

Nahant Harbor Review

15th Anniversary Issue • March 2009

A monthly publication, in service since March 1994, dedicated to strengthening the spirit of community by serving the interests of civic, religious and business organizations of Nahant, Massachusetts, USA.

Volume 16 Issue 32

180th Issue • Celebrating 15 Years!

MARCH 2009

The Review's 15th Anniversary Party to be held May 31st

This is our 180th issue which represents 15 years in publication.

Thanks to the community for your advertising, subscribing and writing support.

Help celebrate with us at the 15th Anniversary Party, "Meet the People Behind the Print," on Sunday, May 31st, from 2:00 to 6:00 p.m., at the Nahant Knights of Columbus.

This will be a wonderful opportunity to meet and greet the readership, other advertisers, the writers, the delivery crew and staff of the Review and to share information about your business, school or organization. I'll have more information for you next month.

—Donna Lee Hanlon

Strengthening the Community for 15 Years!

By Bumper Gooding, Assistant Editor

This issue of the Nahant Harbor Review marks the 15th Anniversary of "the little paper" so dear to Nahanters, both here and abroad. The by-line below the front page heading says it all: *"A monthly publication, in service since March 1994, dedicated to strengthening the spirit of community by serving the interests of civic, religious and business organizations of Nahant, Massachusetts, USA."*

Just a little over 15 years ago, Donna Hanlon, Editor and Owner, decided to take the Seaside Business Services Grand Opening flyer mailing to the next level. She organized a 3-page newsletter containing a Community Calendar, a few ads and a few informative articles, which were contributed by advertisers and friends. Soon, the Harbor Review, as it was originally called, began showing up monthly, in mailboxes, across Nahant. I moved to Little Nahant in April of the same year, 1994. For me, I have not known a month to go by, when the "little paper" wouldn't be delivered to my home.

Since its conception, the paper has provided much needed information to town residents. The world-wide web didn't dominate our lives, as it does today and other local publications just weren't covering the majority of Nahant activities, with any detail. The Nahant Harbor Review provided a vehicle for local business men and women to advertise their services and for the Nahant groups and organizations to get information out to the community. Nahant's business owners supported the newspaper through their advertising support, which allowed the paper to grow.

Since 1994, the monthly paper has grown from its 3-page beginning to a 24-page tabloid and it continues to grow. Color pages, the monthly historical centerfold "Summer In Nahant", crossword puzzles and "Where's Hoompa" snap shots, are just a few of the changes seen within the past decade.

Ray Barron's birthday greetings, "Useless Information" and Sally Slagle's monthly column on dance and fitness, as well as her Dance Dimensions and the Wilson Brothers Construction ad every month, are part of the paper's original foundation. And, Harriet Steeves, whose attention to detail and kind heart, has been the paper's proofreader since the very beginning.. They join with Donna and Ron in celebrating 15 years of continuous participation.

Although the monthly publication is a labor of love, there are times, usually around midnight on the night before the paper goes to print, where the pressure to get all submitted articles and ads looking just right, can be seen on the faces of those responsible for getting the paper to residents on time.

About once a year, Donna will look at me, and her husband Ron, co-owner of Hanlon publications, "sigh" and with a tired look, say "Why do I continue to do this!" I remind her of the story she once told me, long ago, of her standing at Captain Seaside during breakfast, just a little over 15 years ago, face to face with a local resident who claimed she had no right to start a newspaper in this town!

Donna Hanlon isn't one to be told what she can and can not do. So to that Captain Seaside patron who challenged the right for what is now called the Nahant Harbor Review to exist, I "Thank You"! Whether it will influence Donna and Ron Hanlon, along with a fabulous and dedicated staff and volunteers to keep the "Little Paper" going for another 15 years, is yet to be seen. But for today, may we all join in by thanking Donna and Ron Hanlon for their continued dedication and passion in strengthening the spirit that exists in the beautiful Town of Nahant.

Bailey's Hill Developers Invite Nahanters to a Special Meeting

Nahant's most exciting new real estate development gets underway.



Local developers, Phil Singleton and Jeffrey Gouchberg, are inviting the public to meetings in March and April, to begin the local sales and marketing process for The Residences at Bailey's Hill, a 28-unit, mixed-style, luxury residential development, planned for the former military housing site on Castle Road.

The March 25 and April 8th open houses will be held at the Town Hall and will include a brief presentation of the development. Potential buyers, as well as interested parties, are invited to attend. Attendees will be given an opportunity to take advantage of pre-construction sale prices, for buyers interested in purchasing a unit.

As many Town residents are aware, this development is the culmination of four (4) years of planning and community participation by the Town, starting with its purchase of the military housing development on Castle and Gardner Roads and Goddard Drive and culminating in the selection of the team of Gouchberg and Singleton.

This local marketing effort marks the beginning of the development process for the team who, last November, were designated by the local selection committee, the Board of Selectmen and by an overwhelmingly supportive Town Meeting vote.

Singleton and Gouchberg have significant development experience and are genuinely excited about the opportunity to develop a residential community, in the Bailey's Hill neighborhood of Nahant. (Continued on page 12.)

Return of the Chili Challenge

On Saturday, March 14th, at the Nahant Knights of Columbus, Nahant Youth Soccer will be hosting a Chili Challenge, from 5:00 until 9:00 p.m. The cost is \$10 per person, or \$25 for a family.

We will have all types of chili for you to eat. There will be a professional category, as well as an amateur category. We need you to come down and help us decide which chili is the best. We are still looking for chili donations. If you or someone you know makes chili and would like for the people of Nahant to taste it, give Sue Rosa a call for more details, at (781) 842-2448.

We are also looking for Chili Challenge sponsors, so if you would like to be a sponsor, please call (781)842-2448. Any donation is welcome. All money raised will go to the Nahant soccer program, which helps the children of Nahant learn the skills of soccer. Please mark your calendars and come down to help support the soccer program.



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Cheers for Nahant Harbor Review's 15th Anniversary

The Nahant Historical Society salutes Editor-publisher Donna Hanlon and the staff of the Nahant Harbor Review, for fifteen years of devoted service to our community. Nahanters count on getting local news and learning about local businesses' services from Nahant's only newspaper. This continues to build our community's spirit and vitality. Congratulations!

Nahant Cultural Council to Meet March 1st

The Nahant Cultural Council will do a lot of listening at the Nahant Public Library on March first. Not only will there be music, but there will be a "community input" session, that will give Nahanters a chance to comment on the programs of the Cultural Council and provide suggestions for future performances.

But first, the Council and the Friends of the Nahant Public Library will present a performance of the guitar and flute duo Contempaissance.

Musicians Gary Jackson and Chris Glanville have performed in many settings, all over Massachusetts and Connecticut. Jackson is a classical guitarist and composer, who studied classical composition and jazz at the Berklee School of Music and Westfield State College. He teaches privately and performs. Chris Glanville, a former member of the U.S. Army Band, is a graduate of the University of Massachusetts. He has more than 25 years experience as a performer. Glanville also teaches public school.

Following the concert, the Nahant Cultural Council will meet, to seek input regarding future events and funding. Please come and offer your opinion!

The Friends of the Nahant Public Library will serve refreshments. The event will take place in the Reading Room of the Nahant Public Library, at 3:00 p.m., Sunday, March 1st. All are welcome to attend.

White to Perform at MBT Fundraiser

Get ready for some music and laughter. Singer, songwriter and author, Don White, will entertain at a My Brother's Table fundraiser, on Friday, March 6th, at 7:30 p.m. at the First Lutheran Church, 280 Broadway, in Lynn.

White, who hails from Lynn, has performed all over New England and beyond, including the legendary Harvard Square Club Passim, noted for its acoustic folk, blues and jazz music. Each year, he likes to do at least one performance in Lynn; afterall, White can brag that he has five generations of his family in Lynn.

"I like to do at least one fundraiser in my hometown each year," White said. "It seems like the right thing to do." The MBT concert also falls on White's birthday. "It's another reason to celebrate and make it an even bigger event," he added.

Tickets are \$20 at the door. There will also be a silent auction (including Red Sox tickets) and a 50/50 raffle. MBT board members Leslie Greenberg and Joan Comeau are organizing the event. For more information, call (781)595-3224.

SWIM Meeting March 9th

Safer Waters in Massachusetts (Nahant SWIM, Inc.), will meet Monday, March 9th, at 7:00 p.m., at Northeastern University Marine Science Center, 430 Nahant Road, Nahant. On the agenda: reports on the Lower North Shore No Discharge Area and Massachusetts Ocean Plan. Earth Day plans. For information: call Nancy Smith, 781-581-1662, or email pas_mal4me@hotmail.com.

To find out what comments have been sent in to the Environmental Protection Agency about the proposed Lower North Shore No Discharge Area, you can access the federal docket at <http://www.regulations.gov> and type in EPA-R01-OW-2008-0921. The comments had not yet been posted as of February 4, 2009, but they should be available shortly. Ann Rodney of the Ocean and Coastal Protection Unit, U.S. Environmental Protection Agency (EPA), New England Region, said that the EPA has received over 65 comments, all except one in favor of the No Discharge Area. Many thanks to all who wrote to the EPA urging them to designate the waters of Nahant, Lynn, Swampscott, Saugus and Revere, as a No Discharge Area.

Lions Fundraiser March 12th

It's almost Spring. Take a night off from cooking and help raise money for The Lions Eye Research Programs. The Nahant Lions are hosting an evening at the Tides with a silent auction, on Thursday, March 12th, from 6:00 to 9:00 p.m., at the restaurant.

There is no cover charge for the evening, just order anything you would like off the menu. A portion of the food and beverage proceeds will benefit this worthy cause.

March 6th Breakfast About KUPENDA Love for the Children

The March 6th breakfast, at the Nahant Village Church, will feature a presentation on KUPENDA, a charitable organization that was formed to meet the needs of Kenyan children with disabilities. Learn first-hand, from disabled founder Cynthia Bauer, about the mission and work of this organization. If Cynthia had been born in Kenya, without her left hand, she may have suffered the same fate as many children with disabilities in Kenya—uneducated, abandoned, neglected, or even killed. That is the reality of why Kupenda exists.

Most of the organization's work is done in the Malindi District of Kenya. Kupenda means "to love" in Kiswahili, the Malindi District's language. A wide variety of services are offered. The organization's ultimate goal is to make these children feel loved and accepted. Cynthia lives in the local area, is a great speaker and "quite inspirational."

All are invited to this free breakfast, on Friday, March 6th, at the Nahant Village Church. Breakfast is served at 8:00 a.m., with the presentation occurring from 8:30 to 9:00 a.m. Please plan to come and bring one or more friends, for an informative presentation, great breakfast and some wonderful camaraderie.

Family Disaster Preparedness March 14th

A training and informational session, on Family Disaster Preparedness, will be held on March 14th, at the Nahant Village Church. This is a follow-up to the presentation that was given at the February Village Church breakfast, by Margaret Whittaker, Coordinator of the North Shore-Cape Ann Medical Reserve Corps and John Coulon, Nahant Health Inspector. The session is open to anyone who wants to become (or has signed up as) an MRC volunteer, as well as those simply interested in what each of us, individually, can do, to ready ourselves for a potential emergency, or disaster.

No reservations are needed. The training session will be from 9:00 to 11:00 a.m. A free breakfast will be served at 8:30 a.m. For more information, call either Cal, or Marrit, Hastings, at 781-581-5691, or email calhast@hotmail.com.

The Heart of the Cross: A One-Woman Passion Play

On Saturday, March 21st, come to the Nahant Village Church, to experience this powerful, one-woman play, created and performed by Olivia Woodford. The Heart of the Cross play brings to life the passion and spirit of Easter, through the love, faith and triumph of five women, who loved Jesus. Join these women as they witness and recount the events of Jesus' death and resurrection.

Since 1991, churches throughout the U.S. have hosted Olivia Woodford to perform this drama, during the Lenten season. Reviews from host churches are glowing. The "Heart of the Cross" is one of four plays that Olivia Woodford has created, depicting the women of the gospel. The play portrays the events of Jesus' life and death, through the spiritual and personal journey different women experienced, in response to knowing Jesus.

Olivia is a professional actress/director and founder of Healing Theatre. She has a BFA in Theater from Boston University and has performed in regional and off-Broadway theaters. She has taught theater in public and private schools, to special needs groups of all ages. She has been living in Durham, NC, since 2008 and is director of Health Arts Network at Duke University (HAND). She is a theatre artist dedicated to bringing the sacred into people's lives.

Don't miss this extraordinary event. The play begins at 11:00 a.m. Tickets are only \$10. Complimentary coffee will be served at 10:30 a.m. Get your tickets now and help spread the word. To obtain tickets, make check payable and send to the Nahant Village Church. For more information, or if you need a ride to the church, call Marrit at 781-581-5691.

Animals at the Nahant Public Library Submitted by Rita Stepanova, Children's Librarian

Nahant Public Library, located at 15 Pleasant Street, in Nahant, 781-581-0306, welcomes the community to the educational and entertaining, Mass Audubon Ark program "Habitats: Living Things and Their Environment" with live animals, on Wednesday, March 25th, at 3:00 p.m. This program is recommended for children ages 4 to 10 years. Audubon Ark limits the audience size to 30 people, so please sign up early!

The Nahant Public Library is grateful to the Friends of the Library for funding the program. Admission is free.

Winter Carnival March 7th

The Annual Johnson School Winter Carnival will be held on Saturday, March 7th, from 10:00 a.m. to 2:00 p.m. Featuring: Moon bounce, cake walk, games, food, raffles and lots of fun for all! Volunteers needed! Please call Sherri April, at 781-581-1600, ext 0, or Patty Toomajian, at 781-596-2727.

Santa Parade Scholarship

March is here already! Spring is on the way. Time to think about sunny, warm days, spring vacation and GRADUATION! Time for you college-bound seniors to fill out your scholarship applications. The Santa Parade applications are now available at the Johnson School front office. The final filing date is June 5th, 2009. Scholarships are based on your attendance, for least 3 years, at the Johnson School, you still reside in Nahant, community service and a copy of an acceptance letter from a college of your choice. Good Luck! Hope to see you in June. The Santa Parade Committee

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Come and Sing Opera with Mass Theatrica and NEGASS

Mass Theatrica and The New England Gilbert and Sullivan Society (NEGASS) will co-sponsor a

Last Minute Light Opera performance of "Yeomen of the Guard," on Sunday, March 22nd, at 3:00 p.m., at LynnArts, 25 Exchange Street, in Lynn, in the Neal Rantoul Vault Theatre.

Roles will be divided between members of NEGASS and Mass Theatrica. It will be unrehearsed and presented on book; the audience is invited to join us in singing the chorus parts. Bring a score, if you like! Admission is \$10 and free to NEGASS members. All are welcome to come and sing, or just enjoy the impromptu show!

Spring Boutique Flea Market March 28th

By popular request, the Nahant Village Church will sponsor a Spring Flea Market, on Saturday, March 28th, in Swansberg Hall, from 9:00 a.m. until 2:00 p.m. Come one, come all to the NVC's Spring Flea Market. We'll have a snack bar and offer bargains galore in classy clothing, jewelry, household items, small appliances, sports equipment and other useful finds. Mark your calendars!

All attendees will be entered into a drawing for a valuable framed serigraph by Giovanni. The drawing will be held at for 2:00 p.m.

Donations will be accepted on Thursday, March 26th, from 3:00 until 6:00 p.m. and all day on Friday, March 27th. Think SPRING when you scour your homes for items suitable for sale. To arrange for pickup of donations, call Mo Edison at 781 592-0029.

A limited number of tables are available for vendors at \$40 per table. Call Mo Edison, at 781-592-0029, to reserve one!

All proceeds will go to the Nahant Village Church.

Lenten Study at the Nahant Village Church

You are invited to join with members and friends of the Nahant Village Church, as we continue this year's Lenten study, on Thursday evenings, through April 2nd, from 7:00 to 8:00 p.m.

For the first four weeks we'll use the video Victory at Jerusalem and see sites associated with Jesus' life, including: the Mount of Olives, Bethany, Jerusalem, the Kedron Valley, Gethsemane, Golgotha, the Garden Gate, and Herod's Family Tomb. (According to one reviewer: "This resource provides an excellent summary and overview of the death and Resurrection of Jesus, along with footage from the Holy Land.")

For the last two Thursday evenings, we'll view The True Easter to learn more about the culture and customs of the time and how they effect our faith today. Call Rev. Dr. Larry Titus at 781-581-1202, for more information.

Holy Week and Easter at the Nahant Village Church

You are invited to join with the members and friends of the Nahant Village Church for Holy Week and Easter. Holy Week begins on Palm Sunday, April 5th, with Worship at 10:30 a.m., as we remember and celebrate Jesus' entry into Jerusalem.

On Maundy Thursday, April 9th, join us a 6:30 p.m. in Swansburg Hall, as we share a meal to remember the last supper Jesus had with the disciples. At 7:30 p.m., we worship in the Chapel with a service of Tenebrae, commemorating the time of desertion and betrayal, as Jesus was arrested.

On Easter, April 12th, join with us for a Sunrise Service at 6:00 a.m., overlooking Castle Rock (405 Nahant Rd.). After the Service, come for breakfast at the church. At 10:30 a.m. you are welcome to join us for a joyous Worship Service in our Sanctuary, as we celebrate the "Ongoing Miracle" of Resurrection. For more information, call Rev. Dr. Larry Titus at 781-581-1202.

Fireworks Fundraisers: Fuddruckers, Unos and Tides Submitted by Jennifer McCarthy and Robyn Howard

Believe it or not, it is that time of year again, when we start thinking about raising money for this year's fireworks show. Robyn and I are preparing our annual letter for our town-wide mailing. You will be getting that in April. The tee shirts will go on sale on Town Meeting Day, April 25th.

We are looking for ideas for this year's firework's tee shirt. If you have any ideas, please let us know. Even if you have an idea, but feel you can't draw, we still want to hear about it. We can find someone to work with you to get your idea onto paper. For more information, questions, or to submit an idea you can email us at: nahantrec@hotmail.com, or call Jen at 781-592-5272, or Robyn at 781-581-1373.

We have booked fundraisers at Fuddruckers, on Route One, in Saugus, the Uno Chicago Grill, in Swampscott and Tides, right here in Nahant. All three restaurants offer the same type of fundraising event. You know the drill. You go, eat and the restaurant will donate to the fireworks, a percentage of their sales for the allotted time.

Fuddruckers fundraiser will be on Thursday, March 26th, from 5:00 until 8:00 p.m. The dates for Uno and Tides are still being confirmed, but we are hoping to be at Uno's in April and Tides in May. So watch the Harbor Review and the Town website for updates on those two. Raffle prizes will be available at all three locations. We hope to see you there!

Christine M. Menzies
Owner



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Help the Nahant Woman's Club Change the World

Since 1895, the Nahant Woman's Club has been involved in supporting education and the arts and in helping those in need. But now, they are taking on a new project, supporting Women for Women International, whose motto is, Changing the world, one woman at a time. Women for Women helps women who are victims of war, in places like Afghanistan, Kosovo, Rwanda and Sudan, rebuild their lives, their families and their communities. These women started with very little and because of war, lost everything.

Women for Women helps them with emotional and financial assistance, with rights awareness and leadership training, with job training and access to capital, so they can start their own small businesses.

Since 1993, Women for Women has helped more than 153,000 women. The Woman's Club has decided to help by sponsoring a woman. The club invites all Nahanters to help by making a tax-deductible donation, so we can sponsor more women. If you would like to donate, call Marrit Hastings, Club Treasurer, at 581-5691, or just send a check payable to the Nahant Woman's Club, to Nahant Woman's Club, c/o 42 Nahant Road, Nahant.

And thanks!

Lots to Digest at Woman's Club Meeting March 10th

The next meeting of the Nahant Woman's Club will be a potluck supper, held at the Nahant Village Church, on Tuesday, March 10th, at 6:30 p.m.

The speaker will be Debra Bouffard, RN, of Partners Home Care VNA. Debra's topic will be "Being Your Own Health Advocate." Drawing on her decades of experience as a nurse, in a variety of settings, Debra will focus on improving communication with one's doctor during visits in order to get the maximum benefit from each appointment. This is especially important now that many insurance companies are shortening the time a doctor can spend with a patient.

Members should bring a main dish, salad, or dessert and are encouraged to bring a guest. Hostesses will be Joanne Bryanos and Marrit Nauta Hastings. Nancy Cantelmo, MD, will give the invocation.

We hope to see you there!

Healthy Kids Day

Fawn Anderson, PT.DPT, from North Shore Physical Therapy, will provide injury screens for children 8-17 years old, on Saturday, April 11th, from noon until 2:00 p.m., during Healthy Kids Day at the Salem YMCA. If the child is 15, or younger, a parent must accompany them. Screens will last 15 minutes. Please call to sign up ahead of time, as space is limited.

Also at Healthy Kids Day, a demonstration in alternative ways to exercise in the water, will be given by Susan Finigan, PTA, from North Shore Physical Therapy, at noon. Children ages 10-14 years will learn to jog in the water, using a flotation belt. All children participating in water jogging need to be comfortable in deep water. Both events are free and open to the public.

For more information and to sign up for the injury screens, please call North Shore Physical Therapy at 781-631-8250.

Have Your Picture Taken With The Maxim Gun

A venerable, nearly-forgotten souvenir of World War I, will soon leave Nahant forever. A Maxim gun, originally captured and retrieved by the seventeen survivors of Sergeant Alvin York's platoon, is about to embark on what may be its final journey, to the Museum of Appalachia, Norris, TN.

Surrendered among other weapons in 1918, with 132 German prisoners, the Maxim gun was sent to Nahant, by Mayland Lewis, an Army clerk, serving in France, who took the first shorthand report of the battle from Sergeant York.

Later, the Maxim gun was exhibited as a trophy of war, in the Town's 1919 "Welcome Home" Parade, when it was pulled by the Boy Scouts in a red wagon. After the parade, Lewis presented the Maxim gun to the Nahant Public Library. Lewis was later appointed a judge.

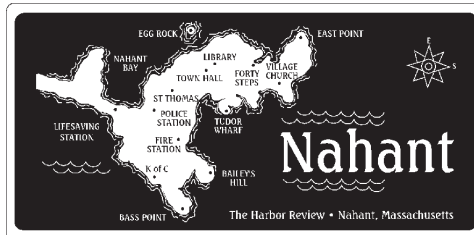
The library's attic was the gun's home, until it was rediscovered in 2003. Once its provenance was determined, the Library Trustees looked into selling the weapon at auction, but found that the gun had never been registered.

Because the Maxim gun is classed as an unregistered automatic weapon, the Library is allowed neither to sell it, nor keep it; the gun can only be transferred to a museum that receives federal funding.

The Library Trustees have made an agreement with the Museum of Appalachia, and that Museum is building an exhibit around the weapon.

Come to the Library on Sunday, March 22, 2009, for a once-in-a-lifetime opportunity, to have your picture taken with this historic Maxim gun. From 2:30 till 4:30 p.m., the Friends of the Nahant Public Library will take your picture with the Maxim gun, for a donation of only \$5.00 for each photograph. All proceeds will benefit the Friends of the Nahant Public Library.

To advertise in the Nahant Harbor Review, call 781-592-4148, or email donna @nahant.com. Thank you!



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Northeastern University Marine Science Center Evening Lecture Series

On Tuesday, March 24th, at 7:00 p.m., Dr. Luke Miller, Marine Science Center Researcher, Northeastern University, will present, "Some like it hot, some like it cold: Temperature and Life in the Ocean."

In the depths of our northeastern winter, it seems appropriate to examine the role of temperature in the ocean environment and its effects on marine organisms. We will discuss examples of uniquely cold-adapted animals, from Antarctica, that manage to flourish in waters that always sit on the verge of freezing. Then, looking forward to the coming warm weather of spring time, we will move to warmer climes, to see how animals cope with the wildly fluctuating temperatures, that characterize our local shores.

On April 14th, Jonathan Bird, Underwater Cinematographer, will present, "Creatures of the Deep Blue."

Creatures of the Deep Blue is Jonathan Bird's new hard-cover coffee-table photography book, about large marine animals—whales, dolphins, sharks, rays, turtles, seals and manatees. This beautiful full-color book is his most spectacular book to-date and contains some of his most magical images from around the world.

Join the Marine Science Center, on April 14th, for a presentation by Jonathan, about some of the adventures he had in the making of this book and get your own signed copy. More information about the book is here: http://www.jonathanbird.net/deep_blue_book.htm

Jonathan Bird is a professional underwater cinematographer and photographer. His films have appeared all over the world, on networks such as National Geographic Channel, PBS, ABC, USA Network, Discovery and even the SciFi Channel. He has won two Emmy Awards and two Cine Golden Eagles for his work. He is the author of seven books of underwater photography and the host of his own program, on American public television Jonathan Bird's Blue World.

Lectures are free to the public. Light refreshments are served at 6:30 p.m. Lectures begin at 7:00 p.m. and are about an hour long. The Marine Science Center is wheelchair accessible. Call Tracy Hajduk at 781-581-7370 ext 321, for more information, or email t.hajduk@neu.edu. Visit <http://www.marinescience.neu.edu>.

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Marian Court College Partners with North Shore Fairy Godmother Project

Marian Court College, 35 Little's Point Road in Swampscott, is serving as drop-off site for the prom dress drive, sponsored by North Shore Fairy Godmother Project, a non-profit, volunteer-driven organization, based in Nahant. The mission of the Project is to ensure that deserving teens attend their proms properly clad, regardless of their financial situations.

The prom dress drive is calling for donations of new, or gently-worn gowns, jewelry, purses, evening shoes, gift certificates to hair & nail salons, dry cleaning services, gown hangers and dress bags, gift bag items, and monetary donations. In the spring, prior to prom season, this collection of items and services will be organized into a one-stop-shopping experience. Girls will be able to go to "The Princess Boutique" to select their gowns and accessories, make appointments for their services and arrange for transportation to the prom. Students in the Marian Court College Fashion Merchandising program plan to be on hand as volunteers in the boutique to serve as stylists for the "shoppers."

"In support of the College's mission, Marian Court College students participate in several community service activities per semester. The students are excited about this particular activity because it is a fun way to give back to the local community in which they live, work and go to college," said Linda Lundstrom, Marian Court College Registrar and Coordinator of Community Service.

For more information about the items in need, please visit www.northshorefairygodmother.org. Items to be donated can be dropped off at Marian Court College, Monday thru Friday from 9:00 a.m. to 4:00 p.m., from now until March 20th. If you have any questions, please call 781-309-5200.

Marian Court College in Swampscott, Massachusetts, is a two-year co-educational, private college offering the Associate in Science degree and certificate programs. Founded by the Sisters of Mercy in 1964, Marian Court College equips students for lifelong learning and instills the core values of integrity, compassion, justice and service. Marian Court College is situated on a six-acre oceanside campus, formerly the "Summer White House" of President Calvin Coolidge. Marian Court College is certified by the Massachusetts Department of Revenue as a nonprofit organization.

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Please Consider This

By Chris Stevens

I have a confession to make that probably won't shock many who know me—I'm a library geek. As a kid, it was my favorite place to lose myself. I thought I would be Francie Nolan, the girl in "A Tree Grows in Brooklyn," that read her way, alphabetically, through the library. I was not quite as, shall we say prodigious, as she, but my love for libraries has never faltered. This is largely why I have decided to run for a position on the Board of Library Trustees.

I get that to say that I am running for Library Trustee, because I love the library, sounds simplistic, perhaps even naïve. On one hand, I would hope that whoever runs for such a seat would be doing it because of at least a deep affection for such a noble institution. On the other hand, however, I fully understand that it's not a simple job. It involves figuring and facts and some financial acumen, especially in this economic time. In that realm I am not so naïve.

Communities across the commonwealth are being hit with extraordinary cuts in state aid and for the first time in recent history, the idea of closing public libraries is on the table in a frightening number of cities and towns.

I could not imagine a world without public libraries.

How we address this threat, as well as how to make our library stronger and more relevant, in this 21st century, is a conversation I want very much to be a part of. As someone who has made a living as a writer, for more than a decade, I know well the value and the power of written words and how important it is to protect them. Maintaining our libraries is a major part of that.

In my mind, there is nothing more important than public libraries, because it is where the knowledge lives, it's where you can hold it in your hand. A library has no political alliance, no prejudices and few requirements, save for putting your name on a card. The only demand a library makes is that you respect its job and try to return what you borrow, so others can enjoy it too.

There is a certain bliss I feel, whenever I leave the library. It's like having a great secret—it's like having the key to the world in your pocket and wanting to share it.

To say that I'm running for Library Trustee because I want to make sure everyone can feel that way, is simplistic, yet it is the best I can do—you will have to trust me on the rest.

Girls Inc of Lynn 21st Annual Celebration Luncheon Honors Keisha Nash Whitaker on April 16

On Thursday, April 16th, Girls Incorporated of Lynn will host their 21st Annual Celebration Luncheon, at the Danversport Yacht Club, from noon to 2:00 p.m. The 2009 Strong, Smart and Bold honoree will be Lynn native, Keisha Nash Whitaker. Keisha is a former model and co-creator of a luxury cosmetic line, Kissable Couture. She is the mother of three girls and is the wife of actor, director and producer Forest Whitaker. Reservations are \$60 each and may be made by calling 781-592-9744 ext 258. Sponsorship and advertising opportunities are also available. Mark your calendars, reserve your seat, bring a friend and join Girls Inc. in celebrating extraordinary girls and women of achievement, on April 16th.

North Shore Civic Ballet Hosts 9th Annual Latin Dance

The North Shore Civic Ballet announces its 9th Annual "Fiesta de Baile," to be held Saturday, March 22nd, from 9:00 p.m. to 1:00 a.m., at the Nahant Country Club. DJ Antonio Ortiz will provide the Latin music. A complimentary Salsa class will be held from 9:00 to 10:00 p.m., for beginners, as well as dancers of all abilities. Those not into dancing can watch and enjoy complimentary hors d'oeuvres and a cash bar. Tickets are \$30 if purchased before March 15th and \$40 after that date.

Once again, the event will feature a silent auction, as well as for the first time this year, an online auction. This will give anyone a chance to bid on some fabulous items such as weekend getaways, concert tickets, jewelry and much more. To see these wonderful offerings, visit www.ballet.cmarket.com between March 1st and April 5th.

All proceeds will support new choreography, costuming, scholarships and special educational projects.

Tickets may be purchased by calling the North Shore Civic Ballet at 781-631-6262, or online at: www.havetodane.com/marblehead or www.salsaboston.com

Report of the Nahant Library Trustees

When our library was built, in 1895, it had 3 Trustees, as it does today. The Chairman, Henry Cabot Lodge, took charge of the plans and construction of the building. Today's Trustees are John Dineen, John Welsh and George Richardson.

In 1990, Daniel DeStefano became our librarian. He attends meetings of the Trustees, where needs for expenditure, including building maintenance, as well as books, are addressed.

Whereas the library of 1895 had 9290 books, today's library owns about 68,000. Unused books are regularly sold and removed, while new ones, fictional and factual, can always be seen topping a shelf that extends along one wall of the library.

The wonderful Friends of the Library accept tax-deductible donations, that are enormously helpful in meeting our needs. Thanks to them and the Trustees, the library now has Wi-Fi, enabling people to bring their own laptop computers in and use them. If a few people in Town donated laptops they no longer use to the Friends, they could be made available in the library to the public.

A recent remarkable breakthrough has been achieved by Trustee John Welsh, who arranged the sale of the library's machine gun, allegedly used in World War One by Sergeant York, and a feature of Town parades in former years. More recently, the Trustees had it removed from the library and sequestered in the Police Station. It now has been purchased by the Museum of Appalachia for \$10,000 and the money has been placed in our Building Fund.

Currently, the Trustees are thinking in terms of growth. Our L-shaped building has an empty space behind it that can be filled with new building, steel and glass perhaps, that would contain an elevator and make our spacious top floors accessible and useful.

It has been a great privilege to serve as a Trustee of the Library during these years of progress, and I hope to continue to do so after the coming election.

Submitted by George S. Richardson, M.D.

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Snacking

By Sallee Slagle, Director, Dance Dimensions

We were often taught that you shouldn't eat between meals. Well, research is telling us now that those long hours between meals, may be making it more difficult for us to lose weight. Metabolism will slow down if we don't eat often enough. If your body is without food for 4-hours, it begins to suppress calorie burning to conserve energy, until the next meal. So it now seems that snacking can help us lose weight, IF we do it wisely. We want to keep our metabolism high, so we are burning more calories all the time. Remember, as we age, our metabolism naturally slows down at a rate of about 5-10% every 10 years, which could mean a gain of 5 pounds each decade, if we are not mindful.

Okay, so you should add healthy snacks to fill in the long gaps between meals. Snacking can also help keep your blood sugar levels from dipping too low. When these levels drop, we feel tired, distracted and crave foods that are often unhealthy. Even if you are dieting, you should plan snacks as part of your daily food plan. Keep the cravings from luring you off your diet and keep the calorie burning high, all through the day. Everytime you eat, your metabolism will increase, as it takes energy (burns calories) to digest food.

Let's look at healthy snack choices. Donut vs. apple. Muffin vs. yogurt. These choices may seem obvious, but even "healthy" snacks are deceiving. Power bars are often more like a glorified and well-marketed candy bar. Avoid refined sugar and flour-type snacks, as they are empty calories. Look for whole grain, or better still, snacks are a perfect way to increase your daily fruit and vegetable servings. A piece of fruit may be sweet, but it is also a source of vitamins, anti-oxidants, minerals and healthy fiber.

If you find fruits just don't handle the hunger pangs, add a small amount of protein, like a handful of almonds, peanut butter on apple slices, carrot sticks with humous, or celery filled with low-fat cream cheese. Try yogurt sprinkled with a handful of granolla. Check labels. There are many "healthy" snacks available, but read the labels and watch for added sugars, corn syrup, fructose, etc. Better to add your own sweetness with fruit, or even a little honey, which has many healthy benefits.

Sugary drinks are added calories without added nutrition. Diet drinks have questionable chemical substitutes. Water, plain or sparkling, are still your best choice. Avoid the sweetened coffee drinks, too! The calories are often higher than you think. Caffeine and sugar are both addictive and leave you craving more. So some sugar often leads to MORE sugar. Watch out for that and keep the sugars you ingest, more natural.

Keep snack calories between 100-200 calories and only 2-3x a day, ie. mid-morning, mid afternoon and evening. If you are active, the extra 400-600 calories is easily burned. If you are sedentary, keep snack calories lower, say 300-400 daily. Prepare, or keep in stock, your health choices to avoid slipping up with unhealthy choices, when healthy alternatives are not available. Watch out for mindless grazing. Don't leave the larger bag open and in reach. Take out only the amount you intend to eat and put the rest away! There are several 100 calorie packages sold now that may help.

If snacking between meals is so important to keeping your metabolism running high, then definitely do not skip meals. If you want to lose weight, you do have to lower your calorie intake. When you add snacks, you may need to have smaller portions, or lower the total calories in your meals, to make the equation work.

The most important meal of the day is breakfast. It is proven that those who eat breakfast have a higher than average metabolism, compared with those who don't. So don't skip any meals and use healthy snacks to keep the fuel burning all day long. Remember, when food seems scarce, the body conserves and burns those calories much slower. Don't starve. Use healthy snacks throughout the day to beat unhealthy cravings. Keep the calories burning!

Captain Jennifer J. Harris Swampscott / Nahant Citizen Scholarship

An educational trust has been established, to continue Captain Harris's legacy of serving others. Graduating High School students, or GED recipients from Nahant and Swampscott, are invited to apply for a \$1,000 scholarship to support college expenses.

Captain Harris graduated from Swampscott High School in 1996 and from the United States Naval Academy in 2000. She was the first female helicopter pilot assigned to the famed Marine Corps Purple Foxes squadron. She served three tours of duty in Iraq and died on February 7, 2007, when the helicopter she was piloting crashed, after completing a casualty evacuation mission. Applications are available at the Nahant Public Library, Swampscott Public Library, Swampscott High School Guidance Office, North Shore Community College – Lynn Campus – Room LE232, or by emailing Harris_Scholarship@verizon.net. The deadline for applications is April 6, 2009. Donations to the Trust may be sent to the Captain Jennifer J. Harris Memorial Scholarship, Eastern Bank, 405 Paradise Road, Swampscott, MA 01907.

Massage: Sooner is Better Than Later

By Susan Cadigan LMT, NCTMB, Nahant Therapeutic Massage

Spring is here and many New Year resolutions are being challenged daily. Typically, our efforts result in too much, too soon. Overload and ignoring pain and tension can result in injury, or impede performance, as well as create muscle imbalance. Muscle imbalance can occur by way of a constant build-up of tension in the muscles. This, in turn, can lead to stress, impingement, or dysfunction in joints, ligaments, tendons, as well as the muscles involved. Often, the imbalance is ignored, or tolerated until injury, or the chronic pain can no longer be tolerated. Besides the “weekend warrior,” or daily efforts, at attaining our goals for physical fitness and the New Year resolutions we have made, injury, pain and dysfunction can occur, with as simple as mundane tasks we need to perform for work, or getting to work. The overuse can be as simple as sitting at a desk daily and working on a computer, commuting to work or carrying a heavy bag over one shoulder.

Recently, I fell over backward, heels over head, off a Swiss ball. Yes, I was fooling around and did not use my hands, or feet, to stabilize the ball. I was entertaining myself and performing a balancing act. There was much laughter involved and no thought of injury. The next day, I was quite stiff and felt like my shoulder blade was bruised. The simple trauma of jamming my shoulder and back on the floor, while “playing,” actually resulted in my neck and arms not being able to move freely and without effort and feeling some nagging pain. This was the result of my shoulder area being pushed beyond its capacity and the tissue becoming immobile and inflexible, in response to the jolt it received. The fascia network was damaged.

Gradually the stiffness became like a weight on my shoulders and other pains started to set in. I knew to take care of this situation sooner than later, before the issue became more concrete and could take much longer to remedy. This is where a skilled massage therapist came into play.

I drive over one hour, one way, to see a massage/muscular therapist that has the skills that work for me. The myofascial mobilization approach in massage is considered a state-of-the-art technique. These skilled massage therapists can detect multiple dysfunctions in soft tissue and apply the appropriate techniques to help resolve tension, pain, ischemic tissue and trigger points, to regain balance and function to the problem at hand. My massage/muscular therapist (Jeff Mahadeen of Muscular Wellness Institute) is also my instructor and guide in myofascial mobilization and neuromuscular therapy. By experiencing the techniques I provide to others, I become a better therapist and am able to provide you above-average massage and muscular therapy.

I thank you for blessing me with appreciation, interest and support for the service that I have brought to you here in Nahant.

Tai Chi Workshop March 1st

As someone who has experienced and benefited from the truest form of Tai Chi, I have sought out a master teacher, who reflects the genuine and balanced approach to guide us in authentic Tai Chi Chuan. This gathering is not for profit. It is for our better being.

Our last three-hour workshop took us through half of the Sunrise Tai Chi book/approach. The next three-hour workshop, Sunday, March 1st, will take us further and with a stronger foundation, we can evolve in comfortable increments, that will lead to a solid foundation in real Tai Chi. When you review the book, or DVD, you will see that movements are introduced with breathing, and various energy visualizations, but not in the beginning. In the beginning the movement and power is within us.

The Tai Chi will continue and evolve, as we evolve. Too much too soon will result in superficial “moves,” which are not beneficial Tai Chi. We will begin to use the movement/form as a vehicle for our breath and visualizations. In the future, we will continue to work with Ramel Rones Sunrise Tai Chi and will learn more physical moves, as our other skills become more natural.

We gather weekly for one-hour group study, on what Ramel has taught us during the workshops. Please visit Ramel Rones website for more information about his skills and mission: www.ramelrones.com.

For more information about Tai Chi in Nahant, please call Susan Cadigan, 781-780-3733, or visit: www.nahantmassage.com and click on TAI CHI. All abilities welcome.

Susan Cadigan is licensed and nationally certified in Therapeutic Massage & Bodywork. She holds a diploma in advanced massage therapy with many hours of experience, ongoing training and certifications. Ms. Cadigan is the proprietor of Nahant Therapeutic Massage; 41 Valley Road at the Nahant Community Center. For more information, please visit www.nahantmassage.com, or call 617-240-4252, for an appointment.

NAHANT HARBOR REVIEW CELEBRATES 15TH ANNIVERSARY

Thank you for 15 years!

The following businesses have been regular advertisers of this newspaper since 1994 and still advertise today. **Dance Dimensions and Wilson Brothers Construction** have consistently advertised EVERY MONTH since 1994. Thank you all for your support of Nahant's only community newspaper.



Dance Dimensions, Wilson Brothers Construction, Galaxy Painters, Nahant Fish & Lobster, Nahant Library, Quinn of Lynn, Rob Scanlan, Seaport Dental, MS Construction and Nahant Associates. Much success to you all!



Hello Neighbor:

We are Jim O'Connor and Caroline Gardiner-O'Connor and together we have started a new Real Estate business in town affiliated with Keller Williams Realty.

Jim has lived in Nahant for 20 years is actively involved in the community, having served on multiple town committees. Caroline has over 20 years of experience in the Real Estate business and has sold everything from private homes to exotic luxury real estate in the U.S. and Internationally.

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A Gospel and Jazz Brunch

On Saturday, March 14th, from 11:00 a.m. to 3:30 p.m., the Follow Hymn Music Ministries will hold their sixth annual Gospel and Jazz Brunch, featuring the soulful sounds of the Tony Gallo Band and Fred Williams, saxophonist extraordinaire, with special appearances by the Kipp Academy, Lynn Children's Chorus and the Follow Hymn Interfaith Choir, at Angelica's Restaurant, on Route 114, in Middleton. Fred Williams played saxophone with Jack Benny, is well known on Basin Street and has a national reputation for jazz and big band sounds. Tony Gallo performs regularly at Ryle's Jazz Club in Cambridge and The Acton Jazz Café.

The cost for the brunch is \$40 per person. Proceeds from this event will be used to support the community youth outreach program, Building Bridges.

For information and tickets, please call Virginia Makkers at 781-321-2052, or Doreen Murray at 781-953-1849.

The Follow Hymn Interfaith Choir is made of men and women from a diverse set of religions and ethnicities that join together in song. Members come from Lynn, Swampscott, Marblehead, Chelsea, Salem and other North Shore Communities. To learn more about the organization go to www.followhymn.org

The Follow Hymn Music Ministries is committed to promoting their mission of harmony, peace and love through music, movement and spoken word. The organization champions oneness in diversity and defy the separation of God's people.

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News From the Johnson School

By Diane D. Mulcahy, Principal

The Music Man was a huge success! The entire sixth-grade, with supporting help from some fifth-grade students, staged a terrific rendition of Meredith Wilson's The Music Man, on Friday evening, January 30th. The students performed to a Standing Room Only audience. Mr. Victor Dalpozzal accompanied the students on the piano. Mr. and Mrs. Chris Whitlock and Mrs. Susan Beebe designed the set, which helped transport the audience to River City. A great deal of credit is due to Mrs. Cheri Spencer and Mrs. Dianne Dunion, who directed the students in this year's production. We are very grateful to all, for supporting the Johnson School community with this year's production.

The sixth-grade class is hard at work on this year's Johnson School Yearbook. Mrs. Diane Pierce and students have the cover design complete and are beginning to work on the other features. Work on the Yearbook should be complete by April, in order for distribution in June.

It's hard to believe that the One Hundredth Day of school has come and gone. Students in Kindergarten and Grade One created Hundredth Day projects, which they displayed for their parents and friends in the school cafeteria. Many parents came to school on Tuesday, February 10th, to see the creative ways the students represented the number 100.

Mrs. Donna Page and her fifth-grade students marked another milestone the Thousandth Day of School. By fifth-grade the students have been in school for 1,000 days and to mark this occasion, each fifth-grade math student created a project. The students chose a thousand-dollar spending spree, or tallying 1,000 pennies, as the topic for their project. The projects were on view Thursday, February 12th, in the math room, for parents to view.

The Student Council sponsored its Teddy Bear Raffle. This is a popular fundraiser. Raffle tickets were sold and students purchased chances to win a teddy bear. Each student was invited to bring a Teddy Bear, or stuffed friend, to school on Friday, February 13th.

Mrs. Meredith Tibbo is planning to attend the Women in Science and Engineering Program, at Salem State College, with the sixth-grade girls. This yearly event is sponsored by Salem State College, to encourage sixth-grade girls in careers in science and engineering.

Johnson School is gearing up for the MCAS exams, which are due to be held March 30th thru April 10th, for the first round. The second round of testing begins in May. Students have been preparing all year for this annual test for students, in grades 3-12. Students in grades 3-6 will take the exam this spring. Fourth-graders will get a warm-up with the NAEP exams given on February 23rd.

Nahant Writer Wins International Award

Nahant resident, David Liscio, won both a first-place award and a merit award, in the annual Boating Writers International (BWI) writing contest, for 2008.

The prestigious BWI awards, given out at the Miami Boat Show on Feb. 13th, honor the top marine journalists. Contestants hail from throughout the U.S. and abroad.

Liscio, a longtime reporter for The Daily Item newspaper in Lynn, won the first-place award for his article entitled "Security Alert", which focused on the rising occurrence of boat theft. It was published in the March issue of Northeast Boating magazine. The award was "for excellence in creating compelling stories about the boating lifestyle, through entertaining, educational and inspiring journalism."

The merit award was for an article entitled "Unsinkable," about the famous Pendleton sea rescue by the Coast Guard motor lifeboat CG36500. That story was published in the May issue of Northeast Boating magazine.

Liscio's publishing credits also include National Geographic, Sail, Sailing, Yankee, Canoe & Kayak, Soundings, Cruising World, Power Cruising, Boat International, E, Firehouse, Professional Boatbuilder, Baseball America and Environmental Quarterly.

The first-place win marked his 16th major journalism award.

David Liscio lives on Fox Hill Road, with his wife, Christine, son Zack, daughter Juliana and dog, Ziggy.

The Harbor Review is 15-years-old this month! Meet the People Behind the Print, our 15th Anniversary Celebration, a fun and social time for the whole family, will be held May 31st, 2009, at the Nahant Knights of Columbus. Watch for more info next month.



Job Searching in 2009

Give your résumé a shot of Botox!

Your résumé is a marketing tool that paints a picture of your value and answers the employer's question, "WIFM?" or "What's in it for me?" Résumé styles have changed dramatically in the past few years and, if you're new to the job market, yours may need a "facelift."

Get up to speed on "résumé speak." Use bullets that start with action verbs; sentence fragments are fine. Proofread; spell check DOES NOT catch all errors. Eliminate "I" and "responsible for." Do not "age" yourself—go back only 10–15 years on your employment history. Leave enough "white space." Studies have shown that an organized, easy-to-read résumé gives you an edge over a slightly more qualified applicant, with a visually unappealing, disorganized résumé. Use a professional e-mail address and outgoing message on your phone; HR doesn't want to listen to 30 seconds of your favorite music.

Avoid: Hobbies (UNLESS relevant), religious affiliations, birth date, pictures. A "Font Circus"; odd fonts, or too many fonts, are distracting and may not work on HR printers.

Rather than a laundry list of tasks you've performed on the job, you should accentuate your ACCOMPLISHMENTS—actions you took that improved a situation, solved a problem, or increased the bottom line. Organize your thoughts into PAR (problem>action>result) or OAR (opportunity>action>result) statements and don't be vague.

Did you solve a problem, or handle a crisis situation? Create, or build something? Receive an "attaboy"? Recommend, develop, and implement a new idea, system, or procedure, or improve an existing system, or procedure? Increase sales or profit? Be specific. Use numbers, examples, and percentages.

For example, instead of "Sold clothing and arranged displays in infants/toddlers clothing department," you might say, "Used outstanding listening and communicating skills, to recommend items for purchase, consistently exceeding weekly sales goals by 10–15%."

Rather than "Took orders and served customers," you might state "Learned 100+ menu items to consistently provide excellent customer service in high-volume restaurant."

Employers are hiring. It might take more time and effort on your part, but your next opportunity is out there. You just need to give yourself every advantage you have at your disposal. So give that résumé a shot of Botox.

Deborah Barnes is a Certified Professional Résumé Writer (CPRW) and Graphic Artist; active member of The Professional Association of Résumé Writers & Career Coaches; Myers-Briggs Type Indicator® (MBTI®) qualified; and selected for publication in the 2009 release of Cover Letters for Dummies, 3rd Edition by Joyce Lain Kennedy (Wiley Publishing). She can be reached at debnahant@comcast.net or 781-598-1127.

Nahant Town Pride Rosamond Puleo Submitted by Leslie Gould, Lynn Area Chamber of Commerce

Nahant Police Department's, Rosamond Puleo, recently received the Lynn Area Chamber of Commerce, Nahant Town Pride Award, at the 97th Annual Meeting and Excellence in Business Awards, on Thursday, January 22nd, at Spinelli's in Lynnfield. Over 250 attended the event.

Nominated by Nahant Chief of Police, Bill Waters, Rosamond is credited for her longstanding and dedicated service to the department and for her 30 years of service as a crossing guard, community volunteer and organizer of many popular annual town events.



"The LACC represents the areas of Lynn, Lynnfield, Nahant and Swampscott. We work closely with municipal employees in our areas and feel that they should be recognized for the work they do," says President/CEO Leslie Gould. "The Chief described Puleo as a human dynamo, and her smile defines her passion and love for her town."

Awards are handed out annually and nominations are sought in the fall. For more information about nominating a dedicated municipal employee, that goes above and beyond the call of duty, please email JoAnn@LynnAreaChamber.com

Pictured (L to R) are Rosamond Puleo, Lynn Area Chamber of Commerce Chairman, John Olson and Lynn Area Chamber of Commerce President/CEO, Leslie Gould.

Johnson School Update

By Jim Devereaux

By the time this edition of the Harbor Review is published, the School Committee will have conducted several public meetings, including a budget hearing, to discuss and ultimately vote upon, the FY2010 budget. With reduced local aid, such a prominent news topic and seemingly every community burdened with budget deficits, Nahant is no different. The following figures represent the challenge given the FY2010 allocated funding for the school department:

Fiscal Year	Total School Budget	Swampscott Tuition	Johnson School Budget
2008	\$2,977,754	\$1,285,120	\$1,692,634
2009	\$2,913,272	\$1,280,480	\$1,632,792
2010	\$2,883,644	\$1,219,648	\$1,663,996

Keep in mind, this funding, while level at best, represents more than \$210,000 above net school spending for FY2010, or double the expected \$104,000 above net school spending. School funding is also reduced by Charter School tuition charges of \$80,864. It is understood the Town is level-funding all departments, so this is not in any manner critical of the school's slice of the Town's funding. Instead, the school has considered various avenues to meet the allocated sum, while maintaining some of the recent initiatives, which have assisted the Johnson School in its' educational improvement efforts, reflected by this year's encouraging MCAS results. Increased arts & music programs and a newly-established library media center, are just two examples that have been achieved, through partnership with the PTO, the Nahant Education Foundation, Town support and a willingness from parents and Townspeople to volunteer their services. It is my expectation we will meet our budgetary target with such programs intact.

Capital improvements to school grounds will be pursued through working with the Town and other means, but not through passage of an override article.

The superintendent search continues, with a committee named, a timetable set and several applications already received. Through every step of the budget process, it is clear to me the new superintendent will have big shoes to fill for Dr. Lisi.

On a personal note, my term is coming to a close and I will not pursue re-election. I encourage anyone interested in running for the school committee to call me, if you would like to discuss what is involved with serving in this role. Please note, papers must be filed with the Town Clerk by 5:00 p.m., on March 9, 2009, for a candidate's name to be included on the ballot.

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Bailey's Hill Developers

(continued from page 1)

Singleton commented, "The Residences at Bailey's Hill are going to be an exclusive and singular development for Nahant. We will offer residents an exceptional living opportunity, with significant open space, dramatic views of the Atlantic Ocean and sweeping views of the local golf course. Our twenty (20) unit condominium building, will offer luxury units, with underground parking and luxurious finishes. Our single-family homes will provide new housing opportunities for families, in Nahant and the area."

The development includes twenty (20) condominiums in one building and eight (8) single-family homes. In addition, the Town has required that two of the single family homes and five of the condominium units, be made available as affordable units with a local preference for a number of the affordable units.

Jeff Gouchberg, when asked about the timing of this development given current market conditions offered, "We feel strongly that Nahant and its residents represent a unique market as there are no options on the island for residents looking for the type of living space being created at Bailey's Hill. Our development plans have created significant interest from the community and we're hoping that translates to buyers."

Two dates, March 25 and April 8, at 7:00 p.m., at the Town Hall, have been set aside for the developer's Open Houses. Refreshments will be served.

Interested buyers and the general public are invited to come together on these two dates to review the condominium and house plans, pricing, amenities, the lottery process for the affordable sales and the sale reservation process.

The developers have also engaged the services of local Nahant broker, Judi Moccia of Coldwell Banker, to lead the sales effort at Bailey's Hill. Interested buyers should call Judi at 781-799-7777.

Terry's Tree Submitted by Janet LeBlanc

In August of 2008, our small town of Nahant lost a very courageous woman – Terry Ward (Trentsch). After a very long and hard fought battle, we lost our dear friend Terry to cancer. When thinking of Terry, one would remember her sweet smile and contagious laugh. Terry was a very gentle soul and loved by so many.

As some of you know, growing up in this town, you would go to school with the same classmates from Kindergarten through 9th Grade. Terry and her friends were the graduating class of 1977 from the Nahant Jr. High school. As Nahant does not have a high school, when you graduated from the 9th Grade, you would have to choose which high school you wanted to attend in Lynn. Terry chose Lynn English High School along with several others; many chose Lynn Classical High School, including myself, while the rest went to St. Mary's High School. Even though we were no longer in the same school, we remained friends and always "stayed in touch." We were just a small town group of classmates with a unique bond – Nahant Jr. High School.

Nahant in the 70's was pretty cool. Not much to do, but we always found a way to have a great time, especially in the summer. Our thing was we'd call each other early in the day and say "OK meet ya 1/2 way." Terry would always be the first one there sitting on the mailbox waiting for the gang at Mitchell's Corner. We'd talk, try to think of what to do, and always decided to go to Sandy Beach. So our summer days would begin by swimming, laughing and some of us getting terribly sunburned. At lunchtime, we would go across the street and order subs and fries from Frank and Sam's. Then back to the beach and more swimming and laughing while we talked about what we were going to do that night. Our nights were pretty much the same – we would meet 1/2 way at Mitchell's Corner, talked about what to do, and usually decided to head down to the Courts and hang out with the boys and play a little "hoop." There we laughed and flirted and had so much fun until the lights went out at 10 p.m., and the next day would start out and end pretty much the same way.

Come late August, we jumped on the bus and headed to Central Square Lynn to shop for our school clothes on Union Street. What stores they had back then! Lerner's, Hoffman's, T.W. Rogers, and Thom McCann's, but Lerner's was "thee" store to shop at. We would also go to Woolworth's and Kresgees. I can't remember which one had the picture booth, but we would get as many of us in as we could, and we would let the snap shots begin! When we were done, we would kill ourselves laughing looking at the silly pictures while walking back to get the bus. We just always had so much fun in those days. Now, fast forward to the 80's and the 90's. We have graduated from our different high schools and gone on to do our own thing. Some of us went on to college, some of us got full-time jobs, some of us even got married and had children or possibly remarried and more children (blah blah blah). You get the drift, but, whatever path we may have taken, we "stayed in touch."

I really can't remember what year I started what we all came to call the "Annual Girls' Christmas Party." It was always on the 2nd Friday in December, and everyone knew not to make plans for that night. We always did a Yankee swap, which made us laugh until it hurt. The first few years were fun, but not as memorable as the coming years. As the years went on, the party got bigger and bigger; friends bringing new friends; and it got louder and louder. At times, there could be 40 gals in my small apartment, and it was so incredibly fun and insane. During the summer, we would be at the beach, and we would already be talking about the party and trying to decide what the price should be for the swap. These parties have been going on for over 20 years, and when Terry arrived and found me amongst the girls, she would give me my Christmas hug, and hand me a small little gift. It was always an ornament – an angel ornament.

This past July, 2008, Jill invited our old group of friends over to her house for some cheese and crackers and a little "happy hour." We were to bring photos and memorabilia "stuff." I, of course, was the only one that could find my "stuff," but I brought enough for everyone to see – the 9th Grade Year Book, 9th Grade prom pictures at the Nahant Country Club with all of us girls in our white gowns and the boys looking so handsome in their white tuxes. I also had pictures of Terry and me as hockey cheerleaders cheering for the Nahant Islanders. There were more pictures of the beach, the middle school birthdays, and, of course, the "booth pictures." No one could believe I still had all this stuff, but someone has to keep it! Once again we were all laughing, it got very loud, and you would look over at Terry and there she sat with that amazing smile of hers, and we could hear her quietly giggling. She was really enjoying herself, but how could you not with Jobie doing her "shtick" being the MC. To see Terry smile and laugh was what it was all about that night.

Sadly, a week later Terry lost her battle to that horrible disease. We knew our friend was no longer in pain, but that day "our pain" began.

My girl Terry never failed to call me on my birthday. That day would come and the phone would ring and there was Terry saying "happy birthday" to me. Even in the last few years knowing she was not feeling as well as she had before, the phone would ring and there she was with my birthday greeting. But, in September of 2008, my phone didn't ring and that broke my heart. A fierce deep sadness came over me as I realized that my life-long friend Terry was gone and she would never be able to wish me another happy birthday.

This past Christmas (2008), I counted my "Terry Christmas Angels", and I have 14 of them. I feel so incredibly lucky.

There is one thing that cancer will never take from us and that is our memory of Terry, especially that night at Jill's when we were all together. Another memory was created that night – a beautiful photo of all of us sitting on Jill's couch gathered around Terry. I know we all will cherish that picture and that night forever.

We would like to plant a tree in memory of Terry along with a bench and a plaque as a dedication to her. A site has not been picked as of yet for our memorial, but I will keep you posted. I have opened up an account under the name "Terry's Tree"/ Janet (Pereira) LeBlanc. If you are able to make a donation in honor of Terry, please go to the Nahant Equitable Bank in order to help us reach our goal in creating this memorial. We would like to make a special spot in town, this town that Terry called "home", where friends and family can go and think of their special thoughts and memories of her.

I want to thank you for letting me share my fond memories of my dear childhood friend with you. I have so many memories of Terry that will keep me smiling for a lifetime. Terry was definitely a true townie. A townie that will never be forgotten. If you should have any questions, please feel free to call me at 508-361-2865.

Oh, and those 14 angels I told you about, I know I have 15 now and she is watching over us with that one of a kind smile.



In Memory of Jean Ann (Fairbrother) Lebro formerly of Nahant

Jean Ann (Fairbrother) Lebro of Lady's Island, Beaufort, SC, formerly of Nahant, passed away peacefully on Thursday, January 22, 2009, at her home. She was 66 years old.

Born on January 26, 1942 in Lynn to the late Raymond A. and Priscilla R. (Ducey) Fairbrother, she was the eldest of seven children. She was raised in Lynn and a 1959 graduate of Lynn English High School. She was married to the late Bernard "Bernie" P. Lebro, Jr. with whom she shared forty years of marriage. Jean was a retired Chamber of Commerce Executive. Her career began as Membership Director of the Lynn Area Chamber of Commerce in 1981. In 1984, she joined the North Shore Chamber of Commerce in Danvers, as the Senior Vice President. She graduated in 1987 from the US Chamber of Commerce, six-year program, Institute for Organizational Management. In September of 1988, she became the Executive Vice President of the Greater Peabody Chamber of Commerce. She served with Congressman Peter G. Torkildsen, Congressman for the 6th District of Massachusetts as his Deputy District Director and later joined the Beverly Chamber of Commerce as a consultant and Acting Executive Director until October 1994.

Her community involvement in Massachusetts included serving on the Peabody Education Council's Executive Board as Director; the Girl's Club of Lynn Executive Board; the Girl Scouts of America Executive Board and the United Way of Central North Shore Campaign Chairperson. She was also a member of the Kiwanis Club of Beverly, the Rotary Club of Peabody and the League of Woman Voters. It is of importance to mention that she was the first woman inducted into the Kiwanis Club in New England.

In keeping with her spirit of "No Guts, No Glory", she once wrote to former First Lady Nancy Reagan asking if she could "borrow" one of her formal gowns, for a black tie affair while serving as the Executive Director of the Greater Peabody Chamber of Commerce. Her request was denied even though Mrs. Reagan did offer to donate the gown to an auction to benefit the Peabody Education Council. After relocating to Beaufort, she became the Executive Director of the Greater Beaufort Chamber of Commerce from December 1994 until her retirement in June of 2001. After her retirement from the Chamber, she served for a period of time as the Public Relations Director for Islands Community Bank in Beaufort. She was a graduate of the Leadership Beaufort Class of 2002. In 2007, she served as Campaign Manager for Representative Shannon Erickson, House Seat 124. Jean enjoyed traveling, reading a good book, taking care of her roses and politics.

She will be remembered by her friends in Beaufort for her love of a great political discussion, a good glass of red wine and her "it is what it is" approach to life. She loved the warmth of the sun, the beach and always had her radio tuned to a talk station or great music from the "Big Band" era. Jean enjoyed celebrating any special occasion, especially birthdays with her special group of "YaYa Sisters". She will also be remembered for the hundreds of birthday cards she faithfully sent each year to friends everywhere.

Surviving are her children, Suzanne M. Osgood and her husband Paul of Lynn, Pamela J. Collins and husband Stephen of Swampscott and Gregory J. Lebro and wife, Karen, also of Lynn. Grandchildren Matthew B. Collins & Stephen James Collins of Swampscott, Priscilla J. Osgood & Raymond A. Osgood of Lynn, MA and Alexa M. Lebro, also of Lynn. Surviving also are her six siblings, Janet Kelly of Nahant, MA; Jill Davis of Coburg, OR; Joyce Fairbrother of Derry, NH; Joan Fraser of Bath, ME; Donald Fairbrother of Sturbridge, MA; and David Fairbrother of Murray, UT and several nieces and nephews. A funeral service was held on Friday, February 6th, at 11:00 a.m., St. Stephen's Episcopal Memorial.



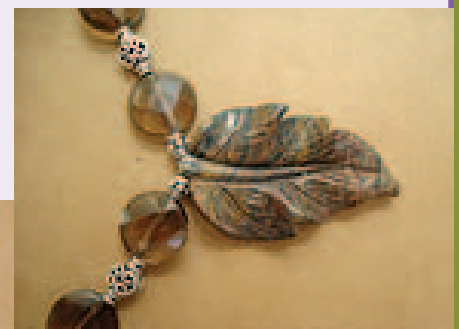
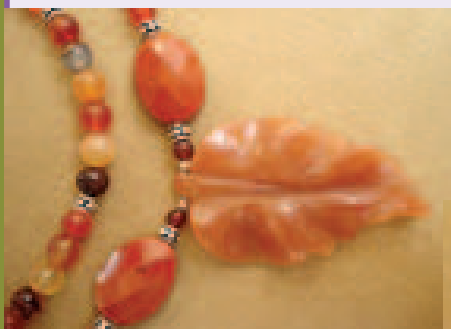
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Duddie And Ponsie Tudor "The Ice King Twins"
Submitted By The Tudor Cocktail Ice Company

Rock the Rock

Well now, I'd say "THAT" worked out fairly well, wouldn't you?

On the 7th evening of February, a Saturday, Nahant socialite Ophelia Payne Tudor opened the doors to her family's summer cottage (a.k.a. the Nahant Country Club), for an evening of love, peace, and rock n' roll, to benefit the Nahant Education Foundation.

Ms. Tudor transformed her formal ballroom into an indoor "Woodstock," courtesy of our own Harold Blank and his Floating Opera Light Co.

Mr. Blank put on quite a theatrical psychedelic display, enhancing a spectacular rock performance by the Brian Maes Band and Razen Kayne. Bravo Monsieur Blanc!

Between 250 and 300 of Nahant's leading rock stars turned out for the slightly over-the-top extravaganza.

The Tudor Cocktail Ice Company's paparazzi saw Jim Morrison dancing with Mama Cass and Jimi Hendrix rockin' with Janis Joplin.

"What is quite unique to Nahant," states Hendrix, "is the age demographic at town events such as this one. THERE IS NONE! Nahant rock stars from 18 to 86 turned out to Rock the Rock and you gotta love it!"

SPECIAL TUDOR COCKTAIL ICE CO. BRAVO'S go out to Brett Henry, Mike O'Callaghan, Dave Walsh, Peter Dawson and John Tofuri, for donating a ton of amazing munchies, fit for Nahant's "celebrity rockers"!

ROCK THE ROCK WAS A HUGE SUCCESS FOR NAHANT'S ISLAND KIDS EDUCATION FOUNDATION AND WE THANK YOU ALL !!!!!!!!!!!

It was announced at the beginning of the event, that my twin uncles Duddie and Ponsie would make an appearance at the concert, after they were finished carving the cocktail ice cubes for the event. Evidently, due to the slowed economy, my mother C.E.O. Ophelia Payne, had to give them lay-off notices, effective immediately after they completed the concert's ice order.

"Due to high anxiety, brought on by the recession, the cocktail ice business is way down. Our Nahant client base has been drinking right from the bottle, eliminating the need for cocktail ice", states Ms. Tudor.

Submitted by Jon Bleu Tudor (son of Ophelia Payne)

A Little Woodstock in Nahant.

On Saturday night, February 7th, 2009, over 250 Nahanter gathered to dance, sing and enjoy hand-made, psychedelic lights bouncing around the walls and ceiling, at Nahant's Rock-The-Rock concert. Two rock bands immersed the crowd with Woodstock-period music, leaving little room on the dance floor and no room for doubt, that it was "the place" that night. From those fresh out of college, to those approaching the century mark, all ages mixed, mingled, laughed and danced.

The event provided a true community event, with an outpouring of support from neighbors across our Island. A special thanks to the event's promoters – Frank Cardile, Mike Billias, Harold Blank, Floating Opera Light Company, Brett Henry, Mount Vernon Restaurant, Mike O'Callahan & Dave Walsh, Tides Restaurant, Peter Dawson, Nahant Country Club, John Tofuri, Ophelia Payne Tudor and of course, the complete staff of the Tudor Cocktail Ice Company.

In the end, bare-feet crowded the Country Club's dance floor and together we raised over \$5,000 for the Nahant Education Foundation. Nahanter have proven, yet again, the special nature of our Town and how we enjoy ourselves to good ends, in this case, to ensure the continued success of the Johnson School's children.

Thank for all for your support and stay tuned for more entertainment in 2009!
— Nahant Education Foundation

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Where's the Hoomba?



Here is HOOMPA in New Orleans, with a dozen Nahanter, who traveled to New Orleans to Celebrate Deb Baldwin's 50th birthday, over Martin Luther King weekend. We went to dinner at the Bombay Club, owned by Richard Fiske, a former Nahanter who's mother and brother still live in Nahant. In the photo - Richard and Deb are holding up the Hoomba! We all highly recommend the Bombay Club and Richard was a wonderful host. P. S. I left a Hoomba sticker with Richard as a keep sake. Thanks, Peter Barba.

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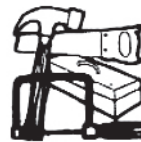
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Useless Information

by Ray Barron

Spring In Nahant

Cal Hastings thinks spring is the season when you can rely very little upon the weather, and even less upon the weather man. Cal's sweet wife Marrit, says, "In the spring, a young man's fancy lightly turns from thoughts of work."

The attractive educator Mary Dill, of Cary Street, says, "Spring is the silly season, when men plant grass in order to slave in the summer, keeping it cut. As for her husband, Dan Dill, "Spring is the glorious season, when the grass grows along the roadside and hides the discarded beer cans.

Once again, Sheila Hambleton reminds us, "Spring is the time of year when the weather seldom gets together with the season."

Well, as Bill Vaughan once said, "No one objects to March coming in like a lion-it's the hanging around like a polar bear that's depressing."

Perhaps the only individual in Nahant who will miss the winter season is "The Hunk" Jim Devereaux, who enjoys skiing.

History buff, Kerry Gordinas of Spring Road, wants you to be aware in the Middle Ages, Italians were the first to use a fork, the first to wash their hands before a meal, and one of the first to prepare food, using the freshest of ingredients.

Useless information

Women blink almost as often as men do. Two million mites live in your bed. There are no fish in the Dead Sea. Some hens produce green eggs. The word "school" comes from the Greek word, "Skhol," which means leisure time, time for spiritual exercises. The salt in your tears comes from the food you eat. It's transported via the blood circulation to the lachrymal gland near your eyes where tears are produced. When you are born, you have 300 bones in your body. But when you die, you have only 206. It has been proven that taller people score better on intelligence tests. Marilyn Monroe had six toes on her left foot. There are more chickens than humans on our planet. Nearly all lipsticks contain fish scales. If olive oil comes from olives, then where does baby oil come from?

March Birthdays

March 1: Jean Budnik, Julianne Ferguson, James Kasper, Mike Mitchell, Tim Maguire, Victor Mihovan, Michael Piazza and Matthew Troiani.

March 2: Gretchen Benkert, Ellen Christy, Claire Brownlie-Cox, Matt Donahue, Robin Glasman, Lindsey Marini, Ronald Murphy, Diane Palombo, Arthur Pass, Gina Pelletier, Gailanne Reeh, Tyler Scaglione and Ann Tomasko.

March 3: Susan Bonner, Cathy Cardile, Wendy Churchill, the wonderful and personable Barbara D'Amico, Mike Griffin, Aimme Gutermuth, Valerie McCarthy, Genevieve Piasecki, Penelope Ross, James Sanborn, Paul Smith and Christine Stevens.

March 4: Evelyn Costello, Carol Crawford, Nicole

March Birthdays (Continued)

Doucette, Nancy Keen, Jason Miele, Ed Riley, Edith Roland, Ana Rose Troiana and Antonio Vivaldi, Italian composer.

March 5: Bernice Canty, Alexander Eaton, Ken Gavin, Carole Keller, Eleanor LeBlanc and Jacob Musman.

March 6: Fayth Bascon, Jim Doran, Michael Griffin, Rita Lynch, the serene Georgia Perepelitza and on this date in 1930, Clarence Birdseye's first frozen foods went on sale, in Springfield, Massachusetts.

March 7: Barbara Beatty, Charlie Butera, Laura Cipriano, Arthur Collins, the award-winning chef, Peter Davis, Larisa Kostenko, sweet Angela Lowell, Roberta Payne-Strange, Maureen Pompeo, Ian Potts and Colin Roy.

March 8: Lucy Brown, Kevin Costin, Joseph Corso, Jennifer Desmond, Warren Edwards, Sandra Perry, Virginia Porter and Trachita Wheeler.

March 9: John Blank, Amy Klee, Tom Levangia, Madeline Long, Lisa Perella, Tom Peterson, Emily Samson, Sam Smith and Colleen Trentsch.

March 10: Robert Barreda, Meredith Byam, Joe Bertorelli, Kathy Lique, Barry Markham, Veronica Mehigan, Joe Migliaccio, Jeff Mitchell and Ruth Titus.

March 11: Maureen Burke, Joyce Gaudet, Craig Gaulzetti, Mackenzie Hall, Thomas Lamando, Carl Lanzilli, Jr., Robert Lewis, Judith Norris, Kevin O'Brien, Marie Reenstierna, Sarah Risher, Michael Rogal and Casey VanMaanen.

March 12: Isabella Barone, Joann Deiulis, Susan Green, Stephen Meagher, Jennifer Montague, Linda Rider-Hunt, the great Bob Risch, Michael Russo, Bryon Smith and our fearless Police Chief Billy Waters.

March 13: Rose Carr, Amy Christensen, Mary Dick, Charlotte Dracousis, Barbara Fischer, lovely Nancy Gallo, Peter Glavas, Amy Hill, Charles Jones, Doris Nelson, Meghan O'Brien, Art Ross, Lee Trentsch and the late distinguished, Dr. Charles Schepens.

March 14: Khalid Abbady, handsome Steverino Arzillo, Casey Connolly, Megan Cronin, Riley Maguire, Luciano Montefusco and Kyle Rogers.

March 15: Jennifer Baker, Loredana Barletta, lovely Arlene Connor, John McCarthy, Antonio Rivera and Nico Rusk.

March 16: Jackson Allard, Barbara Caloggero, Ronald Capen, Kathryn Carey, Chris Connolly, Paula Devereaux, Teresa DiCostanzo, John Doran, Pete Hemenway, Sophia Hyde, the handsome, brilliant, puzzle guy, Rick Kennedy, Pauline Mahoney and Bob Myers.

March 17, Saint Patrick's Day: Sherri April, Thomas Costin, James Foukas, Marrit Hastings, Mary Ioven, David Legon, Dorothee Mangold, Sherri McDermott, Ida Nannini, Sharon Provencher, Marianne Riley and Victoria Waite.

March 18: Lovely Angela Bonin, Paul Cronin, Tyler Gallagher, Melissa Gavin, Adolph Graciale, Douglas Kennedy, Shari Locantore, Shari O'Brien, Anna-Teresa Parisi, Enrichetta Ricciardelli, Dawn Smith, Betsy Taylor, Cristian Tidd and Anders VonAschwege.

March 19: Mary Jane Cusack, flower-power Marie Ford, Caledonio Huerta, Joseph Marini, George Markos, Ann Marie Passinisi, William Wheeler and Cindy Wong.

March 20: Wayne Gaulzetti, Betty Hall, Scott Hartigan, Deanna Hayward, Anthony Malatesta, Colin Mellen and Angela Miller.

March 21: Jennifer Baldini, Paul Catoggio, Michael Comer, sweet Patrice Emberley, Martha Fitzpatrick, Athanasi Kourkourlis, James Kraft, Jennifer Montague and Patricia O'Shaughnessy.

March 22: Clancy Asselin, Michelle Capano, Ryan Connolly, Badia Eskandar, Patrick Flynn, Andrew Murphy, Connor Palombo and Paul Sainato.

March 23: Bernadette Butler, Scott Doyle, Marylou Mihovan, Kenneth LeBlanc, Barbara Lonergan and Nancy Lyman.

March 24: Lovely Julia Kavanagh, lovely Jennifer Keefe, Maya Moon Lique, Aleshia Morin, Patrick O'Leary, Kirk Palmer, Clayton Purdy, Rayford Quinn, David Riley, Maggie Ross, Jennifer Sweeney, Todd Wilson. Also celebrating a gala birthday on March 24, my wondrous daughter, Robyn Waters, a Nahant Townie.

March 25: Clare Brownlie-Cox, Peter Byron, Robert Cusack, Mary Jo Gavin, Harold Gooding, Josephine Gray, Mark Reenstierna and Barrett Senk.

March 26: Louise Anders, Shannon Barrasso, Jean-Marc Berteaux, Carol Finkenaur, Joseph Glowacki, George Koukounaris, Elizabeth Lowell, Eden Milroy, Tim O'Keefe, Dot Pass and Marny VonAschwege.

March 27: Robert Anderson, Paul Caira, Jacob Erlich, Suelly Esaki, Justin Fucile, Michelle Kourkoulis, Vin Lopes, former State Trooper Captain and educator, Tim Moran.

March 28: Dick Cadigan, Eva Cardile, Carrie Jane Comito, Liam Devereaux, Robyn Gaynor, Susan Gilbert, Suzy Gorham, Cathy Letourneau and Carol Sanphy.

March 29: Nancy Antrim, handsome Sean Dolan and Amy Kraft.

March Birthdays (Cont.)

March 30: Lawrence Carlson, Jeanne Fiore, Piper Haggett, Rene Michaud, Christopher Moleti, Paul Powers and Adam Walker.

March 31: Kimberly Abisso, Frederica Banning, Wendy Churchill, Amy Donahue, Laurie Giardella, Delynn Irwin, Cynthia McCullough, Joe Mellen, Marguerite Murray, Maggie Osbahr, Inder Pal, Ozgur Simsek, George Syrigos, Paul Tobin, Tuyet Tran and Maxine Wald.

Nahant Women With Spring Warmthness

According to Charlie Seagull, the following Nahant women add warmthness to the spring season: Angela Lowell, Sheila Hambleton, Peggy Barile, Janet Malatesta, Patti Aswad, Allison Twiss-O'Neill, Donna Lee Hanlon, Donna Foti-Scovell, Marguerite Rizzo, Deborah Waters, Marie Pasinski, Maureen Palangi, Madeline Tanen, Diane Desmond, Lissa Keane, Maura Devereaux, Michelle Kirkman, Lisa Torchiana, Linda Kane, Nancy Antrim, Meredith Tibbo, Julie Tarmy, Julie Cadigan, Paulette Marie, Judie Marie Moccia, Anne Manzano, Marie Muzzioli, Beverly English, Lisa Perella, Maureen Ward, Anne O'Brien, Jane Kirkman, Karen Gordinas, Polly Bradley, Linda Hall, Susan Arzillo, Deborah Cashman, Paula Devereaux, Arlene Connor, Jane Lombard, Cynthia Pierce, Sarah Riley, Annie Rooney, Susan Moleti, Kerry Gordinas, Pam Motley, Dorothy Vitale, Rosalie Ryder, Barbara Lombard, Ellen Klink, Joanna Reardon, Gayle Poulin, Peggy Silva, Martha Keller, Barbara Lombard, Ruth Brownell, Barbara D'Amico, Noel Spinney-Costin, Linda DeBenedetto, Gina McCoy, Mary Dill, Janet Dolan, Courtney Dolan, Mary and Barbara Mackey, Gail Guiney, Karen Canty, Florence McDonough, Tracy Simpson, Lynne Spencer, Dorothy Hagoort, Gertrud Joyce, Paula Smith, Marcia Gaudet, Darlene Conigliaro, Maria Welsh, Patricia O'Shaughnessy, Joy Pechinsky-Spinelli, Diane Mason, Maureen Pompeo, Marrit Hastings, Molly Conlin, Bonnie Blydell, Linda Jenkins, Peg Hanagan, Nancy Risch, Harriet Steeves, Marion Capano, Barbara and Patricia Magner, Mary Messina, Lisa Scourtas, Annette Merlino, and Mary Irene Dickenson.

U. S. Coast Guard Rescue 21 Project

Your chances of rescue, should you have an emergency, while at sea, will greatly improve in May of 2009, when The United States Coast Guard activates its Rescue 21 System in this area. Mariners currently use Channel 16 on their VHF radio; to broadcast a Mayday, when their lives, or property, are in imminent peril. Other boaters, using Channel 16, to hail their friends, may drown out this broadcast. Rescue 21 will solve that problem.

What is required is a VHF radio, with Digital Select Calling (DSC), that is connected to a Global Positioning System (GPS). The GPS must be compatible with the radio. The owner must register with the FCC and be assigned a Maritime Mobile Service Identity (MMSI) number. (See below where you can go to register.) The DSC radios are equipped with an emergency button, which, when pushed, and the radio is connected to a GPS, will broadcast a Mayday on Channel 70, giving the Coast Guard and other boaters your Latitude and Longitude. The Coast Guard will also have a description of your vessel.

Channel 70 is reserved for this express purpose and is monitored by all commercial vessels over a certain length. Other vessels, including pleasure craft, with DSC radios, will be notified on Channel 70 of your Mayday.

If you have a choice, purchase a DSC Class D radio, which meets the international IEC 62238 standards. This radio constantly monitors Channel 70 and allows you to monitor and use another channel for communications. A DSC radio that is not Class D, only allows use, or monitoring of one channel at a time.

Even if you do not have a new radio that is linked to a GPS, Rescue 21's new triangulation towers will have a better chance of locating your position, when you broadcast a Mayday.

To register your vessel, please visit either of the following web sites: www.boatus.com/mmsi, or www.seatow.com/boatingsafety/mmsiinfo.htm

More information about the Rescue 21 System, is obtainable by visiting the USCG web site: www.uscg.mil/rescue21.

Submitted by Bob Cusack, USCG Auxiliary, BM1 Michael Faivre, USCG Station Gloucester

BACKWARD TO THEIR ANCESTORS

A poem by ROZI THEOHARI

1

Let me honor Ireland
This marvelous land
Where angels fold their wings
Where the sounds of the streams
Whisper the poet Yeats' dreams...

Let me glorify Stone-Aged Ireland
Touching dolmens—the Cyclops stones
Walking over the basalt columns
On the Giant's Causeway
There, through the crashing waves
Of the Atlantic sea
As long ago the giants stepped.
Visiting medieval fortresses
And many castles' roof-tops
The green mountains, the marble caves
The splendor of rivers and waterfalls
Full of history, myths, fairytales
Where flourishes the Celtic soul.

2

Let me congratulate
The great-grand-children of the Irish people
Who emigrated in the 1840s
From the port of Londonderry to America.
Today, in 2005, these Irish-Americans
Are sending a stone home
To connect with each other and Ireland.
There is an Irish proverbial saying:
Curri mi clich er do charne
"I will add a stone to your cairn."
The engraved stones with words:
"Mother", "Bless", "Peace", "Pray..."
Are sent from America as a tribute
To the memory of "The Tonnes", a lough, where
The Foyle river meets the salt Atlantic waters
And is the legendary burial place
Of the Celtic seagod Manamman Mac Lir.
Just here, the American stones
Will be dropped into the turbulent waters
These dreams, wishes, hopes and prayers
Will sink to the Irish otherworld...

Backward to their ancestors!
Homecoming:
An bealach' na bhaile!
Beyond conflict being
The post-peace message.



Nahant Harbor Review

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donna@nahant.com • www.nahant.com

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Summer In Nahant

A collaboration of old photographs, letters and memories of those who lived and resorted on this seaside peninsula before us.



Above: Francis "Enzo" Barile and Nahant Garage on Spring Road.
Below: Christopher Ward, Enzo's Garage. Photos by Dan Hirsh, 1999.



30 Years In Business

When the "check engine" light comes on in your car, don't think it will go away anytime soon. There's usually a good reason for the light to come on, and the longer you ignore it, the greater the likelihood that one problem will lead to another. "If there's one thing I ask car owners to do, it's to pay attention to that light on the instrument panel," said Frank Barile, owner of Enzo's garage in Nahant, whose specialty is vehicle electronics.

"I can't tell you how many cars I've worked on that might have taken a few hours to fix, but because their owners didn't pay attention to the 'check engine' light, the damage is more widespread. Sometimes a car's computer might only need to be reprogrammed."

Frank is a firm believer in winterizing your car for optimum performance during colder months. And now that winter is only six weeks away, every car owner should think about winterizing. Even though today's cars last a long time - 150,000-200,000 miles on the odometer is common - they still require regular maintenance, including oil changes every 3,000 miles.

"Most models, even those that are on the lower end, will last, if they are taken care of properly," said Frank.

Enzo's owner said that checking the anti-freeze and fluid levels are crucial to smooth running engines. Tire pressure, windshield wipers and washer, belts and hoses all need to be checked, too.

Frank has been in business for 29 years, so he's had plenty of time to know cars inside and out. His two man shop performs electronic diagnostic checks on everything from Jaguars to Chevrolet's. Enzo's garage is opened from 8 a.m. to 4 p.m., Monday through Friday.

"We get cars in and out of our garage quickly," said Frank. "The best advice I can give anyone is to winterize their cars now, to keep the computer running smoothly."

People from Nahant and all over the North Shore come to Frank when it comes time to service their cars, no matter what the season.

"Word of mouth advertising goes a long way," he said. "People come back because I take care of them. They know at Enzo's they're guaranteed honest, hard work."

For an appointment call Enzo at 781-581-0011.

Written by Gail Lowe, Lynn Item 11/07/07



Many thanks to Calantha Sears and Bonnie D'Orlando for all their help.

All pictures & text provided by the Nahant Historical Society.

If you have something you would like to share, or an idea for this page, please email the author, Bumper Gooding, at h.gooding2008@gmail.com

Nahant Garages

Fill 'er Up Without Leaving the Island



Above: Artist sketch of Enzo's Garage on Spring Road.

Top right: American Legion Filling Station, 1940. At that time, hot dogs were 25 cents, parking was 25 cents, gas was 7 gallons for \$1 and Coke was a nickle. Alma Lewis (Smith) and Jean Lewis (Durnam) worked here selling hot dogs. August 1998 calendar, Gift of Mayland P. Lewis, Jr., 357 Nahant Rd

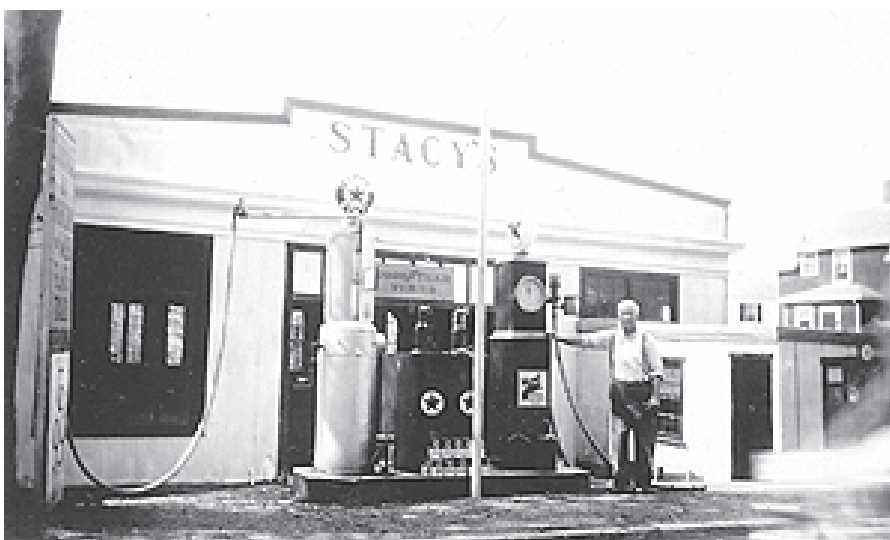
Top left: American Legion Gas Station, Nahant Road, Thomas Prendiville, Manager, that year. Helen Niosi.

Mid left: George Ward & Son, George Jr., 1946-1966. Photo gift of George Ward.

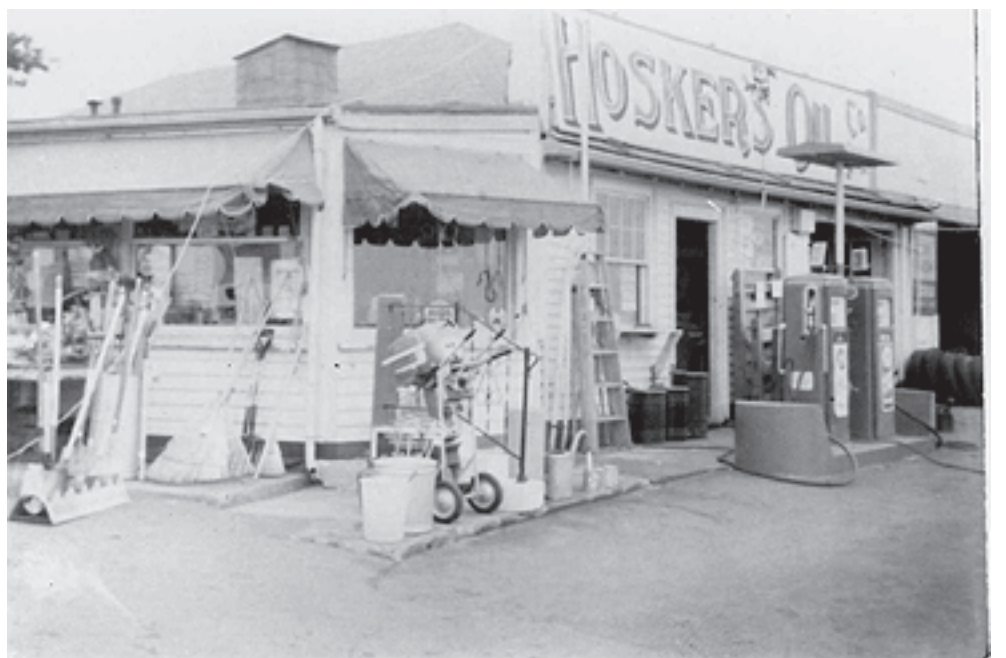
At left: Stacy's Garage at 357 Nahant Road. Arthur Goodell, Stacy's father, at pump. Stacy Goodell, owner. Gift of Claribel Goodell Parsons

Bottom left: Business card. Bob's Esso run by Bob and Ernie Tgettis.

Below: Hosker's Oil run by James Hosker with his brother, Alfred's hardware included.

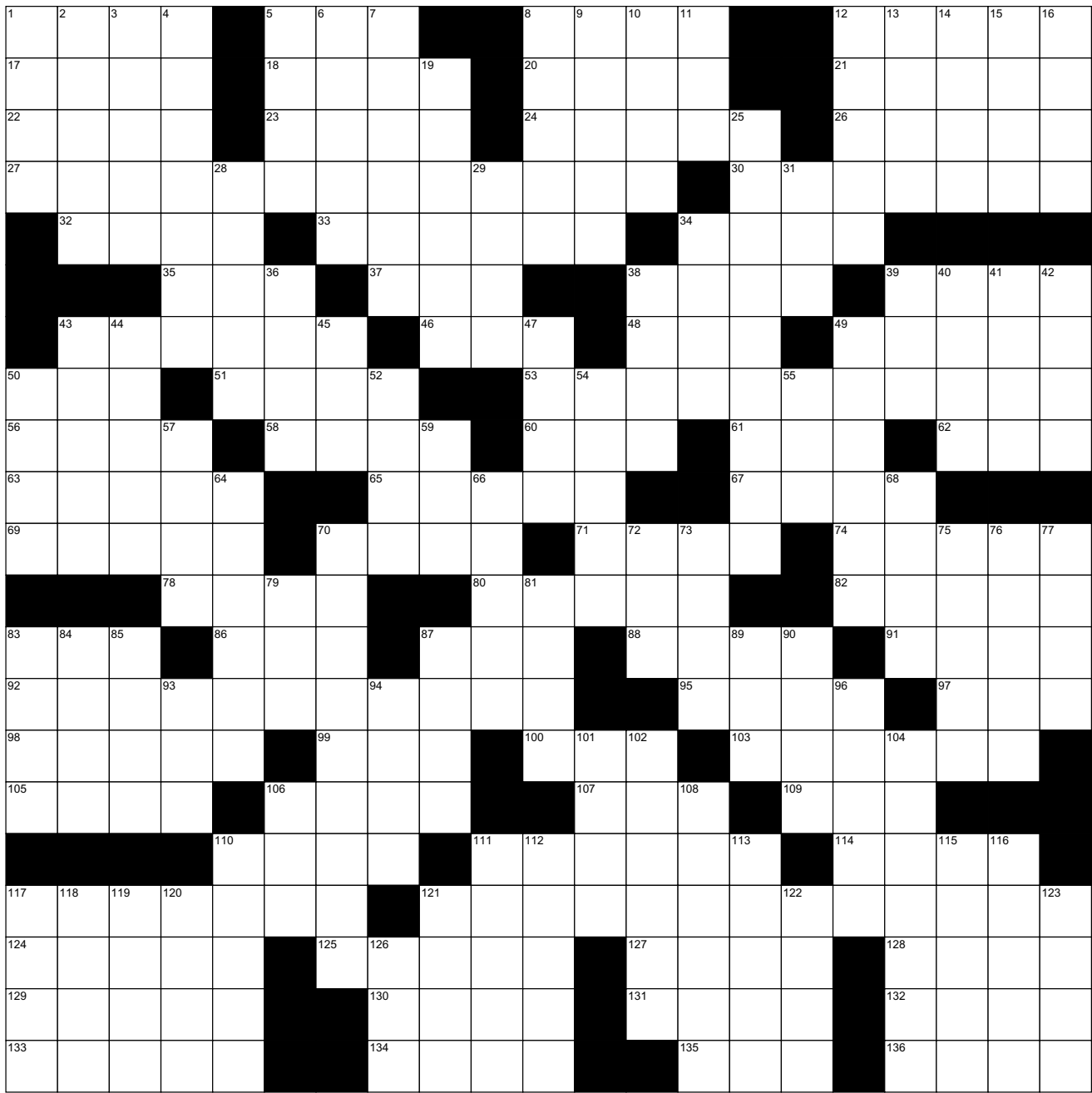


Bob's Causeway Esso
24 NAHANT RD. NAHANT, MASS.
581-9888
SUPPLIES
REPAIRS
Esso
BOB & ERNIE TGETTIS



NAHANT PUZZLE PAGE

Tactfully Tacit
by Rick Kennedy



ACROSS

- 1 Part of USNA
5 Pres. monogram
8 Persia formerly
12 Hilo 'hello'
17 Revolutionary War general
18 Domain
20 Part of speech
21 B
22 Exhort
23 Tatters
24 A Monkee
26 Mix
27 Part 1 of Irish proverb
30 Nature studies
32 Shriveled
33 Complete
34 Stretched
35 Nosh
37 Egg quant.
38 Chocolate brand
39 "Coyote ____"
43 Seize
46 Stitch

- 48 Pride
49 Inuit abode
50 Physique
51 Swill
53 Part 2 of proverb
56 Dry
58 See ya!
60 Utter
61 Expression of surprise
62 Stinger
63 Asian capital
65 Cartoon character
67 Boodle
69 Island nation
70 Zeus' wife
71 Soothe
74 Tiny amounts
78 Former Guinea currency
80 Analyze
82 Pope's governing organization
83 LA hours
86 Stylish
87 Peter Pan rival
88 Sharp spasm
91 Perch

- 92 Part 3 of proverb
95 Stringed instrument
97 Brew
98 Moses' brother
99 Beheld
100 Card game
103 Rector
105 Rushed
106 Cry
107 Berth
109 Big ____
110 Planted
111 Wires
114 Grotto
117 Pacific campaign site
121 End of proverb
124 Challenged
125 Not mine
127 Jimmy
128 Ardor
129 Drivel
130 Bolt
131 Carol
132 Early civilization
133 Lad
134 Swift

- 135 Judge
136 Millen or Dillon

DOWN

- 1 Rio filler
2 Wags
3 Texas A&M student
4 Ruby (2 wds.)
5 Card game
6 Theater
7 Esteem
8 ____ Joe, Twain character
9 Perch
10 Bee or Em
11 Compass pt.
12 Monastery superior
13 Lounge
14 Two-toned treat
15 __ Kong
16 Mayberry character
19 Houston team
25 Cruise (2 wds.)
28 Rests against
29 Labyrinth

- 31 Prompt
34 Roman garment
36 Baby powder
38 Wet
39 Good grief!
40 Voluble
41 Single
42 Harness
43 Asian nation
44 Expression
45 Luau dish
47 Clean
49 Font style
50 Singing voice
52 Tempo
54 Ply
55 Haggard novel
57 Pairs
59 Paddle
64 Commoners
66 Tropical mammal
68 Travel
70 Stows (2 wds.)
72 Viper
73 Signet
75 Halloween option
76 Passageway
77 Satiates
79 Throw
81 Some (2 wds.)
83 Sch. groups
84 Switch
85 Sap
87 Mandible
89 Big Apple (abbr.)
90 Eats
93 Food fish
94 Kowtow
96 Build
101 "Fernando" group
102 Trust (2 wds.)
104 Angels milieu
106 Curtsy
108 Dictator
110 "The Bostonians take their learning too ____": Oscar Wilde
111 Goddess of agriculture
112 Forte
113 Grimace
115 Capital of Lithuania
116 Pass
117 Chances
118 Corn syrup brand
119 Press
120 Inert gas
121 Island dance
122 Sole
123 Annoying insect
126 Kill

What’s My Line?

By Rick Kennedy and Bob Risch

Leah Canali, of Wilson Road, was the winner of last month’s puzzle contest. She has won a “breakfast for two” at Seaside Breakfast. You, too, can win a breakfast for two. To be eligible to enter the drawing to win breakfast for two, just complete the crossword puzzle, bring it to Captain Seaside’s Restaurant, on Nahant Road, then put it in the PUZZLE BOX on the counter. One winner is selected each month. See Chris, before 11:00 a.m., for more details. Hang on! Spring is coming!

T	Z	A	R		W	I	S	P		D	E	A	L				C	A	P	S	
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U	R	G	E		R	E	D	O		O	V	A	T	E			A	L	I	N	E
G	O	A	L	D	E	A	D	P	O	W	E	R	H	E	A	D	L	A	N	D	
	S	L	E	W		L	E	A	R	N	S		E	D	G	Y					
			C	A	L		N	N	E			T	R	E	E		S	P	A	S	
	C	I	T	R	I	C		E	O	N		W	E	D		D	O	I	L	Y	
D	U	D		F	L	O	P			A	V	I	D		O	I	L	C	A	N	
A	R	I	A		T	O	U	R		K	I	T		A	B	R		A	R	C	
R	I	O	T	S			R	O	P	E	S			P	I	N	S				
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E	S	P	N			S	A	S	S			D	E	N	T		E	Y	E	D	

About the Nahant Harbor Review

Since March 1994, the Nahant Harbor Review, a monthly publication, dedicated to strengthening the spirit of community by serving the interests of civic, religious and business organizations of Nahant, Massachusetts, USA. The **Nahant Harbor Review**, is published monthly and distributed to over 2,300 homes and businesses in Nahant and beyond, by Seaside Business Services, PO Box 88, Nahant, MA 01908, (781) 592-4148.

Nahant resident, Donna Lee Hanlon, is owner, Editor and Publisher. The Editor reserves sole discretion for inclusion of ads, articles, letters and other submissions.

All articles are voluntarily submitted to the Nahant Harbor Review without compensation. Articles and / or letters, submitted anonymously, or unsigned, or lacking author contact information, will not be published. Exception: although not a regular practice, a writer’s identity may be withheld, by request, at the sole discretion of the editor.

Articles, Notices, Letters and Calendar Items may be submitted by: **email**, donna@nahant.com, or **mail**, Donna Lee Hanlon, Editor, Nahant Harbor Review, PO Box 88, Nahant, MA 01908, or to the **Nahant Harbor Review Drop Box on the Teller’s Counter**, at the **Equitable Cooperative Bank on Nahant Road**. For ad rates, discount programs and deadlines, call 781-592-4148.

The views and opinions expressed in this publication do not necessarily reflect those of the management and staff of the Nahant Harbor Review, or Seaside Business Services.

Special “Thanks!”

to the people of the Nahant Village Church, for the use of the Companionway, once a month, for the distribution of the Review.
Many, many thank yous!



Nahant Harbor Review

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DEADLINE INFORMATION
APRIL 2009

All Community Calendar items, personal ads, classifieds, business ads, articles and short stories.
SUNDAY, MARCH 15th • 5:00 P.M.
Home Delivery: Saturday, March 28th.

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Papers for Home Delivery):	1,724
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*Every month, there are a few hundred more newspapers (printer’s over-run), which are distributed to stores and public places in Lynn and Swampscott.	

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Got something to share...

with your neighbors and friends?
Jot it down, put it in an envelope and drop it in the Nahant Harbor Review Drop Box at the Equitable Cooperative Bank. Located on the Teller’s Counter, save the stamp. Pickup is daily. Submitted photos and other items will be returned, if accompanied with a Self-Addressed, Stamped-Envelope.



First-graders and Jellyfish at the Marine Science Center

By Tracy Hajduk and Dr. Kazuo Mori

On Friday, February 6th, Ms. Brown and Mrs. Peeverb's first-graders anxiously arrived at the Marine Science Center to meet a jelly expert, Dr. Kazuo Mori. Dr. Mori, whose son is in first-grade at the Johnson School, worked with the students to give them first-hand experience with these amazing creatures that have no brains, bones, or hearts. The students saw jellies in various stages of their complex life cycle and made comparisons between three species of jellies. Finally, students observed jelly behaviors, from the swimming ephyrae and medusae, to watching attached polyps feeding. They discussed these themes and learned how such primitive creatures have survived, for over 1,000,000,000 years on the earth.

Dr. Mori is a postdoctoral fellow, originally from Japan, who now resides in Nahant with his family. Dr. Mori is a neuroethologist and conducts research to understand how jellyfishes integrate sensory inputs, without a centralized nervous system.

Seasoned and Smart Now on Nahant Access TV

"Seasoned and Smart," the monthly cable television show produced by Greater Lynn Senior Services (GLSS), is now airing on Nahant Community Access TV, seen on Comcast Channel 8 and Verizon Channel 45.

"Every month, we tackle a new topic," says co-producer Moeun Him. "We focus on issues related to seniors, and we cover a wide variety of topics that we think would be of interest to them and their families." For instance, the show has featured everything from recycling to domestic abuse and topics as diverse as fall and fire prevention. Not surprisingly, the show also occasionally talks about different programs and services available through GLSS to people over age 60 in Lynn, Lynnfield, Nahant, Saugus and Swampscott. The "Seasoned and Smart" production team welcomes the support of community members. If you are interested in helping with the show, please call Susan Brown at 781-586-8568.

In February, host Marge DiVirgilio and guests Lenworth Hall, who teaches computer classes at the Lynn Senior Center and one of his students, Charlie Craven, discussed "Healthy Websites." The program focused on the Senior Health section of the National Institutes of Health website (www.nihseniorhealth.gov), as well as providing some hands-on Internet navigation tips.

In March, the show will feature the Group Adult Foster Care program, which provides daily personal care and homemaking assistance, to people with disabilities, who are age 22 or older. The Medicaid-sponsored program allows people with disabilities to remain living in the community, rather than being placed in a nursing home. GLSS' Marge DiVirgilio will host the program, with guests Lee Webster, who oversees the Group Adult Foster Care program at GLSS, as well as on-site, personal interviews with consumers currently receiving services through the program.

GLSS is the Area Agency on Aging and Aging Services Access Point serving people over 60, adults of any age with disabilities, and their families in Lynn, Lynnfield, Nahant, Saugus, and Swampscott. Every year, GLSS provides a broad range of in-home assistance services to over 1,500 home care clients and more than 300,000 meals to seniors, many of whom are homebound. The Agency is also the MBTA's contractor for the North Territory of "The RIDE," providing more than 500,000 rides annually to disabled persons of all ages who live in 23 cities and towns north of Boston. For more information, visit www.glss.net, or call Information & Referral at 781-599-0110.

Council On Aging Calendar – March 2009

Mon	2	12:00P	Blood Pressure and Glucose Clinic – Tiffany Room
Fri	6	10:00A	TRIAD - At Swampscott COA
Fri	6	1:00A	Movie – Community Center Theatre – <i>The Quiet Man</i>
Sat	14	8:00P	The Irish Tenors - Lynn Auditorium
Tues	17	11:30A	Irish Dinner - Tiffany Room
Wed	18	12:00P	March Birthdays–Birthday cake by Roz–Tiffany Room
Fri	20	1:00P	Movie–Community Center Theatre– <i>The Great Debaters</i>
Thu	26		Foot Clinic - by Appointment

Monday thru Friday, Lunch, Tiffany Room, 11:30 a.m.

Mondays	8:30A	Yoga - Community Center
Mondays	10:15A	Senior Exercise – Community Center
Tuesdays	9:00A	Quilting Class –Community Center
Tuesdays	1:00P	Cribbage, cards, games, puzzles – Community Center
Wednesdays	12:30P	Shopping Trip from Tiffany Room, or call for pick-up
Thursdays	10:15A	Senior Exercise – Community Center

HOME EVALUATIONS FOR SENIOR SAFETY CONTINUE. This program includes – helping to prevent falls in the home, helping with medications, suggestions for making the home a safer environment for seniors. Please call for information about this important program, 781-581-0482.

INFORMATION AND CALENDAR SUBJECT TO CHANGE. PLEASE CALL for updates on other February programs, trips and events at 781-581-7557, or E-mail us at ddesmond@nahant.org.

COA NOTEBOOK

By Diane Desmond

The HOME SAFETY EVALUATION Grant, awarded to the Nahant Council On Aging by GLSS, is ongoing. We have been very fortunate to receive this grant. Many have taken advantage of the program, but we feel many more seniors are in need of it and could benefit greatly from the evaluation.

If you decide to participate, a nurse from ALL CARE in Lynn will arrange a confidential visit with you, in your home. She will do the evaluation. In addition to dealing with safety issues that could cause you serious injury, or worse, she will also make suggestions for keeping you safe in your home. The nurse will help with medications and any other health concerns.

There is also limited funding available, through this grant, for minor repairs to your home, that could become a major problem and cause an injury.

Please consider taking advantage of this opportunity while it is still being offered. It could make the difference between remaining in your home, or having to go to a care facility. Call us today at the Tiffany Room, 781-581-7557, for more information and to make an appointment. You may also e-mail us at ddesmond@nahant.org.

March is Irish month. Join us for The Irish Tenors on March 14th, at Lynn City Hall and a traditional corned beef luncheon on March 17th, at the Tiffany Room. Reservations are required. Call 781-581-7557.

Happy St. Patrick's Day !!!

Community Calendar • MARCH 2009

To have your event listed on the Nahant Community Calendar, please mail note, letter or postcard to: Community Calendar, Nahant Harbor Review, PO Box 88, Nahant, MA 01908 or email: donna@nahant.com

CENSUS FORMS ARE OVERDUE

Please return your completed form to our Town Clerk, Harriet Steeves, ASAP.

MARCH 2009

SUN	1	8:30A	Scouts Pancake Breakfast & Race Fundraiser
SUN	1	9:00A	Village Church Choir Rehearsal. New Singers Welcome!
SUN	1	10:30A	Sunday School & Worship Service at Village Church
SUN	1	3:00P	Cultural Council Event at Library
FRI	6	8:00A	Free Breakfast at Village Church. Topic: Kupenda
FRI	6	7:30P	MBT Fundraiser, 781-595-3224
SAT	7	10:00A	Winter Carnival at Johnson School till 2:00 p.m.
SUN	8	9:00A	Village Church Choir Rehearsal. New Singers Welcome!
SUN	8	10:30A	Sunday School & Worship Service at Village Church
SUN	8	midnight	DAYLIGHT SAVINGS TIME BEGINS, 1 hour ahead.
MON	9	5:00P	Deadline for Nomination papers for Town Election
MON	9	7:00P	SWIM Meeting at NE University Marine Science Ctr
TUE	10	6:30P	Woman’s Club Potluck Meeting at Village Church
THU	12	6:00P	Lion’s Fundraiser at Tides Restaurant
SAT	14	8:30A	Breakfast & 911 Family Emergency Preparedness
SAT	14	5:00P	Nahant Youth Soccer Chili Challenge at K of C Hall.
SUN	15	5:00P	DEADLINE APRIL 2009 HARBOR REVIEW
SUN	15	9:00A	Village Church Choir Rehearsal. New Singers Welcome!
SUN	15	10:30A	Worship Service & Sunday School, Village Church
SUN	15	11:30A	After Service Soup Social at Village Church
SAT	21	10:30A	Passion Play, The Heart of the Cross, at Village Church
SUN	22	9:00A	Village Church Choir Rehearsal. New Singers Welcome!
SUN	22	10:30A	Worship Service & Sunday School, Village Church
SUN	22	2:30P	Photo shoot with Sgt. York’s Maxim gun at Library
TUE	24	6:30P	Northeastern Lecture Series. Temperature & Ocean Life
TUE	24	7:00P	Evening Lecture Series at Marine Science Center
WED	25	7:00P	Bailey’s Hill Development Open House at Town Hall
WED	25	3:00P	Animals at the Nahant Library.
THU	26	5:00P	Fireworks Fundraiser at Fuddruckers on Rte 1, Saugus
SAT	28		HOME DELIVERY OF HARBOR REVIEW
SAT	28	9:00A	Spring Boutique Flea Market at Village Church
SUN	29	9:00A	Village Church Choir Rehearsal. New Singers Welcome!
SUN	29	10:30A	Worship Service & Sunday School, Village Church
SUN	29	11:30A	After Service Soup Social at Village Church

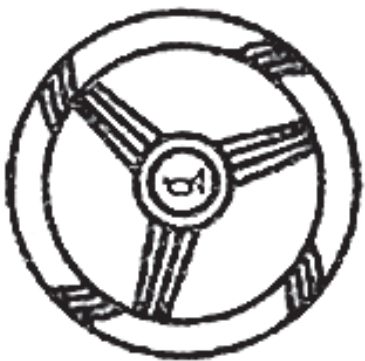
Coming next month:

A complete list of the 2009 Harbor Review Subscribers. Watch for your name!

Public Library Hours • 781-581-0306
Mon. thru Thurs. 10:00 a.m. to Noon. & 2:00 to 8:00 p.m.
Fridays: 10:00 a.m. to Noon & 2:00 to 5:00 p.m.
Saturdays and Sundays: 2:00 to 5:00 p.m.

SCHOOL ORGANIZATIONS MEETING DATES
School Committee Meetings • 2nd and 4th Tuesdays • 7:00 p.m. • Town Hall.
School Council Meetings • 3rd Tuesday • 6:30 p.m. • Johnson School.
PTO • first Monday • 6:30 p.m. • Johnson School

A Wheel Deal



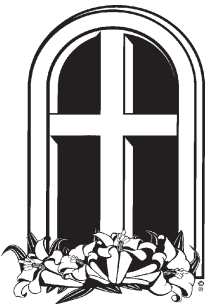
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All are welcome.”



EMERGENCY MANAGEMENT

Visit the **Emergency Management** page at www.nahant.org/ for an updated Preparedness Guide from the North Shore - Cape Ann Emergency Preparedness Coalition. This document covers a wide range of safety tips that will be of interest to every household. Here is the link to the Town of Nahant’s website:
<http://www.nahant.org/services/ems.shtml> From there you can access the Emergency Managment page and print out a Preparedness Guide.

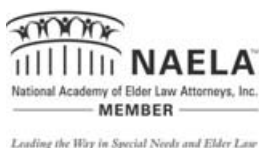
Please patronize the advertisers of the Nahant Harbor Review. Without their advertising dollars, there would be no community newspaper in Nahant. Thank you for your voluntary subscriptions and continued support over the past 14 years. The Editor.

The Nahant Historical Society is open to the public on Wednesdays, Thursdays and on the first Sunday of each month, from 1:00 to 4:00 p.m. (except holidays).

American Legion Post #215 and the Nahant Veterans Association meets on the first Tuesday of every month, at 7:00 p.m., at the Nahant Town Hall.

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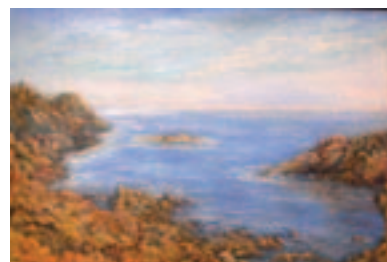
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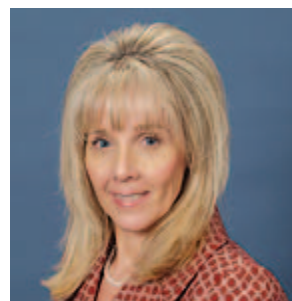
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