



Nahant Harbor Review

A monthly publication, in service since March 1994, dedicated to strengthening the spirit of community by serving the interests of the people thru the civic, religious and business organizations of Nahant, Massachusetts, USA.

Volume 17 Issue 9

SEPTEMBER 2010

New NAHANT Sweatshirts



The Nahant Recreation Commission has a new sweatshirt for sale. We have youth and adult sizes. All sizes are available in three different styles: a pull-over crew without a hood, a hooded pullover and a zipper sweatshirt with a hood. Prices for all kids sizes are \$30 and adults range from \$30 to \$40, depending on the style.

To purchase a sweatshirt, or for more information, please call Jen McCarthy at 781-592-5272, or send an email to nahantrec@hotmail.com. Monies raised will benefit the free summer park program run by the Commission.

NHR Welcomes a New Sales Manager



The Harbor Review is pleased to welcome our new Sales Manager, Sally Donais. Sally is a Nahant resident and has an extensive background in sales. Prior sales experience includes Verizon, Boston Globe, Herb Chambers and Jenny Craig.

"I look forward to meeting new people and developing new advertising clients for the Nahant Harbor Review," she said. "This is a unique community and this newspaper is a very important part of the community. It is the only source of information that serves only Nahant. I am very excited about the potential to help the paper grow with new features and specials."

Please welcome Sally, when she calls upon you or when you meet her around town.



Causeway Construction and Summer Beach Traffic Causes Congestion Speed Limit Dropped to 25 mph

Due to the construction on the Causeway, the posted speed limit on Nahant Road, from Little Nahant Road thru to the rotary, has been dropped to 25 mph. Although the construction site has many posted signs, many drivers are not slowing down. Public safety officials in Nahant are worried.

"The Causeway is now a construction zone. The drop in the speed limit is necessary to ensure the safety of the workers, police officers and other motorists. Public safety is our main concern," said Lt. Tom Hutton of the Nahant police department.

He added, "We are strictly enforcing the decreased speed limit. Many tickets have already been issued. People may not realize it, but fines are doubled in a construction zone. Is it worth a \$200 ticket, plus surcharges from the insurance company, to gain one or two minutes? We're asking people to just slow down and enjoy the scenery."

Also, at the beginning of the causeway, the traffic pattern has changed. At the Dunkin' Donuts and Tides area, cars will enter at the Nahant Road side and exit between the buildings and out, at the rear of Dunkin' Donuts, on Wilson Road.

Nahant Historical Society's 3rd Biennial Autumn Fair

Come join the fun! On Saturday, September 25th, beginning at 10:00 a.m. and continuing until 3:00 p.m., a celebration will be held at the Society's quarters, in the Nahant Community Center, at 41 Valley Road! This is a special event of the celebrated Essex National Heritage Area's Trails and Sails Weekends, right here in Nahant. This event only happens every two years. So don't miss it!

This year, the Fair proceeds will assist specialized cataloguing and inventory of the Society's ever-growing collections.

Come visit the Society's open house and enjoy our major exhibition, Nahant on the Rocks, winner of a national award for excellence. Try your luck with our silent auction featuring many surprises and treasures. Our raffles will offer at least two free gift certificates to our museum shop. Did you know that all the Society's books, CDs, afghans, mugs, notecards and maps, etc., are made, if not right here in Massachusetts, then certainly in the good old USA? (Continued on page 6.)



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Two Nahant Authors To Sign Books At Nahant Library

Bob Risch, longtime Nahant resident and co-author of *Ten Tales of Nahant*, will speak about his new book *"Cuba on My Mind: The Secret Lives of Watergate Burglar Frank Sturgis,"* which he co-authored with Jim Hunt, Sturgis's nephew.

The result of a chance meeting between the two joint authors, the book tells the extraordinary story of Frank Sturgis, who went from a decorated marine at age 17, to a Watergate burglar. Along the way, Sturgis used more than 30 aliases to train guerillas in twelve countries, to assist in the overthrow of seven governments and spy for the CIA. He also fought with and against Fidel Castro and Che Guevara and helped to plan and participate in the Bay of Pigs invasion. An acquaintance of mob bosses, Sturgis plotted to ransom the USS Pueblo and offered to trade places with hostages held by Iran.

Hear Bob Risch tell this fascinating story on Sunday, September 12th, at 3:00 p.m., in the Reading Room of the Nahant Public Library. Copies of the book will be available for the author to sign. Generously, Bob is donating half of any proceeds from books sold that day to the Friends of the Nahant Public Library.

Chef Peter Davis, a native Nahanter who famously cooks at Henrietta's Kitchen in the Charles Hotel, in Cambridge, will sign copies of his award-winning cookbook *"Fresh and Honest,"* on Sunday, September 19th, at 3:00 p.m., in the Reading Room.

Peter's original and simple approach to classic New England cuisine reflects his philosophy of using products grown by sustainable agricultural methods and native ingredients, refusing those genetically modified or engineered.

Honored by the James Beard Foundation as "one of the best hotel chefs in America," Davis proclaims that eating locally grown and raised food "tastes better; it's better for us; it's better nourishment."

Written jointly with Alexandra Hall, spectacular photos by Heath Robbins fill the book with their colored energy. *Fresh and Honest* enlivens the story of New England cuisine by highlighting farms, purveyors, and recipes used by the authors.

All are welcome to visit with these interesting and accomplished men. The Friends of the Nahant Public Library charge no admission fees for the programs that they sponsor. Submitted by Daniel deStefano, Director, Nahant Public Library

Music with John Root at the Nahant Public Library

Nahant Public Library (781-581-0306), will present the interactive children's music program, *"Feeling the Beat, Feeling the Spirit,"* with musician, naturalist and educator John Root on Wednesday, September 15th, at 3:00 p.m.

The Nahant Public Library is grateful to the Nahant Cultural Council, a local agency supported by the MA Cultural Council, for funding the program. Admission is free. Submitted by Rita Stepanova, Children's Librarian

Wine and Cheese With The Nahant Woman's Club

On Tuesday, the 7th of September, from 6:00 to 8:00 p.m., please come and join us at The Dory Club. We would love to see you and your friends in order to celebrate our great club. The Woman's Club is the oldest and largest, non-denomination service organization of volunteer women, in the whole world.

Your Woman's Club has achieved many incredible things—both locally and nationally—with projects like beach clean ups, the restoration of The Sears Pavilion Gazebo, support of our troops and those affected by war and hats for new born babies in Beverly. We collaborated with the town in order to create our fabulous Community Garden.

Nationally, we helped by increasing Domestic Violence awareness, supporting reading programs and veterans projects. Internationally, your club sponsors a woman in Nigeria, through Women 4 Women International.

In addition to the achievements by your Club, The Greater Federation of Women's Clubs, which is the umbrella we shelter under, does wonderful work with the help of every club in the Nation. Club Women have literally changed the world and made it a better place for all. Please come and meet us. Join, if you would like, and let's stand together, shoulder to shoulder, glass in hand and continue the great work of our sisters.

Submitted by Wendy Payne

Patios, Porches and Peaceful Views

The Nahant Garden Club is holding its annual major fundraiser on Saturday, September 11th, from 10:00 a.m. to 4:00 p.m., rain or shine. The fundraiser tour will include eight Nahant properties with beautiful patios and porches and many having peaceful views. Chrysanthemums, kale and asters will be available to purchase at four locations. Tickets are \$25 each and can be purchased from Marie Ford (781) 581-0736, or Edie Hunnewell (781) 581-0559. Tickets are also available at Nahant Associates.

Fires and Modern Forest Management Topic of September 10th Breakfast at Nahant Village Church

The NVC September breakfast will be held on Friday, September 10th (not the 3rd because of Labor Day weekend) will feature a presentation on fires and modern forest management. The presentation will be given by Herb Motley, who will share lessons of the family forest management, in Northeast California. Fire is a natural element in the woods; they should be controlled and not accidental. There are important lessons to be learned from the massive, uncontrolled fires, we've seen in the West, each summer for the past dozen, or more years. Fires should not be ignored, as we look at forest management, in the East.

The free breakfast is served at 8:00 a.m., with the presentation to follow from 8:30 to 9:00. All are invited and welcome. So, mark your calendars and plan to come for a wonderful breakfast, an informative presentation and great camaraderie.

Submitted by Marrit Hastings

Rally Sunday at Nahant Village Church Sept. 12th

Sunday, September 12th, Rally Day, marks a return to the fall schedule, at the Nahant Village Church, at 27 Cliff Street, here in Nahant. Sunday School and Worship Service will begin at 10:30 a.m.

Christian Education (Sunday School) for children, from preschool through middle school, is also offered on Sunday mornings. Children and their families, attend the beginning portion of the Worship Service and after the Children's Story, the children go to their classes. Following Worship, we gather for a time of fellowship and refreshments, in Swansburg Hall. On Rally Day Sunday, we have a picnic, after the service, to which all are invited.

If you would like to sing in a choir, you are invited to join voices with our choir. Choir rehearsal starts at 9:00 a.m., on Sunday mornings, in the choir loft.

If you are new to the area and are looking for a church home, we invite you visit for worship, at 10:30 a.m., in our main Sanctuary.

Check our web site at www.nahantvillagechurch.org, for more information, or e-mail The Rev. Dr. Larry Titus, at pastor@nahantvillagechurch.org, or call 781-581-1202.

Worship in Park Sunday, September 12th

Join with friends and neighbors for Worship in the Park, at 8:00 a.m., Sunday, September 12th, at Marjoram Park, for the final Worship in the Park service this summer. The open-air, informal service is sponsored by The Nahant Village Church and is open to everyone. Come enjoy the view of Nahant Harbor, as we worship the One God of us all.

If you have any questions, please call The Rev. Dr. Larry Titus at 781-581-1202. In case of inclement weather, we will meet in the Dory Club.

6th Annual Sea to Shining Sea 5 Miler

The 6th Annual Sea to Shining Sea 5 Miler road race will be held on Sunday, September 19th. Runners and walkers are welcome. Walkers start at 9:30 a.m, runners at 10:00 a.m. The Starting Line is across from the Life-Saving Station, at the corner of Ward Rd and Castle Rd. All are welcome to come and enjoy the morning, with hot dogs, hamburgers and salad for all. Come support your local runners and help support the completion of the Nahant Life-Saving Station.

Work is on-going, but there is still a long way to go. The building has been stripped inside and partitions are going up. A handicapped entrance is going in the back of the building and the floor level has been lowered to make an easy entrance for all.

Beach-goers are enjoying the convenience of the new bathrooms at the end of the garage and hopefully, in the near future, they will be able to enjoy the use of the completed building for parties, cookouts and friends and family gatherings of all kinds.

Please help support this endeavor through the Nahant Preservation Trust NLSS. We look forward to seeing you there and supporting your running and walking friends on Sept. 19th.

Applications for the race are available at Captains Pizza, Richland store, Nahant Market and Equitable Bank, or call Roz at 781-581-1034.

Submitted by Roz Puleo



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Bring Your Light for Rally Day

Expect to hear some noise Sept. 12th, when Rally Day kicks off the start of the Christian Education year at the Nahant Village Church. Worship hour gets pushed forward from summer's 9:30 a.m. to 10:30 a.m. and the kids come back to Sunday School, which, as always, will kick off with a scavenger hunt and following the service, a church-wide picnic.

We have some pretty cool events planned for the new year. Proverbs 8:33 tells us to "Hear instruction and be wise and do not neglect it," which will be a recurring theme in the Sunday School program. We'll also meet Deborah and Ruth, get to know David and King Saul a little and even drive by Josiah.

This year, we also have a secondary theme that is part of the greater church, which is an invitation to "Let your light shine." Our kids, your kids, will be given a chance to discover how they can shine, in service to the church and in life, in ways they don't even realize. It's all about learning to appreciate the unexpected talent.

We will also have some fun with a biblical-based Halloween costume party, a caroling outing at Christmas, we'll choose a service project to work on throughout the year and get together for pizza and movie nights, at least once a month at the church, outside of the Sunday service.

We're looking forward to greeting returning students on Sept. 12th, but if you've never joined us, but think you might like to, we're free and open to the public and love company. Please drop by on Rally Day, lunch will be on us and everyone is welcome.

Submitted by Chris Stevens

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Ellingwood Chapel Concert Series: A Fall Festival

Saturday, September 11th, 7:30 p.m.

Brahms and Friends

The Lydian String Quartet and pianist Sally Pinkas will perform Brahms' majestic Piano Quintet in F minor, along with Ives' String Quartet #1 and selections from Dvorak's "Cypresses" (1897).

Saturday, September 18th, 7:30 p.m.

Maggie Cole, Christoph Wald and The Goldberg Variations

J.S Bach's Goldberg Variations for Harpsichord will be the centerpiece of this concert. It was described by Bach as an aria with variations "composed for connoisseurs, for the refreshment of their spirits." It is an intriguing description because it takes into account the player and the listener, both of whom are joined at the moment of performance. Maggie Cole is an artist of the first rank, internationally known for her sublime sensibility at the keyboard. She is joined by Christoph Wald, renowned musician and physician, for two Telemann Trio Sonatas, in C major and B flat major, for alto-recorder, harpsichord and basso continuo.

Saturday, September 25th, 7:30 p.m.

An Evening in the Gardens of Spain

Gerald Mordis on violin and pianist Damien Francoeur-Krzyzek will present an evening of music inspired by the deep musical culture of Spain, including works by Falla, Albeniz, Granados, and others. These musicians, both active in Boston musical circles, share a deep affection for the intoxicating atmosphere of the music of Iberia as it made its presence felt throughout the New World and the Old.

Admission \$25 (\$20 for students and seniors). For more information go to www.nahant.org/townhall/cultural_ellingwood.

Or, write ellingwoodconcertsplus@gmail.com with questions or reservations.

These concerts are sponsored by the Nahant Historical Society and are funded by Friends of the Ellingwood Chapel Concerts. Additional funding provided by the Nahant and Massachusetts Cultural Councils and with special thanks to Tom and Cindy Costin, Norman and Laurel Laliberte and Greg Keane of Titan Moving and Death Wish Piano Movers. Submitted by Jim Walsh.



Nahant's Jacob Erlich Named Best Lawyers in America®

Burns & Levinson LLP is proud to announce that Jacob N. (Jesse) Erlich, resident of Nahant, along with **eleven** of its other New England-based lawyers, has been named to the 2011 edition of *Best Lawyers®*, the oldest and most respected peer-review publication in the legal profession. He practices in the areas of Intellectual Property / SciTech, Schools & Colleges and Science & Technology.

First published in 1983, Best Lawyers is based on an exhaustive annual peer-review survey. For the new US edition, more than 50% of the lawyers listed in Best Lawyers cast more than 3.1 million votes on the legal abilities of other lawyers in the same and related specialties. Because of the rigorous and transparent methodology used by Best Lawyers, and because lawyers are not required or allowed to pay a fee to be listed, inclusion in Best Lawyers is considered a singular honor. Corporate Counsel magazine has called Best Lawyers "the most respected referral list of attorneys in practice."



Jen McCarthy for Selectman

Nahant's 2010 Citizen of the Year

Please vote for me on October 19th. Thank you. Jen

Why I am Running for Selectman: My Commitment to Public Service

By Lainey Titus

As I have been walking around town, over the past month, talking to Nahant residents, I have been asked many times what my goals are, if I am elected Selectman. While I do have many ideas, from bigger tasks like forming a youth commission, to little things that will make a difference, like putting recycling bins at the beaches, my main goal is simple: to listen to the concerns and suggestions of town residents and use my experience and knowledge of resources to respond to their needs.

During my seven years working at the State House, I would sometimes hear those outside the building referring to our work in "politics." However, most of us who actually worked there considered our jobs to be in public service. In our office, our main focus was listening to our constituents from Nahant and Lynn and doing whatever we could to assist them.

Constituent services are the basis of any public service position, although it's not usually the focus of press releases, or big speeches. When I think about my time working at the State House, these are the moments I remember most: standing with Representative Walsh in the basement of a constituent's house, so he could show us where flooding was occurring; watching as volunteer workmen put the finishing touches on a wheelchair ramp that we helped coordinate for a recently handicapped constituent; hugging a constituent after a bill passed that we had worked on together and that would affect her daily life; and carrying business cards on walks around town with my sister, to make it easier when a fellow Nahanter stopped to ask for my help with something. I could list hundreds of different situations like this that define my time there. They represent the true meaning of public service and the reason I want to serve as the next Nahant Selectman.

For those who know me well, it would come as no surprise that this is the reason I am running for elected office. Until now, I have been content with doing the behind-the-scenes work to help others become elected, or serve their constituents. However, when the position of selectman was recently vacated, there was no way I could turn down the opportunity to help the town. It felt like the perfect way to continue serving my neighbors in Nahant in an even more direct way.

It was probably inevitable that I would enjoy helping people, having been raised by a father who was a Nahant police officer and a firefighter and a mother who is a nurse. Their desire to help others didn't end when their shifts did. I became acutely aware of this every time my sister and I were encouraged to pack up some of our favorite toys because a family had been in a fire and their kids had lost their toys, or a school in a poorer area didn't have the resources for toys or books in their classrooms. Although I may not have always liked having to do that as a child, it provided a strong foundation for wanting to do what I could to help others.

When it comes down to it, the position of selectman is all about helping people. It's about collaborating; knowing what resources are out there and being able to access them. And my experience and knowledge of those resources available for the town, makes me uniquely qualified to do just that. I respectfully ask for your vote on October 19th and the opportunity to serve you in the position of Selectman.

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Nahant Election Date
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Lainey Titus

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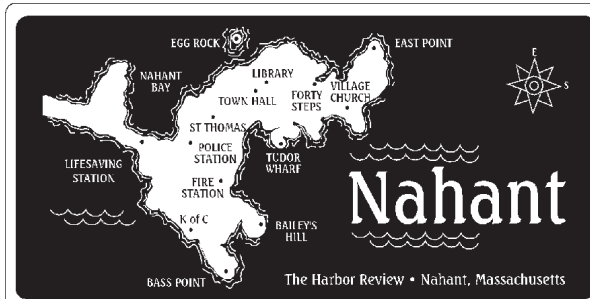
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LOOPS New Consignment Shop in Swampscott

A new consignment shop has opened on Humphrey Street in Swampscott. Owner Bobbie Gordon, with family members, has opened the shop recently, which specializes in gently used, high quality clothing for babies thru age 12 and maternity clothing for



mothers-to-be. She also has many new items that were never used or worn, that still have the original store tags.

The store is chock-full of maternity clothes, children's clothing, shoes, boots, infant equipment, high chairs, cribs, car seats, bikes, helmets and tag-a-longs. There are many brands that you will identify, Mish, Gap, Little Miss, Tea, Crewcuts, Hannah Anderson, Juicy Couture, Lily Pulitzer, Joe's and 7 for All Mankind jeans. Also on the racks are many flower girl dresses,

all occasion dresses by Joan Calabrese, Biscotti Marsha, Mime and Maggie, Charlie Rocket, Lucky Brand, Hartstrings and IKKS.

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Bonnie also stocks a full line of Fairy Tale Hair Care products to prevent head lice. A few items she pointed out were Maternity Lucky Jeans, originally \$120 is only \$13.99 and Mini Boden pants, regular price \$42, in her shop is \$6.99.

Bonnie is always looking for consignors, so stop in and see her soon.

NHS Fall Festival September 25th

(Continued from page 1.)

In addition, several local artisans will have many fine handicrafts for sale. Other local organizations will be here, among them the Nahant Woman's Club, Forty-Steps Quilters, Nahant Dory Club and SWIM. Shopping the Fair is a wonderful treat for you and those on your gift list. It is not too early to start holiday shopping...plus it supports our local economy.

As a unique part of this year's Fair, Robert Wilson will open his new 41 Gallery, featuring contemporary and vintage photography and art. Among the opening exhibits will be "The Sea as I See It," prints from Fred A. Wilson II's 1960s multi-media slideshow and "The Voice of the Print," a portfolio of eight varnished, tri-tone reproductions by Paul Caponigro, who worked here in the 1950s and 60s. You'll find 41 Gallery located in Room 220, on the top floor of the Nahant Community Center. Additional gallery hours will be announced on September 25th.

Seasonal drinks and treats will be available. Admission is free, plus special event parking will be permitted during the Fair, on Valley Road. Silent Auction donations are still being accepted, please call Bonnie D'Orlando, or Suzanne Hamill at 781-581-2727, or email info@nahanthistory.org. Save the date, Sept. 25th and see you there!

Submitted by Co-Chairs Bonnie D'Orlando and Suzanne Hamill

To better serve their customers, the Equitable Cooperative Bank on Nahant Road will be closed on Saturday, October 16th, for equipment updating.

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A Teapot Full of Wishes

Women and Wishes are proud to announce that their coming out party, "The Boston Tea Party," held at the Nahant Country Club on July 1st, was a great success, enabling the organization to grant their first wish.

The event was hosted by Beverley Dawson, of the Nahant Country Club and Director of "Women and Wishes" of Massachusetts. The purpose of the event was to create community awareness and raise funds for the organization.

The organization recognizes the lack of alternatives for the middle-class women, faced with economic hardships. We found an unmet need amongst middle-class women and their families, who typically do not qualify for any federal, state, or local assistance.

The mission of "Women and Wishes" is to help the lives of women and their families by granting them one wish that empowers them to advance economically, emotionally, educationally, or socially. Together we are working to positively impact the quality of their lives.

Please join us for our first major event, "Kickin' & Sippin' at Club 280," featuring the "The Classmates."

Enjoy a fantastic evening filled with dancing, auctions, raffles, hors d'oeuvres and one complimentary drink, for a donation of \$50. "Kickin' & Sippin' at Club 280," is scheduled for Friday, October 1st, 7:00 p.m. to midnight, at the Nahant Country Club.

For more information about Women and Wishes and our "Kickin' & Sippin' at Club 280" event, please log onto: www.womenandwishes.org, or call 781-581-0515.

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9th Annual Walk of Hope to Benefit Lou Gehrig's Disease September 11th

The 9th annual Walk of Hope for ALS, a 3.5-mile walk around Lake Quannapowitt in Wakefield, to benefit The Angel Fund, will be held on Saturday, September 11th, with a rain date of Sunday, September 12th. The event begins with registration at 9:00 a.m., followed by the start of the walk at 11:00 a.m.

The Angel Fund is an independent, nonprofit organization, dedicated to supporting Amyotrophic Lateral Sclerosis (ALS) research, at the Cecil B. Day Laboratory for Neuromuscular Research at UMass Medical Center in Worcester. ALS, more commonly known as Lou Gehrig's Disease, is a progressive, always fatal, neuromuscular disease, which leads to muscle weakness and as it progresses, results in total paralysis and the inability to speak and swallow, while the mind and senses remain intact.

Walkers of all abilities are encouraged to participate as individuals, or as a team. To register as a walker, or to register a team, please call The Angel Fund at 781-245-7070, or log-on to the organization's website at www.theangelfund.org.

Donations to the Angel Fund can also be made online, or can be sent to The Angel Fund, 649 Main Street, Wakefield, MA 01880. All donations should be made payable to The Angel Fund. To assist its walkers, The Angel Fund has joined FirstGiving.com which enables them to create their own webpage, to raise money online. Registered walkers can create their page at www.firstgiving.com/angelfund.

In addition to the walk around Lake Quannapowitt, the event includes children's activities and refreshments for all walkers.

There are several levels of corporate sponsorship for the Walk of Hope for ALS. Several local businesses have already pledged their support as sponsors of the Walk, including Major Sponsors, the Law Office of Nigro, Pettepit and Lucas, and The J Group benefiting ALS research.

Information about sponsorship opportunities can also be obtained on the website, www.theangelfund.org, or by calling 781-245-7070.

The Angel Fund conducts other fundraising events throughout the year which, along with individual and corporate donations, have been beneficial in helping make significant strides in ALS research. For a list of upcoming events, visit The Angel Fund website, www.theangelfund.org.

Neighborhood Legal Services Holds Golf Tournament September 13th

Neighborhood Legal Services will host its second annual Golf Tournament at the beautiful Andover Country Club, on Monday, Sept. 13th, with a Shotgun start at 1:30 p.m., in a Scramble format.

Raffles will include a 50 bottle fine wine collection; a 3-day, 2-night trip to Atlantic City, with accommodations at the Trump Taj Mahal Casino on the Boardwalk, airfare from Boston, Providence, Worcester, or Manchester, NH, and airport transfers; and a round of golf for a foursome at Andover CC.

For more information, call Cathy at 781-244-1404, or register online at www.neighborhoodlaw.org.

Neighborhood Legal Services is a 42-year-old, non-profit, legal aid office that provides free civil legal services for low income and elderly clients in Essex and Northern Middlesex counties. We help with unemployment denials, divorce with domestic violence, eviction, foreclosures, homelessness issues, elder abuse and neglect, public benefit denials and terminations, and more. Funding for legal services has been cut drastically over the last two years, while the need for our services has exploded. All proceeds from the tournament will go directly to client services.

3rd Annual Catamount Classic Lacrosse Tourny to Benefit Testicular Cancer Research

The third annual Catamount Classic Lacrosse Tournament will take place on Sunday, October 10, to benefit testicular cancer research and care at Dana-Farber Cancer Institute. Twelve top-level collegiate lacrosse teams will face off at Thayer Academys off-campus playing fields in Braintree, Mass. Fan admission is \$10 for adults, \$5 for youths, and free for children 5 and under. For more information, including on how to get involved, go to: www.catamountclassic.com

Submitted by: Molly McHale & Meg MacSwan, (617) 632-4090

We are delighted to invite you to a celebration!

Come and meet Jen McCarthy,
a candidate for Nahant Selectman.



Saturday, September 25, 6:00 p.m.
Nahant Knights of Columbus

Hors d'oeuvres and cash bar

If you cannot make the meet and greet and would like to learn more about Jen, give her a call at 781-592-5272, or visit her website at

<http://jenmccarthy4selectmen.weebly.com>

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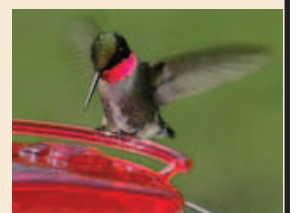


Necklace by Jamie Joseph

Nahant Election Date
October 19, 2010
Please get out to vote.

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We Should Dance...

By Sallee Slagle, Director, Dance Dimensions

Dance! We all naturally move to the rhythm of great music and relax to its soothing sounds. Music moves us. Moving is essential to our good health and what better way than to dance?

Dance is fun and creative, adding a whole new twist to your usual exercise routine. If exercise seems boring, or you just can't stay motivated, maybe try a dance class. Dance has as many benefits as exercise and even more!

It is great exercise which includes all the major muscle groups, as it is using your whole body. You will find muscles you have not known about, and tone areas that you would like more toned. Leg muscles are of course going to show the benefit first. All styles of dance strengthens your calves and thighs, and you will feel how this can help your joints, by adding stability around the knees and ankles. This in turn will improve your balance, and even your walking may see improvement in gait and stride. The core muscles are utilized in every type of dance class, from tap or ballet to salsa and ballroom. This will result in stronger abdominals, lateral muscles (waistline), and back muscles including your glutes (buttocks).

This will show in your improved posture, sleeker torso. You may notice your clothes fit better, too.

Flexibility is also an integral part of dance. Many dance moves will challenge your range of motion, and with time that range will increase. Many dance classes will incorporate stretching as part of the warm up or cool down. The benefits of stretching are numerous and can fill a whole article. I have written about them in the past, as you may know, but in short, developing and maintaining range of motion helps prevent injury, improves performance, can help correct postural deviations and assists us in many functional activities in our daily lives.

Fast or strenuous dance actions will increase our lungs capacity and the heart will beat faster and stronger. Dance is cardiovascular exercise and will give you similar benefits to cycling or jogging. But, I would always prefer to dance! I love to run, but just enough so I can leap, or twirl and even stop in a shape, or form. Dance deals in aesthetics and beauty, as well. Movement qualities are important in dance and almost completely neglected in most exercises. In exercise, it is a "get it done" philosophy. With dance, you include grace and poise and an emphasis on form and line, to be pleasing for others to view.

Emotionally dance is fun for all ages, toddlers to seniors. It is an activity that we all enjoy. Even with the hard work and physical challenges, the experience of moving in space, freely or with a precise control, brings a sense of accomplishment and fulfillment. Self confidence is gained as you achieve the new movements, no matter what dance form you choose! You can lose yourself in a dance class, so wrapped up in just that moment, just that movement, that the stresses of life seem to melt away. Dance and exercise alike have been used to greater result in treating depression than any antidepressant.

Coordination and rhythm are essential in dance. From drums alone, to full orchestras, part of the fun of dancing is dancing to a driving beat, melodic piano, lively Latin music, jazz or hip hop rap. Whatever the style, we all naturally respond to music. Music moves us. And what does it move us to? Dance! One of my favorite quotes was on a sweatshirt my roommate gave me many years ago... "Life may not be the party we hoped for, but while we are here we should dance!"

Come Support Your Local VNA & Hospice

All Care VNA & Hospice of Lynn is having a fundraiser at the Tides, on Thursday, September 9th, in support of those without the means to receive quality home health care. Join us at the Tides between 6:00 and 9:00 p.m., and 10% of all food (including take-out) and beverage sales will benefit All Care VNA & Hospice patients, their families, and the communities we serve today, and have served for the past 100 years by bringing health care home.

Bring your appetite and your luck to win some great raffle prizes! Enjoy a great meal with friends while helping someone in need of compassionate care. Hope to see you there! If you would like more information, please email jchamberlin@allcare.org, or call (800) 246-2449 x119.

Own a Business? Live in Nahant? Then you should be advertising here. Support your local community through better communication through this newspaper. Call 781-592-4148 or email donna@nahant.com for advertising information. Thank you.

Arthritis Exercise Class

North Shore Physical Therapy, in conjunction with the Salem YMCA, will hold a certified Arthritis Exercise Class on Tuesday and Thursday mornings, from 10:00 to 11:00 a.m., beginning on Tuesday, September 7th and Thursday, September 9th.

Instructor for the class is Susan Finigan, PTA, certified Personal Trainer, certified in Aquatic Therapy through the Aquatic Therapy and Rehabilitation Institute. Susan brings an experienced background in aquatics to this unique class.

Class will be held in the small pool, in warm water. All exercises are gentle range of motion for arms and legs, gentle walking and stretching exercises. An added experience for all participants is learning Ai Chi, which is Tai Chi done in the water.

Anyone with stiff, achy joints will benefit from participating in this class. Water helps to decrease pain, increase range of motion and increase circulation. Make water exercise part of your weekly exercise program.

Registration is required and rates are as follows: members, \$52 and community, \$78. Stop by the Salem YMCA and sign up with a friend.

Unsure whether you should participate in this class? Call North Shore Physical Therapy and speak with Susan, 781-631-8250.

North Shore Physical Therapy Q&A

Q. Sometimes when I wake up in the morning it feels like my neck won't turn and I notice that it is more difficult to turn my head with driving. Can physical therapy help my neck to feel better?

A. Physical therapy can be very effective and may help to decrease the pain you may be experiencing in your neck. During a physical therapy evaluation, the therapist will look at your posture, the ability to turn your neck in various directions and ask you to rate your pain level. The therapist will determine if muscles are tight and, or weak. A functional assessment will be made to determine when neck pain increases, or decreases. After the assessment, you will be given a home program that consists of stretching and strengthening exercises.

Recommendations may include making some changes in your sitting posture, especially while reading, or watching television. You may also have to make some adjustments to the height of your car seat. Changing your sleeping position, or supporting your neck differently when sleeping, may also help to decrease your neck pain.

Research studies have shown that a continuation of neck exercises, done daily, can help reduce chronic neck pain. If you are experiencing neck pain, please see your doctor to discuss your concerns and ask to be referred to physical therapy. Then, call North Shore Physical Therapy at 781-631-8250 (Marblehead), 781-592-2773 (Swampscott), or 978-910-0486 (Salem), to schedule an appointment.

Submitted by Susan Finigan, North Shore Physical Therapy

Help keep the Harbor Review coming to your door! Become a Home Delivery Subscriber today! Only \$20 to be "in the know!" Thank you...

Lucky Penny

Susan Cadigan, LMT, CNMT, NCTMB, Nahant Therapeutic Massage

There it was, head up, shiny and waiting in line with the rest of us. Everywhere I looked, was someone needing and deserving a bit of extra luck. Feeling very guilty, I hesitated the whole time I was in line, so I could give someone else an opportunity to reach for this token, to add to their hopes, lucky stars and miracles needed, to survive the present battle they are undergoing. Oh, how can I take this away from someone who needs it more than I?

Of course, it was just a penny. But this was not an ordinary situation, because I was at the Dana Farber Cancer Institute. Through the Lance Armstrong Survivor's Clinic and the Perini Family Adult Survivorship Center, cancer survivors, two or more years out of treatment, can have the after effects of treatment (chemotherapy, radiation, surgery, psychological aspects of getting, dealing with and recovering from, cancer and the changes it creates) monitored by specialists who can help, by being one step ahead of the problems that may arise from all the treatments used to achieve remission from cancer. Respite, in the form of knowledgeable care, therapeutic massage, acupuncture, Reiki and other healing/wellness modalities, are also part of the treatment plan at the clinic/center.

Through studies, it has been proven that in addition to the medical treatment, the "complementary" methods help to reduce stress, anxiety, and boost the immune system. It helps to feel calm and powerful, when everything feels like it is falling apart. By reducing the stress and boosting the immune system, an opportunity for healing and keeping well increases. One does not need to be sick or injured, to benefit from complementary approaches in wellness. With life as it is, at times it can seem like a rollercoaster or snowball effect of stress, tension and discomfort leads our way. A quiet moment to rest and recharge helps to create a reservoir of patience and energy that we can draw on when needed.

It was in the clinic where the magic of the Lucky Penny took place. As a long-term survivor of a rare leukemia, I was at the clinic to keep my immune system in check and recharge with some acupuncture and therapeutic massage. Often, with popular massage therapists, one would need to book well in advance, to schedule an appointment, which was what I had done. An unforeseen conflict dictated that I cancel one of my precious appointments, with short notice. Knowing that the establishment/therapist relies on the booked appointment, I had expressed remorse at having to do so. It was then that a man, who was in the midst of his treatments, came to the counter and asked in disbelief if I was cancelling an appointment with the massage therapist.

"Yes," I said.

"I'll take it!" he exclaimed!

He said he could not believe his luck to get an appointment on such short notice and I said I could not believe mine that I did not leave the therapist in a lurch and I got to help someone! I said, "Well, it must have been this lucky penny I just found."

"Lucky penny? I HAVE A LUCKY PENNY!" he said.

"No way!" I said.

"Way!" he replied.

We laughed, rather giddy with the silliness.

"Wait...this is for you." In return for his luck at getting one of these hard to come by appointments, he presented me with HIS lucky penny. In return for my luck and not having to inconvenience anyone...I gave him MY lucky penny. And we laughed again. In the midst of difficult times, a moment of compassion, an open heart, and easy laugh can last an eternity. What I appreciate about the complementary care is that we can take wonderful moments, good, healing energy and pass them on, to allow an opportunity for healing/wellness to occur in each other. I thank you, my lucky stars (and penny), for the opportunity to be a part of your quest in feeling better and seeking solace from stress, pain and discomfort. Thank you for blessing me with your trust and business.

OPEN HOUSE: Saturday, September 25, 2010, from 11:00 a.m. to 3:00 p.m., I will have an Open House at my office. All are welcome. Children must be accompanied by an adult.

AED/CPR Clinic: Due to popular demand, a third CPR/AED clinic will be added. Please email susan@nahantmassage.com, or call the office and leave your name and number. The 9/28 clinic has two openings, the second clinic is full.

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At Home with Mother Teresa Peace Has a Child's Name

By ROZI THEOHARI

The small hands of Albanian's children
Have collected not toys
But thousands of bullet shells
Which numb a child's smile and—a child's life.

They sent those shells to Italy
Where a church bell was cast
And dispatched to The Pope
Who blessed the bell and prayed for peace.

Nineteen cities later, the same bell
Returned to Albania
Bringing tears
Touching spirits
Giving hope.

With 2000's arrival
The children's bell is ringing
Speaking in tongues
Of children, not angels, saying:

"I was born of bullets
I am echoing heartbeats
I am singing for Albanian's peace
Now and through the third millennium."

A Stimulating Discussion

By Jim Walsh, Chairman, Nahant Democratic Town Committee

Harry Truman famously said that he would only like to deal with one-armed economists. Instead, he always seemed to be confronted with one saying, "on the one hand this, and on the other hand that..." But during the last two thirds of the 20th century, the writings of John Maynard Keynes, created a general consensus on how one might lessen the effects of an economic downturn and control the exuberance of various bubbles. In general, it looks like this: if the economy stalls, or constricts, to the extent that unemployment, particularly, is on the rise, people lose confidence in the future and are reluctant to spend, thus making a bad situation worse. In this situation, there is a role for the Federal government to play in halting the decline and stimulating growth. To do this, the Federal Reserve lowers interest rates and the government borrows money and puts it in the hands of people, who will spend it until the private sector regains its confidence, and the economy begins to grow again. As it does, employment increases and so do tax revenues. At that point, the government pays down the debt that it ran up to get things moving again. Franklin Roosevelt (along with the Democratic Congress) was the first President to implement this policy and it led us out of the Great Depression. Spending on WW II was the capstone of Keynesian economics (not that we want to go through that sort of thing again).

But, let's look at the last decade of the 20th century. President Clinton (along with Democrats and Republicans in Congress), brought the budget under control. The economy expanded, a surplus was generated and we began to pay down the national debt. Then things went awry. Instead of using the surplus to pay down the debt, President Bush (and the Republican Congress) gave a tax break to the wealthiest Americans, worth A Trillion Dollars. When we were attacked from Afghanistan, we responded by attacking Iraq (after almost winning the war in Afghanistan). President Bush declined to ask us to pay for those wars, borrowing the money instead. The wars were "off budget!" On top of that, President Bush passed a new Medicare drug benefit that would cost 1.2 trillion dollars, without any additional revenues to pay for it.

Then, as you may have noticed, the bubble burst. The fancy "innovations" developed by under-regulated Pirates of Finance exploded. Millions of people were thrown out of work. Mortgages became toxic. Markets collapsed. Tradesmen stopped getting jobs and their suppliers reduced inventory and laid workers off. An imperfect, but inescapable, bi-partisan financial rescue plan was developed. In January of 2009, President Obama was elected and the struggle to find our way back to social, economic and environmental sanity began. But Republicans in Congress, and their Tea Party allies, vowed to oppose anything the President proposed. Scott Brown ran a brilliant campaign focused on stirring the pot of resentment

And where are we today? Well, Scott Brown refused to support the recent financial regulatory overhaul, if the legislation made the biggest, wealthiest banks pay for that increased regulation. Instead, he forced Congress to take the money from average taxpayers. That's right...YOU are footing that bill, rather than the guys who caused the problem in the beginning. And then, Scott Brown fought an extension of unemployment benefits for people thrown out of work, through no fault of their own, by the recklessness of Bankers. And finally, the Predators of Finance have joined with Scott Brown to hide their corporate campaign contributions. You and I are recorded every time we make a campaign contribution, but JP Morgan Chase and Bank of America...they get a bye.

Economics has been called the Dismal Science, and it has deserved that adjective lately. But, as citizens, we have got to try to think through this mess. I think the general outlines are pretty apparent. Stimulate the economy by helping those who need the help, and they will keep that money working, by spending it on goods and services. When the recovery takes hold, gradually pay that borrowed money back. In the meantime, keep a wary eye on those that caused the meltdown...especially where they make their political contributions.

Local Student Conducts Research

Ruth Carter, an Earlham College senior and daughter of David and Katharine Carter of Nahant, MA, is conducting summer research at Earlham. Carter is researching "Population Demography of Turtles in the Nebraska Sandhills."

Earlham is a selective, liberal arts college in Richmond, Indiana. Engaging students with a changing world, Earlham is dedicated to the development of effective ways to integrate international perspectives in education. The College offers 40 majors in the sciences, humanities and social sciences. Earlham is a National Collegiate Athletic Association Division III school.

Submitted by Denise Purcell, Public Affairs Assistant

POSITIVE PROJECTIONS

Submitted by Lisa Scourtas, Jack Conway Real Estate

Two top economists recently offered encouraging news for the housing market. NAR Chief Economist Lawrence Yun and Moody's Economy.com Chief Economist Mark Zandi are predicting a slightly stronger demand for housing going into 2011. The two expect mortgage interest rates to remain historically low and the availability of jumbo loans to improve. Yun noted the tax credit has broadly stabilized home prices. The key test on whether the housing market can stand on its own without stimulus medicine will depend critically on private sector job creation in the second half of the year.

Through May of this year 495,000 net private sector jobs have been created; NAR's forecast for employment growth is about 1 million additional net new jobs over the balance of the year and another 2 million in 2011.

"If jobs come back as expected, the pace of home sales should pick up later this year and reach a sustainable level of activity given very favorable affordability conditions," Yun said.

Following a surge driven by the home buyer tax credit, pending home sales fell with the expiration of the deadline for qualified buyers to sign a purchase contract, according to the National Association of Realtors®. The falloff comes on the heels of three strong monthly gains as home buyers rushed to take advantage of the tax credit. The data reflects contracts and not closings, which normally occur with a lag time of one or two months. However, many closings have been delayed recently from a rush of buyers into the system and slow processing of short sales, in addition to the heavy volume and a more thorough loan underwriting process. As many as 180,000 buyers who signed contracts by April 30 may have missed the June 30 closing deadline for the tax credit. However, Congress passed legislation to extend the deadline for delayed contracts.

NAR chief economist Lawrence Yun said, "Consumers are rational and they rushed to meet the tax credit eligibility deadline in April. The sharp decline in contract signings in May is a natural result with similar low levels of sales activity anticipated in June," he said. "Surprisingly, though, some local markets such as Portland, Maine, and Jacksonville, Fla., actually experienced an increase in contract signings from a year ago without the tax credit." This also seems to be the case here in tiny Nahant! It came as a huge surprise to me that buyers are not only still abundant, but many are making their buying decisions and putting houses under agreement.

Despite a rocky national economy, Massachusetts is forging ahead quite successfully for the business sector, ranking in at #5. This year, the best state for business is Texas and for the fourth year in a row, the worst ranked state is Alaska. The most improved state in 2010 is Pennsylvania which moved from the 33rd spot to the 20th, ranking highly for economy despite a poor unemployment rate.

With scoring based on the cost of doing business, workforce, quality of life, economy, transportation & infrastructure, technology & innovation, education, business friendliness, access to capital and cost of living, Massachusetts ranks #5. Texas has been in the top five for the past several years (since the study began) and continues to rank highly for the cost of doing business and the cost of living, even inside of its largest metropolitan areas.

Housing recovery depends on two factors: jobs and consumer confidence.

Is the market turning around, and how does that affect your interest in owning, or buying a home? Selling your home? Talk to me about our unique market here in Nahant. Your neighbor and Nahant real estate expert, Lisa Scourtas, 617-538-2400.

Current Vehicle vs. Buy New is a No-Brainer Consumers Save Thousands a Year

With the average cost of a new vehicle creeping closer to \$30,000, spending a fraction of that money on making your current vehicle last longer makes good financial sense. By simply budgeting the equivalent of just one new car payment, consumers could cover an entire year's worth of basic maintenance.

In the early 1970s, you could buy a house for \$30,000 and the average vehicle cost was \$3,900, but they didn't last anywhere near as long as they do today. Now, the average age of passenger vehicles on the road is 10.6 years, the oldest ever. With proper routine maintenance, the typical vehicle should deliver at least 200,000 miles of safe, dependable, efficient and enjoyable performance.

Consumers spend an average of \$706 a year on vehicle repair and maintenance, according to IMR, Inc. Compare that to a \$30,000 price tag - it's a no-brainer. Hanging on to your current vehicle allows you to redirect all the money you would spend on a new car, to pay off credit card debt, college loans and other bills, or beef up savings, or even take a road trip vacation.

To learn how to drive smart and save money, visit the Car Care Council's Web site at www.carcare.org.

Submitted by John Lanctot [jlantot@maxmarketing.com] on behalf of Car Care Council [carcarecouncil@maxmarketing.com]

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Update from the Northeastern University Marine Science Center

Open House – Saturday, September 18th

Save the date! Mark your calendars for this year's Marine Science Center Open House, on Saturday, September 18th, from 10:00 a.m. to 3:00 p.m. The annual event, which will also be featured on the Essex Heritage "Trails and Sails" event calendar this year, will enable visitors to experience the area's dramatic and pristine rocky shore environment, as well as the opportunity to visit teaching facilities and research laboratories. Hands-on marine science activities and touch tanks will be available, as well as demonstrations, presentations and the tours around the Murphy Bunker, labs and East Point. Reservations are not required and parking will be available. For more information, please call 781-581-7370.

2010 Coastal Ocean Science Academy

For two weeks in August, twenty-five high school students descended on the Marine Science Center for the fourth annual Coastal Ocean Science Academy. Participants got their feet and hands wet through experiences such as seining, testing water quality and conducting surveys of the rocky and sandy shores. The hands-on research was not limited to Nahant – participants visited a variety of field sites, including Crane's Beach, Lovell's islands, the Deer Isle wastewater treatment facility, Salem State University's aquaculture laboratory and the Gloucester Maritime Heritage Center, among others.

The program culminated in a Family Day, where students presented a research poster and shared their new knowledge and experiences, with their families. The 2010 program's roster included eleven students returning from past years, four students from Nahant and five students whose participation was made possible through scholarships sponsored by a generous alumnus of Northeastern's marine science program.

Submitted by Carole McCauley, email: C.McCauley@neu.edu



Photo above: Emily Walls drags a tire from the salt marsh at Belle Isle in East Boston. Photo by Marine Science Center.

Photo below: COSA students measure water quality at Nahant Wharf. Photo by Marine Science Center.



Photo above: COSA instructor Bill Andrade of Swampscott Middle School describes the anatomy of a horseshoe crab. Photo by Marine Science Center.

Photo below: Maria Guzman and Rachel Brooks investigate plankton, with a microscope, at the Gloucester Maritime Heritage Center. Photo by Marine Science Center.



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The Nature of Nahant: What to look for in September

By Linda Pivacek

September is an avian migration extravaganza! This is especially apparent in Nahant, which is known as a "migrant trap." The first week in September is the peak of the fall southward warbler migration. Warblers are a favorite of many birders for their beautiful and colorful plumages. Look for them as they forage for insects in garden shrubbery and treetops during an early morning walk. By mid-month, Sharp-shinned Hawks will be moving south and during the third week in September more individual birds are on the wing than at any other time of year! Both, the adult and this year's hatch of young birds, will be on the move. Ripening berries provide food for tanagers, orioles and thrushes. The Mass Audubon Thicket on Wharf St. and the Heritage Trail at the lowlands (begin at the Short Beach parking lot), and the Spring Road "Stump Dump" are great spots to find a variety of warblers, vireos, kinglets and other species.

Migration is not just about birds. It's about the schools of fish on the move, as Striped Bass and Bluefish pursue them, much to the delight of local fishermen. And it's about other creatures as well, like the Monarch Butterfly, a fascinating long distance migrant. Yes, this butterfly can find its way to Mexico for the winter without a GPS (or at least the kind you can buy). As I write this article, I can see several beautiful Monarchs in my butterfly garden and their numbers will increase through September. They can often be found in the wonderful stands of milkweed on the coastal banks of Short Beach and Doggie Beach. Swarms of large darner dragonflies will be migrating through Nahant by the end of September. Lodge Park and the Stump Dump are good places to enjoy these very interesting creatures. Another insect that makes a seasonal appearance is the flying ant. The ants hatch near the shore and the result is a feast for birds. I used to wonder why large flocks of gulls were circling and diving in the air along Nahant Road by Short Beach in September. Aren't they supposed to find food on the sand and in the sea, or the occasional dumpster? I finally realized that the gulls were actually "fly-catching," feeding on the millions of flying ants hatching in September. Ah, nature. There's always something new.

The stars should be bright on Sept. 8th, with the new moon phase, a good time to look for the stars of the Summer Triangle: Deneb, Vega and Altair. On September 22nd, the Autumnal equinox occurs, when days and nights are of equal length. The full moon, or Corn Moon, occurs on the 23rd, a nice time for an evening stroll.

Note about Lodge Park

The meadow at Lodge Park was mowed in August after the breeding season for birds. Judging by the comments I have received, I know there are many of you who love the tall grasses and wildflowers. This year the entire meadow required mowing in August, since woody plants were taking over. Don't panic! Periodic mowing is part of the management plan to keep the park a grassland meadow. Thanks to the DPW Superintendent, Tim Lowe, and crew, we will now return to the planned mowing regime, which calls for a section of the park to be mowed every 1 to 2 years. This will be rotational, always leaving an unmowed area to wave in the breezes and provide cover for wildlife, plant succession and a lovely vista.

SWIM Meeting September 13th

Safer Waters in Massachusetts (Nahant SWIM, Inc.), will meet at Northeastern University Marine Science Center, in Nahant, on Monday, September 13th, at 7:00 p.m. On the agenda: What can SWIM do to think globally, act locally?

Citizens concerned about protecting the shores and ocean around Nahant and beyond, are invited to attend the meeting. Bring your concerns and your ideas. Help SWIM improve Nahant's water quality. SWIM's mission is to do whatever is necessary to make practical improvements here and now, wherever a citizens' group can be effective.

Come to the meeting September 13!

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What's Up With Boat and Yacht Repo Joints

By Rob Scanlan, CMS/MMS/ACMS,
Accredited & Certified Marine Surveyor

The Reality.

You're upside down in your yacht, or boat financing; haven't made any payments, and you know it is just a matter of three – maybe four months before the “repo-man” comes to take your water toy. Maintenance, upkeep and attention to the on-board systems, engines and electronics are of no concern to you. It will not be coming out of your pocket. You load the boat up with all your in-laws and asphalt admiral-friends, beat the tar out of the boat, for the remainder of the boating season; and in most cases you strip the items, electronics and appurtenances for some extra last-minute cash. Now let's get right to the point; are you going to furnish-up any maintenance logs, receipts and any information about the boat at this point? I doubt it. You can't even make the payments, let-alone invest in routine maintenance.

The Facts.

How come there is not one of these boat and yacht repossession facilities in the United States listed as a member of the Yacht Brokers Association of America? I'll tell you why, because they can not and will not adhere to the standards and ethics of YBAA and the membership of professional yacht brokers. These repo-facilities do not co-broke their questionable inventory either. Go figure.

For over twenty two years now, I have been retained by banks and marine lenders to survey these “repos” after they are taken. Many clients, in the past, have called me to survey boats and yachts at the repo-joints and eight (8) out of ten (10) boats, or yachts, have had enough significant structural, mechanical and electrical problems to warrant walking away from the purchase.

No wonder the “repo-depots” will not allow me in their repo-joints again. These guys do not want my detailed engine diagnostic testing; structural and electrical tests performed and my ability to access the National Crime Bureau/Boat History Reports, on their inventory of liquidated and repossessed boats and yachts; neither does the bank or lender. Try requesting sea trials.

Behind-the-Scene Truth.

Make no mistake about it, the repo-guys only want the surveyors from “their” list, who shuffle and hustle through the survey, using words and text to make that U.S.S. Old Sneaker shine. These are called the “on & off” surveyors. Banks and repo-depots love the “on & off's” after the boat, or yacht, is repoed, but the banks and marine lenders don't want them for the pre-purchase surveys, prior to lending the greenbacks for the initial purchase. What's up with that?

Here's another piece of my experience over the past twenty two years at these repot-depots; not one has any maintenance logs, or receipts, for any of the work performed; “nobody knows nothin” about the boat's past history and in every situation, there is no information furnished-up on any of the survey results recently performed on that boat, or yacht, since it was repossessed.

If you have clients who think they can get a “good deal” on a “repo,” have them call me. I guarantee I will educate them on the real world of buying repoed boats and yachts. I will be more than happy to submit the list of marine lenders and banks that retained me in the past; (17 total). It has come to a point that when a client tells me he wants a survey done on a boat, or yacht, at a repo-place, or a boat listed on “Craig's,” or “eBay,” I explain why I will not waste either of our time and money on that boat, with too many hidden problems and unknowns.

R.T. Scanlan, CMS/MMS/ACMS is an accredited and certified Marine Surveyor, United States, Canada, Europe/UK & Australia. Serving Coastal New England, Cape Cod & the Islands, from Maine to Long Island, New York and New Jersey. He can be reached by phone, 781-595-6225 (24-hour office) or by email through his website, www.mastermarinesurveyor.com



“STRE-E-E-ETCH SUMMAH” Come To The Cahnah SUNDAY NITE SEPTEMBER 5TH

This has been the summah to absolutely die for and the staff of the TUDOR TRANSIT AUTHORITY'S CLUB CAR BAR want to make it last a bit longah by serving you their version of “ISLAND MENTALITY.”

Come to the 6th annual Mitchell's Cahnah Block Party at 7:00 p.m., on Sunday, September 5th, and let them spoil you rotten. Enjoy great food, cocktails while being a “NAHANT FASHIONISTA” with ISLAND MENTALITY and ISLAND BOYZ gear designed exclusively for the event. All proceeds from this year's extravaganza go directly to “5” ISLAND KID programs.

“Hey, you know Jason the Magic Balloon Guy? Well, we got ‘em until 8:00 p.m.”

When the last ball hits the hole at the annual Calcutta golf tourney, we be rockin' to the BRUCE TARNEY BAND until 11:00 p.m.

“Admission is free to all.”

So c'mon down, have a ball and help us stretch out a bit more summah. The \$7,500 raffle will be drawn at 9:00 p.m.

Many of you asked where is the “on land” CLUB CAR BAR on our family's Tudor Wharf property. The only bar in town to have a 4:00 a.m. liquor license (HAPPY HOUR IS 2 AM TO 3 AM). The attached photo should answer the question!

“IT'S A FUNDRAISER, PLEASE LEAVE “YOUR” FOOD & BOOZE HOME”

“See you all at the Cahnah!”

At this time the TUDOR COCKTAIL ICE COMPANY is throwing its total support to LIFELONG ISLANDER, JENLAINEY McTITUS for SELECTWOMAN.

On a serious note folks, pray for a very dear islander. We love your Charlie Sanphy. Submitted by Ponsie Tudor



Bruce Tarney's Band at Mitchell Cahnah Block Party



Bruce Tarney's band, “The Bandwagon,” will provide the music for the Mitchell Cahnah Block Party, September 5th, 7:00 to 11:00 p.m. Band members, (left to right) Bruce Tarney, vocals, John Leblanc, bass guitar, Henry White, drums and Dominic Civiello, guitar. They will play a mix of classic rock with a splash of recent radio hits.



Useless Information...By Ray Barron

Nahant's September Birthday Babies

- | | | | | |
|--|--|---|--|--|
| 1. Margaret Bailey,
Jeanne Baranek, Wendy
Buening, Catherine
Capezza, Marilyn Clausen,
Anne Graul, Rosalie
Moleti, Martha Taylor, | Carl Maccario, Arthur
Martelli, Paul Morad, Lily
Sanphy, Luke Siriani, Nicole
Soule, Gwendolyn Upton,
Cameron Waldman, | DeCamp, Dianne Dunion,
Peter Luthi, Peter Mazareas,
Rosamond Puleo, Phillip
Russell, Michael Tanen, | Levasseur, Lawrence
McDonough, William
Zieman, | Lamothe, Perry Manadee,
Francis McCarthy, Linda
Peterson, Jayne Solimine,
Gabiella Wootten, |
| 2. Gabriele Ciota,
Maryliz Cort, Lydia Cutillo,
Ferdinand Fiske, Ruth
McDonald, Walter Spinelli, | 8. Barbara Lombard,
Matthew Kalapinski, James
O'Brien, Derek Osbahr,
Nancy Slager, | 15. Lauren Barton,
Richard Cadigan, Diane
Dunfee, Patricia Kane,
Donna Long, Mary
Mackey, William Morella,
Nancee Peters, Marie | 20. Linda Baldini, Lea
Hill, Gail Bronwyn Lese,
Janet Livoti, Mary Jo
Ludke, Antonia Steriti, | 25. Paul English, Sr.,
Ellen Keefe, Brent
Kimball, Cynthia
Mazareas, Stephen |
| 3. David Doyle,
Wilson Chu Hang Feng,
Cornelis Hollenbach,
Lorraine Locke, Michael
Russo, | 9. Sheila Champigny,
Elijah Clark, Shiloh Clark,
Timothy Demakis, John
Keller, Ryan Mahoney, Bruce
Marshall, Rose Novello,
Catherine OConnor | 16. Jonathan Hanson,
Winifred Hodges, Leslie
Holmes, Lisa Inello,
Charles Jessome, Thomas
Kourkoulis, Fred Quinlan,
Jonathan Tibbo, Martin
Vangrouw, | 21. Mary
Bartholomew, Amy
Bozarjian, Donna
Breithaupt, Matthew
Hendrickson, Michael
Obrien, Rene Prepetit,
Mark Sachar, Douglas
Sigourney, Robert
Steinberg, Thomas Wrenn, | 26. Theresa Bacheller,
Thomas Butler, Dante
Cenci, Taylor Gouchberg,
Doris Hefler, Mary Krol,
Daniel Munnelly, Frederick
Nicoll, Stacey O'Brien,
Casey Walton, |
| 4. Carol Delaney,
Donna Foti-Scovell,
Genefrede Hollenbach, Ann
Hudson, Thomas
Mazzaferro, Patricia
McSweeney, Logan
Merlino, Richard Nagle,
William Peterson, Andrew
Taxiarchos, Larry Titus, | 10. John Bardgett,
Charles Briggs, Kathleen
Carroll, Clarisse Cochran-
Chipura, Helina Fontes,
Cynthia Mantzoukas, Beverly
Quinn, Mariana Rauworth, | 17. Kerri Bozarjian,
Julie Desmaris, Douglas
Eaton, Knut Fischer, Karen
Hawko, Robert Hill, Chris-
tine Howard, Susan Kerr,
Jean Piantedosi, Lana
Proia, Jessica Smith,
Amybeth Snyder, Erica Von
Schilgen, | 22. Barbara Brownlie,
James Bryanos, Leah
Canali, Frank Clements,
Katy Dolhun, Victoria
Fortino, Braden Howard,
Matthew Morin, Patrick
Murray, Meghan Sanborn,
Helen Savino, Lisa
Stempek, | 27. Michael Belliveau,
Philip Duguay, David
Hausler, Eileen Keohane,
Peter Klee, Bryan
McGilloway, Janet Pereira,
Mary Sharkey, |
| 5. John I. Benson,
Maria Welsh, | 11. Joseph Barisano,
Karol Borys, Joseph Ciota,
Michael Dunfee, Marvene
Kasper, Mary O'Malley, Tracy
O'Shea, | 18. Corey Bleau,
Nicolas Farr, Anthony
Macone, William Marden,
Joseph Sherber, | 23. Xavier Bascon,
Keiko Cadigan, Jennifer
Coffey, Judy Flaherty,
Russell Gaudet, Donna Lee
Hanlon, Nicholas Lamando,
Abbas Soleymani, | 28. Karen Callanan,
Edna Doran, Janet
Goodwin, Paul Lenzi,
George Markos, Debra
Morin, Eva Warren, |
| 6. Dewitt Brown,
Robert Caggiano, Ann
Callahan, Jean Inglis, Joan
Inglis, Laurie Johnson,
Cole Krauter, Emily Lynn
Lospennato, Joanne M.
Luti, Maureen Mellen,
Ronald Strout, | 12. Petra DiCostanzo,
Marrissa McKie, Norina
Rowen, Elma Savory, Kim-
berly Smith, | 19. Khalil Abraham,
George Adolph, Kathryn
Bezemes, Karen Canty,
Joseph Carmody, Thomas
Costin, Mark Dufour, Peter
Fantasia, Michelle | 24. Kathleen Baldwin,
Vannarat Boontong, Mary
Buckley, Kirk Castetter,
Darlene Conigliaro, Tho-
mas Dwan, Kathleen
Hatfield, Christopher | 29. John Gale, Julia
Gallagher, Nancy Locke,
Siobhan Skabeikis, |
| 7. Suzanne Bailey,
Robin Byron, George
Delaney, Meghan Dowling, | 13. Malcolm Chamber-
lain, Kristen Connor, William
Paul Edwards, Alexander
Farr, Roger Locantore, John
Michaud, Daniel Spinucci, | | | 30. David Barile,
Stephen Greenstein, Paul
Lospennato and John R.
McCarthy. |
| | 14. Dianne Cadigan,
Michael Conley, Creighton | | | |

Governor Signs Pediatric and Adult Organ Donation Bill

State Senator Thomas M. McGee (D-Lynn) announced today that Governor Deval Patrick signed into law An Act Establishing an Organ and Tissue Donor Registration Fund which was developed in collaboration with local lawmakers and families committed to making a difference for those in need of transplants. The bill was sponsored by Senator Bruce Tarr (R-Gloucester) and co-sponsored by Senator Thomas McGee (D-Lynn), and Representative Ann-Margaret Ferrante (D-Gloucester). The original bill was also co-sponsored by Senators Richard Tisei (R-Wakefield), Michael Knapik (R-Westfield), Robert Hedlund (R-Weymouth), Anthony Galluccio (D-Cambridge), Susan Fargo (D-Lincoln), Karen Spilka (D-Ashland), Steven Tolman (D-Brighton), Robert O'Leary (D-Barnstable), Susan Tucker (D-Andover), Richard Moore (D-Uxbridge), Stephen Brewer (D-Barre), John Hart (D-Boston), and Brian Joyce (D-Milton), and Representatives Katherine Clark (D-Melrose), Mary Grant (D-Beverly), James Vallee (D-Franklin), Cory Atkins (D-Concord), Kay Khan (D-Newton), Bradley Jones (R-North Reading), Peter Kocot (D-Northampton), Theodore Speliotis (D-Danvers) and Christine Canavan (D-Brockton).

"This bill goes a long way to encourage organ donations and raise awareness on the issue. Because of the tireless efforts of the families involved, legislators from both the House and Senate worked together closely to craft this important piece of legislation," said Senator McGee.

"The creation of an organ donor registration fund will literally be lifesaving for people on the organ transplant wait list," said Representative Clark, who was a lead sponsor of the bill. "There are many patients waiting for life-saving transplants and this law will provide the necessary financial, organizational, and educational means to increase the number of donors in Massachusetts."

Nationwide, there is a serious deficiency of organs available for donation. As of June 21, 2010, more than 108,000 people were in need of an organ, according to the United States Department of Health and Human Services, with less than 7,000 transplants performed in a preceding three-month period. Massachusetts is an unfortunate laggard in organ donation rates; while some states have organ donation rates over 70 percent, Massachusetts is below 40 percent. This bill would take several steps to increase adult donor rates, including: Establish a means to register as an organ donor when renewing a registration or license online; includes an option to become an organ donor on all registration renewals mailed out by the Registry of Motor Vehicles and adds on license and registration renewal forms an optional donation of no less than two dollars to the Organ and Tissue Donor Registration Fund.

In Memory

William G.”Bill” Bonner, Sr.

Mr. William G.”Bill” Bonner, Sr., age 84 years, of Nahant, died Saturday, August 14, 2010, surrounded by his family at Kindred Hospital, Peabody, after a long illness. He was the husband of Susan H. (Linnane) Bonner, and the late Lillian Carty.

Born in Swampscott, the son of the late Howard and Hazel (Baldwin) Bonner. He has lived in Nahant most of his life. Bill also lived in North Andover and in Niagra Falls, NY. He attended Nahant and Lynn schools, was a Class of 1944 student of Lynn English High School, and a 1988 graduate of North Shore Community College.

Bill served in the United States Navy during WWII as a Gunners Mate 2nd Class. As a member of the 3rd Beach Battalion assigned to the USS Bolivar APA-34, Bill participated in six amphibious assault landings in the Marshall Islands, Saipan, Guam, Leyte, Luzon and Iwo Jima. He rescued a shipmate upon landings on both Saipan and Guam. When the war ended, Bill married his childhood sweetheart, Lillian Carty. After her sudden passing in 1963, Bill returned to Nahant to raise his children, where he married Susan Linnane, in 1968, and they shared 42 years of marriage.

In addition, Bill leaves his children, Gail and Russell Buturlia of Groveland, Diane and Jim Willard of Townsend, Judith Maker of Salem, William “Bill” Bonner, Jr. of Lawrence, Christopher and Karen Bonner of Swampscott. He is also survived by his nine grandchildren and ten great grandchildren and many nieces and nephews.

As a friend of Bill W’s, he was a founding member of the Nahant Men’s “Blueberry Muffin Group”. Bill also enjoyed golfing, fishing, and gardening. He was an avid Boston Red Sox fan. Most importantly, Bill loved his family and his friends, and his cat Midnite. Bill worked for Hood’s Milk Company after his return from the war, ran a dairy plant for the Niagara County Dairy Co-operative in New York for a short while, and later Bill worked as a custodian for the Town of Nahant at the Library and Town Hall. He also was the sexton at the Nahant Village Church for 20 years.

He was buried with military honors, at Greenlawn Cemetery in Nahant.

Margaret M. (Creamer) LeVangia

Mrs. Margaret M. (Creamer) LeVangia, age 77, of Nahant, died Friday, August 13, 2010, surrounded by her family in a local nursing home, after a brief illness. She was the wife of Thomas LeVangia, her husband of 57 years. Born and raised in Lynn, she was the daughter of the late James and Margaret (Linehan) Creamer. She attended Lynn Schools and was a graduate of Lynn Classical High School, class of 1950. She and her husband had lived in Nahant for the past 56 years.

Mrs. LeVangia returned to school later in life and earned her degree in education from Salem State College. She would go on to teach in the Nahant and Lynn School Systems before teaching for many years at St. John the Apostle School in Peabody.

An active Communicant of St. Thomas Aquinas Parish, Nahant, she was a former director of the CCD program for the Parish. She enjoyed playing golf.

In addition to her husband, she is survived by 3 children Timothy LeVangia and his wife Leticia, Paula Phipps and her husband Jeffrey, and Michael LeVangia and his wife Sherry, all of Lynn, 3 brothers Bernard Creamer and his wife Margaret, Edward Creamer and his wife Sandra, all of Tewksbury, and Richard Creamer and his wife Nadia, of New York, 3 grandchildren Kevin Phipps and his wife Natalie, of Salem, Andrew Phipps, and Emma LeVangia, both of Lynn and several nieces and nephews. Burial was in Greenlawn Cemetery, Nahant.

Bernadette M. Gaynor

Bernadette M. Gaynor, 92, of Nahant, formerly of Everett, died peacefully on June 30th, at Peabody Glen Nursing Home. She was the beloved wife of the late John J. Gaynor, with whom she shared many happy years before his passing in 1962.

Born in Boston, MA, she was the daughter of the late Elias McCormack and Gertrude (Maloney) McCormack. She graduated from Everett High School, class of 1937. Bernadette was Vice President and Treasurer of Barwood Manufacturing Company in Everett. She loved to travel and spend time with her family and friends.

Bernadette was grandmother to 10 and great-grandmother to 16 children. She is survived by four sons; Kevin and wife, Jennie, of Peabody, Robert E. and wife, Brenda, of Nahant, Edward J. of Bristol, CT and Lawrence E. and wife, Maddy, of Lakeland, FL and daughter-in-law, Carol Gaynor, of Epping, NH. She was predeceased by one son, John M. Gaynor of Epping, NH, one brother, John McCormack and wife, Margret, of Scituate, a sister, Gertrude and brother-in-law, Bill Burke, of NC and a sister, Irene Mihovan and brother-in-law, Victor, of Nahant and one daughter-in-law, Rose Gaynor, of Bristol, CT. A private service was held at the Woodlawn Cemetery in Everett.

Carol “Cookie” F. Solimine

Carol F. “Cookie” (Gosselin) Solimine, of Falmouth, age 76, died Tuesday, August 3, 2010, surrounded by her loving family in Falmouth Hospital, after a brief illness. She was the wife of Lynn native, A. Richard “Sully” Solimine, Lt. Col. USAF, Retired and the daughter of the late J. William and Helen L. (Goudreau) Gosselin.

Born in Parkersburg, West Virginia, she was raised in Nahant. She was a graduate of Lynn Classical High School, class of 1952, where she was a popular student and a lead cheerleader. In 1951, she was a member of the Queen’s Court at St. Michael’s College, in Winooski Park, VT. She has lived in Falmouth since 1955. She loved her grandchildren, the sea, bowling and the view from her deck on Green Pond. Above all else, her life evolved around her family and friends. During the time her husband was deployed on two US Air Force military assignments in Thule, Greenland and Southeast Asia, each lasting a year, she raised her children on her own. For many years, she was office administrator for Dr. Walter Bucken of Falmouth.

Besides her husband, Sully, of 55 years, she is survived by her daughter Linda C. Cafferty of Woburn; three sons, Michael A. Solimine and his wife Kathrine of Milford, R. Scott Solimine of Woburn and Chris A. Solimine of Falmouth; six grandchildren Jeffrey, Brian and Jenna Solimine of Milford, Paul Cruwys, Tyler and Krystal Solimine of Falmouth; one great grandson Alex Cruwys of Falmouth; many nieces and nephews, grand nieces and grand nephews. She was predeceased by a brother John H. Pattee, three sisters Helena P. Foisy, Joan M. Cataldo and Virginia A. “Ginny” Murphy; and her son in law Thomas S. Cafferty.

Charles “Charlie” E. Sanphy

Mr. Charles E. Sanphy, 76, of Nahant, died Sunday, August 22, 2010, in his home surrounded by his family. He is the husband of Carol Ann (Jeffrey) Sanphy. He was born in Lynn, the son of the late Hugh E and Dorothy (Buchanan) Sanphy. Raised in Lynn, was a 1952 graduate of St. Mary’s Boys High School and a 1956 graduate of Boston College. He was a resident of Lynn for many years and the past 30 years in Nahant.

Charlie was a Specialist 4th Class in the United States Army, stationed at Fort Leonard Wood, Missouri. He was an active communicant of St. Thomas Aquinas Church in Nahant. He was past president of Lynn Kiwanis Club, a member of the Board of Directors at My Brother’s Table in Lynn and a member of the Lynn YMCA, Men’s Fitness Center. Charlie was a pharmaceutical salesman for Diamond Drug, Inc. of Revere. He retired in 2002, after over 30 years of service.

In addition to his wife with whom he shared 53 years of marriage, he leaves five sons, Charles Sanphy and his wife Laurie of Nahant, Brian Sanphy and his wife Donna of Saugus, Matthew Sanphy and his wife Michelle of Reading, Joel Sanphy of Wakefield, Dr. Mark Sanphy and his wife Nicole of Nahant, four daughters, Caron Sanphy of Swampscott, Beth Cote and her husband James of Danvers, Stacey Kasper and her husband Stephen of Nahant and Maureen Sanphy of Nahant. He also leaves 14 grandchildren and several nieces and nephews. He is the brother of the late Clifton Sanphy and Jean Moloney.

Stay with the Boat A Lesson from a Recent Boating Tragedy By Bob Cusack, US Coast Guard Auxiliary

The recent tragedy off Graves Light, in Boston Harbor, might have been avoided. Around 6:50 p.m., the afternoon of Saturday, August 14th, a small pleasure boat, with three people on board, started taking on water. A Mayday call was radioed to the Coast Guard on VHF channel 16. The Coast Guard and others, immediately responded and found two people clinging to the boat, which ultimately sank. The responders discovered that a third person had abandoned the boat and started swimming towards Graves Light.

The Coast Guard air station on Cape Cod, launched a helicopter and along with other rescue assets, searched through the night for the missing boater. The person was finally located about 11:00 Sunday morning. He did not survive, while the people who stayed with the boat not only survived, but were rescued a short time after their distress call.

The lesson in this case and all other cases like it, stay with the boat, stay with the boat, stay with the boat. Finding a person, even one wearing a large "type one" life jacket, in the middle of a 30-mile square area, at night is like looking for a needle in a haystack. So please, for your sake and that of your friends and family, stay with the boat.

Here are two images from the vantage point of a Coast Guard rescue helicopter. One is of one person in the water, the other picture, of people hanging onto a swamped boat. The long view is about what you would see with the naked eye from about 500-750 feet. The close-up view shows a person in comparison to a boat. You can see how hard it is to spot a person in the water with only the head visible. The chances we would spot him without the boat next to him, would be slim to none.



Nahant Dory Club Raffle

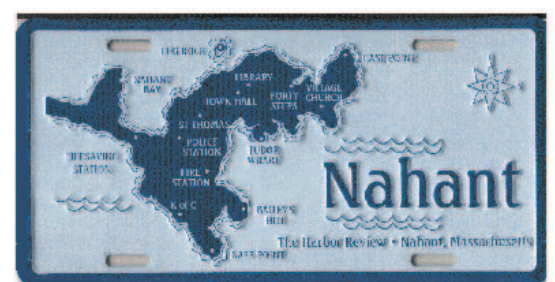
Paula Pascucci, Nahant artist and Dory Club member, has graciously donated the painting, shown at right, to the Nahant Dory Club for a raffle. Paula is a member of Marblehead Art Association, where she recently won an award during at summer's exhibition.

The painting measures approx. 9.5" x 7.5" in a 17"x 14" frame and is done in the pastel medium on archival paper. The subject is a boat moored in Nahant harbor on a misty, late Spring morning. The pastel is a dry medium, in stick form, consisting of powdered pigment and binder. It is as close as one can get to painting with pure pigment.

When created on archival surfaces and properly framed, the pastel painting is the most permanent of all media, for it never cracks, darkens, or yellows. Many pastel paintings from the Impressionists period are just as stunning today, as when they were first painted. Degas and Mary Cassatt frequently used the pastel medium. Traditionally used in the 18th century for painting royal portraiture, the soft pastel medium can trace its roots to prehistoric cave painting.

Proceeds from the raffle will support the Dory Club's civic commitment and the Nahant Sailing program. Questions or tickets: Mary Jane (781)581-1159; or Candace at candacecahill@yahoo.com.

Nahant Vanity Plate Only \$20



Help support the Nahant Harbor Review. Buy one for your out-of-town friends. Only available at Richland Convenience Store on Nahant Road.

Travel to...Tofino Botanical Gardens

By Meg Pier, View from the Pier

Tofino Botanical Gardens, on Vancouver Island's wild and wonderful west coast, is a celebration of life in all its vibrant diversity, encompassing gardens, rain forest and shoreline. Following a boardwalk path, my husband Tom and I were enveloped in the verdant surroundings and led from one enchanting cul-de-sac to the next, each presenting a magical surprise.

Tom and I ventured into the forest, where clearings had been transformed into a series of pocket gardens. Some of these gardens displayed plants that once thrived in other coastal temperate rainforests around the world. Others celebrated the various cultural groups that have made Clayoquot Sound their home, now and in the past, particularly the Nuu-chah-nulth First Nations, early pioneer homesteaders, Japanese fishing families and Hippies. And still other tucked-away corners sported a wide variety of sculptures that included a psychedelic mural on an old VW bus, a copper cougar that seemed ready to pounce, with a verdigris coat, an immense primitive totem head, an elegant gray wooden heron posing in the reeds of a lily pond, and a wire humanoid stationed at a desk with a rusted typewriter.

The sculpture depicted in the photograph above, is by Michael Dennis, a sculptor based on Denman Island, off the eastern shore of Vancouver Island. Tofino Botanical Gardens currently displays sixteen of his pieces. Describing his inspiration and process, Michael said:

"Much of my work addresses ancestors. If we look back far enough, our ancestors lived in caves. They were much like us, less the technological niceties: they ate and slept, laughed and argued, sang and danced or stood quietly by the fire. The firelight cast shadows of their lives on the walls. I try to sculpt those shadows. These figures are created by selecting cedar trunks which by their twist and curve carry some implication of humanity."

Eileen Floody of Tofino Botanical Gardens reeled off a lyrical litany of just some of the trees found here, the names of each evocative of wonderful smells and strange shapes: "There are about half dozen or so evergreen tree species which dominate Clayoquot Sound—Western red cedar and yellow cedar, Douglas fir, hemlock, shore pine, white pine, western yew and Sitka spruce."

Of birdlife she says: "We see them all go through here at one time or another, as the Tofino Mudflats Wildlife Management Area is an important feeding station for migratory birds. Year round we see bald eagles, blue herons, along with smaller birds such as Stellar's jays, woodpeckers, and kingfisher. Migrating birds are many and various, with the shorebirds being the most prominent; snow geese, lots more ducks, plovers, sandpipers, sanderling, dunlin and whimbrels. On the water, cormorants, oystercatchers, ducks, grebes and loons are here for most of the year, but wander widely for food."

Charles McDiarmid, Managing Director of Tofino's Wickanninish Inn, grew up in Tofino. He spent much of his boyhood on the water, exploring Clayoquot Sound on a 12-foot aluminum boat with a nine horsepower motor. On one excursion, he and a pal found themselves fogged in on the west side of Vargas Island. Although the teens were supposed to be home by dark, they had no choice but to pull ashore, build a fire and settle in for the night. It was an early lesson in acceptance for McDiarmid, one he has come to see often bears gifts.

"I learned I have to go along with what Mother Nature is delivering, not necessarily what is on my program," he chuckled. "But while the ocean can sometimes separate us, it also joins us."

"When just the right kind of storm came up, with the tides and winds perfectly aligned, we'd get up at high tide, sometimes at 3:00 a.m. and beachcomb for glass floats used by Japanese fisherman to hold up their nets," he continued. "The green balls were hand-blown and wrapped in rope and considered a huge treasure along our rocky coast, as the only place they would wash ashore unscathed, were on the few stretches of hard packed sand of Chesterman and Long Beach."

McDiarmid considers it a responsibility, as part of growing up and living in this spectacular natural environment, to assist others in appreciating a universal truth that Vancouver Island's Nuu-chah-nulth First Nation people refer to as Hishuk ish ts' awalk, meaning "Everything is one."

"When you care for one another, when you care for the environment, it comes back to you. Call it karma if you will, or 'hishuk ish ts' awalk.' By doing what we do every day, we hope to have others see this for themselves, to carry this feeling with them and share it, in turn, with others."

A botanical garden is a sanctuary set aside for the study and conservation of plant life. Here, in Tofino, thousands of unique species are prized for their individual contribution to an overall ecosystem we found enthralling. This landscape, like any other, wouldn't be the same minus any one individual work of art, be its creator man, God, or the two in concert.

Meg, a Pearl Road resident, is a regular contributor to the Boston Globe's travel section and creator of five photography/quotation books available at book stores and gift shops locally. She is also proprietor of www.ViewfromthePier.com, a website that offers observations on life's journey through images and words.



Donna's Treasures Features Wire Wrapped Copper Tree Pendants at the NHS Autumn Fair on September 25th



Donna Lee Hanlon, owner of Donna's Treasures in Nahant, will debut her new line of copper and semi-precious gemstones, wire-wrapped jewelry at the Autumn Fair, to be held on Saturday, September 25th, at the Nahant Community Center, at 41 Valley Road. This new Fall Fantasy line features single and multi-strand, beaded and copper wire jewelry with Southwestern turquoise, Picasso Jasper, Fire Agate, Ocean Jasper, Orbicular Rhyolite, Serpentine, Black Onyx and other popular semi-precious gemstones suitable for fall fashions in New England. This is a new endeavor for Donna Hanlon, designer and creator of the wired creations.

A special pendant was created, just for this event, simply called "The Tree." The pendant is a wired-wrapped tree, enclosed in a circle, a symbol of life and unending continuity, with various gemstones of peridot, rose quartz, amethyst, or turquoise, representing leaves. Handcrafted individually, each pendant is unique. This is a limited edition in silver, brass, or copper wire and comes with a card signed by the designer.

This new line of designer jewelry is very affordable. Earrings and Bracelets are \$5-\$10, necklaces are \$15-\$20 and complete sets are \$30-\$35. Gift boxes and wrapping will be available at no charge.

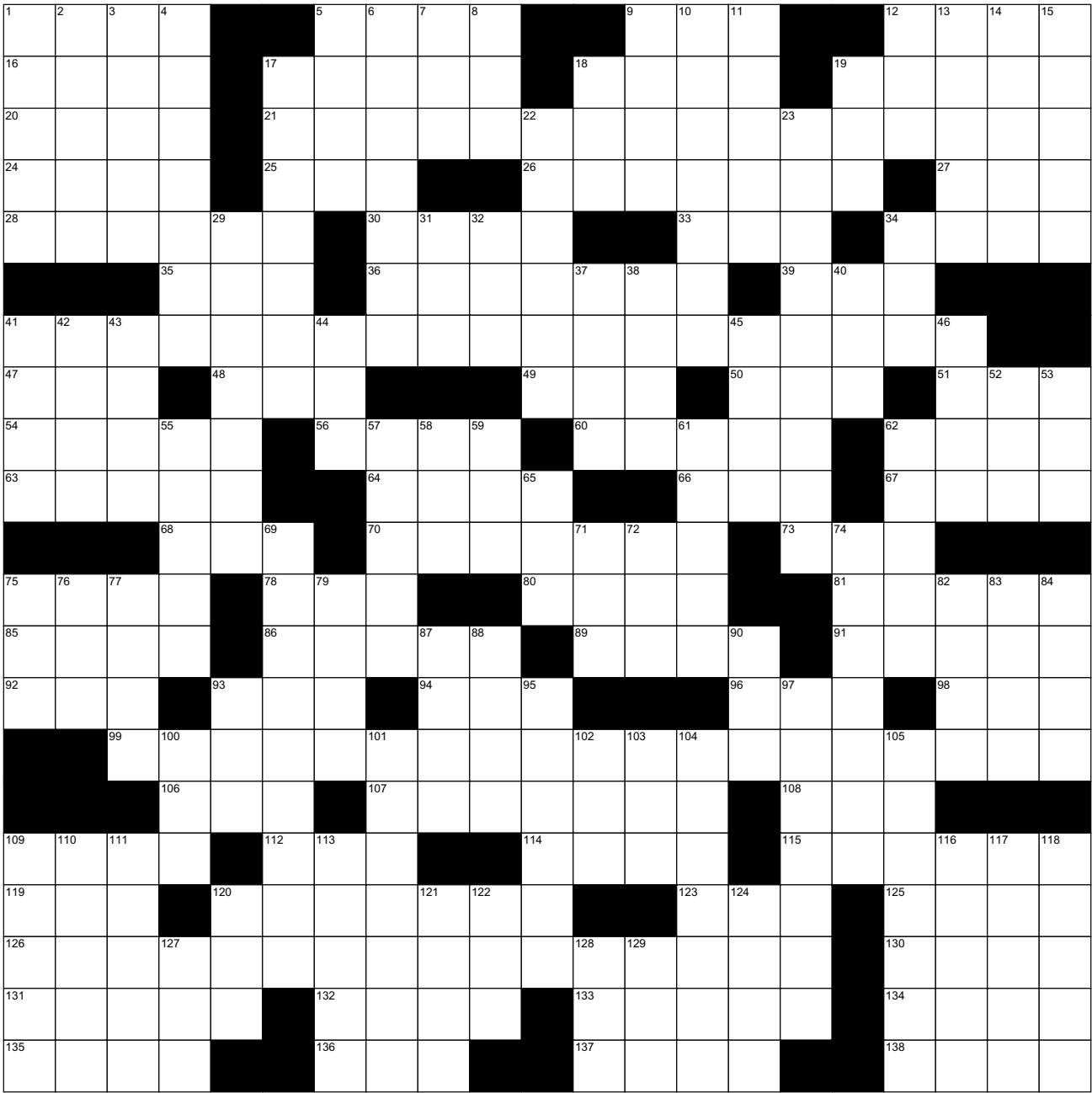
Other items for sale include an assortment of collector quality mineral specimens from all over the world, as well as a special table with items for the kids. This year, "I've even brought some of my larger pieces of geodes and minerals to display. I hope all my friends will stop by and say hello, maybe do a wee bit of shopping."

NAHANT PUZZLE PAGE

Fathers Know Best
by Rick Kennedy

ACROSS

- 1 Insensitive
5 Ordered
9 It may be written in stone
12 Frisbee, e.g.
16 Declare
17 Copy
18 Tiny bit
19 Tureen accessory
20 Self-starter?
21 *Start of an L. L. Henderson quote*
24 Scotland Yard discovery
25 "Your point being ...?"
26 Came out
27 Feign
28 3.26 light-years
30 Smooth
33 Horned viper
34 Functions
35 Bus. card info
36 Reach
39 Reuters competitor
41 *Part 2 of quote*
47 Threshold
48 Gray sea eagle
49 Racket
50 Lurked
51 ET's craft
54 Blathered
56 Adventure story
60 Caffeine pill brand
62 Black, to poets
63 Sanctified
64 Piddling
66 Unlock, in poetry
67 Ancient Greek instrument
68 Enzyme suffix
70 *Part 3 of quote*
73 Pat
75 Hitch
78 Edinburgh-to-London dir.
80 Peter I, II or III
81 Super Bowl XLI winners
85 Tony's cousin
86 New York ____
89 Cathedral recess
91 Cognizant
92 PC linkup
93 Toy store inits.
94 Western treaty grp.
96 Headed
98 Sedona maker
99 *Part 4 of quote*
106 Kimono sash
107 Hot and dry
108 Flightless bird
109 Shredded
112 High flier, once
114 After-bath wear
115 Ball park licensee
119 Gorilla
120 1988 Bush campaign adviser



- 123 PawSox level
125 Morsel
126 *End of quote*
130 Pearl Harbor locale
131 Great 119 Across
132 Give a hand
133 For the birds
134 Greek god of war
135 Spellbound
136 Ballpark fig.
137 Kind of terrier
138 Storied Phoenician port

DOWN

- 1 Civil rights org.
2 Palate part
3 Poet's concern
4 Grazes
5 Vanilla ____
6 Style of the 1920s and '30s
7 Cry from Homer
8 River of Devon
9 Pink wine
10 Retell
11 Fast results?
12 Morse T
13 Thoughts
14 Piece of cake
15 Popular mints
17 Unknown element
18 Surreal ending?
19 Inc., in England
22 Chartered
23 Empowered, in a way
29 Scopes
31 TV remote abbr.
32 Blown-up photo:

- Abbr.
34 Turnabout, slangily
37 Feudin' with
38 The current "-zoic"
40 Third degree?
41 Belgrade resident
42 Elliptical
43 State bird of Hawaii
44 Brain and spinal cord: Abbr.
45 Blue-roofed chain
46 Oswald shooter
52 Pro
53 Low digit
55 Missouri river or Indian
57 Honey-colored
58 "To the right!"
59 Curve
61 Activists
62 Macaroni shape
65 Nosh
69 Lamb, et al.
71 Miss ____
72 Drain
74 Campus life

- 75 G, musically
76 Cager org.
77 Isn't misused?
79 Pack away
82 Victoria or George
83 ZZ Top, e.g.
84 Burn
87 New Rochelle campus
88 Lane
90 Wing
93 Cal. page
95 Van Gogh's "___ Night"
97 Uplift
100 Term of affection
101 They're left behind
102 Conquistador's prize
103 Hack
104 Centrum competitor
105 PT 109, e.g.
109 Small drum
110 Musical production
111 Wrap up
113 Greta Garbo, by

- birth
116 Blog predecessor
117 None of the above
118 Not waste
120 Summer mo.
121 "Take ___!"
122 ___ roll (sushi item)
124 Green Gables dweller
127 Fire ____
128 Insult
129 Publicity

To Err is Human to Forgive, Canine

By Rick Kennedy

August’s puzzle winner was Linda Richards, of Nahant Road. Congratulations! She has won a free “breakfast for two” at Seaside Breakfast. You, too, can win a breakfast for two. To be eligible to enter the drawing to win breakfast for two, just complete the crossword puzzle, bring it to Captain Seaside’s Restaurant, on Nahant Road, then put it in the PUZZLE BOX on the counter. One winner is selected each month. See Chris, before 11:00 a.m., for more details.

S	H	E	A		P	T	A	S		P	A	T	E		A	M	B	L	E		
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S	L	E	E	T				A	N	T	E		N	E	S	S		N	E	S	T

About the Nahant Harbor Review

Since March 1994, the Nahant Harbor Review, a monthly publication, dedicated to strengthening the spirit of community by serving the interests of civic, religious and business organizations of Nahant, Massachusetts, USA. The **Nahant Harbor Review**, is published monthly and distributed to over 2,300 homes and businesses in Nahant and beyond, by Seaside Business Services, PO Box 88, Nahant, MA 01908, (781) 592-4148.

Nahant resident, Donna Lee Hanlon, is owner, Editor and Publisher. The Editor reserves sole discretion for inclusion of ads, articles, letters and other submissions.

All articles are voluntarily submitted to the Nahant Harbor Review without compensation. Articles and / or letters, submitted anonymously, or unsigned, or lacking author contact information, will not be published. Exception: although not a regular practice, a writer’s identity may be withheld, by request, at the sole discretion of the editor.

Articles, Notices, Letters and Calendar Items may be submitted by: **email**, donna@nahant.com, or **mail**, Donna Lee Hanlon, Editor, Nahant Harbor Review, PO Box 88, Nahant, MA 01908, or to the **Nahant Harbor Review Drop Box on the Teller’s Counter**, at the **Equitable Cooperative Bank on Nahant Road**. For ad rates, discount programs and deadlines, call 781-592-4148.

The views and opinions expressed in this publication do not necessarily reflect those of the management and staff of the Nahant Harbor Review, or Seaside Business Services.

The Nahant Harbor Review is the only newspaper dedicated to building the spirit of community in the Town of Nahant, MA, USA. Please support our efforts by subscribing, or advertising. Thank you.



Nahant Harbor Review

PO Box 88 • Nahant, MA 01908 USA
donna@ nahant.com • www.nahant.com

DEADLINE INFORMATION

OCTOBER 2010

All Community Calendar items, personal ads, classifieds, business ads, articles and short stories.
WEDNESDAY, SEPTEMBER 15th • midnight
Home Delivery: Sat., SEPTEMBER 25th.

Staff, Volunteers & Contributors

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The Puzzle Guy:	Rick Kennedy	781-592-8616
Delivery/Dist.:	Donna Lee Hanlon	781-592-4148

Harbor Review Delivery Crew

Tyler Peterson	781-596-0505
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Matt Ryan	781-595-0957
Route 1 & 3: 1/2 Little Nahant & Nahant Road	
Bob Roland	978-273-5338
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Route 5: Castle, Flash, Fox Hill, Range, Relay Yd, etc.	
Ryan McDermott	781-584-4077
Route 6: Bass Point Rectangle	
Shea Nugent	781-595-5644
Route 7: SE Big Nahant	
Donna & Ron Hanlon	781-581-0648
Route 8: Bass Point Apts	

Harbor Review Distribution

Papers for Home Delivery):	1,724
Papers OOT Subscribers & Advertisers:	212
Papers to Nahant stores & public places:	364*
Total Papers Distributed:	2,300*
*Every month, there are a few hundred more newspapers (printer’s over-run), which are distributed to stores and public places in Lynn and Swampscott.	

Harbor Review Subscription Information

Help support Nahant’s ONLY independent, community newspaper. Become a **Home Delivery Subscriber** to have the news delivered right to your door!
Send \$20 for home delivery, or \$30 for an Out-of-Town Subscription, with delivery address, to:
Nahant Harbor Review, PO Box 88, Nahant, MA 01908.
Thank you for your support!

Got something to share...

with your neighbors and friends?
Jot it down, put it in an envelope and drop it in the Nahant Harbor Review Drop Box at the Equitable Cooperative Bank. Located on the Teller’s Counter, save the stamp. Pickup is daily. Submitted photos and other items will be returned, if accompanied with a Self-Addressed, Stamped-Envelope.

COA Calendar September 2010

Wed	1	12:00P	Lunch Buffet & Racing at Suffolk Downs. Reservations required.
Thur	2	12:00P	Foot Clinic – by appointment
Mon	13	12:00P	Blood Pressure & Glucose – Tiffany Room
Tues	14	12:45P	Second Assertiveness Training Session
Tues	21	12:30P	Mystery Ice Cream Ride
Mon	27	10:00A	Lunch at North Andover COA
Tues	28	10:00A	SHINE Representative. Medicare & Prescription Assistance**
Thurs	30	12:00P	September Birthdays. Birthday Cake by Roz. Tiffany Room

** PLEASE CALL – Appointments begin at 10:00 a.m.
Monday thru Friday - Lunch Tiffany Room -11:30 a.m.

Mondays	9:00A	Senior Yoga – Community Center
Mondays	10:15A	Senior Exercise – Community Center
Tuesdays	9:00A	Quilting – Community Center – No summer classes
Tuesdays	1:00P	Cribbage, cards, puzzles – Community Center
Wednes.	12:30P	Shopping Trip from the Tiffany Room or call for pick-up
Thursdays	10:15A	Senior Exercise – Community Center

Van transportation is available for COA activities. FMI, call 781-581-7557.

Information and calendar are subject to change. Please call for updates, 781-581-7557, on other programs, trips and events, or e-mail us at: ddesmond@nahant.org.

NAHANT CLASSIFIED ADS

Earn a TESOL ESL certificate and improve your Spanish in beautiful Costa Rica.
Visit our website: GlobalTesolCostaRica.com,
or e-mail us at: info@GlobalTesolCostaRica.com.

WANTED! Old Books, Paintings, Autographs, Photos, Radios, Cameras, Small Antiques or any old Memorabilia wanted. If you want to get rid of or downsize, give me a call.
Call Paul Wilson @ 617-240-9936.
30 Years experience and fair prices paid.

NAHANT CLASSIFIED ADS

Got something for sale or do you want something?
Reach all Nahant! Put it in the Nahant Classified ads!
1" X 2 COLUMN BOX
Only \$25.00

Send text by email to donna@nahant.com, or drop in the Harbor Review box, at Equitable Bank in Nahant.



Members of the Nahant Sailing 420 Racing Team participated in the Marblehead Junior Race Week (July 19-21) and 2010 Junior Olympics (August 9-10) hosted at Pleon Yacht Club. In photo, from left to right are: Christian Peterson, Kristian Hosker, Coach Bjarki Gunnarsson, Anya Peterson, Haley McDevitt, Olivia Aswad, Jake Whitlock and Coach Sam Livingston. Not pictured Hannah Dubin, Claire Michaud and Sophia Maclone. Submitted by M. Rynne Peterson, Nahant.

COA NEWS BRIEFS

We're off to the races! Buffet lunch and racing at Suffolk Downs at noon, on Wednesday, September 1st. The cost is \$14.95 and reservations are required.

Assertiveness Training: Second Session at 12:45 p.m., on Tuesday, September 14th, in the Tiffany Room.

Visit and lunch at North Andover Senior Center, on Monday, September 27th. The cost is \$2.00.

For more information, or to reserve your seat, call 781-581-7557, or e-mail ddesmond@nahant.org.



Swampscott Church of Spiritualism

59 Burrill Street
Swampscott, MA 01907
781-595-6972

Sunday service at 10:30 a.m.
All are welcome!

Hands on Healing
After service Coffee Hour

Reverend Joseph Shiel, Pastor

www.theswampscottchurchofspiritualism.com

An Invitation

Are you new in Nahant? Seeking a new church home? Or, are you lonely? Bored? Want to give back to the community? Then the Nahant Village Church is the place for you! The members of the Nahant Village Church represents a Union of all Protestant church groups in Nahant. We invite you to share in our fellowship and worship, to make this your church home and to call upon us for service.

Please visit the Village Church's web site at www.nahantvillagechurch.org, or call 781-581-1202, for more information.

The Nahant Village is affiliated with the United Church of Christ, a progressive Protestant denomination with roots in the founding of our country.

Community Calendar • September 2010

SUN	5	9:30A	Summer Worship Service. Nahant Village Church, Cliff Street. All are welcome.
SUN	5	10:30	Sunday Social in Swansburg Hall. Come share coffee and light refreshments, after the Worship Service, at the Nahant Village Church. All are welcome.
SUN	5	7:00P	Mitchell’s Cahnah fundraising party. Stretch Summer, Come to the Cahnah! Food, Fun and Refreshments. Music by the Bruce Tarney Band. Till 11:00 p.m.
TUE	7	6:00P	Wine and cheese with the Nahant Woman’s Club at the Dory Club. Till 8:00 p.m.
FRI	10	8:00A	NVC FREE Breakfast. Herb Motley presents Fires and Modern Forest Management
SAT	11	9:00A	Registration for the Angel Fund’s, 95th Annual Walk of Hope, to benefit Lou Gehrig’s Disease. Walk begins at 11:00 a.m.
SAT	11	10:00A	Patios, Porches and Peaceful Views. A fundraiser for the Nahant Garden Club. FMI call 781-581-0559
SAT	11	7:30P	Ellingwood Chapel Concert, Brahms and Friends, Greenlawn Cemetery.
SUN	12	8:00A	Worship in the Park, Marjoram Park, corner of Wharf Street and Willow Road. All are welcome.
SUN	12	9:00A	NVC Choir Rehearsal in the Loft. New singers welcome.
SUN	12	10:30A	Rally Day Sunday, Sunday School Registration & Sunday Worship Service. Nahant Village Church. All are welcome.
SUN	12	11:45P	Rally Day Picnic. Swansburg Hall and Church Yard, at the rear of the church. All are welcome.
SUN	12	3:00P	Book-signing, Bob Risch, in the Reading Room, at the Nahant Public Library.
WED	15	3:00P	Music with John Root, at the Nahant Public Library. Free.
SAT	18	10:00A	OPEN HOUSE - Marine Science Center, Northeastern University, East Point. All welcome. Parking available.
SAT	18	7:30P	Ellingwood Chapel Concert, Maggie Cole, Christoph Wald and The Goldberg Variations, Greenlawn Cemetery. Admission: \$25, \$20 seniors/students.
SUN	19	9:00A	NVC Choir Rehearsal in the Loft. New singers welcome.
SUN	19	10:30A	Sunday School & Sunday Worship Service. Nahant Village Church, Cliff Street. All are welcome.
SUN	19	11:45P	Sunday Social in Swansburg Hall. Come share coffee and light refreshments, after the Worship Service, at the Nahant Village Church. All are welcome.
SUN	19	3:00P	Book-signing, Chef Peter Davis, in the Reading Room, at the Nahant Public Library.
SAT	25	10:00A	NHS 3rd Biennial Autumn Fair, Nahant Community Center, 41 Valley Road. Food and Fun for everyone! Come support your historical society, community groups and local artisans. Till 3:00 p.m.
SAT	25	11:00A	OPEN HOUSE. Nahant Therapeutic Massage, Nahant Community Center. Till 3:00 p.m.
SAT	25	7:30P	Ellingwood Chapel Concert, An Evening in the Gardens of Spain, Greenlawn Cemetery. \$25 / \$20 seniors/students.
SUN	26	9:00A	NVC Choir Rehearsal in the Loft. New singers welcome.
SUN	26	10:30A	Sunday School & Sunday Worship Service. Nahant Village Church, Cliff Street. All are welcome.
SUN	26	11:45P	Sunday Social in Swansburg Hall. Come share coffee and light refreshments, after the Worship Service, at the Nahant Village Church. All are welcome.

OCTOBER

FRI	1	TBA	Nahant Village Church outing to live performance of “Young @ Heart,” at the Berklee Performance Center. FMI or to attend, email: secretary@nahantvillagechurch.org
FRI	1	7:00P	“Kickin’ & Sippin’ at Club 280,” featuring the “The Classmates,” at the Nahant Country Club. Till midnight.

Public Library Hours • 781-581-0306
Mon. thru Thurs. 10:00 a.m. to Noon.
 & 2:00 to 8:00 p.m.
Fridays: 10:00 a.m. to Noon & 2:00 to 5:00 p.m.
Saturdays and Sundays: 2:00 to 5:00 p.m.

SCHOOL ORGANIZATIONS
MEETING DATES

School Committee Meetings • 2nd and 4th Tuesdays • 7:00 p.m. • Town Hall

 School Council Meetings • 3rd Tuesday • 6:30 p.m. • Johnson School.

 PTO • first Tuesday • 6:00 p.m. • Johnson School

Nahant Village Church
27 Cliff Street, Nahant



All Faiths Welcome!

Summer Worship Service
begins at 9:30 a.m. Social Hour: 10:30 a.m.

To advertise in the Nahant Harbor Review, call 781-592-4148, or email donna@nahant.com.

EMERGENCY MANAGEMENT

Visit the **Emergency Management** page at www.nahant.org/ for an updated Preparedness Guide from the North Shore - Cape Ann Emergency Preparedness Coalition. This document covers a wide range of safety tips that will be of interest to every household. Here is the link to the Town of Nahant’s website:
<http://www.nahant.org/services/ems.shtml> From there you can access the Emergency Managment page ande print out a Preparedness Guide.

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The **Nahant Historical Society** is open to the public on Wednesdays, Thursdays and on the first Sunday of each month, from 1:00 to 4:00 p.m. (except holidays).

American Legion Post #215 and the **Nahant Veterans Association** meets on the first Tuesday of every month, at 7:00 p.m., at the Nahant Town Hall.

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