County TRIAD is where we turn. Nahant will enter into a partnership with the Essex County Sheriff's office, the Essex County DA's office, police and fire and, most importantly, the seniors of Nahant. The TRIAD brings seniors and law enforcement work together to "empower, educate and improve the safety, security and peace of mind, of the senior population."

The Nahant TRIAD held an organizational meeting in October. The committee was formed and officers were elected. The following are our volunteer representatives from the town, Linda Lehman, Chairperson, Susan Bonner, Vice-Chairperson, Diane Desmond, secretary, and members-at-large, Gertrud Joyce, Jeannette White, Edwin Peterson III, Mary Ann Putnam, Robert Branga and Linda Peterson.

The first event sponsored by the Nahant TRIAD will be held on Tuesday, December 6th, at 1:00 p.m., in the Tiffany Room at the Senior Center. This event is important since all the necessary parties will be here for the signing of the Nahant TRIAD's by-laws. In attendance, will be representatives from the Sheriff's department, DA's office, Police Chief, Robert Dwyer, Fire Chief, Ed Hyde and the TRIAD committee. Please join this event to get a better understanding of what TRIAD can do for you. This program is truly committed to helping seniors understand safety threats in the 21st century.

Our Tai Chi program has gotten off to a great start. Many regulars are already reaping the benefits of this martial art. Open to all abilities. No prior experience necessary. Each week we re-experience the essential ingredients of Tai Chi and then incorporate that essence into a simple set of therapeutic movements.

Tai Chi Chuan, commonly called Tai Chi or Taiji, is an exercise that employs slow intentional movements, coordinated with breathing and imagery, to strengthen and relax the physical body and mind and improve health. It is especially effective for people facing physical challenges and has been shown in a number of medical studies to be beneficial and safe for a wide range of populations.

Evidenced-Based Benefits of Tai Chi Chuan include: Balance, Strength and Flexibility, Cardio-respiratory function, Immune Function, Emotional Well-being, Quality of Life and Self-Efficacy.

Our instructor, Regina Gibbons M.Ac., a Licensed Acupuncturist, has been studying and practicing Tai Chi and Chi Kung for over a decade. She continues to train under the guidance of Peter Wayne, Ph.D., a nationally-recognized Tai Chi researcher. She has served as a Tai Chi Instructor in Harvard Medical School-based, NIH-funded trials, evaluating Tai Chi for Chronic Heart Failure, for Osteopenia and for Elderly populations. Regina will be changing the day and time of her class starting on January 9, 2012. The new day is Monday, the new time is 12:30, same location.

Now to the fun stuff, this month is very busy for most of us. To help with your shopping, we have planned two Christmas shopping days, as well as our normal Wednesday shopping trip. We will be going to the Christmas Tree Shop on Thursday, the 8th and to the North Shore Shopping center on Monday, the 19th. Please call the center if you want to join us.

The Nahant Christmas Parade is on Saturday, the 17th and as always, there will be a Trolley for the seniors. I plan to have light refreshments and music on the Trolley this year. Please let me know if you want to be part of this fine community tradition.

The annual COA Christmas party will be held this year on Thursday, the 22nd, at the Knights of Columbus. Look for more information posted in the Tiffany Room and at the Community Center.

As always, look for these and other fun activities on the Nahant Calendar at [www.nahant.org](http://www.nahant.org) and on the cable TV station. Wishing everyone a wonderful holiday season this year!!

-- Linda Peterson, Executive Director

## NAHANT CoA - DECEMBER 2011

### TIFFANY ROOM ACTIVITIES

Lunch served every day at 11:30

(Monday 12-26, center closed for Christmas)

Tuesday	10:30 a.m.	Chair Exercise
Wednesday	12:30 p.m.	Shopping from Tiffany Room (call for pick-up)
Thursday	10:30 a.m.	Chair Exercise

### TIFFANY ROOM SPECIAL EVENTS

Friday, 2nd	10:00 a.m.	SHINE Appointments (last one for open enrollment)
Monday, 5th	12:00 p.m.	Blood Pressure & Glucose reading
Tuesday, 6th	1:00 p.m.	TRIAD by-law signing
Thursday, 8th	12:30 p.m.	Christmas Tree Shopping (call for pick-up)
Tuesday, 13th	9:30 a.m.	Manicurist (sign up required)
Saturday, 17th	5:30 p.m.	Nahant Christmas Parade
Monday, 19th	12:30 p.m.	North Shore Shopping Center (call for pick-up)
Thursday, 22nd	11:00 a.m.	Christmas Party, K of C
Tuesday, 27th	9:30 a.m.	Manicurist (sign up required)
Friday, 30th	12:00 p.m.	New Years Eve party

### COMMUNITY CENTER ACTIVITIES

Monday	9:00 a.m.	Yoga (\$5.00)
Monday	10:15 a.m.	Total Body Exercise
Tuesday	1:00 p.m.	Cribbage, cards, games
Tuesday	5:00 p.m.	Total Body Exercise
Wednesday9	:00 a.m.	Total Body Exercise
Thursday	5:00 p.m.	Total Body Exercise
Friday	10:30 a.m.	Tai Chi (\$5.00)
Friday	1:00 p.m.	Friday afternoon at the movies (12/2, 12/16 & 12/30)

Van transportation is available for CoA activities and trips, call 781 581-7557. Information and calendar are subject to change. Please call, check the cable TV station, the Nahant web site or email me for updates on other programs, trips and events at [peterson@nahant.org](mailto:peterson@nahant.org)

## Thank you from Nahant Harbor Review

(continued from page 13.) Otherwise, there would be no funds to print the November and December issues. So, from September through Thanksgiving, these people sent in subscriptions and donations in answer to my plea. When you see them, tell them "Thank You for the Harbor Review!" It is due to their subscriptions, from September through Thanksgiving, that there is a printed newspaper for the November and December issues: (September) Jim Walsh, Martha Keller, William Forster, Gertrud Joyce, Pauline White, Mary LeBlanc, Nahant Village Church, Patricia Flaherty, Luc J Schepens, Pam Motley, Judy Dumont, Muriel O'Neill, Barbara Sweeney, Helen Cort, Ralph & Alicia Canali, Pet Rogers, Corinna Kersten, Mai-Lis Hohmeister, Barbara Beatty, June Borys, Jean Botta, Arline O'Neill, Michael Murray, Jenny Lauck, James Dolan, Margaret Pelley, Arturo Saavedra, Ed "Ted" Roy, Lewis Moody, Jr., Vincent Steriti, (October) John Connor, William Docken, Norma Brooks, William Crawford, Anne Bromer, Ellen Steeves, Kalliope Koukounaris, Marion Lester, Janice Quinn, Ellen Foley, Christine Kendall, Margaret Tobin, Paul & Margaret Tobin, Charles H. Briggs, Joyce Loguercio, Judy Walsh, Catherine Carr, Malcolm Hill, Elizabeth Olson, Dianne Dunion, Ann McNulty, Barbara D'Amico, Shirley Hoffman, H. Hollis Hunnewell :-), Nahant Historical Society, Timothy & Marny Vonaschwege, Town of Nahant, (November) Rebecca Dalpe, John & Karen Falat, Nahant Country Club, Mary Cormier, Mike & Cindy Manning, Kathleen Burns, Lea Lewis, Teri Motley, Nahant Veterans Association, Amy Dow, Linda Pivacek, Norma Poole, Nahant Dory Club,



Community Calendar • December 2011

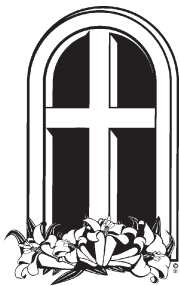
Stop & Shop A+ School Rewards Program runs October 7th thru March 29th.  
Christmas Trees on sale at the Lowlands Parking Lot till Dec. 11th, or sold out.

SAT	3	9:00A	The Miracle of Christmas Fair at the Nahant Village Church. Till 3:00 p.m.
SAT	3	7:00P	Gathering of Friends to Benefit ALS Research at Nahant Country Club.
SUN	4	9:00A	Choir Rehearsal Nahant Village Church
SUN	4	10:30A	Worship Service & Sunday School, Village Church
SUN	4	11:30A	Fellowship Hour after Service, Swansburg Hall, Village Church
SUN	4	2:00P	The Spirit of Christmas Past: Four Centuries of Christmas in New England, at the Community Center, Serenity Room, Nahant Historical Society
WED	7	10:30A	Nahant Library Children’s Reading Program, Reading Rm.
THU	8	2:30P	Christmas Tea, Knights of Columbus Hall, Toys for Tots collection. Garden Club.
SAT	10	10:00A	North Shore Scale Modelers Association Display at the Nahant Life-Saving Station. Till 2:00 p.m.
SAT	10	6:00p	Santa Parade Fundraiser at Tides. Till 9:00 p.m.
SUN	11	9:00A	Choir Rehearsal Nahant Village Church
SUN	11	10:30A	Worship Service & Sunday School, Village Church
SUN	11	11:30A	Fellowship Hour after Service, Village Church
SUN	11	2:00P	Retirement Party for Dan deStefano at Nahant Library. Till 5:00 p.m.
THU	15	3:00A	Nahant Library Children’s Reading Program, Reading Rm.
THU	15	4:00P	Deadline to apply for Senior Work-Off Abatement Program. See Sheila at the Nahant Assessors Office.
SAT	17	6:00P	SANTA PARADE BEGINS
SUN	18	9:00A	Choir Rehearsal Nahant Village Church
SUN	18	10:30A	Christmas Pageant & Carols Service, Village Church
SUN	18	11:30A	Fellowship Hour after Service, Swansburg Hall, Village Church
WED	21		FIRST DAY OF HANUKKAH
THU	22		FIRST DAY OF WINTER - PARKING BAN IN EFFECT
SAT	24		CHRISTMAS EVE
SAT	24	7:00P	Traditional Christmas Eve Candlelight Service at the Nahant Village Church. All Faiths are welcome!
SUN	25		MERRY CHRISTMAS
SUN	25	10:30A	Christmas Day Carols Service, Nahant Village Church
SUN	25	11:30A	Fellowship Hour after Service, Swansburg Hall, Village Church
MON	26		FIRST DAY OF KWANZAA
MON	26		BOXING DAY
SAT	31		NEW YEAR’S EVE
SAT	31		NEW NAHANT HARBOR E-VIEW GOES ONLINE
SAT	31	Midnight	New Year’s Eve Celebrations welcome in 2012 !!

JANUARY 2012

SUN	1		NEW YEAR’S DAY
SUN	1	10:30A	New Year’s Day Message of Hope Service, Village Church
SUN	1	11:30A	Fellowship Hour after Service, Swansburg Hall, Village Church
MON	9		Little League Registration begins online <a href="http://www.nahantll.org">www.nahantll.org</a> .

Nahant Village Church  
27 Cliff Street, Nahant



Worship Service  
& Sunday School  
at 10:30 a.m.  
Social Hour at 11:30 a.m.

All Faiths Welcome!

An Invitation

Are you new in Nahant? Seeking a new church home? Or, are you lonely? Bored? Want to give back to the community? Then the Nahant Village Church is the place for you! The members of the Nahant Village Church represents a Union of all Protestant church groups in Nahant. We invite you to share in our fellowship and worship, to make this your church home and to call upon us for service.

Please visit the Village Church’s web site at [www.nahantvillagechurch.org](http://www.nahantvillagechurch.org), or call 781-581-1202, for more information.

The Nahant Village is affiliated with the United Church of Christ, a progressive Protestant denomination with roots in the founding of our country.

Public Library Hours • 781-581-0306

Mon. thru Thurs. 10:00 a.m. to Noon.  
& 2:00 to 8:00 p.m.

Fridays: 10:00 a.m. to Noon & 2:00 to 5:00 p.m.  
Saturdays and Sundays: 2:00 to 5:00 p.m.

SCHOOL ORGANIZATIONS  
MEETING DATES

School Committee Meetings • 2nd and 4th Tuesdays  
• 7:00 p.m. • Town Hall

School Council Meetings • 3rd Tuesday  
• 6:30 p.m. • Johnson School.

PTO • first Tuesday • 6:00 p.m. • Johnson School

FREE Nahant Dory Club Decal  
for your Cars.  
Call Rob Scanlan, 781-595-6225.

The Nahant Historical Society is open to the public on Wednesdays, Thursdays and on the first Sunday of each month, from 1:00 to 4:00 p.m. (except holidays).

American Legion Post #215 and the Nahant Veterans Association meet on the first Tuesday of every month, at 7:00 p.m., at the Nahant Life-Saving Station.

## ELDER LAW SERVICES

Protecting the family home and assets.  
Wills, trusts, powers of attorney, and healthcare proxies.  
Nursing-home/MassHealth/Medicaid planning and applications.



Attorney Stephen L. Smith  
85 Exchange St., Suite 230  
Lynn, MA 01901  
781-595-3456  
ssmithlaw@comcast.net

**EVENING • WEEKEND APPOINTMENTS**

## Guitar & Bass LESSONS

Beginners to Advanced  
**JOE MACK**

Nahant, MA  
jomackband@aol.com  
781-581-0848  
www.joemack.com  
978-979-7825  
www.myspace/  
thejoemackband.com

*Happy Holidays to All!*



*Since 1962, providing all your insurance needs.*

**AUTO • HOME • FLOOD • COMMERCIAL**

Call or fax us for all the details:



**QUINN OF LYNN**  
Insurance  
(781) 581-6300  
Fax: 581-9070



*Keep our local economy strong...patronize our advertisers when you can. Thanks!*

## Nahant Associates Inc.

169 Nahant Road • 781-581-3644



*Nahant's most successful full-service Realtors... #1 for over 29 years!!!*

- Professional, experienced Nahant Resident agents
- Convenient "in-Town" location
- Privacy/Confidential Consultations
- Personalized Services • Free Appraisals

**Nahant Associates@comcast.net**

Visit the *NEW*

## Nahant Harbor E-View

ONLINE at  
**www.nahant.com**  
beginning on  
New Year's Eve!

More photos, more articles, updated community calendar, business links, connections and blogs, and growing everyday!

**Nahant Harbor E-View at  
www.nahant.com**

**Nahant's Online Mall!**

## Leland Home Improvements

Division of Leland M. Hussey Contractor  
Established in 1972



**Handyman Services**  
No job too small... no job too big!

Affordable Home Maintenance  
Neat, courteous, dependable

Carpentry-Electrical-Plumbing  
Tile-Windows-Flooring  
Painting and more

Senior Living Retrofitting  
Easy Access Showers  
Grab Bars  
Green Up Services  
Heat loss analysis  
Caulking and Insulation

Licensed & Insured  
Home Improvement Reg#101743

**781-593-6630**  
husseycontracting@yahoo.com



***Merry Christmas!***

Call me with any of your real estate needs.

**617-240-7688**

**Caroline** caroline.oconnor@raveis.com  
[www.raveis.com/CarolineGardinerOconnor](http://www.raveis.com/CarolineGardinerOconnor)

## WILLIAM RAVEIS

REAL ESTATE • MORTGAGE • INSURANCE

11 Atlantic Ave., Marblehead, MA 01945

The Largest Family-Operated Real Estate Company in the Northeast.

***Season's Greetings!***



**COLDWELL BANKER**

*Signature Homes*

*Call me for a free market analysis.*

Cell: 781.799.7777

[judi019@aol.com](mailto:judi019@aol.com)

**Judi Moccia**

Office: 50 Western Ave., Lynn, MA 01904 • 781-592-0075



Now taking orders for holiday catering!

Always Fresh  
Always Friendly  
**Periwinkles**

**Food Shoppe**

540 Loring Avenue  
Salem, MA 01970  
(978) 825-0099  
(781) 599-5990

[www.periwinklesinc.com](http://www.periwinklesinc.com)

***Happy Holidays! Merry Christmas!***

***Season's Greetings!***

**Lynn...**Spacious Diamond District Victorian within sight and sound of Kings Beach. new kitchen, Fireplace Fr, and seamless blend of old world details and modern amenities. \$450,000

***Terrific Condominium offerings!***

12 Chancery Ct., Lynn, Harborview	\$189,900
300 Lynn Shore Dr., Lynn	\$229,900
119 Nahant St., Lynn	\$ 99,500
95 Nahant St., Lynn	\$129,000
1004 Paradise Rd., Swampscott	\$189,000

**781-593-6111 • [saganrealtors.com](http://saganrealtors.com)**

