

Nahant Harbor Review

Celebrating 15 Years • 1994 - 2009

A monthly publication, in service since March 1994, dedicated to strengthening the spirit of community by serving the interests of civic, religious and business organizations of Nahant, Massachusetts, USA.

Volume 16 Issue 34

• Celebrating 15 Years • 1994 - 2009 •

MAY 2009

May 1st Village Church Breakfast Staying Healthy at Any Age By Cal and Marrit Hastings

The Friday, May 1st breakfast, at the Village Church, will feature a presentation about "Staying Healthy at Any Age." Marion Garfinkel, Greater Lynn Senior Services Health Educator, will be our guest speaker. Bring your curiosity, questions and ideas. Helpful educational materials will be handed out.

The breakfast is served at 8:00 a.m., with the presentation given at 8:30. The breakfast is free. Please come and bring one, or more, friends, for an informative presentation and wonderful camaraderie.

Please make a note: the June and July breakfasts will be held on the second Friday of the month, not the first. Please mark your calendars for Breakfast at the Village Church on June 12th and July 10th.

Cub Scout Pancake Classic 5K Race & Breakfast



Winners of the mens race were, 1st Place: Stefano Piana of New York, 2nd: David Long of Beverly and 3rd: Kaun Pruzinsky of Nahant (see photo below.) The women's race was won by Siobhan Skabeikis of Nahant. Coming in 2nd was Marybeth Goodwin, also from Nahant and 3rd: Meghan Horan of Brighton. Over 46 children participated in the Youth Race (see photo above). See story of page 6.



The Nahant Harbor Review Celebrates its 15th Birthday and You're All Invited to the Party!

No present required!
By Harold "Bumper" Gooding

Don't miss the chance to meet "The People Behind the Print" on Sunday, May 31st, from 2:00 to 6:00 p.m., at the Knights of Columbus Hall, as the Nahant Harbor Review celebrates its 15th year in publication! Meet the Nahant Harbor Reviews' editor, staff, writers, columnists, delivery crew and local advertisers!

Bring the whole family as this will be no ordinary party! Northeastern University's Marine Science Lab will be there with their popular "Sea Critter Tank" and Nahant Recreation has generously donated the Moon Bounce! Carol Hanson, School of Refrigerator Door Art, will set up a Children's Activities table. John Byrne of The Bayside will provide a tasty New England clam chowder. Roz Puleo, prize-winning-cake-maker, will bake a giant chocolate birthday cake and many advertisers are graciously bringing other food items and fun stuff. A complete list will be available in the next issue of the Harbor Review!

Be sure to stop by the "Summer in Nahant" booth, where we will be displaying some of the past 80-plus, previously-printed stories relating to the history of Nahant. (Continued on page 2.)

May 25th Memorial Day Parade By Jim Cashman, Parade Chief Marshal

The arrival of spring means that Nahant's annual Memorial Day Parade cannot be far away. Under the leadership of Molly Conlin, the Parade Committee's long-standing Chairperson, this year's parade is believed to be the 132nd formal observance of this holiday in Nahant.

This year, the parade will honor WWII veteran and long-time Nahant resident, John Lowell, as its honorary Grand Marshal. Among his many contributions to the Town, Mr. Lowell has been an active member of the committee and a parade participant for many years. (See page 2, Parade to Honor John Lowell.)

The parade will closely follow its traditional format, stepping off at 9:30 a.m., from the junction of Nahant Road and Cliff Street, under the direction of Colonel Jim Cashman (USAF Retired). From Cliff Street, it will proceed directly to Greenlawn Cemetery for a brief memorial service. Again this year, this service will feature the Nahant Village and St. Thomas Aquinas Church Choirs; appropriate prayers by the pastors of these congregations; and, the annual Memorial Day message by a representative of Nahant's Mortimer G. Robbins American Legion Post #215, along with a rifle salute and taps. As always, the high point of this service will be the recitation of the Gettysburg Address by a student competitively selected from the Johnson School's sixth-grade class.

From the cemetery, the parade will proceed to Tudor Wharf for a brief service, to honor departed naval personnel. Chairperson Conlin, a Vietnam-era, Navy veteran, will offer a prayer and toss a wreath onto the water. Three volleys will follow by the Herman Spear Post Firing Squad and taps will be played by a Swampscott High School Band trumpeter.

From Tudor Wharf, the parade will proceed to the Town Hall where the parade will conclude, with the Swampscott Band playing the National Anthem, at the base of the Town Hall flagpole.

As has been the tradition in recent years, a chowder luncheon will be served in the Town Hall to parade participants. Ice cream will be served to participating Brownies and Cub Scouts, at the rear of the building.

Pentecost Sunday at the Nahant Village Church

Submitted by Dr. Rev. Larry Titus

Sunday, May 31st, is Pentecost, the traditional birthday of the Christian Church. Pentecost is 50 days after Easter and marks the gift of the Spirit to those early Christians. Members and friends at the Nahant Village Church will celebrate this day in worship, when six of our young people confirm their faith and are welcomed into the fellowship of the church.

Join with us at 10:30 a.m., May 31st, as Amy Torchiana, Olivia Aswad, Desiree Dufour, Kelley Shannon, Emily Walls and Lily Pilsbury, are confirmed.

For more information about the Nahant Village Church, call 781-581-1202, or visit us online at www.nahantvillagechurch.org



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Parade to Honor John Lowell

The Nahant Memorial Day Committee is pleased to announce the selection of long-time, Nahant resident, John Lowell, as Grand Marshal of this year's Memorial Day Parade. This honor is being bestowed on Mr. Lowell, in recognition of his 50+ years of involvement on the Memorial Day Committee and fifty-nine continuous years of participation in our annual parade, always wearing his WWII U.S. Navy Lieutenant Commanders uniform.

John Lowell grew up summering in Nahant. In 1942, he was commissioned as an Ensign in the USNR. After reporting to the USS Livermore in Norfolk, Virginia, Lowell spent the next 3-1/2 years assigned to this destroyer as a deck officer and later, as a navigator, while participating in the invasion of North Africa, the Anzio Beachhead in Italy and the invasion of Southern France.

In June 1945, the USS Livermore was deployed to the Pacific. This resulted in John being involved in the initial landings in Japan.

In November 1945, he was released from active duty. Mr. Lowell was separated from the Naval Reserve in 1950, with the rank of Lieutenant Commander.

John and his wife, Eleanor, settled permanently in Nahant in 1950. Among his many contributions to this community, he served as Town Moderator from 1962 until 1987, as a member and chairman of the Nahant School Committee and as a deacon and trustee of the Nahant Village Church.

North Shore Poets to Read at Library

By Daniel deStefano, Director, Nahant Public Library

The Friends of the Nahant Public Library will host readings from two poets, who reside on the North Shore, Gerard Lebel and Maria Mello, on Sunday, May 17, 2009, at 3:00 p.m., in the Reading Room of the Library.

Gerard Lebel, who has been writing since his childhood days in New Hampshire, has served many years as choir director and soloist at two United Methodist Churches in Lynn. He followed a pastoral curriculum at Berkshire Christian College and studied American literature and creative writing at Northeastern University. Mr. Lebel has traveled extensively, having visited places as diverse as Malta, Iceland, Greece and Morocco, among other fascinating places. He is also an EMACT Award-winning Community Theatre Director and past president of The Theatre Company of Saugus, Inc. In addition to writing, he enjoys flower gardening, classical music and always seeks to add to his collection of more than 250 original Broadway Cast Recordings.

Continuing his never-ending search for more life-changing discoveries, Lebel's first book of poems, titled *Talking to Myself*, is due to be published July first. He is currently working on a short story collection, that elusive first novel, and planning a fifth return trip to Spain. Mr. Lebel welcomes your comments and can be reached at: GERABEL47@msn.com

Maria P. Mello is a first-generation American, who started writing at the age of six, with a scathing poem about Hitler and Mussolini. Although she knew that writing was the only thing she wanted to do, the hard facts of life led her to a job that paid the rent. She cheerfully taught first and second grades for thirty-eight years, but on retirement, discovered a whole new life. Besides writing, Ms. Mello enjoys painting, music, gardening, birding and observing nature.

Admission is free. The Friends of the Library will serve refreshments.

15th Anniversary Celebration at the Knights May 31st

(Continued from page 1.) Members of the Nahant Historical Society and I, will be there all day to answer questions and get ideas for future stories from local residents. I urge all subscribers to bring in an old photo, newspaper article, or any memento we can share with fellow Nahanters!

This will be a day for Nahanters to meet local advertisers and become more familiar with the goods and services they provide. Think Global but Buy Local, is the theme we are promoting. With the financial climate we find ourselves in, using well-qualified local vendors only strengthens our community. In addition, Nahant Recreation will be selling the Fireworks 2009 T-Shirts and other Nahant community groups will be available to answer your questions and hand out literature. It's simply a great opportunity to meet fellow Nahanters and become more familiar with what we have in our little town.

Plans are still being made, with more and more fun stuff to come. Watch for flyers around Town.

So mark your calendar today! This is simply one Nahant event you and your family can't afford to miss!

There will be food, door prizes and plenty of activities for the KIDS. Admission is FREE so there are no excuses. Come on down to the Knights Hall and have some fun!

Veterans, Fall In

Again this year, the Nahant Memorial Day Committee is actively seeking the participation of all town veterans, in the annual Memorial Day Parade. Uniforms are optional! The committee hopes for more veterans, since they are the ones that make the parade a success. Veterans, please, join us.

The parade will take place on Monday, May 25th. Veterans are asked to report to the Parade Marshal at the corner of Nahant Road and Cliff Street (Forty-Steps Beach), at 9:00 a.m. sharp.

Anyone desiring to ride in the parade, should contact the Committee Chairperson, Molly Conlin, or the Parade Chief Marshal, Jim Cashman, prior to May 19th, so that appropriate arrangements can be made. Please participate!

Garden Club Plans May Events

By Suzanne Hamill

On Wednesday, May 13th (note change in date), Garden Club members are invited to our annual trip to King's Lilac Farm, in West Boxford. The King family grows endless varieties of beautiful, fragrant lilacs in their unique nursery setting. Members who wish to attend the trip are asked to meet, by 9:00 a.m., at Nancy Whitman's home, to carpool to King's. At the event, the Arbor Day recipient will pick out her tree and Garden Club members may purchase plants and trees. Lunch is on your own.

The Board of Directors will meet on Thursday, May 14th, at 10:00 a.m., at Patricia Adolph's home. If any Board member is unable to attend, please tell the Garden Club's president.

Anyone who attends the Garden Club meeting on Thursday, May 21st, is sure to find that "Nahant Gardeners Know All The Dirt!" Our program of that name will be varied: local gardeners will discuss dahlia cultivation, there will be a garden Q & A session and a window box will be created and auctioned. Hostess for the noon meeting, at the Village Church, will be Mary Ann Putnam. Guests are welcome with a guest fee of five dollars.

Just two days later, on Saturday, May 23rd, our annual plant sale will take place from 9-11:30 a.m., at the Nahant Life-Saving Station. This is one of our biggest fundraisers of the year. Club members and friends of the Nahant Garden Club, graciously donate geraniums, annuals, perennials and many unusual plants. We welcome donations of saleable plants from Nahanters' gardens. Please label plants (variety and color, if possible) and drop them off at the Life-Saving Station.

On Sunday, May 24th, Madelyn Davis invites Garden Club members to her home for a work party, Memorial Day Wreath Making. The wreaths will be placed in Greenlawn Cemetery, to honor our veterans. Call Madelyn for more details.

A reminder to Garden Club members: membership renewal forms have been distributed to all members. If you have not received an envelope with the renewal form, please get in touch with your individual contact persons, as soon as possible. Forms and fees should be returned by July 1st.

Nahant Woman's Club's New Executive Board

The club is bidding a fond farewell to departing Board members, Joanne Laubner and Linda Jenkins. Both have the members' sincere thanks for their tireless and generous service. The new Board members are Lisa Scourtas and Nancy Whitman. The club looks forward to their creative suggestions and energetic service.

Members are advised to save the date, September 13th, for a joint meeting of the Woman's Club and the Nahant Historical Society, to celebrate the 115th anniversary of the club's founding. The highlight of the meeting will be a presentation by Calantha Sears, about the history of the Woman's Club.

It Must Be Spring! May Doorway Contest Is Back!

Spring is finally here and so is the Nahant Garden Club's May Doorway Contest. Everyone's invited to celebrate the season, by decorating their doorway, entryway, or gate with natural materials and flowers. Be creative! All participants will receive a gift and the first, second and third-place winners will receive a prize.

The contest will be held on Sunday, May 3rd. Judging will begin at noon sharp. So spend the morning decorating your doorway! And spend the afternoon looking at the other entries. A list of all entrants will be left at participants' homes, Nahant Associates, Nahant Meat, Produce and Bread, and the library.

To enter, just call Mary Ellen Schumann at 617-962-0229, or Maria Welsh at 581-2015, by May 1st with your name, address and phone number.

The Wizard of Oz Comes to Theatre of Light By Jim Devereaux

The Theatre of Light will be presenting, The Wizard of Oz, the weekends of May 9th-10th and May 16th-17th.

Among the many talented performers are three Nahanters!

Emily Schifffenhaus, who is making her Theater of Light (TOL) debut, will be appearing as one of the monkeys.

Rebecca Gray, who has appeared in numerous TOL productions, is playing the Scarecrow.

Caroline Devereaux, who has also appeared in past TOL productions and was Emily's 6th Grade Buddy at the Johnson School, is playing Glinda.

The cast has worked extremely hard and the show is sure to be a great success. Congratulations girls and break a leg!

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Boat Market 2009 ????

By Rob Scanlan, Accredited & Certified Marine Surveyor

So far, 2009 looks just like the last weeks of 2008. There are still plenty of buyers out there, all wanting to buy a boat, at market prices, the same as their owners did, when they bought them (nothing new that!). Prices are depreciating in a normal fashion, as it's now a new year, so everything is now one year older, but bank repo's and short sales are driving the prices even lower, in what I see as a vicious circle, which makes more sellers further "upside down," if they have a mortgage on their boats, or yachts. Like the real estate market, if one finds oneself making payments for something that's no longer worth the value of the loan, may as well just walk away from it.

The good news for boat & yacht owners, is that there's finally no shortage of boat slips (and prices for slips at New England marinas are down!! Yeah, that!), and plenty of dock space, from Maine to New York coastal regions. Fuel prices dropped dramatically. If you don't have a boat yet, there are certainly some great deals out there to be had, so you can see the Tall Ships in Boston up-close, this July. Forty-nine Tall Ships registered to be in Boston for the SAIL BOSTON 2009. The boat market is similar to the stock market, in that it doesn't really matter how much you paid for a stock, or have invested in the stock, it's only worth what the market will pay for it right now. This is a fact. Sellers of boats and yachts need to see the reality and face the facts.

The yacht market is mirroring the Real Estate market, in that prices are still falling, that's the bad news. The good news between the two

markets, is that foreign buyers are buying boats and yachts, loading them on ships and taking them to other countries & continents and still ahead of the game. Again, let me remind you boat owners who think you are "Sellers," of some "truisms" in the boat biz: usually, your first offer is always your best offer and if you are "upside down," (owe the bank more than the market value of the boat or yacht), you must be in a position to pay off the bank, or you're going to own your boat forever. If you borrowed 100% of the value of the boat, or traded in another boat and put that old mortgage on top of the new boat mortgage, you must pony up the greenbacks, at some point, to get out from under both boats. Too many owners "forgot" they didn't put 20% down (minimum), or kept stacking mortgages from smaller boats, when they kept trading up. They are foolishly thinking they could use their boats for years and years and now, many years later, will sell them for what they paid when they bought them, therefore, having had the free use of a yacht, or boat all this time. That's not going to happen cap'n.

Once you add up the carrying costs of boat ownership (payments, insurance, dockage, maintenance), you might wisely deduce it's cheaper to just go ahead and dig into your pockets now and pay the difference between what is being offered (if you're lucky) and what you owe the bank, if you actually want to sell. I'm noticing some banks have negotiated the loan payoffs. Seems it is cheaper for them than having to repossess the boat, or yacht, and go after the seller for the difference, afterwards. If you can't afford to pay off the heavy note, or are asking prices higher than the realistic market, then do the qualified buyers, brokers and me, the surveyor, a favor; take your upside-down-on-the-loan boat, or yacht and remove it from the market, since it's really not for sale, as you're just adding clutter. Yacht Brokers who take overpriced listings are just wasting their time and look like fools. The market is the market.

Call me and I will gladly tell you what boats and yachts are really selling for and it's nowhere near what one views asking on Yachtworld, or in the "boat-for-sale-by owners" magazines! For over four years now, many boats and yachts that have sold, the owners have had to dig into their pockets, \$60k - \$100k, to actually sell their boats to market value - which isn't what the sellers and brokers wish for it to be - it's what buyers will pay. If "x" amount of boats are selling for "x" prices, then that's the market for that boat, or yacht. Then you factor in the "vicious cycle" of boats being repossessed from owners who were upside down, then these boats are sold at auction, or "short sales" at lower prices, which makes remaining owners further upside down, as these new lower prices are now the new comp-values for those model boats and yachts, and so it goes, lower and lower. No matter how much you wish, or pray, nothing is going to change this fact. I have access to all these comparison sales and I am not going to allow my clients, the buyers, to pay more than the current market price, which is now driven lower every time another Repo, or short sale, occurs. Keep in mind though, there are many brands of boats and yachts that are not being repoed and are holding their values, at this time. It's part of the normal "supply and demand" of the boat market in the entire United States.

A lot of boats and yachts for sale right now. I have seen many really great deals all over New England and they are getting bought. Remember my gospel, when you have the sellers by the "shackles," their hearts, minds and financial situation will follow and the buyers with the greens are getting the machines.

Rob Scanlan is an Accredited & Certified, Marine Surveyor, in the United States, Canada, Europe/United Kingdom & Australia. He can be reached by email at yacht1ship@aol.com, or by phone, 781-595-6225, or visit his website, www.mastermarinesurveyor.com

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In Memory of Edward Ward

Nahant native Edward Ward, 61, of Miami, Florida, passed away on March 9, 2009, after a lengthy battle with cancer. Eddie was the son of the late James J. Ward, Deputy Superintendent of the Metropolitan District Commission, and his wife Rita (Mahoney) of Nahant. He grew up in town with his 5 siblings, James, Rita, Ruth, Rosemary and Richard Ward.

Eddie was a graduate of Lynn Classical High School and attended Salem State College, and was also a member of the United States Marine Corps. Called "Spider" by many of his Nahant friends, he was known and loved for his great sense of humor and infectious smile. He was employed in Sales for most of his adult life, which brought him to live in exotic locations such as



Algeria, St. Thomas, Aruba and Belize before settling in Florida. He was an avid golfer and Red Sox fan and is best remembered for his kindness and generosity towards all.

Eddie is survived by his children, Lauren (Ward) Steiert, her husband, Steve, and their children, Gabriella and Jackson, of Harmony, FL, Patrick Ward of San Francisco, CA, and their mother, Linda Ward Chamberlain of Lynn, as well as his dearly loved stepchildren, Heather (O'Connor) Bullamore, her husband, Michael, and their children, Colin and Michaela of Exeter, NH, and Shannon (O'Connor) Chouinard, her husband, Joseph, and their children, Courtney and Caitlin of Stratham, NH.

Also survived by his dear friend, Eleanor of Miami, FL. Eddie was the beloved brother of James J. Ward Jr. and his wife Maureen and Ruth Ward Titus and her husband Gerard, all of Nahant, Rosemary Ward Griffin and the late John B. Griffin Jr. of Boynton Beach, FL, and Richard Ward and his wife Megin of Cumming, Georgia. Eddie was predeceased by his sister, Rita A. Ward and was dearly loved by many nieces, nephews and friends.

A private service will be held in Nahant this summer.

Cub Scout Pancake Classic 5K Race & Breakfast

By Lori Nugent

On a cold, blustery, first day of March, the Cub Scouts held their first annual Cub Scout 5K Pancake Classic road race. While under the threat of a major snowstorm, forty-six adult runners braved the weather, to compete in the five-kilometer main event (3.1 miles). Stephano Piana won the race, with a time of 17:28:00, while our first local runner, Nahant resident Kaun Pruzinsky, came in right behind him, finishing third overall, with a time of 17:45:00. On the female side, Nahant's own Siobhan Skabeikis, of Castle Road, came in as the first overall female runner, with a time of 22:37:00.

The two widely-attended youth races, in which over forty children competed, immediately followed the adult race. All of our youth runners were rewarded for their efforts, with shirts and beads, while the first three finishers, in each race, received awards.

All of the runners, both young and old alike, were treated to a delicious post-race breakfast, at the Knights of Columbus, generously catered by Nahant's own Brett and Tracy Henry, owners of the Mount Vernon Restaurant, at the Wharf. The breakfast buffet was second to none and to quote a review of the breakfast by a member of the Wicked Running Club in Salem, "The breakfast did not disappoint. I'll just say that it was the best breakfast I've ever had and I've been up to the Friendly Toast, across from Runner's Alley, in Portsmouth, so that's saying something!"

The race and the breakfast were a huge success, due to the turnout of runners (notwithstanding the light snow that was falling and the forecast of a major storm approaching) and the generous support of our sponsors: Gold Sponsors, The Henrys and G & J Towing. Assisted by the Silver Sponsors: ATS Equipment, Inc., Captain Seaside Pizza, Doyle Electric, Inc., Galaxy Contracting, Inc., Nahant Associates, Inc., Law Offices of Nugent & Nugent, Reiling Law Offices, T. H. Reenstierna, LLC, Tides Restaurant, Kelley Greens Restaurant & Pub and Wilson Brothers Construction.

The Cub Scouts thank all of their supporters for this event, from those that ran, came to the breakfast, made a donation, or volunteered their time and especially, the generous support of the Mt. Vernon Restaurant at the Wharf and G & J Towing.

The winners of the races are:

Male: 1st: Stefano Piana, New York, NY, 17:26:00.

2nd: David Long, Beverly, MA, 17:28:00.

3rd: Kaun Pruzinsky, Nahant, MA, 17:45:00.

Female: 1st: Siobhan Skabeikis, Nahant, MA, 22:37:00.

2nd: Marybeth Goodwin, Nahant, MA, 24:17:00.

3rd: Meghan Horan, Brighton, MA, 24:44:00.

Youth: 5-8 year olds: 1st: Collin Reiling, 2nd: Owen Nugent, 3rd: Tristan Reenstierna. 9-12 year olds: 1st: J P Reiling, 2nd: Brian Fitzpatrick, 3rd: Steve Toomajian.

A Big Thank You to Our Girl Scout Volunteers

April 22nd celebrated National Girl Scout Leader Day. We, at the Girl Scouts of Eastern Massachusetts, are so honored to have the support and dedication of our 17,000 volunteers. Each day, week and month throughout the year, we rely on our volunteers to help implement our mission and programming, to over 45,000 Girl Scouts.

Our volunteers, as with many organizations, are critical to our success. They provide our girls with the rich experiences they deserve and offer valuable programming in the areas of science, technology, engineering and mathematics, health and fitness and leadership development. This perpetuates a culture of giving, that is reflected in the tremendous community service impact, our Girl Scouts make. These volunteers set the example.

The Girl Scout organization epitomizes a positive dependency on volunteers to be successful. Our incredible corps of motivated and inspiring volunteers, expands our ability to reach out to girls, in every community. Without them, there would be no Girl Scout troops to build these girls into leaders.

Thank you to the following, dedicated Nahant volunteers, who support Girl Scouting: Margaret Blank, Nancy Caggiano, Patricia L Clements, Veronica Cooke, Mary Crowley, Moira Crowley, Kellie Frary, Brenda Gaynor, Teresa Hill, Harriet L Magro, Ana Martin, Jennifer McCarthy, Colleen Munnely, Robyn Nasuti, Roberta Oliver, Shannon M Oliver and Susan Rosa.

Submitted by Ruth N. Bramson, CEO, Girl Scouts of Eastern Massachusetts

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Swampscott BU12 Boys 2009 Soccer Etc. Champions

In the Soccer Etc. Indoor winter tournament, Boys U12 Swampscott Mad Dogs defeated first-round challenger Gloucester 3-0. The Mad Dogs went on to face a talented Aztec Club team in the semi-finals. Swampscott had been eliminated in this round, last session and were not going to let it happen again. The Aztecs fell to Swampscott, due to a dominant midfield lead by Malcolm Stuart, Roman Ganchin, Isaac Stuart and Jeremy Rubin, who, with strikers Ray Ray Rosa, Erick Eaton, Tyler Gateman and Danny Hingston, out-scored the club team 5-1.

Top-seed Beverly came on to challenge Swampscott in a thrilling final. Backs Christian Peterson, Kevin Strothman and Bramm Watikin, identified and handled the Beverly attack, despite tactical overloading and an aggressive attack. Marking was not a problem for this solid back line, supported by a hard-working midfield. At the final buzzer, the teams were tied at one win apiece. Swampscott went on to defeat Beverly, in a final shot shoot-out, to win the game and tournament for Swampscott. A hard fought win, over a strong Beverly team, made for an exciting finish.

Submitted by Al Eaton. Photo below courtesy of Lisa Eaton.



Nahant Sailing Registration

It's time for Adults and Children to sign up for the 2009 Town of Nahant Sailing Program. The season starts Thursday, June 25th and ends on Wednesday, August 19th. Adult sessions are held on Tuesday nights from 6:00 to 8:00 p.m. and can accommodate beginners, intermediate, or advanced sailors. Children must be at least 8 years-of-age and pass a swim test. Children's classes are held three times a week, offering all levels of instruction from beginner to racing. The Sailing Program has a variety of boats including Super Skunks, 420s, Rhodes 19s and Optimist.

Registration will take place at the Little League field, on Saturday, May 9th, 30th and June 13th, from 8:30 to 11:00 a.m. In the event of rain, registration will be held at the Sailing Program office, on the Wharf.

There will also be a registration at the Sailing Program office, on the Wharf, on Thursday, June 25th and Friday, June 26th, from 9:00 a.m. to noon.

Learn how to sail, improve your skills, or just have fun! There's no better place to be in the summer! For more information, call Christine Liscio, 978-790-5578.



The Nahant Harbor Review newspaper is dedicated to building the spirit of community in the little Town of Nahant Massachusetts, USA

Nahant Country Club Tennis Submitted by NCC Tennis Committee

There are four beautiful clay tennis courts right here in our little island town, at the Nahant Country Club and they will be ready for play in early May!

The tennis committee invites all interested tennis players to the NCC Tennis Open House on Saturday, May 16th, 10:00 a.m. to 1:00 p.m. Please come by, try out the courts, meet the tennis Pro and other tennis players. Refreshments will be served.

Sign up for a weeknight tennis group and get playing regularly!

NCC Tennis will also run a Kids' Tennis Clinic for children ages 6 to 12 in July. More information will be available at the Open House.

The NCC tennis season operates from May thru October. There are no court fees for tennis members. The courts have lights for night play and are open from 8:00 a.m. till 10:00 p.m. everyday. Membership is open to all area residents. Lessons for all ages and levels are available with the Club Pro. Tennis fees for the season are \$95, Junior players ages 13-18, \$200 Individual and \$275-\$300 for a family membership.

The Tennis Committee also hosts a tournament for junior players ages 8 through 14, every year. This year, the tournament will be held June 29 to July 1st, with participants from Nahant and area communities. Please come to the courts to watch the juniors play!

For more information, call 781-599-3259. or e-mail NahantCountryClub@yahoo.com.

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Check In With Your Skin

by Susan Cadigan, LMT, MLD/CDT, NCTMB

Your skin can speak volumes about your health. Often we “listen,” by applying a moisturizer to dry skin, or seeing the doctor about some strange rash, or acne. The clues on our skin that are more subtle, are the little changes that occur with existing sores, freckles, moles, or even dry patches, to name a few. It is important to get to know your skin. With periodic self-examinations, looking a little closer at your mole, freckle, or the questionable mark on your body, and comparing it to your last look, you can get a head-start to maintaining your health. The back and scalp are areas where you may need a little help from your doctor, a friend, or loved one.

I am pushing these facts because skin cancers are the most common cancers. Cancer of the skin accounts for about half of all cancers. People don’t often die from skin cancer, but avoiding the intense treatments of chemotherapy and surgery, as well as complications from late diagnosis, can often be had with early detection. Simple removal, or biopsies, can be just that—simple.

It is important to monitor the skin on a regular basis, to detect changes. Some of the surprising places to look are between your toes, on your scalp and on the bottom of your feet.

Not so surprising places to find crusty freckles, or sores, or skin changes, is your ears, nose, face and shoulders. If a growth appears suddenly, or a mole, sore, or skin discoloration develops, or changes, please see a dermatologist. Even if it is “nothing,” a dermatologist can get a baseline reading of your skin and may even find a little “something questionable,” in an area that you could not view, or did not think of as an impending problem.

The American Academy of Dermatology has a very good website, with the “ABCDE’s” of Melanoma (A-asymmetry, B-border, C-color, D-diameter and E-evolving). Please visit their website: www.aad.org, or visit the Skin Cancer Foundation, at www.skincancer.org, for more information.

Early detection is important. Ignoring signs and changes will not make it go away. Some dermatologists will do free skin cancer screenings.

Summer is coming upon us. Many will be going to the beach and exposing skin to the ultraviolet rays of the sun. Please remember babies and children are extra sensitive to the sun. It is important to apply, or wear adequate broad spectrum sunscreen, protective clothing, hats and sunglasses. Avoid prolonged sun exposure from 10:00 a.m. to 4:00 p.m. Take good care. Take a moment to check in with your skin.

Susan Cadigan is licensed and nationally certified in therapeutic massage and bodywork. She holds a 750 hour diploma in advance massage therapy and has many hours of continuing education and experience. Nahant Therapeutic Massage is located at the Nahant Community Center; 41 Valley Road. Ms. Cadigan can be reached at 617-240-4252. Please visit the website, www.nahantmassage.com, for more information.

Let’s Not Talk About the Recession, Shall We?

By Georgia Arnold

Reality T.V. has been my salvation during these tough times. I don’t know what I would do with out my daily fix of: Real Housewives; New York and Orange County, Keeping up with the Kardashians, Millionaire Matchmaker, The Bachelor...and shortly, The Bachelorette. While there are more television shows than I can keep track of, these shows have helped in keeping me...sane.

In such a crazy economic climate, I need a sure thing that will keep me from losing my mind. When I tune into “The Bad Girls Club”, I am guaranteed to feel better, not only about myself, but somehow, my finances do not look so glum either. Especially when I see a nineteen-year-old looking for money in her neighbor’s sofa cushions...no comment.

If you have not tuned into this “Masterpiece Theater,” allow me to be the first to introduce you to the “Harvard” of all reality shows. “Bad Girls Club” is an opportunity for us all to learn about human interaction, albeit, in a bar. Who doesn’t want to tune into young “ladies” all striving to turn their lives around; one tequila shot at a time.

If you haven’t noticed, reality T.V. has taken over, not only our regular programming, but all of the cable channels have adorned their daily line-ups to include a tasty plethora of reality dining. These “shows” have become the new soap operas, the new date night, the new...Oprah. I’m serious...Biggest Loser, Hell’s Kitchen, Project Runway, True Beauty...the list goes on forever.

For those looking for a pick-me-up, a reality check, or just an opportunity to forget about the mess that Bush made of the economy, go ahead-pick up the remote, and surf.

As, for me, I need to get back to my new favorite show; The Cougar. Tata for now.

Nahant Students Organize and Participate in Famine

Submitted by Lainey Titus and Andrea Alberti

This past Easter weekend, over seventy, local High School students participated in a 30-hour famine, through St. Thomas Aquinas Church. The students, predominantly from Swampscott High School and St. Mary's High School, fasted for 30 hours, while completing service projects and reflecting on their faith.

Prior to beginning the famine, the students collected over \$3,000.00, raised through donations from family and friends, to go towards their service projects, over the weekend, as well as to help the needy in Africa. When the weekend commenced on Good Friday, the students had a last meal of macaroni and cheese, before giving up food,



besides juice and Gatorade, computers, showers and phones, for 30 hours to raise money and experience what it is like to "know hunger".

The activities for the weekend began on Good Friday with a prayer service on Short Beach, followed by a procession back to St. Thomas with students carrying a large wooden cross. Three stops were made along the route for teens to give reflections on their faith and Easter weekend.

On Friday night, the teens heard from missionaries who had been to impoverished nations where cardboard homes are a reality. That night, the teens constructed their own sleeping quarters out of cardboard boxes to simulate the homeless experience. One teen noted, "Making my cardboard house made me realize how blessed I am to have home and a bed."

On Holy Saturday, the group woke at 7 am and traveled to Boston Common to hand out food,

juice and socks, donated by parishioners of the church, to the homeless who gather there every Saturday morning. The teens handed out over 500 sandwiches and pairs of socks to the homeless while talking to them and learning their stories. The group was overwhelmed by the generosity of parishioners and the Nahant community in making the sandwiches and donating socks.

For most teens, feeding the homeless, as well as volunteering at a homeless shelter on Saturday afternoon, is transforming for them. One participant remarked, "The best part of the famine for me was when we went to Boston when it was raining. It really made me realize how cold it can get outside, especially when you don't know if you are going to be in a warm house in a couple of hours!"

Following their time in the common, the teens walked to Saint Anthony's Shrine to attend reconciliation. Then, the group was divided, with half going to Bridge House family shelter in Lynn and the other half going to SAIL, a residence for homeless teens. According to another teen, "Helping at the homeless shelter made us feel like we were really doing a good deed in making somebody's house cleaner."

The famine ends following the Easter vigil mass at St. Thomas, when the participants break their fast with pizza, hot dogs and homemade cookies. St. Thomas Youth Minister Andrea Alberti credits the teen leaders, all Nahant residents, for the success of the famine each year. "The teen leaders are the ones who organize the event and who keep the energy high, in spite of not eating and not getting much sleep, because they are so enthusiastic about their faith. Their enthusiasm is really contagious."

St. Thomas Aquinas youth ministry has been participating in the 30-Hour Famine for three years, and each year sees more teenagers and adults involved, more money raised, and more people helped. In addition to helping the homeless throughout the weekend, a majority of the money the teens raised will go towards water filtration systems in Kenya.



Tai Chi workshop with Ramel Rones

by Susan Cadigan, LMT, MLD/CDT, NCTMB

Ramel Rones, Tai Chi master/teacher, will return in early June, for a three-hour workshop, to guide us in authentic Tai Chi. This work shop is for all abilities and anyone may participate. Please go to www.nahantmassage.com and click on TAI CHI. The exact date, time and costs will be posted there.

The workshops are held in the Nahant Community Center/Valley Road School. Half of the workshop is already filled, so please inquire soon.

Presently we have a weekly study group at Nahant Therapeutic Massage. We will be working from the Sunrise Tai Chi book, that Ramel has published. The Tai Chi will evolve as we evolve.

We will be learning key concepts and essentials to authentic Tai Chi. Our focus is to enhance our lives for energy, wellness/healing, strength and optimal quality of life. Please visit Ramel's website www.ramelrones.com for information about our instructor.

For questions, please call Susan Cadigan at Nahant Therapeutic Massage, 781-780-3733, or email: susan@nahantmassage.com.



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Job Searching in 2009 Thank You Letters by Deborah Barnes

I work with someone who is employed because she took the time to write a thank you letter and the other candidate, equally qualified for the job, didn't. So few people take the time to write thank you letters that you automatically stand out when you do.

Within 24 hours of your interview, get that letter out the door. If a decision is imminent, send an e-mail thanking the interviewers. However, you should still mail a note or personally drop it off. Make sure you send one to each interviewer, and customize the letters; they will compare them. And get the names right! Asking for business cards during the interview will make things easier.

Put yourself in HR's shoes. After interviewing 15–20 applicants, do you think they all start to merge into one candidate? You bet, and you need to remind the interviewer why it would be in the company's best interest to hire you. Once again, you need to paint a picture of your value to the employer, who is listening to Radio Station WIFM (What's in it for me?—from the employer's point of view). Remember, this is not your autobiography; it is all about your value to the company. Will you help the company make money, save money, save time, solve a problem, be more competitive, build its image, expand business, attract new customers, and/or retain existing customers?

You can type your thank you, or follow up letter—and don't forget to use the same header that's on your résumé—or, if you have legible handwriting, you can write it on plain notepaper. No Winnie the Poo stationery; no flowers, no balloons. Proofread, proofread, and proofread again! And then have another pair of eyes look it over. Remember, Spell Check doesn't catch everything.

One job seeker, after having a successful interview with a company he particularly wanted to work for, wrote in his follow up letter that he'd love to work for that "world-renounced" company. The position for which he had interviewed—accountant—required a detail-oriented employee. The medium was the message, and he clearly missed the mark.

In addition to thanking the interviewer for his or her time, you want to revisit topics you discussed in the interview. Have you ever left an interview with 20–20 hindsight regarding points you should have made? A thank you letter allows you to reiterate points you made in your interview and to discuss points you neglected to make as well. Were some of your answers weak, in retrospect? This would be the time to redeem yourself—it's a "do over."

If, during the interview, it became obvious that the position wasn't a good fit, you still want to send a thank you letter. You never know what other positions might open up in the company or within the interviewers' network.

Remember, employers know that job seekers tend to conduct their job search the way they work; lack of initiative while looking for work can mean only one thing—a "red flag"—to the employer.

On the other hand, showcasing your social skills and writing ability during this dance that is the job search, can only work in your favor. *Deborah Barnes is a Certified Professional Résumé Writer (CPRW) and Graphic Artist; active member of The Professional Association of Résumé Writers & Career Coaches; Myers-Briggs Type Indicator® (MBTI®) qualified; and published in Cover Letters for Dummies, 3rd Edition, by Joyce Lain Kennedy (Wiley Publishing). She can be reached at debnahant@comcast.net or 781-598-1127.*

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Hiram, Alvin and Mayland: Thanks to You and Others By Daniel A. deStefano, Library Director

Lieutenant Paul Jurgen Zollner, "Kuno" to his friends, seemed unable to persuade the seventy soldiers lolling about the camp to join the fight raging near Chatel-Cherery. The men, once so well-disciplined, argued with the lieutenant, protesting that they had marched all night and needed to eat; only after breakfast would they consent to fight.

As the highly-decorated lieutenant ordered his men to pick up their arms, a group of soldiers raced from the woods, calling, "Die Amerikaner Kommen!" Zollner began to draw his pistol, thinking to rejoin the battle, but was stopped by a red-mustachioed, freckled American who sported a wide grin. Kuno had been captured by Alvin C. York. His soldiers, believing that they had been overtaken by a major American offensive, lay down their arms. The date was October 8, 1918.

York, leading a patrol of 16 men, became isolated and took fire, that resulted in eight casualties dead and wounded. York himself, an experienced hunter and marksman, outshot an entire enemy machine gun battalion, silencing 35 Maxim guns, killing 20 men, and capturing 132 more. Alvin Cullum York (1887-1964) was promoted to sergeant and awarded the Medal of Honor, as well as decorations from other Allied nations. After the War, he ran a high school in Fentress County, Tennessee.

The 35 machine guns lugged to the American camp by York's captives were of a type invented by a New Englander, Hiram Stevens Maxim, born in 1840, near Sangersville, Maine.

Famous today for inventing the first truly automatic weapon mechanism, Maxim also designed the gun's tripod and water-jacket, the 37mm automatic "pom-pom" gun, torpedoes, aerial bombs and cannon.

Not merely a creator of weapons, Hiram Maxim also engaged in a race with Thomas Edison to invent an incandescent light. (Hiram lost.) In 1888, in Kent, England, Maxim, with two other passengers, flew a steam-powered triplane, that he had designed, 600 feet before crashing. The Wright brothers incorporated principles of Maxim's wing and propeller designs into their early fliers.

Versatile and eclectic, Maxim also designed a gas generator, meters, valves, pumps, lamps, locomotive headlights, a steam-powered yacht and a steam inhaler (to relieve his chronic bronchitis). He wrote a pamphlet explaining the odds in roulette and devised a steam-powered sonar system, based on his study of mosquitoes. An elder, eccentric Maxim was arrested for pelting Salvation Army workers with a pea-shooter. When he died in 1916, he was aware of the great number of soldiers slaughtered by his invention, perhaps the first true "weapon of mass destruction."

Alvin York's stack of more than 30 Maxim guns and numerous rifles proved a temptation, as souvenirs, for more than one doughboy.

At the time that York marched his captives to the American post, Mayland Lewis, of Nahant, was serving on the adjutant's staff. Skilled at taking shorthand and typing, Lewis interviewed York, making notes about the capture for his company commander. Later, Lewis selected a Maxim gun and Mauser rifle to send home. It is noteworthy that Alvin York's own rifle and .45 sidearm were stolen from him on his way home from France.

On an oppressively hot Fourth of July, 1919, Nahant welcomed home her heroes in a grand parade. Both Girl and Boy Scouts marched after the returned soldiers, the boys hauling a cart holding the captured German guns. That same day, Lieutenant Mayland Lewis presented them to Fred C. Wilson, Library Trustee. The trophies were stored in the library building's attic.

Because the guns remained unregistered, when the Library "rediscovered" the Maxim gun in 2003, new regulations prevented the Library Trustees from placing the relic at auction. Because the Library is not allowed to keep it, the Library Trustees, in 2008, negotiated to donate the Maxim gun to the Museum of Appalachia in Norris, Tennessee. The Library held the "photo-op" program on March 22, 2009, in order to give people an opportunity to see this relic of the Great War, before it leaves Nahant forever.

There are many people to be thanked by the rest of us: The Nahant Police Department, who has acted with cooperation, courtesy, good humor and professionalism, through this entire episode; both Chief William Waters and Sergeant Robert Dwyer, merit particular and heartfelt praise;

The Library Trustees, especially John Welsh, who not only acted as point man during the negotiations, took the trouble to fashion an informative poster for the recent program;

The Friends of the Nahant Public Library, especially Robin deStefano, who took the photos, printed and mailed them;

The Nahant Historical Society, especially Assistant Curator Bonnie D'Orlando, who graciously shared photographs and records, helping me to create this little article; and, last, but most certainly not least, The Veterans, who fought for us all in the past and those who fight on, today.

News From the Johnson School

By Diane D. Mulcahy, Principal

The first round of MCAS testing has been completed. Students in grades three through six, were tested in English Language Arts. The teachers reported that the students worked diligently on each testing session. Due to excellent attendance, make-up tests were at a minimum. The next testing session will be held during the last two weeks of May, when students will take the Math and Science portions of the test.

Mrs. Colleen Munnely organized a Book Fair in April. The Scholastic Book Fair was an opportunity for students to purchase books. Proceeds went to the Johnson School Library. Many parents volunteered their time, to set up and work at the book fair, which was set up on the stage in the cafetorium. Another Book Fair is planned for the fall.

We have just completed another successful year of the Junior Achievement program at the Johnson School. A special thanks to Mrs. Stacie Nardizzi, who coordinated this year's volunteers. Each volunteer visited the classes five times, with lessons for each grade level, about economics and community planning. Junior Achievement provided the curriculum kits. This program is a great fit with our Social Studies curriculum. The students really enjoy the activities the guest speakers prepare for them.

This year we would like to thank Mrs. Diane Dunfee, Mrs. Stacey Reiling, Mr. Peter Fitzpatrick, Ms. Ann McNulty, Ms. Nancy Cochran, Mrs. Mary Brown, Mrs. Ronnie Cook, Mrs. Tracy Curtis, Mrs. Kellie Frary, Mrs. Terry Maguire, Mrs. Karen Kautz and Mrs. Janet Kelly.

April is the time when Johnson School students participate in Jump Rope For Heart. Mrs. Spencer coordinates this event with the jump rope unit. A few weeks before the event, Mrs. Spencer instructs the students in the fine art of jumping rope. The students are ready and willing to take part in Jump Rope for Heart, which is Monday, April 6th this year. The American Heart Association sponsors Jump Rope For Heart. Each student has a pledge sheet where they record the pledges. Money collected goes to the American Heart Association and a percentage comes back to the Johnson School.

We would like to thank Mrs. Kellie Frary and Mrs. Diane Dunfee, who volunteered their time, to help the children on April 6th and make this a very successful event. Students who did not receive pledge support, participated for the sheer joy of jumping.

We have just received news that Mrs. Cheri Spencer gave birth to a healthy, baby girl, named Claire Elizabeth Spencer. Claire was born on April 13th. The whole Spencer family is very happy with their new addition. Mrs. Spencer is on leave for the remainder of this year. Mrs. Diane Dunfee and Ms. Liz Erhman will substitute for Phys. Ed. and Music respectively.

The year is rapidly coming to an end. Students and teachers enjoyed April vacation, which was April 20th through April 24th. The Moving On Ceremony is scheduled for Thursday, June 18th. The last day of school is scheduled for June 19th.

Nahant Students Achieve Honor Roll at St. John's Prep

Submitted by Denise DeChristoforo

St. John's Preparatory School recently announced the names of students who earned academic honors for the third quarter of the 2008-2009 school year. Students who qualified for the Headmaster's List earned grades of A-, or above, in all courses; students who qualified for the Principal's List earned grades of B+, or above, in all courses and students who qualified for the Honor Roll earned grades of B, or above, in all courses.

Principal's List: William Ross, '12

Honor Roll: Michael Dantona, '10; Christopher Oesterlin, '10 and Matthew Scalise, '11.

About St. John's Prep: Founded in 1907, St. John's is an independent, Xaverian Brothers sponsored secondary school for young men in grades 9 through 12. With a century-long tradition of excellence in academics, arts and athletics, St. John's is recognized for a rigorous college preparatory curriculum that emphasizes academic achievement, spiritual development, leadership and commitment to Christian service. Located on a 175-acre campus in Danvers, Massachusetts, St. John's draws students from more than 90 communities.

Swampscott High School High Honor Roll

Submitted by Mike McKie, Nahant

Madeline McKie, Freshman, has achieved High Honors all year, at Swampscott High School. Her name was inadvertently omitted from last month's list.

Congratulations, Madeline!

2009 Rona Brodsky Scholarship

Submitted by Dianne Dunion

A \$500 memorial scholarship was established in the fall of 1997, to honor the legacy of Miss Rona Brodsky, upon her sudden and untimely death. "Miss B." had taught first grade at the Johnson School in Nahant, for almost thirty years. She was deeply respected and loved by all, who had the good fortune of knowing her.

The scholarship will be awarded, this year, to a member of the High School Graduating Class of 2009, who attended the Johnson Elementary School and now has been accepted by a two-, or four-year college, leading to a degree.

Applications for this scholarship may be obtained at the Johnson School, or Swampscott High School. Completed applications must be returned to the Johnson School, no later than May 16, 2009. All are encouraged to participate.

2009 Garden Club Scholarship

By Maureen Ward

The Nahant Garden Club once again is pleased to announce our offer of a \$1,500 academic scholarship to 2009 high school graduate who has been accepted to an accredited institution of high learning.

The applicant must be a current resident of Nahant and have been a resident for at least 3-years. Your course of study should be related to ecology, environmental engineering, conservation, landscape architecture, botany, or horticulture. In the absence of applicants majoring in the above fields, the scholarship will be awarded to an outstanding student. Preference will be given to a student who has demonstrated significant contributions to civic and community service organizations.

Applicants must include: a transcript of grades, an autobiographical letter describing the applicant's accomplishments, a copy of acceptance to an accredited institution of higher learning, a letter of recommendation from a teacher, or community leader.

Please submit all requirements by May 20, 2009, to: Maureen H. Ward, 114 Willow Road, Nahant, MA 01908. For more information, please call 781-581-0138.

Nahant Woman's Club Scholarship

The Nahant Woman's Club announces its annual scholarship award. One \$1,000.00 award will be made to a member of the high school class of 2009, who will be continuing his, or her, education at an accredited two-or-four year college. Applicants must have graduated from the Johnson School.

The award is based on academic record, financial need, community service and extra-curricular activities. Interested seniors should send a letter of application, along with a high school transcript and evidence of acceptance to college, to: Nahant Woman's Club Scholarship, c/o Ruth Ann Switzer, 18 Harbor View Road, Nahant, MA 01908, by Tuesday, May 12th, 2009.

The recipient will be announced at the Johnson School Graduation Ceremony in Jun. The award will be made directly to the applicant, at the beginning of the second semester in college.

Information sheets are available at the Swampscott High School Guidance Office and at the Nahant Public Library.

Let's Green Up Nahant!

A forum for sharing environmental innovations and ideas that can lead to a healthier earth.

You're FREE to join SWIM — For FREE!

by Polly Bradley

SWIM, Safer Waters in Massachusetts, is your #1 organization in the current economic downturn: SWIM membership is FREE! So why not come on board?

SWIM has been working for 25 years, doing whatever it can to protect the waters of Nahant and beyond. How do we do that? We have no paid staff. Nahanters have been amazingly generous with their FREE gifts of time and wisdom.

Why can SWIM survive with little money? Work. Citizens have given hours and hours of their time and energy - FREE.

Engineers and lawyers in Town have donated their expertise - FREE.

Writers and artists have given their talents - FREE.

The politicos have backed most of our endeavors, using their understanding of how the system works - FREE.

Scientists in Town and at Northeastern University Marine Science Center, have donated their knowledge, making sure SWIM's positions were science-based - FREE.

The Internet and email cut SWIM's postage bill to almost nothing - FREE.

The Nahant Harbor Review has distributed SWIM news - FREE. (Remember when SWIM and other Nahant nonprofits had to print flyers and organize

town-wide door-to-door distribution? Or more costly yet, mailing flyers to every household!)

Now you too can join SWIM for FREE!

SWIM considers everyone who loves Nahant and the ocean, an honorary SWIM member. Opportunities for honorary members to help SWIM - For FREE.

* Dry some clothes outside on your solar-powered clothesline

* Compost your veggie waste for your veggie garden

* Turn off a light

* Boaters, observe the "No Discharge" law in coastal waters

* Pick up some beach or sidewalk litter and dispose of it safely

* Watch a bird soar

* Show a child how

barnacles kick their food into their mouths

* Watch for local problems and alert SWIM!

Opportunities to help SWIM - For a FREE Gift of Time

* Organize an event: a cleanup, a photo contest, a campaign

* Organize a talk, or a series of talks, on Nahant environment

* Attend an environmental meeting to represent SWIM

* Draft an update of SWIM's by-laws

* Help SWIM improve its web page.

* Bring your favorite (?) ocean problem to SWIM and help us work on it

* Come to a SWIM meeting

* Bring some cookies to a SWIM meeting!

But you don't have to have FREE time to be a SWIM member. We concentrate on the environment, but we are doing it FREE for you. And you are with us, too, if you are helping FREE somewhere else - on Nahant boards and committees, on Nahant and North Shore nonprofits, at My Brother's Table, at the schools, at the churches, for our military, for universal health care, for the needy overseas...the list goes on and on. If you're helping make a better world in these and other ways, you're doing it for us all. SWIM welcomes your member-

ship - FREE. There is no age limit. Children are invited to become members to participate and learn along with seniors whose work days are over. Though looking at some Nahant seniors, their work days just continue after retirement. THANK YOU!

Groups often ask me to "take action," which usually seems to mean "send money" or "write your congressman."

SWIM does a lot with a little, and until we need money we won't ask for any. When we desperately need letters, you've come through — 80 letters to the EPA supporting the Lower North Shore No Discharge Area. For your FREE letters - THANK YOU!

If you'd like to be on our official roster, just send an email to: nahantswim@verizon.net, and you're on board. We will not share your contact information with others without your express permission.

You are always invited to SWIM meetings (second Monday, every other month, except Wednesdays if the second Monday falls on a holiday.) Next SWIM meeting is Monday, May 11, 2009, at Northeastern University Marine Science Center, at 7 p.m. FREE refreshments are served.

So join SWIM — the best bargain in Nahant. It's FREE!



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Let's Green Up Nahant!

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In the SWIM at Town Meeting

* That was Emily Potts and crew, out at Town Meeting on April 25th, demonstrating the classic solar-powered, wind-driven, non-polluting dryer. The winner of SWIM's raffle of a clothes rack and an umbrella-style clothesline will be announced in the next Nahant Harbor Review.

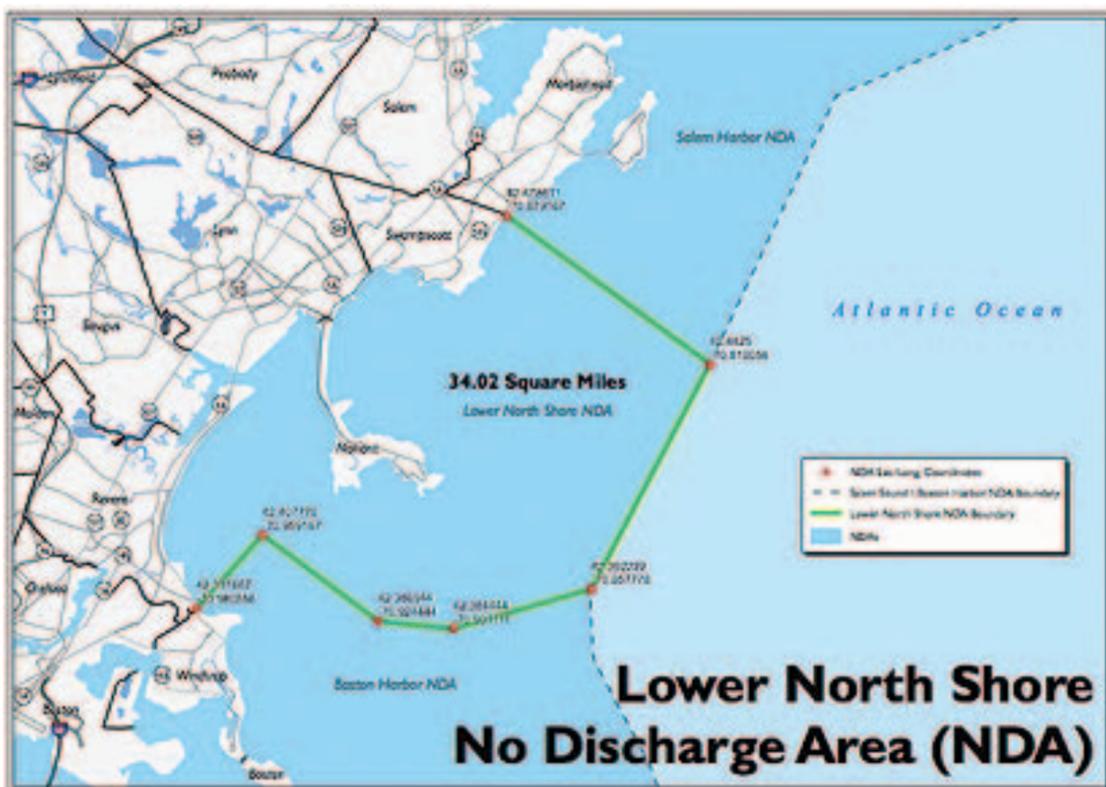
* All that activity, the digging and planting at the Nahant Rotary, on the morning of Town Meeting, was the Friends of Lynn & Nahant Beach (Friends), a great organization that works to protect the causeway and beaches. The Friends planted dozens of native plants. If you read this early Saturday morning, buzz down to the Ward Bathhouse at the Rotary and help plant flowers, beginning at 9:00 a.m. Just be sure to be back at Town Hall by 12:30 p.m., when Town Meeting starts. Friends, Nahant appreciates your work!

* The "No Discharge" notices on your chairs at Town Meeting were courtesy of SWIM. Nahant and the Lower North Shore, at last, have their No Discharge Area! Boaters beware: no dumping of sewage from your boat, even if treated! Use a pumping station, or go more than three miles out from shore. See the map here on the Green Page, along with the poster/flyer that you've seen around town.

* Many thanks to the Nahant Board of Selectmen for officially asking Nahant residents to turn off all non-essential lights for Earth Hour, the night of March 28th. Earth Hour, celebrated by thousands of communities all over the globe, was a great success.

* And to the Nahant Harbor Review - HAPPY BIRTHDAY and THANK YOU!

Submitted by Polly Bradley for Safer Waters in Massachusetts (SWIM)



Registration Now Open for Coastal Ocean Science Academy

By Tracy Hajduk, Northeastern University

Looking for something fun and exciting for your child to do this summer? Northeastern University's Marine Science Center is hosting a Coastal Ocean Science Academy (COSA) for students entering 9th-, or 10th-grade, in the fall of '09.

During this two-week academy, held from August 10 thru 22nd, from 8:00 a.m. to 3:00 p.m., students will spend time doing field-work in local marine habitats (rocky beach, sandy beach and salt marsh) on the North Shore, learning about New England coastal marine habitats, as well as partake in ongoing Marine Science Center research. Participants will be introduced to field-sampling techniques, invasive species monitoring, beach clean-up, benthic organism surveys and more. This is a great opportunity for students to learn a bit about marine science and have some fun, while doing so. Call for more information about the discount for Nahant residents.

For more information, call Tracy Hajduk, 781-581-7370 x321, or email, t.hajduk@neu.edu. Visit our website, <http://www.marinescience.neu.edu/cosa/index.htm>

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Duddie And Ponsie Tudor "The Ice King Twins"
Submitted By The Tudor Cocktail Ice Company

Nahant Lifeguard Off Duty: Save Yourself

Special Notice: "Due to economic cutbacks, there will be no lifeguards on Tudor, or Short Beach, this Summah."



To get the word out, the ever safety-conscious Tudor Cocktail Ice Company has created T-shirts with just that message. The sale of that shirt will help fund the annual Mitchell's Cahnah block party, on Labor Day weekend. All of this year's proceeds will equally benefit the Johnson School PTO and the purchase of replacement software for the Town's elderly emergency-alert-response system.

Two other T-shirts will also be available. For the Ladies, we have a newly-designed mermaid Island Girl T and for our little island boys, there is the classic Nahant Sea Serpent Island Boys T. All the shirts are available for a \$15 donation. My brothers, Duddie and Ponsie really out-did themselves with these designs!

To get your shirts, call 617.543.3942, 781.581.1559, or 781.581.1338

By your request, we have also brought back the nautical red "Island Mentality" hat for a \$20 donation.

Speaking of my illustrious brothers, you townsfolk will be happy to know, that due to a Congress-approved stimulus package, granted to the N.B.C.I.C.U. (National Brotherhood of Cocktail Ice Cutters Union), Duddie and Ponsie have been rehired, just in time to fill this season's cocktail ice cube orders, for all our Nahant clientele.

Special thanks to all who supported my run for Mayor of Nahant. I ran unopposed and still managed to lose. Do you think erecting 20 multi-colored windmills on Lodge Park was a bit much? Gee, who knew? I didn't think so.

Anyways, checkout the T-shirt designs below.



Disclaimer: To the best of our knowledge, we have never seen a lifeguard on either Tudor or Short Beach?

Submitted by Ophelia Payne Tudor, CEO, Tudor Cocktail Ice Co.

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Snowblowers: It took care of you last winter, take care of it now for next winter. It is best to add a fuel stabilizer to your tank (purchase at auto parts store) and run engine to get stabilizer into carburetor. This could save you the cost of a new carburetor or cleaning it out next fall. *Tune-up, grease all fittings, stabilize fuel and have it ready to go next fall. \$105.00

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Useless Information...By Ray Barron

Nahant's May Birthday Babies

May 1 - Inga Deluca, Devon Harrell, Zachary Lowe, Kenneth Merlino, John Osbahr, Christopher Papagelis, Ann Schiffenhaus, Naveen Sydney,

May 2 - George Burke, Joanne Dunn, Kellie Frary, Marybeth Godwin, Diana Meyer, Michael O'Callaghan, Constantin Pezaris, Peter Vernam,

May 3 - Nancy Cochran, Dale Cullinan, Kenneth Li, Mary Luszcz, Owen Maguire, William O'Keefe, Robert Proulx, Joel Sanphy, Arvard Tompkins, Sheila Zameitis,

May 4 - Marylou Canty, Mary Ann Corinha, Elizabeth DeMaggio, Paul Fiore, Cindi Hanson, Robyn Howard, Neelam Kumari, Joseph Marini, John McSweeney, James Whitlock, Donald Wyse,

May 5 - Grace DiGrande, Kim Georges, Frederick Haggerty, Daniel Hamill, Malcolm Hill, Karen Mosher, Alexandra Savino, John Taxiarchos, Marissa Waite, Elizabeth Whitbeck,

May 6 - Jacob Desmarais, David Fitzpatrick, Daniel Gauvain, Linda Hall, James Mellen, Antonio Roffi, Albert Wallach,

May 7 - Tucker Allard, Gayle Billias, Candace Cahill, War-

ren Chaille, Arnold Rodner, Carter Smith, Kenneth Swope, Jennifer Vecchia,

May 8 - Jason Caloggero, Denise Fields-Hitch, Herbert Motley, Jr., Heather O'Brien, Robert Scalise, Alexa Steriti,

May 9 - Jack Byron, Anthony Conigliaro, Peter Conley, Hannah Kornerup, Edward Maroney, James McCurdy, Jeffrey Musman, Biba Rozenbaum, Frances Spinelli, Coreen Susan Sullivan,

May 10 - Donald Baker, Liliana Barba, Anna Barbaro, Linda Eveleigh, Constantino Evos, Karen Falat, Mia Forster, Donna Hayward, Andrea Lane, Jessica Lerman, Margaret Mahoney, Edith Richardson, Samantha White, Michelle Zides,

May 11 - Charles Arena, Jr., John Moleti, Daniel O'Brien,

May 12 - Cornelia Coffey, Margaret DiGrande, Kendrick Doyle, Sean Dunn, Joanne Fucile, Octavio Galvao, Karen Hill, Robert Kennedy, Jennifer McCarthy, Nicole McDermott, Richard Melanson, George Mihovan, Richard Moleti, John Nardizzi, Lori Palladino, Constantine Pitsas, Amy Simons,

May 13 - Arthur Barreda, Linda Brassard, Drew Breithaupt,

Robert Fannon, Mariah Hanson, Michael Kaplan, Jillian Middleton, Stefan Polnicki,

May 14 - Carmen Ballantine, Matthew Champigny, Suzanna Cusack, Louis Makris, Caitlin Miele, Enrique Munoz, Courtney Quinn, Caron Sanphy, Marilyn Snyder, Lani Stevens, Kerryn Ward, Donald Wilkinson,

May 15 - John Barry, Gretchen Charbonneau, Joan DePalma, Judith Dumont, Patricia Forster, John Gergely, Deborah Hornig, John Love, Stephanie MacIsaac, Karen O'Callaghan, Kathryn Sherber,

May 16 - Maximillian Carbone, Sivamathy Coffey, Margaret Hanagan, Emily James, Francis McClain, Edwin Peterson, Judi Weiner,

May 17 - Arthur Anders, Austin Antrim, Elinor Cronin, Ellen Goldberg, Eric Greene, John Hawko, Dorothy Kiley, Francis Mahoney, Mariah Morad, Emma St. Jean,

May 18 - Richard Baldini, Loretta Cecil, John Crowley III, Mary DiTullio, Mary Donovan, Strates Frangules, Kristian Hosker, Gail Hyde, Philip Kersten, Arabella Liuba, John Mackey, Jr., Auguste Michaud, Thomas Murray, Kevin Nugent, James Passanisi, Laurie

Proulx, Nicole Rosa, Anders VonAschwege,

May 19 - William Cronin, Mary Irene Dickenson, Melissa Gallery, Abigail Hooper, Marilyn James, Muriel O'Neill, Catherine Walton,

May 20 - William Andrews, Teresa Clark, Anne Farr, Ryan Graciale, Steven Switzer,

May 21 - Deborah Aliff, Melissa Barile, Richard Barnes, Julie Hawley, Aryln Hubbell, Michael Kenneally, Geoffrey Loynd, James Malone, Jr., Jeffrey Price, Linda Turcotte,

May 22 - Linda Christoforidis, Matthew Duca, Abigail Frary, Zachary Hodgdon, David Kenep, Julia Kornerup, Barbara Morrison, May Redder,

May 23 - Peter Barba, Michael Coffey, Charles Dean, James Howarth, Samantha Jessome, Jose Lamas, Eric Marie, Janelle Mazzaferro, Jenna Mazzaferro, Michaela O'Donnell, Wallace Riddle III, Jennifer Sweeney,

May 24 - Kathleen Forbush, Lea Lewis, Jean Lucantonio, Arthur Michaud, Marie Muzzioli, Paul Singer, Ruthanne Switzer,

May 25 - James Brown, Kathleen Brownlie, Strates Frangules, Kevin MacKenna, James Walsh,

May 26 - Aidan Graciale, Linda Jenkins, John Martin, Candace Thornton, Rebecca Tynning, Johnny Zimmerman-Ward,

May 27 - Phillip Baldwin, Mary Brown, Onil Cote, Denise DiCarlo, Erin DiGrande, Francis Farr, James O'Connor, Panos Voukydis,

May 28 - Douglas Comfort, Joseph Desmond, Jr., Ryan Dignan, Serena Galvao, Virginia Greenlaw, Marie Martin, Maria Stanley,

May 29 - Sarah Anderson, Carmel Burrell, Priscilla Clark, Daniel Fiore, James A. Hosker, Christopher Mason, Peter A. Przybycien, Kevin Pruzinsky, Alicia Yannety,

May 30 - Carmella Cormier, Joseph Giardella, Leslie Hardy, Joy Loguercio, Patricia Podrug, Peter E. Przybycien, Sherrill Reed, Antonette Spinucci, Kenneth Turino,

May 31 - Mary Cuddy-Cormier, Frances Delaney, Daniel deStefano, Gad Geiger, James E. Hosker, Martha Koscielecki, Eva Markos, Anna McNicholas, Mary Messina, Ellen Morse, Mary Przybycien, Taylor Reeh, Jessica Simons, Susan Tracy, Andres Uzcategui, Alfred White.

Please patronize our advertisers. If it weren't for them, there would be no Nahant Harbor Review, the only newspaper that cares about the Nahant community. Thanks for supporting the Nahant Harbor Review.

In The Veteran's Death

A poem by Rozi Theohari

The flag finishes fluttering
 The monuments—echoing
 The ocean refrains from waving
 The wind ceases blowing
 Birds stop migrating
 Flowers stop blooming
 People quit moving
 The nation retreats from honoring
 The invalid's wound begins cauterizing
 The friend's tear lies freezing
 The candles dim shining
 Children no longer smiling

WHEN THE VETERAN IS DYING

Geode

by Polly Bradley

High on the mountains, deep in the mine
 Are the strongest, most beautiful stones –
 Waterfall fountains sculpturing fine,
 Carving with musical tones.

Rivulets dancing down the valley
 Cascading gems on the land
 Gleaming, glancing, resting finally
 Sparkling on sunlit sand.

Praising and singing the source of all living –
 Sacred mother lode –
 Joyfully ringing with thanksgiving
 Inwardly glorious geode.

Written for, and about, Donna Hanlon,
 for her gems, her music, her faith, her inner beauty.

Where in the World is HOOMPA?



Pictured is Catherine Carr, wife of John Anthony Carr, of Little Nahant. The Carrs belong to the Nahant Country Club Paddle Tennis Group, as well as the Adult Sailing Group, of the Dory Club. The picture was taken in Puerto Rico in April 2009.

Sustainability: 22 Haikus

By Susan Maguire, Nahant*

Rotting vegetables.
 Organic sweet tomatoes,
 From the compost pile.

Hanging in the shed,
 Miranda's salted codfish.
 Bacala in June!

The funky chicken,
 One two three twists & a shout!
 Cordon bleu for lunch.

Golden apricots
 And pears wait to shrivel up.
 Walt's dehydrator.

Sealed jars bubbling
 With Toni's meatless mincemeat
 Full of liquor.

Open land for plants.
 Herbs in victory gardens.
 Sun hot tomatoes.

A gaggle of geese,
 Some grain and chicken wire.
 Sunny side up please.

A roll of rubber
 For a patch, glue, a scraper.
 Model T's to Cape Cod.

Kneading and punching
 The dough Lucrezia had
 Arms like a wrestler.

Bare walls in Cambridge?
 Sweet visions of Panama.
 She paints her dreams

Mother Earth offers
 Her bounty to us for free.
 Windmills look so nice.

Upholstering chairs.
 Sylvia sews her pillows.
 A trip to Zimmans.

Buried in the yard
 Rain barrels 'neath the downspouts.
 Was Luigi nuts?

'lectricity bills
 Too high in the summertime?
 Open a window!

Cold in the winter,
 She shivered in December.
 Then had an affair!

Sun, el sol, soleil.
 Shining on our belle island.
 Who makes the panels?

Urban root cellars.
 Bury apples, potatoes
 Where's the jack hammer?

He keeps his bee hives
 Well, in sunny Nahant fields.
 His name, Hunnewell!

Grapes crushed in the vat
 Like bugs dancing in frenzy.
 Pass me the grappa!

Wind across the bay,
 From Revere to Breezy Hill.
 Clothes pins anyone?

Baring her buffed arms
 Michelle in a muscle shirt.
 Plant that White House lawn!

No job or money.
 401K down the tubes.
 Do what fogies did!

* With help from my parents: Toni & Francis Maguire, my grandparents: Luigi & Lucrezia Balestracci, Mr. Frank Miranda, mi amiga: Sylvia Barnes, Polly Bradley and my Peace Corps friend: Walt Koziol.

We'd like to invite you to write your own Sustainability Haiku. It's very easy, just follow the following format: * Line One = 5 Syllables,

* Line Two = 7 Syllables,

* Line Three = 5 Syllables and try to make it a zinger.

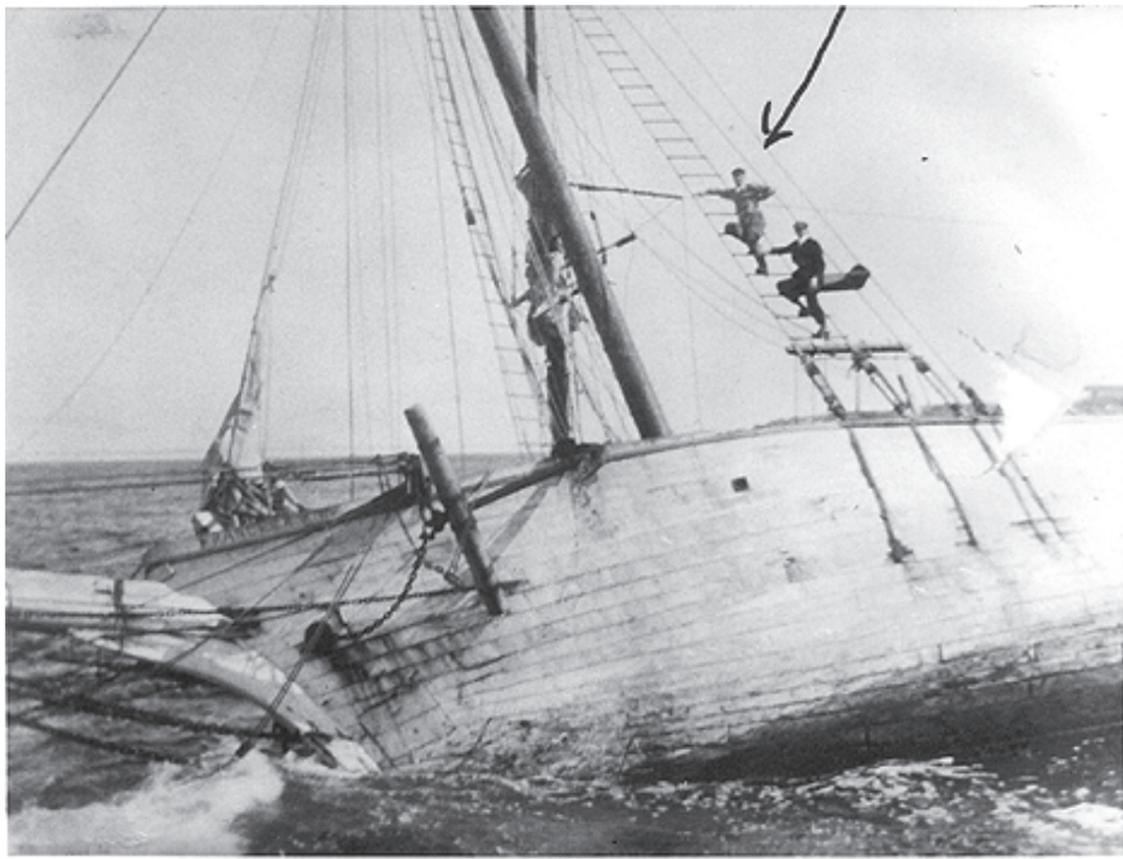
Send your Haikus to nahantswim@verizon.net and we'll include them in a future edition of The Nahant Harbor Review.



Summer In Nahant



A collaboration of old photographs, letters and memories of those who lived and resorted on this seaside peninsula before us.



Wreck of the Francis A. Rice on Saunders Ledge in 1913. Richard J. Walton is in the rigging at the top. (R.J. Walton photo, copied in 3/83.) Lodges Point in right background.

Look for me at the Summer in Nahant booth, at the 15th Anniversary Celebration, "Meet the People Behind the Print," at the KofC on May 31st. If you have suggestions for a story, or old photographs, postcards, or even, an artifact we can photograph, bring it with you and we will share it with others on this page in the future.
— Bumper Gooding

Wreck of the Thomas

One man lived to recount disaster on Nahant's coast

In March 1843, a blizzard sent the lumber schooner "Thomas," out of Bristol, Maine, careening into the rocks off Little Nahant. Six men lost their lives in the darkness. The sole survivor, 21-year-old Rufus C. Chapman, was pulled from the crashing breakers off Long Beach.

Capt. William Sproul, the ship's master and half owner, was rescued but died hours later. The other bodies washed ashore by midday and were taken to Silsbee Chapel in Lynn. All but Sproul were returned to Maine for burial.

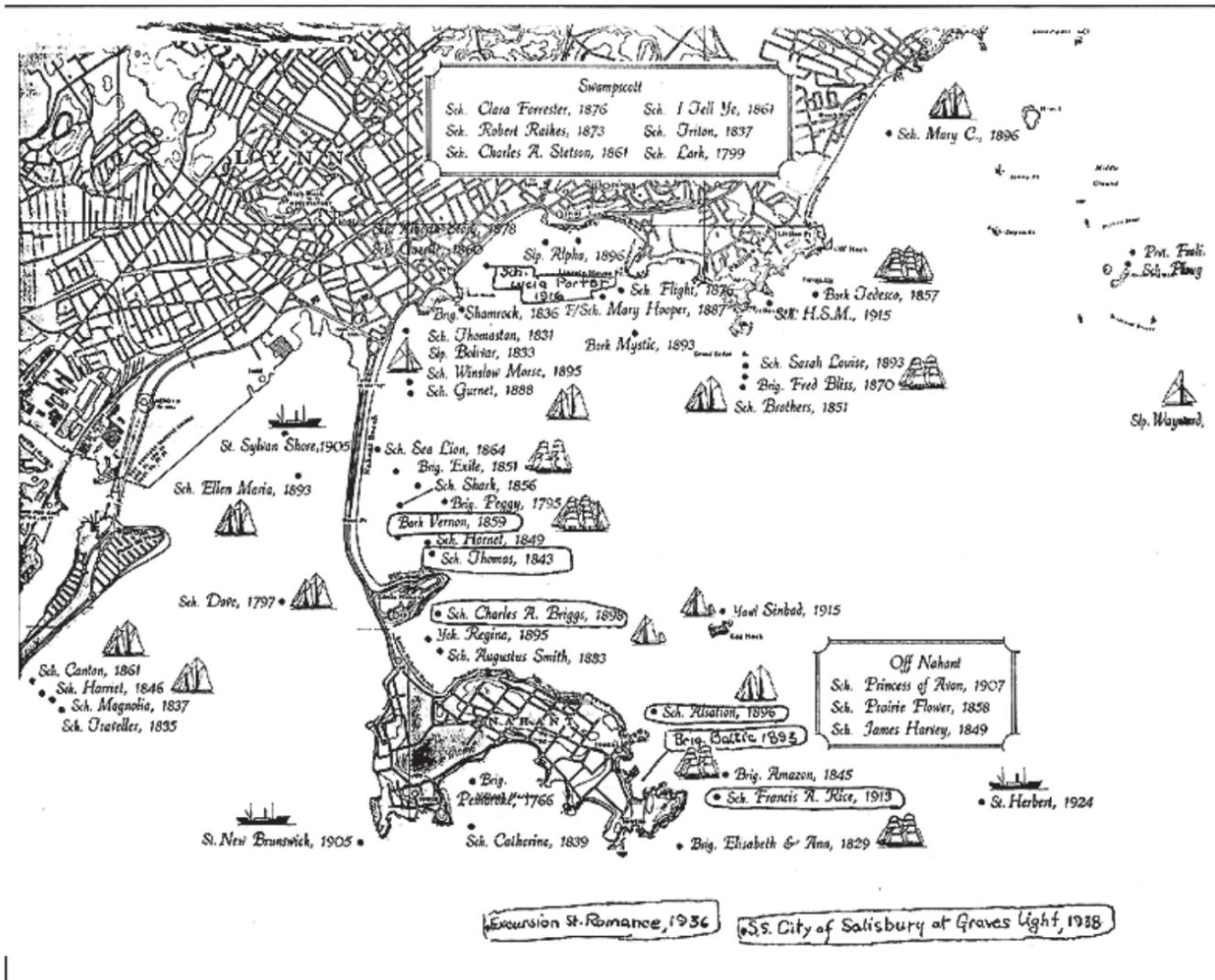
Lynn and Nahant townspeople refused payment for the coffin and cost of shipping the sailors home. Chapman eventually returned to Lynn to learn dentistry, then opened his own practice in Damariscotta, Maine. His personal account of the shipwreck was published in the Damariscotta Herald on November 12, 1908, when he was 86. It read as follows:

The schooner "was wrecked on Lynn Beach in a dreadful snowstorm in the early morning of the 17th of March, 1843. There were seven men on board, five of whom perished. The vessel was a topsail schooner, 115 tons. We sailed out of Permaquid Harbor on March 14, 1843, bound for Boston. That night we went into Portsmouth, N.H., for a harbor in a very heavy storm of rain. It

rained all night and all the next day. On the morning of the 16th we started again for Boston, but were becalmed off the Isles of Shoals nearby all day. When at last we got a wind, it came very hard from the northeast. The sun went down in the coppery looking cloud, which betokened in the eyes of sailors ugly weather.

"About this time the order came, 'take in all sails' and all hands obeyed the order. But the wind got ahead of us and took off the rope bolts, the topgallant sail, flying jib, split the main jib kiting, and tore the furlled topsail from the yard, leaving us nothing but a double-reefed foresail. This sail we carried all night, and (it) being new, stood the strain.

"At 3 o'clock in the morning we saw the breakers on the outer side of Egg Rock and Eastern Point, Nahant. In a moment, we were in the water, white as wool, with the black rocks of Nahant looking down upon us in the most threatening manner. We ran along between Egg Rock and Nahant till we struck on a sandbar that makes in such a storm as this between the outer point of Little Nahant and Egg Rock."



Shipwrecks!

Nahant Waters Graveyard to over 50 Ships

CITY OF SALISBURY: The Famed Zoo Ship

On April 22, 1938, the City of Salisbury, loaded with an unusual cargo of wild animals, reptiles, exotic birds, and valuable general merchandise, steamed toward the fogged-in harbor. The 419-foot freighter, well off course, ran onto a spire of rocks a short distance from Graves Lighthouse.

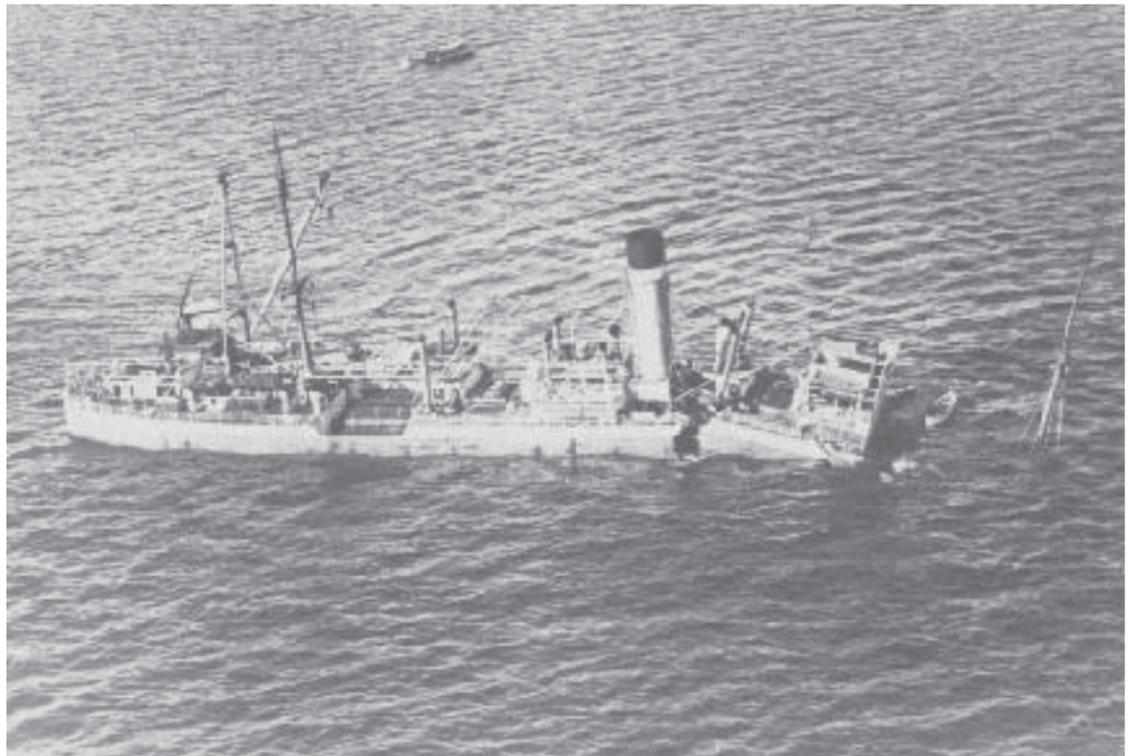
The vessel wedged itself into the reef, making it mandatory to remove the menagerie and much of the cargo. Most of the animals were brought safely to shore. The accident broke the freighters back, and attempts to tow her off to a dry dock were abandoned.

An observer recorded the fatal moments: "Ominous groans of tearing steel plates echoed throughout the ship as swells tipped the ship back and forth like a pendulum." Later in the fall (1938), a second storm hit the coast and the zoo ship rolled over and settled further into her last berth. Even till this day, bales of rubber from the cargo occasionally pop to the surface. The uncharted rock became known as Salisbury Pinnacle.

Source: Shipwreck & Nautical Lore of Boston Harbor, Article by Robert Sullivan, The Globe Pequot Press, 1990.

'Zoo Ship' Anchor Retrieved

57 years after sinking, artifact from wreck salvaged



Danvers - On April 22, 1938, thick fog blanketed Boston Harbor. Three miles east of Nahant, a ship named the City of Salisbury, rammed into a pinnacle of rocks near Graves Light and started taking water.

Almost immediately the Boston media pushed the story onto the airwaves. The sinking 415-foot ship was interesting enough but its cargo drew even more attention. The ship carried exotic animals from the jungles of India, bound for zoos in Europe.

There were 40 pythons, 40 cobras and 300 monkeys, and 56 humans aboard this ship to which Nahant Coast Guardsmen rushed to rescue. They had spotted the ship from their observation tower just after the fog had lifted. Plainly visible from Nahant and Lynn Shore Drive, the floundering ship drew curious crowds. With April 23 a beautiful spring Sunday, thousands of locals flocked to Nahant to watch the rescue effort.

A few days later, however a nor'easter interrupted the salvage effort and sent the Salisbury to the bottom. "There's 47 to 87 ships that went down off the coast of Nahant," said Northeast Scuba Club in Danvers.

"That shipwreck is a very colorful shipwreck. The divers call it the zoo wreck." Exactly 57 years later, Michael Miller, who works at Northeast Scuba, and three friends were diving around the wreck when they made a fantastic discovery. They found the anchor.

Source: Daily Evening Item, Article by Richard Fries, Thursday, May 4, 1995, edition.

The Shipwreck: City of Salisbury

Date Sunk: April 22, 1938.

Cause: Stranded.

Location: Graves Ledge.

Coordinates: latitude 42° - 22' - 26" N; longitude 70° - 51' - 35" W.

Loran: 13974.4 and 44283.3.

Description: Freighter, steel.

Dimensions: length 415 ft., width 54 ft., depth 30.3 ft.

Tonnage: gross 5924.

Propulsion: steam, propeller.

Machinery: 1, triple expansion engine with cylinder diameters 24.25", 42.5", 74" and stroke of 51", 750 nominal horse power; electric turbine; 3 single ended steel boilers, 12 corrugated furnaces. Cargo: tropical animals; 8000 tons of jute, natural rubber, iron, tea, sugar, rice, bolts of silk, tapestries.

Rescued Crew of the Schooner Frances A. Rice

Wrecked At Nahant. Front row, left to right: William A. Comeau, George Thibodeau, Herbert Woodrow. Back row, left to right: Ulysses Goddard, Charles H. Comeau.



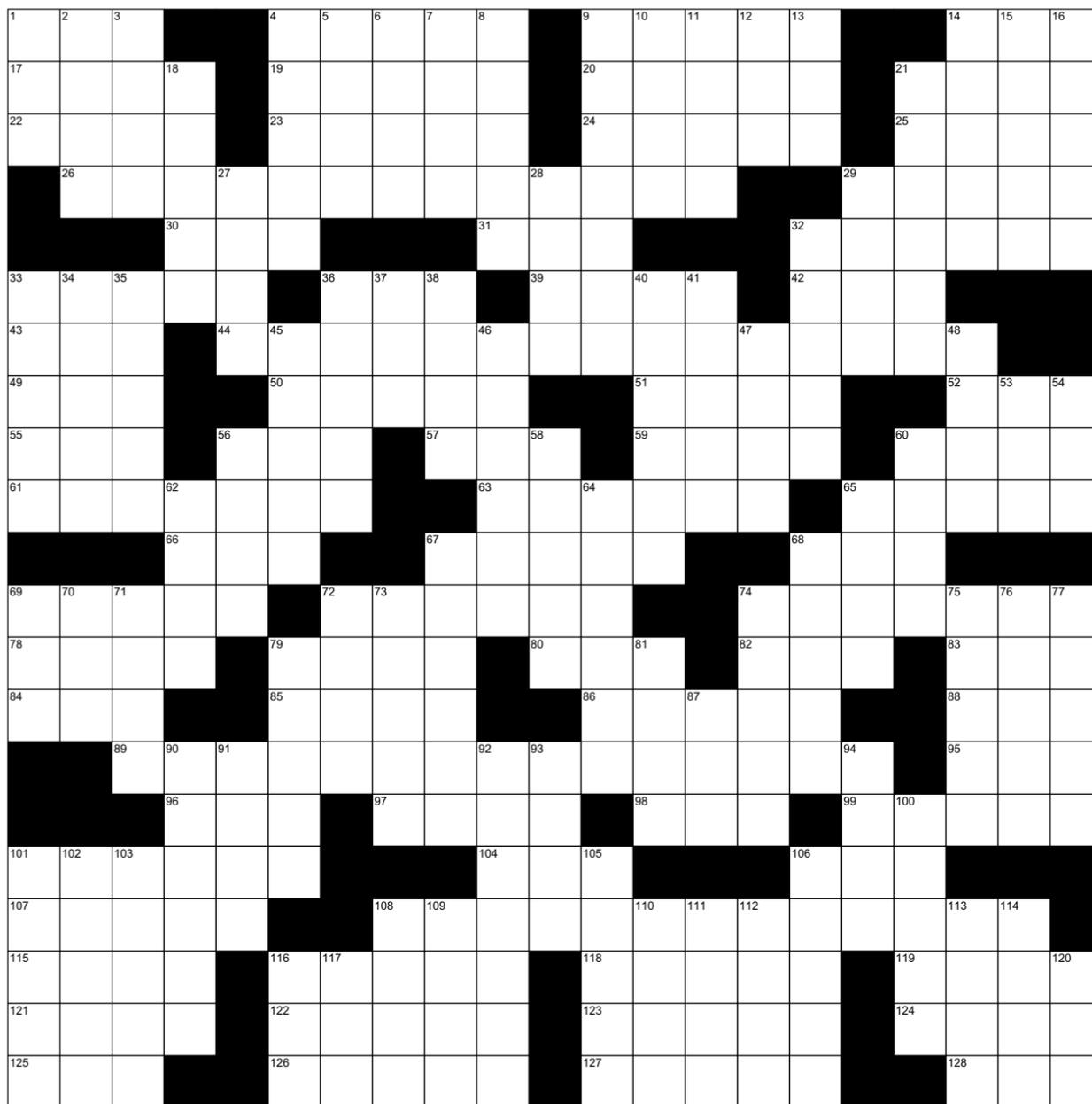
Many thanks to fellow Nahant-History-Junkie, Jim Devereaux, for suggesting "Shipwrecks" as the subject of this month's column. Many thanks, also, to Calantha Sears and Bonnie D'Orlando for all their help.

All pictures & text provided by the Nahant Historical Society.

If you have something you would like to share, or an idea for this page, please email the author, Bumper Gooding, at h.gooding2008@gmail.com

NAHANT PUZZLE PAGE

"Flight of Thoughts" by Rick Kennedy



- 58 Closes
- 60 Catamount
- 62 Stated
- 64 European clover
- 65 Prompt
- 67 Breadths
- 68 Trademark
- 69 Reserved
- 70 Links prop
- 71 Banned chemical
- 72 Gratis
- 73 Fall sign
- 74 Rips
- 75 Time being
- 76 Large instruments
- 77 Chihuahua, e.g.
- 79 Like some committees
- 81 Kimono
- 87 Carnival locale
- 90 Cafe feature
- 91 Hopper
- 92 Poked holes in, say
- 93 Conceited
- 94 Pop
- 100 Some investments
- 101 Unkind
- 102 Yellow pigment
- 103 Woodworker's concern
- 105 Symbol of freshness
- 106 Kind of wrench
- 108 Junket
- 109 Arizona tribe
- 110 Unemployed
- 111 Paper quantity
- 112 Crown
- 113 Reef dwellers
- 114 Go postal
- 116 L.A. hours
- 117 Hydrocarbon suffix
- 120 Hog haven

ACROSS

- 1 End of a race?
- 4 "Gunsmoke" Doc
- 9 Mud nesters
- 14 High naval rank (abbr.)
- 17 Butts
- 19 Rock genre
- 20 Fields
- 21 This, for example
- 22 Idle on the screen
- 23 Chap
- 24 Wash off
- 25 Navel buildup?
- 26 Start of a Charles Lindbergh quote
- 29 Cavalry sword
- 30 Dayton-to-Toledo dir.
- 31 Seek damages
- 32 One of TV's Jeffersons
- 33 Plus
- 36 Prof's helpers

- 39 Greek house
- 42 Funny
- 43 Hosp. staffer
- 44 Part 2 of quote
- 49 Fish story
- 50 Witless
- 51 Stuff
- 52 Spring locale
- 55 Bolted down
- 56 Atlanta's ____ Center
- 57 Roadside sign
- 59 Couple's word
- 60 Leeway
- 61 PA chocolate city
- 63 Bewitches
- 65 Napped leather
- 66 Swiss river
- 67 Part 3 of quote
- 68 Metronome marking (abbr.)
- 69 Step
- 72 Fire starters
- 74 Absentees
- 78 Didn't break

- 79 Parched
- 80 Title of respect
- 82 Place for a plug
- 83 Loophole
- 84 Congressional vote
- 85 Obligation
- 86 Sacred text
- 88 Jazz grp.
- 89 Part 4 of quote
- 95 Hipster
- 96 Court
- 97 On the main
- 98 Aurora
- 99 Really big
- 101 Sniffer filler
- 104 Free of
- 106 Hubbub
- 107 Pungent
- 108 End of quote
- 115 Comparative word
- 116 Reform Party founder
- 118 Perfect
- 119 Retreats

- 121 H.S. math class
- 122 Marsh bird
- 123 Listing
- 124 Stave
- 125 Asian capital
- 126 Not so hot
- 127 Aden's land
- 128 Mole

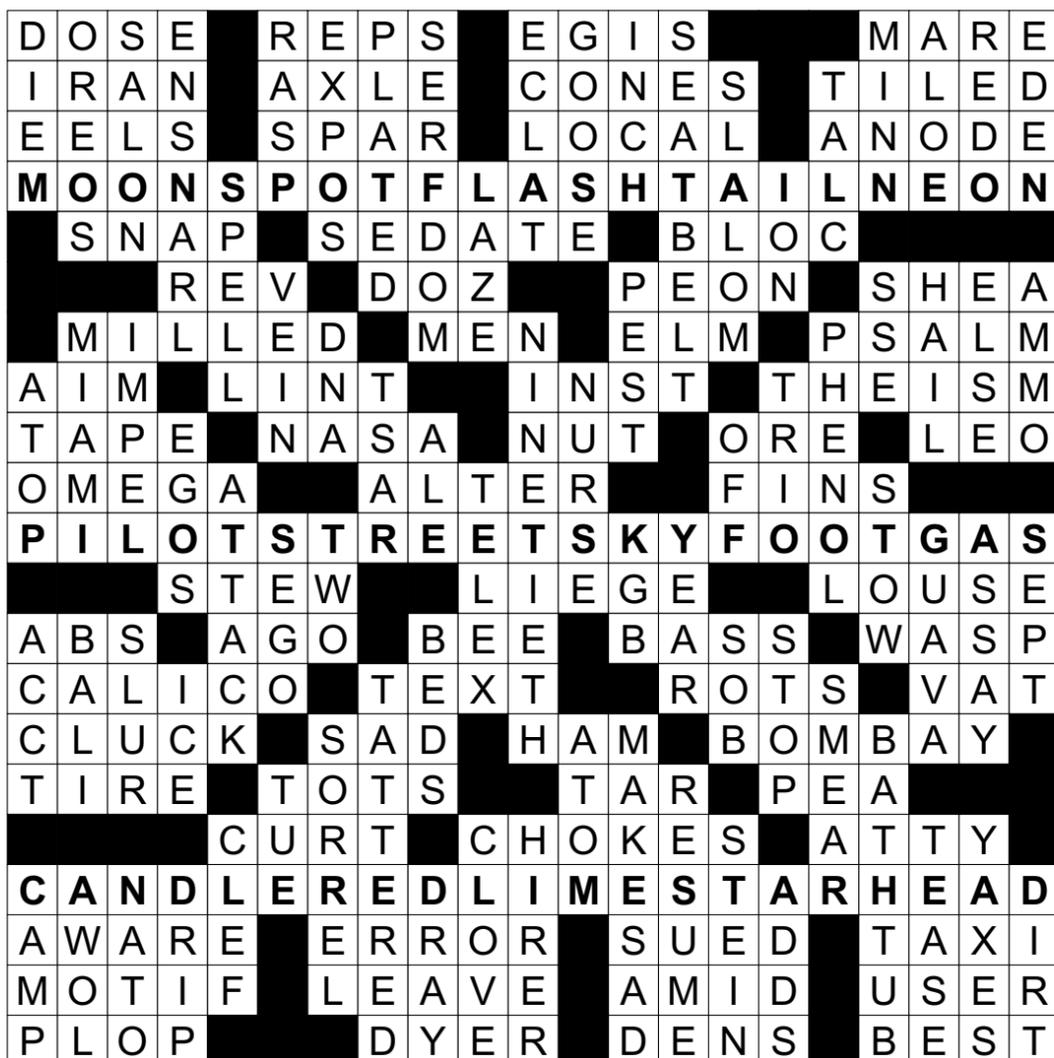
DOWN

- 1 Bard's before
- 2 Rani raiment
- 3 Eastern ruler
- 4 Mosey
- 5 Submarine base?
- 6 Complete
- 7 Ford or Lincoln
- 8 Iditarod vehicles
- 9 Purple Heart recipient
- 10 Opera solo
- 11 Posted
- 12 Dance step
- 13 Compass pt.

- 14 Out
- 15 Beach sights
- 16 Scotland yard?
- 18 Vista
- 21 Artist Monet
- 27 Part of ABM
- 28 Cluster
- 29 Turfs
- 32 Towers over
- 33 God of Islam
- 34 Malice
- 35 Vile smile
- 36 Lacking in resonance
- 37 "I get it!"
- 38 Warbled
- 40 Honda car
- 41 Guitar sound
- 45 Less coarse
- 46 Church officer
- 47 Boat movers
- 48 Key
- 53 Digs
- 54 Yeoman's yes
- 56 Red-bellied trout

Got A Light?
By Rick Kennedy

Carol Sanphy, of Chamberlin Circle, was the winner of last month's puzzle contest. She has won a "breakfast for two" at Seaside Breakfast. You, too, can win a breakfast for two. To be eligible to enter the drawing to win breakfast for two, just complete the crossword puzzle, bring it to Captain Seaside's Restaurant, on Nahant Road, then put it in the PUZZLE BOX on the counter. One winner is selected each month. See Chris, before 11:00 a.m., for more details.



About the Nahant Harbor Review

Since March 1994, the Nahant Harbor Review, a monthly publication, dedicated to strengthening the spirit of community by serving the interests of civic, religious and business organizations of Nahant, Massachusetts, USA. The **Nahant Harbor Review**, is published monthly and distributed to over 2,300 homes and businesses in Nahant and beyond, by Seaside Business Services, PO Box 88, Nahant, MA 01908, (781) 592-4148.

Nahant resident, Donna Lee Hanlon, is owner, Editor and Publisher. The Editor reserves sole discretion for inclusion of ads, articles, letters and other submissions.

All articles are voluntarily submitted to the Nahant Harbor Review without compensation. Articles and / or letters, submitted anonymously, or unsigned, or lacking author contact information, will not be published. Exception: although not a regular practice, a writer's identity may be withheld, by request, at the sole discretion of the editor.

Articles, Notices, Letters and Calendar Items may be submitted by: **email**, donna@nahant.com, or **mail**, Donna Lee Hanlon, Editor, Nahant Harbor Review, PO Box 88, Nahant, MA 01908, or to the **Nahant Harbor Review Drop Box on the Teller's Counter**, at the **Equitable Cooperative Bank on Nahant Road**. For ad rates, discount programs and deadlines, call 781-592-4148.

The views and opinions expressed in this publication do not necessarily reflect those of the management and staff of the Nahant Harbor Review, or Seaside Business Services.

Special "Thanks!"
to the people of the Nahant Village Church, for the use of the Companionway, once a month, for the distribution of the Review.
Many, many thank yous!



Nahant Harbor Review
PO Box 88 • Nahant, MA 01908 USA
donna@nahant.com • www.nahant.com

DEADLINE INFORMATION
JUNE 2009

All Community Calendar items, personal ads, classifieds, business ads, articles and short stories.
FRIDAY, MAY 15th • 5:00 P.M.
Home Delivery: **Saturday, MAY 30th.**

Staff, Volunteers & Contributors

Owner/Editor & Publisher:	Donna Lee Hanlon	781-592-4148
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Delivery/Dist.:	Donna Lee Hanlon	781-592-4148

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Matt Ryan	781-595-0957
Route 1 & 3: 1/2 Little Nahant & Little Nahant Road	
Bob Roland	978-273-5338
Route 4: SW Big Nahant & Willow Road	
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Route 5: Castle, Flash, Fox Hill, Range, Relay Yd, etc.	
Ryan McDermott	781-584-4077
Route 6: Bass Point Rectangle	
Shea Nugent	781-595-5644
Route 7: SE Big Nahant	
Donna & Ron Hanlon	781-581-0648
Route 8: Bass Point Apts	

Harbor Review Distribution

Papers for Home Delivery):	1,724
Papers OOT Subscribers & Advertisers:	212
Papers to Nahant stores & public places:	364*
Total Papers Distributed:	2,300*

*Every month, there are a few hundred more newspapers (printer's over-run), which are distributed to stores and public places in Lynn and Swampscott.

Harbor Review Subscription Information

Help support Nahant's ONLY independent, community newspaper. Become a **Home Delivery Subscriber** to have the news delivered right to your door!
Send \$20 for home delivery, or \$30 for an Out-of-Town Subscription, with delivery address, to:
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Thank you for your support!

Got something to share...

with your neighbors and friends?
Jot it down, put it in an envelope and drop it in the Nahant Harbor Review Drop Box at the Equitable Cooperative Bank. Located on the Teller's Counter, save the stamp. Pickup is daily. Submitted photos and other items will be returned, if accompanied with a Self-Addressed, Stamped-Envelope.

COA NOTEBOOK

Diane Desmond

On the 15th Anniversary of the Nahant Harbor Review, the Council On Aging wishes to thank Donna Hanlon and the staff of her wonderful newspaper, for all the help they have given us in order to publicize our place in the Nahant community. This is the primary way that we have to inform our residents (in particular, our senior residents) about what is available to them through our programs. We also appreciate the work the Harbor Review does for the whole community. This is where the COA gets information about activities and events, so we can plan for Council On Aging senior participation.

May is finally here. Many of our activities are planned as we go along. We try to respond to the interests of our seniors, as they are requested. Therefore we wish to remind you again, to call us, or e-mail us, for monthly updates. Our phone number is 781-581-7557 and e-mail is dadesmond@nahant.org.

Tuesday, May 12th, there will be a special Mother's Day lunch at the Tiffany Room. You will need a reservation and we hope you will join us.

Wednesday, April 29th, the COA watercolor classes resume, under the instruction of Debbie Gates, at 9:30 a.m.

Monday, May 11th, a representative from the Essex County Sheriff's Office (TRIAD) will be at the Tiffany Room, for a presentation concerning identification theft and prescription drugs, at 10:30 a.m.

The Sheriff's representative will also be here at 10:00 on Monday, May 18th, to issue Senior ID cards to anyone who may be in need of one (for example if you do not drive and have no license and are in need of a means of identification).

Don't forget the COA matinee movies on Friday, May 1st and Friday, May 15th, at 1:00 p.m. We wish everyone in the Town of Nahant a Happy Spring!

Council On Aging Calendar – May 2009

FRI	1	1:00P	Movie - Iron Jawed Angels
MON	4	Noon	Blood Pressure and Glucose Clinic - Tiffany Room
MON	11	10:30A	Sheriff's Office, TRIAD Presentation, ID Theft / RX
TUE	12	11:30A	Mother's Day Luncheon - Tiffany Room. Must RSVP.
FRI	15	1:00P	Movie – Walk the Line
MON	18	10:00A	TRIAD - Senior ID Cards
WED	20	Noon	May Birthdays - Birthday Cake by Roz - Tiffany Room
MON	25		Memorial Day - Tiffany Room Closed
THU	28	Noon	Foot Doctor - By Appointment

Monday thru Friday, Lunch, Tiffany Room, 11:30 a.m.

Mondays	10:15A	Senior Exercise – Community Center
Tuesdays	9:00A	Quilting Class – Community Center
Tuesdays	1:00P	Cribbage, cards, games, puzzles – Community Center
Wednesdays	9:30A	Watercolor Class with Debbie Gates
Wednesdays	12:30P	Shopping Trip from Tiffany Room, or call for pick-up
Thursdays	10:15A	Senior Exercise – Community Center

HOME EVALUATIONS FOR SENIOR SAFETY CONTINUE. This program includes learning how to prevent falls in the home, assistance with medications, suggestions for making your home a safer environment. Please call for information about this important program, 781-581-0482.

INFORMATION AND CALENDAR SUBJECT TO CHANGE. PLEASE CALL for updates on other April programs, trips and events call 781-581-7557, or e-mail us at dadesmond@nahant.org.

New North Shore Coalition to Raise Awareness to Prevent Elder Abuse

Submitted by Margaret Gilligan, GLSS

Over 50 people, from communities throughout the North Shore, joined together to begin the process of laying the groundwork for a new, multi-disciplinary coalition, to raise awareness about the growing problem of elder abuse in our society. Called the Elder Justice Network of the Greater North Shore, the program is being funded, initially, by a two-year, \$10,000 mini-grant, received by Greater Lynn Senior Services (GLSS), from the National Center on Elder Abuse's National Committee for the Prevention of Elder Abuse. Interested community members met last week, for a day-long training, entitled, "Building an Effective Justice Community Collaboration," conducted by staff from the Region One Area Agency on Aging, in Phoenix, Arizona. Representation included protective services workers, domestic violence advocates, social workers, medical professionals, public safety officials, legal professionals, faith communities, non-profits, college students and teachers, concerned citizens, and many more. Representatives from at least six different area Councils On Aging, were also in attendance.

"The founding of the Elder Justice Network of the Greater North Shore highlights the growing problem of physical, financial, and other forms of elder abuse in our local communities," said Congressman John Tierney (MA-06). "Regretfully, in recent months, my office has seen an increase in calls on this issue. As such, I am pleased that the creation of this coalition will bring together talented people and resources, from across the region, to address this troubling trend." Recognizing the importance of this issue, Tierney voted in favor of the Elder Abuse Victims Act (HR 448), when it came to the floor of the House of Representatives for a vote, earlier this month. "I will continue to advocate policies which protect our nation's seniors," he said.

"Now, more than ever, it is critical that we keep the spotlight on this growing problem," said Katie Galenius, who is helping to coordinate the coalition. "Many elder protective services departments in our area are seeing a sharp increase in calls, due, in part, to the economic downturn and the additional stress this is placing on seniors and their families and caregivers." Elder abuse takes many forms: physical, including domestic violence, psychological, financial, sexual, as well as neglect, self-neglect and abandonment. Galenius, a licensed social worker, is part of the Elder Protective Services team at GLSS and oversees the unique Older Battered Women's Program, which provides counseling, intensive support and other services to women age 50 and older, throughout the North Shore, who are the victims of abuse by an intimate partner. It is the only program of its kind in Massachusetts.

The coalition hopes to attract a broad, diverse membership. "We had attendees from Chelsea to Beverly and many towns in between, at the training," Galenius said. "But we really want representation from communities throughout the entire Greater North Shore area." Once formed, the coalition membership will set its priorities and decide what to do. "Our goal is to hold at least one major event a year, as well as launch outreach and educational campaigns aimed at helping people in the general public to understand what elder abuse is and how to spot the warning signs." For more information about the Elder Justice Network, call Katie Galenius at 781-599-0110, or e-mail kgalenius@glss.net.



What's with the gun?

See story on page 10 entitled: Hiram, Alvin and Mayland: Thanks to You and Others, written by Daniel A. deStefano, our Library Director.

Community Calendar • MAY 2009

APRIL 2009

SAT	25	7:00A	Town Election. Polls Open
SAT	25	12:30P	Town Meeting Begins
SAT	25		HOME DELIVERY OF MAY HARBOR REVIEWS
SUN	26	9:00A	Village Church Choir Rehearsal. New Singers Welcome!
SUN	26	10:30A	Worship Service & Sunday School, Village Church
SUN	26	4:00P	Rare Book Specialist at Nahant Community Center

MAY 2009

FRI	1	8:00A	Village Church FREE Breakfast. All welcome!
SAT	2	9:00A	New England Gem, Jewelry & Mineral Show, Topsfield Fairgrounds, Hosts: North Shore Rock & Mineral Club. Bring the kids, pan for gold...etc. Till 5:00 p.m.
SUN	3	10:00A	New England Gem, Jewelry & Mineral Show, Topsfield Fairgrounds, Hosts: North Shore Rock & Mineral Club, Till 4:00 p.m.
SUN	3	9:00A	Village Church Choir Rehearsal. New Singers Welcome!
SUN	3	10:30A	Worship Service & Sunday School, Village Church
SUN	3		MAY DOORWAYS CONTEST
SAT	9	8:30A	Sailing Registration at Little League Field. Till 11: a.m.
SUN	10		MOTHER'S DAY
SUN	10	9:00A	Village Church Choir Rehearsal. New Singers Welcome!
SUN	10	10:30A	Worship Service & Sunday School, Village Church
WED	13	9:00A	Garden Club visits King's Lilac Farm in West Boxford.
THU	14	10:00A	Garden Club Board Meeting
SAT	16	10:00A	Nahant Country Club Tennis Open House. Till 1:00 p.m.
SUN	17	9:00A	Village Church Choir Rehearsal. New Singers Welcome!
SUN	17	10:30A	Worship Service & Sunday School, Village Church
SUN	17	3:00P	Two Poets at the Nahant Library. Free. Refreshments.
MON	18		Thru May 24th, Enjoy Restaurant Week in Lynn! Sponsored by LynnArts. FMI 781-598-5244
THU	21	Noon	Garden Club Meeting at the Village Church
SAT	23	9:00A	Annual Garden Club Plant Sale at the Life-Saving Station.
SUN	24	9:00A	Village Church Choir Rehearsal. New Singers Welcome!
SUN	24	10:30A	Worship Service & Sunday School, Village Church
SUN	24		Garden Club makes Wreaths for Memorial Day.
MON	25	9:00A	Memorial Day Parade Forms.
MON	25	9:30A	Memorial Day Parade Begins
SAT	30	8:30A	Sailing Registration at Little League Field. Till 11: a.m.
SUN	31	9:00A	Village Church Choir Rehearsal. New Singers Welcome!
SUN	31	10:30A	Pentecost Sunday Worship Service & Sunday School, Village Church. All faiths are welcome!
SUN	31	2:00P	Meet the People Behind the Print, 15th Anniversary Celebration of the Nahant Harbor Review. Till 6:00 p.m.

JUNE 2009

SAT	13	8:30A	Sailing Registration at Little League Field. Till 11: a.m.
SAT	6	TBA	Red Hot Revelry! Annual Art Auction to benefit LynnArts. FMI 781-598-5244
FRI	12	8:00A	Village Church Free Breakfast.

Public Library Hours • 781-581-0306

Mon. thru Thurs. 10:00 a.m. to Noon. & 2:00 to 8:00 p.m.

Fridays: 10:00 a.m. to Noon & 2:00 to 5:00 p.m.

Saturdays and Sundays: 2:00 to 5:00 p.m.

SCHOOL ORGANIZATIONS MEETING DATES

School Committee Meetings • 2nd and 4th Tuesdays • 7:00 p.m. • Johnson School
 School Council Meetings • 3rd Tuesday • 6:30 p.m. • Johnson School.
 PTO • first Monday • 6:30 p.m. • Johnson School

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Saturday, MAY 2, 2009 • 9 am - 5 pm
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From North: 95 South, Exit 53 to Rt. 97. Go to Rt. 1, going thru Topsfield. Take a right at the lights at Rt. 1. Go 1/4 mile. Fairgrounds is on the left.
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Nahant Village Church

Worship Service
 begins at **10:30 a.m.**

All faiths are welcome!



EMERGENCY MANAGEMENT

Visit the **Emergency Management** page at www.nahant.org/ for an updated Preparedness Guide from the North Shore - Cape Ann Emergency Preparedness Coalition. This document covers a wide range of safety tips that will be of interest to every household. Here is the link to the Town of Nahant's website:
<http://www.nahant.org/services/ems.shtml> From there you can access the Emergency Management page and print out a Preparedness Guide.

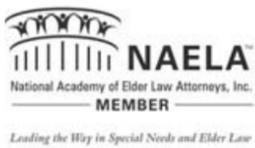
Please patronize the advertisers of the Nahant Harbor Review. Without their advertising dollars, there would be no community newspaper in Nahant. Thank you for your voluntary subscriptions and continued support over the past 14 years. The Editor.

The **Nahant Historical Society** is open to the public on Wednesdays, Thursdays and on the first Sunday of each month, from 1:00 to 4:00 p.m. (except holidays).

American Legion Post #215 and the **Nahant Veterans Association** meets on the first Tuesday of every month, at 7:00 p.m., at the Nahant Town Hall.

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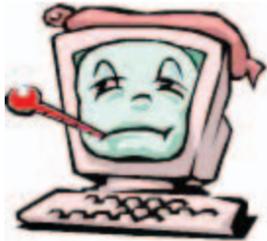
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