



# Nahant Harbor Review

*A monthly publication, in service since March 1994, dedicated to strengthening the spirit of community by serving the interests of civic, religious and business organizations of Nahant, Massachusetts, USA.*

Volume 15 Issue 10

OCTOBER 2008

## State Rep Steve Walsh to Speak at October 3rd Breakfast

State Rep. Steve Walsh will address participants at the Friday, Oct. 3rd breakfast, at the Nahant Village Church. His primary topic will be to share the latest plans for the renovation of the Nahant Causeway, which is planned to start in the spring of 2009. He will also talk briefly about state legislative initiatives.



The free breakfast starts at 8:00 a.m., with the presentation to commence at 8:30. **ALL ARE WELCOME!** Please come and

bring one, or more friends, for a unique opportunity to meet your State Representative, an informative talk, a great free breakfast and a wonderful get-together with fellow townspeople and friends.

Also, please mark your calendar for the Ham and Bean Supper to be held on Saturday, November 8th. Stay tuned for more details.

**Celebrate the discovery of America. Visit your local museum. Learn about the discovery!**  
**Columbus Day Weekend**  
**October 11th thru October 13th**

## Pumpkin Pickin' in Nahaunt?



The Nahaunt Pumpkin Patch will be open on Saturday, October 18th and Sunday, October 19th at 9:00 a.m. to 3:00 p.m. The Pumpkin Patch is located in Flash Road Park, behind the Fire Station.

Pssst! This will be a great fall photo opportunity with the kids! —Submitted by Kathy Ryan



## Brandon Poulin Completes Program at USCG Academy

Nahant's Brandon Poulin, grandson of retired USCG Master Chief Maurice Poulin (former officer-in-charge of our Nahant Life-Saving Station and well-known crafter of ships in bottles), recently completed a grueling one-week introductory program, at the U.S. Coast Guard Academy, in New London, Conn., home port of the United State's tall ship, USCG Cutter "EAGLE." The program is by invitation only. High academic honors, excellence in athletic ability and involvement in civic duties, are a prerequisite.

While at the Academy, Brandon participated in military training, interplatoon athletics, engineering challenges and projects, small boat handling, physical fitness training and leadership development. In the photo above, Brandon Poulin accepts congratulations from his grandfather, Maurice Poulin, upon his recent completion of the Coast Guard Academy AIM Program (Academy Introduction Mission).

Brandon is currently a senior at Swampscott High School, a member of the National Honor Society and Co-captain of three sports, cross-country track, wrestling and tennis.

The USCG Academy is recognized as one of our country's top accredited engineering schools. Approximately 6,000 students apply for acceptance each year and the average entering class selected to attend, will number only around 350. C.G. Cadets graduate with a bachelors degree and an officer's commission in the Coast Guard, with a rank of Ensign.

## Election and Voter Info for Nahant

According to Nahant's Town Clerk, Harriet Steeves, the "BIG" election will be held on Tuesday, Nov. 4th, at Town Hall, from 7:00 a.m. to 8:00 p.m. If you are not registered to vote in Nahant, you may register to vote until Wednesday, October 15th, at the Town Hall, in the Town Clerk's Office, from 9:00 a.m. to 8:00 p.m. Absentee ballots will be available in early October.

There will be a Special Town Meeting on November 10th, at the Town Hall, at 7:30 p.m. Non-voters may register at the Town Clerk's Office during regular hours. The last day to register will be Friday, October 31st, from 9:00 a.m. to 8:00 p.m.



Meet Your Friends at the Nahant Village Church Fundraiser

The Nahant Village Church will hold a fundraiser, at the Tides, on October 23rd, from 6:00 to 9:00 p.m. Tides owner, Mike O’Callahan, will generously donate 10% of all proceeds that night, to the church. There will also be many not-to-be-missed raffle prizes, like gourmet gift baskets, beautiful jewelry and fine art. Join your fellow Nahanters at the Tides, for good food, good fun and a good cause.

Please patronize our advertisers. Their ad dollars help keep the Harbor Review coming to you. Thanks!

S•e•a•p•o•r•t

Salon & Day Spa

Shane Codispoti is BACK!

Wed, 9 AM - 4 PM • Thu, 5 AM - 8 PM  
Fri, 9 AM - 4 PM • Sat, 9 AM - Noon

Hair & Nail Services:

Cuts, Foil Highlight, Cap Highlight, Perms,  
Corrective Color, Styling, Manicures, Pedicures

By Appointment Only.

781-593-5410

Seaport Salon & Day Spa • 152 Lynnway • Lynn

• SUPPORT THE REVIEW •  
BECOME A SUBSCRIBER

Rob Scanlan, CMS/MMS/ACMS

United States Master Marine Surveyor

Accredited & Certified Senior Marine Surveyor  
United States, Australia, Canada and England  
Registered Marine Expert Witness Litigation

781-595-6225 (office) 781-593-2711 (fax)

Serving Coastal New England, Cape Cod & the Islands

Email: yacht1ship@aol.com

Websites: www.mastermarinesurveyor.com  
www.yachtsandships.com • www.bostonboating.com

Jesmond Nursing  
and  
Rehabilitation

271 Nahant Road  
Nahant, MA 01908

Providing Rehabilitation Services,  
Long-Term Care, Respite Care  
and Hospice Care.

For information and / or admission,  
call: 781-581-0420 • fax: 781-596-0878

Flea Market at St. Thomas Aquinas October 4th

St. Thomas Aquinas, chapter of the St. Vincent DePaul Society, is sponsoring a Flea Market, to be held on Saturday, October 4th, from 9:00 a.m. to 2:00 p.m., in the parking lot of the St. Thomas Aquinas Church, at 248 Nahant Rd, Nahant. Many articles will be sold, including new and pre-owned home, garden and athletic equipment. A limited number of tables will be available for individuals to participate. For information, call Richard Adamo at 781-593-1185. All proceeds go to help the St. Vincent DePaul Society continue its’ mission to help those in need.

Outdoor Service at Marjoram Park on Oct 12th

Our next town-wide, outdoor worship service will be held on Sunday, October 12th, from 8:00 to 8:30 a.m., at Marjoram Park. Your friends and neighbors from The Nahant Village Church invite you to join with them, as we worship, with Nahant boats, Boston and the sea, as a backdrop. And if you like, bring along a chair, or a blanket, for extra seating. In case of inclement weather, we’ll meet in the Dory Club. For more information, call Rev. Larry Titus at 781-581-1202.

Professor Readalot’s Magic Show at the Library  
by Rita Stepanova, Children’s Librarian

The Nahant Public Library, located at 15 Pleasant Street in Nahant, invites the community to an interactive, educational and entertaining, Magic Show, with the famous Professor Readalot (Greg McAdams), on Wednesday, October, 15th, at 3:00 p.m. Admission is free. The Library (781-581-0306) is grateful to the Friends of the Library for funding this program.

Autumn Rhapsody Auction to Benefit Girls Inc of Lynn  
Billy Costa to be Guest Auctioneer

On Thursday, November 13th, at 6:30 p.m., Girls Inc. will be hosting its third annual Autumn Rhapsody auction, at the Hawthorne Hotel, in Salem. Proceeds from this event will help support the School-Age Child Care program, which offers affordable, low-cost after-school care and a wide range of stimulating activities for young girls, whose families have limited financial resources. Annalisa Di Palma of Swampscott sits on the Girls Inc. board and is the committee chairperson. “This event,” she says, “provides a fun and entertaining evening for everyone and gives them an opportunity to see the direct impact of their dollars. We are very excited that Billy Costa, Kiss 108’s News and Entertainment Director and host of NECN’s TV Diner, will be our Guest Auctioneer this year!” The auction will offer dozens of items from generous local businesses, including vacations, spa treatments, priceless Red Sox tickets and more. Cocktails, delicious hors d’oeuvres and the musical entertainment of The Tony Gallo Group, will round out the evening. Tickets are \$75 and are available by calling Joan, at 781.592.9744, ext. 262. Girls Incorporated of Lynn is a local affiliate of the national organization, Girls Incorporated and has been in operation and advocating for girls for sixty-six years, always responding to the changing needs of girls and their communities. Girls Inc. offers essential resources and enrichment programs to at-risk, low-income girls, ages 6 to 18 and their families and inspires girls to be strong, smart and bold.

3rd Thursdays’ Central Scare! October 30th  
Submitted by Cynthia Woo

3rd Thursdays transforms Central Square, Lynn, as one of our most popular events returns. Central Scare promises an evening of ghoulish delights for all ages. Brave our 3rd annual haunted house and experience tricks and maybe even treats! There will be goblin puppet-making at RawArt Works, mask-making at LynnArts, ghost stories performed by Delvena Theatre Company at the Lynn Museum and popular Halloween tunes in the square. Do you dare to be in the Square? For more information, visit www.thirdthursdays.com, or call 781.598.5244. Third Thursdays is generously funded by the Massachusetts Cultural Council (a state agency), the City of Lynn and the Economic Development Industrial Corporation. It is also supported by our sponsors, Daily Item, Columbia Insurance, Mayo Group/MV24 Lofts, North Shore Community College and Salem Five.

## Village Church to hold Fundraiser Flea Market on October 18th

The members of the Nahant Village Church will be cleaning out the corners of their homes, baking up a storm and offering up the booty at a Community Flea Market & Homemade Goodies Sale, on Saturday, October 18th, from 9:00 a.m. to 3:00 p.m., at the Nahant Village Church, on Cliff Street. The fabulous cooks and bakers of the Village Church will also sell a wide variety of prepared foods and goodies at this fall community event.

In addition, there will be a limited number of tables available to rent to the Nahant community. Tables will be provided at \$25 for a card table, \$40 for an 8' table. Tables are available on a first-come, first-served basis. For more information and to reserve your table, please call Maureen Edison at 781-592-0029. All proceeds will benefit the Nahant Village Church.

This Community Flea Market and Goodies Sale will replace the White Elephant tables that are usually offered at the Annual Village Church Christmas Fair scheduled this year for Saturday, December 6th, 2008.

## Friends of the Library Book Sale By Dan deStefano, Director, Nahant Library

The Friends of the Nahant Public Library thank all of those generous people, who donate materials to their book sales. The revenue from the book sales support all of the Library's programs, for both adults and children and pay for the newspapers that we receive. During the past year, the Friends of the Library funded the photography project of the Library's artwork and with a special gift from Lucy Lowell Grimm, funded the new magazine racks. The special place that is the Nahant Public Library, is the result of loving and generous patrons!

The next book sale begins Saturday, October 18th and will be open through Sunday, October 26th, in the Trustees Room of the Library. The sale will be open during regular Library operating hours.

Hardcover books are priced at \$2.00 each, three for \$5.00; softcover books are \$1.00 each, three for \$2.00. VHS tapes, DVDs, CDs and audio tapes, are priced at \$1.00 each, three for \$2.00.

## HAWC Celebrates 30 Years Commitment to End Domestic Violence

HAWC is turning 30 this year and we hope you will join us to celebrate! A formal Anniversary celebration is planned for Saturday, October 18th, at the Ipswich Country Club. First Lady Diane Patrick, will be the keynote speaker for this milestone event. The Anniversary Celebration will begin with a cocktail hour, at 6:00 p.m. and include dinner and dancing to an eight-piece band. The evening will celebrate the vision and dedication of those who have made a difference, by committing their time and energy to help end domestic violence.

HAWC is the only full-service domestic violence agency serving 23 cities and towns on the North Shore. Lend your support and take a stand against domestic violence. Sponsorship opportunities and tickets (seating is limited) are still available.

For more information, please call Alicia Black (978) 744-2299 ext. 27, or [aliciab@helpabusedwomen.org](mailto:aliciab@helpabusedwomen.org). To learn more about HAWC, please visit the HAWC web site: [www.helpabusedwomen.org](http://www.helpabusedwomen.org)

Submitted by Melanie Fleming [[melanie@thomsoncommunications.com](mailto:melanie@thomsoncommunications.com)]

## Nahant Garden Club Plans October Events

The Nahant Garden Club has a busy month in store, for the first full month of Autumn. During the annual Topsfield Fair, Garden Club members will volunteer as hostesses in the horticulture display. If you're visiting the Fair, stop in to the horticulture area and say "hello" to your fellow Nahanters.

Our Harvest Potluck Supper, on October 23rd, will feature an evening with Paul Parent, gardening talk show host, who will answer attendees' gardening questions. This is a "bring a friend" social, with a guest fee of \$5; those attending are asked to bring a favorite food with enough to share.

Anyone interested in joining the Nahant Garden Club, should call a neighbor, or friend, who belongs to the Club; we will be happy to answer your questions about club membership and look forward to seeing new faces at each meeting, or event!

## Business News

Shane Codispoti, former owner of Beachcombers Salon, in Nahant, is back at Seaport Salon & Day Spa, starting Wednesday, September 4th, 2008. Ms. Codispoti is available, by appointment only, during her new hours, which are:

Wednesday, 9:00 a.m. - 4:00 p.m.

Thursday, 5:00 - 8:00 p.m.

Friday, 9:00 a.m. - 4:00 p.m.

Saturday, 9:00 a.m. - Noon

Give Shane a call today at, 781-593-5410, to book your appointment. Seaport Salon & Day Spa is located at 152 Lynnway, Lynn.

## Daras Framing

*Custom Work  
at competitive prices.  
Call Kosta today!*

Kosta Daras  
781-599-6897

17 Simmons Road  
Nahant, MA



*Captain Wolf Limo  
& Executive Car*  
Executive Car and Limousine  
for all occasions

MANAGED BY  
\*\*\*\*\* LOIS' LIVERY \*\*\*\*\*

866-278-9653  
781-477-2722 • 866-278-9653  
[www.captainwolflimo.com](http://www.captainwolflimo.com)

Please patronize our advertisers. Thank you.

## Bayside of Nahant

1 Range Road • Function Hall

*Specializing in affordable  
oceanfront...*

- weddings • showers
- anniversaries
- bar / bat mitzvahs
- birthdays • banquets

[www.baysidefunctions.com](http://www.baysidefunctions.com)

Call 781-592-3080  
to book your next celebration!



**AVALANCHE**  
FACTORY OUTLET

**40-75% OFF RETAIL**

**WE'RE BACK!**  
WITH SUPER PRICES!  
**GRAND OPENING**  
**SEPTEMBER 27TH**

MON-FRI: 10AM-5PM  
SATURDAY: 10M-4PM  
STARTING OCT 29TH  
SUNDAY 10AM-3PM

DISCOUNT SPRING AND FALL ITEMS - NEW WINTER ITEMS

**DON'T MISS OUT!**

J.B BLOOD BUILDING  
20 WHEELER STREET  
LYNN, MA. 01902  
PLEASE TAKE ELEVATOR OR STAIRS  
TO 3RD FLOOR.

**\$5 OFF**  
NEW WINTER ITEMS  
PRICED \$25 OR MORE  
ONE COUPON PER PERSON

Christine M. Menzies  
Owner

**KENNEDY STUDIOS**

*Start thinking about ART  
for the Holidays!*

HOURS: Tues thru Fri: 1:00 - 7:00 p.m.  
Sat: 10:00 a.m. to 5:30 p.m. Sunday: noon to 4:00 p.m.  
**402 Humphrey Street, Swampscott, MA 01907**  
781-592-1033



**Oceanview**  
**Bed & Breakfast**  
*A Colonial Victorian Home*

Let Oceanview B & B be home for your guests as they experience the warmth and charm of an authentic Colonial Victorian home. Most guest rooms overlook the Atlantic Ocean providing panoramic ocean views.

**Oceanview B & B • 11 Ocean Street • Lynn**  
**(781) 598-6388**

**Nahant Residents**

**CAR SERVICE**

**24-Hour Taxi Service**  
From Nahant and surrounding areas,  
to Logan and back



24-hours, 7 days/week  
**Taxi Service**  
to Logan Airport  
**Only \$41**  
with 24-hour notice.

Flat rate to downtown Boston. Corporate  
Accounts Welcome. Call for information.

**781-284-5300**  
Supermarket • Hospital / Clinics • Mall  
Airport Services • Scheduled Pick-Ups

## An Update on the Boston Logan Airport Noise Study

Submitted by Bob D'Amico

The departure track from Runway 4R was designed to take aircraft over the Nahant Causeway and not fly over the town. As we all know, there are times when this does not happen. During Phase 1, the FAA designed a new flight track, that would improve the noise impact on Nahant residents. The aircraft would still turn at 4 miles from Logan, but would use a different air traffic control procedure, to make the turn more accurate. This would be accomplished by new technology, involving GPS waypoints. The new track was approved by the FAA and was all set to go.

Unfortunately, after two years, just towards the end of Phase 1, the City of Revere proposed a different track off 4R (called Flight Concept F-R), that would bring the aircraft extremely close to Nahant, prior to turning over the causeway. The point was to move the aircraft away from the Point of Pine section of Revere. Should this track be put into service, the noise in Nahant will increase dramatically.

As long as a flight track does not have what the FAA calls a fatal flaw, or adds to controller work load, the FAA will study it further. That is why 2 years after approving the the track that would improve noise abatement for Nahant, Concept F-R was approved at the end of Phase 1 and carried over for further study in Phase 2.

During Phase 2, 2 flight tracks will be eliminated for further study. My only hope is Concept F-R will be one of them. Please write, email, or call, your State Representative and State Senator and say you are opposed to Flight Concept F-R. Also, don't forget to call in a complaint, whenever you hear aircraft flying overhead, to Massport's Noise Abatement at 617-561-3333. I will report back to the Nahant Harbor Review, as soon as I hear any news on Concept F-R.

Finally, the good news is the Town of Winthrop is also opposed to this concept, since it will increase noise in the Highlands Section of Winthrop.

## Ice Skating Classes Begin

Learn-To-Skate classes for adults and children, ages 4½ and up, are held at the Lynn Connery Ice Rink, on Sheppard Street. Classes are held on Sundays at 1:40 p.m. Skaters may use either hockey, or figure, skates. Beginner, intermediate and advanced classes are taught.

For information and to register, call Bay State Skating School at 781-890-8480, or visit online at [www.baystateskatingschool.org](http://www.baystateskatingschool.org).

## Woman's Club News

Submitted by Maureen L. Edison

Mondale will address health and the environment on October 14th. Lee Mondale of the public health advocacy organization, Healthlink, will give a talk on "The Link between Health and the Environment," at the Nahant Woman's Club meeting and pot-luck supper on Tuesday, October 14th, from 6:30 to 8:30 p.m., at the Nahant Village Church.

Lee's talk will address issues of profound interest to nahanter: what's in the world we walk on, the air we breathe, the water we swim in, that can cause health problems and what we can do about these problems. The use of pesticides and the coal-burning Salem Harbor Power plant will be the focus. The issue of safety was added recently to concerns about emissions from the Salem plant. A letter to the SALEM EVENING NEWS asked, "Why did three people die at the Salem Power Plant?" "What caused the explosion?" and "Who was to blame?" Further, the Mass. Dep't. of Public Safety report did not mince words.

A longtime Marblehead resident, Lee Mondale, is a veteran Healthlink member. Lee is also active in the League of Women Voters and has served on the Planning Board committee. She is a gardener par excellence, as well.

Polly Bradley of SWIM (Safer Waters in Massachusetts), will introduce Mondale and offer the evening's invocation. Healthlink and SWIM work closely together on environmental issues.

The hostesses for the October 14th event are Pattie Aswad, Mary Ann Lermond and Maria Rynne-Peterson. Please bring a favorite dish to share. Nonmembers may attend this special evening. To register (nonmembers only), please call Maureen Edison, at 781 592-0029.

The Woman's Club participated in the successful Fall Fair held on Saturday, September 27th, at the Valley Road Community Center. Items for sale will be available at the Holiday Fair, at Town Hall, on Saturday, November 29th, as well.

The luncheon honoring Past Presidents of the Woman's Club, featured a dynamic presentation by Calantha Sears, with assistance from Robert Wilson. Six Past Presidents, as well as descendants of early Woman's Club leaders, attended the luncheon.



## 2009 Nahant Telephone Book Soon to be Published

Watch for the 2009 edition of the Nahant Phonebook, a wonderful, local resource, that will make a great holiday gift. This addition will include a street and beach map, as well as selected entries from a Nahant scenery art contest. The Nahant Village Church will be publishing the 2009 edition and plans to have it available for sale at the November 29th, Nahant Holiday Fair and the Nahant Village Church Christmas Fair, on December 6th. This project has received the endorsement of the Nahant Historical Society, the publisher of the 2004 edition of the Nahant Phonebook.

### Art Contest

In addition to names, addresses and telephone numbers of Nahant residents and businesses, the 2009 phonebook will feature selected art works of Nahant scenic sites and views. The art contest is open to young and old and could include original drawings, paintings, or photographs. To be considered, entries cannot be larger than 9 by 12 inches and must be received by Friday, October 31st. All entries must contain the name, address and telephone number of the entrant, and if under 18, we also ask that you specify age, or school grade. Entries can be mailed to Nahant Village Church, Phonebook Art Contest, c/o 42 Nahant Road, Nahant 01908, or sent digitally to [nahantphonebk09@live.com](mailto:nahantphonebk09@live.com). Entries will be judged by a panel of well-known local artists.

### Advertising

Businesses in Nahant and its surrounding communities are invited to place an advertisement in the 2009 edition of the Nahant Phonebook. The advertisements will be for a full four-year period. The rates are as follows: 1/4 page (2 x 4-3/4") business card, \$150; 1/2 page (4 x 4-3/4") \$250; and full page (4-3/4 x 8"), \$500. For full color process, add \$99 per page.

Advertising space is limited, so reserve a spot now! Digital ad copy may be sent to [clintonnorton@comcast.net](mailto:clintonnorton@comcast.net). The mailing address for hard copy and checks for the ad is: Nahant Village Church, Attention: Phonebook Ads, PO Box 77, Nahant 01908. The deadline for ads is Friday, October 31st.

### Cell Phone and Unlisted Numbers

To make the Nahant Phonebook as complete and up to date as possible, residents may request multiple telephone listings (i.e. regular phone number, children's, cell phone and unlisted). We ask that you take the following action if you have:

- \* Regular phone service and a cell phone that you want to have listed, please e-mail your cell phone number.
- \* Residents who are cell phone users only, or who have unlisted telephone numbers, will receive a postcard invitation to submit your cell, or unlisted number, for inclusion in the phonebook.
- \* Regular phone service only and your telephone number is listed, no action is required

The e-mail address for telephone numbers is: [nahantphonebk09@live.com](mailto:nahantphonebk09@live.com). Or you can mail the updates to Nahant Village Church, Phonebook, c/o 42 Nahant Road, Nahant, MA 01908. Please include your full name, address and telephone number.

Questions regarding any aspect of the Nahant Phonebook may be directed to: Clint Norton at 781-244-9720 ([clintonnorton@comcast.net](mailto:clintonnorton@comcast.net)), or Marrit Hastings at 781-581-5691 ([nahantphonebk09@live.com](mailto:nahantphonebk09@live.com)).

## In Memory of Susan Lowell Wales Dineen 1932 - 2008

A burst of song, a ray of light  
Susan's star shone most bright.

Though out of sight, ever in my prayers,  
My Susie-Q was ever so fair.

I miss you, friend. I'll always miss you.  
Sleep with Jesus, till we meet again.

—DARI

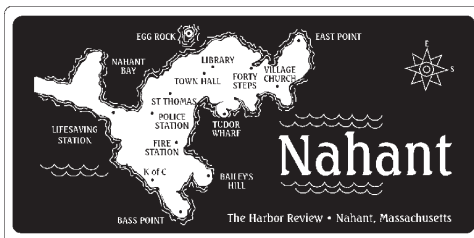


## Boston College Admissions Community Reception

Boston College High School cordially invites you to an Admissions Community Reception in Nahant for entry to grades 7 and 9, at the Nahant Town Hall, on Wednesday, October 15th, at 7:00 p.m.

Come speak with the Director of Admissions, parents and students about the academic, athletic, co-curricular and spiritual offerings of the BC High programs in an environment conducive to conversation

RSVP by October 11th, if you wish to attend, to Barbara Dolan, Assistant Director of Admissions, (617) 474-5056, or email [bdolan@bchigh.edu](mailto:bdolan@bchigh.edu)



Only \$20

## Nahant Vanity Plate

Nahant Harbor Review Edition.  
Embossed aluminum for long life.  
A lasting memento of our beloved  
Nahant. Makes a great gift!

Available at:

**Richland Convenience — Nahant Road**

I'd like  
to rent you  
a Nahant  
safe deposit  
box.



I'm Janice Hubbard, Manager of Equitable Bank's Nahant Office. I'd like you to know that we have a variety of small, medium and large size safe deposit boxes available for rent, starting as low as \$35 a year.

For further information, or to reserve your personal Safe Deposit Box, please call me at 781-595-1990.



[www.EquitableBank.com](http://www.EquitableBank.com)  
28 Nahant Road, Nahant

## Four Seasons: How Does Your Garden Grow?

By Rev. Dr. Catherine Titus

Nahant soil and seasons call for special gardening efforts, for amending the soil, finding the right spot where a plant will flourish and for thinking about plant care over all the seasons. Each garden here has its own challenges and history and some gardens have been evolving over decades.

The Rev. Dr. Kathryn Titus is beginning to gather gardening stories and photographs, from Nahant residents for a pamphlet and would like to hear from you.

She'd like to know whatever details you can share about what's been done to sculpt and design your yard with paths, walls, terraces, soils and plantings.

If you'd like to contribute to her research about the Gardens of Nahant, with photographs of your garden through the year, then please call "Dr. Kate" at 781-595-5054, or send an email to TheRevs@aol.com.

Please patronize our advertisers. Their ad dollars help keep the Harbor Review coming to you. Thanks!

### ENZO's NAHANT GARAGE

SERVING NAHANT & SURROUNDING AREA FOR 25 YEARS

- Air Conditioning
- Fuel Injection
- Automotive Diagnostic Specialist



- Vehicle Electronic Specialist
- Brakes
- ABS System

Manufacturers' Diagnostic Equipment On-Site

**SERVICE FOR HALF THE DEALER PRICE**

**21 Spring Road • Nahant, MA 01908 • 781-581-0011**

### David G. Walsh

Airports  
Concerts  
Sporting Events



24 x 7  
Fully Insured

617-775-7075

dgdwalsh44@verizon.net

Let us get them before they get to you!

### FREEDOM Pest Control

Specialists in insect extermination, animal removal & exclusion.



Family owned  
and operated.

Mice • Beavers • Squirrels • Bees  
Ants • Rats • Termites • Skunks  
Pigeons • Bats • Cockroaches  
Opossums • Woodchucks • Fleas

- Chimney Caps Installed
- Humane Live Animal Removal
- Guaranteed Results\*

• Free Estimates

• Free inspection with any service plan purchased.  
"Let us FREE you from unwanted pests."

**Nahant: 617-381-0007 • 877-PESTS 55**

**Toll Free 877-737-8755 • www.CALLFREEDOMPEST.com**

## Mass Theatrica Presents The Medium

Mass Theatrica presents Gian Carlo Menotti's one act thriller opera, *The Medium*, (in English) on Sunday, November 2nd, at 2:00 p.m., at Southgate Theatre, 30 Julio Drive, in Shrewsbury and on Saturday, November 8th, at 8:00 p.m., at LynnArts, in the Neal Rantoul Vault Theatre, 25 Exchange Street, Lynn, MA.

*The Medium* is the tragic tale of Baba who poses as Madame Flora, a fake medium to dupe clients out of money. She depends on her daughter, Monica and mute helper, Toby, to carry out the charades, until one eerie night, when the tables are turned on her. Starring Angeliki Theoharis as Baba and Emily Quane as Monica, this is a story with haunting music, that will send a chill down your spine!

Admission is \$15, \$13 seniors and students. For more information about the program, please call Mass Theatrica at 508-757-8515, or email [masstheatrica@yahoo.com](mailto:masstheatrica@yahoo.com), or visit website [www.masstheatrica.org](http://www.masstheatrica.org). For directions to LynnArts, visit the website at [www.lynnarts.org](http://www.lynnarts.org).

## Come Celebrate Italian Heritage Month

VIVA ITALIA! Come and enjoy being an "honorary Italian," with renowned soprano Ruth Harcovitz, in her program celebrating Italian Heritage Month, entitled *The Sunny Skies of Italy*. The concert will be presented at the Nahant Town Hall, 334 Nahant Road, on Sunday, October 19th, at 2:00 p.m. It is a free concert and open to the public.

Ms. Harcovitz is known throughout Massachusetts for her sparkling voice, warm personality and numerous exciting programs. Following graduation from New England Conservatory, she studied in Europe at the Vienna Academy of Music. Upon her return to the States, she was engaged by the Santa Fe Opera, The Opera Company of Boston, Opera New England and many others. She has appeared as soloist with choral societies and orchestras and is the recipient of hundreds of Mass. Local Cultural Council grants.

Due to its universal appeal, this program has thrilled all audiences, non-Italian and Italian alike, throughout the state. It features Italy's most popular export: Neapolitan songs and operatic arias, all well-known and well-loved due to renditions by Pavarotti and others. Piano accompanist will be Florence Dunn.

A reception after the performance will be provided by the Friends of the Library.

Hosted jointly by the Nahant Public Library and the Nahant Council on Aging, it is sponsored by the Nahant Cultural Council, a local agency and the Massachusetts Cultural Council, a state agency. For more information, call the library at (781) 581-0306.

## Johnson School and Marine Science Center Represented at National Marine Educators Conference

Tracy Hajduk, Outreach Program Coordinator for the Marine Science Center and Meredith Tibbo, Johnson School science teacher, packed their bags and headed to steamy Savannah, GA, for a week this July. There they attended a week-long, National Marine Educators Conference, to network, hear about current marine education programs and to be inspired.

Tracy Hajduk was chosen as a presenter and spoke during her session about the success of the Coastal Ocean Science Academy, a two-week summer program for high school students. Several Nahant students have participated in this multiple-year program that introduces students to local marine ecosystems and current marine science research.

Meredith Tibbo was given the opportunity to attend the conference through the generosity of the Center for Ocean Science Education Excellence (COSEE) – New England, a group based out of the New England Aquarium, that strives to connect teachers, informal educators and scientists. Meredith was first introduced to this organization, when she and several other Johnson School teachers, participated in a 5-day workshop at the Marine Science Center last summer, that was funded by COSEE.

Meredith Tibbo said of the experience, "During this experience, I was given endless opportunities to interact and share ideas, not only with other science educators from throughout the country, but with marine scientists from around the globe, as well. The variety of workshops and learning experiences were overwhelming in their scope and span and it was often a difficult task to decide which class to attend. The "One World One Water" theme of this year's gathering carried well beyond the workshop classrooms. A spirit of camaraderie and purpose was pervasive, from the conference's beginning to its end. I returned to Nahant invigorated, enthused and with a wealth of new knowledge and ideas on ocean literacy, to share with my students and with my colleagues, as well".

Submitted by Tracy Hajduk and Meredith Tibbo



## **Basketball Options for Nahant Youth Players 2008-09**

**Submitted by Paul Caira**

In response to many inquiries about the upcoming youth basketball season, we would like to update Nahant parents and players on a few of the 2008/09 options, that are sponsored by various organizations, including the Nahant Youth Basketball League, St. Thomas CYO, St. John's CYO and others, as noted below. For planning purposes, you might want to note the applicable grade eligibility requirements of each league and plan accordingly. For additional information, please call NYBL, Attn. Paul Caira, at 781-581-0015, or e-mail [info@saca.com](mailto:info@saca.com).

### **Nahant Youth Basketball League (NYBL)**

1. Boys in Grades 9-12: NYBL will run its usual 20-game season, plus double elimination playoffs, beginning mid-November and ending in mid-March. All Nahant and Swampscott boys and girls, in grades 9-12, are eligible to sign up. Registration forms will be mailed in October. The schedule calls for teams to play two games a week, on weekends, with no weekday practices. It is a recreational league and all players are guaranteed equal playing time. Coaches are chosen from volunteers, games are refereed by certified refs and games are played at the Johnson School gym. Estimated cost is \$200 per player.

2. Boys & Girls in Grades 2-5: Usually we split the players up into two groups – 2nd & 3rd grades and 4th & 5th grades – and they each have a 1-hour clinic/game session on Saturday and Sunday mornings, beginning mid-November thru mid-March, at the Johnson School gym. Registration forms for those who played last year, will be mailed out in October, but new players need to call NYBL for registration information. Estimated cost is \$85.

### **St. Thomas CYO Basketball**

1. Boys in Grades 9-12: St. Thomas will again sponsor a high school team for boys, in grades 9-12, for an 18 game season. Home court location has not been decided, but away games are played throughout North Shore communities on Saturdays and Sundays. Players interested need to call Paul Caira at 781-581-0015, or e-mail [info@saca.com](mailto:info@saca.com). Estimated cost is \$150.

2. Boys in Grades 5-8: It's possible for St. Thomas to enter two teams in the North Shore CYO program. One level would be 5th & 6th grade boys, combined to form a Bantam team and 7th & 8th grade boys, to form a Cadet team. In order to do this, a minimum of 9-11 boys in each division is needed and players should plan on at least one practice during the week and play a schedule of 18 games – 9 home and 9 away, with the away games played throughout North Shore communities on Saturdays and Sundays. All practices and home games would be at the Johnson School gym. Presently these teams do not exist, but if there are parents willing to organize and coach at either the Bantam, or Cadet level, your assistance in organizing these teams would be required. Call Paul Caira. Estimated cost is \$175 per player.

3. Girls in Grades 7-8 and 5-6: St. Thomas will join with St. John's of Swampscott to develop and form both Cadet and Bantam teams (Cadets are 7th & 8th graders and Bantams are 5th & 6th graders) and a joint tryout will be held early October, at the Swampscott Middle School gym. To prepare for gym space and new coaches for this coming winter season, any girls wanting to try out for either team, will have to confirm their interest by e-mailing either Tom Dawley at [tomdawley@cs.com](mailto:tomdawley@cs.com), or Paul Caira at [info@saca.com](mailto:info@saca.com). Normally, teams play one game on Saturday and one on Sunday, on a home/away schedule, with away games played throughout North Shore communities. Estimated cost is \$175 per player.

### **Other Leagues**

#### **1. Eastern League Basketball/ Boys in Grades 5-8**

This league is run by coaches in Swampscott, whose home court is the Tower School gym, in Marblehead. Teams are grade inclusive (only 5th graders play on 5th grade team, etc.); tryouts determine skill level for assignment to an A, or B team; 2 practices per week (Mon and Wed) and a 20 game season, with 10 home and 10 away (Georgetown, Ipswich, Saugus, Peabody, etc.). Estimated cost is \$150 per player. Eastern League website is [www.easternhoopleague.com](http://www.easternhoopleague.com), but registration would be thru a Swampscott coach contact.

2. YMCA/AAU: Lynn YMCA and Marblehead YMCA run basketball programs as does the Mass. Renegades (AAU) and you will need to call the respective organization for details.

## **Evening Lecture Series at the Marine Science Center**

On Tuesday, October 21st, at 7:00 p.m., all are invited to a lecture by Dr. Donald Cheney, Associate Professor of Biology, at Northeastern University. He will talk about Seaweed Blooms: the problems they cause and their potential use as bioremediators of toxic pollutants.

Blooms of marine algae, both macroscopic and microscopic, are occurring with greater frequency today, than ever before. This talk will explore the causes and consequences of two, well-known local examples of seaweed blooms: the *Pilayella* problem of Nahant Bay and the *Codium* problem of Cape Cod. In addition, the recent discovery of a seaweed bloom in New Bedford Harbor, capable of taking up and concentrating PCBs 1000-fold, will be described and its potential use as a bioremediation agent explained.

This lecture is free to the public. Light refreshments will be served at 6:30 p.m. The lecture begins at 7:00 and is roughly an hour long. The Marine Science Center is wheelchair accessible. Call Tracy Hajduk for more information at 781-581-7370 x321 or email [t.hajduk@neu.edu](mailto:t.hajduk@neu.edu), or visit <http://www.marinescience.neu.edu/outreach>.

### **Getting Married? Need Jewelry?**

**Custom Designed for YOUR Wedding!**

**Jewelry is a great gift for your Bridal Party.**

**Call for appointment.**

**781-581-0158**

*Designs by Donna Lee*

## **Nahant Fish & Lobster Co.**

**"Now Open Noon to 6 p.m. Everyday!"**

**TANO BARLETTA**

Phone (781) 581-3545

FAX (781) 581-6996

[www.BuyALobster.com](http://www.BuyALobster.com)



**157 Nahant Rd • PO Box 38 • Nahant, MA 01908**

## **Fall is in the Air**

**Watch for Blue Jays at the feeder**



A familiar sight at bird feeders in the fall, the boldly patterned Blue Jay is unmistakable. Visit the Wild Birds Unlimited store in Danvers, to learn about the bold and beautiful blue jay. We will help you pick out everything you need to attract them to your yard.

**Wild Birds Unlimited**

Center St. Village, Rte 1 S between Rtes 62 & 114

Danvers, MA • (978) 774-9819

Open 7 Days: Mon-Sat: 10-6 • Sun: Noon-4

Visit our website at [www.wbu.com](http://www.wbu.com)

## For Better Health

**Singing Lessons**  
**Donald Wilkinson, baritone**  
 Classical, Opera, & Musical Theater  
 Teens to Adults welcome  
 781-593-4936 [www.donaldwilkinson.com](http://www.donaldwilkinson.com)



**DANCE**  
*dimensions*

**JOIN US! ONGOING  
 REGISTRATION FOR  
 FALL CLASSES**

**Children (2 yrs & up):**  
 Boys Class, Jazz Hip/hop,  
 Tap, Ballet, Modern,  
 Gymnastics, Irish Step,  
 KinderGym, Tumbletots

**Adults:**  
 Tap, Ballet,  
 Modern, Ballroom  
 Stretch & Tone



**Call or email for more info: 781-599-1476**  
[sallee@dancedimensions.org](mailto:sallee@dancedimensions.org)

**Wedding Prep • Private Lessons & Personal Training**

## CENTER OF THOUGHT

*Professional Hypnotherapy • Nahant, MA*



Juliette Guidara

Call for a Free Consultation:

**781-593-4222**

[www.CenterOfThought.com](http://www.CenterOfThought.com)

[Juliette@CenterOfThought.com](mailto:Juliette@CenterOfThought.com)

Certified Clinical Hypnotherapist  
 Certified, Complementary Medical Hypnotism  
 Certified, Removing Imprints

• **Stop Smoking • Lose Weight • and much more •**

## Nahant Therapeutic Massage

*...relax, breathe, feel better...*

Combining Swedish, acupressure, deep tissue and other popular  
 massage techniques to create a treatment just for you.

**SUSAN CADIGAN, LMT, NCTMB 617-240-4252**

Licensed Massage Therapist/Nationally Certified in Therapeutic Massage & Bodywork

## NORTH SHORE PHYSICAL THERAPY

*Highly-trained senior clinicians serving  
 communities north of Boston for more than  
 twenty-five years!*

### Marblehead

Marblehead Medical Bldg  
 1 Widger Road  
 (781) 631-8250

### Swampscott

Humphrey Plaza  
 642 Humphrey Street  
 (781) 592-2773

**NSPT Now Offering  
 Aquatic Physical Therapy**

For more information, call:  
 Swampscott • 781-592-2773  
 Marblehead • 781-631-8250

## Willpower

By Sallee Slagle, Director, Dance Dimensions

Willpower. If you could bottle it, it would sell millions, I'm sure. What is it? Where can I get some? So why is it that we seem in short supply? Willpower is defined as deliberate control exerted on one's own impulses, in other words, self-control. Willpower is a strength, an inner ability. Some people seem to have more than others. So what are the influencing factors to our willpower? Researchers have been studying this and found that willpower is influenced by a variety of different factors. They say it is not a personality trait, more like a muscle you can strengthen, but you can also exhaust it.

Okay, so to accomplish all the things we want to in our lives, we are always challenging our will power muscle. There are so many challenges where we must use it, to stay on budget, to keep our cool with an upset client, or co-worker, to not join in on a complain and moan session, to not lose our patience with family, to meet a deadline and the most familiar one, to maintain a healthy lifestyle of proper diet and exercise. Whenever we restrain ourselves from...or push ourselves to...we are flexing our willpower muscle.

So many people would like more willpower. So how can we strengthen this muscle? First we must decide what it is we want to change. We all want to continually evolve and better ourselves, so this could be a long list. So choose the top priorities. Look at why you want to change these things. For example: staying on budget so you can buy a house, or handling work and coworkers better, to gain a promotion. We know that eating right is important to our health, even if we are not on a diet, but trying to lose weight takes more willpower. So what is the BIG picture? Why do you want to lose weight? So you look good at a special event seems like a good goal, but is really a good target. It puts a deadline on it and may motivate you, but what about after the event? It will take more willpower to maintain your new look.

Okay so when your willpower is challenged, having the bigger picture in mind will help. Pause a moment and look at the goal. Keeping that in mind can help you exercise willpower and achieve it. Planning can also help. Look at what are the obstacles to your goal? For a budget it might be credit cards, or special "Sales." For a diet it might be a morning meeting's donuts, or eating out. You need to plan how you will deal with these situations ahead of time. Then, when the challenge arises, you can act quickly and with decision. Say you sometimes crave dessert, you plan that you have dessert once a week, on Wednesdays and if you need to satisfy a craving another day, you choose fruit or yogurt. You now know if you crave dessert on Friday, it is handled, you have fruit. Simple.

So what depletes will power? When you are physically, or emotionally stressed, tired from not enough sleep, hungry because of a skipped meal, or had a tough day at work. These are times when it will be hardest to call on your willpower to resist, or stay on track. Your workout plan may suffer, because you feel too tired, so you skip going to the gym. Too much choice, or too many options, can also sabotage your willpower. Plan meals ahead when you are not hungry, or tired. Shop from a list. Trying to change too many things at once may stop any of them from happening. Practice consistent actions of willpower, until it becomes easier. Acknowledge your accomplishments.

Your willpower is stronger when your mood is lifted. When you feel a challenge, call a friend, watch a movie, or do something enjoyable. Don't save rewards only for the final accomplishment, use them along the way to help you get there. Get enough sleep, laugh, treat yourself and most of all forgive yourself if you have a lack of willpower. Accept it and carry on. Don't focus on stopping something, look at the positive gain, or goal. Stay positive. Take changes gradually and you will be more successful.

The willpower muscle is fueled by physical and mental energy. Keep your body well fed and rested and your attitude positive. Keep flexing that willpower muscle and it will keep getting stronger.

## Professional Copywriting & Editing Services

**Catalogs • Manuscripts • Textbooks • Academic Papers**

Editing • Proofreading • Text Scanning • Photo Editing

From Conception to Completion

*Convert your catalog text pages to .pdf files for posting on the internet.*

*Save time and \$\$\$\$. Let a professional prepare your documents  
 for publication.*

**Call Donna Hanlon at 781-592-4148**

**PATRONIZE OUR ADVERTISERS • BUY LOCALLY**



Ongoing CPR/AED Classes at Nahant Therapeutic Massage

Recently, Joan Wilkins of Dance Dimensions fame and a certified instructor of CPR/AED with the American Heart Association, taught local residents crucial lifesaving skills. Adult, infant and child CPR, choking, risk factors for stroke, heart attack and cardiac arrest, as well as the Automated External Defibrillator (AED Machine), was taught. The certification is valid for two years.

Please realize that every second counts. Be ready. Learn lifesaving skills.

Photo at right: Robert Wilson, of Collage Works and Christine Titus (background), practice the chest compression lifesaving skills of CPR.

Below: Ute Gfrerer-Wald uses her fabulous singing breath work to perform the “mouth to mouth” lifesaving skills of CPR.

Below, right: Joan Wilkins demonstrates proper form for CPR.

Photos submitted by Susan Cadigan, LMT, NCTMB



Vehicle Day  
Submitted by Susan Rosa

Nahant Recreation would like to thank the DPW, Fire Department and the Police Department, for allowing the kids to try out all the cool vehicles that keep our Town clean and safe. We had over 60 kids participate and they loved every minute of it. Their favorites were the beach cleaner and exploring inside the ambulance. They also enjoyed dressing up in the Fire gear.

A special thanks to Scott Frary, Officer Keith O’Brian and Fire Fighter Kevin Howard, for answering the kids questions. I still hear the kids talking about how much fun they had.

Photos at left submitted by Susan Rosa.



Three Cormorants  
Poem by Polly Bradley

Three cormorants dry stiff black wings,  
spread wide, after coastal storm,  
like a three-masted square-rigger ship,  
the hull a black rock:  
Nahant gabbro.  
Along the northern horizon,  
three smokestacks spew coal dust,  
like ghostship masts — or witches’ brooms:  
the Salem power plant.  
The cormorants, like three enormous bats,  
are perched to sail the sky,  
to ride the broomsticks.



## Library/Media Center and Instrumental Programs Start at Johnson School

By Joseph F. Lisi, Ed.D., Superintendent of Schools

### Library/Media Center ready to Open

Looking for that special book? Need resource information to complete a class assignment? Need access to the internet, to complete a research project? All of these assignments can be accomplished in the Johnson School Library/Media Center. Staffed by Mrs. Munnely and Ms. Pierce, the Library/Media Center will soon be open and ready to receive our eager students. Through the efforts of community volunteers and the Schools' budget approval at last spring's Annual Town Meeting, the new Library/Media Center took shape. Shelves and walls were given a fresh coat of paint and parent volunteers sorted through book after book, cleaning, weeding outdated books and shelving the collection. Computers from the former computer room and new computers and Smartboards, purchased by the Nahant Education Foundation, will serve as the new computer room in the Library Media Center. Preparation is almost complete as this new and exciting area in the Johnson School is readied for full use by mid-October.

### Johnson School Instrumental Music Program

Dust off mom's trumpet, or dad's violin and get ready for a start-up instrumental program, at the Johnson School, grades four, five and six. This "beginner's program" is getting ready to start on October 20th. Instrument sign-up, September 22nd through October 3rd, will determine the nature of this afternoon and after-school program. We actually have both band-instrument and stringed-instrument instructors ready to develop the four sections, Brass, Reed, Percussion and Stringed instruments. Planned important dates include: School Instrument Assembly, Sept. 22nd; Instrument Selection Assembly, Thursday evening, Sept. 25th; Instrument sign-up sheets due Friday October 3rd; lessons begin, band instruments, Monday, October 20th, Strings Wed., Oct 22nd. All students will have a thirty-minute lesson during the day and an hour of instruction, from 2:15 – 3:15, after school on those days.

We cordially invite new parents, parents who have placed children out-of-district and parents who want to learn more about our programs and services at the Johnson School. If you have questions, please feel free to call at 781.581.1600, or email [jlisi@johnsonschool.org](mailto:jlisi@johnsonschool.org)

**INVEST IN NAHANT**  
**Save money and energy.**  
**BUY from your local merchants.**

**LEARN – TO – SKATE CLASSES**  
RECREATIONAL • FIGURE • HOCKEY SKATING SKILLS

CHILDREN (4 1/2 up) & ADULTS  
**BAY STATE SKATING SCHOOL**

Fall Series  
Celebrating 40 Years

Cambridge  
Clev. Cir./Brookline  
Hyde Park/Dedham  
Lynn  
Medford  
Newton/Brighton  
Quincy  
Revere  
Somerville  
South Boston  
Waltham  
West Roxbury  
Weymouth

**781-890-8480**  
[www.baystateskatingschool.org](http://www.baystateskatingschool.org)

## News From The Johnson School

By Diane D. Mulcahy, Principal

The students are now well into their new school year. Teachers have done a wonderful job acclimating students to their new grade level and classrooms. Our new traffic pattern has been working well. We are still tweaking the process, but it is working well, so far. The Superintendent will work with Johnson School community members to watch and make necessary changes, as the school year progresses.

We are particularly excited that the newly-revived Nahant Education Foundation (NEF) has raised the funds to buy the Johnson School 20 new computers. These computers will be placed in every classroom and the computer lab. This new technology will replace some of the outdated computers and give the students the ability to access the most current websites. We are really happy to have the NEF working to help support the school.

The annual Johnson School Open House was held on Tuesday evening, September 16, 2008. There was a general meeting in the cafetorium at 6:00 p.m. The NEF presented an overview of their goals for the next school year, as well as future plans. After the general meeting, parents visited their children's classrooms. This was just an introduction to the school year and gave parents a glimpse of the students' program. Other opportunities will arise during the year, to visit school and learn about the curriculum.

This is the year that the fifth and sixth grades go to Nature's Classroom. Nature's Classroom has various sites in New England. Our students will spend three days at the Groton site. The students will live in cabins and learn and explore science in a natural setting. Students will learn cooperation and team building. This is always the highlight of the Johnson School education. Students always look forward to their time at Nature's Classroom.

September is when our PTO starts its year of activities. The first meeting of PTO was on Monday, September 8th. The meetings are held the first Monday of every month and every Johnson School parent is welcome to attend. This month, the PTO outlined the fundraising activities for the year. The first one was September 5th thru the 24th. Johnson School students will be selling wrapping paper and other terrific articles from Meadow Brook Fundraising. Thank you to all who supported our school by purchasing items from our school families. Money from the fundraisers goes to pay for field trips and other cultural enrichment activities. The PTO's generous gift has funded new stage curtains to replace the seriously-worn-out one we had. Our newly-renovated school is now complete, with the addition of the new curtains, which will be installed this fall.

### Nikki Nails

Professional Nail Care

Tip Overlay • Acrylic • Nail Art & Design  
Pedicure & Manicure

FREE FRENCH with a full set

Mon-Sat-9A to 7:30P • Sunday by Appt. only

Mon - Sat: 9 AM to 8 PM • Closed on Sundays

Appt. & Walk-ins Welcome • Gift Certificates Available

**781-595-3010**

216 Oxford St. • Lynn, MA 01901

5 mins  
from  
Nahant



**JESSICA'S PLAYSCHOOL**  
257 Broadway

Jessica Patten  
Owner

617-791-2257  
Lynn, MA 01904

**Become a home delivery subscriber. Your \$20 helps keep the Harbor Review coming to your door. Send your Home Delivery Subscription to: Nahant Harbor Review, PO Box 88, Nahant, MA 01908. Thank you.**



**Thank you, Nahant, for supporting the  
Nahant Harbor Review**

Your donations have helped keep the newspaper coming to your door, especially during this financially trying time. Everything is increasing, except for income. Most especially, ad sales are down quite a bit. Times are tough for your little community newspaper. Imagine what Nahant would be like without your newspaper. Almost 15-years ago, there was no newspaper. It was difficult to find out what was going on and many community events went unpublicized. No one really knew what was going on. Having a community newspaper, even though it is only a monthly publication, really improves the quality of life in this community.

Now, more than ever, I need all the help I can get, to weather this economic downturn. I am most appreciative of those in the Nahant community, who support this newspaper, as I am sure the majority of the Nahant community is, also. Some of you have sent in \$20 twice this year. Thank you, thank you, I can’t thank you enough for your help and generosity. Please keep the Home Delivery Subscriptions coming in. There are many more of you out there who read and enjoy this publication. Now is the time to really give your support. Thank you.”

Most sincerely, Donna Lee Hanlon, Editor.

**Voluntary Subscribscriptions received JANUARY through MAY 2008**

Frances Ahern, Barbara Alessi, Robert & Christine Alexander, Joseph Balsama, Doris Barrett, The Benson Family, Joseph Bertorelli, Kenneth Bibber, Doris Bongiorno, Larry & Polly Bradley and gift subs. to Randolph Bradley, Scott Bradley and Cynthia Young. Anne & David Bromer, Rachael & Ted Brown, Judith Bryant, M/M Paul Caradonna, Kenneth Carangelo, Deborah & James Cashman, Joseph & Frances Casey, Mary & Richard Catalani, Malcolm Chamberlain, Nancy Cochran, The Collins Family, Judy Conn, Alice Cort & Bruce Walker, Carmella & Robert Cormier, William & Carol Crawford, Dale & Michael Cullinan, Francis & Catherine Cusack (+2009), Josephine & Paul DiAmico, John & Susan Dineen, Charles Dean, Frank & JoAnne Deulius, Manuel & Maria Sousa, Carol & Thomas Doherty, F. Thom & Mary Donahue, Robert Donahue,

Lorraine & Robert Doran, Mona Doss, Joyce Dragone and gift sub. to Jeanette LeDonne. Maureen Edison, Susan Edwards, Patricia Emberley, Dr. Kathleen Edwards, Julia Ellassard, Mary Jane English, Kristina Etter, C.P. Everleigh, Doug & Linda Everleigh, Mary & Constantino Evos, Karen Falat, Clifford Flynn, Nancy & Karl Forsell, Carolyn Fowle, Bernadette Gaynor, Nora & John Gergely, Octavia Randolph & Jonathan Gilman, Michael Golding, Estelle Goodell, Michael Goyetche, Maria Glavas, Lucy Grimm and gift subs. to Charlotte Grimm and Sarah Grimm. Janice & S. Jeffery Hall, Anita Haller, Margaret & Henry Hanagan, Cal & Marrit Hastings, Susan & Matthew Hendrickson, Patricia & James Hickey, Lisa Hiland, Cecelia & Robert Hill, James & Jean Hosker, H. Hollis Hunnewell, Donald Huston, Robert & Phyllis Irvine, Elizabeth &

Edward Johnson, Dorothy & Thomas Johnson, Patricia Johnson, Philip & Gertrud Joyce, Mike Kairevich, Susan Kane, Melissa Kasper, John & Martha Keller, Carole Keller & James McCurdy, Christine Kendall & Doug Frauenholz, Susan Kerr and gift sub. to Virginia & John Kerr. Joseph M. Klink, Jim & Laura Konowitz, Kathryn Kougias, Mary & Eugene LeBlanc, Donnalee Leonardo, Marion C. Lester, Lea & Jeffrey Lewis, Robert Lewis, Dana Lewis, Jeffrey Lewis, Alan Lewis, Mayland P. Lewis, Jr., Joyce Loguercio, Jane & Richard Lombard, Madeline Long & Kathryn Famulari, Joan & Ralph Lowell, Vee & John Lynch, Kevin & Terri Maguire, Peter & Richard Malatesta, Cynthia Manning, Cynthia & William Mantzoukas, Anna Marie & Edwin Manzano, Marie Martin, Mrs. J. Richard Jackson, Elaine Mavros, Shea Mavros, Jean & Thomas Mazzaferro, Linda &

John McCarthy, Thomas & Patricia McDevitt, Mary Lou & Noel McGinn, Ernie & Mary Messina, Frank & Laura Michaud, Julian Middleton & Thomas Campbell, Mary Lou & George Mihovan, Herb & Terri Motley, Pamela Motley, Robert Munnelly, Michael Murray, Nahant Dory Club, Nahant Knights of Columbus, Helen M. Niosi, Dawna & Mark Nocera, Antonina OConnor & Nancy Keen, Elizabeth Olson, Muriel O’Neill, Margaret Pelley, Ann-Margreth Peterson, William & Linda Pivacek, Norma Poole, Barbara Powers, Mary Ann Putnam, Tom & Elizabeth Quinn, Joanna Reardon, Rebekah & George Richardson, Wallace & Theresa Riddle, Judith & David Robidouz, R. Phillip Russell & Allison Spinney, John & Kathy Ryan, Rosalie & John Ryder, James & Karen Savino, Robert & Dolores Scanlan, Effie Schmidt, Paul & Nancy Sciaba, Robert Scigliano, Flora &

Andrew Sigourney, Margaret & Robert Silva, Calantha Sears, Alma Smith, Thomas & Eleanor Smith, Jayne Solimine, Christine Sonis, Lynne Spencer, J. Karen Stanford, Frederick & Maria Stanley, Robert & Harriet Steeves and gift subs. to Penny Billias, Gladys Edwards, M/M William Kinley, M/M Robert Steeves, M/M Donald Steeves and George Wallelt, William Szczawinski. Edward & Antonia Steriti, Vincent & Elizabeth Steriti, Ronald & Martha Strout, Patricia Sullivan, Gretchen & Frederick Szczechowicz, Linda Tanfani, Paul Taylor, Julie & Les Tarmy, Ruth & Gerard Titus, Edward & Cecilia Ustaszewski, Mary Valeri, Video Production Services (Michael Billias), Mary Wachtel, David & Mary Walsh, Maria Welsh, James & Emlen Wheeler, Arthur & Mary Wilson, Nancy Whitman, Jane Wilson, Nancy Wilson and Rudolf Zuckerstatter.

**Home Delivery Subscriptions Received from JUNE to SEPTEMBER**

Rob Alexander, Jerry Alimenti, Pauline Anderson, Margaret Antrim, Paul & Mary Jo Angersbach, Sherri April, Lisa & Charlie Arena, Meggan Bailey, Richard A. Bailey, Jeanne Baranek, Benson Family, Ken Bibber, Michael Billias, Mrs. Theodore (Penny) Billias, Doris Bongiorno, Susan E. Branga, Norma Brooks, Edward Brown, Joanne Bryanos, John J. Buckley, Grace Burke, Kathy Burns, Charles Butera, Dianne Cadigan, Sandra P. Cain, Paul Caira & Family, Nancy Cantelmo, M/M Warren Carlson, Warren & Virginia Carlson, M/M Joseph Carmody, Catherine Carr, David & Katharine Carter, John P. Casey, Jim & Debbie Cashman, Ms. Muriel Castronova, Patricia Clements, Molly Cohen, Colleen M. Collins, MD, Ralph Colson, Kim & Mark Conway, Ken Cormier, Helen Cort,

Cynthia & Thomas Costin, Dale Cullinan, Barbara D’Amico, Josephine D’Amico, Stephen & Ghizlane DeAngelis, Charles Dean, Roger DeMinico, The Demits, Susan DePaolo, Jean L. DeSilvestri, Manuel C. DeSousa, The deStefanos, James J. Dolan, M/M Robert A. M. Doran, Diane & Michael Dunfee, Jacob N. & Laura Erlich, C. S. Evos, David F. Fitzpatrick, Ellen Foley, Elisabeth & Peter Foukal, Catsy Fowle, Robert A. Frary, Joanne Fucile, John R. Fulghum, John & Jane Gale, Cole Gaudet, Marcia Gaudet, Ms. Bernadette Gaynor, Brenda Gaynor, Mrs. John Gergely, Paul & Marilyn Girard, A. Maria & Ioannis P. Glavas, Estelle Goodell, Michael Goyetche, Adolph & Amy Graciale, The Green Family, Lucy Grimm, Meral Gunduz, George & Alice Hall, Henry & Peg Hanagan, Cathleen Hartmann, Cal &

Marrit Hastings, Susan Hendrickson, Patricia Hickey, James Hill, Lea & Mal Hill, Don & Barbara Hodges, H. Hollis Hunnewell, Mary Katherine Ioven & Khalid Abbady, Carl & Linda Jenkins, Ellen Johnson, Virginia Kane, Winifred A. Kane, Roger Kautz, The Keenans, Martha H. Keller, Janet Kelly, Christine Kendall & Doug Frauenholz, Philip Kersten, Bill & Valerie King, Edward Koscielecki, George & Kaly Koukounaris, Joe & Bonnie Lamando, James & Gina M. Lang, Joanne Laubner, Michelle & Paul Lenzi, Joyce Libbey, Thomas J. Loftus, Lombard & Angiulo, Madeline Long, Ta & John Lowell, Ludke Family, Carl Maccario, Rose Macera, Gregory & Patricia MacDonald, Margaret Makris, Peter P. Malatesta, Cindy Mantzoukas, Anna Manzano, William J. Marden, Dennis & Joyce Maroney, Ruth I. Maurer,

Mr. Noel McGinn, Alan McSweeney, Kevin J. Meagher, Jillian Middleton, Mary Jane Mitchell, Joe & Judi Moccia (+2009), William H. Mogun, Craig H. Mosher, John (Jack) & Barbara Mulkern, Robert J. Munnelly, Michael P. Murray, Nahant Associates, Nahant Housing Authority, Dawna & Mark Nocera, Elizabeth Olson, Muriel Y. O’Neill, Eileen Peterson, Tracey & Eric Peterson, Margaret Piccola, Wm. Pivacek, Patricia Podrug, Norma Poole, Greg & Colleen Poth, Wayne & Mary Ann Putnam, Mary Anne Quinlan, Colleen Quinn Sainato, Ms. Octavia Randolph, Barbara Sweeney, Joanna Reardon, Sherrill Reed, The Richardsons, Sara F. Riley, Sarah W. Risher, Peter Rogal, Nina & Chris Rogers, Edie Roland, Robert Roland, Irvine Rusk, Art Saavedra, Victoria Salomon, Carol Sanphy, Manuel & Sue

Santos, Dorothy Santosuosso, Donald Savino, Sheryl A. Savino, E. L. Schmidt, Nancy & Paul A. Sciaba, Paula D. Sharfman, Walter Sheppard, Dexter Shultz, Alma E. Smith, Anita V. Smith, Maggie Smith, Jayne M. Solimine, Florence Spinney, Frederick Stanley, Ellen M. Steeves, Mike & Lissa Stempek, Vincent Steriti, Earl Stickney, Gretchen Szczechowicz, Ed & Suzanne Tarlov, Suzanne Tarlov, Julie Tarmy, Scott Tidd, Rosemarie Tirrell, Arvard & Doris Tompkins, The Torchianos, Tiffany Tran, Ed Ustaszewski, Lou Wallach & Loreen Tirrell, TUDOR COCKTAIL ICE COMPANY, David & Mary Walsh, John & Maria Welsh, Kathy D. White, Pauline White, Nancy Whitman, Nancy Wilson.

**THANK YOU!**

# Let's Green Up Nahant!

*A forum for sharing environmental innovations and ideas that can lead to a healthier earth.*

## Intertidal Bioblitz: exploring the natural and biological diversity of the Boston Harbor Islands national park area

Scientists, amateur naturalists and interested individuals joined forces for an Intertidal Bioblitz, on Monday, August 18, 2008, to explore intertidal diversity at Boston Harbor Islands. Six islands were sampled during the early morning low tide. Campers were deployed to Calf Island and Outer Brewster at high tide, the afternoon before the blitz, due to limited vessel landing abilities at low tide, islands that are typically inaccessible to campers. Other professional participants were shuttled to Little Brewster, Peddocks, Grape and Langlee Islands, early in the morning. Scientists and public participants explored Thompson and Lovells Islands, during the evening low tide.

A total of 109 invertebrate, 54 algal, 30 marsh plant and 22 vertebrate species were found. Seventy-eight specimens have yet to be identified to species in the lab. The graph shows the number of each type of species found on each island sampled during the bioblitz. Data collected will guide the development of a long-term, volunteer-based

intertidal monitoring protocol, being designed by Jeremy Long (Northeastern University Marine Science Center), for the National Park Service and will also contribute to the park's ambitious, all-taxa biodiversity inventory (ATBI), led by the Museum of Comparative Zoology at Harvard University.

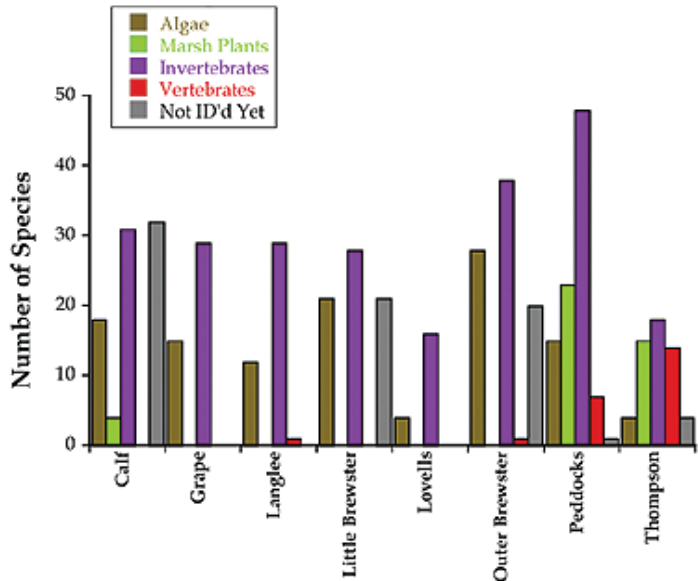
The bioblitz was sponsored by National Park Service, Northeastern University's Marine Science Center, Harvard Museum of Comparative



Zoology, Boston Harbor Island Alliance, Massachusetts Department of Conservation and Recreation and Thompson Island Outward Bound Center. The Boston Harbor Islands National Park, established by Congress in 1996, features 1,600 acres and 35 miles of undeveloped shoreline across 34 islands, all within 10 miles of downtown Boston. The National Parks Service, Department of Conservation and Recreation, City of Boston and Island Alliance are members of the Boston Harbor Islands Partnership, which coordinates management of the island park. More information is available at [bostonharborislands.org](http://bostonharborislands.org), or by calling (617) 223-8666. Boston Harbor Island Alliance is a non-profit organization whose purpose is to raise public awareness and use of the Boston Harbor Islands national park area.

Photo above: Team of scientists on Peddocks Island, sampling in early morning.

Photo at left: Scientists and public participants in the lab, identifying specimens.



Boston Harbor Island

### Quick SWIM Update By Polly Bradley

Here are some of the issues being watched by Safer Waters in Massachusetts (SWIM):

\* Seventeen open meetings are being held, to get input on ocean planning, under new Massachusetts Ocean Act. All the North Shore meetings were being held on short notice, in September, and the closest one in Salem. SWIM planned to attend and/or make comments and is working on having a meeting in Nahant. This is important to Nahant, because if other areas ask for protection and we don't, you know where problematic projects will go.

\* Kudos to the Nahant Board of Selectmen for writing a letter to the state, supporting the Lower North Shore No Discharge Area. As of mid-September, similar letters were still not written by Revere, Saugus, Lynn, or Swampscott. However, the process in neighboring communities was being speeded up by Selectman Richie Lombard and Town Administrator Mark Cullinan. Again, if Nahant isn't protected, you know where boats will dump their waste.

\* SWIM is carefully watching developments along the Causeway. It looks like the road will be two lanes, both directions. There isn't room on the Causeway for a dedicated bike path, but a four-foot shoulder is planned, which will give bikers a "semi-safe haven," according to Julia O'Brien, Planning Director of the Department of Conservation and Recreation. And windmills on the lightpoles? Exciting idea! We'll see.

\* Lee Mondale, of HealthLink, will speak at the Nahant Woman's Club, Tuesday, October 14th, on "The Link between Health and the Environment." See the Nahant Woman's Club article for details.

\* Don't miss the talk on "The Good, the Bad and the Algae," by Professor Donald Cheney, at Northeastern University Marine Science Center, on October 21st, at 7:00 p.m. Don is the expert on *Pilayella littoralis* – Nahant's flagship environmental affliction.



## NAHANT ASSOCIATES INC.

*"We're never too busy for your referrals."*

KAREN CANTY	GAIL GUINEY
BETTY MACARELLI	EDNA DORAN
WAY SWAIM	MARION CAPANO
KATIE DORAN WALTON	LISA ARENA
NIAMH CALLAHAN	JULIET KLIMASARA
BEV BELLIVEAU, SEC.	

PH (781) 581-3644

FAX (781) 592-0146

WWW.NAHANTASSOCIATES.COM



## GARAGE WANTED

to rent for one car during winter months, November thru March. 781-581-2928

## House for Rent in Nahant

Small house available for rent in October. One large bedroom, w/ walk-in closet, large deck of bedroom with ocean view, modern kitchen, bath with tub and shower, washer/dryer, large open dining / living room, sun room, small deck off dining area. Very quiet and private. Perfect for single person or retired couple. Steps to shore, walk to golf and off-street parking. \$1,200 per month. **Call 781-581-0648.**



*Be sure to ask for your...*

## TRUE NAHANT RESIDENT

**LISA SCOURTAS**

**Direct: 617-538-2400**

[lscourtas@saganrealtors.com](mailto:lscourtas@saganrealtors.com)

***Nahant's #1 Selling Agency***



## Swampscott Middle School Honor Roll

Grade 7: High Honors: Caitlin Ludke, Virginia O'Leary, Derek Osbahr and Aristana Scourtas. Honors: Arianna Billias, Tyler Peterson, Alexa Steriti and Melinda Wilson.

Grade 8: High Honors: Lindsey Marini and Emily Walls. Honors: Meredith Ball, Jacob Bartholomew, Abigail Caggiano, Elijah Clark, Shiloh Clark, Kristen Connor, Heather, Doyle, Taylor Eaton, Peter Klee, Madeline McKie, Colleen Meagher, Emily Samson, Mary Samson, Anthony Silva, Rita Tsokanis and Trachita Wheeler.

Swampscott High School Honor Roll

Freshman: High Honors: Patrick Gavin (3rd & 4th Qtr.).

## Dear Town of Nahant

As you all know, the Nahant Education Foundation was launched this past April and it has been exciting for us to establish our goals and start the fundraising process. Thanks to many kind and generous donations, such as yours, we have raised over \$30,000, which is a great beginning. An extra special thanks to Mitchell's Cahnah Block Party, in earmarking part of the funds raised to NEF.

It is an honor for us to be able to provide the Johnson School with the funding for their technology program, providing 20 new computers, smart boards, software to support the current curriculum and training for all teachers, to utilize this tool effectively in the classroom. Our next project is to raise money for the Johnson School's comprehensive K-6 marine biology science program that's underway.

It's hard to imagine that this year's kindergarten class will be the graduating class of 2020. What will the real world look like when they finish high school? Are we preparing them for the challenges they will face in the future?

We hope, with the community's support, to continue to prepare all of our Johnson School children for the challenges of the future. We thank you again for your contributions and strong support of the NEF. To make a donation, please visit [nahantef.org](http://nahantef.org).

## Community Volunteers Needed

Calling all Artists, Musicians, Scientists, Poets, Math Wizards, Sewing Experts—the Johnson Elementary School is looking for you! The Johnson School, with funding from the Nahant Education Foundation, is beginning after-school enrichment programs and is looking for community talent to volunteer time, to make a difference in a child's life. Enrichment programs would be conducted after school, for 8 week sessions. Class size and age level(s) will be determined, based on the program. This is a pilot program, that the school is beginning this fall and we need your help.

Please call Diane Mulcahy at 781-581-1600, or email at [dmulcahy@johnsonschool.org](mailto:dmulcahy@johnsonschool.org). Thank You!



Judi Moccia

**COLDWELL BANKER**

**Signature Homes**

*Call me for a free market analysis.*

Cell: 781.799.7777

[judi019@aol.com](mailto:judi019@aol.com)

Office: 51 Market St., Lynn, MA 01901 • 781-592-0075

Charming 3 bdrm New England Colonial. 2 baths, 1st flr family rm, new kitchen, fireplaced living rm, formal dining rm, large back deck. Plenty off-street parking. 13,000 s.f. lot. Convenient to school, park and beach. **\$399,000**



Beautiful ocean views, newly-constructed home, landscaped corner lot. 6 bdrms, 4.5 baths, 3 fireplaces, hardwood flrs, granite counters, 6-car driveway, 3-car oversized garage, in-home theater, central air, private fenced-in yard. **\$1,499,000**



Lovely Georgian colonial, 6 bdrms, 3.5 baths, 6 fireplaces, gorgeous hardwood flrs, gas heat, new roof and windows, 6 car parking, large back yard. Seasonal ocean views. Legal 2 family with au pair suite. **\$979,000**



**44 Spring Road  
UNDER AGREEMENT**

## NAHANT ASSOCIATES INC.

**BETTY MACARELLI**  
781-598-0309

**NIAMH CALLAHAN**  
781-718-2824



**65 Bass Point Road**  
**\$799,000**



**162 Willow Road, Unit 8**  
**\$229,900**



**11 Little Nahant Road**  
**\$649,000**



**28 James Ave.**  
**\$304,900**

*For more information about these and other available properties, call today.*



## Winterizing your marine engines

by Rob Scanlan, U.S. Marine Surveyor

Soon, many boat owners, myself included, need to face the ugly fact, that it will be necessary to winterize our boats against the icy blasts of a long New England winter. The discussion always comes down to this question: "Is the money you save this fall, worth the risk of facing major damage next spring, in case you missed something?" It is my opinion—and I have an opinion on just about everything marine related—that unless you really know what you're doing, leave it to the pros! That said, I have a few reminders for those of you who are still going to do it by yourself, or retain me to winterize your engines and onboard systems.

### Engine Winterization

1. Change the oil and filter.

It doesn't matter if the engine has 5 or 105 hours on it, since the last change. Today's oils do not wear out, but they do get contaminated with dirt, combustion residue and acid. Leaving any of these things to settle on your engine's moving parts, during the winter, is a bad idea.

Run the engine until the oil gets warm, thus suspending all of the "bad stuff." Next, drain, or pump it out, change the filter, including a new gasket and pour in the new oil.

Caution: Do not over fill, as too much oil will cause all kinds of problems. Check the owner's manual for the manufacturer's recommendations on the type and amount of oil to use.

2. Add fuel stabilizer to your fuel and fill the tank between 3/4-and full. I only recommend a product called STAR-TRON, which can be purchased at any marine store, or Walmart. Run the engine long enough to ensure the stabilized fuel has reached your carburetor, or injectors.

3. Fogging: Fogging is accomplished by feeding a rust preventative lubricant through the carburetor, or throttle body, while the engine is running, at about 1000 to 1200 RPMs, after the engine is thoroughly warmed up. Very slowly pour in the lubricant, until lots of blue smoke comes out of the exhaust. This method will thoroughly coat the cylinders, rings, valve seats and valve stems. DO NOT pour the liquid in too quickly, or you will "choke" the engine, causing combustion knock. Besides, too much liquid, added at one time, can cause hydrostatic lock in the cylinders and this will destroy your engine! Follow the fogging oil manufacturers' instructions! NEVER FOG FUEL-INJECTED INBOARD ENGINES, OR OUT-BOARDS.

4. I/O Engine: If you have an I/O (inboard/outboard), drain the lower unit and check it for any sign of water contamination a milky color instead of clear and/or any metal shavings indicate leaking gaskets and gear damage. If all looks good, refill the unit with new grease. If

not, get it repaired now! All outdrive units must be removed and inspected every other season; no exceptions.

5. Cooling Systems: Preparing your cooling system for winter depends on the type of system you have. Remember, always follow the manufacturers' instructions and use the following procedures only as a guide.

Raw Water (Direct) Cooling System. Proper winterization of a raw water system should start with a thorough flushing of the system, with fresh water running through the engine, while it is running at normal temperature. This part is REALLY important, if you have been running in salt water.

First, disconnect the intake hose from the thru-hull fitting and attach it to a garden hose. Note: if you have an I/O, you'll need a set of "ear muffs" to attach to the water intake on the lower unit. Remember, running an I/O for even a few seconds without water, will destroy the impeller in the water pump!

After flushing, drain the engine block, manifolds, risers and oil coolers, by opening the petcocks on the various units. After all the water has drained out, close each petcock. Disconnect the garden hose from the intake hose and place the intake hose in some environmentally friendly ("Pink") antifreeze rated for 50-degrees below zero and drain the fluid, by running the engine. When the antifreeze starts coming out the exhaust, shut the engine down.

Now here's a very

important note: Don't forget, your engine has a thermostat! This whole procedure must be done with the engine totally warmed up and the thermostat OPEN. A closed thermostat will not allow the antifreeze to enter the block, or heads. This means the antifreeze will go through the manifolds and out the exhaust, leaving the block and heads completely void of any antifreeze. If this happens, next spring you will find a cracked engine block, or head, and find it necessary to buy a new, very expensive engine. Marine Insurance does not cover poor lay-up/winterization damages.

Closed (Indirect) Systems: These systems do not require annual draining and flushing of the closed part of the system. HOWEVER, the open part of the system DOES require the same procedures of flushing, draining and anti-freeze-infusion, as previously described in the Raw Water (Direct) System.

Finally, some additional thoughts: If any of the above instructions seem to be confusing or over your head, that's probably the best clue that you need me to winterize your engine. Also remember, if I winterize your engines and onboard systems and something goes wrong, next spring it is my problem. If you've done your own work, you have a problem!

Rob Scanlan is an accredited and certified Master Marine Surveyor, conducting computer engine analysis and compression testing, on gasoline and diesel engines.

## HOME IMPROVEMENT



ARCHITECTURE • INTERIOR DESIGN  
86 Pleasant Street, Marblehead, MA 01945  
**Michael McCloskey • 781-631-3233**  
michael@michaelmccloskey.com  
RESIDENTIAL DESIGN AND CONSTRUCTION  
Visit us on the web: www.michaelmccloskey.com

## Wet Today ... Dry Tomorrow!

With Drying, Speed Matters!

Real Dry, Real Fast with New Thermal Energy Drying (Heat)  
Means Less Damage and is Insurance Approved

Emergency Response • 24 hours  
Direct Insurance Billing  
• Fire, Smoke & Soot • Puffbacks  
• Carpet Upholstery & Rug Cleaning

**Dick Fox, Nahant Resident**  
**781-592-0552**  
**Toll Free 1-800-369-4121**

**FOX**

**CLEANING & RESTORATION**

35 Years Family  
Owned & Operated

Please support Home Delivery.

Subscribe today!

## AUTUMN

Poem by  
**ROZI THEOHARI**

On an Autumn day  
A tree, all red  
Asks me, "- Hey !  
Your gray hair  
Painted red  
Sooner or later  
Will be worthless  
Like my leaves  
That fall today.



## HOME IMPROVEMENT SERVICES



**WILSON BROS. CONSTRUCTION**  
can improve your present home or  
build your dream house with  
quality work at a fair price.

**Your Fine Home Deserves the Best!**

**581-1359**

Fully Licensed and Insured • Mass. H.I.C. #104593

INSURANCE REPLACEMENTS • MIRRORS • TABLE TOPS  
GLASS FOR EVERY PURPOSE • SCREEN REPLACEMENT  
INSULATED UNITS & REPLACEMENT WINDOWS  
GLASS FOR SHOWER AND TUB ENCLOSURES

**McCarthy Glass Co., Inc.**

AUTO GLASS • STORE FRONT CONSTRUCTION  
PLEXIGLASS™ and LEXAN™

752 WESTERN AVE.  
W. LYNN, MA 01905

(781) 598-5610  
FAX (781) 598-6080

**OVER 50 YEARS IN BUSINESS**

**For only \$48  
you can  
own this  
4" x 1 column  
space!**

**Call  
Suzanne  
at  
781-592-1263.**

**For only \$48  
you can  
own this  
4" x 1 column  
space!**

**Call  
Suzanne  
at  
781-592-1263.**

Please patronize our  
advertisers. Their ad dollars  
help keep the Harbor Review  
coming to you. Thanks!

**For only \$48  
you can  
own this  
4" x 1 column  
space!**

**Call  
Suzanne  
at  
781-592-1263.**



**Edward  
Poulin**

**POULIN ELECTRIC CO. INC.**

Stand-by Generator Installation • Electrical Construction  
Residential • Industrial • Commercial • Marine  
Voice — Cable TV — Computer

Master Electricians  
License # A11221

Irving Way, Nahant, MA  
Tel/Fax 781-581-1186

**J.P. CONSTRUCTION CO.**

*Serving The North Shore Since 1980*

**GENERAL CONTRACTOR**  
*Quality Building & Remodeling*  
Kitchens • Baths • Additions  
• Decks • Roofing

LYNN  
NAHANT

**781-581-7077**

LICENSED  
& INSURED

MA CONSTRUCTION SUPERVISOR LIC. #049833 • MA HOME IMPROVE. CONTR. REG. #107527

**MICHAEL RUSSO, JR.**

PLUMBING & HEATING CO., INC.

**COMMERCIAL/RESIDENTIAL, FIRE SPRINKLER WORK**

*"Serving the Nahant community."*

[www.michaelrussoplumbing.com](http://www.michaelrussoplumbing.com)

TELEPHONE (781) 595-2732 • FAX (781) 596-2330

**MICHAEL RUSSO, JR.**  
PRESIDENT

MASTER PLUMBER LIC. #8027  
MASTER PIPE FITTER #24479  
SPRINKLER CONT. LIC. #4462

ROOFS • SIDING  
KITCHENS • BATHS

FULLY LICENSED  
AND INSURED



*Quality Building & Remodeling  
Residential & Commercial*

MARIO SPINUCCI  
(781) 581-6266 Off.

12 Sunset Road  
Nahant, MA 01908  
[www.msconstructiongc.com](http://www.msconstructiongc.com)

**Bruce Tarney Landscaping**

Lawn Maintenance  
Plantings • Walkways • Sod  
Stone Walls • Paved Walkways

**LEAF CLEAN-UP**

*16-years in Nahant*

**781-596-1347**

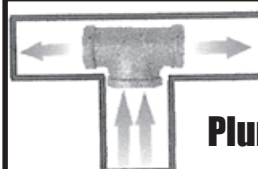
**HANDYMAN**

**"No Job Too Small"**

Steve Lerman



Nahant, MA  
781-592-3223



**-Flow**

**Plumbing, Heating and Gas Fitting**

Renovations • New Construction • Kitchens • Baths  
• Boiler Installs • Radiant Heat • No Heat • Leaks  
Natural Gas Generators • Sump Pumps • Drain Cleaning  
Honest and Reliable Service • Master License #13288

**Matt Troiani, Nahant Resident**  
**617-818-1229**



## Useless Information by Ray Barron

### October Birthday Babies

Time to bore you with some names of your friends and spying neighbors, who have birthdays in October.

October 1: Marion Capano, Eleanor DalPozzal, William Clark, Mollie Denoia, charming Ellen Foley, John Hornig, Jaime Canty, Patricia Dawson, Susan LeBlanc, Antonina O'Connor, Leah Towe, Sharon Sutcliffe, Erminia Rossetti, Tracy Peterson, Alicia Canali, Lillian Carr, Jim Hickey, Richard Zirpolo, Bill King and my friend, actress, Julie Andrews.

October 2: Jennifer Cleary, Jean Kapaon, Russell Bird, Bruce Kutcher, Joseph Graul, Ken Taylor, Patricia White, Andrew Bisignani and Briana Canty.

October 3: Michael Collins, Joseph Fiore, Debbie O'Shea, Mary Ann Putnam, Sherry Smith, Gina Macone, Glenice Russo, Candida Cuellar, Ed Hyde, Ken Mostone, Michael Murray, Daniel Kane, Zachary Peters, Bob Madden and Lauryn Trentsch.

October 4: Cistina Paixao, David Block, Brendon Brownell, John Pescaia, Jared Dignan, Carolyn Flynn, Jane Kirkman, Monica Odoy, Walter Perepelitza, Deb Murphy, actor Don Gavin and film actor, Charlton Heston.

October 5: Yvonne Abraham, Elizabeth Carlson, Jeffery Collins, Kim Miele, Davida Block, Joyce Libbey, Cornelius Ahern, John Bray, Laura Gilman, Julie Ouimet-Sydney, Francis Hudson, Charlie Hansell, Walter Sheppard, Anastasia Sofronas, papa Terry Ledger, Darcy Williamson, Clara White, the noble Hollis Hunnewell. Remember, behind every famous man there is a woman-

telling him he's not so hot.

October 6: Educator Mary Mahoney, Lilly Scapicchio, Sandra Adams, Dot Comito, Joanna Schumann, Joanna O'Neil, Tracey Henry, Anthony Alessi, Dan Cadigan, Martin Pothier and Owen Welsh.

October 7: The attractive and prominent physician Marie Burke-Pasinski, Joe Moccia, Michael Costello, Lorna Circiello, Ted Frary, Maureen Gaglione, Anthony Roossien, Courtney Whalen, Dawn Savino, Samatha Urany, John Webster, Sr., Brice Taylor and John Reis.

October 8: Allison Bell, Ellen Donahue, Cecile Delaney, Frederick Hefler, John Kodis, Kyle Taylor, Michael Hayes and film actress, Sigourney Weaver.

October 9: Educator Gregory MacDonald, lovely Dianne Johnson, Peter Marquez, Patricia Malone, Nancy Smith, Susan Macarelli, Bob Arciero and John Lennon, singer-songwriter and member of the Beatles.

October 10: The lovely Monica Hanson, Michelle Lenzi, Harrison Hosker, Michael Lagasse, Walter Sheppard, Kenneth Taylor, Johnny Middleton and comic, Chevy Chase.

October 11: Robin Anderson, Katherine Coffey, Gail Davis, Elizabeth Doucette, Rena Fantasia, Nurse Sue Hendrickson, John Magro, Aaron Morad, Adriano Nannini and actor, Richard Burton, was also born on this day. If he had lived he would be celebrating his 80th birthday.

Columbus Day, October 12: The personable and charming Patricia McDevitt,

Jamie Fintonis, Richard Gilbert, Roberta Oliver, Norman Soucy, Vincent Russo, Betty Sarpi, Henry Clausen, Robert Inello and Danny Swaine.

October 13: The attractive Giovanna Pasciuto, Kelly Bucher, Alan Brooks, Adam Chaet, Justin Chasse, Tina Romano, Eugene Howard, Lyudmila Gruzdeva, Steve Barlock and singer and songwriter, Paul Simon and singer, Marie Osmond.

October 14: Kevin Allard, Peter Fintonis, Joyce Haynes, Jeanette Goguen, Georgianne Merigo, Jeremy Collins, Tiffany Connolly, Marion Alimenti, Rosario D'Agata, Dwane DeCastro, Joanne Kennedy, Dan Murphy, Jeremy Hutson, Edward Ustaszewski, Steven J. Toomajian, William Waite, Coleman Greene and fashion designer, Ralph Lauren.

October 15: Christine Jantz, Betty Desmond, Michael Flynn, Ian Croall, Maria Glavas, the popular Bill Bonner, auto executive, Lee Iacocca.

October 16: Erin Adams, Michael Caprio, Maxwell Gadon, the personable Meredith Tibbo, Gregory Keane, handsome Ken Smith, Toni Harris, Beverly O'Shea, Judy Steriti, Joey Colonna, Tom Gallery, Mike Caprio, Danny Desmond, Stan LeFave, John Melick, Matthew Dunn, Meaghan Graul and Irish author, Oscar Wilde.

October 17: Betty Jelley, Dave Hunter, Joe D'Amico, Matthew Sanroman, Warren Shore, Thomas Frisoli, Nahant's "first lady," Calantha Sears and Victoria Desmond.

October 18: Anne Bolthrunis, Jesper Kornerup, Elizabeth Osbahr, Maureen Ward, John P. Quinn, Jr. and actor, George C. Scott.

October 19: John Carr, Brian Cox, Sophie DeGrande, Dora Nocera, Jim Dracousis, Teri Motley, Charles Minasian, Moira

Kelly, Leslie Fox and Dennis Urany.

October 20: Wish a happy birthday to Tricia Herman, Donald Hardy, Olivia Aswad, Jason Canty, Lisa Rizzo, the charming Betsy Wachtel, John Proudian, Anne Quinn, Tom Mitchell, Russ Derderian, Fred Szczechowicz, congenial Manny Speare and handsome Bob Cook.

October 21: Isabella Cohen, brilliant Cynthia Christ, Judy Shea, Aodhan Meuse, Beverly Belliveau, Patricia Toomajian, Toirm Miller, Theodore O'Hagan, Paul Sanborn and Frank Leja.

October 22: Martha Limone, Mike Cullinan, Meredith Ball, Dennis Joy, Dick Batchelder, Nicola Pecoraro, Jacqueline Proia, Joe Riccio and the Ritz-Carlton's noted sommelier, Nicola Pecoraro.

October 23: Kurt Collins, Terri Maguire, Kimberly Cummings-Rowe, Therese Holdcraft, David Rumpf, Madelyn Davis, Alice Hall, Renee Wright, Jorge Tello and Mike Roberto.

October 24: Lovely Sandra Cavallaro, Matthew Dam, Lucy Grimm, Cheryl Lefave-Amirault, James Maguire, Khrista Matheson, Kristen Giuliani, Jackie Paldi, Joanne Hunter, man's best friend Andy Puleo, Dakota Langevain, Athas Kourkoulis, the noted Marine artist Dimetrious Athas, Caitlin Smith and Sarah Hale, poet, who wrote "Mary Had a Little Lamb."

October 25: Gary Collins, Madeline Doran, Irene Mack, Jonathan Poth, Marie Lea Conley, David Long, Peggy Waters, Marina Zhuykova, Marilyn Mahoney, Margaret Waters, Tom LeBlanc and artist, Pablo Picasso.

October 26: Eliza Denham, Jane McCarthy, Mary Ann Godoy, Niamh Callahan, Anita Goodman, Jeanie Murphy, Taneisha Palmer, Kristina Cifuni, Amy Tobin, Wayne

Noonan, Morgan Weiner, John Sereda and Senator Hillary Clinton.

October 27: Thomas Clements, Lovely Carolyn Fowle, Laura Hollingsworth, Nahant's noted hair stylist, Shane Cullinan-Codispoti, Michele Sher, sweet Nancy Whitman, Valerie Potter, Dianne Greenstein, M. Jayne McCarthy, Pete Famulari and Ray Hoke.

October 28: The fashionable and artistic Gloria Ventura, Thomas Cronin, Jennifer King, Brenda Baranek-Olnstead, Brendan Olmstead, Kathy Edwards, William O'Shea, Steve Toomajian, Ken Black and the former Tonight Show trumpeter, Bob McCoy, who makes his home with his lovely wife Gina, a journalist and playwright, on Nahant Road.

October 29: Kerry Collins, Lorraine Logan, Antonio DiCostanzo, Natalya DaSilva, Kalliope Glavas, Heather Goodwin, Mark Irvine, Lovely Heather Scanlan, Joe Scapicchio, Louis Wallach, William Osbahr, Mary Ellen Schumann, Gary Recchia and sweet Emily Ann Cook.

October 30: The Nahant Community Center's best friend, Bob Steeves, congenial Ken Cormier, Stacie Nardizzi, Dr. Robert Lewis Kirkman, popular real estate executive Lisa Scourtas, Jane Wilson, Andrea Voegtlin, Linda Cunningham, Len Frisoli, Erin Maher, good sport Richie Conigliaro and poet, Ezra Pound. Which reminds me, Nahant's Tom Hambleton resembles Ezra Pound.

October 31: The alluring Yvonne Abraham, Susan Mahoney, Maxwell Manadee, Jaclyn Cassidy, charming Jane Wilson, Lisa Benson, Stasi Priftakis, Phyllis Peterson, Elena Howley, Tim Noonan, Barbara Rourke, musicologist Victor DalPozzal and the noted, creative, advertising genius, John Welsh.





Remembrance  
**Marilyn Barisano**  
October 23, 2002

*Across the years I will walk with you-in deep, green  
forests; on shores of sand: and when our time on earth  
is through, in heaven, too, you will have my hand.  
Your loving husband*

**The Way of The Cross for the  
Bereaved**

By Rev. Terence P. Curley

The following is taken from Father Curley’s introduction to his book, “The Way Of The Cross For The Bereaved.”

“When someone close to us passes away, it is as though some part of ourselves has died in the process. Our grief is often so painful, that it defies any complete description; it is intensely personal, agonizing and inescapable. It is, in every spiritual sense of the word, a crucifixion—a journey to the cross we all must make, at one time or another.

“When we grieve, our lives are turned upside-down. Chaos reigns and confusion is the order of the day. We just don’t know how we’re going to carry on. And so we relive the final hours together and find a need to tell our story. Very often this story has to be repeated over and over again. The story-telling is in itself a personal way of ritualizing our loss, in our efforts to come to terms with it.”

In 1953, Radio-TV Mirror Magazine ran a feature story about Marilyn, who was then the host of children’s radio and television shows. The story mentioned her birth in Meadville, Pennsylvania and her being an honor student at Meadville High. After graduating, she packed her belongings and ventured to New York, to study drama and acting at Hunter College and the Academy of Dramatic Arts. By 1952, Marilyn had amassed a wealth of experience as a stage actress, having appeared in many off-Broadway productions, and as a model. She was also featured on the “Fun And Fashion Show,” on WPIX-TV, New York. Marilyn also worked at The Voice of America, a government agency. Fast forward! Next was Boston! Marilyn joined WCOP Radio and hosted the popular “Young Timer’s Club.” Quicker than you can say Rumpelstilskin, Marilyn found her way into the hearts and imaginations of thousands of youngsters all over New England. What’s more, she became the Princess of a children’s show on WBZ-TV. She became the subject of many newspaper stories!

Settling in Nahant, Marilyn became active in The Nahant Garden Club. She also appeared at the Nahant Public Library, to read stories to the kiddies. She never talked about her life and times in the world of broadcasting and theater. She was the proud mother of two lovely daughters, Karen and Robyn and enjoyed becoming a grandmother! As they say, the rest is history.

**Meet the Harbor Review Home Delivery Crew!**  
**Cut out your route and save for future reference.**

**Route 1: Little Nahant:** Tyler Peterson & Matt Ryan are responsible for the delivery to Little Nahant. They do their best to deliver their portion of the newspapers early in the morning on the last Saturday of the month. Their route includes Little Nahant Road, Wilson Road, Linda Lane, Wilson Ave, Burpee Road, Fallon Way, James Ave, Parrot Road, Lennox Road, Baker Road, Simmons Road, Mills Terrace, Chamberlain Circle, Howe Road and Nahant Road (including Dunkin Donuts, Tide’s and Equitable Bank) to Little Nahant Road. If you live on any of their streets and do not receive your Harbor Review on the last Saturday of the month, **call Tyler Peterson, 781-596-0505, or Matt Ryan, 781-595-0957.**

**Route 2: Big Nahant North (Excluding Nahant Road):** Tyler Peterson is responsible for the delivery to all the residents on the following streets: Ancient Way, Antigo Way, Greystone Road, Lafayette Terrace, Nautical Lane, Prospect Street, High Street, Pond Street (Nahant to Maolis), Tudor Road, Highland Road, Pond Street Court, Ocean Street (Nahant back to Marginal), Marginal Road, Maolis Road, Fenno Way, Winter Street (Nahant to Marginal), Cary Street, Hood Street, Cottage Street, Summer Street (Nahant to Marginal), Cary Way, Duke’s Way, Pleasant Street, Central Street, Harmony Court, Spouting Horn Road and Rosemary Road. If you live on any of his streets and do not receive your Harbor Review on the last Saturday of the month, **call Tyler Peterson, 781-596-0505.**

**Route 3: Nahant Road:** Matt Ryan is the crew member responsible for delivering to all of Nahant Road, except for the Little Nahant section. If you live on any of his streets and do not receive your Harbor Review on the last Saturday of the month, **call Matt Ryan, 781-595-0957.**

**Route 4: Big Nahant South:** Bob Roland is responsible for the delivery of the Harbor Review to the homes on the following streets: Ocean Street (Nahant to Willow Road), Copper Beech Lane, Tallwood, Lodge Road, Intervale Road, Winter Street (Nahant to Willow Road), Summer Street (Nahant to Willow Road), Summer Street Court, Wharf Street, Christopher Drive, Desmond Drive, Walton Road, Furbush Road, Forty Steps Lane, Cliff Street, Vernon Street, Swallows Cave Road and Willow Road. Call Bob, if you don’t receive your Harbor Review on the last Saturday of the month, **at 978-273-5338.**

**Route 5: Castle, Flash & Foxhill Roads & Relay Yard:** Katie Coffey is responsible for delivery to Beach Lane, Castle Road, Castle Way, Castle Terrace, Ellsworth Road, Flash Road, Fox Hill Road, Harbor View Road, Highland Ave, Hillcrest Ave, Hovey Way, Karolyn Circle, Locust Way, Maple Ave, Pearl Road, Phillips Road, Range Road, Relay Yard, Sherman Ave, Southwick Ave, Ward Road, Wendell Road, Wendell Road Ext. and West Cliff Street. If you live on any of her streets and do not receive your Harbor Review on the last Saturday of the month, **call Katie Coffey at 781-586-9232.**

**Route 6: Bass Point Rectangle:** Ryan Mc Dermott delivers the newspapers to the homes on the streets in the Bass Point area, including Kenney Ave, Goddard Drive, Trimountain Road, Bass Point Road, Colby Way, Harris Street, Surf View Ave, Breezy Hill Ter, Spinney Path, Irving Way, Seaview Ave, Rollins Ave, Bayview Ave, Nectar Place and Gardner Road. If you live on any of his streets and do not receive your Harbor Review on the last Saturday of the month, **call Ryan McDermott, 781-584-4077.**

**Route 7: Big Nahant South East:** Shea Nugent is responsible for the delivery of the newspapers to the homes on Kennedy Court, Spring Road, Coolidge Road, Sunset Road, High Street Extension, Emerald Road, White Way, Pond Street (Nahant to White Way) and Valley Road. If you live on any of his streets and do not receive your Harbor Review on the last Saturday of the month, **call Shea Nugent, 781-595-5644.**

**Route 8: Bass Point Apartments:** Ronnie and Donna Lee Hanlon delivers the Nahant Harbor Review to the residents living at the Bass Point Apartments on Sea Breeze Lane. If you live in the Bass Point Apartments and do not receive your Harbor Review on the last Saturday of the month, **call Donna at 781-581-0648.**







# The Old Stone Barn

1838

John Ryder Restores Calf Spring Road Relic

1838

## Fred Tudor's Orchards

One of Tudor's orchards in Nahant, were the apple trees covering the land now bounded by Spring Road, High Street, Coolidge road and the cemetery, including the land where now stands the Maolis Club (later becoming the American Legion Building, which was recently razed so new homes can be built).

Forty years ago this orchard still yielded a good crop of fruit, though practically neglected for many years before that. Gradually, the yield diminished, while the several houses on this tract caused the removal of many trees. A few are left. One of the new owners who built there, E.W. Bourne, took care of the half dozen trees, or more, on his lot and brought them back to be healthy and clean. The present owner, Aaron Hershenson, is also caring for them. Though they are old, doubtless proper treatment will bring a reasonable yield of fruit again, and they are still able to be an ornament to his place.

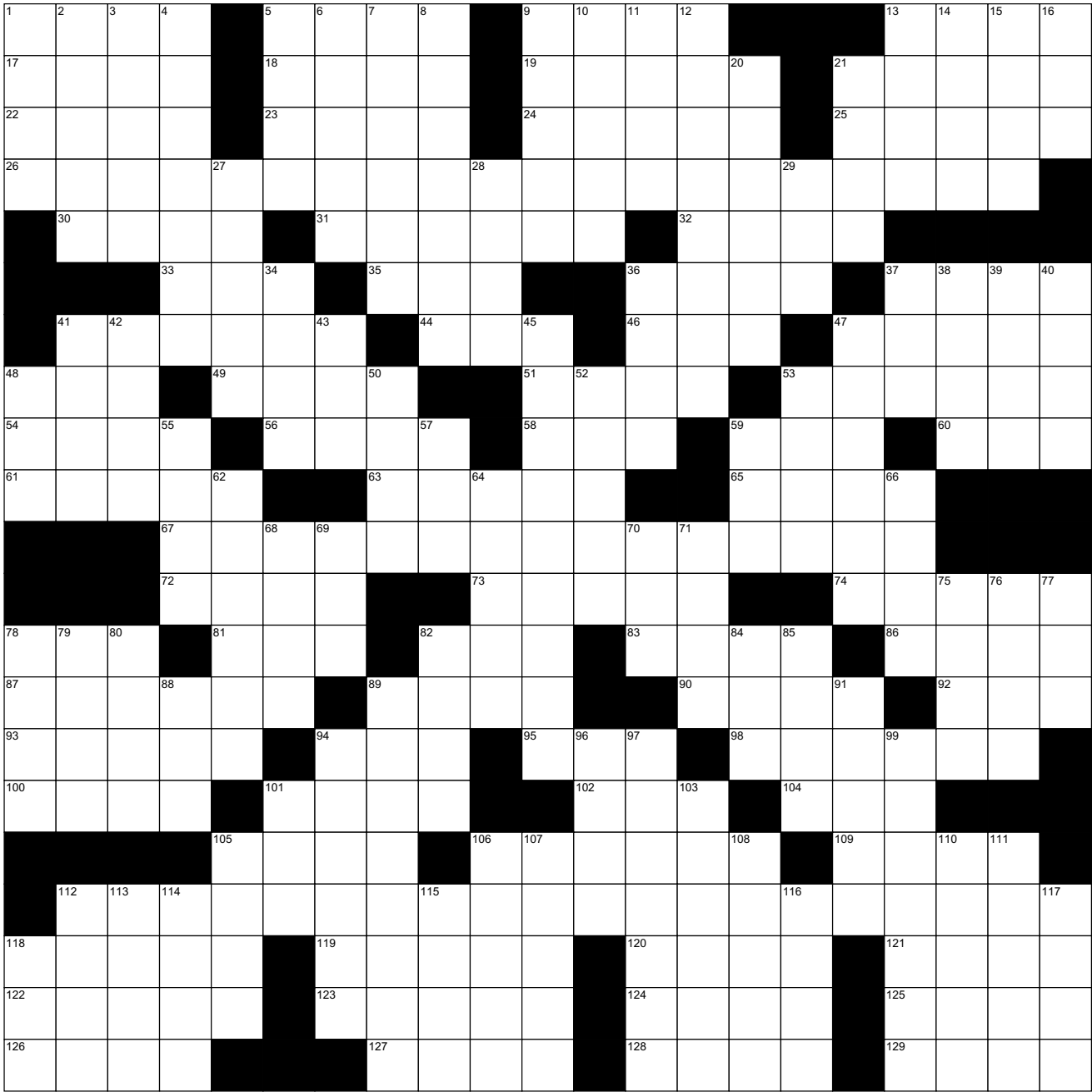
Tudor also built the old stone barn on Spring Road, (called Calf Spring Road, at the time) at the corner of High Street, which was not then, or until within a dozen, or fifteen years, cut through to the cemetery's east gates. With the widening of range roads to two rods, as is required of all town roads, a corner of the stone barn juts into the street, but the building is an old landmark and curiosity. It is hoped it may not come to an earlier end on that account. The stone wall along Spring Road, at that point, a wall which was originally extended up beyond Emerald Street, is built with the wall of the barn, as an inspection of interlocking stones will show. This barn was a fruit storage building and was never used by Tudor for any other purpose. The remains of racks for fruit storage were recently, perhaps are now, to be found there. He also used it for curing tobacco, which he tried to grow in Nahant, but without much success. In recent years, it was fitted up for use as a stable and is now used for storage only.





NAHANT PUZZLE PAGE

(Mr.) October's Colorful Presentation  
by Rick Kennedy



- 34 Time period  
36 Related  
37 Appendage  
38 U.S. Congressmen  
39 Fable  
40 Alter  
41 Coffee alternative  
42 Edge forward  
43 Resort hotel  
45 Reason to leave school?  
47 Rouse to action  
48 Big \_\_\_\_  
50 Highly excited  
52 Lighter  
53 Factual  
55 Cuts  
57 \_\_\_\_ Hefeweizen  
59 I want my \_\_\_\_  
62 Bit  
64 Story  
66 Consumer  
68 Egyptian river  
69 Some  
70 Chop  
71 Formerly Christiania  
75 Word with town or box  
76 Fed. agency  
77 Hole beginning?  
78 River of France  
79 Niche  
80 Blast furnace fuel  
82 Meat paste  
84 Delivery co.  
85 Great amount  
88 Hair stuff  
89 Culminates  
91 Edged  
94 Supports  
96 Back talk  
97 Show  
99 A Roosevelt  
101 Bikini part  
103 Dolphin fish  
105 You, to Friends  
106 Search party  
107 Subsequently  
108 Umbilicus  
110 San \_\_\_\_  
111 Entangle  
112 Diminish  
113 Early civilization  
114 Ring  
115 Mudville \_\_\_\_  
116 Reb's foe  
117 Elder, e.g.  
118 Sever

ACROSS

- 1 German composer  
5 Employer  
9 Wood cutting tools  
13 Ice sheet  
17 Model Macpherson  
18 Competent  
19 Street cars  
21 Falls short  
22 Goad  
23 Long time  
24 "Peanuts" character  
25 Map part  
26 Start of a Reggie Jackson quote  
30 East  
31 Arrangements  
32 Robe

- 33 Key  
35 U.S. currency  
36 Singing voice  
37 Fine \_\_\_\_  
41 Fish sign  
44 Ump's kin  
46 Critical  
47 Respite  
48 Chess pieces  
49 Parent  
51 Footnote term  
53 Pagoda  
54 St. Louis attraction  
56 Prego's competition  
58 Bolted  
59 "\_\_\_\_ Miniver"  
60 Stitch  
61 Canadian poet Leonard  
63 Propose  
65 South African cleric

- 67 Part 2 of quote  
72 Political interpretation  
73 Sandwich cookies  
74 Repudiate  
78 Pouch  
81 Layer  
82 Luau dish  
83 Horner fruit  
86 Former member of 109 Across  
87 Furthest orbit point  
89 Olympian Lewis  
90 Musical composition  
92 Poem  
93 Inquired  
94 Deli order  
95 Acid  
98 Outline  
100 Stagger  
101 Soft cheese

- 102 Rescue  
104 "Shallow \_\_\_\_"  
105 Trolley  
106 Impart (2 wds.)  
109 Great American Ball Park team  
112 End of quote  
118 Erie craft  
119 Live  
120 Molten rock  
121 Approach  
122 "I give up!"  
123 Feel  
124 Yemeni port  
125 Shrek, e.g.  
126 Bluish green  
127 Prophet  
128 Egg part  
129 Part

DOWN

- 1 Word with man or boy

- 2 Greek letter  
3 Hints  
4 Superman's actions  
5 False god  
6 Heeds  
7 Delayed  
8 McCain or Obama  
9 Band  
10 Regions  
11 Tepid  
12 Imported illegally  
13 "White \_\_\_\_"  
14 Roster  
15 Tub spread  
16 NYC hours  
20 Haughty  
21 Twain character  
27 Civil rights org.  
28 Christmas  
29 The other half of Jima



Hello..... from the PTO

Submitted by Julie Tarmy

It is hard to believe we are back in school once again. It seems we just arrived at the dog days of summer, when the first bell rang, signaling the start of classes. We hope you all had a superlative summer vacation!

We would like to start off the year by bidding farewell to and thanking Mary Jo Gavin, for her many years of dedicated service to the PTO and to the Johnson School. Her presence will be greatly missed, but we are sure she has already submerged herself in the Swampscott PTO.

For those of you who have been out of touch, or are new to the Johnson School, the PTO is an organization comprised of parent and teacher volunteers. Our primary focus is to enhance, enrich and improve our children’s education experience.

Throughout the year, we host several exciting fundraisers, beginning with the fall wrapping paper sale and ending with “Scoops” night, in June. Some of our more notable events include Blues Night, the Scholastic Book Fair, Classic Cookie Dough Sale and, of course, the ever popular Winter Carnival.

Our efforts are not limited to fundraisers, however. Each year the PTO sponsors field trips for all grades, including transportation. We make donations to help reduce the cost of 6th-grade and pre-school graduations. The PTO offers scholarships for qualifying 5th- and 6th-grade students to attend Nature’s Classroom and provides funds for cultural enrichment programs. This past year, the PTO gave a start-up donation to the newly-revived N.E.F., and we have started off this year by purchasing new blue curtains for the cafeteria stage, which should be installed sometime in October.

This year’s officers are: Co-Presidents, Sherri April and Patty Toomajian, Secretary Cora Long and Treasurer Kellie Frary. We look forward to serving for the 2008-2009 school year. If you would like to volunteer your time and expertise, or if you have ideas to share, please plan on attending one of our monthly meetings. They are scheduled for the first Monday of each month, at 6:30 p.m. Let’s work together to create a spectacular year for the Johnson School Community!

Nahant Harbor Review

PO Box 88 • Nahant, MA 01908 USA

DEADLINE INFORMATION  
NOVEMBER 2008

All Community Calendar items, personal ads, classifieds, business ads, articles and short stories.  
WEDNESDAY, OCTOBER 15th • 5:00 P.M.  
Home Delivery: Saturday, October 25th.

Staff, Volunteers & Contributors

Owner/Editor & Publisher:	Donna Lee Hanlon	781-592-4148
Assistant Editor:	Harold “Bumper” Gooding	781-913-4019
G M & Sales:	Suzanne Hamill	781-592-1263
A/R Manager:	Barbara Thistle	781-592-4148
Proofreader:	Harriet Steeves	781-581-0715
Birthday Greetings:	Ray Barron	781-581-0809
The Puzzle Guy:	Rick Kennedy	781-592-8616
Delivery/Dist.:	Suzanne Hamill	781-592-1263

The Nahant Harbor Review, is published monthly and distributed to over 2,300 homes and businesses in Nahant and beyond, by Seaside Business Services, PO Box 88, Nahant, MA 01908, (781) 592-4148. Nahant resident, Donna Lee Hanlon, is owner, Editor and Publisher.

The Editor reserves sole discretion for inclusion of ads, articles, letters and other submissions. Anonymously submitted articles and / or letters, unsigned or lacking author contact information, will not be published. Exception: although not a regular practice, a writer’s identity may be withheld, by request, at the sole descretion of the editor.

Articles, Notices, Letters and Calendar Items may be submitted by: email, donna@nahant.com, or mail, Editor, PO Box 88, Nahant, MA 01908, or to our drop box at the Equitable Cooperative Bank on Nahant Road. For ad rates and dates, call Suzanne Hamill, Sales Director, 781-592-1263.

All articles are voluntarily submitted to the Nahant Harbor Review without compensation.

The views and opinions expressed in this publication do not necessarily reflect those of the management and staff of the Nahant Harbor Review, or Seaside Business Services.

Help support Nahant’s ONLY independent, community newspaper. Become a Home Delivery Subscriber to help defray the cost of getting community news at your door! Send \$20 for home delivery, or \$30 for OOT Subscription, with mailing address, to: Nahant Harbor Review, PO Box 88, Nahant, MA 01908. Thank you.

Got something to share...

with your neighbors and friends? Jot it down, put it in an envelope and drop it in the Nahant Harbor Review Drop Box at the Equitable Cooperative Bank. As space allows, items will be published. If you want photos back, please send a SASE with them.

A LABOR OF LOVE

By Rick Kennedy

Joel Sanphy, of Chamberlain Circle, was the winner of last month’s puzzle contest. He has won a “breakfast for two” at Seaside Breakfast. You, too, can win a breakfast for two. To be eligible to enter the drawing to win breakfast for two, just complete the crossword puzzle, bring it to Captain Seaside’s Restaurant, on Nahant Road and put it in the PUZZLE BOX on the counter. One winner is selected each month. See Chris, before 11:00 a.m., for more details.

A	P	S	E		G	A	L	A		B	A	N	E			H	A	L	E	
L	A	C	Y		R	E	I	N		A	M	A	S	S		B	O	R	E	D
B	L	U	E		A	R	T	Y		Y	O	U	T	H		O	L	I	V	E
U	S	F	L		P	I	E		D	O	N	G		A	L	A	D	D	I	N
M	Y	F	A	T	H	E	R	T	A	U	G	H	T	M	E	T	O			
			S	R	I		S	I	R			T	O	E	D		V	E	E	R
	E	T	H	I	C	S		C	N	S		I	T	S		F	E	R	M	I
P	A	R		G	A	P	E			A	R	E	S		M	A	R	A	U	D
U	S	A	F		L	A	U	D		F	I	R		H	O	T		S	S	E
P	E	S	O	S			R	I	S	E	S			A	D	H	D			
A	D	H	O	C		W	O	R	K	H	E	D	I	D		E	A	G	E	R
			T	R	I	O			I	O	N	I	C			R	I	N	S	E
N	O	T		E	R	N		D	E	L		D	E	L	I		S	A	T	E
E	L	A	T	E	S		H	E	R	D			D	A	N	K		R	E	D
R	E	R	U	N		O	A	F		S	E	E		W	H	I	R	L	S	
D	O	O	R		P	U	R	L			M	R	S		A	L	E			
			N	O	T	T	E	A	C	H	M	E	T	O	L	O	V	E	I	T
S	E	M	I	N	A	L		T	R	O	Y		E	P	A		A	M	M	O
E	V	E	N	T		A	D	I	E	U		F	R	E	T		L	E	A	N
G	E	T	T	O		W	O	O	E	R		A	E	R	O		U	R	G	E
O	R	E	O				E	N	D	S		S	O	A	R		E	Y	E	S

COA NOTEBOOK  
By Diane Desmond

October at the Council On Aging means Showboat, at the North Shore Music Theatre, Topsfield Fair, a Fall Foliage Trip and Luncheon at North Shore Technical High School.

The Rose Marie Room (the Senior Room) at the Nahant Community Center, now hosts many activities and is the site of the new “Community Center Theatre.” After a successful “sneak preview” last week, the COA plans to continue offering movies to the community. The next movies will be shown on Oct. 10th and 24th (see COA calendar). We invite all to come and enjoy. Requests for favorite movies will be accepted. These showings are free and rumor has it popcorn might be included!

See you there.

Lynn English High School’s  
Class of 1983 25th Reunion!

On Friday, November 28th, at the Holiday Inn, 1 Newbury Street, Rt. 1 North, Peabody, from 7:00 p.m. until midnight, come and catch up with friends, dance and have fun, while we all try and figure out how 25 years went by!

There will be a DJ, food will be reception style, many hors d’oeuvres and carving station, with a cash bar.

If you want to book a room to stay overnight, call the hotel (978-535-4600) and mention the reunion. There will be a block of rooms reserved at a reduced rate. Please share all information with your Class of 1983 friends!

To attend, please send a check, or money order, no cash, for \$45 per person, made payable to Janet Ehl and mail to Janet Ehl, 249 Franklin Street, Reading, MA 01867.

If you have any questions, please email Janet (Mullen) Ehl, at [janehl@comcast.net](mailto:janehl@comcast.net), or call 781-942-7924, or Lynne Eagar at 978-944-0409, or email Mary (Sacco) Migliore at [mry8765@aol.com](mailto:mry8765@aol.com)

Submitted by Cathy Robertson-Souter [[catsout@comcast.net](mailto:catsout@comcast.net)]



Submitted By Duddie & Ponsie Tudor “The Ice King Twins”

Causeway Going Green  
DCR Submits Final Plan

After a year of meetings with our Nahant residents and the philanthropic Tudor Cocktail Ice Company, the DCR (formerly the MDC), have submitted a plan that, hopefully, addresses all our concerns. Some sticking points have been narrowing to one lane and adding a crosswalk, for use by our area bird watchers at the halfway mark and the installation of a traffic signal at the Lynn end.

The plan consists of removing all blacktop from the road surface and replacing it with “organic fill,” from our town compost heap. Also, the halfway Bathhouse will be replaced by a plastic replica of the original Halfway Tree made from recycled plastic bottles from Nahant’s own recycling program. A main feature of the tree design will be the addition of a bird-watching “blind,” to eliminate the need for the crosswalk.

In order to accommodate the narrowing of lanes, versus the traffic volume, Nahant residents will be required to dispose of all their motor vehicles, within a 2-year period. Organic fill, a bird-watching blind and no motor vehicles, the DCR concluded, would quadruple the causeway migration pattern of all our feathered friends.

It may seem like a lot to ask, but not to fear, the Tudor family is on the job. My siblings, Ophelia Payne and Ponsie have been in private meetings with the DCR, to address the transportation issue. The DCR has agreed to give a totally green, emission-free shuttle contract to the Tudor Cocktail Ice Company and its fleet of Mulooster-drawn, wooden ice wagons. The shuttle will be free for all “TRUE” Nahant Residents. This will also eliminate the need for beach parking permits, (no vehicles, no permits).

To save the cost of Causeway black top disposal, a 6’ section will be donated to the Historical Society, for our descendants to view and the rest will be cut up into 18” squares for sale as memorabilia (great Christmas, or Chanukah, gifts).

The Tudor Family Giant Fund will donate a string of windmills that will give free electric power to all town residents and municipalities. The question of windmill blades and the low flight pattern of the Canadian geese that settle at the end of the Causeway, came up. We have the answer right from the Frederic Tudor Entrepreneur Handbook! Lookout France, Nahant is about to become that goose liver pate capital of the



world. That revenue, along with free electric power, should give enough revenue to support all 3,700 of us.

Above is an artist’s rendering of the proposed causeway improvements, (note Ophelia Payne and Ponsie in the Ice Wagon Shuttle).

On another note, there is no truth to the rumor that that long-time Mitchell’s Cahnah volunteer, Peg Silva, named her new 8 lb. 5 oz. grandson, Cahnah Mitchell. The lad’s name is Connor Michael and was born right after this year’s block party, to Peg and Bob’s daughter, Julie and her husband, Mike O’Neil, CONGRATZZZ !!

Submitted by Duddie Tudor

Council On Aging Calendar October 2008

Thur	2	10:00A	Showboat – North Shore Music Theatre
Mon	6	Noon	Blood Pressure and Glucose Clinic – Tiffany Room
Mon	6	12:30 P	Topsfield Fair
Fri.	10	1:00 P	Movie – Community Center “Theatre”
Wed.	15	12:00 P	Oct. Birthdays - Birthday cake by Roz - Tiffany Room
Fri.	24	7:00 P	Movie – Community Center Theatre
Mon.	27	11:00A	TRIAD – at Swampscott COA Center
Thurs.	30	9:45A	Foot Clinic – Dr. Mark Sanphy – by appointment
			Fall Foliage Trip – Date TBA
			North Shore Tech Luncheon – Date TBA

Monday thru Friday, Lunch, Tiffany Room, 11:30 a.m.

Mondays	9:00A	Yoga- Community Center
Mondays	10:15A	Senior Exercise
Tuesdays	9:00 A	Quilting Class – All levels
Tuesdays	1:00P	Cribbage, cards, games, puzzles – Community Center
Wednesdays	9:15A	Water Color Class – all levels
Wednesdays	12:30P	Shopping Trip from Tiffany Room or call for pick-up
Thursdays	10:15A	Senior Exercise – Community Center
Thursday	1:00P	Basic Computer Instruction
Thursdays	6:00P	Knitting – call for information

HOME EVALUATIONS FOR SENIOR SAFETY CONTINUE. This program includes helping to prevent falls in the home, helping with medications, suggestions for making the home a safer environment for seniors. Please call for information about this important program 781-581-0482.

Information and calendar subject to change. Please call for updates on other September programs, trips and events at 781-581-7557, or E-mail us at [ddesmond@nahant.org](mailto:ddesmond@nahant.org).



Community Calendar • OCTOBER 2008

To have your event listed on the Nahant Community Calendar, please mail note, letter or postcard to: Community Calendar, Nahant Harbor Review, PO Box 88, Nahant, MA 01908 or email: donna@nahant.com

WED	1	7:00P	Crafts Workshop in Swansburg Hall at Village Church
FRI	3	8:00A	FREE Breakfast, Village Church, State Rep Steve Walsh
SAT	4	9:00A	Flea Market at St. Thomas Church till 2:00 p.m.
SUN	5	10:30A	Worship Service & Sunday School, Village Church
WED	8		Yom Kippur begins at Sundown
WED	8	7:30P	EGL Energy Presentation at Nahant Town Hall
SUN	12	8:00A	Outdoor Community Worship Service, Marjoram Park
SUN	12	10:30A	Worship Service & Sunday School, Village Church
MON	13		COLUMBUS DAY OBSERVED
THU	13	6:30P	Autumn Rhapsody Auction for Girls Inc.
TUE	14	6:30P	Lee Mondale at Woman’s Club Pot Luck. Village Church
WED	15	9:00A	<b>LAST DAY TO REGISTER TO VOTE IN NA-TIONAL ELECTION at Town Hall till 8:00 p.m.</b>
WED	15	3:00P	Magic Show at Nahant Library
WED	15	5:00P	DEADLINE NOVEMBER HARBOR REVIEW
WED	15	7:00P	Crafts Workshop in Swansburg Hall at Village Church
MON	16		NATIONAL BOSS DAY
SAT	18	9:00P	Flea Market & Homemade Goodies Sale at Nahant Village Church till 3:00 p.m.
SAT	18	9:00A	Nahaunt Pumpkin Pickin’ Patch. Flash Rd. Till 3:00PM
SAT	18		Library Book Sale Begins. Ends Sunday, Oct. 26th.
SUN	19	8:00A	Sea to Shining Sea Race 5 Mile Road Race
SUN	19	10:30A	Worship Service & Sunday School, Village Church
SUN	19	2:00P	Italian Heritage Concert w/ Ruth Harcovitz, at Town Hall
TUE	21	7:00P	Lecture by Dr. Cheney at Marine Science Center
THU	23	6:00P	NVC Fundraiser at Tides. Till 9:00 p.m.
FRI	24		UNITED NATIONS DAY
SUN	26	10:30A	Worship Service & Sunday School, Village Church
WED	29	7:00P	Crafts Workshop in Swansburg Hall at Village Church
FRI	31		HALLOWEEN
FRI	31	9:00A	<b>LAST DAY TO REGISTER TO VOTE IN SPECIAL TOWN MEETING. AT TOWN HALL till 8:00 p.m.</b>

NOVEMBER			
SAT	1		ALL SAINTS DAY
SUN	2		DAYLIGHT SAVINGS TIME ENDS
TUE	4	7:00A	Election Day. Nahant Town Hall. Polls open till 8:00 p.m.
MON	10	7:30P	SPECIAL TOWN MEETING
WED	12	7:00P	Crafts Workshop in Swansburg Hall at Village Church
WED	19	7:00P	Crafts Workshop in Swansburg Hall at Village Church

Public Library Hours  
 Mon. thru Thurs. 10:00 a.m. to Noon. & 2:00 to 8:00 p.m.  
 Fridays: 10:00 a.m. to Noon & 2:00 to 5:00 p.m.  
 Saturdays and Sundays: 2:00 to 5:00 p.m.  
 781-581-0306

SCHOOL ORGANIZATIONS MEETING DATES  
 School Committee Meetings • 2nd and 4th Tuesdays • 7:00 p.m. • Town Hall.  
 School Council Meetings • 3rd Tuesday • 6:30 p.m. • Johnson School.  
 PTO • first Monday • 7:00 p.m. • Johnson School

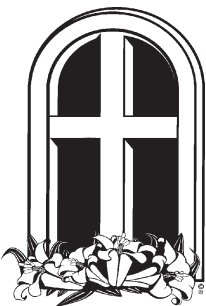
Please patronize the advertisers of the Nahant Harbor Review.

Nahant Village Church

Worship Service

begins at 10:30 a.m.

*“For Worship, a warm welcome  
 and a cool glass of lemonade,  
 join us, Sundays, at 10:30 a.m.  
 All are welcome.”*



NHT and HOOMPA Stickers are available FREE by calling 781-595-6225. Compliments of Rob Scanlan.

EMERGENCY MANAGEMENT

Visit the Emergency Management page at [www.nahant.org/](http://www.nahant.org/services/ems.shtml) for an updated Preparedness Guide from the North Shore - Cape Ann Emergency Preparedness Coalition. This document covers a wide range of safety tips that will be of interest to every household. Here is the link to the Town of Nahant’s website:  
<http://www.nahant.org/services/ems.shtml> From there you can access the Emergency Management page and print out a Preparedness Guide.

Advertise your product or service in the Nahant Harbor Review. Call Suzanne, 592-1263.

Keep the Harbor Review coming to your door. Subscribe today. See page 21 for details.

Please patronize the advertisers of the Nahant Harbor Review. Without their advertising dollars, there would be no community newspaper in Nahant. Thank you for your voluntary subscriptions and continued support over the past 13 years. The Editor.

*Getting Married? Need Jewelry?*  
 Custom Designed for YOUR Wedding!  
 Jewelry is a great gift for your Bridal Party.  
 Call for appointment.  
 781-581-0158  
*Designs by Donna Lee*

The Nahant Historical Society is open to the public on Wednesdays, Thursdays and on the first Sunday of each month, from 1:00 to 4:00 p.m. (except holidays).

American Legion Post #215 and the Nahant Veterans Association meets on the first Tuesday of every month, at 7:00 p.m., at the Nahant Town Hall.

## ELDER LAW SERVICES

Protecting the family home and assets.  
Wills, trusts, powers of attorney, and healthcare proxies.  
Nursing-home/MassHealth/Medicaid planning and applications.



Attorney Stephen L. Smith  
85 Exchange St., Suite 230  
Lynn, MA 01901  
781-595-3456  
ssmithlaw@comcast.net

**EVENING • WEEKEND APPOINTMENTS**

**SeaSide  
Florist, Inc.**  
95 Lynnway Rte. 1A • Lynn, MA 01902  
Ph: 781-599-7300 Cell: 781-858-5230  
www.seasidefloristinc.com  
  
**Maria Migliaccio-Eddows  
Owner/Designer**

## UNLIMITED COMPUTER SERVICES

CONSULTATION / PURCHASE / INSTALLATION

**Computer ill?  
Call Will!**



Computer Repairs & Equipment Installs (Desktop/Laptop)  
Internet / Computer Instruction for all ages  
Software / Hardware Upgrades / Backup Copies  
Virus Removal / Protection / Data Recovery

**Cell: 781-215-1226 • Tel: 781-581-0083**  
William Letourneau • wills\_email@hotmail.com

### To Write a Letter

Poem by GASHAM NAJAFZADEH

To write a letter is - to water cornfield  
The letters are ears.  
Ears are the fingers of soil  
Its mark is : "I am here".  
To write a letter is - to knit stockings  
The twine letters will soon fill up feet.  
To fill up feet is to start a new way.  
To walk is - to write feet on ways.

To write a letter is - a girl born last  
living in a village.  
To write a letter - is to take time for her.  
This girl sends time to the city,  
Where her lover lives  
And her lover doesn't have time  
to write a letter to her.

To write a letter-  
is to copy a heart, turned into writing.  
Don't pass the letters from hand to hands.  
Its blood can be spilt.

## Guitar & Bass LESSONS

Beginners to Advanced  
**JOE MACK**

Nahant, MA  
jomackband@aol.com  
781-581-0848  
www.joemack.com  
978-979-7825  
www.myspace/  
thejoemackband.com

**Q**  
**A**

**UESTION.**  
Why do most  
furniture manufac-  
turers say "dry  
clean only" on their  
furniture tags?

**NSWER.**  
Because they think  
all cleaning  
systems involve  
TOO MUCH water  
and are concerned  
about damage. Our  
dry-foam abstraction system  
uses DRY-FOAM with only  
10% or less of  
the water used  
in other  
methods.  
Result? Great  
safety; great  
cleaning and  
fast drying!



**Fabricare  
Paul Dubuque  
978-535-3133**

**To  
advertise  
call  
Suzanne  
at  
781-592-1263.**

**VISIT THE  
NAHANT  
HARBOR  
REVIEW  
ONLINE!**

Check it out today at  
www.nahant.com

## HAPPY HALLOWEEN!



Since 1962, providing all your insurance needs.

**AUTO • HOME • FLOOD • COMMERCIAL**

Call or fax us for all the details:



**QUINN OF LYNN**

Insurance  
**(781) 581-6300**  
Fax: 581-9070



## Paintings by Carolyn Jundzilo-Comer

**Argosy Gallery**

110 Main Street  
Bar Harbor, ME  
www.argosygallery.com  
207-288-9226

**Copley Society of Art**

158 Newbury Street  
Boston, MA  
www.copleysociety.org 111 Washington St., Marblehead, MA  
617-536-5049 781-631-6366 • 800-794-8366



## LELAND M. HUSSEY

**Builder/Contractor**

Major Home Renovations

Individualized Design • complete Remodeling

Kitchens • Bathrooms • Additions

Swampscott, MA 01907

781-593-6630

## RESIDENTIAL & COMMERCIAL REMOVAL

**We Take & Dispose Anything From:**

Cellars • Attics • Also Demolition

Garages • Yards • Stores Etc.

• Reasonable Rates

Residential & Commercial • Dump Truck

**ERIC Z**

DISPOSAL & DEMOLITION



ROLL OFF CONTAINERS DUMPSTER SERVICE

**781-593-5308**

**781-598-0646**

www.ericzdisposal.com

781-321-2499

Lynn, MA

**Fast & Dependable Service**